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The Roundup

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Wednesday, January 22, 2014

Volume 39 • Number 49

Jessie Veeder to Participate in 30th National Cowboy Poetry Gathering



Submitted by Darcy Minter

Jessie Veeder has been invited to participate in the 30th National Cowboy Poetry Gathering, January 27 to February 1, 2014 in Elko, Nevada. Jessie Veeder is appearing for the first time at the Elko Gathering.

For its 30th Anniversary, the nation's greatest celebration of the American West, its people, culture and traditions, will turn its focus to the future of the region. Produced by the Western Folklife Center, the 30th Gathering will present poetry, music, fine western gear, films, workshops, dances and discussions with a clear focus on encouraging the next generation and working together to ensure sustainability of the occupational and artistic traditions of the rural West.

The theme of the 30th National Cowboy Poetry Gathering, is Expressing the Rural West—Into the Future! Through performances of poetry, music, thought-provoking films and fruitful discourse, artists and audiences of all ages will share their art and their opinions on meeting the challenges of rural life in the modern West. In particular, the next generation of cowboy artists will present their work and discuss their brand of ranch life—with one hand on the reins and the other on the cell phone.

Jessie Veeder is an accomplished area singer/songwriter, writer and photographer who writes and sings about the badlands of Western North Dakota, where she grew up on the family ranch. After releasing her first original album at only sixteen, Jessie went on to tour nationally and rele three more albums, including several featuring her father and his hometown band. Blending western, rock, blues and heartfelt honest lyrics, Jessie sings about the buttes and creeks of her family's working cattle ranch and what it's like living in the middle of a huge oil mining boom. Since 2010, Jessie and her husband have worked alongside her father as the fourth generation stewards of the Veeder Ranch. When not ranching or touring, she chronicles life on the land on her blog "Meanwhile, back at the ranch...", as well as through a weekly column in the Fargo Forum and as a commentator on Prairie Public Radio.

Jessie Veeder will join more than 50 poets, musicians and musical groups from the U.S. and Canada performing on seven stages at four different venues. Special guests include renowned animal welfare advocate, professor and author Temple Grandin, who will deliver the keynote address. A special exhibition will celebrate the new renaissance of western artistry among gearmakers and visual artists.

The Gathering also features hands-on workshops in traditional western arts such as rawhide braiding, cinch-making, hat-making, silverwork, Dutch-oven cooking and more. It also offers three western dances, film screenings, panel discussions and open-mic poetry and music sessions. Tickets to the 30th National Cowboy Poetry Gathering can be purchased at www.westernfolklife.org or by calling 775-738-7508, toll free 888-880-5885.

Sidney Chamber Award Winners



The Sidney Area Chamber of Commerce and Agriculture held its annual banquet Monday evening. With over 275 members, the chamber reported a successful year and is looking forward to a great 2014 under the leadership of incoming chairman David Garland.

Awards were presented to back row, L to R, Educator of the Year Brad Faulhaber; Partners In Progress John and David Seitz, Seitz Insurance; Agriculture Award winners J.J.Hovde and Gary Scheiber, Hovde Vet Clinic. Front row, L to R, Horizon Award winner Lee Candee, Agrilndustries; Sunrise Spirit Award, Amanda Seigfreid; Entrepreneur Award, Jim and Michelle Kelly, Sidney Shuttle

Richland County Centenial Coming in June

Plans are being finalized for the Richland County Centennial celebration which will take place June 13-15, 2014 in Sidney, Mont. The fun filled weekend will be chock full of events for everyone from 1 to 101.

Friday's events include community walks, historical drives, building tours, a children's street fair on the library lawn and the famous Kiwanis Pie Social. Afternoon and evening activities will take place at the Richland County Fairgrounds with day stage entertainment, lots of great children's activities, an airplane ball drop, a free barbeque and a free concert by Rob Quist and Great Northern. The beer garden hosted by the Elks Lodge will also have entertainment.

Saturday starts off with the Fun Run hosted by Healthworks. The parade will take place in the morning, followed by community walks, library tours and area historical drives. The afternoon activities will be at the fairgrounds featuring day stage acts, children's activities, a second airplane ball drop and a free barbeque. Richland County Centennial Farms will be honored at 5 p.m. and the free Sawyer Brown concert starts at 8. The beer garden will also be open, with entertainment.

Rolls and coffee will be served Sunday starting at 8 a.m. with a non-denominational church service to follow at 9:30 at the Richland County Fair Event Center. Centennial churches will be honored at this time as well. Contact Deneice Schwab for more information.

Opportunities to contribute to the Richland County Centennial are many and varied.

Sponsorships are available at several different levels. Anyone wishing to help sponsor the event may contact La-

Vanchie Starkey or Jackie Young. Food and non profit vendors are invited to take advantage of the opportunity to raise some funds. Contact Kris Weltikol or Libby Berndt. Organizers are also looking for day stage acts. Anyone interested in performing is asked to contact Jennifer Nielsen or Tom Pavek.

Entries from all over Richland County are encouraged to join in and make the Saturday morning parade the best ever. Contact LaVanchie Starkey or Jodi Berry to register your entry.

The committee is looking for old photos from all over the county to have on display during the centennial. Anyone with photos may take them to the MonDak Heritage Center where they will be immediately scanned and returned. Contact Benjamin or Leann at 433-3500 for more information.

To keep informed of the Centennial activities, visit their website at richland.org or visit them on Facebook. The website is constantly updated.

Contacts:

Jennifer Nielsen: <u>cuttingedgedancestudio@gmail.com</u>

Tom Pavek: tommypsunami@gmail.com

Jamie Larson: jlarson@richland.org, W) 406-433-2801 Kris Weltikol: weltikol_78@hotmail.com

Libby Berndt: Libbyberndt66@gmail.com, H) 488-4287 or C) 489-1072

Jacki Young: jyoung@fschool.org or youngfrm@midriv-

ers.com, W) 742-5265 ext. 3 or H) 747-5351

Jodi Berry: jberry@richland.org, W) 433-3701; H) 488-

5683

LaVanchie Starkey: lstar@midrivers.com, W) 433-1916 or C) 480-4208

Benefit for Reagan Flatland January 26

A Pancake Benefit Breakfast for Reagan Flatland will be held Sunday, January 26 from 10 a.m. to 2 p.m. at the Civic Center in Watford City. Reagan is the daughter of Justin and Kalene Flatland, grand daughter of Roger and Delores Flatland of Watford City. On Nov. 21, 2013, baby Reagan was born 2 pounds 9 ounces, 12 weeks early and is still in the Minot Hospital NICU. Both Mom and baby are doing fine. Justin is a native of Watford City and works at North Country Mercantile in Minot. Kalene works at Dakota Bank in Minot. Justin graduated from Watford City High School in 2009. His classmates are hosting the breakfast benefit.

There is an account set up at 1st International Bank & Trust in Watford City for anyone wishing to donate.



Reagan Flatland



Her life didn't start at birth.

The life of a baby begins long before she is born.

A new individual human being is conceived at the moment of fertilization. Her life has begun. If that life is not interrupted, she will grow to adulthood.



- She was alive at birth, about 38 weeks after conception
- She was alive at 24 weeks when she weighed less than two pounds.
- She was alive at 20 weeks when she was able to feel pain.
- She was alive at 11 weeks when all her organ systems were in place.
- She was alive at 18 days when her heart began its first halting beats.
- She was alive at conception.



Little Wolves

The Little Wolves Basketball program began last Saturday in Watford City. Around 200 kids from pre-kindergarten to fourth grade registered this year. The first three weeks of the program focus on basketball skills and the last five weeks they play games. The kids also perform at half time of some of the JV and varsity games at the high school. The program is in it's sixth year. (Photo submitted by Laura Sanford)

Older Adults Encouraged To Join Wellness Program

Submitted by Marcia Hellandsaas

Adults 50 years of age and older are encouraged to join the "Nourishing Boomers and Beyond" program to learn strategies to eat more nutritiously and be more physically active.

The first of nine monthly programs offered will be "Nourish Your Muscles" held at 10 am on Monday, January 27 at the Alexander City Hall or at 10 am on Tuesday, January 28 at the Connie Wold Wellness Center Conference Room. Participants will learn about the function of their muscles, what nutrients are important for good muscle health and what foods are good sources of protein and carbohydrate. Physical activity and its importance in muscle health will be included

as well as making plans to impact muscle health in the future.

Taste testing, trying out exercises, recipes and discussions will be included.

Interested individuals are asked to preregister for the sessions by calling the McKenzie County Extension Office at 701-444-3451 or e-mailing Marcia.hellandsaas@ndsu.edu.

Roundap WEB. Com







BRIAN AND DARREN HEFTY OF AG PHD WILL DISCUSS:



- Crop Management for New Soybean Growers
- Our 300 Bushel Corn Formula
- Intensive Wheat Management
- Maximizing Profit With Low Commodity Prices
- Resistance Issues With Weeds, Diseases & Insects
- 2013 Ag PhD Research Info, Our Plans for 2014, and How You Can Help
- How to Make Your Own Variable Seeding Rate and Variable Variety Planting Maps
- Fertility Information You Can Use
- Suggested 2014 Pest Control Programs in Corn, Soybeans, Wheat, Pastures and More
- New Pesticides & Seed Traits for 2014 and Beyond
- iPhone & iPad Apps You Need

Ag PhD Radio's SiriusXM Show with Brian and Darren Hefty Will Broadcast Live From Sidney On Ch. 80 From 1 pm to 2 pm!

Join Brian and Darren Hefty at a FREE Ag PhD Agronomy Workshop!

Wednesday, February 5 - Sidney, MT

NEW LOCATION - Richland County Fair Event Center

1:00 p.m. to 4:00 p.m.

Lunch Served 11:45 to 12:45.

More Information and Pre-Registration at www.agphd.com.

Questions? Call 406-488-4338.

Yellowstone Chiropractic Clinic

(406)-433-4757 222 2nd. Ave. SW 1-866-433-4757 Sidney, MT 59270

Sports Injuries • DOT Physicals

Dr. Ryan Laqua Chiropractic Physician & Certified Medical Examiner

The Northeastern Arts **Network Proudly Presents the** a Cappella Group Six Appeal on Thursday, February 6th at the MonDak Heritage Center

Submitted by Jill Hill

With roots stretching back to 2006, Six Appeal was founded in the halls of Concordia College in Moorhead, MN. It began as a collegiate hobby; a diversion from studies, fun with friends, and yes, maybe a way to break the ice with young ladies. Those college freshmen had no idea what they had set in motion. Within a year, they were performing concerts around campus. Within two years, they won their first a cappella competition. After three years, they began touring in the Midwest, and giving clinics for high schools. By their senior year, they had realized that when you have a good thing going with your best friends, you stick with it. In 2010, Six Appeal moved their home base from Moorhead to the creative and artistic community of Minneapolis, and began touring the country.

Swearing off instruments, Six Appeal uses a cappella singing to span decades of classic oldies, current chart toppers, and catchy original tunes. Featuring vocal dexterity and adventurous song selection, the group explores all genres with a far-reaching repertoire that will surprise and captivate audiences regardless of the setting. Despite their cheeky group name, the antics of these six young gentlemen provide a good natured atmosphere for their electrifying performance.

A Six Appeal show will split your sides, feed your musical sweet tooth, and leave you wondering how in the world they pulled it off just with voices. With members formally instructed in singing and musical composition, Six Appeal utilizes a diverse arsenal of style and entertainment. In addition, Six Appeal has a passion for spreading their a cappella music to every audience. What makes these Six stand out from the crowd? Their Appeal.

This concert will be held at the MonDak Heritage Center at 7:00 p.m. Season tickets can be purchased at the door: adults \$45, senior \$40, and students \$35. At the door tickets are also available. For additional concert information contact Candy Markwald 406-488-4155 or Jill Hill 406-489-4304.

The Big Sky Series is made possible in part by the Mon-

tana Performing Arts Consortium Presenter Development Program which is supported by grants from the National Endowment for the Arts, Montana Arts Council, a legislative grant from Montana's Cultural Trust and WESTAF.

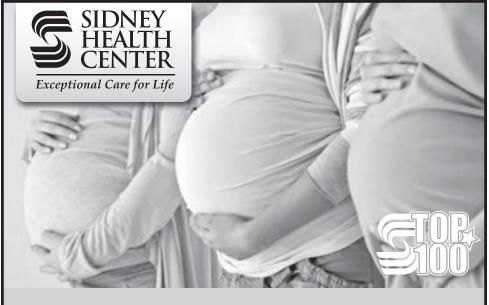












Childbirth Instructors, Joyce Schulz, RN and Katharine King, RN will take you through the childbirth process answering any questions and help to prepare you for the best birth experience possible. Please call the Clinic Receptionist at 488-2510 to reserve your spot. The class is free of charge; however, donations up to \$25 are gladly accepted to cover expenses.

FEBRUARY CHILDBIRTH CLASS **February** Saturday, 4:00 PM 9:00

Sidney Health Center Classroom

Phone: (406) 488-2510 to Register

Classes held throughout the year in FEBRUARY • MAY • AUGUST • NOVEMBER



Find us on

216 14th Ave SW • Sidney, MT Facebook Online: www.sidneyhealth.org



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email: alans@midrivers.com Website: www.missouririverrealty.com



	Sakakawea	FUIL PECK
Current Elevation	1832.5	2222.8
Last Week's Elev	1832.7	2223.0
One Year Ago	1828.8	2234.0
Release For Day (C.F.S	5.) 18,000	6,900

WATFORD CITY WEATHER DATA

Source: North Dakota Agricultural Weather Network				
Date	High	Low	Precip.	
Jan. 12	43	32	0.00	
Jan. 13	42	24	0.00	
Jan. 14	41	12	T	
Jan. 15	38	35	0.00	
Jan. 16	43	17	0.00	
Jan. 17	25	24	0.00	
Jan. 18	40	29	0.00	
VTD Rainfall	l		22.01	

SIDNEY WEATHER DATA

Source. MSO Eastern Agricultural nesearch Center				
Date	High	Low	Precip.	
Jan. 13	41	19	0.00	
Jan. 14	31	19	0.00	
Jan. 15	44	28	0.00	
Jan. 16	35	22	0.00	
Jan. 17	na	na	na	
Jan. 18	na	na	na	
Jan. 19	na	na	na	
Average YTD Precipitation0.07				

AREA RECOVERY GROUPS

MONDAYS:

Noon — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

1 - 3 p.m. - Grief Recovery Support Group in the Library Sanford Room, Watford City.

6 - 8 p.m. - Grief Recovery Support Group in First Lutheran Church basement, Watford City.

6 p.m. - Al-Anon, Trinity Lutheran Church Ed. bldg., 214 S.

Lincoln Ave, Sidney. 7 p.m. - AA meeting, Fairview Alliance Church, 704 S. Western

Ave, Fairview.

7 p.m. - Fairview Alive and Kicking.

8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

TUESDAYS:

7 p.m. - NA meeting, Fellowship Baptist Church 2181 W. Holly St. (across from the fairgrounds), Sidney.

7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

WEDNESDAYS:

5:00 p.m. - Sober Life Young People's NAAA 12- step recovery group, 25 yr. old & younger, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

8 p.m. - Al-Anon, Sanford Room, McKenzie Co. Public Library, Watford City.

THURSDAYS:

8 p.m. - NA meeting, Millers' Corner, 2201 W. Holly St., Sidney 8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

FRIDAYS:

8 p.m. - AA meetings, Tinity Lutheran Church Ed. Bldg, Sidney. SATURDAYS:

10 a.m. — Gamblers Anonymous at Millers' Corner, Sidney. 9 a.m. & 7 p.m. — AA Group Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave, Sidney.

8 p.m. - NA meeting, Fellowship Baptist Church, 2181 W. Holly St. (across from the fairgrounds), Sidney.

6:30 p.m. - "BUTT OUT" Support group, 309 S. Central

Ave., Fairview

7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney

OBITUARIES EXENTS SEND US YOUR EVENTS!

Alan "Al" Burgess, 69, Sidney, MT

Funeral service for Alan "Al" Burgess, 69, of Sidney is at 10 am, Wednesday, January 22, 2014, at Pella Lutheran Church with Pastor George Karres officiating. Interment will be in the Sidney Cemetery, Sidney, MT under the direction of Fulkerson Funeral Home of Sidney. Remembrances, condolences and pictures may be shared with the family at www. fulkersons.com.

Alan "Al" died on Friday morning, January 17, 2014, at Sidney Health Center.

Luelle J. Dore, 84, Sidney, MT

Funeral service for Luella J. Dore, 84 of Sidney, MT is at 2 p.m., Saturday, January 25, 2013 at Trinity Lutheran Church in Sidney. Interment will be in the Fairview Cemetery, Fairview, ND under the direction of Fulkerson Funeral Home of Sidney. Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Luella died on Thursday afternoon, January 16, 2014, at St. Vincent's Hospital in Billings, MT.

L.R. "Smitty" Smith Jr., 67, Sidney, MT

Memorial services for L.R. "Smitty" Smith Jr., 67, of Sidney, MT will be at 2 pm, Friday, January 24, 2014 at the Fulkerson Memorial Chapel in Sidney, MT, with father Ned Shinnick officiating. Cremation has taken place under the direction of Fulkerson Funeral Home of Sidney. Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Smitty died on Saturday, January 18, 2014 at St. Vincent's Hospital in Billings, MT.

Volunteer **Meet and Greet Jan. 28**

Are you looking to volunteer in the New Year? Meet fellow community members and get involved with local organizations? The Richland/McCone County RSVP Program is looking for enthusiastic, involved people to become volunteers. Help the Richland County Health Department welcome and introduce the new RSVP Director on Tuesday, January 28th at 10:30 am in the Richland County Health Department conference room for a Meet and Greet. Come meet the new director, meet fellow volunteers, and sign up to make a difference in the community. Brunch refreshments will be provided. For more information contact Greta Mannen or Rita Jacobsen at the Health Department at 406-433-2207.

Thank You

The family of Randall (Randy) LeVon Schlenz would like to thank the Fulkerson Funeral Home. the Lonsdale United Methodist Church, all of our family and friends for the cards, donations, phone calls, prayers and beautiful flowers at this difficult time. A special thanks to Pastor Vicki Waddington for her comforting and nice words and especially Albert T. McGahan at Fulkerson Funeral Home for his direction and help with all of the arrangements. Thank you also Heather Wall and Deniece Schwab for providing the music at Randy's funeral and to the Sidney Green House for the boutonnières and casket spray. In addition the family would like to thank the Lonsdale United Methodist Church Ladies for serving the lunch following Randy's funeral service.

LeVon and Dolly Schlenz and Sherry Lindley (Schlenz)

THE ROUNDUP: PO Box 1207, 111 West Main, Sidney, MT 59270 406-433-3306 Fax: 406-433-4114 Email: classads@esidney.com

Richland County

Events in Sidney unless otherwise listed. MT Zone.

Thurs., Jan. 23

11:30 am -Richland Red Hatter lunch, Depot, RSVP by Jan.21, call Peggy Hart 488-6159 or Margaret 488-

5 p.m. — TOPS, Crestwood NW entrance, Weigh-ins 5-5:30 p.m. Meeting 5:30-6 p.m.

Fri., Jan. 24

11:30 a.m. — Sidney Senior Citizen Center will be hosting a meal. For more info call 406-433-8077. 6:30 - 7:30 a.m.- Men's Breakfast Fellowship, Sidney Lutheran Brethren Church.

5 - 7 pm - Boys & Girls Club of Richland County tenth year celebration, ice cream & cake, Central Elementary Gym. For more info call 433-6763.

5 -7 pm - Throw Back Jersey Night! Sloppy Joe Feed, SHS hallway. Varsity jerseys will be available for silent auction bidding during both games.

Sun., Jan. 26

1 p.m. - Savage Senior Center cards & potluck .

3 pm - Sons of Norway, officer appreciation social, 714 E. Main, all lodge members are invited for pizza & fun. Come visit with our District President as well.

6 - 7:30 p.m. - Open skating, Ranger Arena, 801 7th Ave. SW.

6:45 p.m. — Sidney Moose Lodge Bingo, early bird 6:45 p.m. & regular session 7 p.m.

Mon., Jan. 27

11:30 a.m. - Sidney Senior Citizen Center will be hosting a meal. For more info call 406-433-8077.

6:30 p.m. — Sidney Moose Lodge Pinochle games. Tues., Jan. 28

10:30 a.m. - Meet and Greet, Richland Co. Health Dept. conference room. Come meet the new director, meet fellow volunteers, and sign up to make a difference in the community. Brunch refreshments will be provided. For more info, call Greta Mannen or Rita Jacobsen at 406-433-2207.

Fri., Jan. 31

9 am - 12 pm - Senior Commodites, Nutter Building, back door, 123 W. Main. Message phone number is

Sun., Feb. 2

3:30 pm- Are you looking for a place to watch the big football game on Feb. 2nd that has lots of people, lots of food, multiple big screens, but isn't a bar? Sidney Assembly of God is hosting a Super Party with 4 large HDTVs, including a giant 80" screen, free food, and an activity room for those who might not be so interested in the game. And it's all free. Single? Family? All are welcome! Doors open at 3:30 on Feb. 2nd. Sidney Assembly of God is located at 414 E. Main St. in Sidney, next door to White Drug. For more info, call (406)433-2550.

Mon., Feb. 3

6:30 pm – Fairview Chamber Recognition Dinner, St. Catherine's Catholic Church Multi-Pupose Room, 317 N. 7th St., \$30 per person. RSVP by Jan. 29, Call 406-480-1328.

McKenzie County

Events in Watford City unless otherwise listed. CT Zone.

Wed., Jan. 22

1 p.m. – Bingo, Watford City Senior Center, 205 5th St NW, for more info call 842-3760.

Thurs., Jan. 23

7 p.m.- Pinochle, Watford City Senior Center, 205 5th St. NW, for more info call 842-3760.

Sat., Jan. 25

6 pm - SD Rancher Relief Party, Madison Ranch Shop. Music will be provided by Alkali Flats of Beach, ND. For questions call Milt Madison 701-828-3507 or Scott Pippert 701-565-2383.

Sun., Jan. 26

10 am - 2 pm - Pancake Benefit Breakfast, Civic Center, please join the Class of 2009 in defraying expenses for Reagan Flatland's, extended stay in the NICU. Reaganis the daughter of Justin & Kalene Flatland. An account is set up at 1st International Bank and Trust, Watford City.

Mon., Jan. 27

- 1 3 p.m. Grief Recovery Support Group in the Library Sanford Room, Watford City.
- 6 8 p.m. Grief Recovery Support Group in First Lutheran Church basement, Watford City.

View all monthly events on our calendar at www.roundupweb.com.

January is Cervical Cancer Awareness Month!

Submitted by Lesley Thiessen

Cervical cancer prevention is an important issue for us. Richland County Family Planning is trying to raise awareness of cervical cancer, encourage women to take advantage of the means that are now available to prevent it, and work to make sure that these methods are accessible to girls and women in Montana. According to the National Cervical Cancer Coalition (NCCC), cervical cancer is the second most common cancer in women worldwide with 500,000 new cases and 250,000 deaths reported

each year. In 2013, the NCCC estimates that the United States will have had about 12,000 new cases of invasive cervical cancer and about 4,000 women will die from cervical cancer.¹

Approximately 268 cases of gynecologic cancers were diagnosed each year from 2004-2008 in Montana. The majority of these, about 250 each year, have been cervical cancer, which is easily detected with a Pap screening.² Women aged 21 – 65 should get regular

Pap screenings because they can effectively find cervical cancer in its earliest stages even before you notice any symptoms.²

Human papillomavirus (HPV) is found in about 99% of cervical cancers. Infection with HPV is common, and in most people the body is able to clear the infection on its own. There are now two vaccines approved for the prevention of HPV infection. Have you received your regular Pap test? Contact Lesley Thiessen, RD at the Richland

County Health Department to schedule your exam and vaccination today.

¹ National Cervical Cancer Coalition, Cervical Cancer Overview. Accessed December 2013. www.nccc-online.org

²Montana Department of Public Health and Human Services. Fast Facts: Gynecologic Cancers. Jan. 2013. Available at http://www.dphhs.mt.gov/publichealth/cancer/documents/GynecologicCancerFastFacts.pdf.

Falls Prevention Program for Older Adults Starts Next Week in Watford City

Submitted by Marcia Hellendsaas

"Stepping On," a seven-week falls prevention program, will start on Wednesday, January 29 at Outlaws in Watford City and continue for 7 Wednesdays. Each session will kick off with an optional noon meal at a cost of \$10 and the program will begin at 12:30 pm and conclude by 2:30 pm. Pre-registration is requested prior to attending by calling the McKenzie County Extension Office at 701-444-3451 or e-mailing Marcia.hellandsaas@ndsu. edu or contact Kathy Skarda at First International Bank at 701-842-2381. Your registrations are appreciated by Friday, January 24.

"Stepping On" empowers older adults to carry out healthy behaviors to reduce falls. Classes will include balance and strength exercises, developing a safe home and safe living environment, safety in the community, vi-

sion and medication review, wearing and purchasing safe footwear and sleep.

Guest speakers will include local professionals as follows: Physical Therapist Cory Samuelson, Optometrist Dr. Doug Nordy, Pharmacist Kelsey Linseth, Watford City Police Chief Jessie Wellen and more!

Classes will be highly participative and will include discussion. sharing and successes to help participants manage their healthy behaviors to reduce their risks of falls. The program is evidence based and has demonstrated that it has been effective in preventing falls in community-residing older adults.

"Stepping On" is sponsored by First International Bank and Trust, Outlaws Bar and Grill and the McKenzie County Extension Office.

For more information, please contact the McKenzie County Extension Office.



at Super Valu in Fairview, MT 303 S. Ellery Ave. | 406-742-5307

Open 6am - 5pm Every Mon, Tue, Thur & Fri 6am - 3pm Sat | 9am - 3pm Sun Serving Mexican & American Food

2014 Sidney Soccer Registration





In Person Registration: Feb 4th

5-7 pm at the Ranger Hockey Arena Recreation: \$40 per player

(Must be 5 yrs. old by April 1, 2014 up through 12th grade)

Travel: \$150 per player + \$50 Uniform Deposit

(Additional \$20 to also play Recreation. Ages 11-19)

No registration will be accepted without payment! There will be a \$15 late fee for all registrations received after February 14th.

Registration closes Friday, February 28th.

THE ULTIMATE 2013 SELLDOWN



o= "			Max Possible	
ST#		Retail		
	. 13' Fusion, titanium, AWD, blue			
	. 13' Edge Limited, AWD, white			
	. 13' Edge Sport, AWD, silver			
	. 13' Expedition EL XLT, ruby red			
3044	. 13' Flex SEL, AWD, ginger ale	\$40,780	. \$9,306	\$31,474
3082	. 13' Explorer XLT, 4x4, sterling gray	\$37,645	. \$5,490	\$32,155
3095	. 13' Edge SEL, silver	\$37,980	. \$6,616	\$31,364
3117	. 13' Edge Limited, ginger ale	\$40,190	. \$6,625	\$33,565
3148	. 13' Edge SEL, ruby red	\$38,180	. \$6,644	\$31,536
3166	. 13' Flex Limited, ruby red	\$47,460	. \$9,704	\$37,756
3019	. 13' F150 CC Lariat, blue jeans	\$50,685	. \$10,132	\$40,553
3041	. 13' F150 CC Tuscany, black	\$70,487	. \$14,823	\$55,664
3058	. 13' F150 CC Tuscany, demo, white	\$73,123	. \$20,454	\$52,669
	. 13' F150 CC fx4, blue flame			
3092	. 13' F150 CC Fx4, sterling gray	\$53,300	. \$10,475	\$42,825
3109	. 13' F150 CC XLT, sterling gray	\$43,830	. \$11,403	\$32,427
	. 13' F150 CC Lariat, silver			
	. 13' F150 CC XLT, green gem			
	. 13' F150 CC King Ranch, green gem			
	. 13' F150 S/C STX, blue flame			
	. 13' F150 CC XLT, white			
	. 13' F250 CC Lariat, pale adobe			
	. 13' F350 S/C Lariat, green gem			

ALL 2013s MUST GO!



215 East Main • Sidney, MT 433-1810 or 1-800-482-1810

*Total discounts & rebates are based on 59270 ZIP code. Not all customers will qualify for all rebates. Rebates include, but are not limited to: Financing with Ford Motor Credit & Trade-In Assistance from Ford.

Check with sales staff to verify individual rebates.

With God... ALL THINGS ARE POSSIBLE!!

Healing For: Body and Mind

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Get Your Montana Individual Income Tax Refund Quicker by E-filing Starting January 21

Submitted by Shari Hagengruber

The Montana Department of Revenue would like to remind taxpayers that they can receive their tax refund sooner if they file their taxes electronically by e-filing. Starting January 21, the

Department of Revenue will begin accepting and processing Montana 2013 individual income tax forms filed on Montana Taxpayer Access Point (TAP) https://tap.dor.mt.gov/. E-filing your state income tax return—Form 2EZ, 2M, 2 or 2EC—is free.

While January 21 is the start date for processing e-filed Montana individual income tax returns, the Internal Revenue Service (IRS) recently announced plans to open the 2014 individual income tax filing season on January 31. Tax software companies who have successfully tested and are approved for Montana e-filing may begin accepting federal/ state tax returns in January and hold those returns until the IRS systems open on January 31. What this means for Montana taxpayers is that if you e-file your federal and state individual income tax returns using IRS software or a third party software provider, the state won't receive your return until January 31 or later.

Don't get

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for your

If, however, you still prefer to file paper returns, you can find them online at www. revenue.mt.gov. You can also pick up your 2013 Montana tax forms at libraries, post offices, county offices and some banks around the state. Although paper forms are available for filing, we won't begin processing those forms until February 18 at the earliest.

Keep in mind that no matter how soon in the tax season you submit a paper tax return, you'll receive your refund faster if you e-file because of the extended time required to process paper.

"While we encourage citizens to e-file your state income taxes because you'll get your refunds faster, no matter how you file, we appreciate the effort that it takes," said Mike Kadas, director of the Department of Revenue.

Taxpayer assistance is available year-round through the department's call center. Our call center staff is prepared to answer not only individual income tax questions but most all questions about Montana's tax system.

If you have questions or need help filing your Montana tax return, please don't hesitate to call our call center toll free at (866) 859-2254, or in Helena at 444-6900. Regular call center hours are Monday through Friday, 8 a.m. to 5 p.m. Watch for our extended hours during the last week of tax season.

The department also has walk in assistance in our Helena and Missoula offices. The address of our Helena office is 125 North Roberts. Our Missoula office is located at 2681 Palmer Street. Also there are more than 100 volunteer tax preparation sites around the state through Volunteer Income Tax Assistance (VITA) and AARP Tax-Aide Montana. To find out if you qualify for free tax preparation assistance and to see a comprehensive listing of locations, visit www. montanafreefile.org. You can also access the information through the department's website at www.revenue. mt.gov.

One final note; Corporation, S-Corporation, Partnership and Fiduciary returns for 2013 will not be available for filing on TAP due to the small volume of these returns filed through the department's website for 2012. We apologize for any inconvenience to those businesses who previously filed these returns through TAP. Taxpayers can still file these returns electronically through their tax preparer or by purchasing a tax software product.

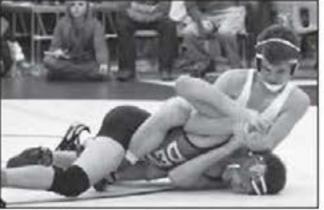




Braedon Gumke took 2nd place.

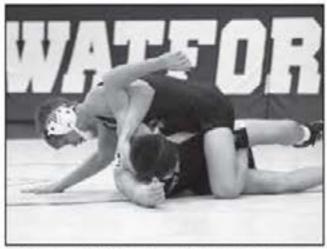


Liam Shannon was 3rd at 95 lbs.



Jade Hepper was 120 lb. champion.

Watford City Holds 2014 Levi Wisness Classic Tourney



145 pounder Colten Jore finished in 3rd place.



Logan Gumke was 3rd place at 126 lbs.

Dollars for Scholars Phoneathon Jan. 21-22

Sidney High School students will be conducting the 2014 Annual Sidney Dollars for Scholars Phoneathon. Monday, Jan. 20th and Tuesday, Jan. 21st from 5:30-8:00 pm. Be looking for their phone call. Last year the Sidney Dollars for Scholars organization donated \$21,250 to graduating seniors of Sidney High School.





SD Rancher Relief Party

Saturday, January 25th, 2014 6:00pm CST, Sleigh Rides at 1:00pm **Madison Ranch Shop, Alexander ND**

Milt and Clarice Madison would like to "Break In" their new shop by hosting a Rancher Relief Party for Richard and Lorayna Papousek of Quinn, SD. The Papouseks were significantly impacted by the Atlas Blizzard on October 4th, 2013. All proceeds raised and livestock donated will go directly to the Papouseks. Not only can you help a fellow neighbor out, but also help Milt and Clarice have a little shop warming party. Milt and Clarice will be the receiving point for donated cattle (bred heifers and heifer calves). They will feed the cattle until trucking arrangements can be made. If you are interested in making a financial contribution to help the Papouseks, please make the check payable to Richard Papousek and mail it to Milt Madison at 1691 146th Ave SW, Alexander, ND 58831. Let's pull together to help out a neighbor.

- The beef, buns, beans, coffee and lemonade will be provided. Please bring a salad or dessert, other refreshments and a chair. Supper will be at 6:00 pm CST. Music will be provided by Alkali Flats of Beach, ND for your dncing pleasure. Weather permiting, the teams will be hitched up and ready for sleigh rides at 1:00 pm CST.
- If you have questions, please call Milt Madison at 701-828-3507 or Scott Pippert at 701-565-2383

Sponsored by Milt & Clarice Madison Scott & Wanda Pippert

What Will a DUI Cost You?: Part 1

Submitted by Richland **County DUI Task Force**

"What's the big deal..I've driven home lots of times drunk, nothing has ever happened." Just because you've done it before doesn't mean you will be able to do it safely again. Ask anyone who has been charged with a DUI, with a DUI crash involving damage, injuries, or deaths... or ask the families of loved ones who have been injured or lost due to a DUI crash. IT IS A BIG DEAL! Yes everyone in our community can do something about it....

Financially a DUI is costly...but do you really know how costly?

- Fines: up to \$5000 or
- Court costs/fees: \$135 (if there is no trial)
- · Jury/witness costs: \$400-\$500 (for a trial)
- · Attorney fees: \$150 for public defender & \$70/hour if it goes to trial or \$100-\$300/ hour for private counsel
- Vehicle impound and
- · Chemical dependency assessment and mandatory alcohol classes: \$325 or · Driver license reinstate-
- ment fee: \$200 Additional options that

the Judge may order:

- Victim's Impact Panel: Cost varies
- · Ignition Interlock: \$75-\$120 installation plus \$70/ month
 - · Transdermal alcohol

monitoring device: \$10-12/ day or \$300-360/month

• 24-7 Sobriety Program:

\$4 per day or \$120/month Do you think it's a big deal yet? If the alcohol assessment mandates treatment, you could pay thousands of dollars out-of-pocket. A DUI crash may easily cost more than \$100,000 if injuries are involved. Your wages could be garnished indefinitely due to a civil judgment for personal injury and punitive damages if anyone was injured or killed while you were driving under the influence.

Figure in higher auto insurance, even health insurance rates could go up or be denied. Credit Scores could be affected raising your interest rates. Can you still afford the cost? How about if you lose your job because of a DUI conviction? With the money you spend on a DUI you could pay for your child's college education for a semester or more, take a 5-day cruise or other vacation, upgrade your boat, Jet Ski or snowmobile or even put a down payment on a new vehicle or vacation property.

Serious traffic convictions stay on your record for life....and they stack up. Your license can be suspended for 6 months on your first offense and a year or more on subsequent offenses. A fourth DUI conviction is a felony and can be considered in any future sentencing no matter how minor. A DUI conviction can affect all aspects of your life and your family's lives.

Reducing crashes, injuries and deaths related to DUIs will take effort from our entire community. Call 911 to report drunk drivers. For more information go to: Plan2live.mt.gov. If you want to help make a difference in your community, consider becoming a member of the Injury Prevention Team/DUI Task Force. Call Mary, Injury Prevention Specialist/DUI Task Force Coordinator at the Richland County Health Department 433-2207.

Assembly of God Super Party Feb. 2

Submitted by Patrick Lannove

Are you looking for a place to watch the big football game on Feb. 2nd that has lots of people, lots of food, multiple big screens, but isn't a bar? Sidney Assembly of God is hosting a Super Party with 4 large HDTVs, including a giant 80" screen, free food, and an activity room for those who might not be so interested in the game. And it's all free. Single? Family? All are welcome! Doors open at 3:30 on Feb. 2nd. Sidney Assembly of God is located at 414 E. Main St. in Sidney, next door to White Drug.

For more info, call (406)433-2550.

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Right-to-life Movement Remains Committed to Helping Mothers & Children

Submitted by Andrew Bair

As the nation observes the 41st anniversary of the Supreme Court's infamous Roe v. Wade and Doe v. Bolton decisions legalizing abortion for any reason and throughout pregnancy, National Right to Life, the nation's oldest and largest national pro-life organization, is encouraging right-to-life activists from coast-to-coast to redouble their efforts on behalf of mothers and their unborn children.

The following statement may be attributed to Carol Tobias, president of National Right to Life:

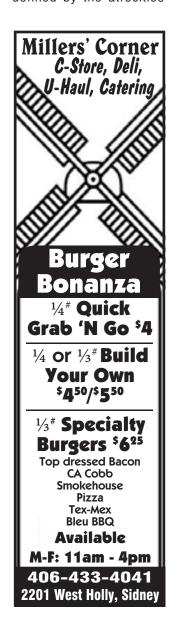
Abortion-on-demand, which has claimed the lives of more than 55 million unborn children, has remained the law of the land for 41 years. Roe is a sad commentary on our society's attitudes toward women and their unborn children. Instead of helping and empowering mothers, our society funnels them to the nearest abortion clinic.

In our society, no mother should ever feel like abortion is her only option and no unborn child should ever be considered 'expendable.' Yet every year, abortion takes the lives of more than 1.2 million unborn children, leaving their mothers susceptible to emotional and physical risks – and all of this is done under the banners of 'choice' and 'reproductive freedom.'

These terms, and their deadly consequences, not only degrade women, they dehumanize all humankind. Roe is an assault on the very foundation of our country—the principle that life is the most fundamental of all human rights.

The right-to-life movement remains more committed than ever to protecting unborn children and providing compassionate, life-affirming alternatives to their mothers.

Our humanity is not defined by the atrocities



that have been committed throughout history, but by the shining light of those who recognize injustice and refuse to be complicit through silence. What profoundly scares abortion supporters gives us enormous confidence in the future: young people are more and more pro-life.

As the next generation stands up for mothers and

their unborn children, we know that the days of Roe are numbered.

Founded in 1968, National Right to Life, the federation of 50 state right-to-life

affiliates and more than 3,000 local chapters, is the nation's oldest and largest grassroots pro-life organization. Recognized as the flagship of the pro-life movement, NRLC

works through legislation and education to protect innocent human life from abortion, infanticide, assisted suicide and euthanasia.



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- Kevin switched from a Chevy truck to a Ford F-150.

"Compared to the Honda CR-V, we really like the Escape better."

 Olivie & David switched from Honda CR-V to Ford Escape.

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Energy Roundup

Farm Credit Provides \$273,096 for Worthy Projects in Western North Dakota; Rural Community Grant Fund Supports Communities Impacted by Oil and Mineral Exploration and Production

Submitted by Teresa Kjellberg

Western North Dakota communities received \$273,096 in grants from Farm Credit, including 11 grants for worthy projects to support communities impacted by oil and mineral exploration and production.

"We are very grateful to Farm Credit for helping us to build a new safe house in Minot," said Shelly Bohl, grants coordinator for the Domestic Violence Crisis Center, located in Farm Credit Services of North Dakota's territory. "We are the only agency within 100 miles that provides emergency shelter to victims of domestic violence. The new, larger facility will allow us to provide shelter to up to 60 victims and children needing protection."

"Pride Manchester House serves North Dakota's most vulnerable children. The generous grant from AgriBank will strengthen and expand our outreach program to better serve the children and families in need of mental health services," said Susan Gerenz, director of the Pride Manchester House in Bismarck, located in the area served by Farm Credit Services of Mandan. "Pride Manchester House believes every child is a blessing and deserves to get the help they need in order to be successful."

"This time of year it is especially important for Farm Credit to give back to the communities we call home. This year we have been able to make contributions to some truly impressive organizations serving western North Dakota," said Bill York, CEO of AgriBank.

AgriBank, Farm Credit Services of Mandan and Farm Credit Services of North Dakota announced the awards under the Rural Community Grant Fund, which awarded more than \$700,000 in 2013. The organizations started the fund to support a variety of infrastructure and development projects that benefit communities in western North Dakota, including affordable housing, medical and fire emergency services, medical facilities and services, and education, Our mission is to provide products and services that exceed customer expectations

Awarded recipients in-

Abused Adult Resource Center: \$5,000 for Pam's House, an emergency shelter in Bismarck that provides emergency housing for women and children who become homeless due to violence

The Bottineau Economic **Development Corporation:** \$45,000 for the Bottineau Community Children's Academy for a building to house childcare services

Companions for Children: \$6,809 to recruit and support mentors in Minot

The Domestic Violence Crisis Center: \$36,500 for construction of a new facility to provide shelter for victims of domestic violence in Minot

Powers Lake Rural Fire Protection: \$40,000 for equipment used by first responders to free victims of car accidents

Pride Manchester House: \$31,456 for mental health services for children in Bismarck Richardton Health Center

Inc.: \$40,000 for construction of a rural health clinic Ryder-Makoti Rural Fire

Protection District: \$10,000 for a Power Cot used to lift patients into ambulances

Westhope Rural Fire Protection District: \$9,500 for portable extrication equipment to save victims of car accidents

Wildrose Fire Protection District: \$40,000 for a new fire hall

Zap Rural Fire Protection District: \$8,750 for a new

The Rural Community Grant Fund is accepting applications for future funding to facilitate infrastructure improvement and development initiatives in western North Dakota. Applications are reviewed three times a year. Interested parties should apply before April 30, 2014 and can apply at www.AgriBank.com for the next application period. Grants are awarded in, but not limited to, the following areas:

Multiple-family housing

Health, safety and environmental projects or programs Medical facilities and ser-

Medical and fire emergency services

Environmental and conservation efforts

Programs aimed at development of young leaders in agriculture, economic development or local leadership

Educational programs for kindergarten through grade 12 Recreational facilities

Arts, museums and histor-

ical projects

About AgriBank

AgriBank is one of the largest banks within the national Farm Credit System, with more than \$80 billion in total assets. Under the Farm Credit System's cooperative structure, AgriBank is owned by 17 affiliated Farm Credit Associations. The AgriBank District covers America's Midwest, a 15-state area from Wyoming to Ohio and Minnesota to Arkansas. More than half of the nation's cropland is located within the AgriBank District, providing the Bank and its Association owners with exceptional expertise in production agriculture. For more information visit www. AgriBank.com. Our mission is to provide products and services that exceed customer expectations

About Farm Credit Services of North Dakota

Farm Credit Services of North Dakota is a member-owned agricultural credit association providing loans to farmers and ranchers for real estate, machinery, livestock and operating needs. FCS of ND also offers life and disability and crop insurances to the rural

community. FCS of ND serves 17 counties in northwest North Dakota through eight branch offices located in Minot, Bottineau, Carrington, Rugby, and Williston, including Bowbells Crop Insurance (Bowbells), Schaan Crop Insurance (Rugby) and Ward County Crop Insurance (Minot). For more information, visit www.Farm-CreditND.com.

About Farm Credit Services of Mandan

In addition to operating and real estate loans, Farm Credit Services of Mandan offers agribusiness financing, livestock and equipment loans, leasing services, tax, accounting and payroll services, crop, forage and livestock insurance, life and disability insurance, stock financing for energy, feed, or food processing and a cash patronage program. Farm Credit Services of Mandan is a member-owned agricultural financing cooperative that serves a twenty-county area in southwest North Dakota, with full-time offices in Beulah, Bowman, Carson, Dickinson, Mandan, Mott, Washburn, and Wishek. For more information. visit www.FarmCreditMandan.







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DPHHS Reports Sharp Increase In Influenza-Related Hospitalizations

Submitted by Jon Ebelt

State health officials report that as of January 11, 2014 there have been 156 Montanans hospitalized for influenza-related conditions so far this flu season.

Most of these hospitalizations are recent as 139 of them have occurred since Dec. 15. These numbers reflect DPHHS influenza surveillance for the 2013-14 season, which officially began on October 1, 2013.

"Many of these hospitalizations could have been prevented since a majority of these people were not vaccinated against influenza," said Department of Public Health and Human Services (DPH-HS) Director Richard Opper, "However, it's not too late to get the vaccine. It's readily available in Montana."

In 2013, Gov. Steve Bullock and Director Opper released the "Big Sky. New Horizons." plan to improve

the health of Montanans. The plan seeks to increase the number of Montanans who receive annual flu shots from 34 percent to 60 percent.

The Centers for Disease Control and Prevention (CDC) noted the same H1N1 subtype of seasonal influenza, as seen in 2009, is causing the majority of influenza cases. CDC also reported that less than half of Americans were vaccinated against influenza during

the 2012 - 2013 influenza season.

"Influenza vaccination is recommended for all persons older than age six months," said Bekki Wehner, DPHHS Immunization Program supervisor. "It's the best way to prevent influenza."

Wehner states it's especially important for persons at higher risk for influenza-related hospitalization or death to receive the influenza vaccine. Persons at high risk of influenza complications include adults 65 years of age or older, pregnant women, and persons with certain chronic health conditions.

Fortunately, getting the influenza vaccine is more convenient than ever. Influenza vaccine is available from your doctor, local health

department, and at many retail pharmacies. For more information about influenza vaccine and the impact of influenza during the 2013 - 2014 season, please visit the DPHHS website for current influenza data, vaccine and prevention information at www.dphhs.mt.gov.

Hunter Ed Instructor Workshops Scheduled

North Dakota Game and Fish Department hunter education instructors are invited to attend one of four regional workshops scheduled in 2014.

The workshops are Jan. 25 at the Pizza Ranch in Grand Forks; Feb. 15 at the Ramada Grand Dakota Lodge in Dickinson; March 15 at the Holiday Inn in Fargo; and March 29 at the Riverside Holiday Inn in Minot.

Conference invites, workshop topics and registration information will be mailed out to all certified instructors. Instructors are asked to preregister by returning the registration form.

Hunter education instructors are men and women who volunteer their expertise and time. Anyone interested in becoming a volunteer hunter education instructor should call John Mazur, hunter education coordinator, at 701-328-6316.



Oilers Hockey

Watford City's Ted Ramage scores on a penalty shot against the Mayport Ice Dawgs. The Ice Dawgs defeated the Oilers 8-4. (Photo by Kathy Taylor)

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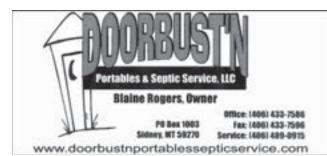
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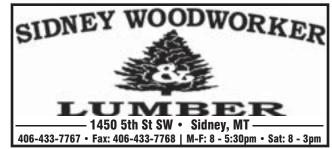
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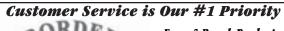








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Sidney Level 3 Gymnasts: Back Row (L-R) Codi Hasvold, Bailee Vitt, Hallie Andrews and Cheyenne

Andrews and Cheyenne Christian. Front Row (L-R) Brielle Gorder, Suttyn Barnhart, Becca Deming, Hailey Hasvold and Lilianna Johnson. (Photo by Kelly Deming)

Sidney Gymnasts Compete in Bozeman

Sidney Gymnastics Team traveled to Bozeman and competed at the Bozeman Blizzard Meet January 18 and 19th. The Level 3 Competition team proudly brought home another 2nd place win. Individual scores are as follows.

Level 4

Lorraine Coranato – Vault 7.8, Bars 7.375, Beam 7.05, Floor 7.15, AA 29.375

Bethany Wells – Vault 7.95, Bars 5.8, Beam 8.0, Floor 7.75, AA 29.5

Hannah Hasvold - Beam 7.4

Level 3

Bailee Vitt – Vault 9.3, Bars 8.55, Beam 8.35, Floor 9.175, AA 35.375

Brielle Gorder – Vault 9.1, Bars 8.15, Beam 8.65, Floor 9.05, AA 34.95

Becca Deming – Vault 9.05, Bars 8.35, Beam 8.7, Floor 8.85, AA 34.95

SIDIN 22

Codi Hasvold – Vault 9.15, Bars 8.725, Beam 8.0, Floor 9.05, AA 34.925 Lilianna Johnson – Vault

9.2, Bars 8.325m Beam 8.1, Floor 8.775, AA 34.4

Hailey Hasvold — Vault 9.15, Bars 7.75, Beam 7.925, Floor 8.775, AA 33.6

Cheyenne Christian – Vault 8.75, Bars 7.725, Beam 8.15, Floor 8.875, AA 33.5 Suttyn Barnhart – Vault

8.675, Bars 9.1, Beam 7.675, Floor 8.925, AA 34.375 Hallie Andrews – Vault

9.1, Bars 8.3, Beam 6.5, Floor 8.8, AA 32.7

Bailee Vitt – 4th Vault, 1st Floor, 7th Beam, 2nd AA Lilianna Johnson – 6th

Vault, 9th Beam, 5th AA Codi Hasvold – 7th Vault, 10th Bars, 6th Floor, 4th AA

Hailey Hasvold – 8th Vault, 7th AA Brielle Gorder – 9th Vault,

3rd Beam, 5th Floor, 2nd AA Hallie Andrews – 10th Vault, 9th AA

Suttyn Barnhart – 3rd Bars, 2nd AA

Becca Deming – 2nd
Beam, 3rd AA

Cheyenne Christian – 8th Beam, 8th AA

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Sports Booster WEEKLY SCHEDULE

Wrestling

Thursday, Jan. 23
Watford City at Hettinger, 7 pm
Williston at Sidney JV, 6 pm
Williston at Sidney Varsity, 7 pm

Fri & Sat, Jan. 24 & 25
Watford City at New Salem-Almont,
TBA

Saturday, Jan. 25
Sidney Varsity at Billings Duals, 7 pm

Monday, Jan. 27 Sidney JV/V Tourney, TBA

Tuesday, Jan. 28 Sidney JV at Laurel, 6 pm Sidney Varsity at Laurel , 7 pm

Hockey

Thursday, Jan. 23
Dickinson at Sidney Jr. Gold, 6:30 pm

Fri-Sun, Jan. 24-26
Watford City Girls 12U at Dickinson
Jamboree, TBA
Watford City Jr. Gold at Grand Forks
Tourney, TBA
Sidney Girls 12U at Dickinson Jamboree, TBA
Sidney Jr. Gold at Grand Forks Tour-

ney, TBA

<u>Friday, Jan. 24</u> Bottineau at Sidney Girls U19, 7 pm

Saturday, Jan. 25
Mandan at Watford City PeeWee,
11 am

Watford City Bantam at Williston,
1 pm
Patrices of Watford City City 10

Bottineau at Watford City Girls 19U, 1 pm Park River at Sidney Girls U19,

4:30 pm Mandan at Sidney PeeWee, 7 pm Sidney Bantam at Minot, 2:45 pm

Sunday, Jan. 26
Park River at Watford City Girls 19U,
12 pm
Watford City Bantam at Minot, 1 pm

<u>Tuesday, Jan. 28</u>
Miles City at Sidney Girls U19, 6 pm

Speech & Drama

Fri & Sat, Jan. 24 & 25 Sidney at Laurel Divisionals, TBA

Saturday, Jan. 25
Culbertson at Billings Divisionals,
TBA

Basketball

Thursday, Jan. 23
Trenton at Watford City Girls, 7:30 pm

Friday, Jan. 24
Fairview at Culbertson Girls, 6 pm
Fairview at Culbertson Boys, 7:30 pm
Bainville Girls at R&L, 6 pm
Bainville Boys at R&L, 7:30 pm
Froid/Lake Girls at Savage, 6 pm
Froid/Lake Boys at Savage, 7:30 pm
Brockton Girls at Circle, 6 pm
Brockton Boys at Circle, 7:30 pm
Glasgow at Sidney Boys, 4/5:30/7 pm
Glasgow at Sidney Girls, 4/5:30/7 pm

Saturday, Jan. 25
Watford City Boys at Beulah, 5 pm
Culbertson Girls at Med Lake, 6 pm
Culbertson Boys at Med Lake,
7:30 pm

Bainville Boys at Trenton, 6:15 pm R&L Girls at Fairview, 6 pm R&L Boys at Fairview, 7:30 pm Sidney Boys at Miles City, 4/5:30/7 pm

Miles City at Sidney Girls, 4/5:30/7 pm

Monday, Jan. 27
Watford City Girls at Beach, 8 pm

Tuesday, Jan. 28
Stanley at Watto

Stanley at Watford City Boys, 7:30 pm Trenton at Bainville Girls, 6 pm Froid/Lake Girls at Plentywood, 7 pm Froid/Lake Boys at Plentywood, 8:30 pm

Savage Girls at Lambert, 6 pm Savage Boys at Lambert, 7:30 pm

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The Lady Eagles traveled to Laurel last Friday and lost 59-35. Saturday they lost to Billings 55-50. The Lady Eagles will host Hardin, Tuesday at 5:30 p.m., Glasgow, Friday at 5:30 p.m. and Saturday, Miles City at 7 p.m. Pictured, Daryn Wolff goes up for a shot in Billings on Saturday. (Photo by Kathy Johnson)

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Front Row L-R: (Small Grower) 1. Gary & Duane Lapp, 2. Tveit Land and Cattle Co. (Larry Tveit Jr., Brad Tveit, Nolan Tveit), 3. James Asbeck, 4. Jason Rau, 5. Nollmeyer Farms Inc. (Del Nollmeyer). Back Row L-R: (Large Grower) 1. 6J Farms Inc. (Terry Cayko), 2. HD Farms Inc. (Dirk Schlothauer), 3. Brandon & Cassey Johnson, 4. Scott and Dona Flynn (Scott Flynn, Walt Prevost), 5. Rice and Sons Inc. (D.J. Rice, George Rice).





Sidney Sugars Top 10 Beet Growers 2013

Sidney Sugars honored the Top 10 Beet Growers at the annual Top 10 luncheon held last Wednesday at St. Matthews multi purpose center.

Before announcing this year's winners, agricultural manager Russ Fullmer gave an overview of the 2013 growing season. Mother Nature presented Sidney Sugars and beet growers with challenges at planting, harvesting and in between. The traditional planting date saw snow still on the ground, causing delays of a week or two. Within 2 weeks of emergence, pivots were up and farmers were looking at having to start irrigating early. Then the rains came, providing plentiful

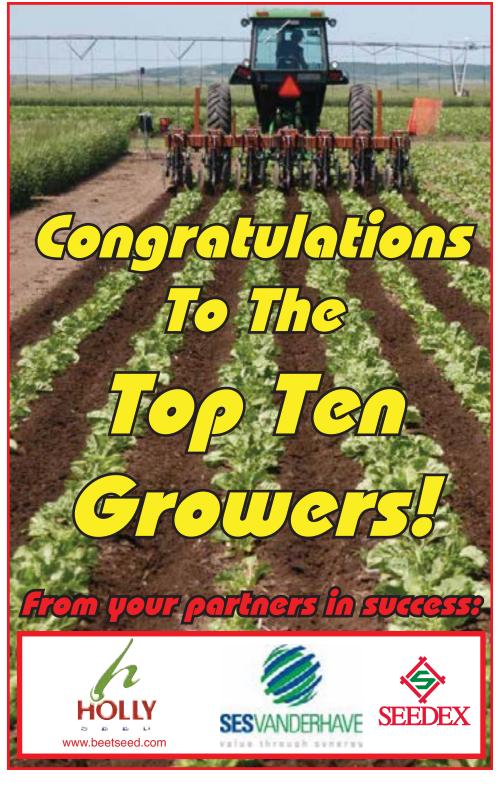
moisture throughout the spring and early summer.

Early root samples showed 26.5 tons per acre. Those estimates were downgraded after hail struck over 50% of the beets, sometimes more than once. However, average tonnage turned out to be over 27 tons per acre. Fullmer said high tonnage seems to be the new average, with everyone still trying to figure out Roundup Ready beets. However, lower sugar content is an issue that needs to be addressed. Sidney Sugars agriculturalists will be discussing that issue among others during planter meetings scheduled for February 25 and 26 at Sunrise Equipment in Sidney.

Harvest started off great, with 80% of the crop harvested in the first 10 days. The weather turned and it took the rest of October to harvest the final 20%, with the last load being delivered on Halloween.

Campaign is in full swing with an expected wrap up date of February 9. Beets in the ventilated piles at Savage and Fairview still must be hauled to the factory for processing, but that should be accomplished within the next couple of weeks..

Overall, 2013 was once again a successful year for area growers and Sidney Sugars.





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Industrial Beet Grower Meetings Scheduled

Farmers are invited to attend informational meetings on industrial beet production and processing at five locations across central North Dakota the week of Jan. 27.

Industrial beets, also called energy beets, are sugar beets bred for the biofuels market and industrial purposes. The beets are used to create ethanol and high-value chemicals.

The meetings will update farmers on industrial beet processing development efforts in the state and answer grower questions about industrial beet production and the economics of industrial beets.

"Farmer involvement is critical because processing facility siting is dependent on the local availability of beet feedstock supplies," says David Ripplinger, North Dakota State University bioproducts and bioenergy economist and assistant professor. "Because beets are sensitive to certain herbicides, and commercial processing is scheduled to begin in 2017, farmers need to plan ahead to determine which fields can be used."

Meeting locations, times and dates are:

Cando - 1 to 3 p.m., Wednesday, Jan. 29, Extension Service office, Towner County

Carrington - 9 to 11 a.m., Wednesday, Jan. 29, Carrington Research Extension Center

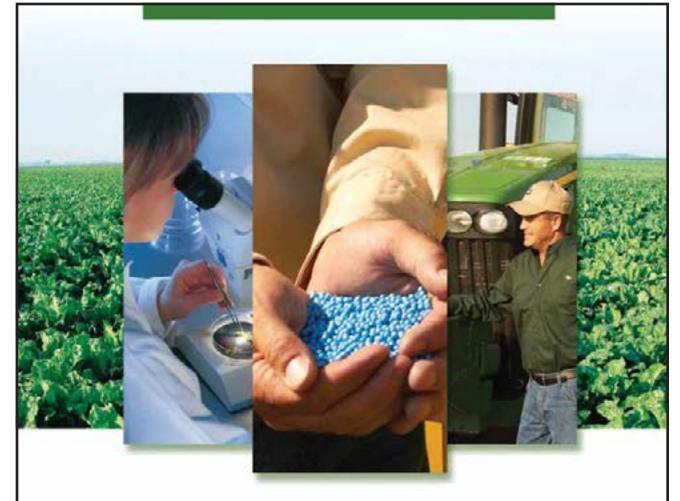
Jamestown - 1 to 3 p.m., Tuesday, Jan. 28, Farmers Union headquarters

Langdon - 9 to 11 a.m., Thursday, Jan. 30, Langdon Research Extension Center

Valley City - 9 to 11 a.m., Tuesday, Jan. 28, Eagles Club Grower meetings planned for later this winter will provide more details on beet agronomics and production economics, plus gauge farmers' willingness to grow the crop.

The development of beets as a new industrial crop is a partnership between Green Vision Group based in Fargo and Heartland Renewable Energy based in Muscatine, Iowa. The research component is led by NDSU.

Additional project funding is provided by the North Dakota Renewable Energy Council, North Dakota Agricultural Products Utilization Commission and many communities and private companies.



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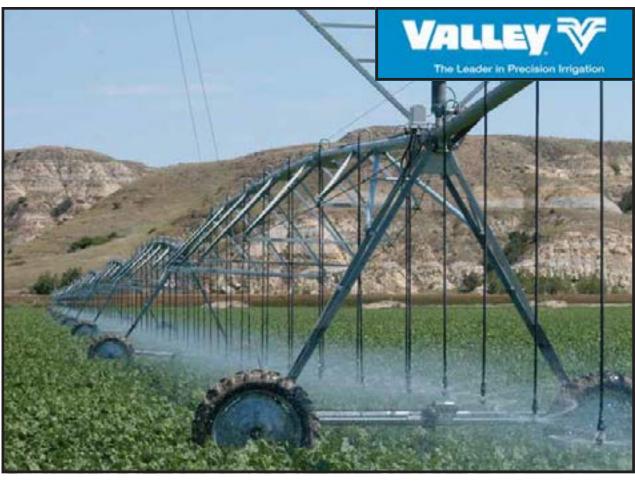
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NDSU Releases Custom Farm Work Rates Survey

The 2013 survey summarizes more than 4,800 reports from farmers and ranchers, aerial sprayers, elevators, custom harvesters and other custom operators.

The North Dakota State University Extension Service has released the results of the latest custom farm work rate survey.

The publication, "Custom Farm Work Rates on North Dakota Farms 2013 by North Dakota Farming Regions," is available at county Extension Service offices. This publication also is available on the NDSU Extension Service farm management Web page at http://www.ag.ndsu.edu/farmmanagement/.

The custom rate survey is conducted every third year. The 2013 survey summarizes more than 4,800 reports from farmers and ranchers, aerial sprayers, elevators, custom harvesters and other custom operators.

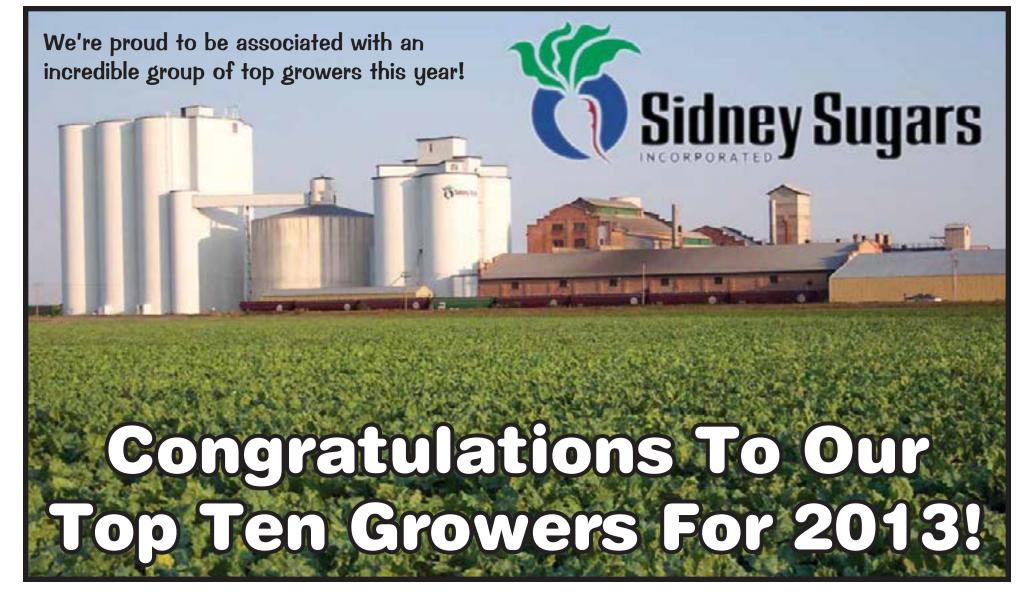
Early season operations including tillage, planting, fertilizer and pesticide application, and haying were surveyed in July and August.

Late-season operations including harvesting, drying and hauling of crops, seed preparation, and hauling hay and livestock were surveyed in September and October. Some miscellaneous operations and custom feeding of livestock are included as well.

The report shows the number of reports for each operation, the range in rates, most frequently reported rate and the average rate for each operation. Custom rates include charges for the equipment, tractor or power unit, fuel, repairs and operator labor.



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Cayko Named Top Beet Producer Three Years Running in Category

By Jaimee Green

Terry Cayko may just have soil pumping through his veins. His career of farming spans a lifetime and he has no plans of retiring. It's his passion. His family's tradition. And something he's darn good at.

As owner of 6J Farms Incorporated, he was recognized by Sidney Sugars on Jan. 15, at St. Matthews Church during an appreciation banquet that recognized area beet growers in varying categories. Cayko was recognized as the top producer in the "large, over 247 acres" category.

This is the third consecutive year he has received this recognition.

"It was an honor and an accomplishment to receive this designation because there are so many good farmers in this area. I may have been number one, but everyone was darn close because you have to be a good farmer to stay in the business," Cayko said.

He attributes his good fortune in the fields to his use of a three-year crop rotation. He uses the same rotation seasonally with his spring wheat. "Many farmers are starting to use a three-year rotation and have been for the past few years. This will be my sixth year with it and I think that is why these past few years have been good enough to allow me to be eligible as the top grower," he said.

His farm is located approximately eight miles north of Fairview by the Confluence of the Yellowstone and Missouri Rivers. This year, he and his right-hand man, Toby Miller, planted 374 acres of sugar beets, making up roughly a third of his crop. He devoted the other two-thirds of farmland to spring wheat.

This year was a wet one. Spring brought with it a fluctuating mix of rain and dry spells that made it necessary to pay close attention to opportunities for getting into the field. The trick was to get in as fast as possible without getting in too early. When it was time for the second spray the land had dried up and things were off to a good start.

In mid-August one of their beet fields was damaged by a large hail storm and the crop spent the next three weeks trying to regrow leaves.

Warmer September temperatures created optimal conditions for extra growth which resulted in high tonnage yields for many area farmers. This also

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created a condition that led to lower sugar content in the beets, resulting in a 16.58% factory average. Normal sugar content levels can be on the upwards of 18%, on average.

Cayko credits part of his success to his use of Roundup Ready beets. "This has done a lot for me and for the entire valley. Staying ahead of the weeds helps to make everything so pretty," he said.

Early in the harvest season the weather made it possible for nearly 80% of the beets to be out of the ground in roughly 10 days. Once the rain came it took nearly 20 more days to harvest the remaining 20%.

For Cayko there is a lot to be said about being a farmer in these parts. It takes perseverance and commitment. It's a proud tradition. His grandparents farmed. His parents John and Jeannette did too. He and his wife Vicky willingly followed suit. His son Jason planned to continue the tradition until his unexpected passing. And Cayko has every intention of making sure the opportunity is there for his two grandsons, Carson, 13, and Gunnar, 9. "They are the reason I will continue farming. I want them to have that opportunity because I know it's what their dad would have wanted for them," he said. "And with our daughter and her family back home we are hoping that if they would want the opportunity to follow their grandfather's tradition they could," he said.

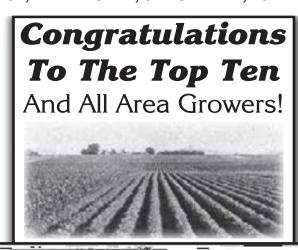
"I enjoy farming because it's an opportunity to be out in the fresh air. I love the smell of the ground in the spring when you plant. I enjoy watching the plants come up. I've been farming my entire life and it is something that will always be in my blood," he added.

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HD Farms Inc	266	33.6	16.33	31.89
Brandon & Cassey Johnso	n257	33.3	16.50	31.72
Scott & Dona Flyn	n 385	31.8	16.89	31.47
Rice & Sons Inc.	346	31.2	17.19	31.38

50 - 247 Acres

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Grower	Acres	TPA	Sugar%	Quality Rating
Gary & Duane	Lapp51	35.3	17.32	34.30
Tveit Land & Cal	ttle Co 75	35.3	17.00	
				32.80
Jason Rau	191	33.3	16.55	31.80
Nollmeyer Farm	s Inc 247	31.9	17.06	



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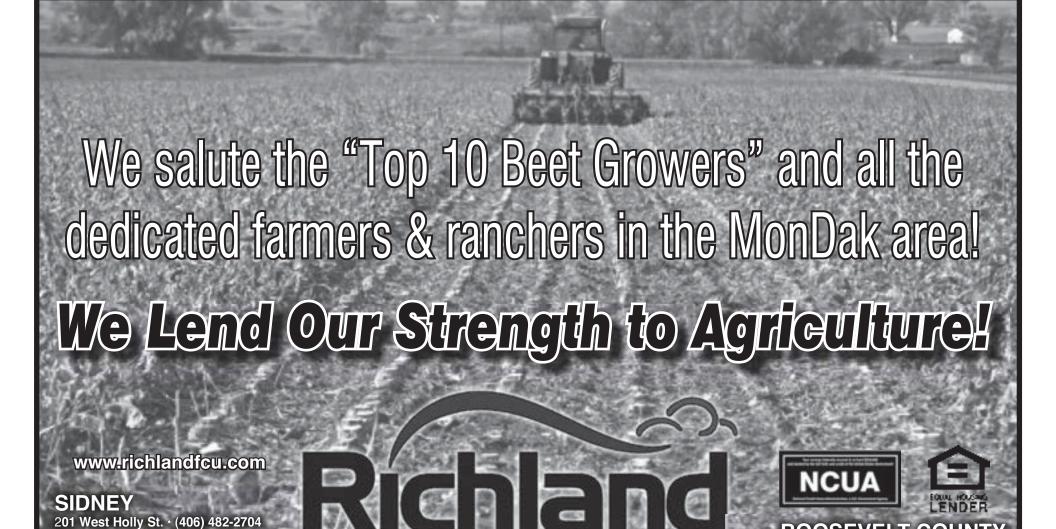
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NDSU Centers to Broadcast Cover Crop Conference

The conference will focus on prospects for cover crops and soil health improvements.

North Dakota State University's Carrington and Dickinson Research Extension Centers and the Northern Crops Institute on the NDSU campus are sites for the live broadcast of the National Conference on Cover Crops and Soil Health at 9 a.m. CST on Feb. 18.

Attending the nationwide broadcast of the Sustainable Agriculture Research and Education (SARE)-sponsored conference in Omaha, Neb., is free of charge. The broadcast is open to anyone who is interested in hearing about and discussing the prospects for cover crops and soil health improvements on American farms and ranches.

Other North Dakota sites for the broadcast are the North Dakota Farmers Union in Jamestown and Northern Great Plains Research Laboratory in Mandan.

This program will feature a live-streamed video broadcast of the opening sessions of the conference. Facilitated discussions on local issues related to cover crops, such as how to build soil health, improve yields, curb erosion, manage pests and build resilience in farming systems, will follow the broadcast.

Conference speakers include Howard Buffett of the Howard G. Buffett Foundation, a private family foundation working to improve the standard of living and quality of life for the world's most impoverished and marginalized populations, and Ray Gaesser, president of the American Soybean Association. U.S. Secretary of Agriculture Tom Vilsack also has been invited to speak. In addition, the broadcast will include a panel of producer conservationists, including Gabe Brown

of North Dakota

"This will be a great opportunity for farmers interested in cover crops and soil health to meet up with like-minded individuals from their local area to discuss both local and national issues related to cover crops," says Rob Myers, conference chairman and regional director of Extension programs for the North Central Region SARE. "We hope that farmers will come prepared with questions and ideas that they can feed back to USDA (U.S. Department of Agriculture) about programs and assistance needed for cover crops and soil health."

For more information about the conference, visit http://www.SARE.org/covercropconference.

Contact the location you plan to attend to register, which will allow the site to provide adequate accommodations, and confirm the location and other program details. The following are the contacts for each North Dakota site:

Carrington Research Extension Center – Karl Hoppe, NDSU Extension Service area livestock specialist and North Dakota SARE co-coordinator, (701) 652-2951

Dickinson Research Extension Center – Jon Stika, Natural Resources Conservation Service (NRCS) soil scientist, (701) 225-5113

Northern Crops Institute – Amy Cole, Cass County Soil Conservation District, (701) 282-2157, ext. 3

Northern Great Plains Research Laboratory – Susan Samson-Liebig, North Dakota chapter of the Soil and Water Conservation Society, (701) 530-2018

North Dakota Farms Union – Hal Weiser, NRCS soil health specialist, (701) 252-1460



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Lapp Brothers Named Top Producers for Small Farm Category

By Jaimee Green

For the Lapp brothers, it was a good season to be a

This year, they were selected by Sidney Sugars Incorporated as the top producing sugar beet farmers in the small farm, "0-247 acres" category. Winners are judged based on a formula that factors in qualities such as tonnage and sugar content levels.

"This harvest was the best one ever. The soil conditions were perfect. We had little rain and no equipment breakdowns. In a normal year, those can happen often," said Gary Lapp.

For 28 years Gary and Duane have farmed together as brothers following their dad's retirement. Together they formed a partnership in 1986 and have been at it ever since.

This is the last year they will grow sugar beets and are planning to try something new next year although they are still determining what that might be. In an effort to cut down on irrigation, this was the first fall they planted winter wheat.

"We had a good run with beets all those years and this is a good way to go out," Duane Lapp said.

Their farm is located 16 miles west of Terry in Custer County. This year they farmed 51 acres of sugar beets along with 74 acres of wheat and 180 acres of alfalfa. The remaining acres of their 450-acre farm are in summer fallow and they follow a three-year crop rotation.

Together they began growing beets in 1991 and have received this designation as a top producer four times. With a 12-year difference in age, the brothers said they developed a close relationship as adults.

Farming has been a family tradition in the Lapp family for a number of generations. Their grandparents on both their mother's and their father's side of the family were farmers. Their parents, George and Betty, began farming on their own in 1948, when they moved from Savage following World War

II. Duane remembers helping with the family business at an early age, beginning to drive equipment as early as the age of eight or nine years old.

Today, Duane and Gary find their individual strengths in farming tend to complement each other. While Gary handles managing the books and purchasing, Duane handles the irrigation and has a knack for making the day-to-day decisions

that pertain to the farmland. Gary professes to be better at handling busted machinery and driving, while Duane enjoys staying on the farm and working the daily operations.

"It's nice to have someone you can rely on to take over when you need them to," Gary Lapp said.

Both agree farming was the lifestyle they would have chosen for themselves because it affords them the opportunity to be outside while offering the flexibility of being their own bosses.

"Farming has been a good life for me and if I had the chance, I would do it again," Gary Lapp said.

"Raising beets has been fun these past years and this year was one of the best years yet," said Duane Lapp.

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NDSU Extension Service Projects Commodity Planning Prices for 2014

These planning prices can be used for preparing annual enterprise budgets and annual whole-farm cash flow projec-

Short- and long-term agricultural planning price projections for North Dakota are available, says Ron Haugen, farm economist with the North Dakota State University Extension

The publication shows 2014 price projections for crops and livestock produced in the state and price estimates for future years. Price projections are given for the major crop commodities, including wheat, durum, oats, feed barley, malting barley, oil sunflowers, nonoil sunflowers, corn, soybeans, canola, flaxseed, winter wheat, dry beans, dry peas, lentils, alfalfa hay and

Price projections for livestock and livestock products include beef steers and heifers at various weights, cull cows, slaughter steers, slaughter hogs, slaughter ewes, slaughter

mixed hay.

as a reference. "The estimated shortterm planning

lambs, feeder

lambs and milk.

The publication

also provides

historical prices

prices should be used as a guide in setting price expectations for 2014 production," Haugen says. "These planning prices can be used for preparing annual enterprise budgets and annual whole-farm cash flow projections. The short-term prices should not be used for planning capital purchases or expansion alternatives that would extend beyond the next production year."

To obtain this publication, "Plotting a Course 2014" (EC-1090), call (701) 231-7882 or write to NDSU Agriculture Communication, Distribution Center, Dept. 7070, Box 6050, 10 Morrill Hall, Fargo, ND 58108-6050, or contact a county office of the NDSU Extension Service. Requests also may be faxed to (701) 231-7044 or e-mailed to NDSU. Distribution Center@ndsu.edu. The publication is on the Web at http://www.

ag.ndsu.edu/publications/farm-economics-management.

2014 Planning Price Projections

Crop	Price	
Spring Wheat	\$6.80/bu	
Durum Wheat	\$7.10/bu	
Oats	\$3.00/bu	
Feed Barley	\$3.00/bu	
Malting Barley	\$5.20/bu	
Oil Sunflower	\$21.00/cwt	
Non-Oil Sunflower	\$31.00/cwt	
Corn	\$4.00/bu	
Soybeans	\$11.00/bu	
Canola	\$20.00/cwt	
Flaxseed	\$13.00/bu	
Winter Wheat	\$6.10/bu	
Dry Beans	\$31.00/cwt	
Dry Peas	\$13.00/cwt	
Lentils	\$18.00/cwt	
Alfalfa Hay	\$100.00/ton	
Mixed Hay	\$65.00/ton	

2014 Planning Price Projections Livestock and Milk Price/cwt 400-500 lb Beef Steers* \$207.00 \$186.00 500-600 lb Beef Steers* 600-700 lb Beef Steers** \$176.00 700-800 lb Beef Steers**s \$169.00 800-900 lb Beef Steers**s \$163.00 1100-1700 lb Cull Cows \$84.00 250 lb Slaughter Hogs \$64.00 Slaughter Ewes \$30.00 105-140 lb Slaughter Lambs \$155.00 60-90 lb Feeder Lambs \$175.00 All Milk \$19.18

- * To estimate heifer prices subtract \$ 11/cwt
- ** To estimate heifer prices subtract \$ 6/cwt
- Fourth quarter 2014 prices 5 First quarter 2015 prices

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ASB&T salutes all area sugarbeet growers, and congratulates those named Top Ten. Congratulations, and best wishes as you look forward to the 2014 growing season.

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N.D. Reclamation Conference Set for

Feb. 24-25 in Dickinson

This is an opportunity to connect with and learn from the experts about the regulations, the science behind the issues and reclamation approaches on oil development.

The second annual North Dakota Reclamation Conference is set for Feb. 24-25 at the Astoria Hotel and Suites in Dickinson.

The theme for this year's conference is "What is Successful Reclamation? The Regulation, the Science and the Application."

"This is an opportunity to connect with and learn from the experts about the regulations, the science behind the issues and reclamation approaches on oil development," says Abbey Wick, North Dakota State University Extension Service soil health assistant professor. "We hope to reach a broad audience of scientists, consultants, industry, educators and landowners with important information for the region."

Registration begins at 5 p.m. on Feb. 24. Lynn Helms, North Dakota Department of Mineral Resources director, will give the keynote address beginning at 6:30 p.m. Helms will discuss the status of oil-related development in North Dakota and the issues involved.

The convention will have three major sessions beginning at 8 a.m. on Feb. 25. The sessions are on water, soil and seeding.

Topics and speakers for the water session are:

Regulation - Bill Schuh, North Dakota Water Commission

Science – John Harju, Energy and Environmental

Research Center

Application – Mark Hoffman, Frac Water Solutions, and Stacy Aguirre, Continental Resources Inc.

Topics and speakers for the soil session are:

Regulation – Kris Roberts, North Dakota Department of Health

 $\mbox{Science} - \mbox{Tom DeSutter, NDSU associate professor} \\ \mbox{and soil science program leader} \\$

Application – Jennifer Nielsen, Good Lands Environment Inc., and Carmen Waldo, U.S. Forest Service

Topics and speakers for the seeding session are:

Regulation – Cory Barth, North Dakota Department

of Trust Lands
Science – John Hendrickson, U.S. Department of

Agriculture's Agricultural Research Service
Application – Carl Piper, Piper Land Resources Services

Application – Carl Piper, Piper Land Resources Services
LLC, and Gene Harris, Crosby Creek Consulting LLP

The cost of the conference is \$50 for those who preregister by Feb. 19 and \$60 after Feb. 19 and for those who register the day of the event. Those wishing to attend can register online at http://www.ndreclamation.com. For more information, contact Toby Stroh at (701) 483-2185 or email toby.stroh@dickinsonstate.edu. For sponsorship and exhibitor information, contact Brenda Schladweiler at (307) 686-0800 or email bschladweiler@bksenvironmental.com.

Sponsoring the event are the NDSU Extension Service, Dickinson State University, Society for Range Management and BKS Environmental Associates Inc.



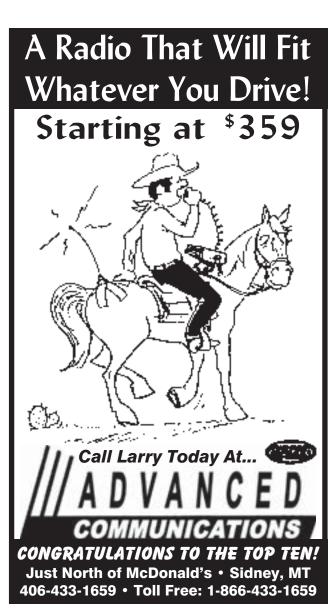
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MSU Elevates College of Agriculture Leadership to Vice Presidential Position

Submitted by Brett Gunnink

In recognition of its importance to the state's economy and to its own mission, Montana State University is elevating its dean of the College of Agriculture to a vice presidential position within the university.

The change came in the context of assessing the position as the university conducts a national search for a new leader for its College of Agriculture and the Montana Agricultural

appropriate."

"We made this change with input from representatives of Montana's agriculture industry," said Waded Cruzado, MSU president. "Agriculture is such an important part of our state's economy and such an important part of our mission as a land-grant university, this seems very

The new vice president of agriculture will also serve as the dean of the College of Agriculture, and in that role reports to MSU Provost Martha Potvin. In the role of director of the Montana Agricultural Experiment Station (MAES), the position reports to President Cruzado.

"MSU plays an important role in supporting the state's agricultural industry and I want direct communication with the person leading that support," Cruzado said.

MSU's College of Agri-

culture has 1,028 students with 11 bachelor degree programs; nine master degree programs and four doctoral degree programs from five departments and one division. Historically, it has consistently been among the top three colleges in terms of research activity. The Montana Agricultural Experiment Station conducts research at seven research centers strategically located to address the diverse climatological challenges of the state's agriculture industry.

The new vice president will be responsible for leading one of MSU's foremost colleges with six departments and one division. In all, 961 students are enrolled in one of 11 undergraduate degree programs. Additionally, there are 147 graduate students across 13 degree programs. The Montana Agricultural Experiment Station supports faculty, staff and students in on-campus departments, allied facilities, and at seven Agricultural Research Centers across Montana.

A 21-member committee has been formed to conduct the search. Brett Gunnink, dean of the College of Engineering, is the search committee's chair. The committee will be assisted by

Greenwood/Asher & Associates, an executive search consulting firm.

Members of the search committee are listed below by name and title in alphabetical order:

Shannon Arnold, assistant professor, Division of Agricultural Education;

Mary Burrows, associate professor and Extension specialist, Department of Plant Sciences and Plant Pathology;

Nico Cantalupo, Meagher County Extension agent; Jessica (Murdock) Cleveland, student services coordinator, College of Agriculture;

Ron de Yong, director, Montana Department of Agriculture; Krista Lee Evans, executive director, Montana Agricultural Business Association;

Lisa Lone Fight, graduate student, Department of Land Resources and Environmental Sciences;

Brett Gunnink, chair and interim dean, College of

Engineering; Ryan

McCormick, president, Montana Grain Growers Association;

Shannon Moreaux, assistant professor, Department of Animal and Range Sciences;

Jim Peterson, Montana state senator;

Lynda Ransdell, dean, College of Education, Health and Human Development;

Errol Rice, executive vice president, Montana Stockgrowers Association;

Tracy Sterling, department head, Department of Land Resources and Environmental Sciences;

Christiana Stoddard, associate professor, Department of Agricultural Economics and Economics:

Joyce Swartzendruber, state conservationist, USDA Natural Resources Conservation Service;

Luther Talbert, professor, Department of Plant Sciences and Plant Pathology:

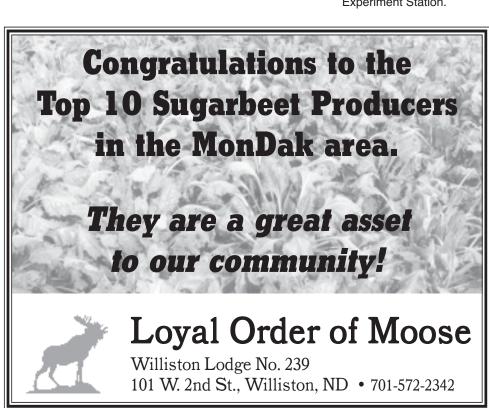
Randy Tunby, president, Montana Wool Growers;

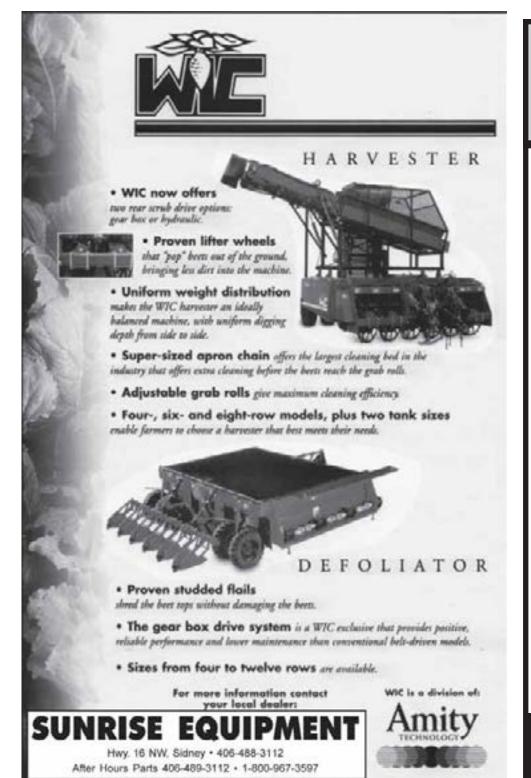
Ron Ueland, president, Northern Seeds, LLC;

David Wichman, associate professor and superintendent, Central Agricultural Research Center;

Blake Wiedenheft, assistant professor, Department of Immunology and Infectious Diseases

The College of Agriculture and the Montana Agricultural Experiment Station are currently led by Glenn Duff, interim dean and director. Dean and Director Jeff Jacobsen stepped down from the position in September after serving more than 10 years in the position.





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MSU Extension and MSGA Announce 2013 Steer of Merit Certifications, Richland County Fares Well

Submitted by Ryan J. Goodman

Montana State University Extension and the Montana Stockgrowers Association (MSGA) distinguished 135 "Steers of Merit" out of over 900 entries for 2013. Out of 775 steers entered in the Carcass Division, 111 were deemed Steers of Merit. In the Ultrasound Division, 24 out of 141 entries received the distinction.

"The Steer of Merit award promotes and recognizes the production of the highest quality of Montana beef with carcass characteristics that meet the U.S. beef industry's standards of excellence," said Errol Rice, MSGA's Executive Vice President. "We are proud to sponsor this great youth program that teaches and awards 4-H and FFA beef projects that have met or exceeded these industry benchmarks in order to meet both domestic and global consumer demand for the 21st century."

The exhibitors and breeders of the top five steers in each category were honored at MSGA's Annual Convention, Dec. 12-14 in Billings at the Holiday Inn Grand Montana. The top five steer entries in the Carcass Division were: 1) Timothy Eash, Lincoln County (Ed Braaten, breeder); 2) Randy Kramer, Carbon County (Justin Oswald, breeder); 3) Karleigh Bolin, Missoula County (Jeremy & Kate Roberts, breeder); 4) Kayla Sylvia, Lewis and Clark County (Troy Wheeler, breeder); and 5) Lane Brush, Madison County (Gerald Brush, breeder).

The top five steer entries in the Ultrasound Division were:

1) Mackenzie Lepley, Yellowstone County (breeder unknown);

2) Ty Handy, Richland County (Larry & Lauri Handy, breeder);

3) Brielle Gorder, Richland County (Allen Gasho, breeder); 4) Shelbie Oblander, Yellowstone County (Pam & Dale Bilyeu, breeder); and 5) Jalyssa Gorder, Richland County (Gartner-Denowh Angus Ranch, breeder).

The number of Steer of Merit certifications for 2013 increased by nine steers, with 26 more entries submitted compared to 2012.

"Steer of Merit certification didn't change much in 2013 compared to 2012," said Rachel Endecott, Montana State Extension Beef Cattle Specialist. "This was the second fair season under the new hot carcass weight and back fat standards set by the Steer of Merit Committee in 2011; perhaps some adjustment to the new standards is occurring. And summer 2013 probably had better cattle feeding weather and conditions than summer 2012."

The Montana Steer of Merit program was initiated in 1967 as a joint effort between the Montana Stockgrowers Association and Montana State University Extension. The program was designed to measure, record, and improve carcass characteristics in beef cattle. Data from these carcasses has been summarized and analyzed statistically. Over time, significant increases have been made in quality grade and in yield grade, or cutability, indicating that cattle can be selected for leaner carcasses with higher cutability and still maintain high quality grade as reflected by marbling.

To be designated a Steer of Merit, carcasses are evaluated by a qualified individual using information that relates to yield of lean meat and eating quality. Beef carcasses must meet criteria set by the Steer of Merit Committee in the areas of hot carcass weight, dressing percent, fat thickness over 12th rib (back fat), total rib eye area, yield grade, percent cutability, and quality grade. Computer software programs help compile data and rank carcasses for state and county awards. Data is also analyzed periodically to track genetic and feed manage-



ment progress. The minimum standards for Steer of Merit are reviewed each year and the program is updated to meet the changing industry standards.

For more information about the Steer of Merit program, call Rachel Endecott, Montana State Extension Beef Cattle Specialist at (406) 994-3747.

Congratulations Top Ten Growers!



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MSU Extension Offering New Publication On Managing Herbicide-Resistant Weed

Submitted by Alice Schaefer

Montana State University Extension has a new research bulletin on glyphosate-resistant kochia. The guide outlines best management practices and herbicide recommendations for growers, and it is available from MSU Extension at no cost.

"Glyphosate-resistant Kochia in Montana," gives an introduction to kochia weed biology and helps readers understand the development and spread of the evolutionary weed, and the best practices to contain and manage herbicide-resistant weed populations. Glyphosate is a broad-spectrum herbicide, known as Roundup, or by other generic names.

Authors Prashant Jha, weed scientist at the Montana State University Southern Agricultural Research Center, and Kent McVay, Extension cropping systems agronomist, included

full-color photos in the eight-page guide that shows full-grown plants, close-up leaves and field growth characteristics to aid in identification. The publication was printed in part with funding obtained from Montana Wheat and Barley Committee.

"It is important for growers to combat herbicide-resistant kochia with as many tools as they can now to mitigate the risk of further spread in Montana," said Jha. Furthermore, development of kochia populations with stacked/multiple resistance to two or more herbicide groups would be a concern for growers, if not managed proactively, he said.

The glyphosate-resistant kochia bulletin is free, and can be ordered from Montana State University Extension Publications at (406) 994-3273, or at orderpubs@montana.edu or downloaded at http://store.msuextension.org/.

Congratulation Top Ten Growers! We appreciate your valuable contributions to our area. Your Farm & Commercial Headquarters! 1801 2nd Ave W. Williston, ND Call 1-800-888-2927 or 701-577-2927

Glendive Agri-Trade Expo

Submitted by Kathy McLane

The 36th annual GATE (Glendive Agri-Trade Expo) is quickly approaching - so mark your calendars and plan to spend an enjoyable weekend Friday, February 7th and Saturday, February 8th, 2014.

Doors open Friday from 9AM-6PM

Saturday 9AM - 4PM

Join us for exceptional seminar speakers:

Friday 11:00 AM Echelon Ag "Advanced Technology -Precision Ag Now & In The Future"

Friday 1:30 PM Estate Planning "When the South Forty Needs a 1040"

Saturday 10:00 AM Estate Planning "When the South Forty Needs a 1040"

Saturday 1:30 PM 4-H is Great

Raffle tickets for four firearms: Grand Prize: Remington 700 CDL SF 30-06. 1st Prize: Remington Versamax Sportsman 12 ga. 2-3/4-3-1/2 28" Barrel, 2nd Prize: Savage M-25 Walking Varmenter 17 Hormet Blue/Synthetic & Konus/scope 3rd Prize: S&W Body Guard 380 w/Laser. Drawing will be 3PM on Saturday, February 8th at the EPEC.

Friday evening beginning at 6PM is a social at the Moose Lodge followed by dinner and dance with the music of the L.A.W. band. This year's banquet entertainer is cowboy humorist DW Groethe.

NILE Scholarships Now Available

Submitted by Kelsi Gambill

The NILE Scholarship program funded by the NILE Foundation, is now accepting applications for scholarships for the 2014-2015 academic year. Since 1990, the NILE has awarded scholarships to deserving FFA and 4-H students that have been actively involved in their respective programs and communities, excelled in the classroom, and participated in NILE events. "New this year are the Joe Fouts Memorial 4-H and FFA Scholarships. Awarding this scholarship to both a 2014 graduate and 4-H member as well as a graduating FFA member is truly an honor. All of us at the NILE are thrilled to continue the mission of the organization by assisting in the education of our youth." says Jennifer Noble, General Manager of the NILE. "Fouts was a member of 4-H for 10 years and remained a strong supporter of 4-H and FFA throughout his life. These scholarships will continue his legacy of support for these organizations."

Similar to last year, the NILE Scholarship Committee will be awarding three levels of scholarships. First will be the one-time scholarship awarded to high school seniors, similar to what the NILE has always done. The second level of scholarships offered will also be a one-time grant, but will be for students already enrolled in College or a Vo-Tech school. Finally, the third level, which will offer the greatest scholarshipped amount, will be a rolling scholarship. The rolling scholarships will be offered to a select group of High School Seniors who will have the opportunity to renew the scholarship yearly, up to four years of their secondary education. Recipients of rolling scholarships will be chosen from the pool of applicants that are current seniors in High School.

Each year the NILE touches the lives of nearly 10,000 youth through its many programs, events, "live" animal scholarships, and college scholarships. Every year the NILE provides over \$55,000 in cash and live animal scholarships.

The NILE Foundation was established in 2009 as a supporting arm of the NILE organization, which is dedicated to the promotion of livestock, agriculture education, and respect for the western culture.

Scholarship applications and guidelines can be found at the NILE's website, www.thenile.org/scholarships or by contacting the NILE Office. Applications must be into the NILE Office by March 14, 2014. Applications incomplete or late will not be considered. Scholarships will be awarded and announced in April.

The Montana Dakota Beet Growers Association would like to say a big

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to everyone who helps make beet harvest happen... both in the field & at the factory. Thank you for taking time from your regular jobs to work at the piling stations & the factory & to drive beet truck. We sincerely appreciate all of you!

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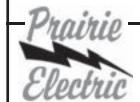
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Menus

Sidney School

Thurs., Jan.23: Pizza, vegetable medley, pineapple tidbits. Fri., Jan. 24: Chicken taco. salad, peaches, pudding. Mon., Jan. 27: Hot dog, tator

tots, applesauce. Tues., Jan. 28: Chicken nuggets, potatoes & gravy, peaches, dinner roll.

Weds., Jan. 29:Soft shell taco, pears.

Fairview School

Thurs., Jan. 23:Goulash, tossed salad, green beans,

Fri., Jan. 24: NO SCHOOL Mon., Jan. 27:Chicken fettucine alfredo, tossed salad, broccoli, garlic toast.

Tues., Jan. 28: Soup and sandwiches, raw vegetables,

Weds., Jan. 29: Taco hotdish, rice, fruit, pudding.

East Fairview

Thurs., Jan., 23: Baked chicken, garden blend rice, glazed carrots, peaches.

Fri., Jan. 24: NO SCHOOL. Mon., Jan. 27: Chili, com bread, carrot sticks/ranch, apple halves. Tues., Jan. 28: Chicken & noodles, green beans, red grapes. Weds., Jan. 29: Hot ham & cheese, rice, garden salad, orange slices.

Richey School

Thurs., Jan. 23: Sausage & egg casserole, french toast, oranges. Fri., Jan. 24: Corned beef & veggie bake, bread, fruit. Mon., Jan. 27: Taco salad, fresh fruit, pineapple cake. Tues., Jan. 28: Ham & scalloped potatoes, salad, apples, bread.

Weds., Jan 29: Chicken burger, potato salad, baked beans, fruit, banana pudding.

Savage School Thurs., Jan. 23:Taco hot dish, refried beans, green salad, grapes.

Fri., Jan. 24: Beef stew, bread sticks, citrus cups. Mon., Jan. 27: Chicken nuggets, oven rice, applesauce, carrots/broccoli.

Tues., Jan. 28: Hamburger/ mashed potatoes, green beans/mixed veggies, dessert, pears.

Weds., Jan. 29: Tostados. refried beans, fruit cocktail.

Rau School

Thurs., Jan. 23: Cook's choice

Fri., Jan. 24: Meat/cheese wraps, pretzels, veggies,

apples. Mon., Jan. 27: Chicken alfredo, green beans, peaches, bread stick.

Tues., Jan. 28: Ham & potato casserole, peas & carrots, applesauce

Weds., Jan. 29: Cooks choice.

Froid School

Thurs., Jan. 23: latertot hotdish, apricots, salad bar. Fri., Jan. 24: Chicken pot pie. salad bar, jello.

Mon., Jan. 27: Biscuits & gravy, hashbrowns, scrambled eggs, apple slices.

Tues., Jan. 28: Polish dogs w/ sauerkraut, smileys, grapes. Wed., Jan. 29: Baked ham, scalloped potatoes, carrots. brownies w/sprinkles.

Lambert School

Thurs., Jan. 23: Tuna noodle hot dish, peas, applesauce.

Fri., Jan. 24: BBQ pork sandwich, baked beans, potato salad, peaches.

Mon., Jan. 27: Chicken & noodies, cheese, crackers, grapes. Tues., Jan. 28:Roast beef, mashed potatoes, gravy, peas, pears.

Wed., Jan. 29: Super nachos,

no salad bar.





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Kieson Receives Education Assoc. Scholarship

Mamie Kieson, daughter of Craig and Carol Kieson of Keene was recently selected to receive the \$250 scholarship from the Watford City Education Association. Mamie is a senior at Dickinson State University majoring in math education. She is currently doing her student teaching in Ellendale, ND.

Anyone, from McKenzie County, who is a junior or senior majoring in education, is eligible to apply for this scholarship. It is given during the semester that the person is student teaching. To apply, contact Joy Patten at the Watford City Elementary School or go to the school website and on to the scholarship link.





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SHS Speech & Drama **Competes in Huntley Project**



Sidney High School Speech and Drama Team travelled to Huntley Project to compete in the largest meet of the season. Competing against 27 schools (Class AA, A, B & C), the Speech team led by the amazing Gail Staffanson took 3rd in Sweeps and the Drama team following the direction of Christy Pierce dominated and took 1st in Drama Sweeps. Speech Team: Extemp: Danny Johnson placed 2nd, Zach Sommerfield placed 4th. Impromptu: there were 24 competitors and Kasey Gorder placed 3rd, Micheal Stevens competed. Expos: Morgan Barnett competed. OO:there were 15 competitors and Michael Waddell placed 3rd. HOI:there were 43 competitors and Christian Anglesey placed 2nd SOI:there were 36 competitors Laura Elmore placed 7th. Drama Team: Hum Solo:Kaitlyn Tibbits competed. Hum Duo: there were 26 competitors and Emily Schaff & Tessa Hill placed 1st, Lexie Brunsvold & Tess Ler competed Serious Solo: there were 17 competitors and John Elmore placed 2nd, Rachel Ledgerwood placed 8th. Classical Duo: There were 10 competitors Camden Berka & Sarah Turek placed 2nd Mark Lapan & Ariana Gaskin placed 5th. The team heads to Laurel for Divisionals next weekend.



Emily Schaff, Coach Christy Pierce, Tessa Hill First Place Hum Duo. (Photos by Christy Pierce)

