Wednesday, March 18, 2020 Volume 46 • Number 6

# Health Department Recommends Social Distancing To Prevent Coronavirus

By Stephanie Ler, RS, MPH, Richland County Health Department Public Information Officer

The Richland County Health Department is advancing efforts to prevent coronavirus in our community.

"Right now, we are a step ahead of coronavirus. We don't have cases here yet. We want to make it slow to get here, to protect our vulnerable populations, and allow us more time to have a coordinated response. We're not sick, and we're trying not to get sick," said Julie Brodhead, RN, communicable disease nurse at the Health Department.

On Thursday, March 12, Governor Steve Bullock declared a state of emergency in Montana. "The emergency order puts our state on the highest alert — recognizing, though, that now still is the time to continue to plan, not panic," Bullock said in a news conference. Bullock later issued

a statement closing all Montana schools for two weeks in an effort to prevent the spread of the virus.

The Health Department is recommending that people begin practicing social distancing. Social distancing is a prevention effort where community members physically separate from each other to prevent or slow the spread of disease. It has been shown that social distancing in the early stages of an outbreak is effective in preventing or slowing the spread of communicable disease.

The Health Department is recommending that groups consider cancelling or postponing large group gatherings. Many organizations have already taken these precautions by cancelling scheduled events and meetings. If your group chooses to continue to meet during this time, group members should be considerate of protecting themselves

and others. This means staying home when you are sick, avoiding handshakes and other close contact, and washing hands frequently.

Monitor yourself for symptoms of illness. If you develop a fever, cough, and/or shortness of breath, call your health-care provider. If you do not have a provider, call the Sidney Health Center Walk-In Clinic at 406-488-3963.

If you have questions about the coronavirus, call the Richland County Health Department's Information Line at 406-433-6947. You may access important links on the Health Department's coronavirus webpage at www.richland.org/rchd. For the most updated information about COVID-19 in Montana, visit the Montana DPHHS webpage at https://dphhs.mt.gov/publichealth/cdepi/diseases/coronavirusmt.

# NATIONAL AG WEEK March 22-28

See Pages 10-15A

# Coronavirus What should you do if you think you might have COVID-19 In McKenzie County

Please contact MCHS (McKenzie County Health Systems) 701-842-3000 #9 if:

- 1. You have symptoms such as a cough, shortness of breath, or fever and need medical care AND
- 2. You have Travel Exposure\* or have been in close contact with an individual positive for COVID-19 in the last 14 days.
- 3. If you have symptoms and anticipate needing to be seen in the emergency room we ask that you call the number above first unless it is life threatening.

Asymptomatic individuals and those not meeting the North Dakota Department of Health Criteria will not be tested. If you're unsure of your travel risk please contact the North Dakota Department of Health COVID-19 Information line at 1-866-207-2880 from 7 a.m. to 7 p.m.

\*Travel exposure is any international travel or travel to a US city with sustained community spread such as Seattle, Los Angeles, or New York. An airport layover in a city is lower risk.

For additional information and to see the latest news on Coronavirus (COVID-19), please visit: Centers for Disease Control and Prevention or North Dakota Department of Health

# RCHD Releases Coronavirus Info Line, Website

By Stephanie Ler, RS, MPH Public Information Officer

The Richland County Health Department has opened an information line for local residents with specific questions about the outbreak of coronavirus, also known as COVID-19, as well as a website with important links. At this time, there are still no cases in Montana.

The purpose of the information line is to answer questions about COVID-19 and provide guidance to Richland County residents on ways to prevent, prepare and respond to the outbreak. The line will be monitored by knowledgeable staff who may answer calls or return messages. The dedicated phone number is 406-433-6947. You may be asked to leave a message. Please include your name, telephone number, and a detailed message and a staff member will return your call.

The website contains direct links to the Centers for Disease Control and the Montana Department of Public Health and Human Services websites dedicated to providing information on COVID-19 in Montana and across the country. The website address is http://www.richland.org/rchd.

Residents are reminded that the Richland County Health Department cannot provide medical diagnosis through this information line. The symptoms of COVID-19 include fever, cough and shortness of breath. To prevent diseases like flu and coronavirus, take general precautions including washing your hands often, covering sneezes and coughs, clean and disinfect high-touch surfaces, and please stay home if you are sick. If you feel sick enough to need medical care, please call your healthcare provider before coming to the office. If you are sick and you do not have a healthcare provider, contact the Sidney Health Center Walkin Clinic by telephone at 406-488-3963.

# Richland County Health Department Administrator Retires



Judith Lapan (middle left) accepts the Distinguished Service Award from Jacklyn Damm (far left) and Molly Brodhead and Kathy Helmuth (middle right and far right) in October 2019. (Photo submitted)

Submitted by Stephanie

On January 31, Judy LaPan ended a chapter of her career in public health, after 22 years of service as Administrator of the Richland County Health Department.

LaPan began at the Department in 1998, during a time where most rural health departments had few full-time staff, if any. Recognizing the need for and value of public health services, LaPan broadened the scope of the Health Department, moving from mainly individualized services to population-based programs, including disease surveillance, preparedness and prevention.

LaPan worked to establish the Richland County Health Department as both a leader in public health, and a leader in the community. Innovative and forward-thinking, LaPan spearheaded the Communities in Action process, which builds the capacity of our community through cross-sector col-

laboration, and secured hundreds of thousands of dollars in grant funds to bring programming, staff, and AmeriCorps members to address community needs.

Throughout her career, LaPan maintained a leadership position in local and state public health. LaPan served as chairperson of Montana Public Health System Improvement Task Force for seven years, where she led the development of the Montana Public Health Training Institute and updated public health statutes. LaPan was also a founding member of the Association of Montana Public Health Officials

Health Officials.

One of LaPan's most proud accomplishments was achieving the Department's Accreditation status through the Public Health Accreditation Board in 2018. Richland County was the smallest county in Montana, both population-wise and number of staff, to achieve the status.

Recognized for her extensive contribution to public

health through collaboration, leadership, advocacy and policy work across the state of Montana, LaPan received numerous awards throughout her career. Recent awards include the 2018 JSEC Employer of Choice Award; Montana Public Health Association's highest award, the Distinguished Service Award in 2019; and the Partners in Progress Award from the Sidney Area Chamber of

Commerce in 2019.

Perhaps LaPan's greatest contribution to public health was the countless number of staff, interns, students, AmeriCorps members and community partners that served under her leadership, and the countless community members who have benefited from the programs and services LaPan developed and secured to meet the needs in Richland County. In the 2018 JSEC Employer of Choice Award nomination, LaPan's staff wrote, "Our Department is like a second family to many of us-we work together, grow together, and

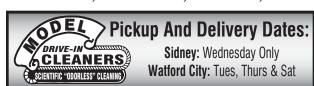
move public health initiatives forward to ensure a community where the public can thrive. An organization is only as strong as its leadership, and we truly have a top-notch leader, who is innovative, supportive and nurturing. We are honored to serve under the leadership of Judy LaPan."

The second chapter of LaPan's career in public health includes serving as Vice Chair of the Montana Healthcare Foundation Board, where she continues to lead efforts to improve the health of Montanans and ensure the provision of essential public health services throughout Montana. She has served as a Trustee since 2013.

Aside from serving on the Healthcare Foundation Board, LaPan is enjoying travelling to visit her two boys, Matthew in Seattle, and Mark in New York, and her mother in Florida, and spending time with her husband, Michael.

The Peterson Farm **Brothers entertained** Central Elementary students in Sidney March 13. Popular social media stars and farmers Greg & Kendal Peterson performed some of there parodies of pop chart hits. Pictured right: Kendal Peterson dances to "Farmer Style" with the students. "Farmer Style" is a farm themed parody of the song "Gangnam Style." The brothers later spoke at the MonDak Ag Days Banquet later in the evening.





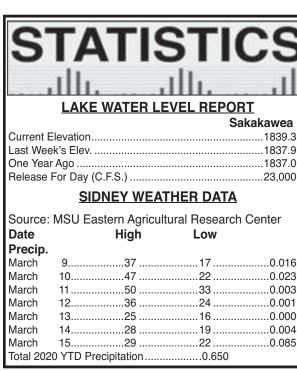
**Serving Watford City At Meyer's Department Store** 200 N Main • 701-444-2906 | Mon-Fri: 10am - 6pm • Sat: 10am - 5pm Serving Sidney At Big Sky Embroidery And Design 108 E Main • 406-433-7679 | Mon-Fri: 10am - 5pm

DRY CLEANING | SHIRTS & JEANS STARCH | WELDERS STARCH

1129 2nd Ave W • Williston, ND | 701-572-3734 | www.willistondrycleaners.com Mon-Fri: 8am - 6pm • Sat: 9am - 3pm







# **Anthony "Tony" Otto, 85** Sidney, MT

Mass of the Christian burial for Anthony "Tony" Otto, 85, Sidney, MT was held at 11 a.m., Thursday, March 12, 2020 at St. Matthew's Catholic Church, Sidney, MT with Father Jim O'Neil as presider.

Wake services were at 6 p.m., Wednesday, March 11, 2020 at St. Matthew's Catholic Church, Sidney, MT.

Fulkerson-Stevenson Funeral Home, Sidney, MT is caring for the family.

Visitation was Wednesday, March 11, 2020 from 10 a.m. to 4 p.m. at the funeral home and one hour before mass at the church.

In lieu of flowers memorials may be made to St. Matthew's Foundation parking lot fund or a charity of one's

choice. Remembrances, condolences and pictures may be

shared with the family at www.fulkersons.com. Anthony "Tony" passed away on Saturday, March 7, 2020 at Sidney Health Center, Sidney, MT.

# Jamie "Carly" Lee Rae Fowler, 22, Round Rock, TX formerly of Sidney, MT

Graveside services for Jamie "Carly" Fowler, 22, Round Rock, TX formerly of Sidney, MT were held at 10:30 a.m., Saturday, March 14, 2020 at Sidney Cemetery with Pastor Rod Kilsdonk officiating.

There was a gathering at Fulkerson-Stevenson Funeral Home at 10 a.m. and then leaving for the cemetery

Jamie "Carly" passed away on Friday, Feb. 14, 2020 in Round Rock, TX.

# Jennie Johnson, 88 Sidney, MT

Visitation for Jennie Johnson, 88, Sidney, MT are at 2 p.m., Friday, March 20, 2020 10 a.m. to 2 p.m. at Fulkerson-Stevenson Memorial Chapel, Sidney, MT.

A celebration of life will be held at a later date.

A private family interment will be in Sidney Cemetery, Sidney, MT under the care of Fulkerson Stevenson Funeral Home, Sidney, MT.

Visitation will be Friday, March 27, 2020 from 10 a.m. until service time.

Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Jennie passed away Thursday, March 12, 2020, at Sidney Health Center, Sidney, MT.

# **Bakken Brew Fest Postponed**

Submitted by Bill Vander Weele

The Bakken Brew Fest, originally scheduled for April 11, has been postponed because of concerns regarding the Coronavirus.

The Sidney Area Chamber of Commerce and Agriculture plans to reschedule the event for sometime during this summer. Chamber officials are in the process of contacting brewers to determine which date is the best option for everybody.

Attracting crowds from throughout the region, the Bakken Brew Fest is a fun tasting experience that is looked forward to by many area residents and visitors each year.

# OBITUARIES The MonDak Heritage **Center Announces Our Next Session Of Toddler Tuesdays!**

Submitted by Cheri Friedman

The MonDak Heritage Center announces our next session of the Toddler Tuesday Program! Designed for ages 2-6, this fun, hands-on art program introduces children to different forms of art, including painting and clay work, through instruction and storytime. The session meets for five Tuesdays (weekly from April 1 to May 5) from 12:30 to 2 p.m. at the MonDak Heritage Center, 120 3rd Ave SE, Sidney, MT. Children for this class must be accompanied by an adult. Program fees are \$50/child. MDHC members receive \$5 off! Scholarships available!! Space is limited. Sign up today! Call 406-433-3500 or visit mondakheritagecenter. org/education to enroll. For more information call 406-433-3500 or e-mail mdhc@richland.org.

# MonDak Heritage Center To Hold A Free Genealogy 101 Class For Public

Submitted by Cheri Friedman

Have you ever wondered where your family came from or your families' history? Join us on April 4 at 1 p.m. for Genealogy 101. This free class will cover websites that are free for your use and some that you have to subscribe to, as well as family tree forms and assistance in getting started. This class is for beginners as well as those have started working and have hit a roadblock. Bring your notebook and pencil and let's get started.

The MonDak Heritage Center is open Tuesday-Friday from 10 a.m.-4 p.m. and Saturday from 1-4 p.m. Admission is FREE. For more information call 406-433-3500 or e-mail mdhc@richland.org.

# **Upcoming Programs Presented** At Missouri-Yellowstone Confluence Interpretive Center

Williston, ND – The public is invited to these upcoming events at the Missouri-Yellowstone Confluence Interpretive Center near Williston. All events are free and open to the public. All times are Central time.

March 19: Confluence History Book Club, 7 p.m. Join history buffs in discussing this month's book and free refreshments.

March 20-21: Confluence Sewing and Quilting, 9 a.m.-4 p.m. All experience levels invited and instruction provided. Bring your own lunch.

March 28: Historical Sewing at the Confluence, 9:30 a.m.-3:30 p.m. Bring your own lunch.

For more information, contact Debbie Crossland or Joe Garcia at 701-572-9034. The Missouri-Yellowstone Confluence Interpretive Center is part of Fort Buford State Historic Site managed by the State Historical Society of North Dakota. Missouri-Yellowstone Confluence Interpretive Center hours daily, 9 a.m.-4 p.m., and Fort Buford is closed.

For more information about additional upcoming programs of the State Historical Society of North Dakota, go to history.nd.gov/events.

# FURNITURE, ANTIQUES & COLLECTABLES!









LLOWSTONE

We Accept Credit Cards 102 N Central Ave • Downtown Sidney Mon-Sat: Noon - 6pm | 406-489-1945

Artwork • Antiques • Used Books • Jewelry • Ice Cream

# COVID-19 **Recommendations for Returning from US Travel**

By Stephanie Ler, RS, MPH, Richland County **Health Department Public Information Officer** 

There is no recommendation at this time that those returning from domestic travel need to stay home upon return. Those who have travelled should monitor their health for the 14 days following their return. This means taking their temperature, and being alert for any other symptoms of COVID-19 including a cough or difficulty breathing. If the person develops symptoms

during that time, they should contact the Health Department Information Line at 406-433-6947, and stay home until they receive additional instructions. If the person is sick enough to require medical care, they should call their healthcare provider. If the person does not have a healthcare provider, they may call the Sidney Health Center Walk-In Clinic at 406-488-3963.

At all times, all community members should be taking general precautions to protect themselves and others, especially our most vulnerable populations, which includes older adults and those with underlying medical conditions, such as cancer, diabetes, and heart and lung disease. This includes staying home when you are sick, washing hands frequently, cleaning and sanitizing surfaces, and avoiding social gatherings. The most updated information on COVID-19 in Montana is available at the MT DPHHS website at https://dphhs. mt.gov/publichealth/cdepi/ diseases/coronavirusmt.



# I Love to Read Month

Prize winners at West Side School for I Love to Read Month were from back (L to R), Toryn Johnson, Sara King, Brody Eustice, Nathan Nguewoun, Kale Averett, Eli Aber, Daniel Lyons, and Elizabeth Aguilar; front, Constance Seward, Ella Green, Braxlie Young, Brindey Breitling, and Henry Mauer. (Submitted photo)

# **Elks State Major Project**

On Monday, March 10 the Montana State Elks Association (MSEA) awarded \$520 to Savage Volunteer Fire Department, as part of their State Major

Project for 2019-2020. The project is to assist with purchases needed by local volunteer fire departments. Dr. Timothy W. Tharp, Savage Volunteer Fire Department, accepted the donation from Lee E. Armstrong, **Exalted Ruler, Sidney** Elks Lodge #1782. The donation will be used to purchase approximately 26 high quality flashlights and batteries for members of the department to keep with their turnout gear.









\$36,900......26,692 Miles..... stk#0001 2017 FORD F-250 XLT PREMIUM



\$32,900......58,786 Miles.....stk#0004 2015 CHEVY SILVERADO 2500 LTZ



\$35,900......54,524 Miles..... stk#0006



\$41,900......45,206 Miles.....stk#0005

\$35,900...... 86,131 Miles..... stk#0003

\$30,500...... 55,142 Miles..... stk#0007



www.northstarautotrader.com 197 Main St South · Lambert, MT | 406-774-8400







# Quality SURGICAL CARE Close to Home

Let us take care of your General Surgery needs including, but not limited to:

- Laparoscopic Surgeries (gallbladder, appendix, hernia repair)
- Biopsies
- Wound Debridement
- Colonoscopies
- Endoscopies
- Often same day clinic appointments
- No referral needed
- Friendly staff
- State-of-the-art surgery center and facility
- Only 53 miles from Sidney

# To Schedule An Appointment Call: 701.444.8730





MCHS Specialty Clinic 709 4th Ave NE Watford City, ND 701.444.8730 McKenzieHealth.com







# **EXCELLENT SELECTION OF QUALITY PRE-OWNED VEHICLES**

Here's Just A Sample:

**1991 Ford Ranger** ...... 4x4, Red ...... **\$3,200** 

**1984 GMC S-15** ...... 4x4, Brown/Gold ..... **\$3,500** 

**2008 Pontiac Grand Prix**... Silver ...... **\$5,000** 

Greg Magrum - Owner

Robert Lindqust - Sales



1820 2nd St W • Williston, ND | 701-572-0114 | Financing Available

# ROUNDUP WEB.COM

# Governor Bullock Directs The Closure Of Public K-12 Schools For Two Weeks

# **Strongly Recommends Social Distancing Measures To Slow** The Spread Of COVID-19, MT

Submitted by Delila **Bruno** 

Montana-Governor Steve Bullock today announced a set of directives and guidance to slow the spread of COVID-19 and protect vulnerable Montanans, including closing of public K-12 schools, social distancing measures, and limiting visitation at nursing home facilities.

"As governor, it is my top priority to protect the health and safety of Montanans, particularly our most vulnerable, at a time when we face the potential for extraordinary health risks from coronavirus in our state," said Governor Bullock. "Social distancing is one of the most important primary protective measures to flatten the curve of this virus. I cannot underscore the seriousness of following these measures to help our neighbors, friends, and families."

Governor Bullock directed Montana's public K-12 schools to close starting March 16 until March 27. During this time, schools will engage in planning to provide arrangements to provide free meals to students who need them, pursuant to a waiver obtained from the

of Agriculture, and to provide for all other matters and services that students need in the event of future or ongoing closure. Schools will continue to receive all state funding during this two-week closure.

The state will work with schools during this period to evaluate and consider next steps as needed. The decision to close schools is to slow the spread and is not in response to an outbreak in schools.

"I recognize that our schools often serve as a lifeline for families and that this decision is going to have disruption on Montanans over the coming weeks. I'm committed to working with schools, communities and public health to minimize the impact. I encourage businesses to do everything they can to support families as well," said Governor Bullock.

To mitigate the impact of school closures on families, Governor Bullock encourages all employers to be generous with their employee sick and paid leave policies during this time.

Governor Bullock is strongly recommending that the public limit all gatherings, especially those more than

United States Department 50 people, in every community across the state. Governor Bullock is also recommending that individuals over the age of 60 or who are immunocompromised or with chronic health conditions do not participate in gatherings of more than 20 people. He also recommends that parents should avoid, if possible, placing children for childcare with grandparents or individuals over the age of 60 or immunocompromised persons.

> Visitation in Montana's nursing homes is suspended except for certain compassionate care situations. People who meet the exception for visitation will undergo a screening to determine whether they have traveled in the last two weeks, are residing where community spread is occurring, or if they have symptoms consistent with COVID-19.

> In addition to taking part in regular briefing calls with the country's governors and the White House, Governor Bullock has consulted with doctors and other public health authorities and school leaders to develop efforts to prevent spread of COVID-19 in Montana.



# **Burgum Orders K-12 Schools** To Close For One Week In **Effort To Slow Spread Of COVID-19 in North Dakota**

Bismarck, ND - By executive order, Gov. Doug Burgum today ordered the closure of North Dakota K-12 schools in an effort to slow the spread of COVID-19 based on guidance from public school superintendents, medical experts and the North Dakota Department of Health (NDDoH).

Out of an abundance of caution, public and private schools will be closed March 16-20. The decision was made in an effort to reduce the rate of infection and give the state an opportunity to gather more data, better assess testing and treatment capabilities and plan for education in the event of an extended COVID-19 pandemic. The situation will be reassessed at the end of the week.

"We remain in a state of calm and continue to base our decisions on fact, not fear," Burgum said. "We want to work through the situation, gain understanding and make sure we're driven by data and solid strategies."

Burgum and other state officials plan to meet with district superintendents and health care providers to gather information and answer questions. Teachers should follow their district's guidance on reporting to school.

"Students' health and safety is our number one priority," said State Superintendent Kirsten Baesler. "We're working with North Dakota district superintendents and community leaders to do the best that we can for our students."

"Closing K-12 education is a proactive and aggressive approach to minimize community spread," said State Health Officer Mylynn Tufte. "What we've learned this weekend from our medical advisors is that we need more time to 'flatten

the curve' to slow the spread of COVID-19 so we don't overwhelm the health care system.

State officials have the

following recommendations: Follow the Centers for Disease Control and Prevention recommendation that groups or individuals should cancel or postpone in-person events that

consist of 50 people or more. Stay home when you're sick, cover your coughs and sneezes and wash your hands often.

· Get plenty of rest, drink fluids, eat healthy foods and manage your stress to help prevent getting COVID-19 and recover from it if you do.

The Department of Public Instruction is working with the Department of Human Services Division of Behavioral Health to launch resources to help explain COVID-19 to children.

The state lab has tested 112 individuals for COVID-19, with one positive case from an individual who had travel history. If individuals have questions, they can call the Health Department's hotline at 1-866-207-2880 from 7 a.m. to 7 p.m. Monday through Friday.

For the most updated and timely information and updates related to COVID-19, visit the ND-DoH website at www.health. nd.gov/coronavirus, follow them on Facebook, Twitter and Instagram and visit the CDC website at www. cdc.gov/coronavirus.

# S TAX SEASON

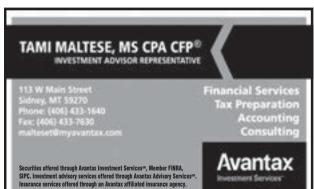
- Don't count on receiving a refund by a certain date. Some refunds are required to be held until after late February.
- Track your refund on IRS.gov or the IRS mobile app, IRS2Go.
- All IRS Taxpayer Assistance Centers (TACs) are by appointment only. Don't wait until it's too late to ask questions! However, Most questions can be resolved on the IRS.gov website without visiting a TAC.
- There are tools, filing options and other services and resources available on www.IRS.gov.



# **Consumer Alerts on Tax Scams**

Note that the IRS will never:

- Call to demand immediate payment using a specific payment method such as a prepaid debit card, gift card or wire transfer. Generally, the IRS will first mail you a bill if you owe any taxes
- Threaten to immediately bring in local police or other lawenforcement groups to have you arrested for not paying.
- Demand that you pay taxes without giving you the opportunity to question or appeal the amount they say you owe.
- Ask for credit or debit card numbers over the phone.



Smith, Lange & Halley, P.C. Certified Public Accountants Tax Professional Teresa M. Halley Richard A. Lange Cory W. Wheeler Amy A. Bieber 1060 S. Central Ave., Suite 1

Sidney, MT 59270 You'll profit from our experience! (406) 433-4510 Fax: (406) 433-4518

Website: www.cpasidney.com • Email: slhpc@midrivers.com

# **Sidney-**Richland **County Library Response To** COVID-19

### Submitted by Kelly Reisig

Sidney - The health and welfare of patrons and staff of the Sidney-Richland County Library is our top priority. In order to slow the transmission of the novel coronavirus known as COVID-19, the Sidney-Richland County Library is taking the following precautionary safety measures.

- Effective immediately all outreach services to senior centers and daycares are suspended.
- · Effective immediately all public programs are

· All public service desks and self-checks will continue to be cleaned multiple times a day. The implementation of social distancing will continue in the computer commons, children's, teen, and sitting areas. Common use items such as LEGOs, blocks, train toys and sensory bin equipment have been removed from usage.

· Food or drink in the library common areas has been suspended.

In this time of uncertainty we all need to support each other. To this end, we are starting two new library programs.

· We will be delivering online content such as story time and trivia hour. Some of these programs will have prizes in the form of chamber bucks. Remember our local small businesses still need our patronage.

· We will be offering curbside pickup of library items. We would be happy to help you select some items for those two weeks at home. Just call the library to arrange. You will need a library card in good standing. We will work with you to do the rest.

Don't forget that our library has a wealth of resources to help you during this difficult time. We have books about dealing with stress, or maybe you need some new recipe ideas...we have tons of cookbooks. Maybe you'll decide to take on a DIY project or a new hobby or craft. We can help you there too.

Please note that the Library is unable to comprehensively sanitize every single item in the collection, and, as such, patrons are advised to wash their hands after handling materials and avoid touching their faces.

We would like to remind visitors that libraries are shared public spaces. For the health and safety of others, please be thoughtful about coming to the library if you are exhibiting any COVID-19 symptoms. Please do your part to stop the spread of germs and disease.

It is the Sidney-Richland County Library's honor and privilege to serve our Richland County communities.

For additional information, please check our social media pages or visit our website at www.richland.org/spl.

# Leadership Summit Postponed Until July 16

Submitted by Kali Godfrey

Communities in Action have postponed the 2020 Leadership Summit until July 16. This decision has been made in response to COVID-19 concerns, as the highly regarded facilitator, Ben Winchester, is unable to attend due to a travel ban placed by his university system. Communities in Action find it extremely important to take precautions for the health and well-being of our own community during this time.

Communities in Action are choosing to see this as an opportunity to increase the impact of the event. Times like these are all the more proof that rural, small town communities MUST and WILL take care of each other. We're all in this together and it's very important that we do our part by staying informed. Refer to Richland County Health Department's Facebook page for more information about keeping yourself and your loved ones healthy: @Richland-CountyHealthDepartment or call Richland County Health Department's Information Line at 406-433-6947. Please continue to register at: https://www.surveymonkey.com/r/ CIALeadership Summit20 and we hope to see you in July!







# **2017 JEEP WRANGLER UNLIMITED SAHARA**



4WD, Heated Front Seats, Max Tow Package SALE PRICE \$33,000

# 2017 RAM 1500 SPORT



4WD, Bluetooth, dual zone climate control, ParkSense park asist 30,000

2016 CHRYSLER 300 LIMITED

8 #28164

4WD, Bluetooth, leather seats

\$21,000

# **2019 TOYOTA RAV4 XLE**



4WD, Bluetooth, Dual Zone Climate Control, Sunroof, Push Button Start, Adaptive Cruise Control

PRICE \$26,000



4WD, Bluetooth, heated seats and wheel group

32,500

# 2015 RAM 1500 SPORT



4WD, Bluetooth, dual zone climate control, ParkSense park asist

\$31,999

# 2016 LINCOLN



Bluetooth, Dual Zone Climate Control, Power Trunk/Hatch, Leather Seats, Driver Memory Seats, Navigation, Sunroof, Xenon Headlights

# **2018 HYUNDAI ELANTRE SE**



FWD, Bluetooth

14,300

# 2019 CHEVY EQUINOX LT W/1LT



AWD, Bluetooth, push button start, Xenon headlights

\$22,700

# Where Dreams Are Delivered 4 Wheels At A 7ime'

1212 W 2nd St Williston, ND 701-577-1111 1-800-568-5160 www.ryanchryslerdodgejeep.net

FEBRUARY 2020 SALES PERSON OF THE MONTH

# RON HENDRICKSON

Come see Ron for all your automotive needs. Take a test drive today!



Reach Over 21,000 Readers Each Week In Eastern Montana & Western North Dakota And Always On The Internet at roundupweb.com

(Paypal required for online purchases)

Add a photo to your classy online! (additional charge)

**Now Taking Credit Cards!** (5% charge added to all transactions)

Get Up To 30 Words For Just \$9.25 • Deadline: Monday noon

# **HELP WANTED**

FREELANCE REPORTER The Roundup Newspaper is looking for a freelance reporter to cover area events and write feature stories as needed. Ag and energy background a plus. Pick up an application at The

Roundup office located at 111 West Main, Sidney or call 406-433-3306 for more

### information. **HANDYMAN**

Handyman wanted for wide range of maintenance and repair. 406-489-5195.

## **DENTAL HYGIENIST**

Healthy Smiles Dental is looking for an energetic and motivated hygienist to join our team. Please drop off

Seed For Sale DURUM

Cert. Joppa, Cert. Carpio, Cert. Lebsock & Cert. Alkabo **SPRING WHEAT** 

Cert. SY Ingmar, Cert. SY Rockford, Cert. Bolles & Cert. SY Longmire

BARLEY Common Haybet (Forage) OATS

Common Jury **LENTILS** Cert. Green CDC Viceroy

& Cert. Red CDC Maxim CL Green Peas

Cert. Viper SOME VARIETIES ARE LIMITED. SUBJECT TO NDSU CERTIFICATION.

Signalness Farms Larry: 701-770-2500 Jason: 701-770-0926 Watford City, ND

resume at 203 2nd Ave. SW, Sidney or email drthiessen@ midrivers.com.

### **CARRIERS NEEDED**

Need extra cash or want to get some exercise while getting paid? We have carrier routes available in several parts of Sidney. 406-433-3306 or fill out application at The Roundup, 111 W. Main, Sidney.

# FOR RENT

### **APARTMENT**

2 bedroom, 1 bath, pet friendly, \$625. 406-489-5195.

## **HANGERS FOR RENT**

**HANGERS FOR SALE** Hangers available at the Sidney Airport. Call 1-406-480-2024 Text for faster response.

### FARM & RANCH FOR SALE BLACK

**ANGUS BULLS** Performance tested Black

Angus yearling bulls, calving ease, good milk and superior genetics. Selling private

# **Looking For Others** in the Sidney Vicinity

(Richland County)

Looking for those who have discovered mineral/oil anomalies in their mineral checks. Decimal points moved etc by attorneys and/ or CPAs in the region. If you are affected please send me your contact information, as we have options together. Send name, phone and address with email to

PO Box 594, Sidney MT 59270. All information will be confidential.

treaty will feed until May 1 and deliver also. Out of Sires: Hero, Cedar Ridge. Rodney Sturgis, 406-687-3778 or Bob Buxbaum, 406-687-3438.

### **BANJO FITTINGS, HOSE** & SPRAYER PARTS

Hefty Seed Company located south of Sidney has Banjo Fittings, hose and sprayer parts for area farmers & ranchers. Call 406-488-4338, store or 406-973-4338, Phil.

# **CATTLEMEN**

Calving supplies, Y tags, colostrum, electrolytes, maternity pen, calf sleds. Williston Saddlery, Hwy 2 West, 701-572-2267.

### **ROUGH LUMBER, WOOD POSTS, WINDBREAK BOARDS**

Williston Saddlery, Hwy 2 West, 701-572-2267.

## **FARMLAND FOR LEASE**

330 acres farmland, 2-pivot all irrigated with pipe or tubes. Call 406-480-1106 anytime or 406-482-4259, evenings.

### **SALT AND HORSE** SUPPLEMENTS,

**EQUILIX, EQUIPRIDE** Redmond Natural Salt in 50 lb. bags or 44 lb. blocks. Ask about the benefits of feeding garlic salt all winter long. Equilix, Equipride, for the best in horse products, Equilix in

NEW

SY McCloud

Very High protien and Yeild, Ex TW

and strong disease package

**SY Longmire** 

Solid Stem built to Yield with

very good protein potential, good

overall disease package

Lanning

Higher Protein Vida Replacement

**SY Rockford** 

tubs and Equipride in bags and pails. Sidney Feeds. 406-480-2024 Barry; 406-973-4338 Phil. Stoney Butte Feeds, Brockway; 406-485-2537 or 406-853-3551 Paul.

### **SADDLES**

New and used, tack and riding supplies, dewormers, supplements, full line of Purina horse feed. Williston Saddlery, Hwy 2 West, 701-572-2267.

### **MISCELLANEOUS** WANTED TO BUY & FOR SALE

To Buy: Free standing postal letter box or equivalent. For Sale: Alkota diesel fired power washer, needs fuel pump, 1.5 gpm at 1500 psi, Hot, \$500 or best offer, 701-744-5729.

### **SERVICES** AIRCRAFT BUYING, **SELLING AND APPRAISALS**

Aircraft buying, selling and appraisals! Call Sidney Air Service, Inc for sales and acquisitions! Call 406-480-2024, ask for Barry.

### **ROUND OR RECTANGULAR TABLES** & CHAIRS FOR RENT

Parties, weddings, gettogethers. Ultimate Showdown Assoc. Located at Hefty Seed Co. South of Sidney, has tables & chairs for rent. Will deliver. Call 406-488-4338.

**SY Ingmar** 

Top Choice

for Economic Return

Brennan

Balanced With High Yield & Protein

**Hyline** 

**Yellow Pea** 

High Yielding Variety with Good

Height & Standability

ND17009GT

### **FOR SALE GERMAN SHEPHERD X SIBERIAN PUPPIES**

Dad is CKC registered. Mom is Siberian Husky part wolf. Beautiful, smart, big black and tan GS color. Males available \$400. Text 701-770-1264

### **HANGERS FOR SALE**

Hangers available at the Sidney Airport. Call 1-406-480-2024 text for faster response.

### **LEGALS NEPOTISM RESOLUTION NOTICE**

NOTICE IS HEREBY **GIVEN** that pursuant to the requirements of Section 2-2-302, MCA the Board of Trustees of Savage School Districts No. 7J and 2 intends to take action on the following matter at Board Meeting to be held on the 30th day of March, 2020 at 6 p.m. in the Savage School Board Room. The possible employment of Tess Ler who is related to Trustee, Brandon Ler by

consanguinity (blood) within the fourth degree or affinity (marriage) within the second degree for the position of History Teacher.

If you have any questions, comments or objections prior to said Board Meeting, please direct all such inquiries to: Martha Potter, Superintendent, Savage School District No. 7J & 2 Phone Number: (406) 776-2317. Fax Number: (406) 776-2260.

### Montana 7th Judicial District Court, Richland County

In the Matter of the Name Change of

Rhonda J Kitchen: Rhonda J Kitchen Petitioner

Cause No: DV-20-29 **Order Setting Hearing** This Court orders:

# Name Change Hearing

The hearing on the Petition for Name Change filed in this case is set for: 04/16/2020, 8:30 a.m., Richland County Law and Justice Center. March 13, 2020

Katherine M. Bidegary District Court Judge

## We Welcome News & Sports Stories!

Fax To: 406-433-4114 • Call: 406-433-3306 Email To: info@roundupweb.com Bring Stories To 111 W. Main • Sidney, MT



# INSTALLED WINDSHIELDS FOR MOST MAKES AND MODELS **MAGRUM MOTORS**

INSTALLED **WINDSHIELDS FOR MOST MAKES** AND MODELS **MAGRUM MOTORS** 

# **We Welcome Your Engagement And Wedding**

There will be a charge for Invitations

Box 1207 • Sidney, MT **Email Them To:** info@roundupweb.com Or Stop By Our Office At:





\$9.25 for 30 words or less; 10¢ per additional word

x # of Times

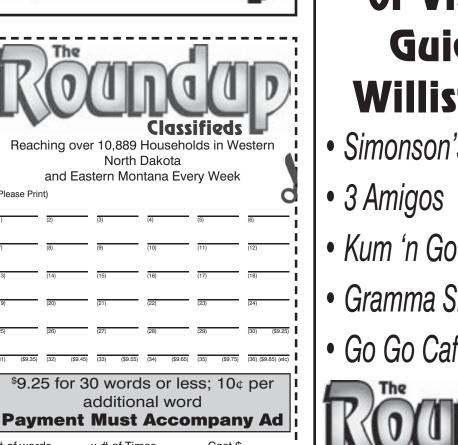
**Mail To:** 

Name\_ The Roundup PO Box 1207, Sidney, MT 59270

**Announcements!** We will publish your announcement, including a photo, free of charge and in color (whenever possible)

**Send Your Announcements To:** 111 W. Main • Sidney, MT





### **Soybeans** Rock Solid 00.9 Maturity, very suitable for Returns in the West SY Soren and Glyphosate Resistant Stands Strong for Maximum Returns **Richlea Lentils** High Quality Seed Harvested Before The Rains Randy Skov | Fairview, MT Call Today! 406-747-5217 Home 406-489-0165 Cell \*CLEARFIELD and beyond are trademarks of BASF. ©2002 BASF Corporation. All rights reserved. Always read and follow label direct **Get Your**

# Roundup, Ag Roundup or Visitor's Guide In Williston at:

- Simonson's
- Gramma Sharon's
- Go Go Cafe & Donuts



111 West Main • Sidney, MT 406-433-3306 • info@roundupweb.com

# **Check Us Out Weekly With: Monthly With: Or Online At:**



**Ambulance EMT** 

**Cancer Care Medical Assistant** 

Certified Nurse Assistant **ER/Nursery** 

Dining Services Clinical Dietitian

Extended Care **Certified Nurse Assistant** Licensed Practical Nurse Registered Nurse

Housekeeping Housekeeper Information Systems Information Systems Technician

**Administrative Assistant** Cook/Dietary Aide Resident Assistant **Patient Accounts** 

**Patient Financial Counselor** Personal Assistance Aide

Glendive Area Certified Pharmacy Technician

Registered Nurse Med Surg – OB Sterile Processing Technician



For additional information or to apply online, visit our website or contact: Human Resources at (406) 488-2571 HR@sidneyhealth.org 216 14th Ave SW • Sidney, MT

BENEFITS: Health insurance • Generous paid leave • Competitive pension plan • Flexible spending accounts • Voluntary dental, vision, critical illness and accident insurance • Life and AD & D Insurance • Hospital and Fitness facility discounts

Visit Our Website at: www.sidneyhealth.org

# Fairview Student Earns University of Mary 2019-2020 Student Nurse Of The Year Honors

### Posted by University of Mary

Bismarck, ND—The University of Mary chapter of the Nursing Student Association (NSA) has recognized Fairview, MT, native Kelly Danielson as the Student Nurse of the Year (SNOY) for this school year. The SNOY award is to recognize an outstanding nursing student, to stimulate interest in the NSA, to promote communication between schools and students across North Dakota, and to stimulate public interest and awareness of nursing student activities.

"I am extremely humbled to be chosen to represent the University of Mary as student nurse of the year," said Danielson, the daughter of Duane and Janine Danielson of Fairview. "Every student and faculty member in the University of Mary nursing program deserves to be recognized for their dedication and commitment to the calling of nursing, and this honor will allow me to showcase their excellence."

Danielson is part of University of Mary's nursing program that is ranked No. 1 in America by Mountain Measurements. Mary's nursing graduates have passed their licensure exam on the first try - a 100% success rate.

Danielson was chosen through a three-part process. Other finalists included juniors, Johnathan Supan, St. Cloud, MN, and Katie Benz, Sioux Falls, SD. The junior nursing class voted for their top three candidates — who were then interviewed by a panel of judges.

Personal and professional criteria for receiving SNOY include ability in public speaking; potential to develop physical, mental, emotional and spiritual qualities necessary for success as an individual and a nurse; the ability to express views on current events and problems; the ability to meet physical, emotional, mental, spiritual and social needs of patients; belief in elevated standards of nursing care demonstrated by word and actions; leadership; understanding of the principles behind nursing care; and loyalty to the profession.

Kelly Danielson working with fellow University of Mary nursing classmates.

"My career plans include potentially working in the Neonatal Intensive Care Unit (NICU) and then eventually become a nurse practitioner and work with a pediatric surgeon," added Danielson, who, next year, will take advantage of the CHI Nursing Scholarship: students enrolled in Mary's traditional Nursing program on the main campus

in Bismarck can receive the scholarship to cover tuition for their senior year — that's senior year tuition-free.

As Student Nurse of the Year for the local chapter, Danielson will serve as a chairperson for recruitment, conduct next year's SNOY contest, and also attend and actively participate in local chapter events.

Whether in nursing, bioethics, occupational therapy, physical therapy, pre-med, or any of the school's 30plus academic programs in the health sciences, Mary lives up to its mission - to prepare health care professionals anchored in moral courage, who respect and defend the life and dignity of the human person. St. Gianna, an Italian physician, wife, and mother, is beloved by millions around the world for her example of sacrificial love in giving her life for her cious permission of her family, these programs are becoming the Saint Gianna School of Health Sciences. For the more than 1200 students and 63 professors in the health sciences alone, this reaffirms a stellar 60-year reputation for health care education that integrates genuine compassion with the utmost professional competence.

# ATTENTION: IMPORTANT CORONAVIRUS UPDATE

As a local grocer, we understand the critical nature of our business and the service we provide to the community. We have been monitoring, planning and working diligently to address the Coronavirus (Covid-19) situation and its effects on our community.

• **Store hours may change** – We will be evaluating this daily and will do our best to communicate. Changes may happen due to truck delivery changes, need for extensive store cleaning and staff shortages due to illness.

• Courtesy to the elderly – We are concerned for the well-being of our seniors and those who are vulnerable to the virus.

From now through at least the end of March we would like our first hours of the day to be set aside for our most vulnerable shoppers to have a safe and stress-free shopping experience. We will not be policing this at the door, we are just asking for the community's help, to allow our elderly family members and neighbors a chance to shop in the morning in the cleanest and healthiest environment we can offer. If you can, please delay your shopping until after 9 am.

• **No weekly ads for the next three weeks** – We will not be running sale ads for the weeks of 3/18, 3/25, 4/1 and possibly beyond. This is not by design, but rather because of so many out-of-stock items it's impossible to guarantee availability. We will continue to pass savings along to our customers where we can.

Thank you for your understanding – Revnolds Market Team

406-433-2305 • www.reynoldsmarket.com Shops at Fox Run | 404 N Central Ave • Sidney, MT





 $\label{lem:condition} \textbf{Kelly Danielson working with fellow University of Mary nursing class mates}.$ 

# Letter To The Editor

Pro-life organizations around the state are aghast at Joel Krautter's assertions in your wonderful publication. As a decades-long resident of Montana, a Constitutional Republican, a Christian volunteer, and a pro-life activist, the record needs to be set straight.

As the Montana Family Foundation has made abundantly clear, the Medicaid expansion rule that Krautter voted for along with Montana House Democrats, did indeed provide for tax-payer funded abortions. Krautter claims he has an A-score with the Montana Family

Foundation, but that score did not take into account the Medicaid vote when tabulating scores.

Additionally, Doctors for a Healthy Montana – comprised of physicians – have claimed just this morning via their Facebook page that "Joel Krautter voted for taxpayer funded abortions." There is no question that abortions are paid for in Montana by Medicaid.

Richland County voted overwhelmingly to oppose Medicaid expansion in 2018 as did the entire state. Why did he vote for this entitlement program even if abortions were not provided for (which they are)?

As a long-time pro-life advocate, we begged legislators not to vote for Medicaid expansion for the sake of the unborn and Krautter along with the Solutions Caucus crossed party lines to side with Democrats. No other legislators from nearby districts to HD35 voted for this bill (because they are Republicans).

There is nothing "fake" about the factual reporting on Krautter's pro-abortion vote. Politicians produce enough fake news for all of us

- Glenda Edgeworth

# **FARMLAND FOR LEASE**

FIRST STATE BANK & TRUST, as Trustee, having PO Box 1827, Williston, ND 58802, offers to lease the following land located in McKenzie County:

- 1. TOWNSHIP 151 NORTH, RANGE 103 WEST
- Section 8: SE¼, containing 72 tillable acres more or less Section 9: NW¼, E½SE¼ , containing 202.81 tillable acres more or less
- Section 16: SW1/4, containing 150.60 tillable acres more or less
- Section 17: SE½, containing 79.80 tillable acres more or less Section 20: NW½NE½, E½NE½, containing 113.28 tillable acres more or less
- Section 21: NW1/4, NE1/4SW1/4, E1/2SW1/4, SE1/4, containing 159.75 tillable acres more or less
- The above land is available for lease as separate tracts or as one tract. Bidders are asked to specify the land or lands bid on. Bids will be accepted on individual sections.
- 3. The Lease Term will be for three (3) years commencing March 2020, and ending on the 31st day of December, 2022. The lease is for cash rent to be paid by the tenant on an annual basis with the time for payment to be negotiated with the successful bidder.
- 4. Additional terms for the Lease will require that the tenant furnish all seed, machinery, labor, insecticide and weed spray and pay all expenses of sowing, cultivating, and harvesting all crops grown and raised on the premises. Tenant shall maintain and operate the farm in an efficient and farmer like manner and will perform all farming activities at the proper time and in the proper manner furnishing all labor and equipment therefore. Tenant shall permit the owner or its agents to enter the farm at any reasonable time for inspection of the premises.
- 5. Tenant shall not be allowed to assign or sub-lease any portion of the premises without the prior written consent of the owner.
- 6. The tenant shall keep adequate records in regard to crops grown and harvested.
- 7. The owner agrees to pay all real estate taxes levied and assessed against the premises before the same become delinquent.
- 8. THE OWNER RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS.

This offer to lease shall be made upon sealed bids and shall be delivered to the Trust Department of First State Bank & Trust and marked to the attention of Heidi Olson no later than 12:00 pm Monday, March 30, 2020. Any questions concerning this advertisement and the subject premises may be directed to Heidi Olson, First State Bank & Trust, (701)577-9618, during reasonable business hours. Bidders need not be present at the time of bid opening. The Trust Department will inform the successful bidder within two (2) business days of the bid opening. All unsuccessful bidders will also be informed.

# ROUNDEB.COM.

# Mick Eberle Retirement Farm Auction

April 2, 2020 11:00 a.m. Rural Zahl, ND Directions: From

Directions: From the junction of Hwy 85 and 50, go 9 miles North and 3 miles West

Lunch Served
Visit our
website and
Facebook page
to see the full
listing!





Harvest and Field Equipment, Tractors, Vehicles, Grain Bins and MUCH MORE!



# PASTURE/HAYLAND FOR LEASE

FIRST STATE BANK & TRUST, as Trustee, having PO Box 1827, Williston, ND 58802, offers to lease the following land located in McKenzie County:

- 1. TOWNSHIP 151 NORTH, RANGE 103 WEST Section 8: SE½ (slough), containing 69.32 acres more or less Section 9: NW¼, E½SE¼, containing 33.98 acres more or less Section 21: NW¼, NE¼SW¼, E½SW¼, SE¼, containing 224.08 acres more or less
- The above land is available for lease as separate tracts or as one tract. Bidders are asked to specify the land or lands bid on. Bids will be accepted on individual sections.
- 3. The Lease Term will be for three (3) years commencing March 2020, and ending on the 31st day of December, 2022. The lease is for cash rent to be paid by the tenant on an annual basis with the time for payment to be negotiated with the successful bidder.
- 4. Additional terms for the Lease will require that the tenant furnish all seed, machinery, labor, insecticide and weed spray and pay all expenses of sowing, cultivating, and haying of forage grown and raised on the premises. Tenant shall operate the premises in accordance with practices of good husbandry and shall use good ranching methods and shall not overgraze or engage in or permit any practice which shall result in erosion of topsoil or otherwise adversely affect the premises or the fertility of the soil. Tenant shall permit the owner or its agents to enter the farm at any reasonable time for inspection of the premises.
- 5. Tenant shall not be allowed to assign or sub-lease any portion of the premises without the prior written consent of the owner.
- 6. The tenant shall keep adequate records in regard to forage grown and harvested.
- 7. The owner agrees to pay all real estate taxes levied and assessed against the premises before the same become delinquent.
- 8. THE OWNER RESERVES THE RIGHT TO REJECT ANY AND ALL BIDS.

This offer to lease shall be made upon sealed bids and shall be delivered to the Trust Department of First State Bank & Trust and marked to the attention of Heidi Olson no later than 12:00 pm Monday, March 30, 2020. Any questions concerning this advertisement and the subject premises may be directed to Heidi Olson, First State Bank & Trust, (701)577-9618, during reasonable business hours. Bidders need not be present at the time of bid opening. The Trust Department will inform the successful bidder within two (2) business days of the bid opening. All unsuccessful bidders will also be informed.

# Seitz Insurance Named Farmers Alliance Advantage Agent

**Submitted by Camila** Skinner

The Farmers Alliance Companies in McPherson, Kansas have announced that Seitz Insurance Agency in Sidney has been named a Farmers Alliance Advantage Agent for 2020. Seitz Insurance has received this designation for over twenty consecutive years.

To qualify as an Advantage Agent, an agency must exhibit superior professionalism and profitability over five consecutive years. Advantage Agents are recognized by Farmers Alliance as the "best of the best." To reach this level of distinc-

tion is a reflection of Seitz Insurance's commitment to their customers and their community.

"We are honored to be recognized as a Farmers Alliance Advantage Agent," said David Seitz, President. "This honor is reflective of our team and their commitment to providing the best possible service to our customers and the communities we serve."

About Farmers Alliance Companies: The Farmers Alliance Companies are represented by independent agents and serve eight states. Farmers Alliance was established in 1888 and

writes a full range of property and liability insurance for homes, farms, and commercial business.

About Seitz Insurance Agency: Seitz Insurance Agency has operated as a local, independent agency since 1961. Serving Montana and North Dakota, Seitz Insurance Agency provides commercial, farm, crop and personal insurance, employee benefits and surety. Seitz Insurance Agency is located at 114 2nd Ave. SE and can be reached at 406-433-1411 or toll free at 1-877-884-3680.

# **MT Association Of Counties Offers** "President's Scholarships"

Submitted by Karen Houston

Shane Gorder, Richland County Commissioner and President of the Montana Association of Counties announced the availability of the MACo "President's Scholarships" to this year's graduating high school seniors residing in Richland

County. A \$1,000 scholarship, and a \$500 scholarship will be awarded based upon merit to graduating seniors who will be attending a Montana community college or four year degree unit of the Montana University System and whose courses

of study are encouraged to include but are not limited to political science, public administration, social sciences, communications, public relations or general studies with an emphasis in government-related studies.

The scholarships are awarded each year to high school seniors residing in the home county of the MACo President. President Gorder said the scholarships are designed to help develop student understanding of local government activities, responsibilities and commitment to community service.

The application forms are available at the following high schools: Fairview, Lambert, Savage and Sid-

The applications must be postmarked no later than Friday, April 17 and returned to: Montana Association of Counties, 2717 Skyway Drive, Helena, MT 59602, ATTN: Scholarship Coor-

Final judging will be done by Monday, May 4, to select the scholarship recipients. A certificate will be issued to the recipient, and the payment will be made directly to the college or university of the student's

# **CHI St. Alexius Health Visitor Restrictions Williston**

**Submitted by Amanda** "ACE" Ventura

The safety of our visitors, patients, employees, and physicians, remains our highest priority.

To decrease exposure and limit the spread of the COVID-19 (Coronavirus), visitation to hospital patients has been updated as follows:

- Patients are limited to 1 visitor
- Visitors must be 18 years of age and older
- · Visitation hours are 9 a.m. to 1:30 p.m. and 4 p.m. to 10 p.m.
- These visitation hours are for patients in OB/Med-Surg/ICU.

Entrances to the Hospital and or Clinic are limited

- · Central Registration
- (Clinic) Door 8 · Pediatric Entrance -
- · Emergency Department - Door 19
- · No visitors in the **Emergency Room**
- · No visitors in our Dialysis Unit · Cancer Center patients may have 1 visitor 18

years of age and older It is important that we take these measures to ensure the health and safety of our patients, employees, and community. If you have COVID-19 symptoms and are in need of visiting a health care provider call 701-572-7651 (clinic) or 701-774-7400 (hospital).

For questions related to COVID-19, the public can call the North Dakota Department of Health hotline at 1-866-207-2880 from 7 a.m. to 7 p.m., Monday through Friday or the local public health unit.

While we realize these temporary steps may cause inconvenience to family members and visitors, we appreciate your understanding and support as we make every effort to ensure the safety of our patients and employees.

Visitor restrictions will remain in place until further

About CHI St. Alexius Health: CHI St. Alexius Health is a regional health network with a unified mission: nurturing the healing ministry of the Church while creating healthier communities. In 1920 the sisters of mercy came to Williston in hopes of bringing healthcare

to the community. One hundred years later we are still serving their mission of providing health care through Christ's healing ministry.

CHI St. Alexius Health is part of CommonSpirit Health, a nonprofit, Catholic health system dedicated to advancing health for all people. It was created in Feb. 2019 through the alignment of Catholic Health Initiatives and Dignity Health. CommonSpirit Health is committed to creating healthier communities, delivering exceptional patient care, and ensuring every person has access to quality health care. With its national office in Chicago and a team of approximately 150,000 employees and 25,000 physicians and advanced practice clinicians, CommonSpirit Health operates 142 hospitals and more than 700 care sites across 21 states. In FY 2018, Catholic Health Initiatives and Dignity Health had combined revenues of \$29.2 billion and provided \$4.2 billion in charity care. community benefit, and unreimbursed government programs.



# Yes When I Mea

By Lois Stephens

Most of us were raised to be respectful, to offer help times of need, to make ourselves useful, and to say yes when someone asked a favor. We were taught to do what we could to help and assist someone when asked or needed, and to try hard not to hurt anyone's feelings.

I've decided I've mixed up a few of those directives along the path of life. I know that when people ask me to do something or they want a favor of one sort or another, I have mistakenly decided somewhere or other along the way that to say no would upset them, put them at a disadvantage, cause them problems, or leave them in a true bind.

really want to say 'no'. I put myself out, and I cause problems in my own life because I say yes when I really need to say no. I find myself doing favors for someone, staying late at work or coming in early, giving up my own plans, and having to rearrange my own life schedule because I have this terrible inability to say NO.

This unfortunate state of affairs then spills over into other aspects of my life. I end up staying at a job, or performing some sort of volunteer work long after the thrill of the situation disappears and turns into drudgery or just another

This leaves me with the have-to-but really-don'texcruciating option of saying want-to situation. However, 'yes' when most of the time I I continue to sit on committees because no one else steps forward. I stay at a job long after I need to leave because help is hard to find. I accept changed schedules, additional tasks, and no end of other inconveniences for myself just because I cannot say no with any authority. A sad look, a sigh of despair, a comment that someone really will be totally at a loss if I cannot help them out in a particular situation will generally bring out my feelings of guilt or sympathy. So, I grit my teeth, agree to one more day or one more week or one more whatever it is that someone else seems to need or want in order to better their own predicament.

As an example, an acquaintance asked me last month if I could help him out on a project for a few days a week during May and early June. I do not want to assist in this endeavor, as it truly does not interest me. Did I say that? Of course not, I waffled, even though I definitely know I do NOT want to do it. I prevaricated, told him that I wasn't sure yet what I was doing this summer or what my schedule would be. We left it at that, but if he asks again, I already know I can use a conflicting schedule and other obligations as an excuse. But why do I feel the need to have an excuse? Why can't I just say, "no thank you, that is not for

me, but thanks for asking"? I realize we are in good part a result of our upbringing, but temperament plays a role as well. It is very

difficult for me to disappoint or upset anyone, and that leads to my downfall. It is not only the agreeing to do something, but the trying to gracefully extricate myself from a situation that started out well but has deteriorated over time due to multiple reasons. I find it especially difficult trying to tell a friend that I need to stop doing what I am doing when I know if I stop, it will inconvenience

her in many ways. In short, I put my own life and desires on hold in order to help someone else out, all because I have this difficulty with saying the word NO.

You would think a two-letter word would be simple to pronounce and use when needed, but apparently this is not true in my case.

This sad state of affairs caused me to miss out on summer last year. I have done a lot of thinking about this situation, and I have decided that this summer I will muster enough backbone to make some changes that will benefit me. I would really like to see the inside of my new greenhouse more than three times this summer. I want to have a garden. I'd love to put the new fourwheel drive self-propelled push lawnmower that we bought last fall to good use this season, as I do enjoy cutting grass. I want to help

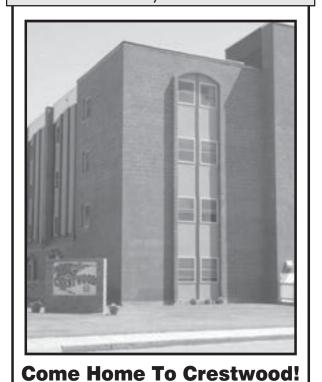
my husband cut, split, and stack wood for next winter. I plan to take my dog on long walks, sit and enjoy an adult beverage with the neighbors, and I expect to float the Madison this summer. I have a trip planned to visit my sister in the spring, I expect we will meet in the fall for our annual sister trip, and the list of adventures and goals for myself continues to grow. These desires and plans require that I change direction, spend less time working for others and more time working for me, and of course that entails that I for the most part say NO when people ask for long term help or for favors that require enormous amounts of time and energy. I cannot obligate myself by saying yes when I desperately want and need to say no.

I have worked all my life. I have held multiple part time jobs since I retired, and although most of those part time jobs are fun, in combination they do add up in hours each day. I expect to continue working some of these jobs as they stimulate my brain, keep me interested and give me a feeling of accomplishment. However, it is time to work less outside the home and work more at home for me, myself, and I. Sounds selfish in a way, but it truly is not. I have reached the point where I need to look after myself more than I need to look after others.



"Retirement Living At It's Best"

Large I bed apartments • Individual climate control • Close to downtown • Transportation available Activities • Noon meals • Support Services Security cameras





Remembrances & condolences may be shared with family at: www.fulkersons.com

**Estate Planning And** Real Estate

NETZER LAW OFFICE, PC

Licensed in Montana and North Dakota 1060 S. Central Ave. Ste. 2, Sidney, MT 406-433-5511 • netzer@midrivers.com

# Coronavirus Update Reynolds Market Sidney

**Submitted by Libby Berndt** 

As a local grocer, we understand the critical nature of our business and the service we provide to the local community. We have been monitoring, planning and working diligently to address the Coronavirus (Covid-19) situation and its effects on our community.

The safety and health of our shoppers, staff, and community are our primary concern. We are committed to taking action in order to prevent any unnecessary risk. As the situation rapidly changes, our team is adapting and implementing best practices throughout our store. We will communicate those changes when they happen. We have implemented a variety of precautionary measures and will continue to do so as the situation unfolds.

In the last week, we have seen a dramatic uptick in business. This has led to us having to limit quantities

on many items. We are also experiencing a high volume of out of stock items. We anticipate this continuing for the foreseeable future. We appreciate the understanding, cooperation and support you have shown. We are all in this together!

Important Updates:

· Store hours may change - We will be evaluating this daily and will do our best to communicate this ahead of time. These changes may happen due to truck delivery changes, need for extensive store cleaning, and staff shortages due to

• Courtesy to the elderly - This has been suggested by many of our concerned shoppers and we are also concerned for the well-being of our seniors and those who are vulnerable to the virus. From now through at least the end of March we would like our first hours of the day to be set-aside for our most vulnerable shoppers to have a safe and stress-free shop-

ping experience. We will not be policing this at the door, as we know these uncertain times have caused changes for many of our community's citizens. If everyone helps, we can allow our elderly family members and neighbors a chance to shop in the morning in the cleanest and healthiest environment we can offer. This will take everyone working together. If you can, please delay your shopping until after 9 a.m.

. No weekly ads for the next three weeks - We will not be running sale ads for the weeks of 3/18, 3/25, and 4/1. This is not by design, but rather because of so many out-of-stock items it is impossible to guarantee any specific items will or will not be available. We will continue to pass savings along to our customers where we can. As soon as we are able, we will run our weekly ads

Thanks Your Reynolds Market

# Why is Breakfast Important?

By Carrie Krug, **MSU/Richland County FCS Extension Agent** 

Your alarm goes off in the morning after hitting snooze a couple of times. Now you need to get moving, or you will be late! Whether you live by yourself or you have a family; in the midst of a busy morning, breakfast can be the last thing on our minds, or you find yourself falling into the same breakfast routine. However, even in the heat of a busy morning, eating breakfast is a great way to iumpstart your day and provides many benefits to your health. In the article "Break the Fast with Breakfast" (2020), written by Melissa Wdowik, assistant professor at Colorado State University, indicated five benefits of eating breakfast:

1. Improved blood sugar regulation-as found in several studies. When breakfast-eaters were compared to non-breakfast eaters, the breakfast-eaters had more stable blood sugar

levels after other meals throughout the day. Insulin sensitivity seemed to improve (throughout the day) when individuals ate within two hours of walking up.

2. Protection against heart disease- research has shown that those who skip breakfast have a higher chance of gaining weight and have higher cholesterol/ blood pressure levels, possibly relating to overeating later in the day.

3. Less overeatingwhen someone eats breakfast, they have a higher likelihood of feeling satisfied and are less likely to over eat throughout the day.

4. Better nutrition-studies have shown that breakfast eaters eat more fruit, veggies, dairy, and whole grains not only at breakfast but throughout their day.

5. Enhanced brain power- eating breakfast can boost reasoning, learning, and verbal skills, in addition to enhancing attention, memory, and creativity.

If you have a busy

schedule and breakfast is a challenge, try having some easy grab and go items on hand such as fruit, yogurt, or protein bars. If you find yourself having a couple of extra minutes in the morning, try oatmeal, scramble a few eggs, or have a yogurt parfait. If you plan, make some overnight oats the night before or meal prep on the weekend and try freezing breakfast burritos or sandwiches to have on hand. Your breakfast possibilities are endless!

What's important is finding what works for you and your schedule. The full article written by Melissa Wdowik can be found at https:// extension.colostate.edu/ topic-areas/nutrition-foodsafety-health/nutrition-news/ nutrition-news-break-fastbreakfast/.

For more information, check out the Richland County Nutrition Coalition Facebook page at www. facebook.com/1rcnc1, and the Pinterest page at www. pinterest.com/1rcnc1.

# etter To The Editor

I saw Rep. Joel Krautter's article in the Roundup. as did many conservatives around the state, and I want to respond to it. As the former executive director of the Montana Family Coalition, I need to respond to it for the sake of honesty. The first thing that you need to know is that Krautter, in calling pro-life voters "extremists," is actually mimicking wordfor-word a fake news site set up by the leftist "Solutions Caucus" called the "Extremist Chronicles." Favored by the progressives with whom Krautter caucuses in Helena against Republicans, this site refers to all conservatives as "extremists," a term he uses multiple times in reference to conservatives in his Roundup letter. Ironically, Krautter borrows from this anonymous left-wing site while lecturing Richland County voters about using anonymous sources. Regarding Krautter's vote with Democrats on Medicaid Expansion, the fact is the Montana Family Foundation released a brief prepared by their attorney at Milanovich Law Firm explaining with utmost clarity that both abortion and gender realignment surgeries are paid for by Montana Medicaid. It is only

with extreme dishonesty that Krautter then cites his voting record with Montana Family Foundation in defense of his vote for Medicaid Expansion. In fact, Montana Family Foundation explicitly warns voters that their scorecards do not reflect the vote on Medicaid Expansion and candidates should not flaunt their scorecard as a defense for that vote to expand abortion coverage. Furthermore, Krautter attempts to deceive Richland County by mentioning the provision requiring a work requirement for Medicaid added to the bill. What Krautter conveniently did not inform voters about is that this provision - Krautter's excuse for voting for the bill - was struck down by the federal courts and Medicaid Expansion will go on without that provision. Why did Krautter not include that detail? Among the many Democrats who donated to Krautter in 2019 is Blair

Fjeseth, who is the former communications director for Linda McCulloch, the former Democrat Secretary of State. She runs Powerhouse Montana, a women's organization that seeks to "connect Montana women to the mentors and resources they need to succeed" (according to their website). One of the resources and mentors Powerhouse Montana connects women to is Planned Parenthood of Montana officer, Christina Roberts. While Krautter may volunteer for the Sunrise Pregnancy Clinic and say he's pro-life, his voting record says differently.

Now more than ever we need true Conservatives representing our State. We have grown weary of smooth- talking politicians who say one thing and do

- Julie A. Millam, Hel-

# Signup For The Roundup

The Roundup offers free weekly mail delivery in Sidney. If you have a Sidney mailing address and currently do not receive The Roundup newspaper at home (and would like to) sign up today! Stop by 111 West Main, call 406-433-3306 or send your name and address to us at either classads@ esidney.com or PO Box 1207, Sidney, MT 59270.

# ROUNGUPWEB.

# WHETHER IT IS VERY SIMPLE OR ELEGANTLY SOPHISTICATED, A LASTING MEMORIAL REPRESENTS A LIFE THAT HAS TOUCHED US

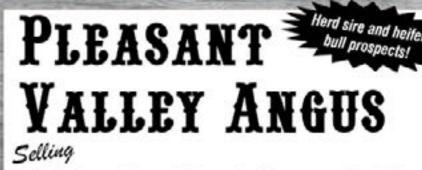
Contact us now so we can help you find a monument or grave marker to dedicate to your loved one.

Monuments to be ordered by April 10 for delivery by Memorial Day.

It's All About Saying Goodbye -

Fulkerson – Stevenson UNERAL H O M

Sidney: 406-488-2805 | Watford City: 701-842-2490 | Williston: 701-572-6329 | Tioga: 701-664-2122 Remembrances & condolences may be shared with family at: www.fulkersons.com



**50 Yearling Black Angus Bulls** 

~ Private Treaty Sales Begin March 10 ~

Featuring Sous of...

SAV Drover

Jindra Acclaim

KCF Bennett Fortress

Werner Flat Top

· Bubs Southern Charm

Boyd Signature

PLEASANT VALLEY ANGUS

Cory and Sarah Foss . Sidney, Montana 406-798-3364 • 406-489-0809

# THE BUSINESS ROUNI

Reach 26,500 Readers in the Entire MonDak Region

Call: 406-433-3306 or email: info@roundupweb.com visit www.roundupweb.com/directory for direct links to company websites & locations



Justin Jones 406-480-9525

Jerrian Franzen 406-478-3773 www.NickJonesRE.com

406-480-1550

Dennis Wick

Main Streët Popcorn 105 E Main • Sidney | 406-433-4386

PARTY CENTRAL

Fresh Made Flavored Popcorn

· Holiday & Solid Tableware





# Hello Sidney, MT! SPRING CLEANING SERVICES OFFERED

Lawn Cleanup • Trash Removal

• Manure for your Garden Will remove appliances, car CALL JOHN FOR A FREE QUOTE TODAY





Shops at Fox Run | 406-433-1800 Mon-Sat: 9am - 6pm • Sun: 10am - 4pm

www.highcalibersportsinc.com



1420 5th St SW . Sidney, MT

406-433-7767 • By Appt: 406-489-1880

**MEDALLION** KITCHEN CABINETS **ALL SUMMER** FLOOR COVER STARTING AT Luxury Vinyl Plank & Luxury Vinyl Tile \$210







· Portable Toilet Rentals Septic Pumping & Installation

Jetting Frozen Sewer Lines

• Pipe Burst Sewer Lines (eliminates digging up entire yard)

Service: (406) 489-0915 • Troubleshooting Blaine Rogers - Owner | PO Box 1003 | 34980 Hwy 23 • Sidney, MT

Customer Service is Our #1 Priority



Glendive: 2703 W. Towne St. • 406-377-4398

Plentywood: Hwy 16 East • 406-765-2624

Farm & Ranch, Oil Field & Construction Materials, Fencing Supplies, New Steel, Pipe, Aluminum & Stainless

Williston: 13896 W. Front St. • 701-572-5493 Miles City: 12 Peggy Lane • 406-874-7428







# Ler Family Continues More Than A Century Of Farming In Richland County



The Lers' first homestead house, (L to R) Lars Gaare, Ingeborg Ler and Even Ler, and their children, Arnie, Eva and Harold. Harold's sons, Matt and David Ler, farm the area that Even first homesteaded. (Submitted photo)

# CELEBRATE NATIONAL AG WEEK MARCH 22-28, 2020 Check out the all new 2020 Ford Super Duty Ford Super Duty "Experience the Eagle Country Difference!" 215 East Main · Sidney, MT | 433-1810 or 1-800-482-1810 | eaglecountryfordsales.com

By Stephanie Ler

Even Ler homesteaded in what is now rural Savage in 1910 marking the beginning of more than a century of family farming, carried on now by grandsons, Matt and David Ler.

Born and raised in Norway, Even Ler chased adventure to America in 1907, and made his way toward Montana. Enticed by free land to be had under Homestead Act, Even was granted a certificate of register for the south half of Section 10, Township 20, north of Range 57, on June 22, 1910. The deed was later finalized in 1916.

Shortly after arriving in Montana, Even set up a homestead shack near Dunlap Creek, and sent for his wife, Ingeborg. According to a family history penned by Sandy (Twyla) Ler, "money was short and work was abundant. Breaking sod with team and plow was grueling work for man as well as beast," making reference to the Ler's first farming efforts. Unfortunately, by 1928, Even and Ingeborg determined that "they just weren't going to be able to hang on to the homestead. This arid prairie could never produce

enough on a quarter section to make a go of it, no matter how good it was farmed nor how hard you worked," the family history reads. In April 1929, the Lers purchased a half section northeast of the original homestead for \$30 an acre.

At the new place, the Lers farmed and raised turkeys, a common practice for this area in that time. The turkeys were packed in barrels and shipped by rail. The Lers made about 45¢ per pound, including the head, feet and innards, averaging about \$9 a piece.

Some time in the 1920's, "grain prices were low, grasshoppers thrived and crops were poor so the Lers let the land go back to Phillips [from whom they had purchased it] and just rented it for a while." Many farmers made ends meet by working on the roads for the WPA.

In that time, harvest required "lots of hands," being done by threshing crews one farm at a time. "First, the crop was cut with a binder, then shocked... at threshing time bundle haulers took a team and a wagon, pitching bundles into the wagon where another arranged the bundles. Next

Our farmers and ranchers are the backbone of our community. A special thanks to the dedicated Ag Researchers in the MonDak Area.



We Salute
Area Ag
Producers
during
National
Ag Week



Even Ler prior to homesteading in the Dunlap Creek area. (Submitted photo)

they were hauled to the threshing machine." When headers finally came around, things became easier. "The header cut the grain and piled it up in a big stack...They'd line two stacks up...and pull the threshing machine between the stacks and two guys could feed the grain into the thresher. Lots of noise, chaff and work. The grain haulers had to haul the grain off and with scoop shovels, shovel it up and in to granaries." The story concludes, "No wonder they needed a lot of help, today's farmers feed many more people with much less work."

According to Matt and David Ler, two of Even's grandsons, that statement is true, though the farming lifestyle is never short on work. The brothers run Dunlap Creek Ranch, a commercial cow/calf operation and farm both dryland and irrigated cropland, raising winter wheat and spring wheat, alternating with safflower, peas and lentils.

Matt and David took over the farming operation in the 1980s, following their father Harold's retirement. Advances in equipment, technology, and chemicals allow them to successfully farm the same fields that their family once gave up. "You can cover ground much faster now, with bigger equipment," David said.

Advances even since the '80s have made farming more feasible, according to David. The Lers have expanded to pulse crops, like peas and lentils, following the burgeoning market. "Technology has changed a lot so it's easier to farm those crops," David said. Because of advances in chemical technologies, the Lers switched to continuous crop, and are less affected by moisture conditions. A drought in 1988 yielded little crop, but a similar drought in 2017 had much

During their time, Matt and David have taken advantage of other farm technologies and advances to improve their operation. They've installed solar pumps on two of their stock wells, installed two pivots to help conserve water, and have planted cover crops to help take stress off of native pasture.

The Lers continue to farm and raise cattle around Dunlap Creek, on some of the same land claimed by their grandfather over 100 years ago. In 2017, Dunlap Creek Ranch was awarded the Richland County Conservation District's Co-operator of the year for their efforts to help preserve their farmland for future generations. Neither David nor Matt could imagine life outside of farming. "Thirty-five years went really fast," Matt said. "It's a good way of life," David echoed.

# **Our Farm Customers** Have Always Been **Our Number One Priority!**

B&W Hitches | Grade 8 Steel Bolts | CNC Plasma Cutter



Since 1921 • 99 Years of Service 312 N. Central Ave • Sidney, MT | 406-433-1007

# **SAVE TIME & MONEY** WITH GREAT **COMMUNICATION!**

**Handhelds** 

TK-2402

Handheld 5 watts w/scan

**\$289** 



# **Mobile Radios**



- 50 to 110 watts
- 16 to 127
- channels small & easy
- to use

"Your communication headquarters" Call Larry Today At...

Mobile Radios . Satellite Telephones Just North of McDonald's • Sidney, MT 406-433-1659 • Toll Free: 1-866-433-1659

# NATIONAL AG WEEK

**MARCH 22ND - 28TH** 

Nortana Grain Co. Lambert 406.774.3331 Sidney 406.433.3014 & 406.433.2508

Specializing in Grain, Agronomy, Fuel, Propane, Oil, Animal Nutrition & Livestock Supplies.

Like us on our Facebook Page!

# **READY FOR SPRING PLANTING!**

Chemicals, Seed & Inoculants for the 2020 Growing Season

# Nutrien

Ag Solutions™

Your agronomist specialist team helping you feed the future.



Chet Hill 406-413-0309

Jillian Mahlen 701-570-0322

Tater Mason 406-963-7100

Brian McCabe 406-230-6120

For overfour decades, our family has focused on building a foundation with a functional cowherd.



PAINTROCK TRAPPER 18270980

CED BW WW YW SC 8 +0.4 +61 +106 +1.02 +28 +0.30 +0.26 +131

KG RESOLUTION 4042 '17998319

Lives:

SC WW YW 9 -0.2 -61 -117 -1.18 -21 -0.48

Add efficient functionality to your herd!

Justay March 24, 2020

1 p.m. MDT • Bar JV Sale Barn North of Sidney, Montana

felling:

100 :: Angus Bulls 60 :: Purebred

(papers available)

Heifers 20 :: F1 Baldy Heifers

100 :: Commercial Angus Heifers

Dale & Jill Vitt = (406) 798-3398 = (406) 480-5676 cell Jim & Loretta Vitt = (406) 798-3653 = (406) 630-2959 cell www.barjvangus.com

Paintrock Trapper = KG Resolution 4042 SAV Resource 1441 - GDAR Leupold

Contact us for a sale book or to view the bulls.







# **Co-operator Of The Year**

Marlin (left) & Aurilla (middle) Marlin Johnson received the 2019 Richland County Conservation District Co-operator Of The Year award at the MonDak Ag Days banquet at the Richland County Events Center on March 13. Pictured above is Wade Whiteman presenting the award. For more photos from Ag Days go to roundupweb.com.

Get great-looking bales quickly and easily. It all starts with the Vermeer R2800 twin rake, which produces box-shaped windrows. Built to last, the R2800 allows you to adjust the width of the windrows to match your baler. Control the width, basket lift and folding/unfolding systems right from the cab of your tractor.

**ANDERSON VERMEER SALES** facebook.com/AndersonVermeer www.andersonvermeer.com

ALEXANDER, NORTH DAKOTA 15192 Hwy 68 • 701-828-3358



**ANDERSON VERMEER SALES** 701-828-3358



Vermeer, the Vermeer logo, Inline and Equipped to Do More are trademarks of Vermeer Manufacturing Company in the U.S. and/or other cou

# **MARCH 22-28**

**Agriculture has always** been, and continues to be, the #1 industry in **Richland County.** 

We appreciate everyone involved in providing the highest quality food in the world.

RICHLAND COUNTY COMMISSIONERS LOREN YOUNG – DUANE MITCHELL – SHANE GORDER

# NATIONAL AG WEEK **MARCH 22-28**



**New Country** Chic Decor In Stock!





Barrett Pharmacy & Variety

145 Main • Watford City, ND • 701-842-3311

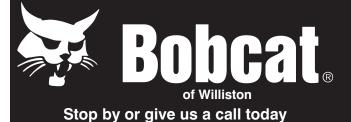




One Tough Animal.

FOR EVERY TOUGH JOB.

For more than 50 years, Bobcat Company has designed compact equipment to help you take on whatever challenges come your way, efficiently and effectively. Built to deliver the performance, comfort and versatility required by the toughest jobs, so you're free to take productivity to the max.



**Authorized Bobcat Dealer** 701-572-5050 goironhide.com Parts. Service. Sales. Rental.



# Roandapweb.com

# See Us For All Your Spring Tire Needs!

Get \$7500 Up To Rebate

On A Purchase Of Four Goodyear Tires!

Now Through March 31, 2020



YOKOHAMA













349 22nd Ave NW, Sidney 406-488-6636 1-800-967-3795



Without You, There's No "Us."



Washed Rock & Sand • Concrete • Gravel & Dirt Hauling

406-433-1572 | 206 10th Ave SE • Sidney, MT concrete@sidneyredemix.com • www.sidneyredemix.com



# Moving forward. Giving back.

Our mission is to support agriculture with reliable, consistent credit. As a cooperative, our members benefit through patronage dividends and our support of rural communities.

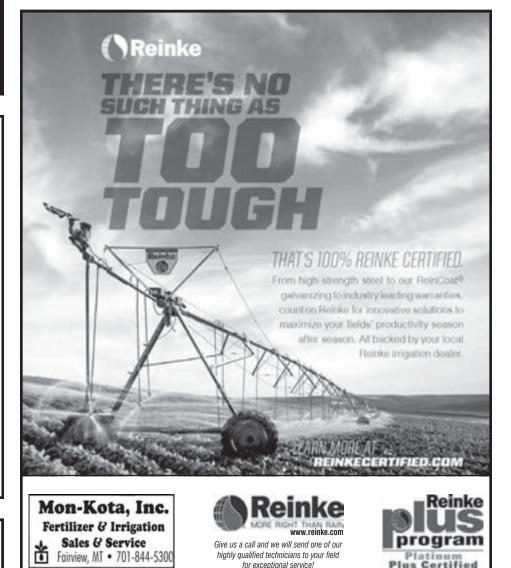
A century of helping Northwest producers has positioned us well to embrace the challenges and opportunities ahead. And we'll continue moving forward and giving back for another 100 years.

406.433.3920 | northwestfcs.com

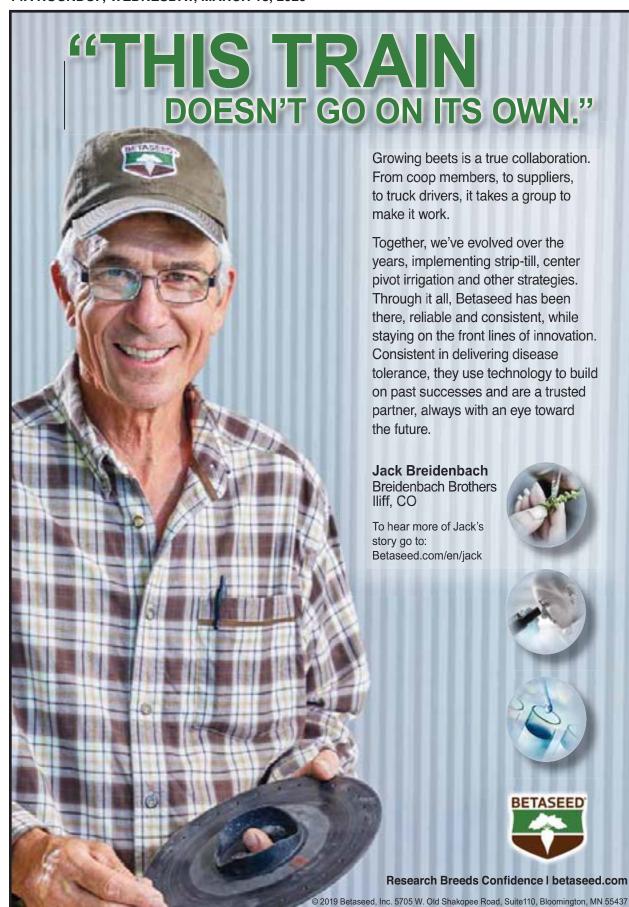
Here to Help You Grow™













# SUN UP TO SUN DOWN AND EVERY FIELD IN BETWEEN, WE'VE GOT YOU COVERED.

You need a tractor that fits the way you farm. Case IH tractors are designed with you in mind. With horsepower ranges from 65 to 140, and a variety of rugged, reliable models – Farmall® C series, Farmall® 100A series, Farmall® U series or the Maxxum® series tractors – they are ready to handle farmstead chores, all day long. And, every Case IH tractor offers a best-inclass operator environment to help make your long day in the field seem shorter. No matter what you want to accomplish, Case IH makes a tractor that's right for your operation and budget. To learn more, visit us at **caseih.com**.



**SEE US TODAY!** 



2429 W Holly St Sidney MT 59270

tri-cnty.com





# MSU, Partners To Launch Website To Share Resources & Solutions For Farmers & Ranchers Under Stress

By Anne Cantrell, MSU News Service

Bozeman, MT — A group of individuals and organizations from across Montana, led by Montana State University Extension, are collaborating to provide resources and solutions for farmers and ranchers under stress.

"We know from various research that there is a high level of stress in life, specifically among farmers and ranchers in rural areas like Montana," said Michelle Grocke, MSU Extension Health & Wellness Specialist and MSU Department of Health and Human Development assistant professor. A range of issues can cause stress, she said, from commodity prices, weather and crop yield to debt load, passing a farm or ranch to the next generation, family issues, and injuries or illness. She added that it could lead to mental illness, increased risk of suicide and other health issues.

Now, a team of Montanans known as the Montana Farm/ Ranch Stress Prevention Advisory Council is working to create a new website that will host resources to help farmers, ranchers and other community members better understand the causes of stress — as well as how to manage it. The website is expected to launch this summer.

"Ultimately, we hope these resources will lessen the risk of mental illness and suicide among Montana's farming and ranching communities," Grocke said.

The website is a direct response to a need MSU Extension staff continue to hear about from people across the state, said Suzanne Stluka, MSU Extension associate director

"MSU Extension staff began to share tough stories of how chronic stress was impacting agriculture producers," she said. "We knew we needed to do something."

The team working on the website is composed of more than 20 members representing agricultural, health, tribal, veteran, local government and MSU communities. Project leaders are Grocke, Stluka and Alison Brennan, MSU Extension mental health specialist and Department of Health and Human Development assistant professor. In addition to the MSU Department of Health and Human Development and MSU Extension, partner organizations include Montana Farm Bureau, Custer County Commission, Garfield County Commission, Montana USDA Farm Service Agency, MSU Extension Local Government Center and the Montana Department of Public Health and Human Services.

Grocke noted that an important component of the project is its accessibility: Individuals can access the resources anywhere there is an internet connection, whether it's the library or their own homes.

The project is funded by a \$32,737 grant from the Montana Healthcare Foundation.

"We feel really grateful and excited that they felt this was of value for them to support," Grocke said. "A lot of the projects this foundation supports are collaborative in nature, innovative and forward-looking. We were thrilled to have them think this is a project deserving of their funding."

The advisory council hopes the resources and materials will spark discussions about the causes and effects of stress — and, in the process, remove stigma associated with the topic, according to Brennan. They also hope it will equip community members with evidence-based farm stress and mental wellness resources to assist them in managing their stress.

"There is, in fact, quite a lot of stigma still surrounding discussions about mental health, mental illness, mental disorders and suicide," Brennan said. "My hope is that by providing a centralized location for relevant information running the gamut of topics, from plant diseases, weather and financial management, to stress management techniques, to suicide prevention best practices, we can start some crucial conversations about mental health in rural Montana, reduce stigma and save lives."

Darla Tyler-McSherry, member Montana Farm/Ranch Stress Prevention Advisory Council and MSU-Billings student health director, said goals for the website include bringing attention to the issue of suicide in Montana's farm and ranch communities and giving people practical, easy-to-incorporate strategies to improve their mental health.

"Additionally, I want to communicate the message that if you or a loved one is struggling with thoughts of suicide, you are not alone and effective help is available," Tyler-McSherry said. "Lastly, I want this project to help confirm the notion that seeking help is not a sign of weakness, but rather, a sign of incredible strength."

More information is available at montana.edu/well-ness\_extn/stress-management/mt\_farm\_stress\_clearing\_house/project\_page.html. To learn more or to offer feedback on the website, contact Grocke at 406-994-4711 or michelle. grocke@montana.edu.



# We Support Our **Agricultural Community!**







Jim Bell: bbmetalbuidings@midrivers.com www.bbsteelbuilding.com Located at 108 2nd St NE • Sidney, MT

### 2019 RAM 1500 CREW CAB 4X4 5.7 V8 Hemi, Ram box system



**2019 DODGE JOURNEY CROSSROAD** All Wheel Drive

MSRP......\$36,030 

Sale Price..... \$28,991

**2019 DODGE GRAND CARAVAN SE** MSRP.....\$29,425

Rebates & Action Auto Discounts ......\$5,675 Sale Price......\$23.750

**2020 RAM 1500 CREW CAB 4X4** 

Longhorn MSRP.....\$63,110

**Sale Price......\$53.843** 



#4122-B



# ACTION AUTO

Our Website Is Open 24/7

433-2312 • 1-800-788-2312 www.actionautochryslerdodgejeep.com 220 East Main, Sidney, MT



# **We Salute Our Farmers & Ranchers During National Ag Week!**





Straight Talk \* Honest Service \* Fair Prices



1601 SOUTH CENTRAL • SIDNEY, MONTANA 433-3858 · Open Mon-Fri: 7am - 5:30pm

# **National** Agriculture Week

March 22<sup>nd</sup> - 28<sup>th</sup>, 2020

We salute our farmers and ranchers this week...and all year long!





Medicine Lake, MT 406-789-2231



406-433-1888 Mon-Fri: 6am - 5:30pm 34940 Hwy 23 • Sidney, MT www.bbsalesandservice.com



www.fulkersons.com



419 S. Ellerv Fairview, MT 406-742-5164



Lounge: 742-4653 • Office: 742-4654 2 pm Sat & Sun Open From 10am - 2am Fairview • 406-742-5180





Fairview, MT 406-742-5549 neuconst@midrivers.com

# **CELEBRATE NATIONAL AG WEEK**

Jeep

MARCH 22ND - 28TH



Williston, ND 701.572.8354 866.572.8354

Wildrose, ND 701.539.2272

Zahl, ND 701.694.4111

**Culbertson, MT** 406.787.6606

Fairview, MT

701.844.5775 Savage, MT

406.776.2489 horizonresources.coop



# WE ARE HERE FOR YOU AND READY TO HELP!

COVID-19 has made this a challenging time for some of our family and customers to get clear information. Whether you have questions about your vehicle or you need to discuss financial issues, or other resources, we can help you. These are unprecedented times. And we're taking unprecedented steps to help you and your family get through them.

## CAN I STILL COME TO YOUR DEALERSHIP?

Yes. While your vehicle may not be top-of-mind at the moment, we want you to know that Williston Auto is strong, open for business and ready to help you with the helpful service technicians and customer care professionals you've come to rely on.

## CAN I PURCHASE A VEHICLE FROM HOME?

Yes. With our "CLICK IT. PICK IT. WE DELIVER IT!" program, you can purchase a new Chevrolet, Buick, GMC or Cadillac vehicle or choose from 150 quality pre-owned vehicles; the tools you need to start online are just a click away.



# WillistonAuto.com Delivers!

Click for Financing. Pick Your Vehicle.

We Deliver It!

**MORE DETAILS ONLINE!** 



# ALL 2019 AND 2020 CHEVY SILVERADO 1500 CREW CABS

FOR WELL-QUALIFIED BUYERS

0% APR 72 MONTHS

\$500 CASH ALLOWANCE

\*Monthly payment is \$13.89 for every \$1,000 you finance. Example down payment: 3.8%. Must finance with GM Financial. Some customers may not qualify. Not available with lease and some other offers. Take new retail delivery by 3/31/20.



# New 2019 CADILLAC XTS PREMIUM LUXURY

Stk# K9501, 6 Speed Automatic, AWD, Red Tintcoat, Moonroof, Navigation, Loaded.

SAVINGS OF 11% OFF

\$58,000

After \$7,290 OFF Only One Available.



# New 2018 CADILLAC XT5 LUXURY SUV

Stk# K8917, 8 Speed Automatic, AWD, Blind Spot Sensor, Navigation, Leather, Loaded.

SAVINGS OF 33% OFF

\$37,859

After \$18,646 OFF Only One Available.



# New 2019 BUICK ENVISION ESSENCE SUV

Stk# B9451, MSRP \$36,995 \$5,995 Dealer Discount \$4,750 Customer Cash

\$26.250

Additional \$1,800 Conquest Rebate Available if you own a 2006 or newer non-GM vehicle.



# New 2019 GMC CANYON 1500 SLE CREW CAB 4WD

Stk# G9693, MSRP \$39,810 \$5,810 Dealer Discount \$2,000 Customer Cash

\$32,000

Additional \$1,600 Conquest Rebate Available if you own a 2006 or newer non-GM vehicle.



# New 2019 CHEVY TAHOE LT SCA CONVERSION 4WD

Stk# C1160, MSRP \$81,540 \$4,540 Dealer Discount \$3,000 Customer Cash

\$74,000

Tax, title, license and \$199 doc fee extra. Residency restrictions may apply. See dealer for details.

Sale prices do not include tax, title, license or \$199 doc. fee. Financing on approved credit. Sale prices good thru March 31, 2020. Prices and vehicle availability may change due to advance advertising deadlines.

### OWER PAYMENT! LOWER YOUR CURRENT PAYMENTS NOW! OFF M+ M-9 8 5 6 4 Stop in and visit with our Auto Refinance Specialists MU who can lower your vehicle payment, lower your 2 з finance rate or both! We also have other options. o 00

We can help most people. Stop and visit with a specialist today. Some restrictions may apply. Offer ends March 31, 2020 at Williston Auto.com







1801 2ND AVENUE WEST, WILLISTON, ND 58801 | 800.888.2927 | 701.577.2927