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Wednesday, October 5, 2022

Volume 48 • Number 35

New Orthopedic & Sports Physical Therapist Comes To Sidney

By Jaymi Mozeak

Dr. Jodi Oakland, an area native, and traveling physical therapist has decided to bring her practice home. Dr. Oakland officially opened 406 Orthopedic & Sports Physical Therapy on Monday, Sept. 26.

Oakland has been practicing since graduating with a Doctorate of physical therapy from the University of Mary in 2016. She was a traveling contract physical therapist for six years, assisting many different people with injury prevention and recovery including military personnel and college athletes. She has a special interest in orthopedics and sports and is dedicated to providing evidence-based treatments for all ages. She holds certifications in concussion assessment and medical management, is a HawkGrips Certified Practitioner, and utilizes instrument-assisted soft tissue mobilization techniques. Dr. Oakland is a Certified Manual Trigger Point Therapist and she is a Certified Dry Needling Practitioner. She will no longer be a traveling physical therapist. Now, she will meet with patients at her new location on Central Ave., Sidney.

406 Orthopedic & Sports Physical Therapy wants to assist clients in living an active and pain-free life. They also want to be a resource for the community, coaches, athletes, and trainers. The clinic is direct access and does not require a referral. For a one-on-one consultation, new patients can fill out a form or schedule an appointment on the practice website. Patients may also call to schedule an appointment. Each appointment will be one on one for a full hour with the doctor. A customized plan will be specifically designed for each client, based on their unique injury or goals.

406 Orthopedic & Sports Physical Therapy is located at 216 S. Central Ave., Sidney, across from Centre Theatre and Big Sky Cookie Company. They are open Monday-Thursday, 7 a.m.-3 p.m. Their website is www.406orthopedicandsportspt.com and they can be reached by phone or text at 406-478-7769.



Dr. Jodi Oakland, PT, DPT, HGCP-1, CMTPT opened her new business, 406 Orthopedic & Sports Physical Therapy, in Sidney on Sept. 26. (Photo by Jaymi Mozeak)



406 Orthopedic & Sports Physical Therapy Ribbon Cutting, Sidney, Sept. 26

Pictured from left, Chamber board member Hanna Jepsen, Rita Oakland, little Carter and his father, Grant Nehring, owner Dr. Jodi, Kassie, Brandon, Marian and Wayne Oakland plus Chamber board member, Elaine Stedman, all came to the ribbon cutting ceremony for 406 Orthopedic & Sports Physical Therapy. (Photo by Jaymi Mozeak)



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Fatal McKenzie Co. Motorcycle Crash Under Investigation

A 45-year-old Sidney man was involved in a motorcycle rollover, 3 miles north of Cartwright Sept. 29 at 8:08 p.m. CST.

The 2016 Indian motorcycle was traveling southbound on Cty. Rd 16 and failed to negotiate a curve in the roadway. The driver lost control, entered the ditch and rolled.

The driver was taken to Sidney Health Center by Fairview Ambulance. He was life flighted to the hospital in Billings. He succumbed to his injuries sustained in the crash on Sept. 30.

The driver wasn't wearing a helmet.

Assisting in the crash were North Dakota Highway Patrol, McKenzie County Sheriff's Office, Fairview Fire Department and Fairview Ambulance

The crash remains under investigation by the North Dakota Highway Patrol.

A Generous Gift May Benefit Those Traveling For Cancer Care

By Jaymi Mozeak

After the loss of both of his parents to cancer, Jay Williams and his wife Rhona gave the Sidney Health Center Cancer Center a very helpful gift.

For 11 years, people from all across eastern Montana have been coming to Sidney Health Center's Cancer Care Center for cancer treatment. The center has offered TomoTherapy Hi-Art radiation from the start, making the cancer center the first of its kind in Montana and currently the only one within 200 miles. Typical health insurance policies do not cover the costs of lodging, meals, and gas that comes with traveling for treatment. According to Cancer Care Center Director, Beth Mindt, while chemotherapy patients may have days or even weeks between treatments, patients needing radiation often need it every day to be effective. For patients they have had that have come from out of the area, travel costs can quickly add up and, if their treatment should start or continue into winter the harsh Montana weather would add to their difficulty. A few people, businesses, and organizations have noticed the problem and longed to help with this for traveling patients.

With the sad passing of two of Sidney's long-term residents, a very generous donation has been made to Sidney Health Center

to help remedy a part of that problem. James and Janice Williams moved to Sidney in 1969 with their six-year-old son, Jay. Jay grew up in Sidney watching his parents enjoy sports like tennis, volleyball, and golf. His mother also liked to bake and do crafts for different organizations to help with fundraising. Jay graduated and moved away to attend college and start his own family. His parents retired and moved into a condominium on the golf course. In 2007, James Williams lost his four-year battle with cancer and, in 2021, Janice succumbed to it as well. Jay's father had not had the benefit of there being a cancer center in Sidney, however, Jay felt that his mother received the highest quality of care at Sidney's Cancer Care Center. Because of her care, upon receiving his

parent's condominium, Jay Williams and his wife, Rhona, donated it to the Sidney Health Center to be used as temporary lodging for cancer treatment patients from out of town.

Continued on page 3A

Area Schools Celebrate Homecomings

Owen Lonski and Leah Entz were crowned king and queen at homecoming coronation in Sidney last Tuesday night. Visit roundupweb.com for more photos. (Photo submitted)



Fairview Homecoming King and Queen Hunter Sharbono and Mekenzy Lopez. Visit roundupweb.com for more photos. (Photo by Keri McPherson Photography)

The condominium that became the Williams Place was the retirement home of former Sidney resident, Jay Williams.



He donated it to the Sidney Health Center in his parent's memory and appreciation of his mother's care by the health center's Cancer Care Center during her battle with cancer. (Photo by Toni Zieske)

Pitchfork Fondue, Sidney, Oct. 6

On Thursday, Oct. 6 The Shinnick Memorial Charitable Foundation is sponsoring a pitchfork fondue of flat iron steak, salad, potato and dessert at the Sidney Elks Lodge. Beverages will be available for purchase at the Elks Bar. Tickets are \$35. The social begins at 5:30 p.m. with dinner at 6:30 p.m. There will be live music, dancing and a lot of fun.

The tickets will be available at Tami Maltese CPA office; Fink Dental Center and St. Matthew's Catholic Church (after mass only).

Farm Bureau Fall Fest, Oct. 8

On Saturday, Oct. 8 Richland, Dawson, Wibaux, McCone & Prairie County Farm Bureaus will be hosting their Fall Fest at the Richland County Event Center. The event will start at 5 p.m. with a social followed at 5:30 p.m. with dinner, keynote, and dancing. Guest speaker will be Amanda Radke and live music by "Time in the Saddle". All are welcome! You can get your \$10 ticket online at mfbf.org/events through Oct. 1, or \$15 a ticket at the door. For more information visit the Richland County Facebook page and if you have any questions contact Tienna Canen, 406-941-2738.



Alexander Homecoming was Sept. 19-24. Hunter Hanig and Paige Johnson were crowned King and Queen. Visit roundupweb.com for more photos. (Photo submitted by Amber Severson)



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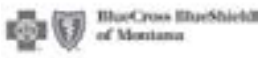
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21-25 feet	\$500
26-30 feet	\$600
30-40 feet	\$700
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Storage fees are for 6 months
beginning October 25, 2022,
through April 25, 2023.

Call 406-489-8338 To Make Arrangements

Sidney • Fairview • Savage • Lambert

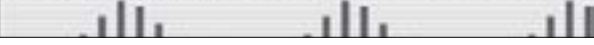
Senior Center Events

Congregate Meals:
Fairview: Mon. & Wed., 11:30 a.m., 217 5th St. West, 406-742-5050
Sidney: Tues. & Fri., 11:30 a.m., 813 3rd St. NE, 406-433-8077
Savage: Thurs., 12 p.m., 178 E Main St., 406-776-9980
Lambert: Tues., 12 p.m., Fox Lake Sr. Center, 406-774-3439

Activities/Cards
Fairview: Men/Cards, Mon.-Fri. daily at 12:30 p.m.;
Women's Cards: Wed. at 12:30 p.m.; 217 5th St. West, 406-742-5050
Sidney: Cards Thurs., 1 p.m.; 813 3rd St. NE, 406-433-8077
Lambert: Cards, Tues., 1 p.m.; Fox Lake Sr. Center, 406-774-3439

Senior Commodity Distribution
2190 W Holly St., 406-433-3701; the last full Wed., 1-4 p.m.; Thurs., 9 a.m.-4 p.m.; & Fri., 9 a.m.-12 p.m.

STATISTICS



LAKE WATER LEVEL REPORT

Sakakawea

Current Elevation.....	1834.0
Last Week's Elev.	1834.3
One Year Ago	1831.3
Release For Day (C.F.S.)	14,000

SIDNEY WEATHER DATA

Source: MSU Eastern Agricultural Research Center

Date	High	Low	Precip.
Sept. 26.....	76	41	0.00
Sept. 27.....	75	38	0.00
Sept. 28.....	86	50	0.00
Sept. 29.....	86	40	0.00
Sept. 30.....	77	47	0.00
Oct. 1	58	52	0.38
Oct. 2	65	52	0.47
Total 2022 YTD Precipitation.....	13.42		

OBITUARIES

Barbara Bauman, 81 Billings, MT formerly of Fairview, MT

Memorial mass for Barbara Bauman, 81, Billings, MT formerly of Fairview, MT are at 10 a.m., Thursday, Oct. 6, 2022, at St. Catherine's Catholic Church, Fairview, MT with Fr. Jim O'Neil officiating.

Wake services will be held on Wednesday, Oct. 5, 2022, at 6 p.m., at St. Catherine's Catholic Church, Fairview, MT. Inurnment will be in Fairview Cemetery, Fairview, ND under the care of the Fulkerson-Stevenson Funeral Home, Sidney, MT.

Remembrances, condolences, and pictures may be shared with the family at www.fulkersons.com.

Barbara passed away on Saturday, Oct. 1, 2022, in Billings, MT.

A. "Coon" Simard, 89 Sidney, MT

Visitation for A. "Coon" Simard, 89, Sidney was from 3-6 p.m. on Friday, Sept. 30, 2022, at Fulkerson-Stevenson Memorial Chapel, Sidney, MT. Fulkerson-Stevenson Funeral Home, Sidney, is caring for the family. Remembrances, condolences, and pictures may be shared with the family at www.fulkersons.com.



A. "Coon" Simard

A. "Coon" Simard was born on Dec. 9, 1932, to Samuel and Gertrude (Dotson) Simard in Sidney, MT. Coon joined eight siblings: three brothers and five sisters. He grew up on the family farm, where he milked cows, which he hated, and raised sugar beets, which he loved.

He married Martha Scott on Feb. 13, 1959, and together they raised four children. As their family grew, the three boys worked alongside their dad raising sugar beets until the family sold their farm in 2001.

Coon loved hunting and fishing and always knew the best spot to catch the biggest fish. When he was in his forties, he'd often go hunting. Sometimes the animals weren't quite dead — once, a couple of rabbits escaped from the trunk, almost frozen but they got away!

A. "Coon" Garrison Simard passed away at his home surrounded by his family in Sidney, MT on Tuesday, Sept. 27, 2022.

Coon is survived by: his wife of 63 years, Martha Simard; three sons, Samuel (Susan), Joseph (Kerri), and Brent; one daughter, Tracy (Billy); seven grandchildren, and 10 great grandchildren with two more on the way.

He is preceded in death by: his parents, Samuel and Gertrude; infant son, Scott; five sisters, Audrey, Sis, Corrine, Verona, and Melba; three brothers, Bobby, Bud and Edsel; his parents-in-law, and brother-and sister-in-law.

Red Cross Blood Drive, Sidney, Oct. 18

There will be a Red Cross Blood Drive on Tuesday, Oct. 18, from 12-6 p.m. at St. Matthew's Parish Center, 310 7th St. SE. Advance appointments are strongly recommended as there is limited availability for walk-ins. Please call 406-868-0911 or 1-800-733-2767 or visit redcrossblood.org to make an appointment.

Kiwanis Fruit On Sale Now

By Dianne Swanson

It's Kiwanis fruit sales time once again! The club's biggest fundraiser, which all goes to support youth in our area, is on now through Sept. 28. New this year are honeycrisp apples, adding to the popular gala apples and Bartlett pears. Anyone wishing to contribute but who can't use the fruit may consider donating to The Boys and Girls Club or local food banks and schools.

Boxes are \$30 each and available from any Kiwanian. Delivery will be mid-October.

St. Matthew's Catholic Church Fall Dinner, Oct. 16, Sidney

St. Matthew's Catholic Church will be having their Fall Dinner Sunday, Oct. 16 from 11 a.m.-2 p.m. at St. Matthew's Parish Center, 310 7th St. SE.

Turkey, dressing and all the trimmings, including home-made pies will be served. The price per plate is \$12 and children 5 and under are free.

Early Bird Discount Available For Silver Bells Craft & Vendor Show

By Dianne Swanson

Silver Bells Craft & Vendor Show, Nov. 26 in Fairview, is shaping up to be an exciting day full of fun and shopping opportunities for everyone. Organizer Faith Oakland outlined some of the highlights for the day including a kids crafting corner, music and Allison's Cookie Jar with adult classes. Over 25 booths are already spoken for and will include the first sales of the amazing new ornament for 2022 as well as stickers featuring the new Fairview logo.

Take advantage of this excellent opportunity to market your business, and enjoy an early bird discount from now through Sept. 30, with spaces only \$35. After that date, spaces will be \$40. Contact Oakland by TEXT at 406-480-1476 or email her at faithoakland@gmail.com.

Silver Bells Craft & Trade Show takes place Saturday, Nov. 26 from 10 a.m.-4 p.m. at the Fairview High School followed by the popular Lighting of the Bridge.

EVENTS

SEND US YOUR EVENTS!

THE ROUNDUP: PO Box 1207 • 111 West Main • Sidney, MT
406-433-3306 • Fax: 406-433-4114 • Email: classads@esidney.com

RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone.

Tues., Oct. 5
10 a.m.-4 p.m. - **Exhibition of Works by Medicine Lake Teacher & Artist Annie Waldow** - Through Nov. 26 - **Visual Artists Exhibition (WAVA)** - Through Nov. 26. MonDak Heritage Center, Tues.-Fri., 10 a.m.-4 p.m.; Sat., 1-4 p.m. For more info call 406-433-3500, e-mail mdhc@richland.org.

Wed., Oct. 5 - Sun., Oct. 9 Setup Displays
6th Annual Hay Bale Decorating Contest - Voting: Oct. 10-25; Prizes awarded Oct. 28.
Wed., Oct. 5, 12, 19 & 26
10:30 a.m. - **Storytime** - Sidney-Richland County Library.

Thurs., Oct. 6
5:30 p.m. Social - **Pitchfork Fondue Shinnick Memorial Charitable Foundation** - 6:30 p.m. dinner. Delicious dinner, live music, dancing & lots of fun. Elks Lodge. Purchase your \$35 ticket at Tami Maltese CPA, Fink Dental, St. Matthew's Church (after mass only) or call 406-488-4495 to reserve & pay at the door.

Fri., Oct. 7
7 p.m. - **2022-23 Big Sky Concert Series - Def-is Electric Repertoire** - MonDak Heritage Center. Season tickets can be purchased at the door: adults \$60, senior \$55, & students \$35. MonDak Heritage Center. For concert info contact Leann, 406-433-3500, Jill Wagner 406-489-4304, or Candy Markwald 406-488-4155.

Sat., Oct. 8
7:30 a.m.-12 p.m. - **Richland County Farmers Market** - Richland County Courthouse parking lot, corner of 2nd St NW & 2nd Ave NW.
5 p.m. - **District 6 Farm Bureau Fall Festival** - Dinner, inspirational speaker & dance. Open to members & non-members. Richland County Event Center. See Richland County Farm Bureau Facebook page for more info.
6:30 p.m. Doors Open - **HarvestFest** - Seasonal beer tasting, Redneck brats, & entertainment. Wine, punch or apple cider also available. Entertainment at 7 p.m. featuring the MJB Band! Mondak Heritage Center, Sidney. Tickets are available at MonDak Heritage Center, \$60 per person; \$50 for MDHC & NAN members & can be purchased by phone 406-433-3500, in person or online. Must be 21+ to attend.

Sun., Oct. 9
12 p.m. registration - **Keith Steinbeisser Memorial Livestock Judging Contest** - Contest 1 p.m., Dynneson Feedlot, 35157 CR 129. For more info contact Richland Co. Extension Office, 406-433-1206, marley.manoukian@montana.edu.

Sun., Oct. 9, 16, 23, 30
8:30 a.m.- 11:30 a.m. - **Breakfast** - Open to the public. Sidney Moose Lodge.
1 p.m. - **Bingo** - Open to the public. Sidney Moose Lodge.

Tues., Oct. 11
4 p.m. - **Brownies & Board Games Teen Activity** - Sidney-Richland County Library.

Thur., Oct. 13
11:30 a.m. - **Richland Red Hatters Lunch Meeting** - Burns Creek Inn, Savage. RSVP by Oct. 11. Call Sylvia, 798-3882 or Margaret, 488-4613.

Sat., Oct. 15
11 a.m.-3 p.m. - **Happy Fall Y'All! Fundraiser** - Bounce houses, pumpkin patch, face painting, carnival treats & best costume contest. MSU Extension Office, 1499 N. Central Ave. All proceeds benefit the future hospice house. For more info call Amber, 406-480-7028.

Sun., Oct. 16
11 a.m.-2 p.m. - **St. Matthew's Catholic Church Fall Dinner** - Turkey, dressing, all the trimmings & homemade pies, 12 per plate, children 5 & under free. St. Matthew's Parish Center, 310 7th St. SE.

Mon., Oct. 17 & 24
4 p.m. - **Lego Club** - Sidney-Richland County Library.

Tues., Oct. 18
12-6 p.m. - **Red Cross Blood Drive** - St. Matthew's Parish Center, 310 7th St. SE. Advance appointments recommended. Call 406-868-0911 or 1-800-733-2767 or visit redcrossblood.org to make an appointment.
7 p.m. - **City/County Planning Board of Richland Co., City of Sidney, & Town of Fairview Regular Meeting** - Community Services Building Public Health Conference Room 201, 1201 W. Holly St.

McKENZIE COUNTY

Events in Watford City unless otherwise listed. CT Zone

Fri., Oct. 7
7 p.m. - **Comedy Cafe** - Watford City Concert Series - Featuring Tommy Ryman & John Bush. Family-friendly comedy event to raise funds for The Bakken Thrift Store. Watford City High School Theater Auditorium. Concert series membership or \$30 per adult. For more info call 701-770-8659 or longxart@gmail.com.

Sat., Oct. 8
2 p.m. & 7 p.m. - **Sanctified A North Dakota Western** - Red Carpet Premiere Sixshooters, sanctifiedfilm.com.

Tues., Oct. 11
6-8 p.m. - **Living & Thriving in McKenzie County** - New to the community? Come to hear ways of getting involved in the community, recreational opportunities, annual events & other tips. No cost to attend. Rough Rider Center.

Thurs., Oct. 13 & 27
2-4 p.m. - **Food Giveaway** - First Presbyterian Church, 316 4th Ave. NE.

Tues., Oct. 18
2-4 p.m. - **Food Pantry Handouts** - First Lutheran Church, 212 2nd St. NW. For more info call 701-444-3451 or visit McKenzie County Food Pantry FB page.

WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone.

Sat., Oct. 15
9:30-3:30 p.m. - **Historical Sewing, Textiles & Projects** - Missouri-Yellowstone Confluence Interpretive Center. Free & open to the public. For more info call Yvette, 701-572-9034.

Sun., Oct. 16
2-5 p.m. - **Historical Games** - Participate in games such as cribbage, cards, & checkers. Fort Buford Barracks State Historic Site. Free & open to the public. For more info call Yvette, 701-572-9034.

Sat., Oct. 22
11 a.m.-4 p.m. - **Lewis & Clark State Park Flannel Fest** - Grab your flannel shirt & come to the shore of Lake Sakakawea! Activities include kids crafts, mini golf, escape room puzzles, fat tire bike rentals, geocaching adventure, food vendors, beer garden & more. Live music all afternoon. Free day pass entry into the park, event tickets \$15, ages 12 & under free! Tickets on sale & can be purchased online. For more info find the event on Facebook or call 701-774-9041.
3 p.m. Doors Open - **10th Annual Bras for a Cause Bra Auction** - Free will food & cash bar. Silent auction, 4 p.m.; live auction, 6 p.m. 21+ event. UMFV Bldg B.

DAWSON COUNTY

Events in Glendive unless otherwise listed. MT Zone

Fri., Oct. 7
4 p.m. doors open - **Dinner & Live Music VFW Fundraiser** - Music by "Nova", presale tickets \$20; at the door \$25. VFW Post 1125. Tickets available at VFW, Blondie's Salon or from any auxiliary member.

Sun., Oct. 9
11 a.m.-4 p.m. - **Junkapalooza Harvestfest** -Horse drawn hayrides, entertainment, food vendors, unique shopping, salsa contest, cider press, huge pumpkin patch, butter making & antique grain grinders for kids to crank, \$5 admission, free for age 10 & under. Dawson County Fairgrounds.

A Generous Gift...



The Williams Place is a two story, two bedroom, one and a half bath, fully furnished condominium that was donated to the Sidney Health Center for the temporary accommodations of cancer patients from out of the area. (Photo by Toni Zieske)

Continued from page 1A

By the spring of 2022, the Williams Place was ready for its first occupant. The two-story condominium is fully furnished with essential furniture, some foodstuffs, even boasting its own washer, dryer, and dishwasher. It has two bedrooms, one and a separate half bathroom, and a one-car garage. Occupants are allowed to have one caregiver stay with them, but, unfortunately, only Certified Service Animals are allowed. The condominium is not handicapped accessible so patients wishing to stay there must be able to climb stairs. A plaque with the Williams story and a guest book resides in the residence in thanks and recognition of the gift given to the health center.



The Williams Place is a two story, fully furnished condominium that sits on the Sidney Country Club Golf Course. (Photo by Toni Zieske)

Holiday Preview Event

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Breast Cancer SCREENING

3-D Mammogram
Reconstructs a series of thin, high-resolution, cross sectional slices into 3-D images.

MRI Breast Coil
Along with mammography, the MRI breast coil provides better images for dense breasts and is used in breast cancer screening for women at higher than average lifetime risk.

Breast Ultrasound
The ultrasound is used to get a better look at suspicious areas seen on a mammogram and helps guide breast biopsy.

Dedicated Radiologists
Dr. Leszek Jaszczak and Dr. Jennifer Adams provide mammography diagnostic services.

Did You Know?
If found and treated early, over 95% of women diagnosed with breast cancer will survive.

Yearly mammograms are recommended starting at age 40. Call the outpatient coordinator at 406-488-2195 to schedule a screening mammogram.

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Come Home to The Lodge

Community pride is a way of life for some of us. Many Lodge residents have been living in the MonDak region their entire life contributing to the community through work and volunteerism. At The Lodge, residents live independently, like they always have, yet have opportunities to stay involved in the community.

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City Of Sidney Solid Waste Misuse & Abuse

Submitted by Jeff Hintz, City of Sidney Director of Pubic Works

The City of Sidney Solid Waste Department has been experiencing several cases of misuse and abuse of residential and commercial garbage disposal over the past few years. The following are a few bullet points of what residents and businesses need to know about proper disposal of their solid waste.

- Garbage containers are for HOUSEHOLD REFUSE ONLY! Construction and landscaping debris are not to be placed in these containers. Homeowners and businesses are required to remove and transport this type of debris to the landfill themselves.
- Residents who use “roll out” containers and

have curb side pick-up need to place the container at the edge of the roadway by 7 a.m. and removed the container by 6 p.m. All roll out and large alley or commercial containers are to be left with the lids facing the alley or street. Homemade or makeshift containers are not allowed.

- Extra containers are not allowed unless approved by the Public Works Department.
- Residents who use “roll out” container should track your container by the serial number found on each container. If the wind blows your container away, it is not the city’s responsibility to find it!
- Containers are to be placed well away from parked vehicles, mailbox-

es, or other objects with minimum of 3.0’ clearance on ANY side of container. If more than one container is used, they must be separated by a minimum of 3.0’ apart from each other.

- Do not place items in containers that stick out above the lid. Flatten or cut cardboard boxes before placing in the container and keep the lids closed.
- Animal, food, and ALL HOUSEHOLD WASTE shall be wrapped in plastic bags before placing in containers.
- Paint cans are acceptable if the contents of the can have been dried to solid form.
- Residents are encouraged to bring lawn clippings, leaves and garden vegetation to the city’s mulch pile located at 300 10th Ave. NE

next to the city yard.

- Homeowners and businesses are responsible to keep the containers clean. The city departments will not clean the container for you.
- Residents shall make special arrangements with the Department to have appliances picked up if the resident is unable to do so themselves.
- UNACCEPTABLE ITEMS: fireplace or stove ashes; un-rinsed pesticide and herbicide containers; hazardous waste; flammables (solvents, oil, paints, fuels); corrosives (acids and alkalines); large amounts of cooking oil; car batteries; car, truck or vehicle parts, bodies, engines, fuel tanks, engine oil(s), grease wheels or tires; Animal hides or carcasses; trees, limbs or branches; metal or iron items, bed frames etc.

If you have questions regarding acceptable wastes or container usage or to report someone for misuse, please contact the Department of Public Works at 406-433-2809. Our business hours are from 8 a.m.-5 p.m, Monday-Friday.

Richland County Solid Waste Convenience Sites

Submitted by Adam Smith, PE Director Richland County Public Works

Convenience Sites – sometimes referred to as dumps, container sites, canister sites, etc. - were established to provide residents of Richland County an opportunity to dispose of household garbage only at locations much closer than the Richland County Landfill is to their homes. The best way to explain what household garbage is, is whatever waste you generate that can fit in a garbage bag. This does not include any commercial waste, construction demolition, concrete, dirt, pallets, furniture, mattresses, appliances, trees, branches, shrubs, animal waste, oils, fuels, barrels, etc. The reasoning behind these waste

restrictions is the amount of additional space and processing that it takes to handle and the associated health and safety risks. If you do need to dispose of these types of wastes, you are welcome to haul them directly to the landfill. If that is not possible, there are currently two licensed waste haulers in Richland County: Great Plains Solid Waste and Triple S Disposal. They would be happy to help you.

The Convenience Sites provided by the Richland County Solid Waste District, in their current form, are inherently challenging. They are all a little different but are generally open 24 hours a day, 7 days a week. They are not staffed. Most sites require the safe and responsible transportation of acquired waste to the

landfill – for some sites, that takes place upwards of 50 times per month. Each site requires support from the community in which it’s located. At the moment, that community support is extremely important. That support includes the responsible use of the sites.

Convenience Sites can be dangerous places if not used properly. There are countless slip and trip opportunities, sharp edges, and long falls just to name a few of the hazards. We have made some modifications to the sites to try to prohibit these types of risks, but they are unavoidable. Many municipal landfills have abandoned their satellite convenience sites because there is simply too much risk.

The continual misuse of our Convenience Sites is something that we hope to address by asking the people using these sites, to do so responsibly. This means following all rules and regulations for disposal and use. If it will not fit in the canister, do not set it on the ground. If it is in the canister, please leave it there. Dispose of allowed wastes safely and responsibly. We have to keep our employees and the public safe and we can only do that if we work together.

Upcoming Programs At Fort Buford & Missouri-Yellowstone Confluence Interpretive Center

Williston, ND – The public is invited to these upcoming events at Fort Buford and the Missouri-Yellowstone Confluence Interpretive Center near Williston. All events are free and open to the public. All times are Central time.

Oct. 15: Historical Sewing, Textiles and Projects, 9:30 a.m.-3:30 p.m. Missouri-Yellowstone Confluence Interpretive Center

Oct. 16: Historical Games, 2-5 p.m. at the Fort Buford barracks. Participate in games that may have been played at the fort long ago such as cribbage, cards, and checkers. Fort Buford State Historic Site

Oct. 20: History Book Club, 7 p.m. Join other history buffs for a discussion of this month’s book, “The Book of Lost Friends” by Lisa Wingate. Missouri-Yellowstone Confluence Interpretive Center

Oct. 22: Ghost Walk, 7 p.m. The last tour will leave at 8:15 p.m. Treats will be served in the Barracks Mess Hall. Fort Buford State Historic Site

For more information, contact Yvette Bachmeier at 701-572-9034. The Missouri-Yellowstone Confluence Interpretive Center is part of Fort Buford State Historic Site managed by the State Historical Society of North Dakota. Fort Buford is open daily, 10 a.m.-5:30 p.m. Missouri-Yellowstone Confluence Interpretive Center is open daily, 9 a.m.-6 p.m. Find information about upcoming programs of the State Historical Society at history.nd.gov/events.

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Sidney High School Graduate To Start With U.S. Coast Guard In December



Breanna Frank graduated on June 18, 2022 with a Bachelor of Science in Maritime Logistics & Security and has since accepted an offer to commission into the U.S. Coast Guard as an Ensign on Dec. 1, 2022. (Photo by Island Photography)

By Jaymi Mozeak
A Sidney high school graduate did something almost unheard of in eastern Montana. On June 18, Breanna Frank graduated from the United States Merchant Marine Academy in Kings Point, NY.

Frank wanted to be a pilot after graduating high school in 2018. Her mother who owns Esprit Health Clinic and one of her mother's colleagues suggested Frank

attend Girl's State, a week-long camp for young women. After attending the camp, she applied to the United States Air Force Academy. The academy is extremely selective, according to www.prepscholar.com, with only 11 out of every 100 making it in and she was one of the many not chosen to attend. It was suggested to her that she try the Merchant Marine Academy. While attending the academy she not only learned in classrooms and labs, but she also spent over 300 days at sea twice on commercial ships over the summer to learn the basics of sailing. Four years later, in June, 2022, Frank graduated with a Bachelor of Science in maritime logistics and security. She was not done yet, however.

After graduation, students from the academy are to attend commission for a minimum of five more years before fully graduating. Frank applied to join the Naval Reserve, but she was

to start right after graduation and received an injury that prevented her from leaving at that time. She found out that she could join the Coast Guard later in the year with the skills she had just learned and applied to be a Marine Inspector with them. She got the position and will start her commission on Dec. 1. She will start as an ensign and then be able to advance as time goes on. Each tour with the Coast Guard will be two to three years at sea on either the West or Gulf Coast. After Frank's first tour she could be offered a spot in Flight School.

Frank said, "I'm excited but nervous about where I will be going. Montana is a landlocked state so wherever I go it can't be close to here." The Coast Guard uses both rotary-wing aircraft or helicopters and fixed-wing aircraft or planes. She wants, eventually, to become a fixed-wing pilot for the Coast Guard.



Sidney High School graduate, Breanna Frank, has already been to Girl's State and the Merchant Marine Academy in just four short years. In December she will be off to start a commission with the Coast Guard. (Photo by Jaymi Mozeak)

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Community Power Hour: Sidney's Housing Market



On Tuesday, Sept. 20, the Sidney Chamber of Commerce was proud to bring together three of Sidney's area experts on the local Housing Market for their third Community Power Hour. (Photo by Jaymi Mozeak)

By Jaymi Mozeak
Tuesday, Sept. 20, the Sidney Chamber held its third monthly Community Power Hour. This session focused on the Housing Market in Richland County. It was held in the Sidney/Richland County Fire Hall.

Three local experts on the local housing market were asked to participate in the panel. Cheryl VanEvery, Stockman Bank mortgage lender, handled a lot of the financial questions. She has been doing real estate loans for 40 years. Nickolas Johnson, Sun Valley Property Management owner, handled a lot of the questions about renting and renters. Johnson has been working in property management since 2018 and started Sun Valley in 2019. Stacia Creek, 406 East Realty owner, handled most of the questions about purchasing homes. Creek has been in real estate for about 10 years, with five years of it selling, and opened her business in 2021.

They were asked a series of questions such as what the biggest challenges are to them performing their services. VanEvery said that the difficulty in getting locals to consider local businesses first is a big challenge for her as a lender. She also said a lack of local appraisers is a challenge to her doing her job. The closest ones in Montana are coming out of Miles City, Malta, and Havre and they have a backlog of work. Creek said that a lot of buyers are coming from out of town and/or using lenders from out of town and those who are not used to this area do not realize that things are taking more time around here. She also said that the increase in interest rates is scaring some potential buyers off. Johnson mentioned a lack of local contractors was an issue for him.

There were a few other questions about things such as prices and what was keeping people in the area. According to VanEvery and Creek, while the prices of everything, including housing, are going up, it is not because of the housing boom that is hitting western Montana and several other states. From the entire panel, what is keeping people here is the kindness and desire of the locals to live in the area. There was not enough time to take questions from the audience, but the meeting room had plenty of attendees. For the location and topic of October's Community Power Hour, watch the Sidney Chamber of Commerce's Facebook page.

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Health Department Offers Bivalent COVID-19 Booster

Submitted by
Stephanie Ler, RS, MPH
Environmental Health
Director Richland County
Health Department

The Richland County Health Department is now offering bivalent COVID-19 booster vaccine by appointment at regular vaccine clinics.

The bivalent booster vaccine covers the original

strain of COVID-19, as well as the more recent Omicron variant.

To be eligible for the new booster, you must have completed the primary, two-dose series of Moderna, Novavax or Pfizer, or one dose of Janssen (Johnson & Johnson) and be at least two months from your last dose of vaccine. Moderna is available for those 18 and

older, and Pfizer is available for those 12 and older.

The Health Department currently offers COVID-19 vaccine during regular vaccination clinic hours, which are Monday, Tuesday and Wednesday from 10 a.m.-4:30 p.m. by appointment, as well as the second Wednesday of each month until 6 p.m., and the third Thursday from 1-4 p.m. All

times are MST.

For questions or to make an appointment for a COVID-19 vaccine or other vaccination, call the Health Department at 406-433-2207. The Health Department is located in the Community Services Building 1201 W. Holly, Suite 1, Sidney.

Fort Peck Fall Release Reductions Start

By Eileen Williamson,
U.S. Army Corps of
Engineers, Northwestern
Division

Omaha, NE - Planned release reductions from Fort Peck Dam will begin the end of this week.

The release schedule for Sept. 28 is 8,000 cfs and will be stepped down to 4,000 cfs by Oct. 2.

"We delayed release reductions until the end of September. This provided more irrigation reliability at the end of the growing season. The action had minimal impacts in the upper basin, no impacts on the Missouri River Mainstem Reservoir System's overall ability to meet its authorized purposes and no impacts to total system storage," said John Remus, Missouri River Basin

Water Management Division Chief.

The U.S. Army Corps of Engineers understands the important role of the Missouri River in providing water for irrigation, municipal, and industrial uses throughout the basin. Operating the System to meet all the water supply needs of the basin to the extent reasonably possible is the USACE goal. However, the USACE does not provide and cannot guarantee access to the water. Maintaining access to the water is the individual facility owner/operator's responsibility.

Current release information from Fort Peck Dam can be followed here: <https://www.nwd-mr.usace.army.mil/rcc/programs/data/FTPK>.



Looking downstream on the Fort Peck Dam including the earthen embankment; the power house surge tanks to the right; the interpretive center on the left side of the embankment; and in the distance, at the top of the photo is the state fish hatchery. (Photo By Eileen Williamson)

Active Parenting 4th Edition Classes Available

MSU Extension Richland County is offering Active Parenting Classes. The school years of your child's life can present many different changes and challenges, for you as a parent and your child.

Active Parenting is a program created by Dr. Michael Popkin who is a parenting expert. The Active Parenting 4th Edition program is six-session class designed to help parents learn about a variety of items such as teaching responsibility, encouraging school success, how to defuse power struggles, and much more.

Classes start Tuesday, Oct. 25 at the MSU/Richland County Extension office-meeting room from 6-8 p.m. and are free of charge. Class size is limited, please RSVP by noon on Oct. 21 by calling the MSU/Richland County Extension office at 406-433-1206.


Foundation Engraved Brick Fundraiser

This fundraiser is not only a way to raise funds for the Cancer Care expansion, but an opportunity to create a lasting tribute to your family and friends. These bricks will be placed in the new cancer center addition. Purchase a brick to honor a loved one, business or organization. All proceeds will go to the expansion of the Sidney Health Center Cancer Center. For more information contact us at hello@foundationforcommunitycare.org or 406-488-2273.

Also, the old bricks from the first expansion are available for pick up at the Foundation office and new ones will be engraved and placed in the new addition. So if you purchased bricks ten years ago, you will still have those bricks going into the new addition as well as the option to purchase more if you would like.

We Want Your Hunting Photos

If you have bow or rifle hunting photos or bird hunting photos and would like to have them published in The Roundup Hunting Editions please send them to info@roundupweb.com



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Tuesday	Coronation at 7 pm
Friday	Pack It In Pink Night at 5+20 pm
Saturday	Parade at 10 am
	Elem, JH, JV, Varsity Volleyball at 11+20 am
	JH Football at 4:30 pm
	Varsity Football at 7 pm



Football: (L-R) Hunter Sanders, Zane Pilgeram, Braxton Shaw, Lane Papka, Hunter Riding, Sayer Erickson, Domanic Kimbal, Cade Tombre, and Connor Lyons. Not Pictured: Aspen Peterson.



Volleyball: Back (L-R) Jaden Garcia, Taylor Conradsen, Eva Hindes, Nycole Prince, Jayden Alvstad, Belle Schow, Cathryn Lyons, Faith Reed, and Miley Pilgeram. Front (L-R) Karley McPherson, Mya Jorgensen, Teah Conradsen, Cambry Conradsen, Brooke Reuter.



Royalty: (L-R) Hunter Riding, Lane Papka, Belle Schow, Torey Ingvalson, Jaden Garcia, and Teah Conradsen.

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Richland County 4-H Celebrates National 4-H Week

By Josie Evenson
During the week of Oct. 2-8, Richland County 4-H members, parents, volunteers and alumni will join more than 6 million people across the nation to cele-

brate National 4-H Week. The week is an annual celebration of 4-H during the first full week of October. The theme this year is Opportunity for All and focuses on the many ways that youth

turn challenges into opportunities through their 4-H involvement.

4-H is the nation's largest youth development organization — empowering nearly 7 million people across the United States with the skills to lead for a lifetime. In 4-H we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. 4-H is the only national youth program connected

with higher education institutions through land-grant universities. In Montana, the land-grant university that provides 4-H is Montana State University through the Cooperative Extension System, a partnership of the U.S. Department of Agriculture and local county governments.

In Montana 4-H is delivered in all 56 counties and 7 reservations and is the state's largest out of school program reaching

over 16,000 annually. Montana 4-H offers 200 different hands-on learning projects with research-based curriculum to guide the youth in gaining knowledge in an area that they are interested in. Projects encourage youth to experiment, grow from failure, express ideas and become leaders.

Currently, in Richland County there are 244 members that work with 107 registered volunteers in 10 community clubs to "Make the Best Better". The top learning projects in Richland County are beef, swine, foods and nutrition, wood working and photography. Throughout the 4-H year which runs from Oct. 1st through Sept. 30 clubs participate in about 53 service-learning projects to give back to the community and



aid those in need.

During National 4-H Week in Richland County be on the look out for 4-H displays, 4-H yard signs and other 4-H events taking place as we celebrate young people everywhere!

If you are interested in learning more about the Cooperative Extension System, 4-H or want to join 4-H please contact the Montana State University/Richland County Extension Office at 406-433-1206.

Salsa Contest At Harvestfest & Junkapalooza

Submitted by Peggy Iba

Teresa Nollmeyer, Savage, Suzanne Wollman, Rita Hanley and Jan Kruger have had bragging rights in the past by winning the people's choice salsa contest during Harvestfest and Junkapalooza in Glendive. Who will the people pick this year in the blind taste test? There are three categories to enter: traditional fresh, traditional canned and any other salsa (such as corn or peach salsa which can be canned or fresh.)

To enter the salsa contest Sunday, Oct. 9 bring two pints or a quart jar or container of salsa to the midway area by the free stage at the Dawson County Fairgrounds by 12:30 p.m. The second pint won't be opened unless needed. People will get to taste the entries with tortilla chips donated by Los Amigos and vote for their favorites in the three categories. Certificates, a fall gift and \$10 will be awarded to the winners.

Salsa can be labeled hot, medium or mild with name and phone number on the bottom of the sealed pint jars. Salsa check-in is 12:30 p.m. with people judging between 1-3 p.m. on the midway in front of the free stage. Jars are labeled with numbers only and no names. Salsa winners will be announced by 3:30 p.m. on the free stage when Kenny Slagsvold and friends are performing. Erica Doss is chairing the salsa contest. Everyone gets their containers back so plan to enter. It is a great year for tomatoes.

Bragging rights of being a winner go on for a year.

Attendees can also make butter with Fayette Miller at the Frontier Gateway Museum booth. People are encouraged to bring apples and containers to use the apple cider press. It can be rented from the Farm to Table store for \$10 other days but during Harvestfest, you don't have to clean it. The taste is amazing.

Enjoy hayrides, pumpkin patch, hay bale maze, farmers market and 75 unique and vintage shopping and food vendors. All this is included in the price of admission to the fairgrounds, \$5, age ten and under free.

Letter To The Editor

The Montana Supreme Court has gone rogue. They don't think they are accountable to anyone. They run as "non-partisan" candidates, so the voters don't know their true political views. They don't even run as conservative or liberal. Except for one candidate—James Brown, the only constitutional conservative candidate for the Montana Supreme Court.

James Brown has spent his entire career fighting for Montana's small business owners and agriculture producers and protecting Montana jobs. His opponent, however, has a F rating with the Montana Chamber of Commerce. James Brown stands proudly with law enforcement and will always protect the 2nd Amendment. His opponent is soft on crime, pro-criminal and a threat to our 2nd Amendment rights.

Brown's opponent even campaigns falsely. She asks to be re-elected when, in fact, she wasn't elected in the first place. She was appointed by a former, very liberal, Governor. If she would fudge on that what else would she fudge on?

I have known James Brown for several years. James has a private law firm and has clients all across Montana. He is also Chairman of the Public Service Commission.

Visiting with James Brown, you will find him intelligent (having received a double degree from U of M, a law degree from the Seattle University School of Law, and a Masters in Tax Law from the University of Washington) and articulate, as well as very personable. Please join me in supporting a constitutional candidate for the Montana Supreme Court, James Brown.

Beth Hinebauch, Wibaux, MT

Thiessen Wins Grand Champion Title With Poultry Project

By Anna Garcia

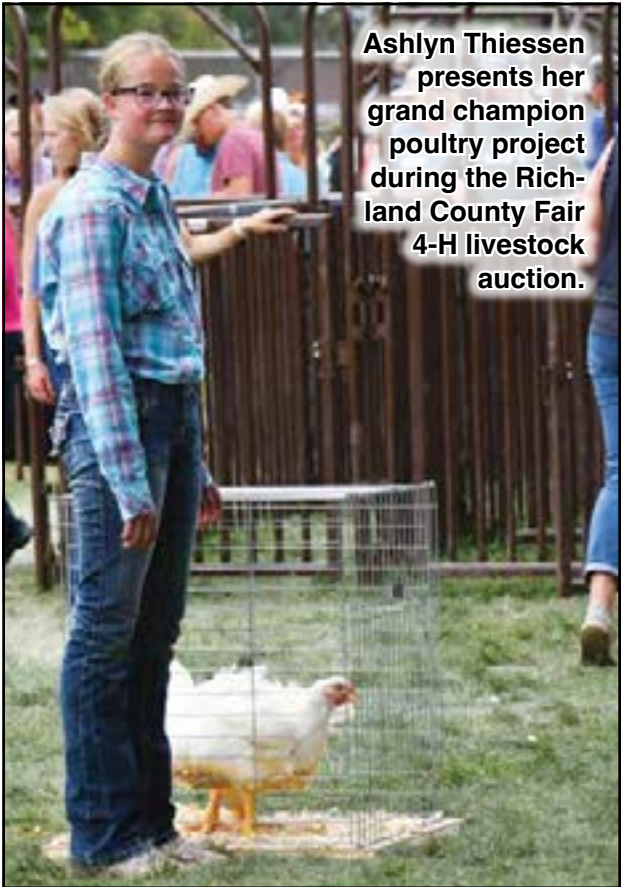
Twelve-year-old Ashlyn Thiessen had the Grand Champion Standard Market Chicken and Reserve Champion Bantam Ornamental Female under 1 year at the 2022 Richland County Fair. "I am very proud of all my hard work this year," said Thiessen. She showed a market pair of Cornish Rock chickens, a Silkie Bantam, Blue Laced Red Wyandotte, and a Dominique chicken.

In addition to this, she also competed in dog and cat showmanship.

Thiessen has been a member of the Three Buttes 4-H Club for over four years. "I decided to join because I thought it sounded like fun," she explained.

She has participated in several indoor projects during her time as a 4-H member. "My favorite part about 4-H is showing projects. Some of my favorite projects would be sewing my leopard print circle skirt and reversible tote bag, creating an indoor dog poster project, and a dog agility/obstacle course."

Thiessen is looking forward to many more years of showing projects and competing at the fair with her animals as a Three Buttes 4-H member.



Ashlyn Thiessen presents her grand champion poultry project during the Richland County Fair 4-H livestock auction.

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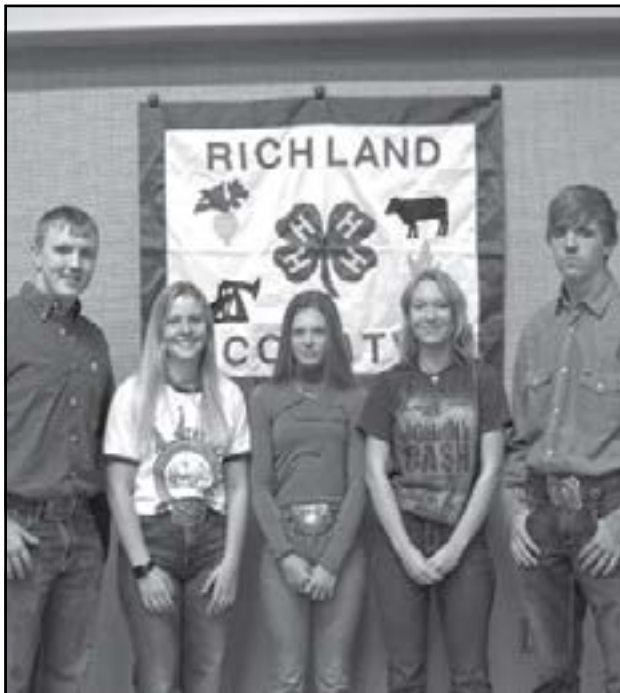
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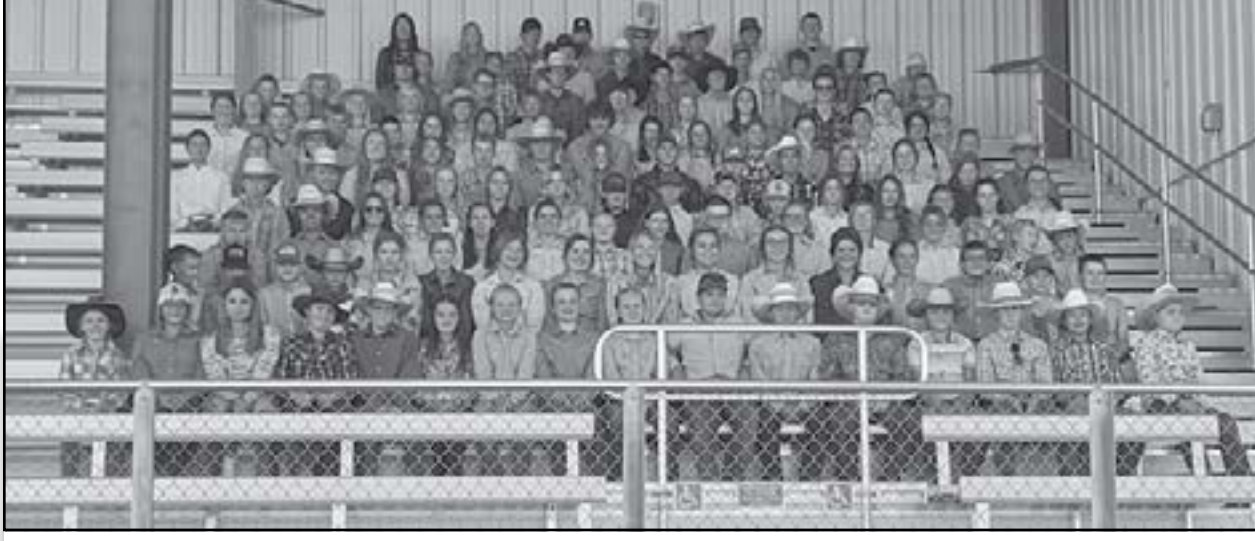
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FINAL 2022 FARMER'S MARKET

Saturday, October 8th

Corner of 2nd St NW and 2nd Ave
(parking lot east of Sidney-Richland County Library)

Sponsored by Richland Federal Credit Union and MSU Extension

Final Richland County Farmers Market October 8

By Carrie Krug & Marley Manoukian
MSU/Richland County

Extension Agents
The final Richland County Farmers Market of the season will be held Saturday, Oct. 8 from 7:30 a.m.-12 p.m. in the Courthouse parking lot, on the corner of 2nd St. NW and 2nd Ave. NW in Sidney.

Photo submitted

This market season has been a success for our vendors, thanks to the community support. Come and take advantage of the variety of produce, food products and handmade items that the local vendors in the community have to offer before it is too late. We hope to see you there.

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20th Annual SUGAR BEET DECORATING CONTEST!

In Conjunction with Harvest Days 2022

1st place: 5 & under category, Chandler Pilch, East Fairview, with her "Elsa" beet

Prizes For Each Age Group!

5 & under | 6-8 years | 9-12 years

Starting Oct 6, beets available at:

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SavageValley Fuel-Cross Petroleum

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Drop your decorated beet off at Neu's Super Valu

Wed & Thurs, Oct 19 & 20

Prizes will be awarded & pictures taken on Thurs, Oct 20 from 5-6:30pm at Neu's Super Valu

Sponsored by The Roundup, Powder Keg & Neu's Super Valu.

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