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Wednesday, September 14, 2016

Volume 42 • Number 31

# The 'Savior of Britain' Spitfire will be a Piece of History in Motion at the Airshow Sept 24 & 25

By Meagan Dotson

Pilot Warren Pietsch will be in Sidney for the Wings of Freedom Airshow, Sept. 24th and 25th and will give the audience a unique opportunity to see a historical Supermarine Spitfire Mk IX in action.

Supermarine originally designed the Spitfire as a racing plane in 1934, just before WWII. The aircraft's sleek design and over 400 mile-per-hour speeds grabbed the attention of the British government, and Supermarine quickly contracted with Great Britain, utilizing the plane as an interceptor fighter.

The 29' 11" plane with a wingspan of 36' 10" was equipped with six guns in total.

The Spitfire was instrumental in the Battle of Britain, and therefore has been referred to as the 'Savior of Britain'. The planes were used into the 1950s and there are only about 66 flying in the world, with only three of those in the United States.

The MK959 Spitfire that will be flown at the airshow has a rich and interesting history; it was initially assigned to the 39 Maintenance Unit at RAF Colerne where it awaited combat assignment. It was then assigned to the 302 Polish Squadron based at Chailey, England where it flew 14 RAMROD, or fighter escort missions. The focus of the 302 Squadron was transporting targets in France before the invasion of Normandy. Just days after D Day, MK959 was transferred to 329 Free French RAF Squadron based in Merston, England. It flew in 19 combat missions over the D Day beachhead on patrol. In August of 1944 it was transferred to the 165 Squadron and flew in 41 combat missions. Later it would go on to escort four Douglas Dakotas taking the exiled government back to it's rightful seat in Belgium.

Pietsch, who is the Chief Pilot and Director of a fleet of 13 WWII planes housed at the Texas Flying Legends Museum, has been a pilot since 1974. He grew up in a family of pilots and developed a keen interest in aviation history.

"It is a very pretty, efficient, and iconic airplane. It's one of the finer flying airplanes of all time; a thoroughbred in my opinion," Pietsch commented. "This is one of the aircrafts that helped maintain our freedom and way of life and performing at airshows is a way to honor the veterans who fought for those freedoms."



The MK959 Spitfire has an interesting and valuable history, and audiences will get to see it in action at the Wings of Freedom Airshow. \* Photo courtesy of the Texas Flying Legends Museum

This Spitfire has flown at ten events this year, and will perform at three more in Texas following the Wings of Freedom Airshow. During the summer, it is on display at the Dakota Territory Air Museum in Minot, ND, and spends the winter months on display at Texas Flying Legends Museum in Houston, TX.

The airshow will be held at the Richland County Airport at 1:00pm both days and tickets are \$15 for ages 15 and up, \$10

for ages 6 – 14, and kids 5 and under are free. Tickets are on sale in Sidney at the Chamber of Commerce located at 909 S Central Ave., Richland Aviation located at 544 Airport Road, and Yellowstone Bank located at 120 2nd St. NW. For more information about the MK959 Spitfire and other unique and historic aircrafts, visit texasflyinglegendsmuseums.com.

## Bob's Hen House will Hold Its Grand Opening Saturday, Sept. 17

By Meagan Dotson

Bob's Hen House will be holding its grand opening on Saturday, Sept. 17th starting at 11:00am until the food is gone. Formerly Kentucky Fried Chicken, Bob's Hen House has a new recipe, a new look, and a new owner. Bob Blair opened the business on Aug. 18th after about six weeks of cleaning, painting, and putting up the new signs, which Blair designed himself.

Blair moved to Sidney in 2008 and found employment at Sidney Sugars starting on the beet end; eventually he became a Warehouse Mechanic, and then an Extra Station Man, before becoming a Control Panel Operator. Unfortunately, Blair suffered severe internal injuries when a 600 lb. piece of metal fell on him while he was working at the Knife Station, which resulted in a yearlong recovery.

Needing a fresh start after the accident, Blair decided to invest his settlement money

into the business. He had known the previous owner, and rec-

# Get a Sneak Peek of the New Rough Rider Center Sept. 23rd & 24th

By Meagan Dotson

The public is invited to check out the new Rough Rider Center during it's Ribbon Cutting Ceremony on Friday, Sept. 23rd. The Ribbon Cutting will be held from 1:00 – 1:30pm central time at 2209 Wolves Den Parkway in Watford City. Tours of the new 268,000 square foot event center will be given from 1;30-4:00pm.

A thank you dinner will take place later that evening. Social hour starts at 5:30 on the concourse, with dinner at 6:30. Tickets are \$100 per person and can be purchased at www.roughridercenter.com/thank-you-dinner, and those interested must RSVP by Sept. 16th. Tickets include appetizers, two drink tickets, salad, dinner, dessert, and three featured entertainment acts: Jeff Meyers, 2 Bros Hypnos, and comedian Dennis Gaxiola.

On Saturday, Sept. 24th Snake Oil will be in concert at the Rough Rider Center, sponsored by Jimmy's Pizza and JL Beers. Tickets can be purchased online at www.roughridercenter.com or at the door.



Bob Blair, owner of Bob's Hen House, will be giving away 'Make America Great Again' hats during the restaurant's grand opening.

"I've always liked to cook. When I was working at the factory, I would invite guys from the man camp over to the house and feed all of them," Blair said.

The business has been well-received, open 11:00am – 9:00pm seven days a week, and Blair has heard good things from his customers. The menu consists of home cooked goodies such as pork ribs, biscuits, corn bread, mashed potatoes and gravy, macaroni and cheese, peach cobbler, and of course, fried chicken.

"Growing up I remember my dad making really good fried chicken, so I guess I'm using his recipe," said Blair of his father who will be joining him in Sidney this month to help out with the business.

Blair hopes to own the building by the end of the year, perhaps with assistance from Richland Economic Development, and notes that the biggest challenge is the investment.

"Not knowing for sure that it's going to succeed is always scary, but I'm confident that it will work out. People seem to like the food and there's definitely room for another place to eat in town," he commented. "So far, it's been going very well."

Anyone who stops by the grand-opening event will get more than just a hot meal; Bob's Hen House will be giving away 'Make America Great Again' hats on a first come first serve basis. Blair said that he wrote to the Trump – Pence Campaign and that

a shipment of hats will be here in time for the grand opening. Bob's Hen House is located at 202 East Main Street in Sidney, and can be contacted at 406-433-6310. So stop in and you might just be lucky enough to be greeted by the man himself with a, "Hi I'm Bob. Welcome to the Hen House."

## McKenzie County's Heritage Day, Sept.17th

By Meagan Dotson

Join the McKenzie County Heritage Association for their 18<sup>th</sup> Annual Heritage Day, Saturday, Sept. 17<sup>th</sup> in Watford City, ND. Admission is a free-will donation and the fun begins at 11:00am central time at the McKenzie County Heritage Park. At 11:30 the District I Cattle Women will be serving up \$5.00 slush burger meals.

There will be live and recorded music throughout the day, an old –time photo booth, food vendors, and Native American dancers from the Mandaree, ND area are scheduled to perform at 12:30, bringing two of their beautiful Nakota horses to the event.

A Reminiscing Panel of long-time McKenzie County residents will give a presentation about the changes that have occurred in the area.

From  $1:00-3:00\ \text{pm}$  there will be old-time machinery demonstrations.

There are kids' activities scheduled during the day; Mrs. Sandy Rieker will be in period dress as an old-time school-teacher. She plans to give brief 'school house' lessons at the Nelson School at noon.

At 3:00 kids are invited to participate in the Coin Scramble and the kids costume competition starts at 3:30, which will award first, second, and third prizes.

For information, visit the McKenzie County History Facebook page.

## Laugh It Up for a Good Cause During the Jeff Allen Comedy Café, Sept. 17

By Meagan Dotson

Bakken Oil Rush Ministry is presenting the Jeff Allen Comedy Café Saturday, Sept. 17th at the Watford City High School Performing Arts Center, 2313 Wolf Den Parkway. The venue accommodates about 500 people and the family friendly show will start at 7:00pm central time with Starbucks coffee and cheesecake served following the performance.

Tickets are \$20 and can be purchased at www.eventbrite.com. Anyone with questions about the event can call 701-444-2355.

The Jeff Allen Comedy Café is a fundraiser for the Bakken Oil Rush Ministry, which meets the needs of area residents and newcomers with their traveling thrift store. They provide clothes, blankets, small kitchenwares, and occasionally furniture to those in need. The traveling thrift store is open in conjunction with the food pantry, the first Tuesday of every month from 5:00pm – 7:00pm, and the third Tuesday of each month from 2:00pm – 4:00pm. Additional hours are posted at the traveling thrift store.

To learn more, visit them on Facebook at Oil Rush Ministry or contact Jim Konsor at 605-268-0058; anyone who would like to donate can send contributions to Bakken Oil Rush Ministry, PO Box 2901, Watford City, ND, 58854.

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## Janet Sergent Real Estate Loan Officer

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Dr. Ryan Laqua Chiropractic Physician & Certified Medical Examiner

 Sports Injuries • DOT Physicals Personal Injuries & Pain Conditions

## R&R TRADING TRUNK SHOW AT HEAD TO TOE SALON

Sept 15th, 5-8pm & 16th, 10am - 6pm 109 4th St SE • Sidney, MT

Huntley's RAR Trading is bringing the newest Abest in clothing, accessories & jewelry!

We'll be set up in a tent at Head to Toe
Salon! (We're sisters, you know)

\*\*CALON\*\*

\*\*CALON\*\*\*

\*\*CALON\*\*

\*\*CALON\* Trading Post Salon! (We're sisters, you know)



R&R Trading will open at the Rescued & Reclaimed Vintage Market at the Richland County Fairgrounds Event Center on Sat. Sept 17th. We'll be in a tent just outside the door.



Do you have news or photos you would like in The Roundup?

Richland ..... Meagan Dotson 406-478-0517

McKenzie......Kathy Taylor

County

701-842-6188

#### **AREA RECOVERY GROUPS**

- **12 p.m.** AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
- 1 p.m. 3 p.m. Grief Reovery Support group at First Lutheran Church, Watford City.
- 6 p.m. Al-Anon, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
- 7 p.m. Fairview Alive and Kicking at Faith Alliance
- Jnurch, 704 S. Western Ave 8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or

#### TUESDAYS:

7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

#### WEDNESDAYS:

8 p.m. - Al-Anon, Sanford Room, McKenzie Co. Public Library, Watford City.

#### THURSDAYS:

7 p.m. - NA meeting, MonDak Trucking office Bldg., 725

W. Holly, Sidney.

8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or

#### FRIDAYS:

- 12 p.m. AA, Trinity Lutheran Church Ed. bldg., 214 S.
- Lincoln Ave, Sidney.

  12 p.m. 1 p.m. AA meeting, basement of Wilmington Lutheran Church, Arnegard.
- **6:30 7:30 p.m.-** 5 Stones faith based recovery meeting, Sidney Nazarene, 606 9th St. SW, Back door is open. **7 p.m.** Path to recovery at Faith Alliance Church, 704 S.
- Western Ave. 8 p.m. – AA meetings, Trinity Lutheran Church Ed. Bldg,

#### SATURDAYS:

- 9 a.m. & 7 p.m. AA Group Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave, Sidney.
- 3 p.m. NA meeting, Straight The Path Grp, MonDak Office, 725 W. Holly St., Sidney.
- 7 p.m. AA 24 hour group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

#### SUNDAYS:

- 3 p.m. NA meeting, Straight The Path Grp, MonDak
- Office, 725 W. Holly St., Sidney.
- 7 p.m. AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

## LAKE WATER LEVEL REPORT

	Sakakawe
Current Elevation	1838.8
Last Week's Elev	1839.2
One Year Ago	1842.4
Release For Day (C.F.S.)	20,000

#### **SIDNEY WEATHER DATA**

#### Source: MSU Eastern Agricultural Research Center

Course: MCC Lastern / Ignountarian nescaron Center							
Date	High	Low	Precip.				
Sept. 5	56	50	0.05				
Sept. 6	70	51	0.00				
Sept. 7	70	49	0.24				
Sept. 8	72	47	0.03				
Sept. 9	67	46	0.01				
Sept. 10	75	43	0.00				
Sept. 11	79	48	0.00				
	ipitation						

## **Lesson Offered on Preparing Freezer Meals to Save Time**

#### By Marcia Hellandsaas **NDSU Extension Agent**

Would having ready-to-cook (or reheat) meals at home be a good deal? Would you be less tempted to go out to eat if you had frozen meals at home? Meals eaten away from home often are more expensive and less nutritious than home-prepared meals. Simply remove a package from the freezer the evening before you plan to use it, thaw in the refrigerator and reheat or cook.

This lesson on "Making Freezer Meals with Lentils, Chickpeas and Split Peas" will introduce you to the steps in making freezer meals using pulse ingredients. It will be held from 6 pm to 7:30 pm on Monday, September 26 at the McKenzie County Extension Office, 205 6th Street NW, (located in the brown "McKenzie County" building directly behind the Courthouse.)

Pulses are an excellent source of fiber and folate and a good source of protein and iron. They are also gluten-free and a low-allergen food. Pulses include chickpeas, lentils and dry

Participants will have the opportunity to take home a start of a freezer meal and to sample several freezer meal dishes prepared with pulse foods. Several freezer meal recipes will be included. The class will be free-of-charge.

Pre-registration is requested prior to attending. Please contact the McKenzie County Extension Office at 701-444-3451 or email marcia.hellandsaas@ndsu.edu if you are interested in participating in this program. Pre-registrations should be received by Thursday, September 22.

## **Trinity Lutheran Church German Meal** Returns

Trinity Lutheran Church in Sidney will be hosting a German Meal on Sunday, September 18 from 11:30 a.m.-1 p.m.

The meal will feature bratwurst, fleischkeuchle, German potato salad, regular potato salad, coleslaw, fresh vegetables, kuchen, german chocolate cake and refreshments.

The cost of the meal will be \$12 for adults, \$7 for children ages 5 to 12, and children under 5 eat for free. The proceeds from this year's event will be given locally to the Sunrise Women's Clinic and globally to Lutheran Church Missouri Synod Missions and Outreach.

Trinity Lutheran Church is located at 214 South Lincoln

Please plan on joining us for an afternoon of great food and fellowship.

### Becoming a Love & Logic **Parent Series Offered**

#### By Marcia Hellandsaas **NDSU Extension Agent**

Parents of tots to teens are encouraged to attend "Becoming a Love and Logic Parent" from 6:30 to 8 pm CT on Monday, September 19 and Tuesdays and Thursdays, September 19, 27, 29, October 4 and 6. Each class will be held at the McKenzie county Extension Office, 205 6th Street NW, (brown "McKenzie County" building to the west of the McKenzie County Courthouse) in Watford City.

Sessions are free and also include a workbook. Pre-registration is requested by Friday, September 16 at the McKenzie County Extension Office at 701- 444-3451 or e-mail McKenzie County Extension Agent Marcia Hellandsaas at marcia.hellandsaas@ndsu.edu.

Love and Logic will introduce strategies to:

- Reduce whining, arguing and complaining from your children
- Promote thinking and responsibility
- Give consequences with empathy

Love allows children to grow through their own mistakes. Logic allows them to live with the consequences of their choices.

Don't miss this opportunity to learn simple and easy techniques to help you have fun and less stress while raising responsible children!

You may also visit www.loveandlogic.com to learn more.

## **City Council Approves Combining** the City Clerk & **Treasurer Positions**

#### By Meagan Dotson

Sidney City Council met on Tuesday, Sept. 6th and approved combining the City Clerk and Treasurer positions, with emphasis put on the need for a deputy clerk to be cross-trained. Mayor Rick Norby did comment that he has apprehensions about the responsibilities of both positions being put on one person.

"City Clerk Redfield is just assuming the responsibilities of both positions at this time; the positions will not be permanently consolidated," commented City Attorney Joel Krautter.

City Council moved to increase fees for Phase II of the Sidney Lagoon Project by \$147,000 due to the water table being higher than expected and changes in UV lighting. Western Municipal Construction is being contracted for the second phase of the project. Phase I was completed with an excess of \$200,000, which will be refunded to the SFR program, to prevent paying interest on the unnecessary funds.

The police department is hiring two new officers. James Fletcher and Matthew Dockter both graduated from Basic Academy 151. The council accepted the resignation of Officer Vincent Horton.

Public Works Director Jeff Hintz discussed the need to replace the city parks' sprinkler systems, starting with Veterans Memorial Park and possibly Quillings Park. The current sprinkler system in Veterans Memorial Park is about 30 years old, and costs the city between \$800 and \$900 dollars every few weeks in sprinkler heads due to the lack of water filtration. The estimated cost of the proposed project would cost about \$1 per square foot.

Progress continues on the South Meadow Softball Complex. The city spent last week finishing the final dugout. New fences should be installed by mid-October in preparation for hosting the 2017 State Softball Tournament..

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RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone.

Wed., Sept. 14

6 p.m. - Free Community Meal - Everyone welcome. Pella Lutheran Church, 418 West Main. Fri., Sept. 16 6-8 p.m. - Chair-ity Auction - Silent auction, bid on up-cycled

and decorated chairs, all you can eat chili & cinnamon rolls, for \$20 pull a mystery bottle of wine. Tickets available at the MonDak Heritage Center or Richland County Housing Authority office. Early Bird: 5-8 p.m., fee \$40; General Admission: 6-8 p.m., fee \$20. General admission tickets also available at the door. Chairs will be on display at the MonDak Heritage Center Sept. 8-15. Sidney Elks Lodge. Sat., Sept. 17 8 a.m. - Shine The Light - Jackpot rodeo benefit for "Shine"

Suicide Awareness & Prevention. This event continues on Sept. 18 with Side Pot Sunday. 440 Airport Rd, Sidney, MT. 9 a.m.-3 p.m. - Rescued & Reclaimed Vintage Market -Antiques-Shabby Chic-Repurposed. Admission \$5. Richland County Fairgrounds, Sidney, MT. Rescuedandreclaimed.com, 406-670-5459 or 406-656-1111.

11:30 a.m.-3 p.m. - Boys & Girls Club Day For Kids - Carnival and kids cooking event. Free admission but accepting donations to the Back-A-Kid scholarship fund. Central Elementary gym and playground.

Mon., Sept. 19

6 p.m. - 8-Week Grief Recovery Method - Grief support available for anyone who has suffered from a significant loss. If you are interested contact Sr. Rita Rauschendorfer or Sr. Regina Murray at 774-3401 or Deb Prevost at 433-2389. St. Matthew's Parish Center. Tues., Sept. 20

come and connect, laugh, cry and embrace the journey of motherhood. Breakfast and childcare provided. Membership fee upon registration. Sidney Lutheran Brethren Church, 1100 Madison Lane, Sidney, MT. For more info contact Rachel

9 a.m. - 11 a.m. - MOPS - Mothers of 0-5 years old can

Dasinger, 406-480-0924, sidneymops@hotmail.com. 7-9 p.m. - The Northeastern Arts Network presents Montana Repertory Theatre "Bronte to the Future!" Tickets at the door, \$15 adults, \$13 seniors, \$10 students. MonDak Heritage Center. For more information, 406-433-3500. Wed., Sept. 21

9 a.m. - 3 p.m. - Passport Fair - Limited appointments available. Walk ins welcome. Sidney MT Post Office,101 West Holly St. Call 406-482-2107 to schedule an appointment. Fri., Sept. 23

11:30 a.m. - Richland Red Hatters 14th Year Anniversary Lunch - Rod Iron. All ladies 55 or older are welcome. To RSVP or for more information contact Sylvia, 798-3882 or Margaret, 488-4613 by Sept. 21.

Sat., Sept. 24 12 p.m. - Wanna Be An Elk Golf Tournament - 4-Person Scramble, sign up as a team or an individual. 8-11 a.m., breakfast at the County Club; 10 a.m., registration; 12 p.m., golfing starts. Supper and both silent and live auction to follow at the Elks. Proceeds to help defray medical expenses for George Carpenter. \$50 entry fee. For more information contact Kathy, 406-480-9032, Ryan, 406-480-9052 or Mark,

406-480-1672. 1 p.m. - Wings of Freedom Air Show - The Canadian Snowbirds & much more will be performing at the Sidney-Richland Municipal Airport. Tickets may be purchased in advance or at the air show, children under 15, \$10; adult, \$15; children five and under, free. This event continues on Sept.

McKenzie County

Events in Watford City unless otherwise listed. CT Zone Sat., Sept. 17 10 a.m. - Heritage Days - Old time threshing, blacksmithing

and everything in between. 10 a.m., park opens; 11 a.m., demonstrations begin. McKenzie County Heritage Park, west side of Watford City on Hwy. 85. 7 p.m. - Jeff Allen Comedy Café - Appropriate for all ages.

Visit www.eventbrite.com to get tickets, \$20. Coffee and cheesecake reception following show. Watford City High School Performing Arts Center. For more information contact Cross Point Church, 701-444-2355.

1-1:30 p.m. - Rough Rider Center Ribbon Cutting Ceremony - Tours of the event center to follow. 2209 Wolves Den Parkwary, Watford City, ND

WILLIAMS COUNTY Events in Williston unless otherwise listed. CT Zone.

Thurs., Sept. 15 7 p.m. - Williston Basin Speedway Loren Rogers Memorial Fall Round Up - Dirt track racing, family run, concessions available. This event continues on Sept. 16. Williston Basin Speedway. www.thewillistonbasinspeedway.com.

Fri., Sept. 16 9 a.m.-4 p.m. - Confluence Quilters - This event continues on Sept. 17. Missouri Yellowstone Confluence Interpretive Center.

Sat., Sept. 17

10 a.m.-4 p.m. - James Memorial Art Fest - Local entertainment, exciting vendors and a children's art booth. If you are interested in being a vendor or donating a piece of art for the silent auction contact the JMAC office at 701-774-3601. Recreation Park, Williston, ND.

Sun., Sept. 18 3 p.m. - "Open Range" concert - Missouri Yellowstone Confluence Interpretive Center.

7 p.m. - Ft Buford History Book Club - "Theodore Roosevelt in the Badlands" by Roger Disilvestro. Missouri Yellowstone Confluence Interpretive Center.

Thurs., Sept. 22

5-8 p.m. - Art & Wine Walk - Downtown Williston. \$30 ticket available now at Castle Framing, 309 Main Street, and Williston Downtowners office, 119 E. Broadway. Available Sept. 22 at the James Memorial, 621 1st Ave. W from 4:45-6:30 p.m. Must be at least 21 to participate.

Fri., Sept. 24

9 a.m.-4 p.m. - Community event designed to bring awareness to non-profit organizations/clubs. Clubs will be giving information about memberships and will be fundraising with crafts and food. Free event for exhibitors and public. Contact June@willistonchamber.com for more information or registration. New Armory, Williston, ND.

#### Dawson County

Events in Glendive unless otherwise listed. MT Zone

Fri., Sept. 16 4-8 p.m. - Glendive Gun Show - This event continues 9 a.m.-6 p.m. on Sept. 17 and 9 a.m.-3 p.m. on Sept. 18. EPEC building, 313 S Merrill, Glendive, MT. For more information call 406-377-3969.

Sat., Sept. 17

8 a.m. - Hike For Hope - 8 a.m., registration; 9 a.m.-12 p.m., hike. Diane Gabriel Trailhead, Makoshika Park, Glendive, MT For more information contact Diane Hall, 406-256-7156 or diane.hall@cancer.org. Sat., Sept. 24

7 p.m. - The Man Who Saw Tomorrow - Live theater event

featuring Arch Ellwein as H.G. Wells. \$10 a seat, 1-800-482-

#### 5109. Retro Theater, 215 N. Merrill Ave., Glendive, MT.

ROOSEVELT COUNTY Events in Culbertson unless otherwise listed. MT Zone.

Sat., Sept. 24 Threshing Bee - Featuring 1900's horse drawn machinery and equipment, lumber planer and lumber sawing, old time tractors, stationary engines, antique cars and equipment. Concessions, flea market and places to park your camper or

RV. One mile south of Culbertson on Hwy 16.

## **Sidney Health Center Set to Host Another "Live it** up!" Event for **Local Women**

Center will host its annual "Live it up!" event for women on Monday, September 19 with a focus on stress relief and laughter. The program for the evening will be "Finding the

Funny." Once again, the evening promises to be fun, educational and entertaining. The festivities will kick off at the Richland County Event Center with a vendor fair at 5:00 p.m. featuring various independent distributors offering goods ranging from home décor to jewelry to clothing. A light



Jan McInnis

menu including appetizers, finger foods and refreshments will be served beginning at 6:00 p.m. followed by an entertaining, motivational presentation by guest speaker, Jan McInnis at 7:00 p.m.

Jan McInnis has spent the past 20+ years as a professional comedian, professional speaker, and comedy writer. She was featured in the Wall Street Journal, the Washington Post, and the Huffington Post for her clean humor, and she has shared her humor keynotes with thousands of organizations from the Federal Reserve Banks to the Mayo Clinic. She is the author of 2 books, Finding The Funny Fast: How To Create Quick Humor To Connect With Clients, Coworkers And Crowds, and her second book is titled Convention Comedian: Stories and Wisdom From Two Decades of Chicken Dinners and Comedy Clubs.

Along with the laughs, Jan will offer up some of the latest and greatest research on humor and health. The power of humor as a key ingredient in health, wellness, and fitness is finally being recognized. From health care professionals, to current research, folks are learning that when it comes to health, laughing is a one-stop fitness shop!

To take part in this fun, educational program individuals must be at least 21 years of age. All "Live it up!" events are designed to empower women to live life to the fullest by encouraging them to care for themselves and the ones they love.

Tickets are available at Sidney Health Center's Caring Corner Gift Shop for \$25.00 per ticket prior to the event and \$30.00 at the door. Reserved tickets are also available for \$150 for six tickets through the Marketing and Communications Department. Call today to reserve your table at (406) 488-2595 or 488-2101.



Join us for an **OPEN HOUSE!** 

We are hosting our first ever **TRUNK SHOW**, with visiting vendors offering expertise and a wide selection of frames.

Stop by for refreshments and a chance to win FREE GIVEAWAYS, including designer sunglasses and accessories.

Order glasses on the day of the event and receive **50% OFF** a frame with the purchase of prescription lenses and **30% OFF** non-Rx Sunglasses!

(Excludes Maui Jim and insurance benefits)

**Thursday** September 22 1:00pm - 7:00 pm

at our new location

**124 S Central Ave Sidney, Montana** 

406.482.2609

## Brontë to the Future! Sept. 20

The first performance of the Big Sky Concert Season kicks off on Tuesday. September 20th with Montana Repertory Theatre's presentation

BRONTË TO THE FU-TURE! by Laramie Dean.

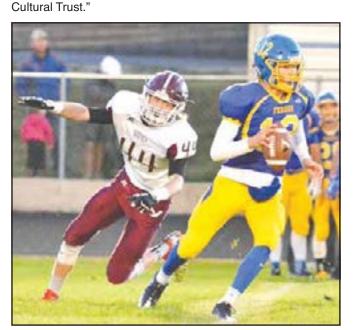
The Brontë sisters, Emily and Charlotte, hav-

ing told their most well-known tales-Wuthering Heights and Jane Eyre, respectively-now want to leave the past behind and explore a future time in order to see what will happen to their characters in a more contemporary setting. Brontë to the Future! is a mashup that places the Brontës' beloved Jane and Rochester and Catherine and Heathcliff in the world of today and possibly tomorrow-while retaining all the romance and Gothic splendor of the original stories.

This presentation follows in the Montana Rep's Educational Outreach Tour tradition of bringing staged selections of the works of acclaimed historical writers to Montana communities.

This performance will be held at the MonDak Heritage Center at 7:00 p.m. Season tickets can be purchased at the door: adults \$50, senior \$45, and students \$35. Single tickets can also be purchased at the door. For additional concert information contact Candy Markwald 406-488-4155, Jill Hill 406-489-4304,

or Leann Pelvit at 406-433-3500. "This event made possible in part by the Montana Performing Arts Consortium Presenter Development Program which is supported by grants from the National Endowment for the Arts, Montana Arts Council, and a legislative grant from Montana's



#### **Sidney Football**

Layne Swigart tries to tackle the Lewistown QB. Sidney lost 14-7 and will host the Havre Blue Ponies this Friday at 6 p.m. (Photo by Kathy Johnson)



## Monday, Sept 19th

### Richland County Fair Event Center

### Finding the Funny

Jan McInnis has spent the past 20+ years as a professional comedian, professional speaker, and comedy writer. She was featured in the Wall Street Journal, the Washington Post, and the Huffington Post for her clean humor, and she has shared her humor keynotes with thousands of organizations from the Federal Reserve Banks to the Mayo Clinic. She is the author of 2 books,

Finding The Funny Fast: How To Create Quick Humor To Connect With Clients, Coworkers And Crowds, and her second book is titled Convention Comedian: Stories and Wisdom From Two Decades of Chicken Dinners and Comedy Clubs.

To find out more about our keynote speaker, check out Jan's website at www.TheWorkLady.com.

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#### 7:00 PM

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## Check Out the Sweet Seats at the **Chair-ity Auction, Sept 16th**

By Meagan Dotson

The Chair-ity Silent Auction will be held Friday, Sept. 16th from 6:00pm - 8:00pm at the Sidney Elks Lodge, 123 3rd St W. Up-cycled and decorated chairs will be auctioned off with all proceeds going to help Crestwood Inn purchase new dining room chairs.

In addition to the auction, there will be a mystery winepull; for \$20, participants can pull a random bottle of wine varying in value, variety, and uniqueness. Vickie Vaira will be playing the accordion that evening and Crestwood Inn cook Barb Mocko is serving up her special recipe chili and cinnamon rolls, insuring that no one will be leaving hungry.

The

"I think it's going to be really fun and it's something different," said Kelly Wilkinson, Support Service Coordinator at Crestwood Inn. "We've been very fortunate to have such a great response from the community and I'm hoping to have one of our new dining room

chairs on display at the event."

The chairs to be auctioned have all been donated by local artists including Afton Rae, Penny Filler, Jackie Damm, Brandi Sander, Beth Kunda, Peggy Kopp, Kathy Nicholson, Serina Everett, Claire Mayor, Carol Nankivel, Jodi Berry, Dixie Mead, and Jitterbug Preschool. The chairs will be on display at the MonDak Heritage Center, 120 3rd Ave SE, Sept. 8th -15th, except for two that will be unveiled the night of, and will only be bid on by Early Bird ticketholders.

Friends of Crestwood, businesses, and community members have donated several bottles of wine. Individuals and businesses can also sponsor a new dining room chair that will have a gold plaque that reads: donated by, in honor of, or in memory of. The cost to sponsor a new chair is \$400.00.





Jitterbug Preschool joined the fun by decorating these six chairs.

donate for the auction can contact Wilkinson and she will be happy to accept them; chairs can be already decorated, or artists can be found to work on the donated chairs. There are only 25 Early Bird tickets available. They are \$40 and include early admittance at 5:00pm, a handcrafted pottery bowel or mug, and the opportunity to bid

Anyone with an old wooden chair they would like to

on the two mystery chairs to be unveiled that evening. General admission tickets are \$20 and both can be purchased at the MonDak Heritage Center or the Richland County Housing Authority, 1032 6th St SW. General

admission tickets will also be sold at the door. The total cost for new specialty chairs at Crestwood Inn is approximately \$20,000 and \$7,000 has been raised

For more information, or to donate or sponsor a chair, contact Wilkinson at 406-433-4681. Anyone who would like to bid on a chair, but can't be present can contact Wilkinson with a dollar amount for a proxy-bid.

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## Work is a Four Letter Word

#### By Lois Stephens

I've come to the conclusion that work takes up a lot of valuable time better spent in other pursuits. And if I consider not only the time I spend at work, but also the very short time it takes me to walk to the office and back, that extra 30 minutes a day of commute time adds up to over 125 hours a year just in effort spent to get to and from the job, which is more vacation hours than I accrue in a year. The walk itself I enjoy even if it is additional time spent in a work related situation, but still, I think of all the precious daylight hours wasted on the job when I could be pursuing more productive activities, like sitting on the back deck with a glass of wine in my hand reading an excellent book.

Besides, work ages a person. Look at me. I've been earning a living for 50 plus years and when I look in the mirror, I see a senior citizen. How did this happen?? The working life must be the culprit, as earning a living constitutes the only thing I have done consistently year in and year out for the past five decades or more. So in my opinion, work must have aged me.

I've also noticed a huge difference in the way I view work now as to how I looked at it when I could still leap over tall buildings in a single bound. Work has effectively soured my attitude. Long ago and far away I was a fresh-faced youngster, chomping at the bit to join the work force, earn my own money, and really make my mark on the world. When I entered my teen years, I babysat and mowed lawns until I was sixteen. At the ripe foolishly young age of sixteen, the laws of the land decreed I could work at a 'real' job, which in that day and age meant waiting on tables or working at the Doubleday book factory in the next town to earn money until I graduated from high school.

The work ethic, fully ingrained in my young psyche, saw to it that I worked part time while attending university, and once I joined the adult world of work, it seems I've been working full time, part time, and a combination of both ever since. Trust me, that's a long time, a very long time that I have spent in earning a living and paying my own way.

Of course when I was younger, earning a living came naturally and seemed the appropriate way to spend my life, and it never occurred to me that I would someday not work. Naturally I thought I was indispensable. The office would fall apart if I wasn't there, I thought about

work on weekends, and of course overtime presented no difficulties. It just provided me with the opportunity to earn a little more money and at the same time demonstrate to my boss my value and willingness to tackle anything and get the job done right.

As a young adult, I lived to work. Work took top priority, as in my youthful arrogance I thought I had a lot of ground to cover and a lot to prove to anyone who cared to notice. I thought nothing of working a full time job and three part time jobs. Wow, just call me Super Woman.

Eventually of course I grew up. The novelty of work turned into a necessity to work. Further down the road and through the years my attitude has changed, priorities have shifted, and I look at work now through less than rose-colored glasses.

What a difference age and experience makes in a life. Now I work to live. Distressingly, I like to eat and I like to feel warm in winter, so these unfortunate habits require that I continue to work. However, I eat less now than I did as a young adult and I can toss another stick of wood onto the fire in winter; I don't want as many gadgets as I did as a young adult, so I figured I no longer needed to work a full time job and as many part time jobs as I could stuff into a day. Until of course thanks in part to our health care mess plus the spiraling cost of everything and anything, I realized that I would probably have to continue working at some sort of job until I start to drool and can't remember my name. Now I look at part time jobs as potential replacements for my full time job, so I now contemplate ways to have a lucrative part time job or two that will enable me to stop this foolishness of earning a living full time each and every day of the week.

I watch people die from stress and work-related causes, I see people grow old working and then have no time or energy to actually live when they decide to retire, and I think about the ironic nature of work. We work so we have a nice house to come home to and enjoy, yet we are never at home because we are always working to have a nice house to come home to. Something doesn't make sense with that picture, and it took me a lot of years to figure out that life consists of more than earning a living. It took me a long time to shift in priority and realize that home is truly a great place to be. That's where my books sit in stacks waiting for me to read them, that's where the garden waits in the summertime, that's where my bike sits patiently, home provides me the opportunity to indulge in

all my little hobbies and chores that give me pleasure, so why on earth do I want to leave home to go to work?

Oh yes, that's right, back to that annoying problem of having to eat and stay warm in winter. This is beginning to sound like a Catch 22 to me.

I think as we age, we realize that yes indeed we ARE mortal, of course the workplace will survive quite well without us, and that no one is indispensable. Unfortunately we've seen the proof of this as colleagues die, retire, or change careers. This realization enables us to at least want to slow down, work smarter not harder, and to understand that we want more out of life than trudging to work every day. Time grows short, I have far too many books yet to read and I want to have time to spend in activities that give me pleasure. These priorities sound much more enticing as ways to pass the time than does the never-ending need to earn a living. Besides, I have earned a living for a LONG time, a depressingly long time, and it is time for a little less work and a lot more fun.

Now I just have to figure out how to manage the feat of less work, more fun, but still pay the bills.

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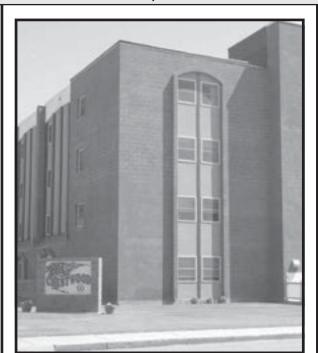
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## Silent Stroke is not so Silent

## A silent health risk every woman should know about

(BPT) - Silent strokes, ones that happen in your brain without you even knowing, can lead to full-blown strokes as well as cognitive impairment and dementia.

The most common depiction of a stroke is a person unable to move on one side of their body with slurred speech, but studies show that many stroke victims had silent strokes previously, that, as the name indicates, went unnoticed. The damage caused by the silent stroke, however, can be seen through advanced imaging techniques.

Since no one is suggesting that everyone get an annual brain scan, the next best thing is to understand the risk factors for silent stroke and control those. Two of those risk factors, high blood pressure, atrial fibrillation and blockages in the carotid arteries are simple to screen for and have effective treatments.

"The upside to all this is that there are steps one can take to prevent silent stroke," says Dr.

Andrew Manganaro, a vascular surgeon and chief medical officer for Life Line Screening. "What it takes is a

measure of awareness, routine screening and, if needed, treatment to prevent the blood clots that can lead to this long-term damage to the brain."

Silent strokes are 30 to 40 percent more prevalent

in women than men and the results can be serious. Impaired movement, muscle weakness, depression, memory problems and cognitive problems are all associated with silent stroke.

"So when atrial fibrillation, high blood pressure or carotid blockage is present in a patient, that should be an indicator to her physician that she's at risk of a silent stroke," Manganaro says.

The key to preventing stroke is to get a full picture of your vascular health, so you can begin treatment and monitoring. Manganaro recommends routine screenings for the damaged arteries that indicate vascular problems. Testing for high blood pressure, carotid blockages and the presence of atrial fibrillation, along with peripheral arterial disease screening and abdominal aortic aneurysm testing are safe and accurate.

"These screenings can help you and your doctor get a full picture of your vascular health," says Manganaro.

To set up a screening appointment in your community that is affordable and convenient, visit www.LifeLine-Screening.com.

To cut your risk of stroke, treating hypertension with medication and lifestyle changes can help, Manganaro said. Control your weight, reduce your consumption of red meat, eat more plant foods and talk to your doctor about starting an exercise program. If you smoke, make it a priority to quit. Smokers have double the risk of stroke than non-smokers, because smoking can lead to excessive blood clotting.

If you or your family members have noticed recent changes to your memory facility or mobility, consult with your doctor. In some patients, these have been symptoms of a silent stroke, but in any case it will benefit you to find the root cause and begin treatment.

Does silent stroke lurk in your future?

The first step in preventing stroke is knowing which conditions can enhance your risk. If you have any of these



conditions, talk to your doctor.

Do you have a history of high blood pressure?

Do you smoke?

Do you have an irregular heartbeat? Do you have hypertension?

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Mark Noel, DO Ear, Nose and Throat

Sept. 15th
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Tricia Nechodom, AuD

Audiology

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call (701) 857-5986



Robert Fischer, MD
Ear, Nose and Throat
Sept. 19th

**Sept. 19th** For an appointment call (701) 857-5986



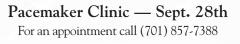
Aaron Albers, DPM Foot & Ankle Specialist

Sept. 26th
For an appointment call (701) 857-3584



Erdal Diri, MD Rheumatology

Sept. 27th
For an appointment call (701) 857-7495



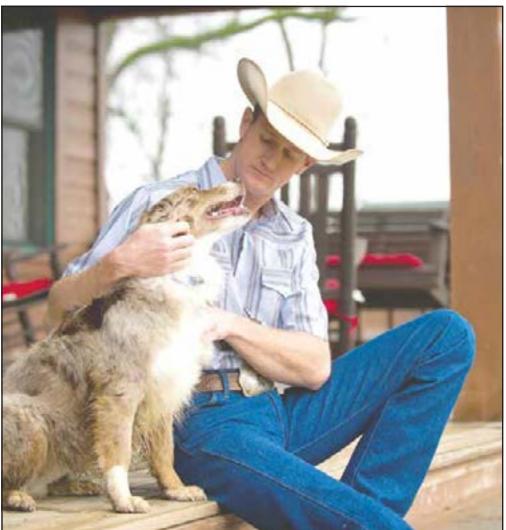


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trinityhealth.org

## Lots of Life Left in Senior Pets





(BPT) - Every day, in shelters all across the country, senior animals are passed over by prospective pet owners. Why? Some people are looking for the energy of a new puppy or feel older dogs offer families too little time. But the truth is, providing a new home for an older animal may bring you a level of companionship you never imagined.

"Any shelter worker will tell you, puppies and kittens get adopted first and older shelter pets have a higher likelihood of being euthanized," says Andrea Arden, a dog trainer who's been featured on Animal Planet and the Today Show, and spokeswoman for Tractor Supply Company's Pet Appreciation Week. "But if you're considering adoption, there are great reasons to choose a more mature pet."

Older animals can be just as cute and lovable as their younger counterparts. In fact, they often come with

many wonderful qualities that take years to develop in younger animals.

Here are a few benefits to consider as you're looking for a forever friend:

#### Saving a life

It's no secret that senior pets are at a disadvantage in shelters. Not only do they have a lower likelihood of adoption, they are also more prone to depression and confusion as a result of their new environment. Consider how they got there; more often than not, a senior animal ends up in a shelter due to owner surrender. It could be an older owner's declining health, an unforeseen move or a sudden change in financial situation. Still, these are wonderful, loving animals that simply had no place to go. By choosing to adopt a senior pet, you're providing a second chance at life and, with that, can come a lot of fulfillment.

## Say so long to training

Lucky for you, the majority of senior animals have already learned the fundamentals - everything from toilet training to various commands to leash walking. Not having to spend weeks and weeks on training can be a valuable perk of adopting a senior pet.

## Age is but a number

However, should you want to teach an older dog a new trick, you're in luck. Animals can be trained at any age; in fact, more mature animals may have a longer attention span, so you may actually find it easier to teach your senior pet something new.

## What you see is what you get

Adopting an older pet means its size and temperament are established, increasing your chance of finding the perfect companion for your household. Have a cat? No problem, many senior dogs have already lived in a home with felines.

## Lots of love, less destruction

Senior pets are typically well past the search-and-destroy phase, minimizing the possibility of unwanted accidents and bad behavior.

## Something for everyone

The mellow disposition of a senior animal makes them a great companion for people of all ages. Their lower energy level is often a perfect fit for the elderly, while their calm presence can be great for families with children.

## Wonderful years ahead

Arden urges pet parents not to let the shorter lifespan of an older pet keep you from adopting one. Depending on the breed, a dog of 7 or 8 years may have at least as many good years left ahead, and most breeds of domestic cats can easily live to be 15 or older. It's also important to note that while veterinary attention and medication are needed for animals of all ages, old age doesn't necessarily mean higher

"You wouldn't avoid making a human friendship just because the new person in your life is mature," Arden says. "When you adopt an older animal, you can still have plenty of time to enjoy their companionship. Because they're older, you'll be inspired to make every moment with them as loving and rewarding as possible."

Preparing for senior pets

Good nutrition and regular veterinary checkups are important for all pets, especially seniors. Look for a specialized food, such as 4health Premium Pet Food, to ensure your pet is receiving the vitamins and minerals needed to stay healthy. You can also find walk-in PetVet Clinics at Tractor Supply stores where you can save as much as 70 percent off the cost of yearly vaccinations, microchipping and other preventative treatment op-

## Supporting the cause

Finding a senior pet that's right for your family is easier than you might think. During the week of Sept. 14-18, many of Tractor Supply's 1,500 stores across the country will host Pet Appreciation Week where they will feature onsite pet adoption events with community shelters and rescues, some offering senior pets. The main event on Saturday, Sept. 17, will also feature prizes, giveaways and demonstrations on pet nutrition. Check with your local Tractor Supply store to get more details on the Pet Appreciation Week events happening near you.

## Fairview Memories

THE FAIRVIEW NEWS

THURSDAY OCTOBER 16, 1952

AN INDEPENDENT NEWSPAPER

#### Scout Finance Drive Tuesday Thurs. Oct 16, 1952

The annual drive to finance the Boy Scouts of America, Yellowstone Valley Council, will be held in Fairview October 21 and local residents are asked to increase their contributions in proportion to the growing value of the Boy Scout movement, states George Hovey, chairman of the drive.

Most everyone has a high consideration for the Boy Scouts of America, the chairman said, and most every one knows that it has grown tremendously here and throughout eastern Montana in recent years.

To properly staff the Council, to train leaders, provide summer camps and operate a service station for supplies and records, the Council budget has necessarily grown. Friends of scouting are urged to meet this advanced cost by giving in proportion to what they think scouting has done in this community.

Everyone in this area will be visited by a scouter next Tuesday. The finance chairman, George Hovey, has arranged an "early bird" breakfast for workers

at Kay's café October 21 at 7 a. m. All material will be on hand and it is hoped to complete the drive in a sun up to sun down campaign.

up to sun down campaign. Scouting in Fairview has grown steadily over the vears. There are about 40 boys registered in the present troop with Charlie Goetzke as Scoutmaster. Many more should belong to this organization and would if they were given encouragement. Actually, the troop should be divided into two groups if more adult leadership could be found. Cub scouting is a going concern in Fairview and receives numerous Council benefits. Charles Dahl is Cubmaster and Gene Meldahl is the assistant for this younger group.

Remember, if you think scouting in this community is worth \$5 a year, give it during the drive. If you think it is worth twice that to you—give in proportion.

# Band Mothers Sponsor Scrap Metal Drive; Deadline Is September 20 Thurs, Sep 11, 1952

At a meeting of the executive committee of the Band Mothers' club held at the Ire Erickson home last

Friday, plans were made to sponsor a scrap metal

Donations of scrap metal, copper, old radiators and similar articles are wanted to raise funds for the purchase of instruments

and uniforms.

At the present time a French horn is most urgently needed. The price of such a horn is approximately \$350.00.

Anyone having scrap metals to donate to this

worthy cause may contact anyone of the officers of the Band Mothers' club who are: Mrs. Ire Erickson, Mrs. Frank Blowgren, Mrs. Duncan Noyes and Mrs. Art Dore, or Mr. Burbank, the band director.

A truck will be procured to pick up scrap on September 20. Or anyone desiring to bring scrap metals in may leave it in the vacant lot just west of the Erickson home at 414 Fifth street west.



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## A Community Says Farewell to a **Priest, Neighbor and Friend**

By Meagan Dotson

Father Edward "Ned" Shinnick was a priest to many, and a friend and neighbor to even more. He left a lasting impression of kindness, good humor, and faith on those who knew him. Fr. Shinnick was born in Fermoy, County Cork, Ireland on July 24, 1931. He attended St. Columban's Seminary and finished his studies at St. Patrick's Seminary in Thurles, Ireland.

He was a man who came to Montana in good faith. After seminary school, he was ordained for the Diocese of Great Falls - Billings in 1956 and was then assigned to St. Philomena Parish in Sidney, which would later become St. Matthew Parish. From the fall of 1961 until the summer of 1976, Fr. Shinnick would serve as an assistant priest, teacher, and administrator to parishes in Miles City, Moore, Medicine Lake, Culbertson, and Scobey, before returning to Sidney.

Parishioner and friend, Al McGahan met Fr. Shinnick in 1984 and recalls a man who was very down-to-earth.

"He was just a person that you could talk to and joke with. He never wore a collar when I knew him, and he was a friend to everyone," McGahan said. "He could deliver a story, and if he really liked you, he'd call you an orangutan."

Fr. Shinnick wasn't a man to push religion, but rather come down off his pulpit, down to pew level and share the message. When visiting Extended Care or the hospital, he would stop and visit with everyone and performed many non-Catholic weddings and funerals for those he cared for beyond his church.

Fr. Shinnick started building his cabin in Crane, MT in the mid-eighties, which he dubbed "Ballyhooly" after his hometown. Parishioners at the time came out to help him build it and Fr. Shinnick prided it on being the most 'un-American' home in America, because he only did the work he had the money for, and wouldn't take out a loan. "Ballyhooly" would be where Fr. Shinnick celebrated 25 years in Sidney, his eightieth birthday, and his 60th anniversary as a Catholic Priest, surrounded by hundreds of friends.

After his retirement in 1996, he continued to fill in for the five parishes in Richland County. He also loved to play golf, racquet ball, and pinochle, and was inseparable from Cain, the little terrier he had from 2001 until 2015.

LeRoy Strasheim was married by Fr. Shinnick 38 years ago,

and he too speaks about the larger-than-life man who lit up a room when he walked into it.

"He was competitive and very good at racquet ball. I remember having a conversation with someone who'd played against him, and they told me how he'd won even though they were about 25 years younger than him. I don't know of anybody he'd ever lost to actually," remembers Strasheim.

During his retirement, Fr. Shinnick and a group of men including Strasheim would get together for Saturday morning breakfast at the M&M Café or Sunny's and discuss everything from bible verses to sports to politics.

According to both McGahan and Strasheim, Fr. Shinnick could talk to anybody about anything. He went back to Ireland every year around August to visit family, and to Texas in January or February each year to visit friends. He was also involved with community organizations including the Knights of Columbus, Kiwanis, and Richland Emergency Shelter Coalition.

Fr. Shinnick passed away on Aug. 30, 2016, leaving behind a community with countless memories of the Irish priest who had made Montana his home, and made his friends like family.

"He touched the lives of everyone in the community and many people beyond that. The Diocese in Great Falls set up a webpage in honor of Fr. Ned and the last time I checked it had about 41,000 hits. That gives you an idea of what he meant to people," said McGahan of his friend.

"I feel very fortunate to have known him as a priest and as a friend. He thought of me as a confidant and that's something that always meant a lot coming from him," Strasheim said. "I'm going to miss him. We're all going to miss him."



Father Edward "Ned" Shinnick and his companion Cain. \* Photo courtesy of Fulkerson **Stevenson Funeral Home** 

### THE LIONS CLUB **SCHOLARSHIP BREAKFAST**

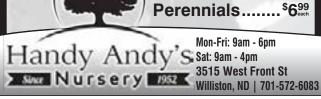
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## Sign-up for 4-H in Oct., Learn Skills that Last a Lifetime

By Meagan Dotson

October 2nd – 8th is National 4-H Week, and this provides an excellent opportunity to learn more about the largest outof-school youth development program in Montana. 4-H is an Extension program that gives kids the chance to learn-by-doing in a positive environment with adult mentors to guide them. It is unique in that members direct their own 4-H path, choosing what projects they become involved in based on interest and skill. While rural involvement is huge, 4-H isn't just for those families

## Hansen Awaits Appearance in District Court Sept. 14th

By Meagan Dotson

Charging documents were filed against Raymond Hansen, 35, of Sidney, on Sept. 6th. Sufficient probable cause was found within the application and affidavit filed to bring the felony charge of deliberate homicide against the Sidney man. Because of this, the preliminary exam was not necessary and Hansen did not appear in Justice Court on Wednesday, Sept. 7th. He is scheduled to appear in Seventh Judicial District Court in Richland County before the Honorable Judge Katherine M. Bidegaray on Wednesday, Sept. 14th at 8:30am.

Hansen allegedly shot Terry Klein, 63, of Sidney, on the morning of Aug. 24th. According to the coroner's report, Klein died as the result of a single gunshot wound to the head while working to repair a breeched canal south of Sidney. Hansen was arrested later that day after several witnesses gave the description of a man in the area that morning who had been behaving suspiciously; three of the four witnesses who were shown a photo line-up identified Hansen as the man they'd seen. Police issued a search warrant for his residence, recovering potential evidence including a 1911 .45 caliber semi-automatic pistol. There has been no official determination as to what type of gun was used in the shooting.

Bond was set at \$2 million and has not been posted; Hansen remains in police custody and will be represented by the Office of the Public Defender.

with room for chickens and cattle; in fact, suburban and urban involvement is growing as more people learn about the lasting benefits of 4-H involvement.

The 4-H pledge reads: I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, my Health to better living, for my club, my community, my country

There are nearly 20,000 youth members involved in 4-H in all 56 counties in the state; the program combines practical skills with hands-on learning and volunteerism, teaching kids how to set and meet goals and giving them a chance to demonstrate the skills they've learned at 4-H events. Montana 4-H instills in its members an attitude of 'if you can dream it, you can do it," and there are more than 200 different projects members can choose from including arts and crafts, foods and nutrition, science and technology, dog agility, horticulture, livestock management, robotics, wood working, and so much more. 4-H gives its members an opportunity to try new interests and determine where they can truly invest themselves, all while having fun.

4-H clubs usually meet once a month and give members a chance to share the work they've done on their individual projects, work together to plan community service activities, and gives them experience in organizing and running the meeting

4-Hers are 4 times more likely to give back to their communities and 2 times more likely to make healthier choices as adults. The leadership skills they develop in their youth will be carried with them throughout their lives.

Sign-ups for the 2016/2017 4-H year are during the month of October. Anyone with questions or who would like to sign up can contact Richland County 4-H Agent, Josie Evenson at

406-433-1206 or stop by the Richland County Extension Office at 1499 North Central Ave in Sidney. Those looking for more information can also go to www.msuextension.org/ richland/4h html

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#### **Fairview Football**

Front (L-R): Tom Neu, Hunter Whitmus, Jesse Selting, Trevor Karst, Stat Taker Gerit Johnson, Manager Alex Schriver, Luke Lebsock, Gabe Schipman, Ethan Neu. Middle (L-R): Alex Young, Braiden Taylor, Bryce Neu, Sterling Sannon, Cody Asbeck, JJ Klein, Carson Cayko, Rex Reynolds, Austin Calvert, Dylan Elletson, Dylan Klein. Back (L-R): Pat Hardy, Brett Andreasen, Parker Jensen, Tanner Reynolds, Braden Burman, Taryn Candee. Not Pictured: Managers Justina Fugate & Josh Herron, Coaches Hardy, Seitz, Beiber, Schipman & Neu & Players Lane O'connor, Alex Propp, Austin Frost, & Eduardo Luna and Ball Boy Kenneth Olson



#### Fairview Volleyball

Left to Right: Becca Deming, MacKenzie Hall, Emily Axtman, Britnee Gullikson, Kashania Martinez, Jenna Bieber, Kelly Danielson, Bailee Vitt, Torrie Hurley, Martha Hurley, Kieren Condie, Alexis Sundheim, Jade Schlothauer, Amber Berry, Allyson Young, Bailey Seader, Hanna Skov, MAcy Seadeek, Emma Skov & Jae Kloker Not Pictured: Ashley Karst, Manager Alexis Griggs and Coaches Karst & Kara.



#### **Fairview** Royalty

(L-R): Tanner Reynolds, Lane O'Connor, Parker Jensen, Pat Hardy, Martha Hurley, Kacie Brodhead, Emily Mocko, Kelly Danielson

## **Homecoming Week Events**

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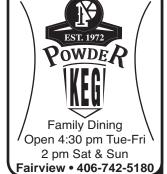
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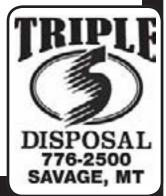
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## First West Nile Virus Death for **2016 Reported in McCone County**

## **DPHHS** officials remind Montanans to take precautions and prevent infections from mosquitos

The McCone County Health Department and the Montana Department of Public Health and Human Services are reporting Montana's first human death from West Nile Virus (WNV) for 2016.

This case brings the total number of West Nile Virus (WNV) cases reported in Montana to six for 2016. Previously, four cases were reported in Dawson County and one in Garfield County. Additionally, several horses and mosquito pools, predominately in eastern Montana, tested positive for WNV.

The deceased, an adult McCone County resident, passed away from complications related to West Nile Virus infection. The individual had no history of travel outside the state within the past month and the infection was believed to be locally acquired.

"This is an unfortunate reminder that infection from WNV can have serious consequences," said DPHHS Director Richard Opper. "We want to remind people to take precautions and protect themselves." Nationally, 406 human cases of WNV have been reported to the Centers for Disease Control and Prevention thus far in 2016, including ten deaths.

WNV is transmitted to humans by infected mosquitos through bites. Most, about 4 out of 5, people infected will experience no symptoms and become immune to the WNV infection. About 1 in 5 infected people develop a low grade fever, headache and muscle aches that begin a week or two after becoming infected. Generally, no treatment is needed.

However, in less than 1 percent of infected people, serious, life-threatening symptoms develop including headache, rash, high fever, stiff neck, mental confusion, and other symptoms. Individuals who develop any of these symptoms should see their health-care provider immediately.

Mid to late summer is a high-risk period for WNV and public health officials encourage everyone to take steps to avoid mosquito bites and prevent infections. Public health officials want to remind the public that while local transmission WNV is a concern in Montana, local transmission of Zika virus is not. In fact, the mosquitos that carry Zika virus have not been found in Montana or neighboring states.

To minimize risk of WNV, experts recommend reducing mosquito populations by removing mosquito breeding areas in and around the home. Simple steps such as draining bird-baths, wading pools or any container with still water every few days

will minimize breeding sites.

Because it is not possible to eliminate all breeding sites, people are reminded to follow specific recommendations to avoid being bitten. This includes wearing and safely using insect repellent when outdoors and wearing pants and long-sleeved shirts when possible.

The 4 D's of West Nile Virus prevention should be followed to reduce the chance of mosquito bites.

Dusk / Dawn: Peak mosquitos biting hours are dusk to dawn. Limit outdoor activity during those times. If you must be outside, be sure to protect yourself from bites.

Dress: Wear long-sleeved shirts and pants to reduce the amount of exposed skin.

DEET: Cover exposed skin with a repellant containing the chemical DEET, which is most

effective against mosquito Drain: Empty any containers holding standing water

because they can be excellent breeding grounds for virus-carrying mosquitoes. The number of WNV hu-

man cases in Montana varies from year to year. Over 200 cases were reported in 2003 and 2007, but generally the average is about 10 reported human infections each year. "No one can predict the severity of WNV season," said Christine Mulgrew, DPHHS WNV Program Manager. "But we can protect ourselves from mosquito bites and eliminate breeding sites around your

For more information go to the DPHHS website at www. dphhs.mt.gov.



a ferrus a loc CFF CLASSIFICATION OF THE STATE Fri, Oct 21st • 10am - 7pm The Roundup is looking for craft vendors to participate in the Harvest Days Craft Show in the Yellowstone Marketplace. Spaces accomodate 8'

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## **Retail Summit to feature Buxton, Chamber, WED Leaders Sept 29 in Williston**

By Barbara Peterson

It's been one year since Williston Economic Development and the Williston Convention and Visitors Bureau partnered with a Texas firm to help drive Williston's retail and tourism sectors. The collaboration with Buxton has enabled the two groups to utilize SCOUT, Buxton's webbased real estate platform to analyze retail matches, support existing stores and utilize marketing materials in the retail recruitment process.

WED, the CVB and Buxton will mark the one year anniversary of their part-

nership with a Retail Summit on Thursday, Sept. 29 from 10 a.m. until 2 p.m. at TrainND. The sessions are free and open to anyone interested in learning about the retail and restaurant opportunities in Williston. Lunch will be provided.

The Retail Summit will provide details about SCOUT, the shopping habits of Williston consumers, and the retail and restaurant brands that best match the needs in the Williston trade area.

In addition to Cheyenne Robinson from Buxton, WED, the Williston Area Chamber of Commerce and the Small

**Business Development Center** will also have speakers on hand to discuss potential financial incentives offered through the STAR Fund; business support provided by the Chamber and business planning via the SBDC. Other speakers may include local entrepreneurs, investors or developers. Williston's retail sector contributes greatly to the local economy.

The Retail Summit will discuss strategies to attract junior box stores to mom and pop shops. More details will be released soon.

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   1995 Load King Bottom Dump Trailer
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   14 FL Lee 500 gallon Fuel Trailer With
  Pump
   1998 Trail King Pintal Trailer w/ Winch
   1999 Roadking Trailer 20Ft Bumper
   Pull
   1973 Hyster Flatbed Trailer
   C. 1995 Plugs
   Misc. Discharme & Indiana Plant
   Skletch Stand
   8 Portable Air Compressor
   8 Regular Block Stand
   Portable Air Compressor
   8 Regular Block Stand
   9 Rotable Air Compressor
   8 Regular Block Stand
   Portable Air Compressor
   8 Regular Block Stand
   9 Rotable Air Compressor
   8 Regular Block Stand
   Portable Air Compressor
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- Ft.

  1971 Trailmaster Flatbed Trailer 40Ft.
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  50 KW Perkins Diesel Genset On
  Trailer (Camper)

  50 KW Perkins Diesel Genset On
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- Small Van Box On Trailer Homemade Spool Trailer 1997 Homemade Flatbed Trailer

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   Stihl Chain Saw

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shed. Mature trees and manicured yard. Updates have been made to bathroom and kitchen cabinets. Open house for Real Estate will be on Sunday, September 18 from 1:00 pm to 3:00 pm and on Friday, September 30 from 5:30 pm to 7:00 pm. 10% Down payment due on Auction day,

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Hakes, Hoes, Etc.)
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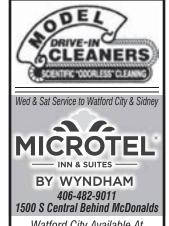
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For further information and to arrange a tour of the property, stop at McKenzie Electric Cooperative or call

(701)444-9288

Telephone: (701) 444-2211 Email: JSLO@dakotalawdogs.com

## A Steak in Ag

## A monthly report by R-CALF USA

#### **R-CALF USA** seeks a quick end to Beef Checkoff lawsuit.

R-CALF USA's lawsuit alleges the government, represented by Agriculture Secretary Tom Vilsack and the USDA, is operating the Beef Checkoff in a manner that violates the U.S. Constitution. According to the lawsuit, the Beef Checkoff, which compels producers to pay \$1 per head every time cattle are sold, is a federal tax that funds the private speech of the Montana Beef Council. The group states that the council's private speech is objectionable because it promotes the message that there is no difference between domestic beef produced under U.S. food safety laws and beef produced in foreign countries.

Compelling citizens to subsidize private speech violates the First Amendment.

In its August motion, the government barely contested R-CALF USA's claim that the checkoff had been an unconstitutional, compelled subsidy. Instead, USDA argued the subsidy was no longer compelled because the agency is currently promulgating a new rule that would allow producers in most states to petition their respective state beef councils to redirect checkoff dollars away from those private state councils and to the federal Beef Checkoff program, which is operated under the direct supervision of the USDA.

Citing the proposed rule, the government moved to either dismiss or to stay the case, saying it believes the disputed tax distribution will be resolved through its rulemaking process.

R-CALF USA's motion states that this proposed solution is woefully inadequate. It asserts that a violation of the Constitution cannot be remedied by imposing an additional burden on independent cattle producers though an opt-out scheme. Instead, the Constitution requires the government first obtain affirmative consent from those who are required to pay the federal cattle tax before it can use those taxes to fund private speech.

"There is no reason to continue unconstitutionally taxing America's independent ranchers when the government already admits it should have never happened in the first place," said David Muraskin, Food Project attorney with Public Justice, who represents R-CALF, USA. "Every day that passes without action is another day ranchers are

taxed and more money is improperly funneled to programs that harm them. There is no disagreement when it comes to ending this policy, and there is no reason the court should allow it to continue for even one day more."

"We filed our lawsuit only after Secretary Vilsack and his USDA refused to follow through with any of the reforms they had said were necessary since 2010. It is quite alarming that independent U.S. ranchers have been forced for 30 years to advertise beef produced by their foreign competitors and it is our hope that our organization can soon put an end to this once and for all," Bullard said.

R-CALF USA may be defined as a non-profit producer organization, but our work benefits anyone who eats meat and lives in an economy that includes agriculture. We're more than a producer organization; we're your organization!

For additional information on any of the topics mentioned, please visit www.r-calfusa.com.

R-CALF USA is funded solely by donations and membership dues. Please consider becoming a member or giving a donation. For more info or to join, go to www.r-calfusa.com, 406-252-2516.

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## **Thinking Out of the Fruit Box**

Annual fundraising campaigns featuring bulk fresh fruit is a win-win for residents living in Richland County. Throughout the year, organizations like PEO, Kiwanis and 4-H take advantage of selling boxes of seasonal fruit including peaches, apples, pears, oranges and grapefruits to benefit their respective cause.

According to the USDA, the daily recommendation of fruit needed each day ranges from 1 1/2 to 2 cups of raw or cooked fruit. This recommended amount is dependent of an individual's age, sex and level of physical activity.

One of the benefits of buving a box of fruit from one of these organizations is that the fundraising campaigns correspond with the peak of harvest. For example, the peaches sold by PEO are picked fresh and ripe in Colorado and delivered within a few days in a refrigerator truck. The same is true for Kiwanis apples and pears as well as 4-H oranges and grapefruit. The fruit is harvested during the peak of its season and delivered accordingly.

Another benefit to buying bulk fresh fruit is preserving it for the long winter season. Freezing or canning fresh produce is an added bonus to ensuring tasty fruit is stocked in the pantry or freezer for a cold winter day. Typically, buying fruits in season can lower the cost and add to the freshness!

However, when it comes to fundraising - spending a little extra money for a box of fruit to assist women with education or kid programs in our community seems well worth it. So the next time a non-profit organization approaches you to buy a box of fruit, thank them for bringing fresh seasonal fruit to the community.

As noted on the USDA website, eating fruit provides health benefits - people who eat more fruits and vegetables as part of an overall healthy

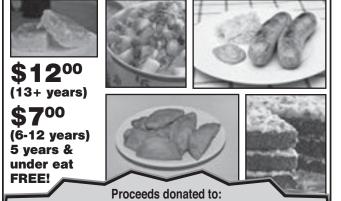
diet are likely to have reduced risk of some chronic diseases. Fruits provide nutrients vital for health and maintenance of your body.

For more information about nutrition and healthy recipes, check out the local Richland County Nutrition Coalition Facebook page at www. facebook.com/1rcnc1, and the Pinterest page at www.pinterest.com/1rcnc1



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## Culbertson Homecoming Tuesday - Saturday, September 13 - 17







Coach David Solem & Chase Lambert.









Cross Country (L-R): Daunte Azure, Havanah Wettlin, Clayton Marchwick, Camille Ward,



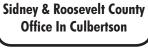
Football Back Row (L-R): Coach DJay Hauge, Chance Parsons, Jonathan Hilde, Jade Waters, Logan Nickoloff, Lance Bengochea, Joey Bawden, Brandon Mead, Jordan Anderson. Middle Row (L-R): Carter Nickoloff, Lucas Oelkers, Tristan Labatte, Gus Spradley, Noah Nickoloff. Front Row (L-R): Ayden Hobbs, Payton Hauge, Eli Williams, Gabe Granada, Jacob Crowder.













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## Watford City Wolves Homecoming



Wed-Fri



#### **GIRLS' CROSS COUNTY:**

Front row: Charlotte Belland. Middle row (left to right): Ashley Holen, Kaitlyn Nokes, Morgan Stebbins (Stat), Sydney Sanford. Back row (left to right): Hayley Ogle, Ellie Schmitz, Kayla Ogle, Lindsay Peterson.





#### **BOYS' CROSS COUNTRY:**

Front row (left to right): Carter Zenz, Cauy Hartel, Hunter DeFoe, Christopher Ferry, Erik Casazza. Middle row (left to right): Andrew Trotter, Osman Leon, Lane Mayberry, Mark Pingel, Ethan Lyon, Braedon Gumke, Devin Schmitz, Britton Cranston, Tyler Erickson. Back row (left to right): Tanner Ponto, Evander Long.

#### HOMECOMING ROYALTY:

Front row (left to right): Cheyanne Berquist, Arielle McMahon, Jayden Leiseth, Bridget Allex, Kamry Headings. Back row (left to right): Kallen LaDue-Bruington, Jamison Flynn, Rait Elliot, Sean Larsen, Justin Dahl.



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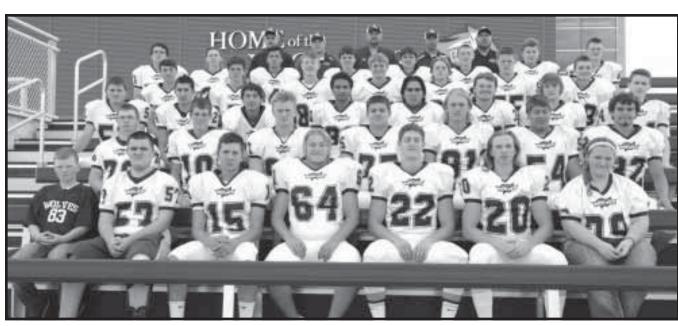
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Front Row: L to R Judd Johnsrud (Ball Boy), Dalton Barnhart, Jamison Flynn, Bridger Morken, Matt Ackerman, Rait Elliot, Cassy Comer (Manager) 2nd Row: Jordan Krabbenhoft, Hunter Neether, Jaydn Ewing, Jackson Faller, Brett Skarda, Hunter Thompson, Blake Bigelow 3rd Row: Jamesy Belcourt, Antonio Garcia, Anthony Johansen, Elijah Brown, Jarek Hogue, Kason Hartel, Cooper Knutson, Jordan Housel. 4th Row: Seth Collison, Hunter Schwartzenberger, Keegan Kaczmar, Carter Zenz, Carter Knutson, Tristyn Rutkowski, Josh Wood 5th Row: Ethan Morris, Liam Shannon, Dylan Lobato, Kaleb Goff, Jacob Goff, Trey Polivka, Michael Carter, Evan Heiser 6th Row: Asst. Coach Marshall Krebs, Asst. Coach Jerome Hoffman, Head Coach Justin Johnsrud, Asst. Coach Pat Fitzgerald, Asst. Coach Logan Suter



#### **VOLLEYBALL:**

Standing from L to R: #2 Morgan Rolfsrud, #1 Avery Sundeen, #5 Mikka Haugeberg, #9 Sydney Sanford, #6 ReiAnne Lindley, #10 Sydney Faller, #15 Mackenzie Sparby, #7 Tia McGorman, #4 kamry Headings, #11 Teddi Dwyer, #8 Brittany Sandvick, #14 Mackenzie Olson, #3 Kennidy Chapin Kneeling from L to R: Asst. Coach Hannah Krebs, Head Coach Brad Foss, Asst. Coach Terrille Jacobson



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## Brodhead-Darnielle Wedding Announced

Hayley Brodhead and Shayn Darnielle

Hayley Brodhead and Shayn Darnielle were married on July 2 in The Dalles, Oregon at The Fort Dalles Riders Club.

The bride is the daughter of Dan and Toni Brodhead, Sidney and Pam and Doug Voll, Watford City. The groom is the son of Sharon Darnielle, The Dalles and Richard Dar-

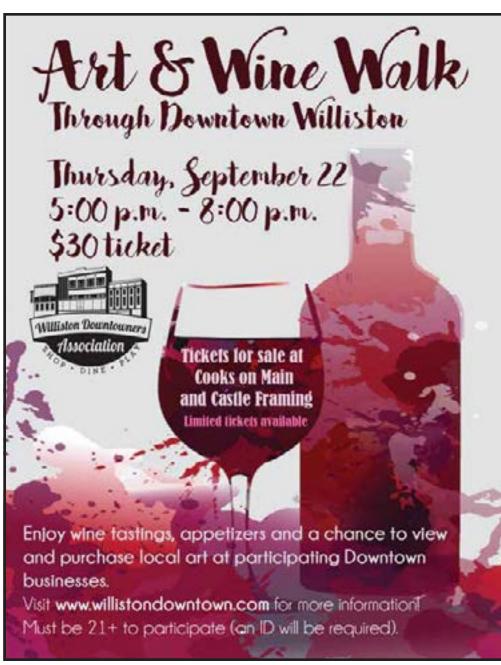


nielle, The Dalles.

Maid of Honor was Kodi Brodhead, sister of the bride. Bridesmaids were Kacie Brodhead, sister of the bride, Breann Young, Brianna Toll and Kelsey Lepinski, friends of the couple. Best Man was Cody Darnielle, brother of the groom. Groomsmen were Branden Young, Logan Padget, Kurtis Toll, and Kory Lepinski, friends of the couple.

The couple lived together in Dufur, Oregon a year before Shayn accepted a farm/ranch job with Darrel Minow in Squaw Gap, May of 2014. The couple still resides in Squaw Gap, ND.











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#### Menus

#### **Sidney School**

Thurs., Sept. 15: Hamburger gravy over potatoes, green beans, peaches, dinner roll.

Fri., Sept. 16: Deli sandwich, carrot sticks, grapes, crispy treat. Mon., Sept. 19: Hot ham and cheese, oven wedges, fresh fruit. Tues., Sept. 20: Super nachos, fruit fluff.

Wed., Sept. 21: Spaghetti with meat sauce, tossed salad, garlic toast, peaches.

#### Savage School

Thurs., Sept. 15: Tostadas and chips.

Fri., Sept. 16: Croissants. Mon., Sept. 19: Chicken strips. Tues., Sept. 20: Chicken a la kina.

Wed., Sept. 21: Spaghetti wiener casserole

#### Rau School

Thurs., Sept. 15: Ravioli, salad, mixed fruit, garlic bread.

Fri., Sept. 16: PB&J, chicken noodle soup, fruit.

Mon., Sept. 19: Chicken fajita, rice, steamed vegetables, pineapple.

Tues., Sept. 20: Nachos, salad, fruit.

#### Wed., Sept. 21: First grade pick. **Froid School**

Thurs., Sept. 15: Super nachos, taco bar, lettuce mix, fruit, milk. Fri., Sept. 16: Chicken patty on a bun, rice pilaf, peas, salad bar, fruit, milk.

Mon., Sept. 19: Fish sticks, mac and cheese, veggies, salad bar, fruit, milk.

Tues., Sept. 20: Goulash, corn, buns, salad bar, fruit, milk.

Wed., Sept. 21: Chicken legs, scalloped potatoes, peas, salad bar, fruit, dessert, milk.

#### **Bainville School**

Thurs., Sept. 15: Hot dog, bun, pickles, french fries, fruit cup. Fri., Sept. 16: Beef stroganoff, corn, fruit.

Mon., Sept. 19: Beef strips, french fries, broccoli, grapes. Tues., Sept. 20: Shredded pork, bun, rice pilaf, veggies, fruit.

Wed., Sept. 21: Sweet-n-sour chicken, egg rolls, stir fry veggies, pineapple.

#### **Culbertson School**

Thurs., Sept. 15: Pizza salad, fruit, milk.

Fri., Sept. 16: Roast beef and cheddar on a bun, veggies, fruit,

Mon., Sept. 19: Chicken wraps, veggies, fruit, milk.

Tues., Sept. 20: Hot dogs, chips, veggies, fruit, milk.

Wed., Sept. 21: Meatballs, rice,

#### veggies, fruit, milk. Richey School

Thurs., Sept. 15: Enchilada casserole, corn, mandarin oranges, milk.

Fri., Sept. 16: No school.

Mon., Sept. 19: Pork rib sandwich, fries, pears, corn, milk. Tues., Sept. 20: Egg roll, stir fry veggies, mandarin oranges, fortune cookie, milk.

Wed., Sept. 21: Chicken drummies, scalloped potatoes, peas, fruit cocktail, milk.

#### **Lambert School**

Thurs., Sept. 15: Corn dogs, gems, fruit, milk.

Fri., Sept. 16: Fish sandwich, fries, fruit, milk. Mon., Sept. 19: Burrito, fresh

veggies, jell-o, milk. Tues., Sept. 20: Meatloaf,

mashed potatoes, gravy, corn, buns, pears, milk. Wed., Sept. 21: Super potato

oles, fresh veggies, fruit, milk.

#### **Fairview School**

Wed., Sept. 14: Pork chops, mashed potatoes & gravy, green beans, mixed fruit, milk.

Thurs., Sept. 15: PB&J uncrustables, chicken noodle soup with crackers, cookie, milk.

Fri., Sept. 16: Corn dogs, carrot sticks, apples, milk.

Mon., Sept. 19: Hot dog with bun, corn, pineapple, milk.

Tues., Sept. 20: Chili with corn chips and cheese, banana, dessert, milk.

Wed., Sept. 21: Chicken legs, mashed potatoes and gravy, peas and carrots, mixed blend fruit, milk.

#### **Watford City School**

Wed., Sept. 14: Chicken nuggets, mashed potatoes with gravy, green beans, roll, pudding. Thurs., Sept. 15: Slush burgers,

potato wedges, corn, mandarin oranges. Fri., Sept. 16: Cheesy bread-

sticks with marinara sauce, green beans, pineapple.

Mon., Sept. 19: Chicken fajitas with cheese and salsa, corn, fruit. Tues., Sept. 20: Cheeseburger, french fries, green beans, watermelon.

Wed., Sept. 21: Hot ham and cheese on a bun, potato wedges, applesauce.



## Lone Tree Gun **Show Winners**

The Lone Tree Gun Show hosted another successful event with vendors and shoppers enjoying three days of buying, selling and trading stories.

The raffle winners were: (Left) Harvey Brown, binoculars, pictured with Leah Larson; (Right) Ron Waters, rifle, pictured with Tim Larson on the





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## Shine the Light Jackpot Rodeo will Benefit SHINE & the Sidney Saddle Club, Sept. 17 - 18

By Meagan Dotson

The Sidney Saddle Club presents the 'Shine The Light' Jackpot Rodeo Benefit for SHINE Suicide Awareness and Prevention on September 17th and 18th at the Sidney Saddle Club, 440 Airport Rd.

The event is a collaboration between the two non-profit organizations; half of the profits will be used by the Saddle Club towards an updated tractor, while the other half will be given to SHINE which was founded in March of 2016.

The mission of SHINE, as a sub-committee of the Lo-

cal Advisory Committee, is to develop, implement, and support fund raising activities for suicide prevention in Richland County and surrounding areas. SHINE utilizes local resources and best-practices when selecting projects to ensure that they have the most impact in preventing suicides. SHINE also utilizes effective programs to support survivors of suicide- children, youth and adults who have lost a relative or friend to suicide. SHINE undertakes education projects that support the work of local mental health professionals dealing with suicide as well as educational and outreach projects intended for the public. SHINE promotes a collaborative effort to create a comprehensive approach

SHINE volunteers are supplying the manpower for set-up and takedown, and the Sidney Saddle Club is looking forward to showcasing the

to suicide that utilizes the

local resources to their fullest

potential.

improvements that they've made, such as their recently leveled arena and black widow groomer.

The office opens to accept entries at 7:00am on Saturday the 17th. The day's events begin with pole bending 3D, which is \$20 for kids and \$30 for the open race. The exhibition run is \$5 per entry and will be held from 10:00 to noon. 3D is at 1:00pm, with 4D to follow and all participants must be entered by 11:30; the peewee entry fee is \$10, and youth and senior entry fees are \$20.

Sunday events include exhibitions from 7:00am - 10:00am, with the open race to follow at 11:00. All participants must be entered by 9:30. During the intermission, SHINE will have a presentation before the Calcutta of the slot race. The open race will resume after intermission, followed by the slot race.

There will be a silent auction and vendors at the Market Place, located next to the Saddle Club, and concessions and beer gardens will also be available.

Cash prizes will be awarded to winners throughout the day. W.L. Neu Construction Inc. has donated \$1,000 to the slot race, G & A Enterprises has donated \$1,000 to the open race, and Trust T Trucking has donated \$750 to the jackpot; additionally, these businesses have given matching funds to SHINE Suicide Prevention & Awareness. The event wouldn't be possible without the generous support of the sponsors including The Depot, Sidney Dental, MacGrady Construction LLC, Sidney Sugars, UINTAH, Silver Mountain Web Design, Hurley's Oilfield Service, Big Sky Siding and Windows, Richland Federal Credit Union, and Fisher Industries, and The Waterhole, which is running the Beer Gardens and donating \$.50 of every beer sold to SHINE. Anyone interested in becoming a sponsor can contact Tanya at 701-260-1847 or Kendra at 505-379-9067.

Go to www.sidneysaddleclub.org, email them at sidneysaddleclub@gmail.com, or visit them on Facebook for more information about rules, events, prizes, and membership. For more information about SHINE Suicide Prevention & Awareness, their resources, and how you can get involved, visit their Facebook page at SHINE Suicide Prevention and Awareness.

## **Tester Discusses Upcoming Issues for this Congressional Session**

By Meagan Dotson

Senator Jon Tester held a press call on Wednesday Sept. 7th; he is back in Washington D.C. after a seven week recess

"My colleagues called for a vote on a partisan bill they knew would not pass," said Tester in regards to a bill addressing the Zika virus.

According to Tester, the bill would not provide adequate research funding for the virus, and restricts access to family planning services.

"It makes no sense considering this is a sexually transmitted disease," Tester commented. "We need strong research to make sure that this health crisis doesn't become an epidemic by this time next year."

The Supreme Court continues to operate with only eight justices; Merrick Garland was nominated to the Supreme Court on March 16th of this year, however he has still not received a hearing or

"A six month vacancy wasn't what our founding fathers had in mind when they demanded that the Senate advise and consent to a Supreme Court nominee. It's time for Judge Garland to be publically

Submitted by Louise V.

Skaare

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Walk through Downtown from

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The Williston Downtown-

vetted through a hearing and then receive a vote."

Despite the Veterans Affairs Committee unanimously approving the Veterans First Act in May of 2016, the bipartisan, comprehensive VA reform bill has yet to be voted on. Tester commented that Montana Veterans are still struggling with the Choice Program, and that they can't wait any longer to have increased access to the care they need

and deserve Tester spent the last seven weeks traveling across the state. While visiting the Roaring Lion fire, the need to implement the Wildfire Disaster Funding Act was reiterated by those fighting the wildfire.

The Wildfire Disaster Funding Act would address wildfires as a natural disaster, so that emergency funds could be used for firefighting. Currently, the Forest Service uses the majority of it's funding to fight fires, leaving little money left over to maintain trails and clear deadfall.

"This leaves Montana's forests as kindling and just one act of God away from yet another wildfire," Tester commented.

The Senator held a listening session to gain feedback about the Blackfoot Clearwater Stewardship project in western Montana, which has been in the works for the last decade. Montanans are seeking a lasting solution for public lands in the Blackfoot-Clearwater valley that address the three components of the project: timber, recreation and conservation.

Lastly, Tester discussed the need to keep health care costs down for Montanans.

"I heard from constituents across the state about the high cost of prescription drugs, premium increases, and the need to hold these health care corporations accountable. I sent letters to Blue Cross Blue Shield of Montana and Mylan pharmaceuticals to call on them to stop the price gouging and find new and innovative ways to keep costs down for working families."

Tester is hopeful that even with limited time, some of these issues can be addressed in the next congressional session.

"With a vote to avoid government shutdown on the horizon, I will look for any and all avenues to make sure the problems facing Montana can be addressed," he said in

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at Cooks on Main, Castle Framing, or at Williston's Farmers Market on Saturday from 9am until noon. "With the success of the

Art and Wine Walk in April there is no doubt in my mind this event won't sell out. We have increased the number of participating business and

gain new artists to keep things fresh." said Executive Director Louise Skaare.

Participants must be 21 or older and will be asked to present an ID. All ticket holders will receive a wristband, list of businesses, artists, wines, and a wine glass for sampling after they check in at the start of the event which will be kicked off at the James Memorial Art

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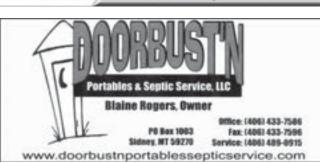














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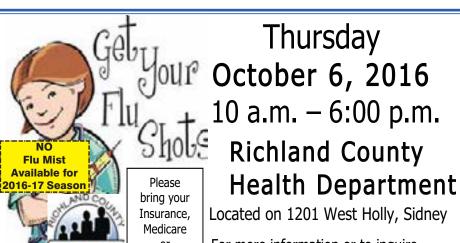
## **Alexander Old Settlers Day**

The Sanders family was featured at this year's Old Settlers Day in Alexander. Pictured standing from left to right are Rip Van Winkle, Laura Van Winkle, Jeff Rasmusson, Andrea Balko, Clayton Rasmusson, Jenifer Watters, Jean Sanders Ekern (in car), Joan Axdal, Jim Watters, Eunice Sanders, Joey Axdal, Gordon Sanders, Nikki Shabelski, Steven Axdal. Seated are Brooke Shalbelski and Matthew Axdal.



### **Walking to Wellness**

Corey and Danyelle Weiland cross the finish line at Walking to Wellness on Sept. 10th in Sidney.



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