Golden Roundup May 2012



Observations On The Aging Process From A Front Line Participant

Living to Work, Working to Live



Lois Kerr

By Lois Kerr

Long ago and far away I was a fresh-faced youngster, chomping at the bit to join the work force, earn my own money, and really make my mark on the world. I babysat and mowed lawns until I was sixteen and could work at a 'real' job, which in that day and age meant waiting on tables and working at the Doubleday book factory in the next town until I graduated from high school.

I worked part time while attending university and I've been working full time, part time, or a combination of both ever since. Trust me, that's a long time, a very long time that I have spent in making money and paying my own way.

Of course when I was younger, earning a living was what I did, and it never occurred to me that I wouldn't work. Naturally I thought I was indispensable. The office would fall apart if I wasn't there, I thought about work on weekends, and of course overtime presented no difficulties. It just provided me with the opportunity to earn a little more money and at the same time demonstrate to my boss my value and willingness to tackle anything and get the job done right.

As a young adult, I lived to work. Work took top priority, as I had a lot of ground to cover and a lot to prove to anyone who cared to notice. I thought nothing of working a full time job and three part time jobs. Wow, just call me Super Woman.

Eventually of course I grew up. Eventually of course the novelty of work turned into a necessity to work. Further down the road and through the years my attitude has changed, priorities have shifted, and I look at work now through less than rose-colored glasses.

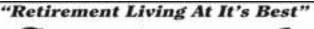
What a difference age and experience makes in a life. Now I work to live. Distressingly, I like to eat and I like to be warm in winter, so these unfortunate habits require that I continue to work. However, I eat less now than I did as a young adult and I can toss another stick

of wood onto the fire in winter; I don't want as many gadgets as I did as a young adult, so I no longer need to work a full time job and as many part time jobs as I can stuff into a day. So at least I can cut back on work. I just gave up a part time job because I no longer want to work full time and part time. One job is quite enough, thank you very much.

I watch people die from stress and work-related causes, I see people grow old working and then have no time or energy to actually live, and I think about the ironic nature of work. We work so we have a nice house to come home to and enjoy, yet we are never at home because we are always working to have a nice house to come home to. Something doesn't make sense with that picture, and it took me a lot of years to figure out that life consists of more than earning a living. It took me a long time to shift in priority and realize that home is truly a great place to be. That's where my books sit in stacks waiting for me to read them, that's where the garden is, that's where my bike waits patiently, home is where I can find all the little hobbies and chores that give me pleasure, so why on earth do I want to leave home to go to work?

Oh yes, that's right, back to that disgusting problem of having to eat and stay warm in winter.

I think as we age, we realize that yes indeed we ARE mortal, of course the workplace will survive quite well without us, and that no one is indispensable. This realization enables us to slow down, work smarter not harder, and to realize that we want more out of life than trudging to work every day. Time grows short, I have far too many books yet to read and I want to have time to spend in pleasurable activities with my better half. These priorities sound like far better ways to pass the time than does the never-ending need to earn a living. Besides, I have earned a living for a LONG time, a depressingly long time, and it is time for a little less work and a lot more fun.



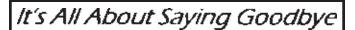
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spring outfits from Meyer's
Department Store at the
Good Shepherd Home
Volunteer Appreciation Day
style show April 25 at the
Good Shepherd Home,
Watford City. (Photos by
Kathy Taylor)





Heather Wisness and daughters, Amelia and Clara, participate in the Good Shepherd Home Volunteer Appreciation Style Show April 25.



Julie Wisness and Gladys Wisness enjoy the special lunch and style show during the Good Shepherd Home Volunteer Appreciation Day April 25.





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Everything We Do Is Because Of You

Exercise Your Brain

By Lois Kerr

ALPHABET SOUP: Insert a different letter of the alphabet into each of the 26 empty boxes to form words of five or more letters reading across. The letter you insert may be at the beginning, middle or end of the word. Each letter of the alphabet will be used only once, so cross off each letter as you use it.

ABCDEFGHIJKLMNOPQRSTUVWXYZ

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F	0	R	R	D	0	W		Υ	Μ	В	Α	L	ı	S
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Ε	Μ	Α	S	С	0	S		Ε	L	L	F	U	R	Υ
D	_	S	G	0	J	R		Α	G	Е	R	Α	L	Υ
С	0	R	R	Ε	R	Ε		ı	S	Е	R	Υ	0	R
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MAKE-A-WORD: Place the 3 letter groups into the empty squares before and after the given letters to complete 9 letter words. Words read across only.

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BUC	OUS
GEN	PEE
IGN	SEQ
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	Α	С	-		
	N	С	Τ		
	N	Ε	Т		
	K	В	0		
	0	R	Α		

Anagram Groups:

Rearrange the following groups of letters to form related words

Garden vegetables

CEVISH

AGARTUBA

BRUCEMUC

DUGOR

HARIDS

HARKBOIL

PLAYERS

NOSION

SKEEL

GNATPLEG

BABCAGE

SAGASUPAR

See answers on page 12.

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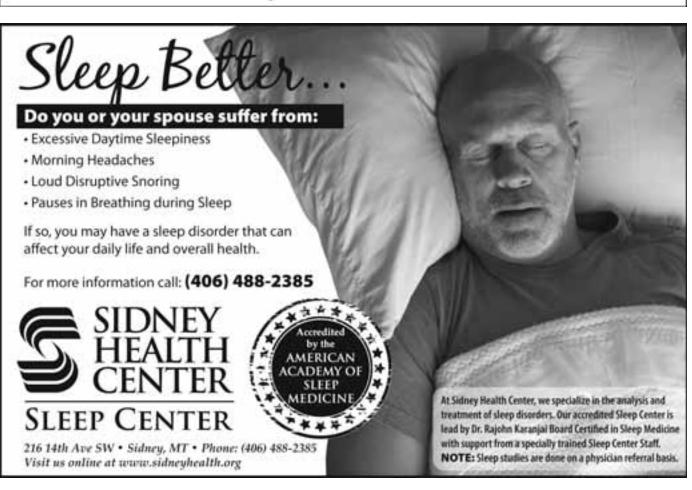
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Richland County Library Provides Outstanding Service

By Lois Kerr

Some people work hard their entire adult lives to make their community a better place. Sometimes this hard work gets noticed and acknowledged; other times it may not. However, the Richland County library staff and Library Director Renee Goss have done wonders for the community through their efforts at the library and this dedicated service to the residents of Richland County has been noticed and acknowledged by outside sources. Both Goss and the library itself received awards this year during the Montana Library Association's annual conference, held on April 12. The Richland County Library received the Library of the Year award, and Goss received the Sheila Cates Award for Li-

Library Director Renee Goss has worked tirelessly to make the Richland County library a topnotch learning center resource for residents of all ages.

brarian of the Year.

The Sheila Cates award recognizes distinguished service to the profession, leadership in education and in-service training, leadership in cooperative activities, and outstanding development of library techniques, management, and facilities.

Goss has served Richland County as Library Director for the past twenty-two years. In those two decades she has propelled the library through enormous technological changes and has worked to expand the role of the library within the community. "When I started we had no computers," Goss recalls. "Now computers are an integral part of the library. We've gone from keeping records manually and

putting information on microfiche to on-line storage, iPods, and all the latest informational gadgets."

Goss emphasizes that a library consists of so much more than the printed word. It serves as a center of learning for young and old alike. "Print is here, magazines and books are here," Goss notes, "but printed material is only touching the surface of what the library does. The library serves as a place to come and reflect, a quiet place to come and read, some people use it as their offices as we have fax machines, copiers, and the Internet."

She continues, "We help entrepreneurs get their grant papers written, we can order materials from other libraries through the inter-library loan system. We offer downloadable e-books and audio books, we hold computer classes and plan to resume our Tech Tuesday classes in the near future. We provide one-on-one tutoring with computers, and we help people research on the Internet, look for jobs, and build resumes."

With the oil boom, the Richland County library has experienced a huge increase in patrons. These patrons, from youngsters to octogenarians, use all available services the library has to offer, from reading the printed word to researching information on line. "We average 185 people a day," Goss comments. "This is nearly double what we had prior to the oil boom. People come to the library for everything. Families take out books to read, people are using the downloadable materials, and the computers are in use all the time."

She adds, "Our patrons are of all ages. The library offers something no matter the age of the patron. I like the phrase that the library has something for those 'from twinkle to wrinkle', as people need to keep their brains active throughout their lives. They need to continue to learn, learning is on-going, and this is the place to do it."



Richland County library staff Laura Anderson, Heather Cotter, Renee Goss and Becky Hayes accept the Library of the Year Award.

Goss cares deeply about the library and what it means for a community. She has worked tirelessly on collaborative projects to acquire more and better information and make this information accessible and available for the public. Her collaborative efforts include working with the health department, job services, economic development, community colleges, and day cares, to mention just a few. "We're a rural community where neighbors help neighbors, and one way to help neighbors is by partnering so we can share resources," Goss comments. "We are open at different times than job service so we partner with them. We help people look for jobs on line and help them create resumes and we use the job services web site to help us. We've teamed up to create a family resource center, and we partner with day care facilities by sending around tubs of books. The Lions and Kiwanis helped with funds for the Birth Through Four program, which is a literacy program to prepare kids for school."

The library also offers universal classes, free with a library card. Some colleges, including Dawson Community College, will accept credits earned from some of these online classes if they meet college standards. "People can

take courses for fun or for credit," Goss remarks.

The Richland County library also has hospice books in its collection, along with material on diabetes, and resource material for providers. This information exists at the library because of partnerships formed with other agencies and organizations. "Other organizations that we partner with don't have to maintain their own libraries," Goss points out. "We manage the materials right here."

Goss believes libraries serve a vital purpose within communities, a purpose that will continue to expand and grow along with technology. "Libraries have never been exclusively about print books," Goss says. "Libraries are not dinosaurs. Libraries are heavily used, now more than ever across the nation. A lot of this is economics, as people can't afford to buy books and magazines, so they come to the library to read. Libraries are places for families to go, to read together, or to research on the Internet."

She continues, "A library is a life-long learning community center. No matter how learning changes, libraries will continue to evolve and change to fill the needs of the community. Libraries fill in the gap between formal and informal learning. People still need help finding information and libraries are the information center to help people search through all the information and find what they need."

Goss receives enormous satisfaction seeing individuals change and improve themselves thanks to the library. "It is the stories that individuals tell that makes this so worthwhile," Goss comments. "People come here, learn how to navigate the internet, build resumes, take on-line classes, and improve and change their lives in the process. The library has helped change the community one life at a time. These individuals learn, grow, stay in the community, and benefit all of us in the process."

She concludes, "There are many stories here of individual successes, people who used the library to grow and improve their lives. The library is truly a vital part of a community's infrastructure."

Congratulations to Goss on her dedicated service to the community, and to the library staff as a whole who have made the Richland County library such an outstanding resource for Richland County residents.

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Overcoming Silence



Staci Miller

By Staci Miller

In our world, with the increase of technologically advanced gadgets that can fill waking hours with information, entertainment and mind-numbing activity, most everyone has experienced that hour when a touch of pristine silence would be as good as gold. Silence seems almost impossible to come by.

It is ironic in an age when communication could be so meaningful – if not critical – to family, friends and loved ones, many Americans impose an almost unnatural silence. It is the silence imposed by the absence of a valid and updated last will and testament. And this is one occasion where silence is far from golden.

Filling The Silence

As is often the case when someone chooses not to speak, another voice will fill the moment. In other words, a judge will decide who should be appointed to oversee the final business of your estate. This can easily be someone to whom you have no personal connection – an individual without any knowledge of your specific hopes and dreams. This person will make every decision regarding who will serve as the guardian of any minor children, how specific assets will be divided among family and the final distribution of all assets.

May Puzzle Answers

Alphabet Soup: blasé, embargo, coupe, matrix, unique, champ, zither, vocal, scamper, jaunt, stake, disturb, downy, yardarm, swell, gourd, revise, simple, hammock, khaki, trump, oblige, consent, regard, minors, funnel

Make-a-word: gentility, adversary, sequester, peepholes, vivacious, stanchion, magnetism, buckboard, ignorance

Anagram: chives, rutabagas, cucumber, gourd, radish, kohlrabi, parsley, onions, leeks, eggplant, cabbage, asparagus

And while all of this can be devastating enough to loved ones, the real heartache can easily come in the fact that one final opportunity for a personal message went unused. Apart from the way we almost always think of a will – as a legal document outlining asset distribution — the last will and testament can carry a message of hopes and specific wishes for those left behind. Even though it is a legal document, a will can contain personal communication and affords each of us a way to deliver a carefully prepared final letter.

Your Philanthropic Intent

The charitable voice has always been an important aspect of the last will and testament. Even a superficial glance around our communities testifies to the lasting impact of bequests to charitable organizations like the Foundation for Community Care.

Charitable bequests can be made in much the same way any transfer is made by will: it can be in the form of a specific amount or asset; as a percentage of the value of the estate; or value to be transferred through a trust designed to meet specific objectives over a designated period of time.

Whatever form it takes, the charitable bequest represents a lasting imprint of your will – an imprint that touches all who are touched by this organization from this day forward. These bequests are vital to our mission. We count it an honor and consider it an issue of stewardship to give tangible voice to your charitable intent and add you to our Legacy Society.

At the Foundation for Community Care we can help answer any questions you might have, help you identify options that will best fulfill your objectives and even provide you with a copy of our Guide to Planning Your Will and Trust to assist your own professional advisors. Of course, there is never any cost or obligation for the information and service we provide and it is in no way designed to replace the counsel of your personal advisors. If we can help, please call us at 406-488-2273, email at smiller@foundationfor communitycare.org or stop by our office at 221 2nd St. NW in Sidney.

Fairview Memories

The Fairview News

THURSDAY, MAY 29, 1947

AN INDEPENDENT NEWS PAPER

Weed Control Display at Collins Merc. Store; Is Important to Valley Yellowstone Township Stages Real Campaign

A display on chemical methods used in noxious weed control was arranged this week in the Collins Mercantile company building by John Coles, McKenzie county agent, and both Dakota and Montana farmers are invited to study the latest methods of killing Canadian thistle, creeping jenny and many other weeds that lower crop production.

In Yellowstone township weed control has now become a law and farmers and other agencies will work together in this behalf. Farmers will be assured of cooperation from the water board, the township, highway department and the Great Northern railroad. There will be several spraying outfits available to individuals and the extension service plans on having a local man who can spray areas for farmers who want this service. Farmers who want assistance should write to the

county agent at Watford City or send their requests in care of the Soil Conservation Service, Fairview.

County Agent Coles urges farmers to carry a hand spray gun on their tractors and small spots can thus be handled at the time they are noticed. The entire program is a good one and should be invoked on the Montana side.

Sugar Ration Stamp No. 12 Valid June!

The agriculture department at Washington, D. C. this week ordered ration stamp No. 12 validated for 10 pounds of sugar on June 1 - a month ahead of schedule-but warned that it will have to last to October 31, as originally planned.

The action does not increase the total sugar allowance

Campaign Opens to Curb Wild Driving; Citizens Must Help Speedsters to be Turned In by Local Citizens

Following a barrage of complaints concerning ..reckless ..driving ..and

speeding in Fairview the city administration has informed the News that a conscientious effort will be make to cope with the situation if local people are willing to assist.

It is impossible for those entrusted with law enforcement to be everywhere at the same time stated Mayor L. Sedlacek. Offending drivers will be arrested whenever caught endangering lives and porperty but to assist in this campaign the individual citizens are requested to turn in the license numbers on cars that are operated in a reckless manner.

Action will be taken on those complaints to the end that Fairview will be safer for pedestrians and sensible car operators. Reports of speeding and careless driving should be turned into Dale Mavity, marshall, or L. Sedlacek, mayor.





Dakota Soda And Coffee Company

By Theresa Yockim

Chuck Wilder of Books on Broadway, 12 ½ W. Broadway in Williston, ND is a collector of old toys and things; his bookstore is somewhat of a museum in its own right. A number of years ago, he and his late wife, Robin, allowed their love for great coffee and good conversation to bring the idea of adding a coffee shop to fruition.

Today, on the rear wall is a lovely leaded glass bar from an old fountain shop in Fortuna, ND. Once belonging to Jimmy Storheim, the fountain ran from 1923 to 1958. It was part of a store that sold a

wide variety of items and there are many whimsical stories about him that Wilder hopes to gather, publish and provide to his guests. The husband and wife purchased the back bar and counter in 1998 at auction. The fountain, however, was inoperable. They brought it home 61 miles and it took

nearly 10 years to get the coffee shop up and running. Building the area in steps, the pair hired finish carpenter, Bob Bartels, to construct the dining booths. Bartels matched the façade and décor so well; they look as if they were completed in the same era.

In its new home, the bars grape motif is back lit and vibrant, making one feel as if a piece of calm garden space has been brought in to greet you. Wilder has deftly filled the shelves with apothecary bottles that are in keeping with the age of the piece.

The high ceiling is adorned with beautiful antique tin, saved from Webster's Elementary School of Williston, circa 1906. Its lighting comes from the original Central school, built in 1899. The use of cork flooring keeps the interior decoration grounded in the past. In order to separate the coffee from the book store, a hanging collection of stained and leaded glass an-



A leaded glass garden will brighten your day.

tique windows finish the mood nicely.

With coffee from Allegro, a subsidiary of Whole Foods, Wilder brews an excellent cup of coffee. He offers gourmet chocolates from a chocolatier from Minnesota. His Biscotti and Coffee Cakes are shipped overnight from a baker also

in Minnesota. Mr. Wilder hopes to someday soon fulfill his dream of making his business a full on, old fashioned soda fountain with all the amenities. To date, he has been unable to find the suitable hardware that will make that happen. He gladly accepts any suggestions and help to making that dream a reality.

A retired attorney and well-read historian, he is very aware of Williston history, business and lore. Plugged in to the commercial community, he's a member of the thriving 20 plus member Downtown Association. Together, they are working to save the beauty and personality that was designed and now preserved by industry leaders past and present. He's a delight to visit with and gladly shares his knowledge with his guests.

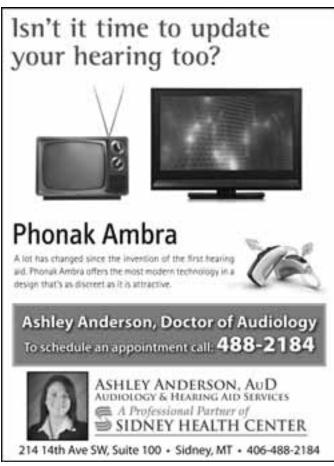
The shop is open Monday from 10 a.m. to 7 p.m. and Tues. through Sat. 10 a.m. to 5:30 p.m. Call him at 701-572-1433.



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