

Cookbook **Preserves** Memories

By Lois Kerr

Losing a child might be one of the most difficult situations families face. The loss of a child of any age can devastate families and it may take years for the healing process to complete. A group of three ladies, all of whom have lost a child, decided that a good way to remember their children who have passed and at the same time preserve precious memories for family and friends, lies in the development of a special cookbook. Jacquie Pourroy, Vicki Waddington and Becky Kallevig have teamed up to produce Angel Food, a community cookbook project that will contain favorite recipes of beloved children who have passed on. The ladies invite anyone who has lost a child of any age to participate in this project by contributing a recipe or recipes to the cookbook, along with a brief memory of that child or the story behind the favorite recipe.

"We want this book full of love," says Pourroy. "Sharing meals, cooking together and finding favorite recipes say 'family'. After parents lose a child, they may find it difficult to face the food memories at first, but this can become a way of celebrating memories. Traditions develop around food. Kids help to cook in the kitchen when they are small, and after they grow up and move away, they still call home to find out how to make something."

She continues, "We want to put together a cookbook containing the favorite recipes of these children who are no longer with us. This is a way of healing and a way of preserving precious moments. Just talking about food brings back memories."

Another member of the team, Vicki Waddington, points out that those who have lost children are a community of silent sufferers. Angel Food will give them a voice. "We often aren't given permission by society to talk about our children who have passed," she remarks. "This cookbook offers a way to counteract that. We have to be able to say our children's names and we have to be able to tell stories. This cookbook is a fun way to do this and it will have personal meaning to every parent who contributes a recipe or recipes.

The ladies ask anyone who has lost a child of any age to participate in this project. The ladies will accept all recipes, from appetizers to desserts. Along with each recipe, parents can write a brief memory that will appear with the recipe. "This theme of favorite recipes with memories surrounding that recipe and that child keeps the focus on the child and

Angel Food Sperry/Reid Horse & Cattle Co. **Takes 2011 NILE Championship Ranch Rodeo Title**



2011 Northern International Livestock Exposition (NILE) Ranch Rodeo Finals Top Team from Sperry/Reid Horse & Cattle Co., Poplar. Pictured are: Jason McNally, Wilbur Reid, Robert Sperry, Clint Neshum and Craig McKenzie. (Courtesy of WD Photos)

The fifth annual NILE Ranch Rodeo Finals were held Oct. 19 in the Rimrock Auto Arena, MetraPark. This year's rodeo had teams qualifying at six sanctioned rodeos from around the region competing head-to-head. Hailing from the states of Montana, Wyoming, Idaho and North Dakota the teams were S Ranch, Reid Ranch, Criss/Double 4 Ranch, the Cook Ranch, the Reversed EV, the Harrington Ranch, Sperry/Reid Horse & Cattle Co, Nelson Ranch, Swenson/ Martin Horse & Cattle Co, M Triple T, Sand Creek Cattle Co and Hyche/Starkson Ranch.

This one of a kind rodeo featured working ranch activities including bronc riding, team trailering, team branding, team doctoring and wild cow milking.

Top three teams were: 1. Sperry/Reid Horse & Cattle Co., Poplar; 2. Reid Ranch of Firth, ID; 3. Swenson/Martin Horse & Cattle Co., Beulah, ND

was awarded to Robert Sperry, Sperry Reid Horse & Cattle Co, Poplar. The Top Horse received a custom cowboy hat by Dorer's Hatmaker and the Top Hand received a custom saddle made by Vaquero Saddlery.

The NILE is a non-profit organi-



2011 Northern International Livestock Exposition (NILE) Ranch Rodeo Finals Top Hand, Robert Sperry, right, Sperry/Reid Horse & Cattle Co., Poplar. (Courtesy of WD Photo)

zation established in 1967 that is dedicated to the promotion

makes a great memory book," says Pourroy. "This is an opportunity for all parents to participate."

She concludes, "The cookbook is for families but it is also for friends. Kids have a second family of friends and we invite those friends to contribute stories and recipes as well."

To submit a recipe, people may call Jacquie Pourroy, 488-4990; Becky Kallevig, 488-5455, or Vicki Waddington, 433-3151 for the form used to produce the book. Please obtain the form or forms and return them by Jan. 15, 2012 to meet the publication deadline.

Editor's note: Vicki Waddington, Lonsdale Methodist Church pastor, Sidney, invites all interested people to attend a candlelight memorial service, scheduled for Sunday, Dec. 11 at 7 p.m. at the Lonsdale United Methodist Church, Sidney, 205 3rd Ave. SE. The service will honor and celebrate the lives of those children who have passed on.

Pamida To Hold Meet & Greet For New Pharmacist Nov. 3

Pamida Pharmacy recently hired new pharmacist, Ben Hunn, Great Falls.

A meet and greet the new pharmacist will be held on Thursday, Nov. 3 from 9 a.m.-3 p.m. in conjunction with Senior Day.

Additionally, the Top Horse award went to "Purple" ridden by KC Verhelst, S Ranch, Pryor, MT. The Top Hand award

Moonlight Madness In Sidney Set For Oct. 31

The Trade Promotion Committee has made some changes to the Moonlight Madness event on Oct. 31. They will not be promoting extended hours however, store employees will be dressed up in the spirit of Halloween.

For kids there will be a "trail of treats" which will start at4 pm at Reese & Ray's IGA. They will receive candy bags provided by Wells Fargo Bank and then begin a hike around downtown to businesses that have a Halloween sign on their door or window to receive a treat. The "Trail of Treats" will end at the Yellowstone Marketplace for a costume judging contest at 5:30 p.m.

We ask that the parents be with the kids, and students from the high school will be leaders. If you have any questions please call the Chamber.

of livestock, agriculture education, and respect of the western tradition. For more information contact the NILE office at 406-256-2495 or visit www.thenile.org.

Timmons Benefit Set For Nov. 20

There will be a benefit for Pastor Adrian Timmons on Sunday, Nov. 20, to help with medical expenses he has incurred as a result of a very severe car accident.

The benefit will be held at the Watford City Civic Center from 11 a.m.-4 p.m. Everyone is welcome.

DRWA To Hold Informational

Meeting Oct. 27

There will be an informational meeting concerning the Richland County phase of the Dry Redwater Rural Water project at 7 p.m., Thursday, Oct. 27 at Girard Hall.

Brian Milne, Interstate Engineering, will provide information on the project and there will be plenty of time for questions.

Girard Homemakers will be serving homemade pie and coffee to attendees. Anyone interested in this important rural water project is encouraged to attend.





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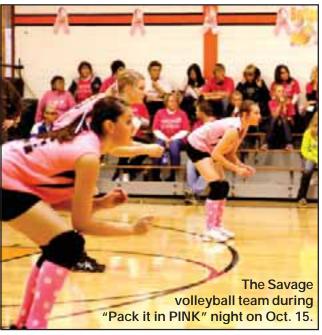


Savage & Fairview Warrior Volleyball Teams Raise Funds For SHC Cancer Care Center

More than 350 spectators joined the Savage Warriors and Fairview Warriors on Oct. 15 for high school volleyball "Pack it in PINK"

tournaments.

Proceeds from each community's tournament benefited Phase II of Sidney Health Center's Cancer Care



Sidney Health Center Cancer Center Donation

Tori Todd, Madeline Warner and Cedar Lewis present a \$210 check to the Foundation for Community Care in

honor of breast cancer awareness. Proceeds were donated on behalf of Sidney High School's volleyball team and Business Professionals of America and will benefit Phase II of Sidney Health Center's Cancer Care Center.

City/County Planning Board Meeting Rescheduled For Nov. 3

The City/County Planning Board meeting scheduled for Tuesday, Nov. 1 has been canceled and re-scheduled for Thursday, Nov. 3 at 7 p.m. to include the subdivision application public hearing. The meeting and hearing will take place at the **Richland County Extension** Office Conference Room, 1499 N. Central Ave., Sidney.

To obtain a copy of the Planning Board Agenda or for more information please contact the Richland County Planner Office at 406-433-6886.



Sidney Hospice Volunteer Training Course

Center.

Hurley Oil Field Services and W.L. Neu Construction made a donation for each person wearing pink to Fairview's tournament. In addition, Richland County Cancer Coalition had a pink carnation for each player to give to a fan as a reminder to make an appointment for a cancer screening.

Savage Warriors donated all gate admission, held a raffle, a bake sale and silent auction towards Phase II of the Cancer Care Center.

This was Savage's 3rd annual and Fairview's 1st annual event.

A special thank you to each volleyball team, coaches, managers, businesses and fans that joined the girls for a day of awareness and helping to bring the **BEST Cancer Treatment** closer to home.

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Join us at our Hospice Volunteer Training Course and learn the role of a volunteer in Hospice.

November 3 & 4 • 8:00am - 5:00pm Sidney Health Center ER Conference Room

Lunch will be provided. To register please call the Sidney Health Center Hospice office at 406-488-2138 by November 1.

26 Local Restaurant Employees Attend Food Safety Training

Food safety, a larger issue than most people are aware of, costs the nation an estimated \$35 billion each year. Problems can occur at any point in the food chain from the farm to the kitchen to how the food is served.

Employees from Betania, Cattle-Ac, DCC Rental Bed and Breakfast, Double Barrel, Hotel Albert, South 40 and Winners Pub attended a two-hour food safety workshop taught by Judy Johnson, MSU Richland County Extension Agent. For some attendees it was a refresher course while it was new to others.

Schools Invited To Take Part In Recycling **Challenge**

The Montana Department of Environmental Quality is encouraging schools from all across the state to sign up for this year's Great American Can Round Up School Recycling Challenge sponsored by the Can Manufacturers Institute.

What can aluminum recycling do for your school? The kids in Cascade, MT, will tell you it can mean extra money for school activities. Recently, they were recognized for collecting the most aluminum cans per capita among Montana schools in the first annual School Recycling Challenge. The school placed 3rd nationally by collecting 13.06 lbs. of cans and won \$1,000 to help fund school activities.

"This event is open to all K-12 public and private schools and schools can earn money and prizes for participating", said Sandra Boggs, DEQ recycling specialist. As an added incentive she said that Pacific Recycling is paying \$.05 more per pound to schools recycling at one of their facilities.

The School Recycling Challenge runs between America Recycles Day (Nov. 15) and Earth Day (April 22). The national champion school wins \$5,000 and the state champion school will win \$1,000. In addition, there will be monthly drawings for \$50 pizza gift cards.

To take part in the challenge, schools register at the CMI website. The students will record the pounds of aluminum cans recycled and submit the numbers monthly by mail, fax or email. For all the information and to register go to www.cancentral.com/RoundUp.

Changes Are Coming to the Glendive Driver Exam Station

Beginning Wednesday, November 2, 2011 appointments are required for most services.

Log on to www.doj.mt.gov/driving

- to schedule an appointment for:
- All knowledge tests
- All out-of-state license transfers ٠
- All road tests and most vehicle identification number (VIN) inspections

The station will no longer be able to

With most food establishments being short staffed and very busy it was a good opportunity to take a look at what can cause problems when preparing food. Since germs cause almost all food-borne illnesses the class focused on how personal hygiene can be a positive or negative influence, keeping foods at the correct temperature will reduce bacteria growth and preventing cross contamination can also guard against unwanted germs.

For more information on food safety contact MSU Richland County Extension at 406-433-1206.

Lambert Fall Vendor Fest Set For Saturday

A Fall Vendor Fest is set for Saturday at the Fox Lake Senior Center, Lambert, from 10 a.m.-4 p.m.

There will be 20 plus vendors present to share their business and products.

There will also be a fundraiser lunch put on by Lambert High School's EF Tours for their trip to Australia from 11 a.m.-2 p.m.

For more information contact Myra Boss, 406-943-4040 or 505-320-5904.

Sidney FFA Provides Locally Grown Onions

Sidney FFA/AgEd has hand harvested tons of onions grown at Eastern Agriculture Research Center (EARS) and will market them locally. Please, contact gschaff@sidney.k12.mt.us or call SHS 433-2330 for your needs. A special thank you goes to EARS for growing and providing the onions. There is "Nothing like home grown produce! Sidney FFA harvest crew: Ethan Chamberlain, Jake Lunderby, Dalton Thomas, Ryan Steinbeisser, Dallas Hayden,

Gary Schaff, Kalah Frazier, Kris Iverson and Emily Schaff.





Cooks on Main is now your KitchenAid Small Appliance Dealer

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accommodate customers who do not have previously-scheduled appointments for these services. To schedule Stage III VIN inspections, or to speak to a scheduling representative, call toll free: 1-866-450-8034.

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Thank You...

I would like to extend a HUGE THANK YOU to my friends and family for all the cards, flowers, calls & attending my 90th Birthday party. Thank you to everyone who did all the preparing and organizing and traveled from far away for my special day.

> Thanks again! Ann Bauman



recruitment

MSGA Annual Convention, **Trade Show To Be** Held In Billings, Dec. 15-17

The 2011 Montana Stockgrowers Association (MSGA) and Montana CattleWomen (MCW) Annual Convention and Trade Show will meet at the Holiday Inn Grand Montana, Billings, on Dec. 15-17. The convention will offer opportunities for attendees to learn tips to improve their ranch or business, find out about new products available for their animal health and ranch supply needs at the trade show, and for members to weigh in on policy discussions. Members who attend convention will be eligible to win a Ford super duty truck from the Montana Ford stores.

Speakers will include Bill Donald, National Cattlemen's Beef Association president and Gene Carlson, Big Sky Little League All-Stars manager, with Rocky Erickson, Northern Ag Network. The Pfizer Cattlemen's Colleges will be held on Dec. 17 featuring Gary Brester, Montana State University agricultural economics professor, and Larry Gran, Pfizer Animal Health. Brester will conduct two economic workshops. Gran will talk about utilizing modern technology to help commercial cattlemen select bulls for their ranch.

A major component of the convention is the setting of new policy and the review of past policies to guide the association through its day-to-day work. The policy process will begin on Thursday, Dec. 15 with the Beef Production & Marketing and Membership Development & Services committee meetings. The Land Use & Environment and Tax, Finance & Ag Policy committee meetings will be on Dec. 16. The Second Reading of Resolutions will be held on the morning of Dec. 17, with reports from each committee. The final reading, and an up or down vote on resolutions, will occur at the MSGA Business Meeting on the afternoon of Dec. 17. Resolutions that make it through the entire process will become association policy.

MSGA membership will be voting for new MSGA board of directors as Don Griffin, Ismay; Jason Camp, Belgrade; and Kraig Meeks, Geraldine, end their terms on the MSGA board.

MSGA and Montana Ford stores have teamed up to give a Ford super duty truck to one lucky member who attends convention. The drawing will be held on Saturday during the Grand Finale Banquet with Justin Mills emceeing the banquet. To be eligible for the truck drawing, you must attend convention, be a current Rancher, Stocker/Feeder or Young Stockgrower member, and fill out the truck entry form.

To learn more, please call the MSGA office at 406-442-3420, or visit www.mtbeef.org. If you would like to reserve a trade show booth or sponsor part of the convention, please contact the MSGA office soon as there are limited spaces open.

STATISTICS

Lake Water Level Reports Fort Peck Sakakawea

OBITUARIES

Florence Fatzinger, 84, Sidney, MT

Funeral service for Florence Fatzinger, 84, Sidney, MT was at 2 p.m., Thursday, Oct. 20, 2011 at Faith Alliance Church, Sidney, with Pastor Paul Turek officiating.

Interment was in the Sidney Cemetery under the direction of Fulkerson Funeral Home, Sidney.

Remembrances and condolences may be shared with the family at www.fulkersons.com.

Florence died on Monday morning, Oct. 17, 2011 in Billings, MT.

Louie Anvik, 87, Sidney, MT

Funeral service for Louie Anvik, 87, Sidney, MT, will be at 10 a.m. Thursday, Oct. 27, 2011 at Pella Lutheran Church, Sidney.

Interment will be in the Sidney Cemetery under the direction of Fulkerson Funeral Home, Sidney.

Remembrances and condolences may be shared with the family at www.fulkersons.com.

Louis passed away on Oct. 20, 2011 at the Sidney Health Center Extended Care Facility.

EVENTS SEND US YOUR EVENTS!

THE ROUNDUP: PO Box 1207, 111 West Main, Sidney, MT 59270 406-433-3306, Fax: 406-433-4114 Email: classads@esidney.com

Richland County

Events in Sidney unless otherwise listed. MT Zone. Wed., Oct. 26

7 p.m. — Gambler's Anonymous, Millers' Corner back room.

7 p.m. — Square Dance Lessons, Sidney High

School band room. For more info call 747-9994. Thurs., Oct. 27

12 p.m. — Sidney Kiwanis Club meeting, Elks Lodge. 5 p.m. - TOPS, Crestwood NW Entrance, Weigh-ins 5-5:30 p.m., meeting 5:30-6 p.m.

6:30 p.m. — Pinochle, Moose Lodge.

7 p.m. — Link Family Concert, Ebenezer Congregational Church.

8 p.m. — NA meeting, Millers' Corner banquet room. Sat., Oct. 29

- 9 a.m. & 7 p.m. AA meeting, Trinity Lutheran Church education bldg., 214 S. Lincoln.
- 10 a.m.-4 p.m. Lambert Fall Vendor Fest, Fox Lake Senior Center. Lambert High School EF Tours trip to Australia, 11 a.m.-2 p.m.

Sun., Oct. 30

- 11 a.m.-2 p.m. St. Theresa's Catholic Church Fall Dinner, Lambert School multi-purpose room.
- 7 p.m. AA meeting, Trinity Lutheran Church
- Education bldg., 214 S. Lincoln.
- Mon., Nov. 1
 - 12 p.m. AA meeting, Trinity Lutheran Church education bldg., 214 S. Lincoln.
 - 6:45 p.m. Bingo, St. Matthew's Parish Center multi purpose room.

Last Week's Elev		1842.3
One Year Ago		1846.1
Release For Day (C.F.S.)	N/A	26,000

Watford City Weather Data

Source: North Dakota Agricultural Weather Network				
Date	High	Low	Precip.	
Oct. 17			0.00	
Oct. 18	56		0.00	
Oct. 19	56		0.00	
Oct. 20	57		0.00	
Oct. 21			0.00	
Oct.22	59		0.00	
Oct. 23			0.15	

Sidney Weather Data

Source: MSU Eastern Agricultural Research Center			
Date	High	Low	Precip.
Oct. 17	57		0.00
Oct. 18	58		0.00
Oct. 19	59		0.00
Oct. 20	69		0.00
Oct. 21	60		0.00
Oct. 22	67		0.04
Oct. 23	63		0.04
Average YTE	Precipitation		NA
	recipitation		

Tues., Nov. 2

7 p.m. — AA meeting, Trinity Lutheran Church education bldg.

McKenzie County

Events in Watford City unless otherwise listed. CST Zone.

Wed., Oct. 26 7 p.m. — Pinochle Card Party, Eagles Club 8 p.m. — Al-Anon, Sanford Room, McKenzie Co. Public Library.

Thurs., Oct. 27 8 p.m. — AA Group, Northern Pump & Compression. Call 770-3603 or 770-2675 for directions or a ride.

Fri., Oct. 28

8 p.m. — Al-Anon, Sanford Room, McKenzie Co. Public Library.

Mon., Oct.31

3:30-5 p.m. — Trail of Treats. Watch for signs in stores. Tues., Nov. 1

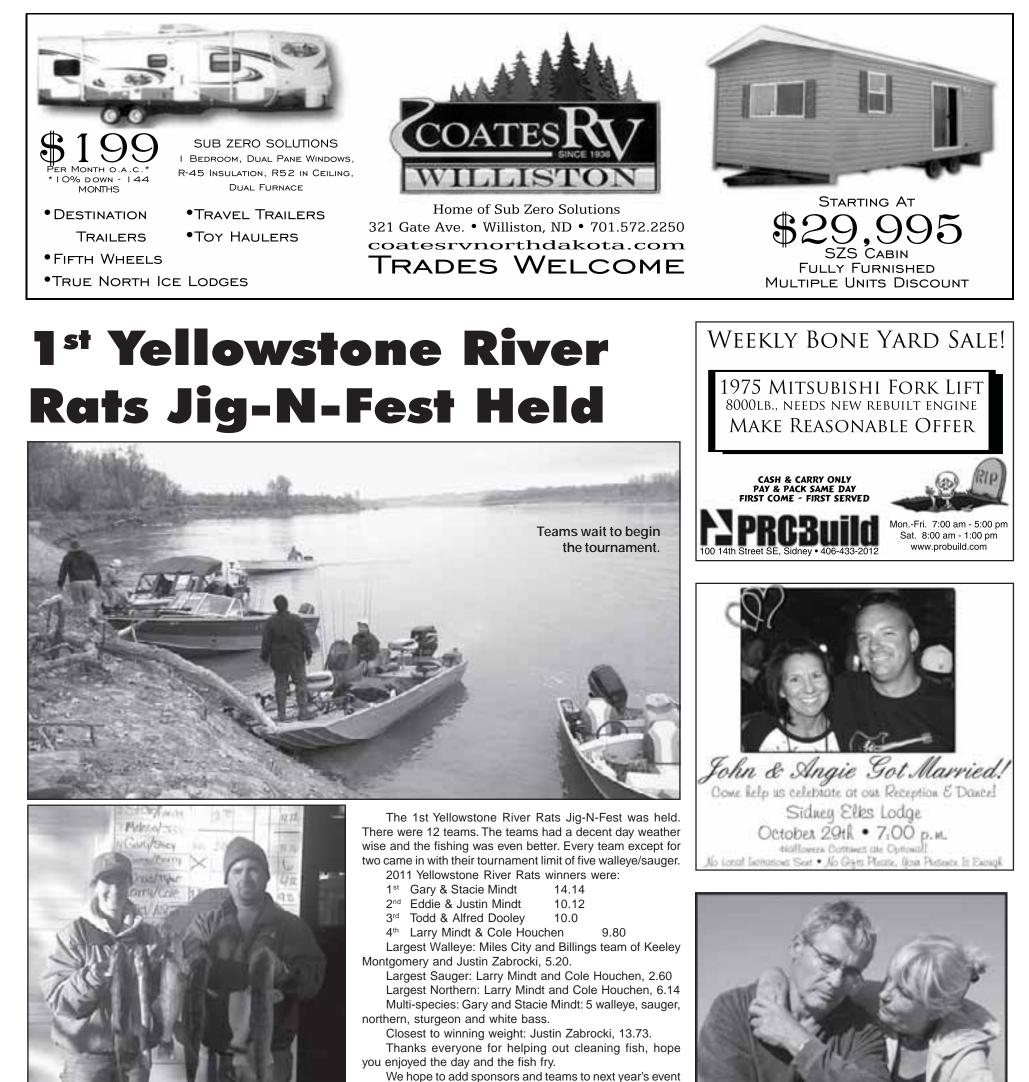
6:30-8 p.m. — Nurtured Heart Approach, Courthouse Meeting Room.

See all monthly events on our calendar at www.roundupweb.com.

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Readers In the MonDak Region



2011 Yellowstone River Rats 1st place winners Stacie & Gary Mindt.



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Grief Support Group

Starting Tuesday November 1st

5:30 p.m. The Lodge 1015 7th Ave SW - Sidney

Sidney Health Center Hospice is commencing its Grief Support Group. The group, which is facilitated by Pastor Richard Eggar, Jeri Stone, RN, and Kysa Rasmussen, BSW, will meet each Tuesday for eight weeks. Participants will receive information on the grieving process and work through any unresolved grief in a sharing group. For more information or to register, please call the Hospice office at 488-2138.



HOSPICE 216 14th Ave SW - Sidney, MT Phone: (406) 488-2138 to Register

MCHF & WHC One Step Closer To Decision On Future Building Site

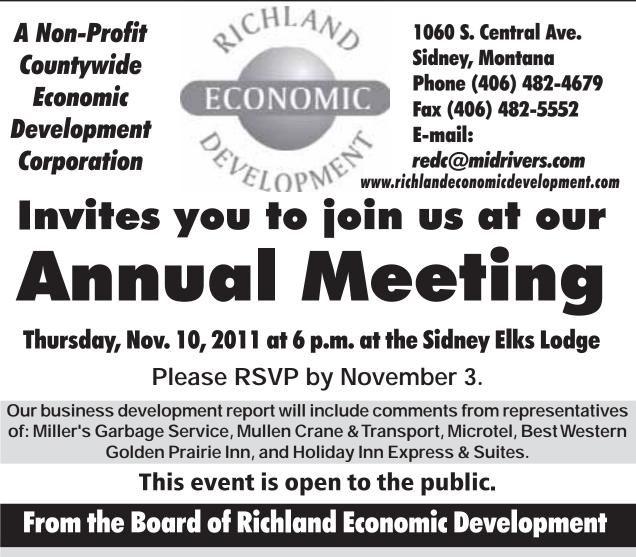
The Montana Cowboy Hall of Fame & Western Heritage Center (MCHF & WHC) Board of Directors is pleased to announce the list of respondents that have submitted proposals to "Phase Two" of a three phase Request For Proposals selection process that will decide the organization's future building site.

Proposals have been submitted from: Eastern Plains Economic Development Corporation, Terry; Madison County Economic Development Corporation, Madison County; Miles City Chamber of Commerce, Miles City; Missouri Valley Development Corporation, Wolf Point; Montana Event Center, Huntley; Musselshell County Commissioners, Roundup; Park County Extension Service, Livingston; PhillCo Economic Growth Council, Malta; Ryan Hamilton on behalf of the Community of Big Sky; and Sweet Grass County Commissioners, Big Timber.

The Request for Proposals Evaluation Committee will now take up the task of evaluating each proposal response against a standard set of criteria. From this evaluation the

MCHF & WHC Board will announce a field of finalists to be considered in the third and final phase of the selection process. Each proposal will also be evaluated by an independent evaluator with expertise in non-profit administration and museum operations. The third phase will include interviews and comprehensive negotiations with each of the finalist candidates. The board of directors currently plans to announce the awarding of the future building site by the end of November.

Directed by the organization's vision to develop a facility that will serve as a "premier destination attraction that honors and celebrates Montana's unique western culture and heritage," the MCHF & WHC has taken on the ambitious effort to move forward with development of the facility despite the economic downturn that has slowed or stopped many other major development projects. Christy Stensland, MCHF & WHC executive director, stated, "The support and sense of urgency that many feel about the need to capture our heritage before it is lost and to pass it forward to future



Many thanks to our investment partners working together for Richland County's Future

Richland Economic Development Membership as of September 30, 2011

lst Bank **Ist Choice Collision Center** Action Auto Agri-Industries Ameriprise Financial Amestoy Consulting, LLC Anderson, Dr. Roger B & B Builders Beagle Land & Livestock **Beagle Properties** Bechtle Architects, Inc **Bell Ridge Farms** Big Sky Siding & Windows Black Gold Mgmt Consulting Blue Rock Products BOSS Brenner, Averett & Co. PC C & L Chariots CCR/N Plains Radio Network Candy Bouquet Castle Rock Consortium Cavanaugh, Dr. Greg Checkers CHMS, PC City of Sidney Conlon, Mike Con's Weed Control Cross Petroleum Service D & M Water Service Dasinger, Kirby Doorbust'n Portables & Septic Eagle Country Ford, Inc East-Mont Enterprises Edward Jones (Enid Huotari)

Edward Jones (Nick Lonski) ElectricLand, Inc **Elk River Printing** Exdivio Solutions, Inc. Fairview Chamber of Commerce Farm & Home Supply Farm Bureau Financial Serv. Faul, Gregory Dr. First Security Bank-Fairview Footers, Inc. Frontier Heating Fulkerson Funeral Home of Sidney G & C Industries, Inc. Gaffaney's of Williston, Inc Gartner-Denowh Angus Ranch Groskinsky, Bud & Anne Gurney Electric H & R Block Harmon's Agate & Silver Hauge, Mark Healthy Smiles Henderson, Bill **HUB** International Insurance Interstate Engineering Inc ID Farms Jensen Agency Ins. & Real Estate lim's Catering Johnson Hardware & Furniture Johnson, Warren John Stockhill Jewelers Kalberer's Heating Inc. KFC Knapp Oil Corp Kringen Construction Inc Lindblom, Stanley Lone Tree Inn Lower Yellowstone Irrigation Project Lower Yellowstone Rural Electric Association

Lucky Buckle M & C Beverage M & M Cafe Maltese, Tami, CPA Martineau, Dr. Paul Martini Siding & Windows McMillen, Dave Micro-tel Mid-Rivers Communications Millers' Corne Miller's Garbage Serv Mitchell's Oilfield Service, Inc Montana-Dakota Utilities MSU EARC-Jerry Bergman Netzer Law Office Niehenke Welding, Inc **Nrthn States Fishing Tools** Northwest Farm Credit Services Nypen, Jerry Odenbach, Leonard & Jean **Olson Plumbing & Heating** Picture Perfect Photography Pro Build (UBC) **Quinnell Electric Owest Communications** Rambur Charolais Ranger Lounge Redlin, Beth Rehbein, Mark Restorx of Montana, Inc. **Reynolds Market** Richland County Commissioners Richland Farm Mutual Insurance **Richland Fed Credit Union Richland Motor Inn** Rosendale, Matt Roundup, The Safflower Tech Int'l

Seitz Insurance Agency Sharp & Sassy Sidney Area Chamber of Commerce and Agriculture Sidney Country Club & Pro Shop Sidney Elks Lodge Sidney Health Center Sidney Herald Sidney Job Service liauor Agency, Sidney Sidney Millwork Company Sidney Paint & Glass Sidney Realty, Inc Sidney Red-É-Mix Sidney Rental Sidney Sugars, Incorporated Sidney Tax Service Smith, Lange & Halley, PC South 40 Steinbeisser & Sons, Inc Steinbeisser, James Stockman Bank Thrivent Financial Torgerson, Pat & Ken Triangle Nite Club Tri-County Implement, Inc TRT Taco Johns Uintah Union Gateway, Inc Upland Kennel Watco Co. Wells Fargo Bank of Montana Winner's Pub Yellowstone Chiropractic Clinic Yellowstone Kennels, LLC Yellowstone Marketplace generations has driven us to move forward with the project. This site selection request for proposals process is an incredible undertaking for everyone involved. It is humbling to see folks from all corners of the state join together and rally around the important task of honoring our cowboy way of life, American Indian cultures and our collective Montana Western heritage."

With the passage of H.B 528 in April, the board of directors moved to open the opportunity of being considered as the future building site of the MCHF & WHC to all Montana communities. Aaron Lyles, MCHF & WHC director of finance, stated, "The decision of issuing the request for proposals and allowing any interested community the opportunity to be considered was the best approach and most objective way to select our future building site. The selection process requires the highest standards of transparency to meet the expectations of the public trust we operate under." The board of directors chose a traditional Request For Proposals process to administer the site selection. Therefore, the organization could not comment at this time on any one community's prospects or standing in the evaluation process. The organization will announce the finalist candidates upon the completion of the Phase Two evaluation. Lyles continued, "Since no community can claim exclusive rights to our collective Montana Western heritage, this selection process had to be focused on an objective alignment of the resources necessary for accomplishing our vision and mission to those communities that have expressed a desire to be considered. Though each community is anxiously waiting the final decision, it is clear after seeing the hundreds of letters of support that have poured into our office that no matter the final location our Montana community is behind the project."

Kyler Bracelets Available

Bracelets, similar to Lance Armstrong's "Live Strong" ones, have been donated to help raise money for the family of Kyler Streib. Kyler was diagnosed with Leukemia on March 8th. His family is staying in Seattle, WA while he is in the hospital receiving treatment. The bracelets, which say "I fight cancer for Kyler", are only \$2.50 each and all proceeds go directly to the family. Bracelets can be purchased at the Yellowstone Marketplace or by calling 480-2600.

Mercy's Christian Awareness Committee To Hold Book Fair

The Mercy Medical Center Christian Awareness Committee Medical Center is hosting a **BOOKS ARE FUN®** Fundraising Book Fair on Monday, Nov. 7 from 10 a.m.-4 p.m. and on Tuesday, Nov. 8 from 8 a.m.-2 p.m. in the Mercy Medical Center McAuley Education Room.

The Book Fair will feature quality books and unique gifts at great savings.

Proceeds from the fair will be used by the Christian Awareness Committee to support their benevolent programs at Mercy Medical Center.

Dining With Diabetes -North Dakota Style Coming In November

By Marcia Hellandsaas NDSU Extension Agent, McKenzie/Dunn Counties If you or a family member is living with diabetes, prediabetes, or are the caregiver or other support person of someone with diabetes, you are encouraged to attend "Dining With Diabetes" in November. This series of four classes. held on Tuesday afternoons - Nov. 8, 15, 22 and 29 - at the McKenzie County Courthouse meeting room, Watford City, will help you promote self-management of diabetes through healthy food choices and meal planning. Classes will start at 1 p.m. CT and conclude by 4 p.m. CT. They will be delivered through an interactive video network and will also include food demonstrations, hands-on food preparation, and tasting healthy foods. Participants will learn how to plan and prepare balanced and flavorful meals. Discussions and time to answer questions and network with each other will be included. Offered in 30 states, this tested program follows established clinical practice guidelines that reduce the risk of diabetes and complications. Classes are taught by diabetes health professionals such as registered dietitians, certified diabetes educators, and extension agents. Cost to attend is \$25, which includes food and all class materials. Registration deadline is Oct. 31, 2011. Registrations are taken at the McKenzie County Extension Office in the courthouse, 201 W. 5th St., Watford City, or registrations may also be made by calling the extension office at 701-444-3451 or e-mailing extension agent Marcia Hellandsaas at marcia.hellandsaas@ndsu.edu.

Bold indicates new members in 2011.



Deer Hunting: A Family Outing





(Left) Jessie Scofield, along with her father, Gene Veeder, show off a deer she shot. (Above) Husband, Chad, shows off his prize deer while hunting in McKenzie County.

Remaining FCFS Deer Licenses Suspended, Hunters May Seek Refunds

Based on continuing reports of white-tailed deer mortality in western North Dakota caused by epizootic hemorrhagic disease, the state Game and Fish Department is suspended the sale of remaining first-come, first-served deer licenses in units 3F1, 3F2 and 4F, effective Oct. 21.



In addition, hunters with white-tailed deer licenses in units 3B1, 3D1, 3E1, 3F1, 3F2, 4A, 4B, 4C, 4D, 4E and 4F have the option of turning in those licenses for refunds.

Randy Kreil, department chief of wildlife, said the decision is based on evidence of moderate to significant white-tailed deer losses in some areas that might affect hunting success in those locations.

"While we first received reports of isolated deer deaths in August, loss of deer to this disease appears to have extended through September and into October, and covers a large area of western North Dakota," Kreil said.

More than 13,000 white-tailed deer license holders are eligible for license refunds. Individuals who return their license will have their preference points restored.

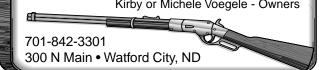
EHD, a naturally occurring virus that is spread by a biting midge, is almost always fatal to infected white-tailed deer, while mule deer do not usually die from the disease. Hunters do not have to worry about handling or consuming meat from infected deer because the virus that causes EHD is not known to cause disease in humans. In addition, the first hard freeze typically kills the midge that carries and transfers the EHD virus which will slow or halt the spread of the disease.

Before deciding to turn in a license, Kreil urges whitetail

The last time Game and Fish made license refunds an option for hunters because of an EHD outbreak was in 2000.

White-tailed deer license holders who want a refund must return their license, along with a note requesting a refund due to EHD, to the Game and Fish Department's Bismarck office no later than Nov. 3. Envelopes postmarked Nov. 3 will be accepted.





license holders to make local contacts to find out the extent of mortality in their hunting area. Large portions of affected units had no reports of whitetail deaths. "The whitetail population has not been decimated and in many areas a good harvest is still needed," he added.

D& M's Office

10 a.m.-1 a.m. Mon.-Sat. • 12-10 p.m. Sun. 701-842-6132 • 115 Main • Watford City, ND







Good Luck at Playoffs!

Savage vs Valier at Savage • Saturday, Oct. 29 • 1 p.m.



406-776-2237 Good Luck! THE SAVAGE MINE

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Valley Garage

Inc.

299 Main Street Savage, MT

Back (L-R) Jordan Skaley, Trent Prevost, Ryder Rice, Christopher Reynolds, Braden Feisthamel, Michael Reynolds, Tanner Hagler. Front (L-R) Shad Stanford, Jordan Urlacher, Zach Tunnell-Wilson, Braden Ler, Wyatt Hagler, Chase Hagler.

R&L Fusion vs Geraldine-Highwood at Lambert • Saturday, Oct. 29 • 1 p.m.



Back (L-R) Manager Lars Kvaalen, Josh Larson, Logan Verschoot, Christian Prevost, Charlie Switzer, Cameron Gomke, Jared Rosaaen, Lane Verschoot, Cameron Johnson, Taylor Mindt, Assistant Coach Joe Day Rider, Head Coach Shawn Lien. Front (L-R)Tate Vaira, Kody Sodt, Andrew Doane, Ryder Olson, Lee Whiteman, Jacob Rosaaen, Kyle Watson, Sid Rains, Kimball Brost, Aaron Senner, Manager Blake Lien.

Fairview vs Centerville at Fairview • Saturday, Oct. 29 • 1 p.m.



Back row(L-R)Dillon Karst, Austin Wicorek, Jonathan Shaide, Jace Taylor, Brock Schriver, Timothy Hurley, Duncan Sloan, Kristian Shaide, Cody Vitt, Logan Kjos, Riley Reynolds, Kordell Obergfell and Justin Bieber. Middle row (L-R)Seth Flynn, Cole Skorpil, Scott Andreasen, Coaches:Marty Shaide, Kevin Clausen, Louis Kimbrell. Cody Shelmerdine, Kyle Shelmerdine and Jordan Dahle. Front row (L-R) Jered Dahl, Monte Cayko, Manager: Anna Lebsock, Jared Gustafson, Manager: Brittany Schneider, Brett Berry and Alex Taylor.

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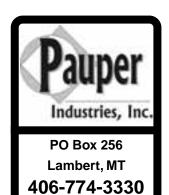
406-776-2331 Lloyd Quinnell 406-776-2345

LAMBERT HISTORICAL SOCIETY & FOX LAKE SENIOR CITIZENS CENTER Lambert, MT 406-774-3439



GOOD LUCK





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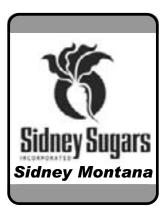


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Dr. Dirt

"Flag Football"

By Jerome Kessler

The name Rance Haralson is synonymous with Sidney Flag Football. And it should be. Rance and his wife, Colleen, have run Sidney's Flag Football Program for the last 16 years. Wayne Swigart is the one who started the Sidney program, back in 1990, and he ran the program for the first 5 years of its existence. This program has been highly successful. Many kids and parents have enjoyed their "flag football days," and appreciate the work that these community benefactors have done.

Ninety-two kids signed up for flag football this year. Kids from Sidney, Fairview and Savage participate. There are five teams in the 3rd and 4th grade division this year, and two teams in the 5th and 6th grade division. In past years the program has had up to 148 participants and 10 teams. The numbers are down a bit this year because 50 some kids now participate in the recently started 5th and 6th grade tackle football program.

Rance and Colleen are in charge of disseminating information about flag football; signing up elementary school kids to participate in the program; organizing the teams and coaches into reasonably equitable units; ordering uniforms, trophies, and other supplies; lining up referees for the games; making the regular season and playoff schedules; mowing and lining the fields; and transforming an activity that attracts approximately 100 kids (and their respective families and friends) into something that is constructive and entertaining.

I have enjoyed helping Rance Haralson ref some games this fall. Working with Rance and the other referees (Bill Brenner, Duane Smith, Gordy Torgerson, Jerry Hughes, Cory Wheeler and Jeff Hintz) has been a good experience. Refereeing is harder than most people realize, though, and anyone interested in volunteering is welcome to do so.

It has been interesting to hear the refs talk about some of the funny things that have happened over the years: remember, they said, the time when a player had his breakaway pants pulled off, but his flags were left intact, as he ran (in his skivvies) to score a touchdown; the time the refs discovered that flags were being trimmed and greased - so that they would be more difficult to grab; and remember all those cute things that kids have said, e.g., "my hands feel like ice cubes" and "when is the game over, ref? I've got homework to do." But there have also been instances when players, coaches, and fans have forgotten that flag football is only a game. Referees try to enforce the rules – to the best of their abilities – and also try to remind everyone that flag football is a "just for fun" activity.

Rance tells me that this may be his last year running the Sidney Flag Football Program. I hope not. He does. after all, have other things to do with his life. He is co-manager and X-ray technologist par excellence at Sidney Health Center's Radiology Department. He is married and has two adult children. He and his wife (Colleen) enjoy many community and church activities. Rance also plays and officiates volleyball.

While Rance has enjoyed his volunteer flag football activities over the years, he sometimes says "the hassle" of running the program is starting to get to him. He hates, for example, when people say that he is "biased" in his officiating. And I relate to that sentiment. I also relate



to a parent's concern that "his kid" should be given a fair shake in life.

I remember (from the 1990s) when my own kids were in the flag football program. I have to admit that I did occasionally criticize the referees. Now that "the shoe is on the other foot," I realize that the only thing these referees want is for the games to be played in a fair and safe manner. They want it to be a good experience. Some of these kids may never play organized sports again. And some of them will go on to compete in a variety of sports activities.

If you run into Rance or Colleen Haralson, you should tell them "thank you" for their many years of service to the Sidney Flag Football Program. It hasn't always been easy. Their work has taught thousands of young people a little bit about sports. It has also given these kids a chance to do something that is just plain fun.



Rance & Colleen Haralson



The Pre-Game Coin Toss



Looking for More Hosts

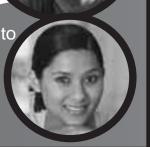
United Work & Travel and Spirit Cultural Exchange are bringing a new group of international college students to work at McDonald's in Sidney.

The students have jobs but need a home* to live in while working in Sidney!

*Family will be paid a housing allowance for students living with them.



Here is a great chance to open your home to a foreign college student and experience their country's culture. For more information contact Sidney McDonald's 433-1983



Maroon Team, 5th & 6th grade Champs. Front - Josh Aisenbrey, Sean Baxter, Julen Idoate & Nick Edwards. Back - Coach Willie Lovegren, Carson Allen, George Carpenter, Alec Lovegren, Jordan Romero & Coach Jeff Aisenbrey



White Team, 5th & 6th grade Runner Ups. Front - Cole Roberts, Jake Escobedo, Chad Christiansen, Brandon Armstead, Kaden Sago & Riley Kostelecky. Back - Karson Lacy, Bill Steinly, Coy Hermanson, Max Peters, Andrew Knoop & Coach Dan Peters. (Not pictured – Conner Fink & Coach Richard Fink)

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1st Bank Luncheon



Narayana Kocherlakota, Federal Reserve Bank, Minneapolis, speaks about current economic conditions and the Federal Reserve Bank's role in the United States economy.

1st Bank, Sidney, hosted a luncheon for community and business leaders on Oct. 13 at the Richland County Fair Events Center. The luncheon was held to expose a segment of the community to the Federal Reserve System and provide local feedback. The luncheon is hosted in the home town of one Federal Reserve Branch of Helena board member each year. Speakers included Vice President and Helena Branch Manager Paul Drake, Helena Branch Board Member John Franklin, 1st Bank and Narayana Kocherlakota, Federal Reserve Bank President, Minneapolis.



Mystery Solved!

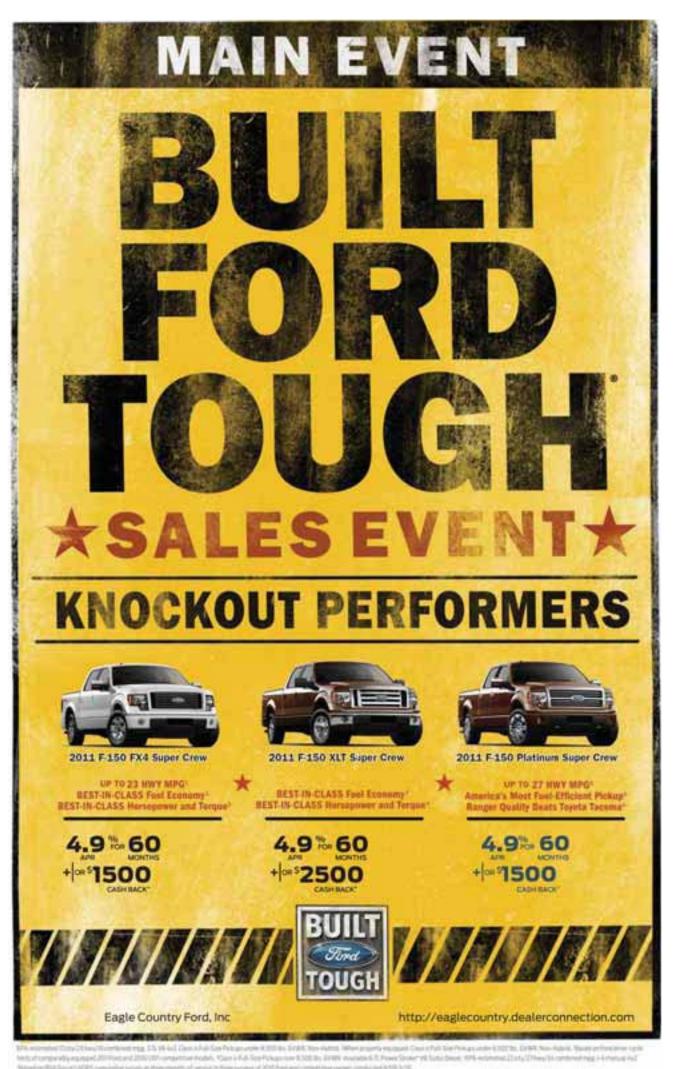
The Richland County Courthouse billboard on Hwy. 200 west of Sidney, and the county courthouse billboards across the state, will be used as part of Jim O'Hara's campaign signs in his run for governor in 2012. The signs are just waiting for the lettering.

Training For Foot & Mouth Disease Response Set For Nov. 9

MSU News Service

The Montana Agro-Emergency Preparedness Committee will present the tabletop scenario and exercise "Locally Responding to Foot and Mouth Disease" from 10 a.m.-3 p.m. on Wednesday, Nov. 9, at Montana State University, Bozeman. The event will take place at the Procrastinator Theatre in the Strand Union Building.

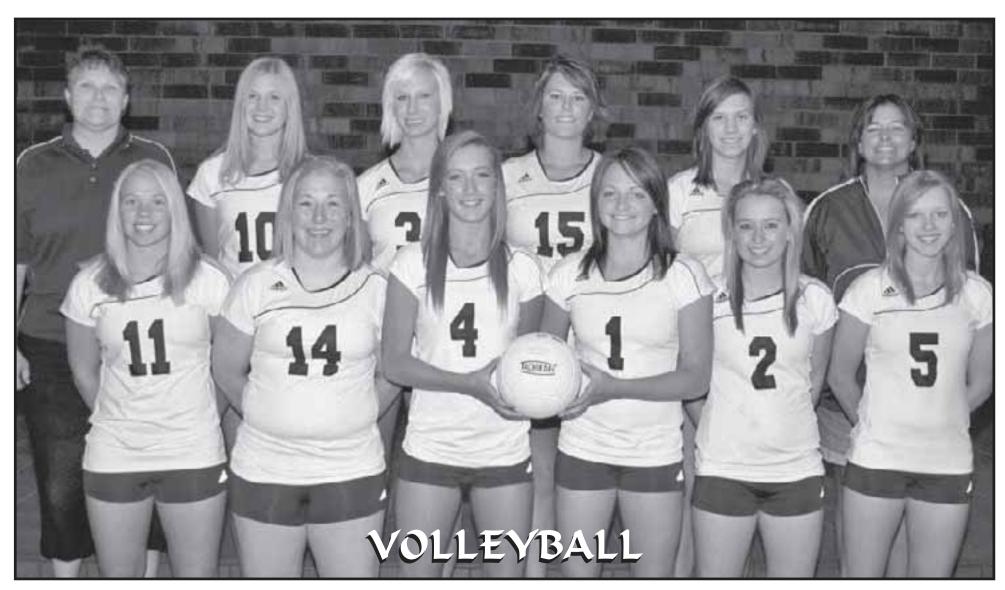
Livestock producers, advisers, county Extension agents and veterinarians represent the front line for foreign animal disease detection in animal production systems. The early identification and reporting of potential foreign animal diseases to state animal health authorities provides one of the best opportunities for early disease detection and is critical to limiting the scope of an outbreak. Increasing foreign animal disease awareness and preparedness has been an industry priority and has resulted in the development and delivery of this tabletop exercise training tool for livestock producers, veterinarians, emergency response professionals, law enforcement and stakeholders at the state and local level. This literal tabletop exercise is an interactive training tool that uses a scale model of a rural American community including farms, ranches, livestock facilities and a small town to help participants visualize what would occur locally during an animal disease disaster. The exercise walks the audience through a foot and mouth disease outbreak focusing on the effects at the local level and the operations that must occur to contain, manage and eradicate the disease. Participants rapidly become a part of the response effort from diagnosing the first case, mobilizing the local response, controlling and eradicating the disease, and getting back to business as usual. The roles of state and federal agencies are also explained and integrated into the exercise. This interactive training has been well received by producers, veterinarians and state and local first responders. This training event is distributed through the Montana Agro-Emergency Preparedness Committee and MSU Extension. It is funded by a grant from the U.S. Department of Homeland Security and Montana Disaster and Emergency Services. Through grant funding and agency cooperation, the program is provided at no cost to participants. Continuing Education credits have been requested for veterinarians, veterinary technicians and professional animal scientists. To RSVP for this event, contact Thomas Bass, e-mail tmbass@montana.edu or call 406-994-5733. For more information, contact Dr. Jeanne Rankin, e-mail jeanne.rankin@montana.edu.



Good Luck Watford City Wolves at the District 15 Volleyball Tourney!

Monday, Tuesday & Thursday, Oct. 31, Nov. 1, 3 • New Town High School

Monday • 7:30 p.m. • Watford City vs Parshall



Back row (L-R) Head Coach Nancy Deutsch, Jessica Brown, Charlie Hystad, Taylor Sparby, Amanda Mogen, Assistant Coach Terrille Jacobson. Front Row (L-R) McKayla Haugeberg, Tillie Alveshere, Tori Hopkins, Brianna Allex, Jennifer Levang, Bessie Schmitz.



www.richlandfcu.com	District 1C Volleyball Tourney	
Richland	Wed Sat., Oct. 26-29 • Saco High School	Ba
FEDERAL CRED T UNION	weunesuay	Ba 40
Sidney & Roosevelt County	Wednesday	

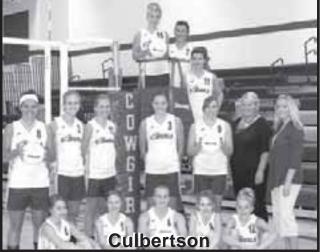


ainville, MT)6-769-2871

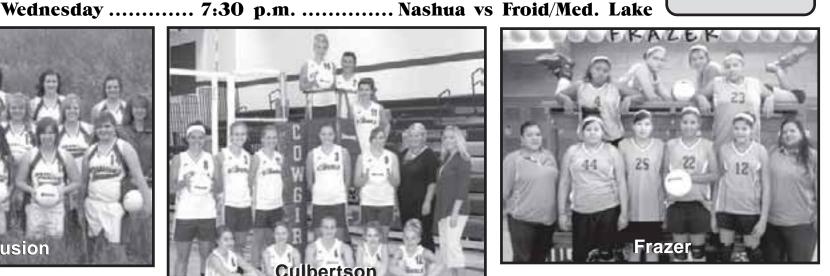


Office In Culbertson

Back Row (L-R) Elizabeth Nissley, Maria Zimdars, Alexis Johnson, Shanna Olson, Michelle Switzer. Middle Row (L-R) Head Coach Tilda Whiteman, Bailee Fink, Sarah Jensen, Megan Volbrecht, Taylor Brown, Assistant Coach Jodi Williams. Front Row (L-R) Jessica Williams, Paige Smith, Shelby Senner, Mykala Senner, Autumn Rehbein.



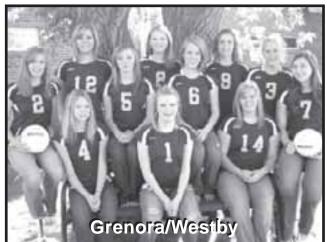
Top (L-R) Renee Oelkers, Erica Nickoloff, Ella Crowder. Middle Row (L-R) Bailey Nickoloff, Allie Crowder, Shelby Weeks, Tori Kirkaldie, Caitlin Hoffman, Tiffany Marchwick (Coach), Ashley Sullivan (Asst. Coach). Front (L-R) MadalynnRaab, Samantha Fellman, Mariah Machart, Dominica Granada, Emily Nielsen.



Roster: Rhea Smoker, Sydney Thompson, Amanda Big Leggins, Lizzy Jackson, Fanci Jackson, Jessie White, Tala Beston, Shania Beston, Head Coach Sonya Smoker-St. Marks, Ass. Coach Sheena Smoker.



Roster: Mariah Burshia, Taylor Azure, Schuyler Garrison, Kymberlyn Boyd, Alex Firemoon, Erin Ricker, Laney Boadle, April Brown, Kaitlyn Marsh, Winter Old Rock.



Back (L-R) Shayla Garman, Makenzie Westgard, Jaimie Gibson, Kayla Rust, Abby Westgard, Kori Gunlikson, Jonni Muller, Tess Bjorgen. Front (L-R) Sophia Ekness, Tristan Schipman, Makayla Westgard.

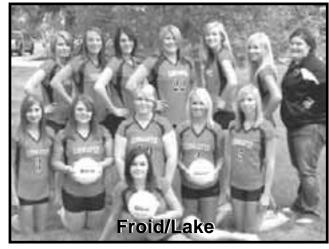


Front (L-R) ChyAnn Clampitt, Sandy Viste, Faith Keys, Shae Fisher. Middle (L-R) Lacey Fortin, Cassidy Dahl, Jessica Scanlan. Back (L-R) Julia Tatafu, Hannah McMurry, Mary Damon, Madi Sibley, Cami Rosencrans, Jessica Nagy, Lena Chamberlain.



District 1C Volleyball Tourney Wed. - Sat., Oct. 26-29 • Saco High School

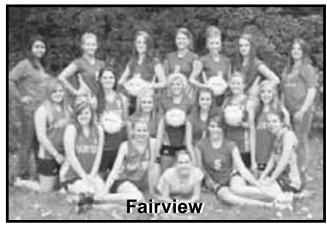
Thursday	Fairview vs winner of Scobey/Bainville game
Thursday 4:30 p.m	. Savage vs winner of R&L Fusion/Brockton game
Thursday 6 p.m Sa	co Hinsdale vs winner of Culbertson/Frazer game
Thursday 7:30 p.m Grer	ora Westby vs winner of Nashua/Froid/Lake game



Roster: Skyler Ereth, Whitney Anderson, Kacie Hove, Callie Hendrickson, Shayla Swallers, Ashlin Johnson, Lacey Hove, Precious Howe, Nicole Kirby, Cheyenne Danielson, Erin Kampen, Hanna Haynie.



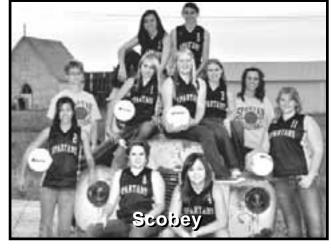
Roster: Hanna Jepsen, Bridger Rice, Brittany Smith, Shanae Prevost, Clara Jepsen, Rachael Oliver, Brittany Conradsen, Desiree Martell, Shelby Stanford, Clara Clemmer.



Back row (L-R) Manager: Sulema Luna, Tiffany Kittleson, Hannah Hardy, Masyn Klose, Jordan Gifford, Bailey Schriver and Manager: Amber Friesz. Middle row (L-R) Chelby Spaabeck, Aimee Taylor, Morgan Taylor, Lexi Cayko, Abby Lebsock, Alexis Gustafson and Amanda Otterstetter. Front row (L-R) Jaena Cotter, Faith Vitt, Erin Cozzens, Haelee Spaabeck and Desiree Norby.



Roster: Somer Reidle, Bonita Sipe, Marlee Schmitz, Caylee Holcomb, Carly Bowker, Katie Heen, Torey Kragness, Liz Rabbe, Jackie Horob, Mariah Strong, Elizaveta Harmon, MiKayla Lambert.



Back (L to R) Carly Vink, Tayler Dickinson. Middle (L to R) Coach Del Henderson, Sarah Dietrich, Ella See, Dani Richardson, Coach Melissa Lund-Holum. Front (L to R): Lindsay Reller, Halle Murray, Shayla Drummond, Katee Cook.



Back Row (L-R) Coach Barry Malone, Allyson Riden, Brenna Hulett, Claire Fjeld, Chadaya Christiansen, Asst. Coach Sheryl Burnham. Middle Row (L-R) Angie Crowder, Bethany Lacock, Whitney Molina. Front Row (L-R) Kendra Canen, Chelsea Mavencamp, and Chrystal Mavencamp.



USDA To Make Payments To ND Farmers/Ranchers

North Dakota State Executive Director Aaron Krauter announced recently that approximately \$263.5 million in payments, including \$95.5 million in Conservation Reserve Program (CRP) rental payments and \$168 million in final direct payments, will be made to North Dakota agricultural producers this month.

North Dakota producers have more than 40,500 CRP contracts that cover over 2.4 million acres of land enrolled history and established in CRP. The voluntary program helps farmers and ranchers safeguard environmentally sensitive land and provides habitat for game and non-game species.

Final direct payments are made through the Direct and Counter-cyclical (DCP) and Average Crop Revenue Election (ACRE) Programs, which provide payments to producers of certain commodities based on planting



Friday

Saturday

Game at 1 p.m.

Glendive, 11 a.m.

Sidney at Hardin, 7 p.m.

Thursday, Oct. 27

Saturday, Oct. 29

New Town

<u>Monday</u>

<u>Tuesday</u>

Game 1 at 3 p.m., Game 2 at 4:30

Sidney vs Laurel/Billings Central at

Monday - Thursday, Oct. 31-Nov. 3

New Town vs Trenton, 6 p.m.

Stanley vs winner of New Town/

City/Parshall game, 7:30 p.m.

Watford City at District Tourney in

Watford City vs Parshall, 7:30 p.m.

Trinity Christian vs winner of Watford

JV Volleyball

WEEKLY SCHEDULE

Football Playoffs

Saturday, Oct. 29 R&L Fusion vs Geraldine/ Highwood at Lambert, 1 p.m. Savage vs Valier at Savage, 1 p.m. Fairview vs Centerville at Fairview, 1 p.m.

Volleyball

Wednesday-Saturday, Oct. 26-29 District 1 Tourney in Saco Wednesday Scobey vs Bainville, 3 p.m.

R&L vs Brockton, 4:30 p.m. Culbertson vs Frazer, 6 p.m. Nashua vs Froid/Lake, 7:30 p.m. Thursday

Fairview vs Game 1 Winner, 3 p.m. . Savage vs Game 2 Winner, 4:30 Saco/Hinsdale vs Game 3

vields. Participants in the pro-

grams in North Dakota have enrolled 19.1 million acres of cropland. About 94% of producers in North Dakota participate in the two programs. In addition to the \$168 million in final direct payments issued in October, \$42 million in advance payments were made to participants at sign-up time.

A Little Bit Country **Water Quality Tests Available**

By Warren Froelich **NDSU Extension Service** Williams County

Although I have not been overwhelmed with callers asking for information about water quality tests, there is a growing trend of requests regarding testing services and interpretation of test results. I suspect much of this is being driven by the desire to document the quality and safety of ground water sources.

When someone inquires about testing water I usually ask if an analysis is desired for bacterial or mineral content. The reason for this question is because a bacterial analysis requires a sterile container. These are usually available from the laboratory which will also provide some sampling and timing instructions.

For a mineral or chemical analysis, most laboratories suggest using a clean plastic or glass container commonly available at home. One quart containers previ-



ously used for bleach, soap or other substances will contaminate the water sample. It is advised to rinse the container three times with the water to be tested.

For a bacterial test the laboratory commonly will report the analysis as either positive or negative (absent), indicating the presence or absence of coliform bacteria. A satisfactory (negative) rating would mean the water is safe for human consumption from a bacteriological standpoint.

Coliform bacteria are present in the intestinal tract of warm-blooded animals, including humans. While not a cause of disease by itself, its presence indicates probable contamination of the water supply and possible presence of disease organisms. This can lead to more serious problems for people with weakened immune systems such as the very young, elderly or immune-compromised individuals.

A positive bacterial test (greater than 1 per 100 milliliters of water) suggests further testing is necessary to include fecal coliform or E. coli bacteria testing. If such bacteria are present, the test

confirms sewage or animal waste is contaminating the water and shock chlorination should be performed.

A mineral analysis is likely to include tests for total dissolved solids (TDS), pH, hardness, nitrates, iron and manganese, calcium and magnesium, chloride, sodium and sulfates.

The Environmental Protection Agency (EPA) has established a safe water guideline which is used by public water systems in North Dakota. Although the EPA cannot force private well owners to comply with the guidelines they can serve as a reference in determining the consumptive safety of ground water.

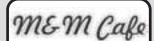
The Extension Agricultural Engineering Department of North Dakota State University has developed a publication which includes EPA's water quality guidelines and more details about the interpretation of test results. The publication also includes a list of laboratories which are certified by the North Dakota Department of Health or EPA. This publication is available free of charge by calling the NDSU Extension Office of Williams County-701-577-4595.



Winner, 6 .m Grenora/Westby vs Game 4 Winner, 7:30 p.m.

Thursday, Oct. 27 Sidney at Hardin, 5:30 p.m.

Trenton game, 6 p.m.



All buses and fans call ahead for later hours!

1721 S. Central Ave. Sidney 406-433-1714



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HIRING RN

Part-time for pro-life nursing opportunity. Need ability to learn new technology. We will train in limited OB sonography. Some travel required. Starting pay \$15/hr. For application contact Shelee Warner, Sunrise Pregnancy Resource Center, 406-433-7772, 116 3rd Ave. NW, Sidney, MT 59270.

HELP WANTED

Sales clerk for small mall in Sidney. Sales experience preferred. Must be able to use Microsoft Word & Excel. Open 10 a.m.-5 p..m. Mon-Sat. Can be part-time or full time. Call Linda, 406-488-7431 or 406-433-7799.

HELPWANTED

Someone to look after an elderly woman in Watford City. Must be good with older people. Details will be discussed when you call. References needed. 701-842-2168, leave message. if no answer.



CARRIERSWANTED

Need extra cash or want to get some exercise? We have carrier routes available in most parts of Sidney. Call Linda to apply or fill out application at The Roundup.

HELPWANTED

In store help wanted. McKenzie Building Center, Watford City. 701-444-3665.

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Be a part of the most effective media outlet in the MonDak region. The Roundup is looking for an enthusiastic, go-getter that doesn't mind having an unlimited earning potential. Represent a successful regional newspaper in western North Dakota that has been a mainstay of the MonDak area for 30 years! Send resume and applications to The Roundup, PO Box 1207, Sidney, MT 59270 or apply at local Job Service.

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Retail & office space is now available in Yellowstone Marketplace, Sidney's new downtown mall. Modern mall units are located in historic building in the heart of downtown at Main St. & Central Ave. Call Russ Wells, 406-489-7431.

FOODTRUCK. GREAT **\$\$\$ OPPORTUNITY**

'85 Step side custom food truck, 350 Chevy motor, all stainless steel, fridge, freezer, double deep fryer, grill, cold & hot plate, oven. cash register, new microwave, new Honda 5000 generator, all new batteries, 4 sinks, \$25,000 OBO, 701-464-3389, leave message.



above. Please include your name, address and phone number with your bid. All bids must be received by 12 p.m. on November 15, 2011. Bids without contact information or in unsealed envelopes will be discarded.

Any questions call 701-842-4131



vicing the area. Delivering **Sidney Sugars**

35140 County Road 125 • Sidney, Montana 59270 • 406-433-9320

Help Wanted...Accounting Clerk

Sidney Sugars Incorporated is looking for a detail oriented and organized individual to join our team as an Accounting Clerk. Requires knowledge of business math and accounting preferably through a two year degree or three to five years related experience, preferably in AP. Must have strong office and computer skills, especially Excel, with the ability to learn other computer programs. Accuracy and attention to detail are required as well as effective verbal and written communication skills.

Competitive salary & benefits package. For more information or to apply, visit our website at www.crystalsugar.com, and click on employment. EOE



REAL ESTATE FOR SALE FOR SALE

New patio home in Sidney, 2 bdrm., 2 bath w/attached 2 car garage, \$248,000. 406-480-1706.

FOR SALE

640 acres of pasture land. 406-489-3366.

FOR SALE

Home in Plentywood, MT. 4 bdrm./3 bath, unattached 2car garage, \$82,500. 406-480-2497.

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51 acres, water, sewer accessible in Lambert. 406-798-7754.

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SERVICES HEALTH

entitled to compensation.

Need a place to conduct your business? We can accommodate your needs. Great Sidney location near Hwy. 16. 406-488-4338 for more info.

processing factory positions. Jobs began at beet harvest and are available until all beets and juice are processed, about mid-February.

🖔 \$13.31/hour 🖔 Bid jobs \$14.67/hour and higher **TOPPORTUNITY FOR ADVANCEMENT TO FULL TIME POSITIONS** 🖔 On the job training **() Overtime may be available** 🖔 Employee Referral Program Apply in person or request an application from: Sidney Sugars Incorporated 35140 County Road 125 - Sidney, MT - 406-433-9320

Apply at Job Service Work Force Center

211 N Central Ave – Sidney, MT

www.sidneysugars.com dney Sugars

Walk-ins are welcome! Equal Opportunity Employer • Drug Free Workplace

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21	22	23	24	25
26	27	28	29	30 \$7.00
31 \$7.10	32 \$7.20	33 \$7.30	34 \$7.40	35 \$7.50 (etc.)
	\$7.00 for 30	words or less;	additional wo	rds
		10¢ each		
Number of wo	ordsx	Number of Tin	nes	_= Cost \$
Name		Paym	ent Must	Accompany Ad
Mail To: The Roundup				
:	P.O. Bo	x 1207, Sidn	-	70

COMPLETE SERVICE CENTER

The Roundup provides free fax service at Meuchel Computer Services, Watford City, for all news, photos & advertising copy. You may drop your Roundup payments at Meuchels.

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ADMINISTRATION ASSISTANT/RECEPTIONIST HELP WANTED

The Roundup has an immediate opening for a full time administration assistant/receptionist Monday-Friday. Experience with Pagemaker, Microsoft Word & Excel programs a plus. Will be answering phone, waiting on customers, some book keeping work and entering classified ads. Friendly family working environment. Wages depend on experience and education. If interested, apply at the Sidney Job Service and take necessary basic tests.





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Sidney Health Center is accepting applications for the following positions:

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EQUIPMENT

Farmhand 8 pk. small bale fork,

Harley rock picker & 20'

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Rough lumber, posts, rails.

Williston Saddlery, Hwy. 2 W,

345 Dual loader, 7' bucket &

grapple & pump come off

4010 JD, \$2,000 OBO. 406-

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SIDNEY AIR SERVICE

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Oswalt 320 mixer box, 12' trailer mounted, left hand discharge, scale, augers very good, \$7,500 OBO. 406-963-2228.

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Full or Part Time Hours are: 10 a.m.-5 p.m. — Monday-Saturday Join the newest mall in Sidney!

 Retail experience a + but will train. Knowledge of Microsoft Word & Microsoft Excel programs a + but will train. Stores include: * Harmon's Agate & Gift Store * Country Outlet * LKfashions

Fill out application at Job Service or pick up application in the mall.

pour-ons, weaning pellets, medicated crumbles. Williston Saddlery, Hwy. 2 W, 701-572-2267.

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Mr. Cowman - We stock a full line of Ritchie livestock water fountains & parts. Williston Saddlery, Hwy. 2 W., 701-572-2267.

MISCELLANEOUS FOR SALE

FOR SALE

Fiberglass topper for 61/2' box, \$900. '99 Chevy 6500, top kick, 21' rollback aluminum, \$16,000. 701-586-3552.

FOR SALE

'09 40' Raptor Velocity 5th wheel toy hauler. On board generator, sleeps 11 people, \$44,500. '96 FL-70 Freightliner truck w/5' sleeper, 225 Cummins, 6 spd., 367k mi., like new, \$24,500. 918-352-4438.

FOR SALE

Brand new size 22 wedding dress. White w/red detailing. Matching veil & tiara. Girls' size 6 matching flower girl dress. Bought in '07 & both have never been worn & have never touched the ground. Purchased for over \$1,000, asking \$600 OBO for everything. Call Erin 406-480-3834.



RECREATION **VEHICLES FOR SALE**

'71 Airstream Sovereign 31' Land Yacht, \$8,500 OBO. Located in Harrisonville, MO, sleeps 4, kitchen, bathroom, was father's retirement project. Some minor details needed. Pictures available. 517-614-3127. loumcm-13@gmail.com.

FOR SALE

27' Prowler bumper pull trailer w/16' slide/awning, full bath, fiberglass walls, walkaround queen bed, AC/heat, entertainment cabinet w/19" TV, new Samsung DVD player, sleeps 6. Call for more info, 406-945-3677.

VEHICLES FOR SALE

'04 Ford Mustang, 5 spd., V6, 106k mi., white. 701-770-0616.

WANTED WANTED

Handmade products for the Country Outlet in the Yellowstone Marketplace Mall. Accepting any artwork or crafts. Contact Russ Wells, 406-489-7431.

GARAGE SALES CONNIE BEST MOVING SALE

Furniture, garage items, tools, camping, hunting, lots of misc. Fri. & Sat., 8 a.m.-4 p.m. both days, 802 3rd St. SW. Sidney.

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Need temporary foster home for cats. I am moving out of state & until I find a location that allows cats, I need a temporary home for them with people who love cats. They are neutered & current with shots. 701-828-3031.

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Free kittens to a good home, box trained, first shots. 701-565-2353.



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For additional information or to apply online, please visit our website at: www.sidneyhealth.org

- or contact -

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Or 406-740-1438

Lunch lenus

Richey Schools Wed., Oct. 26: Super salad bar Thurs., Oct. 27: Chicken burger, fries, broccoli w/cheese, pineapple. Fri., Oct. 28: Pizza & salad bar. Mon., Oct. 31: Zombie body parts. Tues., Nov. 1: Corn dogs, fries, corn, applesauce.

Sidney School

Wed., Oct. 26: Salisbury steak, mashed potatoes & gravy, Calico corn, pull-a-part.

Thurs., Oct. 27: Chicken stir frv. baked rice, fruit, milk.

Fri., Oct. 28: Chili, cinnamon roll, fruit, carrot sticks, milk, Mon., Oct. 31: Chicken tenders, potato wedges, fruit, milk.

Tues., Nov. 1: Cheeseburger, French fries, Krispie bar, milk.

Rau School Wed., Oct. 26: Super nachos, veggies/ranch, watermelon, brownie, milk.

Thurs., Oct. 27: Chicken or shrimp. rice, mixed veggies, Mandarin oranges, milk.

Fri., Oct. 28: This & That Day!! Mon., Oct. 31: Chicken alfredo, corn, Mandarin oranges, cake, milk

Tues., Nov. 1: Omelets, hash brown bake, fresh fruit, blueberry bread.

E. Fairview School

Wed., Oct. 26: Turkey, mashed potatoes & gravy, glazed carrots, applesauce, pumpkin bar, bun. Thurs., Oct. 27: Beef & bean burrito, potato wedges, cucum-

bers, carrots, grape, bun. Fri., Oct. 28: Pizza, brown rice, lettuce salad, Mandarin oranges. Mon., Oct. 31: Sub sandwiches, tortilla chips/salsa, carrots, peaches, Oreo dessert.

Fairview School

Wed., Oct. 26: Roast beef, mashed potatoes & gravy, creamed corn, fruit, bun.

Thurs., Oct. 27: Spaghetti, tossed salad, fruit, garlic toast.

Fri., Oct. 28: Beef stew, fruit, dessert, bun.

Mon., Oct. 31: Spooktacular Lunch.

Tues., Oct. 25: Soup & sandwich, chips, raw veggies, fruit. Lambert School

Wed., Oct. 26: Chicken & noodles, cheese, crackers, buns, grapes,

milk Thurs., Oct. 27: Grilled cheese, tomato soup, crackers, fruit, milk. Fri., Oct. 28: Slushburgers, corn celery, carrots, fruit cocktail, milk. Mon., Oct. 31: Burrito, fresh veggies, fruit, milk.

Culbertson School

Wed., Oct. 26: French dip, carrots, grapes.

Thurs., Oct. 27: Pizza, lettuce, applesauce.

Fri., Oct. 28: Grilled cheese, tomato soup, orange, cookie. Mon., Oct. 31: Ravioli, peaches, beans.

Savage School Wed., Oct. 26: Polish dogs/kraut, mashed potatoes, peas, pineapple.







ALL REMAINING 2011 CADILLAC, BUICKS, & CHEVY CARS Including Vets & Camaros at Closeout Prices

Thurs., Oct. 27: Hot ham & cheese, tossed salad, apricots. Fri., Oct. 28: Tacos, green beans, pears.

Mon., Oct. 31: Sloppy Joes/bun, potatoes, apricots,

Tues., Nov. 1: Beef steaks, mashed potatoes/gravy, corn, pears.

Froid School Wed., Oct. 26: Roast beef, mashed potatoes/gravy, mixed veggies, cookie salad, buns, milk. Thurs., Oct. 27: Baked cod, baked potatoes, broccoli normandy, buns, milk.

Fri., Oct. 28: Hot dogs, chips, pickles, strawberry cups, chocolate chip cookies, milk.

Bainville School Wed., Oct. 26: Italian dunkers, green beans, applesauce. Thurs., Oct. 27: Turkey & cheese croissants, chips, fruit. Fri., Oct. 28: Cheese tortellini w/ marinara sauce, corn, bubble

bread, peaches. Mon., Oct. 31: Ghoul-ash, broom sticks, Mahwahl Eck!

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Tristan Kohntopp evades Glendive defenders.





Sidney 5th/6th Places 2nd At State Tackle Football Tournament

Shown is the Sidney 5th/6th Grade Tackle Football Team which placed 2nd at the state tackle football tournament in Forsyth. Front row (L to R): Kolby Watterson, Jesse Johnson, Riley Chatterton, Sawyor Thogersen, Tristan Kohntopp, Waylon VanBuren, Jace Johnson. Middle row (L to R): Jarod Fasching, Kyle Severson, Trevor Dean, Jarred Vojacek, Xander McKenzie, Dustin Benson, Christian Dean. Top row (L to R): Kyler Garsjo, Bridger Larson, Jayden Vojacek, Trent Desjarlais, Layne Swigart, Conner Larson, Trenton Lambert and Ethan Petrik. Coaches: Mike Dean and Ben Thogersen.



Watch for posters in participating stores.

Sponsored by Watford City Area Chamber of Commerce.



the ball while Jarred Vojacek looks on.





Kolby Watterson blocks for Sawyor Thogersen. (Photos by Heather Johnson)

The Sidney 5th/6th grade tackle football team attended their state tournament in Forsyth.

Game scores included: Sidney 0- Glendive 20 Sidney 34 – Forsyth 6 Sidney 16 - Glendive 12 Game 4 Challenge for True 2nd: Sidney 18 – Hardin 6

October is Breast Cancer Awareness Month Did You Know? If found and treated early,

Digital imaging to enhance patient care and reduce call-back

> A combination of regular mammograms, clinical breast exams and breast self-exams

over 95% of women diagnosed with breast cancer will survive.



Sidney Health Center Mammegraphy Staff et Linda Labatto, De Gregory-monti, Juan Marta, Melguna Ba or Bridged Rails

Average size lump

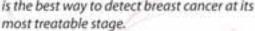
found by first

mammograms

Average size lump found by regular mammograms

SIDNEY HEALTH CENTER

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Sidney Health Center's Digital Mammography Unit reads all mammograms with the assistance of iCAD. This feature displays a digitized image of the mammogram and highlights suspicious areas, which contain features associated with cancer, reducing observation oversights and aiding in the early detection of breast cancers.

Average size lump found by women practicing regular breast self-exams

Phone: (406) 488-2100 • 216 14th Avenue SW • Sidney, Montana • Visit us online at www.sidneyhealth.org

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Average size lump found by

women practicing occasional breast self-exams

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Open Thursday, Nov. 3 5-9 p.m. We will be closed until 5 for preparation. Closed Mon., Tues. & Wed. PHONE ORDERS ONLY Mon.-Wed. *Large Variety of Fall & Halloween Decor*

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