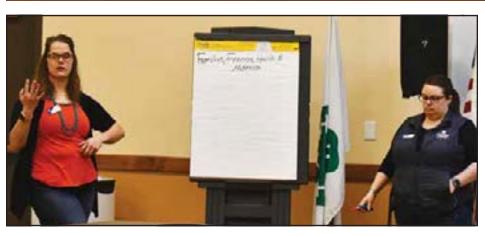
Wednesday, April 27, 2022 Volume 48 • Number 12

# INSIDE THIS ISSUE: **Spring Special Section**

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#### **MSU Extension Office Holds Listening Session**

The MSU Extension office in Sidney held a listening session on April 19. Community members gathered with local extension agents to provide input on new programs MSU Extension could offer to help Montana citizens. All ideas presented will be prioritized and sent to Montana State University to be evaluated. For those not in attendance, community members can give input by participating in a short survey at http://ow.ly/ocmF50HuY7o. Pictured above are MSU Extension agents Carrie Krug (left) and Josie Evenson.



#### **PSC-MDU Listening Session**

Randy Pinocci, Montana Public Service commissioner, conducts a listening session with MDU personnel in Sidney April 18. The PSC conducts biennial sessions with MDU. Pinocci relayed complaints and questions from MDU customers who have contacted him about their concerns with MDU. Look for more information from the listening session in future editions.

# Savage Annual Meeting & Spaghetti Feed

The Savage Annual Meeting and free will spaghetti feed will be held from 12-2 p.m., Sunday, May 1 at the Savage Community Hall. Please stop by to support your community hall!"

# **Action** Summit, Sidney, May 3

Submitted by Stephanie Reynolds, **MA Communities in Action Director Montana Public Health Corps Richland County Health** Department

Please join the Richland County Health Department's Communities in Action Program for the 2022 Action Summit hosted in Sidney on May 3, from 10 a.m. - 4 p.m. at the Richland County Event Center. Doors open at 9 a.m. for registration.

Communities in Action (CIA) was established to provide a community platform and build partnerships, working together to improve the quality of life in Richland County. CIA consists of action groups designed to meet the goals of the strategic plan that came about from the first community health assessment in 2005. The goal of the 2022 Action Summit is to re-introduce CIA to the community, find out what our Action Groups have been up to, and to reach out to community members who are able to support the action groups with their unique skills and insights.

Our keynote speaker will be Lawrence Rhone. He is originally from North Carolina, but has settled in Flaxville, MT after serving in the United States Army. Rhone serves on many councils and coalitions, such as the Advisory Council on Vocational Rehabilitation and the Farmer Veterans Coalition, sharing his knowledge, experience and resource network on a national platform. He has successfully established the Community Resource Center, Scobey, an accredited drop-in crisis center. Rhone will share his lessons learned on how he was able to establish this much needed resource through patience, community outreach, and sheer determination. He will also provide suggestions on how we can create that same change in our community.

The 2022 Action Summit is free and open to the public! Lunch will be provided. For questions, please contact Stephanie Reynolds at 406-433-2207

A very special thank you to the 2022 Action Summit's sponsors: Stockman Bank, Sidney Health Center, Mid-Rivers, OneOK, Interstate Engineering, the Williston Stars Fund and Richland County.

# **Candidate Voices At The Sidney Young Professionals Candidate Roundtable**

By Jaymi Mozeak

Over 40 citizens of Richland County crowded into the Sidney Elks Lodge for the 4th Candidate Roundtable on April 21. Nine candidates running for public office in the Richland County primary election went from table to table, speed dating the people in a way.

Stephanie Verhasselt and Amy Metz both came and figured since their offices were close they would make the rounds together. Verhasselt is running for reelection as Richland County Clerk and Recorder and Metz is running for her first term as Richland County Treasurer. They are both uncontested. When asked about big changes they had seen in their offices, Metz said she has noticed more applications for oil field activity and that she thinks something big may be coming because of that. When asked what they thought about all mailin ballots, Verhasselt said it cannot be done in the Federal elections because of state law but she does not think it would cause too much of a problem in Richland County



Shown (L to R) are the Richland County candidates for the upcoming election: Charity McLarty, county attorney; Shane Gorder, county commissioner; Shane Kihl, county sheriff; Layne Johnson, county attorney; John Dynneson, county sheriff; Amy Metz, county treasurer; Brian Holst, county commissioner; Marty Casey, public administrator; and Stephanie Verhasselt, county clerk and recorder.

because we already have so many absentee ballots. Both said their office is well staffed but the county is in drastic need of election judges.

John Dynneson is running for reelection as Richland County Sheriff. After being a jailor, sheriff deputy, and 25 years as a police lieutenant with the Sidney Police

Department, he had retired before deciding to run for sheriff. When asked where he sees Richland County going now that the oil boom has gone. He said he has seen the ups and downs that come with the booms. When oil activity is at its height so is the crime and his department has to deal with a lot more-

dangerous situations than at the low points. They have to change their tactics and, as a result, lose some of their connections to the community. Between booms, they have to become more community-oriented. He said, "I want my people to be approachable by the community people that are from here and want to be

here, and I hope we make you feel safe that way." When asked about hiring more officers and having more of a presence throughout the county, he mentioned that the current officers are on-call 24 hours a day and that it didn't use to be that way. He said they might not get places as

(Continued on page 6A)

#### **Easter Bunny Visits Kids During Fairview Easter Egg** Hunt

The kids in Fairview enjoyed the Easter bunny on Tuesday, April 19 during the Easter egg hunt. (Submitted photo)



# **Trades Persons Fair** May 4, Fairview

By Dianne Swanson

In an effort to connect high school students and the public with local contacting businesses and tech training programs, the Fairview Chamber of Commerce is sponsoring a Trades Persons Fair from 9-11 a.m., Wednesday, May 4 at Fairview High School.

Trades people such as plumbers, electricians, equipment operators and more are in high demand. The tech industry is always looking for employees. The fair is an attempt to connect students with local businesses that can best explain the rewards of a career in those fields. It is also designed as a job fair where people seeking work can connect with businesses looking to hire.

There are far more businesses in Fairview than most people realize so the public is encouraged to attend the fair and meet the people who could fix a plumbing or electrical problem, or whatever they may need.

Spaces are free but limited. Anyone wishing to showcase their business and connect with students and potential customers may call Chamber president Ray Trumpower at 406-489-2624 or email him at trumpwer@midrivers.com.







at the Sidney Elks Lodge **Everyone Welcome!!** Walleye Dinner \$ 7 6000

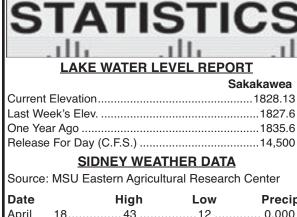
Includes: Walleye Fillet, Beans, Coleslaw, Dinner Roll & Dessert

**Proceeds To Benefit The Building Fund** 









Source: MSO Eastern Agricultural Research Center				
Date		High	Low	Precip.
April	18	43	12	. 0.000
April	19	50	31	. 0.000
April	20	48	30	0.000
April	21	45	29	. 0.030
April	22	41	34	. 0.040
April	23	35	32	1.090
April	24	41	28	0.060
Total 2022 YTD Precipitation2.18				

#### **OBITUARIES**

#### Robert "Bob" Bahls, 77 Wibaux, MT formerly of Lambert and Sidney, MT

Funeral services for Bob Bahls, Wibaux, MT formerly of Lambert and Sidney, MT, were held at 2 p.m., Tuesday, April 26, 2022 at Fulkerson-Stevenson Memorial Chapel, Sidney, MT.

Fulkerson-Stevenson Funeral Home, Sidney, MT, is caring for the family.

Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

#### Joanne Claire Brown, 78 Watford City, ND

Joanne Claire Brown, 78, Watford City, ND passed away on Monday, April 18, 2022 at Sanford Health Hospital, Bismarck, ND. Fulkerson-Stevenson Funeral Home, Watford City, ND is assisting the family. Condolences may be left on our funeral home website at www.fulkersons.com.

Joanne's funeral service was held 11 a.m., Tuesday, April 26, 2022 at Johnson Corners Church, 11012 Hwy 23, Watford City, ND. Pastor Adrian Timmons was officiating. Joanne will be laid to rest next to her husband

Alfred, at Silent City Cemetery. Visitation was held 12-6 p.m., Monday, April 25, 2022 at Fulkerson-Stevenson Funeral Home Chapel, Watford City, ND with a family service at 6 pm.

**Joanne Claire Brown** 

The funeral service was live streamed, you can view Joanne's service directly on her obituary page on our website www.fulkersons.com

Joanne began her life at Trinity Hospital, Minot, ND, on Dec. 30, 1943. She attended grades one-eight at Division School and then attended and graduated from Parshall High School. During high school, she worked at the concession stand at the Parshall movie theater.

While attending high school, Joanne met Alfred Brown who worked as a custom combiner for Joanne's uncle. Alfred and Joanne married on Feb. 24, 1962.

Joanne thrived at being a homemaker who supported her husband's work and spiritual life to include his evangelistic ministry. Her heart for hospitality was relevant in how she welcomed folks into her home for Bible studies and fellowship in general. She was a loving mother, grandmother and great-grandmother.

Her love for various types of animals was exemplified by how she consistently enjoyed feeding wildlife, like deer, birds, and squirrels. She also treasured every opportunity to go for rides through the Roosevelt National Parks and took joy in intently looking for animals and enjoying the beautiful scenery. She also loved Pomeranians. In fact, she successively raised several Pomeranians through the years, all named "Tyke".

She also enjoyed baking, sewing, crafting, knitting, planting flowers, playing games and working puzzles. But her greatest passion was to have a personal relationship with Christ, raise her children to know Christ and to share Christ with others. Proverbs 20:7 "The godly walk with integrity; blessed are their children who follow them" (NLT).

In lieu of flowers, please donate in Joanne's honor to the Billy Graham Evangelistic Association at www.BillyGraham. org or Billy Graham Evangelistic Association; 1 Billy Graham arkway: Charlotte NC: 28201: 1-877-247-2426

# **Alexander High School** Community Blood Drive, May 13

On Friday, May 13 from 12-4 p.m. the Alexander High School will be having a blood drive at the Alexander High School gym.

To schedule an appointment call the Alexander Public School, 701-828-3334. All donors will receive a free COVID Antibody test with their donation.

For more information call 877-258-4825 or visit vitalant.

# **Livestock Water Quality Concerns & Testing Clinic May 4**

By Marley Manoukian, **MSU Richland County Extension Agent** 

Hoping everyone faired the spring storm. As you begin to prepare to turn livestock out on rangelands, it is important to monitor both rangeland conditions and livestock water sources. Monitoring the quantity of water in your reservoirs, stock ponds, and wells is necessary, however, monitoring the quality of that is also imperative.

There are two main concerns with livestock water quality: elevated total dissolved solids (TDS) and cyanobacteria (blue-green algae). Cyanobacteria, also known as blue-green algae, can be problematic in stagnant waters during periods of hot weather. It appears as a green scum on the surface of stagnant waters, and often turns blue when it has dried. When consumed, these algal blooms can be fatal for livestock.

TDS refers to the total amount of minerals, metals, nutrients, and salts that are dissolved in a water source. During times of drought, minimal precipitation results in limited runoff to recharge reservoirs and dilute these salts and solids. Although the recent moisture will aid in recharging these reservoirs, there is still potential for high TDS levels. Water with elevated TDS levels can cause severe dehydration and other complications. It is also possible that some of the salts and solids within the water are present at toxic levels, posing additional risks to livestock health. Because of the elevated risks to livestock health, it is important to test livestock water quality.

MSU Dawson and Richland County Extension offices will be hosting a Water Testing Clinic in Glendive on Wednesday, May 4 at 9 a.m. in the basement of the Dawson County Courthouse. This is an opportunity to bring in water samples from your livestock water sources to be tested for TDS levels. Please bring your water samples in a clean container such as a plastic water or soda bottle. If you are unable to attend this clinic, TDS testing is always available at the MSU Richland County Extension Office. Please call 406-433-1206 or email marley.manoukian@montana.edu with any questions.



RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone. Wed., April 27

10 a.m.-4 p.m. - Jennifer and Brian Matthews Perspectives in Nature Exhibit - Youth Art Show - Both On display through April 30. - Custer County Traveling Art Show - April 27-May 27 - MonDak Heritage Center, Tues.-Ėri., 10 a.m.-4 p.m.; Sat., 1-4 p.m. For more information call 406-433-3500, e-mail mdhc@ richland.org or visit https://mondakheritagecenter.org. Sat., April 30

11 a.m.-1 p.m. - Celebrate Earth Day With Your Community - Veterans Memorial Park. Do a garbage cleanup with family & friends before arrival and then bring your trash to the park for collection. Plant some trees and enjoy some light fair. For more information contact Amelia at amelia.meier@richland.org. 11 a.m.-5 p.m. - Eastern MT Scootfest 2022 - Lower Yellowstone Abate Chapter Bike Show - Motorcycle & bicycle rodeo, poker walk, vendors booths, food & beverages. Activities for kids & 2 bicycle drawings for ages 12 & under. Admission, \$5 for 13 & up; free for 12 &

406-365-2175. 6:30-9 p.m. - Dragging On Main - Annual Food Drive -Bring your family out for a night of fun & cars. Accepting non-perishable foods & donations for the Richland County Food Bank. Everyone welcome. Footers. Sun., May 1

under. Richland Ranger Arena. For more information call

12-2 p.m. - Savage Annual Meeting & Free Will Spaghetti Feed - Savage Community Hall. Wed., May 4

9-11 a.m. - Fairview Chamber of Commerce Trade Persons Fair - Connecting students with local businesses such as plumbers, electricians, equipment operators & more & explaining the rewards of a career in these fields. It is also a job fair for people seeking work to connect with businesses looking to hire. Fairview High School. For more information call Ray Trumpower at 406-489-2624 or email trumpwer@midrivers.com. Sat., May 7

5:30-7 p.m. - "Sidney Special Olympics" Picnic Dinner Fundraiser - Public welcome, free will donation. Sidney Moose Lodge. All proceeds to Sidney Special Olympics. 7-11 p.m. - St. Matthew's Spring Fling Semi-Formal Dance - Grades 6th-8th. DJ music by Midnight Express. St. Matthew's Parish Center. \$10 person. Students will only be allowed to leave early if picked up or signed out by a parent. St. Matthew's Parish Center. For more information call Colleen Haralson, 406-482-2680. Thurs., May 12

11:30 a.m. - Richland Red Hatters Lunch Meeting -South 40 Richland Room. RSVP by May 11. Call Sylvia, 406-798-3882. Sat., May 14

10 a.m. - 12 p.m. - 34th Annual Montana Peace Officer Memorial Day Parade & Ceremony - Starts at the old Pamida/Shopko parking lot and proceeds to Richland Co. Courthouse where a memorial ceremony will be held on the lawn at 11 a.m.. Montana Lieutenant Governor Kirsten Juras will give the keynote address.

Letter Carriers' Food Drive - Put your non-perishable donation in a bag by your mailbox. The letter carriers will deliver it to a local food bank or you take your donations to the post office.

#### ROOSEVELT COUNTY

Events in Froid unless otherwise listed. MT Zone. Tues., May 3

7 p.m. - Northeast Montana Land & Mineral Owners **Association Meeting** - Anyone with oil or gas related questions or concerns are welcome to attend. Meeting is open to the public. Froid Community Center.

#### McKenzie County

Events in Watford City unless otherwise listed. CT Zone Thurs., April 28, May 12 & 26 2-4 p.m. - Food Giveaway - First Presbyterian Church,

316 4th Ave. NE. Fri., April 29

5 p.m. - Alexander Public School Foundation's Annual Night Out Cornnole & Pinocnie dinner, bring the family, Alexander City Hall. Games, auction, cash bar, snacks, 5-9 p.m. Alexander fire hall. All proceeds go toward furthering the educational & athletic opportunities for the students of Alexander School. Tues., May 3, 5-7 p.m. & May 17, 2-4 p.m.

2-4 p.m. - Food Pantry Handouts - First Lutheran Church, 212 2nd St. NW. For more information call McKenzie County Extension Office, 701-444-3451 or visit McKenzie County Food Pantry Facebook page for dates, times & updates.

Weds., May 4 & 18, June 1 & 15 10 a.m. - 2 p.m. - Watford Wednesdays Job Service ND Outreach Program - JSND staff will present interactive job-related information to the general public, school students, & other community groups. Creative ideas welcome. Rough Rider Center. For more information, feedback/ideas or to schedule: - Employer Hiring Booth/Event - Facebook Live - Presentation Contact JSND-Williston: 701-774-7900 infojswl@nd.gov. Tues., May 10, 4:30-6 p.m. & Wed., May 11, 7:45 a.m. Birds & Birdies - New event benefiting the North Dakota Petroleum Foundation. May 10: Welcome Social, Outlaws Bar & Grill. May 11: Teams of 5 will be scored in 3 shooing competitions, trap, rimfire & archery at McKenzie Co. Sportsman's Club followed by a 13-hole golf scramble at Fox Hills Golf Course. Register online:

sarends@ndoil.org. Fri., May 13 12-4 p.m. - Alexander High School Community Blood Drive - Call the Alexander Public School to schedule your appointment, 701-828-3334. All donors will receive a free COVID Antibody test with their donation. Alexander High School Gym. For more information call

ndpetroleumfoundation.org/event/birds-birdies/. For more information contact Sydney Arends at 701-223-6380 or

#### 877-258-4825 or visit vitalant.org. WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone. Sat., April 30

8 a.m.-12 p.m. - Clean Zone Clean Home Clean Williston - Due to inclement weather, Clean Williston has been rescheduled to April 30. Davidson Park, 11th St. W & 9th Ave. W. Sign up for a zone at bit. ly/CleanWilliston. For more information email CleanWillistonEvent@gmail.com.

Sat., May 7 10 a.m. - 4 p.m. - Basin Kruzers 46th Annual Band Day Car Show - Raffle, silent auction, door prizes, giveaways for kids, food. Raymond Family Community Center. \$15 early registration, \$25 day of show. Show entry \$5 for adults, kids free. To register or for more information contact 208-946-1652 or basinkruzers@ hotmail.com.

Thurs., May 12 12-1:30 p.m. - City of Williston 2022 State of the City Address - Free lunch for in-person attendance. Limited seating available. Old Armory, Facebook live, 660 KEYZ.

#### Dawson County

Events in Glendive unless otherwise listed. MT Zone Wed., May 4

9 a.m. - Livestock Water Testing Clinic - Bring in samples from your livestock water sources in a to be tested for TDS levels. Dawson County Courthouse basement. If unable to attend this clinic TDS testing is also available at MSU Richland County Extension Office. For more information call 406-433-1206 or email marley. manoukian@montana.edu.

**Spring Classes Open** 

**For Registration** 

For details and to register, visit handyandysnursery.com

or our Facebook page

Apr. 30 ..... Lithops Monogram

May 3.....Spring Pots

Williston, ND | 701-572-6083

# Healthcare Careers: Working In The Lab At Sidney Health Center

By Dia Barakat, MBA, MS, CHFP, MT(AMT), MB(AS-CP), Sidney Health Center Laboratory Director

Sidney, MT - April 14 - Medical Laboratory Professionals Week occurs each year in the last full week of April. Lab Week provides an opportunity to increase public awareness and understanding and appreciation for laboratory professionals. The observance is sponsored by American Society for Clinical Laboratory Science.

Sidney Health Center laboratory is comprised of 19 employees, who have more than 320 years of professional experience combined. Their commitment to caring is evidenced by their dedication to providing exceptional care for life and adhering to best practices and protocols to ensure high quality care is always a priority.

The laboratory department offers inpatient and outpatient services in the hospital as well as outreach services in the community. A few of the outreach services include health screenings at area companies, monthly birthday labs at discounted rates, partnering with the men's health screening event and completing orders from out-of-town physician and advanced practice pro-

Laboratory testing is the premier tool in a doctor's tool kit. As indicated, testing is essential in identifying, preventing, and treating sickness and diseases. For this reason, it is important to understand what the lab staff does and who they are.

Sidney Health Center's laboratory department is a vital part of the public health in Richland County and the surrounding area. It is important for detection of disease in individuals and populations. Sidney Health Center laboratory tests are also important for detection of environmental toxins such as lead.

The laboratory strives to meet the organization's mission, which is to help

you achieve your highest level of health and well-being. In doing so, they are working constantly to research, monitor, diagnose and screen patients, keeping the community healthy and

Sidney Health Center patient encounters typically occur with first line staff phlebotomists and laboratory assistants, who draw blood for testing and have a combination of formal and

on-the-job training. Other laboratory personnel include clinical laboratory scientists (also referred to as medical technologists)-professionals who have four-year degrees in a relevant scientific discipline-and clinical (or medical) laboratory technicians, professionals with two years of targeted scientific education. Pathology/histology technician that play a crucial role in the diagnosis and treatment of diseases by

turning tissue samples into microscope slides for the pathologist to review.

These tests contribute to improve overall health and better disease management. In addition to testing performed to diagnose specific conditions and monitor treatment, routine health screenings are a cost-effective preventative measure that can detect risk early, leading to better prognoses and more favorable outcomes.

Lithops Monogram

April 30th

Monday - Friday: 9am - 5:30pm

Saturday: 9am - 5pm

Health complications and death associated with heart disease, stroke, and cancer, for example, have been significantly prevented through evidence-based screenings and preventative services at Sidney Health

To learn more about the services offered at Sidney Health Center's laboratory, visit us online at sidneyhealth.org.

Handy Andy's



Sidney Health Center Laboratory team members. (Submitted photo)









or email donvan@midrivers.com







April 30



Reach Over 21,000 Readers Each Week In Eastern Montana & Western North Dakota And Always On The Internet at roundupweb.com

(Paypal required for online purchases)

**SCHEDULED FOR April** 

28, 2022, at 1:00 p.m.

Attendees shall meet at

368 Mesa Street, Savage.

MT 59262 at the main

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#### **HELP WANTED BUSINESS MANAGER FOR ALEXANDER PUBLIC SCHOOL**

Bachelors degree or experience preferred. Email Leslie.Bieber@k12.nd.us.

#### **CON'S WEED CONTROL SERVICE NOW HIRING**

No experience necessary, great work environment, full/part time seasonal work, guaranteed hours, work hours negotiable, preemployment drug screening required. Apply at Job Service or call 406-488-7422 or email donvan@midrivers. com.

#### FOR RENT

**APARTMENT IN SIDNEY** 2 bedroom, 1 bath, pet friendly, \$625. 406-489-5195.

#### <u>GIVEAWAY</u> **METAL PANELS**

Must be removed from an old cottonwood frame that was built in the 50s. 701-842-2005

#### **FARM & RANCH FOR SALE**

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#### <u>WANTED</u> OR BUYING

**ATVS OR UTVS** In need of repair. Call or text 1-406-489-3837.

#### **GARAGE SALES** YARD SALE SIDNEY

Friday, May 6, noon-7 p.m.; Saturday, May 7, 8 a.m.-6 p.m.; 35271 County Road 121P, Sidney, MT. Shop: John Deere 295 amp welder: tilt sander; 2 generators and lots of miscellaneous tools. Camping, hunting, antiques. A lot of horse gear, 4 older saddles; 2 pack saddles; wooden paniers and miscellaneous.

#### **LEGALS**

PUBLIC OPPORTUNITY TO PROTEST TRANSFER OF OWNERSHIP OF **MONTANA** 

ALL-ALCOHOLIC **BEVERAGES LICENSE** MINT BAR - FROID LLC (Kelsey Jochim, Owner(s)) has applied to transfer Montana All-Alcoholic Beverages License No. 17-226-6987-002 to be operated at MINT BAR -FROID LLC, 103 2nd Ave S, Froid, Roosevelt County. The public may protest this license transfer in accordance with the law.

### WINDSHIELDS **FOR MOST VEHICLES**





Ambulance

Director Driver

Lead EMT-Alternate

**Cancer Care** Infusion RN Medical Oncology Clinic CNA, MA, LPN, or RN RN or LPN Medical Oncology

Clinic

Clinic

Population Health Nurse RN or LPN Ear Nose & Throat Clinic

Registered Nurse Receptionist Ear Nose & Throat Clinic Same Day Clinic RN or LPN

Engineering Maintenance Worker

**Environmental Services** 

Housekeeper **Extended Care Activities Director** 

**Certified Nurse Assistant Certified Nurse Assistant** Classes

**Environmental Services** Worker Licensed Practical Nurse Registered Nurse

Staff Development Coordinator

**Food Services** Aide Cook Food Service Worker II Utility/Dishwasher

Foundation Planned Giving Coordinator

**Health Information** Coding Specialist II

Information Systems

Help Desk

Laboratory

Medical Technologist (MLS/ CLS) or Medical Laboratory Technician (CLT)

Lodge at Lone Tree Creek Cook Registered Nurse

Resident Assistant Nursing Charge Nurse-ER CNA/Cardiac Monitor Tech Certified Nurse Assistant OB Nursery & Med Surg Registered Nurse or LPN

Med/Surg Registered Nurse Critical Care Unit, ER & ER Charge,

**Patient Accounts** Patient Account Representative

Pharmacy Pharmacist

Radiology

CT Technologist/Mamo Technologist Radiology Technologist ARRT/CT Ultrasound/Echo Technician

**Respiratory Services** Respiratory Therapist Respiratory Therapist RRT

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Surgery **Outpatient RN** Perioperative RN Perioperative / Anesthesia

Visiting Nurse/Hospice Director Registered Nurse



For additional information or to apply online, visit our website or contact: Human Resources at (406) 488-2571 HR@sidneyhealth.org 216 14th Ave SW • Sidney, MT

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Who can protest this transfer? Protests will be accepted from residents of the county of the proposed location Roosevelt County, residents of adjoining Montana counties, and residents of adjoining counties in another state if the criteria in 16-4-207(4)(d), Montana Code Annotated

(MCA), are met.

What information must be included? Protest letters must be legible and contain (1) the protestor's full name, mailing address, and street address; (2) the license number 17-226-6987-002 and the applicant's name MINT BAR - FROID LLC; (3) an indication that the letter is intended as a protest; (4) a description of the grounds for protesting; and (5) the protestor's signature. A letter with multiple signatures will be considered one protest letter.

What are valid protest grounds? The protest may be based on the applicant's qualifications listed in 16-4-401, MCA, or the grounds for denial of an application in 16-4-405, MCA. Examples of valid protest grounds include: (1) the applicant is unlikely to operate the establishment in compliance with the law; (2) the proposed location cannot be properly policed by local authorities; and (3) the welfare of the people in the vicinity of the proposed location will be adversely and seriously affected.

How are protests submitted? Protests must be postmarked to the Department of Revenue, Office of Dispute Resolution, P.O. Box 5805, Helena, Montana 59604-5805 on or before May 14, 2022.

What happens if the transfer is protested? Depending on the number of protests

**Glasgow Gun Show Civic Center** April 29, 30, May 1 3-7 • Sat: 9-6 • Sun: 9-3 **Admission \$3 Non Gun-Related** 

**Tables Available** Contact AL Kwasinski: bigfish1726@yahoo.com 406-234-3191 or 406-852-6019

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Randy Skov | Fairview, MT

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406-489-0165 Cell

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**Items Are Welcome** 

and the protest grounds, a public hearing will be held in Helena or Froid. All valid protestors will be notified of the hearing's time, date and location. Hearings typically are scheduled within 90 days. A protester's hearing testimony is limited to the grounds in the protester's letter. Following the hearing, the Department of Revenue will notify the public whether the license transfer is approved or denied.

How can additional information be obtained? The cited MCA statutes are online at leg.mt.gov/bills/ mca\_toc/. Questions may be directed to Hunter Heffley, Compliance Specialist for the Department of Revenue's Alcoholic Beverage Control Division, at 406-444-4324 or Hunter.Heffley@mt.gov.

(Publish April 27 & May 4,

#### **CORRECTION** TO THE SAVAGE **PUBLIC SCHOOL INVITATION TO BID**

Sealed bids will be received until the closing time of 2:00 p.m. on MAY 3, 2022 and will be publicly opened and read aloud in the boardroom of Savage Public Schools, 368 Mesa Street, Savage MT 59262, at a special board meeting of the trustees at 6:30 pm on **May 3, 2022** for: SAVAGE PUBLIC SCHOOL DISTRICT -PIPING REPLACEMENT PROJECT. Bids shall be submitted on the form provided within the Contract Documents. Contract documents may be obtained at the offices of:

**FourFront Design** 46 Hibbard Way **HELENA, MT 59601** PHONE # (406) 441-4000 ray.dawes@fourfrontdesign.

com A refundable deposit of \$100.00 is required for each hard copy plan set. A PRE-**BID WALK-THROUGH IS** 

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office entry (north side) of the facility to sign in for the walkthrough. ATTENDANCE I S STRONGLY **RECOMMENDED.** Bids must be accompanied by a bid security meeting the requirements of the State of Montana in the amount of 10% of the total bid. After award, the successful bidder must furnish an approved Performance Security and a Labor & Material Payment Security each in the amount of 100% of the contract. No bidder may withdraw his bid for at least thirty (30) calendar days after the scheduled time for receipt of bids except as noted in the Instructions to Bidders. The Owner reserves the right to reject any or all bids and to waive any and all irregularities or informalities and the right to determine what constitutes any and all irregularities or informalities. FOURFRONT DESIGN FOR SAVAGE PUBLIC SCHOOLS, SAVAGE, MT.

(Publish April 20 & 27, 2022)

#### 00 00 21 - REQUEST FOR QUALIFICATIONS

NOTICE **CONTRACTORS:** The Richland County Board of Commissioners has determined that an "Alternative Project Delivery Contract" is justified for construction of a new project known as the RCEC ADDITION which consists of an ~20,500SF addition to their existing Richland County Event Center (RCEC) at 2118 W. Holly Street in Sidney, Montana because the project presents significant technical complexities and strict timelines that revolve around the ongoing functions at the County's fairgrounds. The process will involve the following:

PHASE ONE: General Contractors submitting Contractor Qualifications Questionnaires (CQQ) for review under the "General Contractor/Construction Management" (GC/CM) method of project delivery. The project team will review qualifications, references, and Contractor mark-up as needed to select Contractors qualified for Phase Two. PHASE TWO: The project

team will interview qualified General Contractors and score them based on a

combination of the Phase One CQQ, answers to interview questions, and other information learned during the interview. Based on the project team's scoring, a preferred General Contractor will be selected for Phase Three.

PHASE THREE: Based on a partial set of Bid Documents provided by SDI Architects + Design, Inc., the preferred General Contractor will then propose a Guaranteed Maximum Price including schedule and proposed list of subcontractors for evaluation by the project team. After review and negotiations, a recommendation for final contract will be submitted to the Owner for approval.

**DOCUMENTS:** The **Contractor Qualifications** Questionnaire (CQQ) may be examined and/or obtained at the office of the Architect, SDI Architects + Design, 909 Main Street, Miles City, MT 59301, 406-234-0777 (phone). 75% **Construction Documents** may be obtained from the Architect for reference during Phase Two. **DUE DATES:** CQQ's

from interested General Contractors must be received by the Architect in physical (mailed to address above) or digital format (emailed to <u>bjanshen@sdiarch.com</u>) no later than Tuesday, May 03, 2022 at 12PM MST. A list of Contractors that submitted for consideration, as well as those selected for interviews, will be available no later than Tuesday, May 10, 2022 after 12PM MST. Requests for Proposals (RFP) must be received by the Architect no later than Tuesday, May 24, 2022 after 12PM MST. Interviews will be scheduled/conducted the following week on Tuesday, May 31, 2022 (times TBD) and a preferred GC/CM will be selected no later than Monday, June 06, 2022.

EXPERIENCE: All submitting Contractors accept and understand that experience in complex construction with strict/ limited timelines will be an important factor in selection. **BY ORDER OF:** 

**Board of Commissioners** RICHLAND COUNTY, **MONTANA** 201 W. Main Sidney, MT 59270 DATED this 17th day of April, 2022.

(Publish April 20 & 27, 2022)

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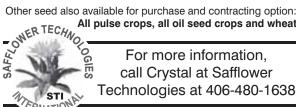
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REPAIR SERVICES

# "Beyond The Next Village" To Be Released **By Former Sidney Resident May 3**

"Beyond the Next Village: A Year of Magic and Medicine in Nepal" is Mary Anne Mercer's memoir of discovery, growth and awakening in 1978 Nepal, which was then a mysterious country to most of the world.

Mercer was raised on a farm and ranch south of Sidney in the small but close community of a dozen or so families known as Gossett. She attended Sidney High School, and after graduation studied with a nursing major at a small women's college in Minnesota affiliated with the Mayo Clinic. The family ranch is operated today by her brother, John.

After training and working for several years as a nurse practitioner, she traveled to Nepal as a volunteer with a nonprofit organization. There she spent a year trekking on foot (often in flipflops) with a Nepali health team, providing immunizations and clinical care in the villages. Communicating in a newly acquired language, she was often called upon to provide the only modern medicine available to the people she and her team

Reynolds Market manager Loren Kutzler, right, presents Richland County Food Bank volunteers (L-R) Gloria Yockim, Duane Pust, Candy Markwald, and with a donation of \$3,188.25. The money was raised as part of the Reynolds Market "Feeding the Hungry" promotion. Over \$1,100 of it raised by **Reynolds customers** donating cash directly to the cause, another community effort for our local food bank. (Submitted by Libby

were serving. Over time, she learned to recognize and respect the prominence of their cultural beliefs about health and illness. Encounters with life-threatening conditions such as severe malnutrition and ectopic pregnancy gave her an enlightening view of both the limitations and power of modern health care: immersed in villagers' lives and those on her own team,

she realized she was living in not just in another country, but another time.

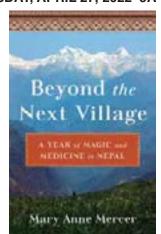
As time went on I saw more and more similarities of this culture with my own upbringing. I saw the older women worship faithfully every morning at their Hindu shrines-so much like my own mother, who praved devotedly to a Catholic God. Over time my affection for

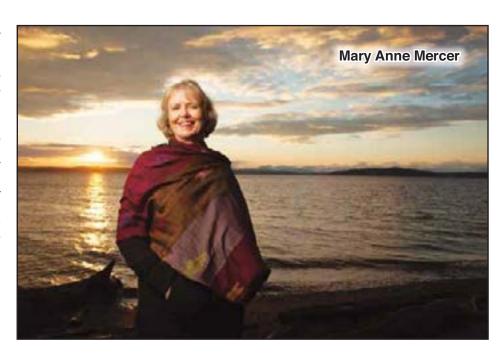
the Nepali staff I worked with grew to the point that I thought of them as family, some of them close family."

The unique story of the joys and perils of her journey in the shadow of the Himalayas, "Beyond the Next Village" opens a window into the world where the spirits were as real as the trees, the birds or the rain-and healing could be as much

magic as medicine.

Mercer's book can be purchased from any bookseller, including Amazon, with links on the web site at maryannemercer.com. She will also be in Sidney for her class reunion this summer.





#### **Richland County Food Bank Donation**



# Badlands Edge Gymnastics Region 4 Championships

Badlands Edge Gymnastics is proud to have six gymnasts that have qualified to compete in the 2022 Region 4 Championships. The Region 4 Competition will consist of gymnasts from Iowa, Minnesota, Missouri, Nebraska, North and South Dakota, plus Wisconsin.

Badlands Gymnastics

Watford City has sent off two Level 7's athletes to compete in Minneapolis at the Minneapolis Convention Center April 22-24 - Caroline Dreffs and Sasha Stieg. Caroline Dreffs placed seventh on vault and tenth on beam at the State Championships. Sasha Stieg placed ninth on floor and tenth on beam. The Level 7's are coached by Patrick McWilliams.

**Badlands Gymnastics** has four Xcel Competitors that will be traveling to Milwaukee, WI, April 29-May 1. The competition will be held in the Bank Sports Complex. Xcel Gold qualifiers are Brooke Roscoe and Brooklyn Spotted Bear. Brooklyn Spotted Bear placed second all around at the State Championships. She also placed first on floor, second on vault, second on bars, and third on beam. Brooke Roscoe placed third all around at state. She also placed first on vault, second on floor, fifth on bars and seventh on beam. Xcel Silver qualifiers are Emree Wold and Sharedyn Proffit. Emree Wold placed second all around at state. She also placed first on vault, second on bars, fourth on beam and fifth on floor. Sharedyn Proffit placed tenth on vault and tenth on bars at state. The Xcels are coached by Brandee Proffit, Drea Ericksen, and Jack Long.

From left, Brooklyn Spotted Bear, Emree Wold, Brooke Roscoe, Sharedyn Proffit, Sasha Stieg and Caroline Dreffs. (Photo by E Photography)











# **REDC Partnering** With Miles **Community College For Richland County Workforce Solutions**

Richland Economic Development Corp knows that workforce is the highest challenge for our businesses. Richland County's unemployment rate is currently at 2.9%

REDC is excited to partner with Miles Community College (MCC) to introduce one new solution: the "MCC Workforce Solutions Program". This program allows employers to create your own company specific certificate. You will work with MCC Staff in selecting the exact courses you want both current and future employees to learn. Your company specific certificate could be as small or large as you would like. MCC recently worked with Stockman Bank on designing their own Four-Class Stockman Bank Certificate.

MCC President, Ron Slinger, will be in Sidney, on May 4 beginning at 8:30 a.m. to visit with interested companies, one on one, who would like to see if this program is a fit.

Here's testimony from a business owner: "Ron is looking into ideas going forward that MCC could develop for our needs and secondly and more immediate, Ron put us in contact with individuals from other schools that do have programs geared specifically for us."

If you would like to meet with President Slinger, please contact the REDC office at 406-482-4679, and we will set up a time for you to discuss this amazing opportunity further. Call today to save a spot, 406-482-4679.

## Gov. Gianforte Visits Northeast Montana Entrepreneurs Helping Drive State's Strong Economy

Submitted by Brooke Stroyke, Office of the Governor

Sidney, MT - Visiting Sheridan, Roosevelt, and Richland counties, Governor Greg Gianforte met with apprentices, employees, and business owners helping drive Montana's economic growth and strengthen their communities.

"From Polaris to Plentywood, and Ekalaka to Eureka, hardworking Montanans are driving our state's strong economy," Gov. Gianforte said. "Not only are the businesses I visited today supporting Montanans with good-paying jobs, but they're also part of the fabric of their tight-knit communities. That's part of what makes Montana so special.'

Starting the day in Sheridan County, Gov. Gianforte met with apprentices at and toured C&B Operations, an agriculture equipment dealership in Plentywood. C&B Operations has offered apprenticeship opportunities for the last two years, helping strengthen the workforce in Sheridan County.

"These apprentices

come on board with us for two years, and they come out a skilled technician," store manager DJ Dixon said. "They're getting real life experience while they're doing the apprentice program."

Traveling to Roosevelt County next, the governor met with the owner of a local grocery store in Froid to hear how her small business found a way to serve more local customers and expand operations during the pandemic.

At the store, the governor also took questions from residents and met with local leaders and Montana Business Professionals of America (BPA) members from Froid High School.

In the afternoon, Gov. Gianforte toured the AllCheck Medical Clinic, Sidney. Since its opening last July, the clinic has increased access to health care in rural Montana. AllCheck Medical Clinic serves Richland County with child well-check visits, minor surgical procedures, management of chronic illnesses, and employment physical

The governor then visited MiMi's Kitchen. After a fire destroyed her business in October 2020, owner Billie Jo Hillesland rebuilt her business into a local eatery, retail storefront, and center offering cooking classes.

"Mimi's Kitchen was a dream of our entire family. When the fire happened Oct. 29, 2020, it was tough to fathom losing it all. But the Sidney community made the decision easy to want to go through the struggle of

rebuilding," Hillesland said. "We wanted to do something for our community that was unique and different. This has given us the opportunity to give back and provide something special for our area. We hope Mimi's will be here for years to come."

Gov. Gianforte finished the day at Butler Ag, an agriculture equipment dealer serving Sidney and the surrounding area.



Mimi's Kitchen owner Billie Jo Hillesland presents Gov. Gianforte with a gift basket of items from her store in Sidney.

# Lunch Menus!

**Sidney School** Thurs., April 28: Chili, Thurs., April 28: Chicken cinnamon rolls, pineapple

Fri., April 29: No school. Mon., May 2: Hot dogs, french fries, applesauce. Tues., May 3: Chicken strips, potatoes & gravy, mandarin oranges.

Wed., May 4: Burritos, tossed salad, orange wedg-

Savage School Thurs., April 28: Pizza. Fri., April 29: No school. Mon., May 2 - Wed., May 4: Cooks choice.

Rau School Thurs., April 28: Sloppy

Fri., April 29: No school. Froid School

Thurs., April 28: Soft tacos, refried beans, lettuce mix, taco bar, fruit.

Fri., April 29: Cook's choice. Mon., May 2: BBQ chicken pizza. sandwiches, potato salad, baked beans, fruit.

Tues., May 3: Corn dogs, macaroni & cheese, veggies, fruit.

Wed., May 4: Brett's day! Philly cheesesteak sandwiches, curly fries, grapes, brownies.

Bainville School

Thurs., April 28: Turkey gravy over mashed potatoes, green beans, dinner rolls, bananas.

Fri., April 29: BBQ pork sandwiches, chips, coleslaw, grapes.

**Richey School** 

casserole, broccoli, fruit,

Fri., April 29: No school. <u>Culbertson School</u>

Thurs., April 28: Cheeseburger sliders, potato salad. Fri., April 29: Chicken chunks, sweet potato fries, mixed fruit.

Lambert School Thurs., April 28: Popcorn chicken bowl, fruit. Fri., April 29: Ham & turkey subs, fresh veggies, fruit.

Fairview School Thurs., April 28: Big mac salad - your favorite sandwich...in a salad.

Fri., April 29: Corn dogs, chips & dip, baked beans. Mon., May 2: Cheeseburger macaroni, vegetable, fruit. Tues., May 3: Rice oriental, sesame green beans, fruit. Wed., May 4: Homemade

**Alexander School** Thurs.. April 28: Pulled

pork on buns, wedges, baked beans.

Fri., April 29: No school. Mon., May 2: Corn dogs, chips & cheese.

Tues., May 3: Super na-

Wed., May 4: Chicken fried

steak, sandwiches, fries. **Watford City School** Thurs., April 28: Turkey & cheese wraps, chocolate

chex mix. Fri., April 29: French bread pizza, goldfish.

#### Candidate Voices...

(Continued from page 1A)

fast as the police in Sidney city limits but that is because they have over 1200 square miles to patrol. He was asked what his office was doing about drugs in the schools and he said that the Richland County Health Department handles drug education in the schools. He said the sheriff's department would be happy to help if they were needed. Shane Kihl is running

for his first elected office as sheriff. He states that he has over 20 years of leadership and management experience working in the oil and gas industry. He was asked why he had not become a law enforcement officer before running and he said because he works in the oil and gas industry and is now financially secure. He felt coming in at this position, as an outsider to law enforcement would be an advantage and said that someone with 38 years of law enforcement experience is only going to have tunnel vision. Kyle would also like to change hiring requirements for employees. He would like to see more local officers. He feels this would also help the department compete with the oil and gas industry for employees and he said that once the age restrictions are opened up it will not be a problem. His current community involvement consists of his kids' activities due to his heavy workload.

Lavne Johnson is running for Richland County Attorney. He was asked about changes he would like to see in the office and he mentioned the statistics of how many people convicted of drug-related offenses were incarcerated or given a plea deal. He said the people who are convicted of doing drugs need to be handed over to the Department of Corrections and kept off the streets for a time because we have very few resources here to help them with their addiction but the Department of Corrections has several programs to help them. Those that are dealing drugs need to go to prison. He was asked if elected how he wanted to make a difference and Johnson said this drug issue was how he

desired to affect the county. Charity McLarty is also running for Richland County Attorney. When she was asked what she wanted to change in the county attorney's office she said that morale needs to change and that everyone needs to feel supported and valued. Another attendee asked what the county attorney's office is doing to put pressure on the Sidney Health Center and Richland County Health Department to bring more Sexual Assault Nurse Examiners to the area? McLarty said that she and Janet Christoffersen, the current county attorney, sat down with the hospital about it but now the person who was responsible for that is gone so things may change but more talks need to happen. Until then, Dr. Trevino's office has made themselves

available to take care of the job in the meantime. When asked if she would stay if not elected, McLarty said there is a lot of tension in the office right now so she cannot promise but if she was not elected she wanted to stay in Richland County and work for the county attorney's office. Brian Holst is running for

his first term as county commissioner. He mentioned that he wants to run the county like a business and wants more transparency among the commissioners. When asked what specifically he wanted to change he said the first thing he would change is to stop spending money on the fairgrounds. Holst said he had been asked what he thought of there being a union for the county workers and he said he is against it. He was asked to clarify a comment he had made at an event he spoke at that he did not need this job. It was mentioned that when Trump went into office he gave up his salary to be put back into the general tund and that the county is low on funds. Holst said that he would probably donate more money. When asked about whether he would stick around Richland County if elected or not elected, Holst said he loves this area and would like to be here instead of running to Helena all the

Shane Gorder is running for reelection as county commissioner. He has held the position since 2011. He was asked about the 121 Ballot Initiative and Gorder said,

"Don't sign it.". He said there are too many moving parts to say what it is doing right now and the true meaning of it will not come out until it is passed. He also said, "We can fix our property taxes or we can look at other avenues but this one is not the one. It didn't work in California and they're trying to push it here." Gorder was also asked how we could bring back tourism to the area from the executive level. He said he has been bidding for conferences to come to the area. He also said that when the local hotels asked for a tax abatement he was for it and he sees the Richland County Fairgrounds hosting an Eastern Montana Fair where the 4-H members in Plentywood, Culbertson, and all the other little towns can come show their animals.

ning for reelection as public administrator. Casey explained that a public administrator provides an innocent third-party signature for estates. Usually, the estates he deals with have no will and no heirs. He elaborated that the county attorney decides where everything from the estate goes, he just verifies and signs it. Casey has been doing this since 2010. There is no compensation but he says even though he enjoys doing most of the work, he dislikes doing the estates from suicides, but it is still a great way to give back to the community.

Marty Casey is run-

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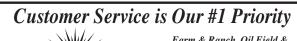
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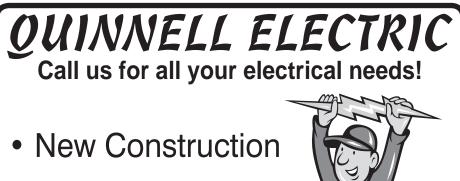
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# **Sidney Native Works For Red Bull KTM Race Team**

By Anna Dragseth

Working amongst supercross champions is a dream for many, but for 24-year-old Austin Watterson, it is his everyday job - traveling around the country as a Red Bull KTM race team technician for rider Maximus Vohland.

Fresh out of high school, Watterson was originally thinking about going to a four-year college but decided against it and started working at Sidney's Gem City Motors dealership.

Soon he realized that he wanted a change and looked into tech school.

Growing up Watterson had been to several supercross races and always thought that about being a supercross mechanic.

"Years ago, I was at a race with my parents, and I remember vividly pointing at Red Bull KTM and saying I want to work for that team one day."

In 2016, he looked into different programs and schools and found Pro SX MX Tech in Morgantown, WV. He completed the program there and started working for a motocross racer, Tanner Basso.

"I had a short stint with him because I was very home sick and not used to being in an upbeat environment with motocross and honestly, I gave up way too easily the first time."

Watterson ended up going back to Montana and worked at the local car dealership for a while and realized he made a huge mistake.

"I was disappointed in myself for being so driven early on and going to school and having this passion to just give it up because I didn't think I could do it."

So, he flew back down to California and started over again with a new motocross rider at the end of 2017 and moved onto another rider in 2018, named Jack Fowler, who was racing with the BarX Suzuki team.

At the end of 2018, Watterson took an opportunity to work as a practice mechanic for Jo Shimoda, who at the time was an amateur rider for Geico Honda.

At the end of 2019, Watterson went back to BarX Suzuki to work for Preston Kilrov.

"My second time at BarX was a little different because I was pretty much helping any rider that needed my help, so it was split time from Kilroy, Drake, and a little bit with Schwartz. I ended up helping Sean Cantrell on the east coast during the 2020 series. This is about the time where I started my KTM job."

In Dec. 2020, he had an interview with KTM and received a voicemail in March 2021 regarding a job position.

"When I got that call in March 2021, I was shocked, it was like a dream."

This past year, he worked with Maximus Vohland and did a complete outdoor series, working 11 out of 12 races in several states across the United States.

"This past summer was a huge learning experience for me, learning the bike, learning the team. I got an off season with the team we are in supercross right now and we have three races left," he said.

"I am coming up on my first year of working with the

team; it is pretty wild."

Watterson's favorite thing about being a race team technician is working with riders he admired as a kid.

"I saw these guys from the stands and now I am working among champions; it is a starstruck moment."

He also enjoys the opportunity to travel across the country.

"It is really cool to see new cities, new sites, and try new foods. Everything about the job is pretty sweet and just being associated with Red Bull."

In the future, Watterson hopes to win a championship and work with a 450 rider.

"Winning a championship is every mechanics dream. I would also love to travel overseas and work for a rider on a Motocross des Nations team."

Watterson continues to work hard every day. He dedicates his success to all of his drive and determination.

"To succeed you really need to dig deep and fight through tough moments. There are times in this sport where the lows are lows and it doesn't feel like it will ever get better, but when the highs are high it is amazing."

He also says the support of his friends and family has helped him stay focused.

"My family has had my back since the beginning. My parents have always believed in me, and my little brother is my biggest inspiration," said Watterson.

"My fiancé has been nothing but great, she puts up with all the travel and she is always supportive and helps me keep my head on straight when times get tough."





Ryan Dungey Foundation ride day, last September. Pictured is Ryan Dungey, a multiple time Supercross champion and outdoor champion. (Photos submitted)

## ND Paddlefish Snagging Season Opens May 1

North Dakota's paddlefish season opens May 1, and tags are only available for purchase online at the state Game and Fish Department's website, gf.nd.gov, and during normal business hours at Game and Fish offices in Bismarck, Dickinson and Williston. Snaggers buying tags online should plan accordingly and allow for a few days delivery through the mail.

The season is scheduled to continue through May 21. However, depending on overall harvest, an early in-season closure may occur with a 24-hour notice issued by the state Game and Fish Department.

Legal snagging hours are from 7 a.m. to 7 p.m. Central time daily. One tag per snagger will be issued. Snagging is legal in all areas of the Yellowstone River in North Dakota, and in the area of the Missouri River west of the U.S. Highway 85 bridge to the Montana border, excluding that portion from the pipeline crossing (river mile 1,577) downstream to the upper end of the Lewis and Clark Wildlife Management Area (river mile 1,565).

Mandatory harvest of all snagged paddlefish

is required on Tuesdays, Wednesdays, Fridays and Saturdays. On these days, all paddlefish caught must be kept and tagged immediately. All paddlefish snagged and tagged must be removed from the river by 7 p.m. of each snagging day. Any fish left at the Confluence fish cleaning caviar operation after 8 p.m. the day they were snagged will be considered abandoned and the snagger

is subject to a fine.

Snag-and-release of all paddlefish is required on Sundays, Mondays and Thursdays. Participants during snag-and-release-only days need to have a current season, unused paddlefish snagging tag in their possession.

If the paddlefish season closes early because the harvest cap is reached, an extended snag-and-releaseonly period will be allowed for up to seven days immediately following the early closure, but not to extend beyond May 21. Only snaggers with a current season, unused paddlefish snagging tag are eligible to participate. Only a limited area at the confluence of the Missouri and Yellowstone rivers downstream to the pipeline crossing (river

mile 1,577) is open to this extended season snagging opportunity. For the extended snag-and-release days only, hours for snagging are 7 a.m. to 9 p.m. CT.

Use or possession of gaffs is prohibited on snagand-release-only days, and, if it occurs, during the snagand-release extension period.

All paddlefish snaggers must possess a paddlefish tag, in addition to a valid fishing license for anyone 16 and older. Cost of a paddlefish tag is \$10 for residents and \$25.50 for nonresidents. Lost or destroyed tags will not be

The North Dakota Game and Fish Department will allow camping during the open paddlefish season at Lewis and Clark Wildlife Management Area Pumphouse, and at Neu's Point WMA. However, no roads or gates will be open at Neu's Point, therefore camping is allowed in the small Neu's Point parking lot, and the rest of the WMA for walk-in access. All other WMA regulations apply.

In addition, snaggers who access the area by boat should note the Confluence boat ramp is unusable due to low water.







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# **Celebrate Earth** Day, Sidney, **April 30**

Come celebrate Earth Day and Arbor Day with us! Communities in Action and AmeriCorps have been working with the community to put together a fun, Earth and tree focused event to celebrate both Earth and Arbor Day, and honor National Week of Service! They will be gathering in Veterans Memorial Park, Saturday, April 30 from 11 a.m.-1 p.m. to plant some trees, talk about the Earth, and enjoy some light fare. They would also like to see just how much garbage can be collected, so they are suggesting that you gather some family and friends and clean up your

street or a park you love, and then bring your bags of trash to the park to be collected and disposed of. For more information and to see the fun posters made by Sidney Middle Schoolers please visit the Richland County Health Department's Facebook page or give them

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Sign up for a zone at bit.ly/CleanWilliston



# Clean **Williston Event** Rescheduled For April 30

Submitted by aitlin Palla City of Williston Commu-

nications Strategist Williston, ND - Due to current and forecasted inclement weather, the City of Williston's Spring Clean Williston event has been rescheduled to the backup

date of Saturday, April 30. In the event of continued poor weather conditions, a future date will be determined and announced. This change will be announced on City of Williston social media and www.city-

ofwilliston.com. The City of Williston would like to thank the numerous individuals and groups that have already registered for the Spring Clean Williston event!

For those interested in participating, registration is available online at bit.ly/ CleanWilliston. There are currently four of 40 zones remaining; however, individuals who do not register in advance are still welcome to attend and will be assigned a zone.

Volunteers are asked to meet at 8 a.m. in Davidson Park, 11th St. W. and 9th Ave. W. the day of the event. Volunteers will receive a free Clean Williston t-shirt and a light breakfast. Public Works will provide safety vests, gloves, and garbage bags.

During the event, garbage bags can be left on the side of the road in each zone for pickup or returned to Davidson Park for disposal. Volunteers are asked to return their safety vests, gloves, and any unused garbage bags to Davidson Park or leave alongside used bags for pickup.

In addition to collected trash, the following will be accepted at Davidson Park:

 Wood: Two containers (trees and construction material) will be available. This

service is free. · Metal: One container provided by Pacific Steel and Recycling will be avail able. This service is free. Items that cannot be loaded by hand will be redirected to either recycling facility.

· Tires: Individuals are limited to four tires per person. Chamley Pipe and Salvage will shred for free.

The City of Williston Recycle Center trailer will be onsite and will accept the

- following free of charge: · Cardboard: Please break down boxes.
- Tin and aluminum cans: Loose preferred vs
- · White paper: Loose preferred vs bagged. This

paper will not be shredded. The North Dakota Recycling Services Secure Shred truck will also be available from 8 a.m.-12 p.m. for public shred. The first two boxes are free with additional boxes costing \$10 per banker's box.

The City of Williston would like to thank the following sponsors and contributors for their support of the Spring 2022 Clean Williston

- Albertsons
- Chamley Pipe and
- C&D Water Services · City of Williston Public
- Works · North Dakota Recy-
- cling Services · Pacific Steel and Re-

In addition to Clean Williston, mark your calendars for these other upcoming

 Free Landfill Day: Saturday, May 14

events!

· Erase the E-Waste Day: Wednesday, June 8 from 8 a.m.-6 p.m. at Chamley Pipe and Salvage

For more information on this story, please contact Caitlin Pallai, Communications Strategist, at 701-713-3800 or caitlinp@ci.williston. nd.us.



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# **Health Tips On Allergies**

By Dr. Carlos Trevino What Are Seasonal Allergies?

Seasonal allergies are sometimes called "hay fever" or seasonal allergic rhinitis and act differently among different people. Hay fever symptoms in most people include sneezing, watery eyes, stuffy nose, runny nose, postnasal drip, itchy

nose and or ear congestion. Like other allergies, hay fever occurs when an airborne substance such as pollen, mold, animal dander, or certain foods, triggers an over reaction in your immune system. As your immune system reacts, it can cause inflammation of your sinuses, skin, airways and or digestive system. When you come into contact with an allergen, your body will release histamine (to "fight off" the allergen) and cause an allergic reaction. That's when you get the all-too-familiar symptoms of hay fever. Experiencing symptoms is a result of your body producing antibodies to fight off the allergy to remove it.

Handy Andy's

Hay fever triggers vary by season. During the spring time, trees are usually the culprits of hay fever. Meanwhile, in the summer months, grasses are the most responsible. In the fall, ragweed pollen can cause severe seasonal allergies. During the winter, indoor allergens can cause hay fever, particularly because you do

not open the windows and doors as often during the winter season - and this keeps everything inside without being released naturally. Most people will try to control their allergy with over-the-counter antihistamines and decongestants.

How do I know whether I have an allergy vs cold? An important difference from colds is that they are not contagious. Like the common cold, most allergies can't be cured. You can try to control and relieve your symptoms with a specific allergy treatment. A cold is an infection that can be caused by more than many different types of viruses. It usually affects your nose, throat, sinuses and windpipe. Colds can be contagious up to two days before symptoms start, and can last two weeks after exposure. There's currently no cure for a common cold, but they are generally mild and don't normally result in

serious medical problems.

When should I see a doctor? If you're experiencing one or more of the following symptoms, your medical provider or an allergist can conduct an evaluation and provide a solution that works

- Sinus pain or pressure (in the cheeks beside the nose or in the forehead directly above the nose)
  - Headaches
  - Coughing
  - Wheezing Snoring
- Difficulty falling asleep due to trouble breathing
- · Shortness of breath (lasting briefly)
- · Chest tightness (not

But...If you are experiencing sudden shortness of breath and/or chest tightness, go to the emergency room. These symptoms may indicate something more serious than an allergy.

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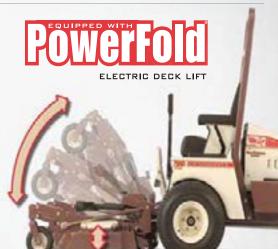
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Dr. Trevino examining a patient for allergies. (Submitted photo)

# **Basic Lawn Care Tips**



Submitted by Con Donvan, **Con's Weed Control Service** 

· Cut and bag the first clipping. It should be cut short. Raise mowing height to 3" for the remainder of the season. Mulch or bag as preferred.

• Sharpen mower blade(s) regularly.

· Do not use herbicide treated lawn clippings as a garden or flowerbed mulch because desirable plants may

 Water on a consistent basis. Your lawn needs approximately 1" of water per week. If your lawn needs moisture before we arrive for your first spray please water as needed.

• Maintain a regular feeding program. We recommend our 3-spray plan as a minimum. Proper nutrients enhance turf vigor, help reduce weed problems and help you lawn during weather extremes.

· Mowing may take place once the applied product is dry.



# **Dakota Prairie Soap Shack Creates One-of-a-Kind Soaps**

By Anna Dragseth

What once started as a school project for second and third graders, has blossomed into a business called the Dakota Prairie Soap Shack.

Two years ago, Lisa Yearton, a Watford City Middle School teacher, had the idea to make soap and bath bombs with her students for Mother's Day gifts.

Her students decided to make their mom's spa kits, which included a bar of customized soap and a bath bomb.

"At that time, I had no idea how to make any of these items, but I started researching and realized how much of a craft soap making really is. My students and I mastered melt and pour soap making, we had many trials before we perfected our practice...including spilling a cup full of soap all over the carpet," said Yearton.

Now Yearton has turned this project into a successful business. She obtained her business license and had her first online sales and now has a display at the Long X Pioneer Museum and Visitor Center Gift Shop.

"The decorative soaps

Submitted by Marley Manoukian, **MSU Richland County Extension Agent** 

DA-ARS Great Plains Laboratory and MSU Extension Richland County hosted a Grasshopper Workshop.

The recording of that workshop is now available at: https://richland.msuexten-

DA-ARS in Sidney explained

the importance of grass-

hopper biology and proper

identification. The majority

of grasshopper species lay

their eggs in the soil in late

summer and fall, and they

hatch in spring and early

summer. There are approxi-

mately five species of grass-

hoppers that hatch in late

summer and over winter as

nymphs. You may be seeing

these grasshoppers now,

but these species are not

of economic concern. The

life cycle of a grasshopper

is also very important, as

control efforts are focused

Dr. Dave Branson, US-

sion.org/AG.html

The grasshopper outlook for 2022 again looks troubling for much of Montana, and especially Richland County. The US-

at the museum are customized as products that represent things unique to North Dakota.'

When Yearton relocated to Watford City from Florida, she was "truly inspired" by the prairie and landscape of the area and decided to see what natural additives she could experiment with, which eventually led to the creation of her unique soaps.

Dakota Prairie Soap Shack sells handcrafted soaps that help heal, rejuvenate, and nourish the skin in the most sustainable and environmentally friendly manner.

"I am environmentally minded and believe in giving back to the community. I believe in using the least amount of packaging as possible, so online orders have the option to have their soaps packed without being wrapped in plastic."

She has three special soaps that help give back to the environment: Save the Bees, Plant More Trees, and Protect the Seas. A percentage of the sales from these soaps go to local and national organizations.

The company's decorative soaps are inspired

**Recording Now Available** 

by the prairie, with an assortment of flowers, bees, bison, cowboy boots, horses, moose, and bears. The soaps are hand painted or dusted with micas to make them pop and add an extra dimension.

Some of her popular soaps include: 'BuckThorn', a cold process soap, hand stamped, scented with Birchwood Oud and combines coconut oil, safflower oil, shea butter, and Vitamin E to nourish dry skin.

'Jumpin' Juniper' is another cold process soap scented with Crisp Juniper. It contains Coconut oil, Vitamin E, and Juniper berries for exfoliation.

'Just Dandy' is another cold process soap that utilizes dandelion bits for exfoliation mixed with a combination of dandelion tea and dandelion oil for its anti-aging properties.

'Jolly Rancher' is a fun summertime twist on an old favorite: watermelon jolly ranchers. It is a cold process soap with a shea butter and coconut oil base infused with poppy seeds as an exfoliant.

Dakota Prairie Soap Shack bath bombs and fizzies change with the seasons.

"We currently have Spring inspired scents and colors."

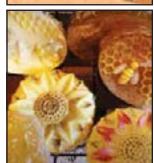
Yearton also takes custom orders when requested by email: dakotaprairiesoaps@yahoo.com.

"One day I hope to buy a little log shack and sell my soaps out of it...hence truly becoming the Dakota Prairie Soap Shack," explained Yearton.

For more information on the Dakota Prairie Soap Shack, check out its website at www.dakotaprairiesoapshack.com.









# CHI St. Alexius Health **Announces The Sugar Bust** Diabetes 5K & 1 Mile Fun Run

on nymphal stages. Grass-

hopper species differ in what

they eat, making proper

DA-APHIS explained dif-

ferent rangeland treatments

and management options for

grasshoppers, as well as in-

secticide control options that

include malathion, carbaryl,

and diflubenzuron. He em-

phasized the importance of

monitoring grasshoppers on

rangelands, with Memorial

Day being the time when

monitoring should begin. He

also discussed cost share

programs available with

To conclude the pro-

USDA-APHIS.

Gary Adams, US-

identification key.

Submitted by Marcia Benway, CHI St. Alexius Health **Marketing Specialist** Williston, ND - CHI St.

Alexius Health is excited to announce the Sugar Bust 5k and 1-mile walk/run taking place on Saturday, June 4, at Spring Lake Park.

This event is for everyone, from competitive runners to those who want to enjoy a walk or jog supporting a great cause! The day will consist of a 5K Run, 1 Mile Walk and 1 Mile Kids Fun Run. Participants will enjoy inflatables, outdoor games, food and fellowship following the race.

Pre-Day Registration -June 3 - Race Check-in

5-8 p.m., McAuley Room, CHI St. Alexius Health Williston - Pick up SWAG

Race-Day - June 4 8:45 a.m. Race Checkin - Pick up SWAG

10 a.m. 5K Begins; 1 Mile Walk

10:45 a.m. 1 Mile Kids Fun Run

11 a.m.- 2 p.m. Inflatables, outdoor games, face painting, food and fellowship

"Our diabetes team has seen an increase in patients diagnosed with diabetes in our community, said Diabetes Educator Deb Bronson, RN, BSN, CDE." "Not all insurance plans pay for the tests needed for diabetes management. This event will raise funds to help offset the financial burden patients might be faced with when receiving a diabetes diagnosis."

To sponsor this event or register to run go to: https:// www.chistalexiushealth.org/ williston-foundation/sugar-bust-diabetes-run,

At-shirt and SWAG bag will be given to all runners that register prior to May 13, 2022. All registrants after this date will receive t-shirts/ swag as inventory allows.

About CHI St. Alexius Health

CHI St. Alexius Health is a regional health network with a unified mission: nurturing the healing ministry of the Church while creating healthier communities. In 1920 the sisters of mercy came to Williston in hopes of bringing healthcare to the community. 100 years

later we are still serving their mission of providing health care through Christ's healing ministry.

MSU Richland County Ex-

tension Office at 406-433-

1206 or marley.manouki-

an@montana.edu.

CHI St. Alexius Health is part of CommonSpirit Health, a nonprofit, Catholic health system dedicated to advancing health for all people. It was created in Feb. 2019 through the alignment of Catholic Health Initiatives and Dignity Health. CommonSpirit Health is committed to creating healthier communities, delivering exceptional patient care, and ensuring every person has access to quality health care. With its national office in Chicago and a team of approximately 150,000 employees and 25,000 physicians and advanced practice clinicians, CommonSpirit Health operates 142 hospitals and more than 700 care sites across 21 states. In FY 2018, Catholic Health Initiatives and Dignity Health had combined revenues of \$29.2 billion and provided \$4.2 billion in charity care, community benefit, and unreimbursed government programs.



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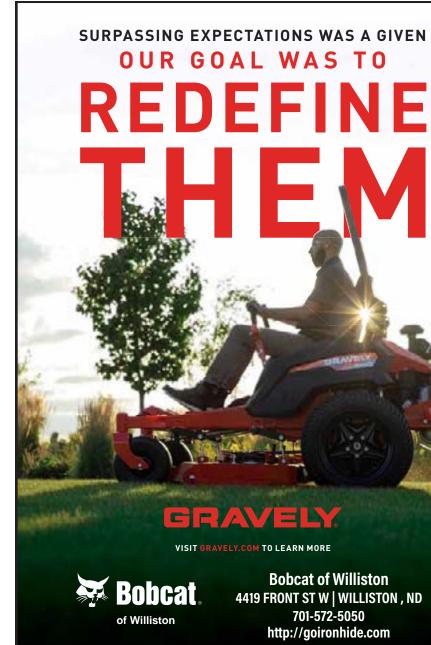
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# New Fish Bypass Channel Open At Intake; Yellowstone River

By USACE, Omaha District

Billings, MT - The U.S. Bureau of Reclamation, U.S. Army Corps of Engineers and the U.S. Fish and Wildlife Service announces the completion of the Lower Yellowstone fish bypass channel project near Glendive water is flowing and the channel is navigable.

The success of this, three-year, \$44 million construction project was due in part to the joint coordination efforts and contributions of intergovernmental organization resources to help improve the passage structure for the endangered pallid sturgeon and other native species around this Intake diversion dam.

"The bypass channel supports the recovery of the Pallid Sturgeon and will allow passage at the Intake Dam and Irrigation Headworks Project on the Yellowstone River," Carlie L. Hively, P.E. Project Manager, Civil Works Branch, USACE, Omaha District, said. "It is exciting to see this project come to fruition; to arrive at a tangible result of years of hard work and partnering of multiple agencies for the benefit of the Pallid Sturgeon."

Construction on the channel started in April 2019 and was recently completed with the removal of the cofferdams on April 9, 2022. The 2.1 mile long channel was constructed as part of the Lower Yellowstone Intake Diversion Dam Fish Passage Project, a joint federal project between USACE and the

U.S. Bureau of Reclamation, that was designed to address



On Saturday, May 28 and Sunday, May 29, the 36th Annual Dakota Cowboy Poetry Gathering will be happening at Medora Community Center, Medora, ND. Everyone is welcome to attend.

On Saturday, May 28 registration is at 9 a.m. with a celebration from 10-11 a.m. for Badger Clark, South Dakota's First State Poet Laureate by Pegie Douglas, then the night show starts at 7:30 p.m. featuring Marci Broyhill, Dakota City, NE; Vernon Prestegord, Twin Valley, MN; Jim Hamilton, Decker, MT; Kurt Rockeman, Great Falls, MT; with Emcee Bill Lowman, Sentinel Butte, ND.

On Sunday, May 30 there will be Cowboy Gospel singing, 9 a.m., then a night show starting at 7:30 p.m. featuring Ron Hansen, New Town, ND; Richard Mosch, Erhard, MN; Duane Nelson, Tysh Valley, OR; Tom Brosseau, Grand Forks, ND; with Emcee Connie Gjermundson, Taylor, ND.

For more information contact Bill Lowman 701-872-4746.



Yellowstone downstream end of bypass channel. (Photo by USACE Asset)

fish passage concerns associated with the intake diversion dam. In addition, the project includes a new diversion structure to facilitate irrigation diversions to the Lower Yellowstone Project which was completed by USACE in Dec. 2021.

"The opening of the fish bypass channel is a great example of interagency partnership success," Ryan Newman, Reclamation's Montana Area Manager, said. "Since the early 2000s, Reclamation and USACE have been working to address passage and entrainment issues associated with the Lower Yellowstone Project. In addition to protecting pallid sturgeon, Reclamation is committed to continuing the viable and effective operation of the Lower Yellowstone Project for local irrigators."

In 1990, Pallid Sturgeons were listed as endangered by the U.S. Fish and Wildlife Service under the Endangered Species Act. USACE, the Wildlife Service, and Reclamation have been working in partnership to determine the effects of the Lower Yellowstone Project on the species. Two primary issues were identified, entrainment into the Lower Yellowstone main canal and lack of passage success over Intake Diversion Dam. A new screened headworks structure was completed in 2012 and addressed the canal entrainment issue. The new weir in conjunction with the bypass channel will provide passage and open approximately 165 river miles of potential spawning and larval drift habitat in the Yellowstone River.

While this portion of the project is complete, construction in the area is ongoing. The contractor, Ames Construction

Inc., is still actively working on Joe's Island to reclaim construction haul roads back to natural vegetation. The contractor will rehabilitate sections of Road 551, located off State Highway 16, and Canal Road, both on the north side of the Yellowstone River at Intake. Joe's Island is expected to remain closed for the Fall of 2022 when all construction related activities will be complete.

The Lower Yellowstone Project is a 58,000-acre irrigation project located in eastern Montana and western North Dakota. The project is operated and maintained by the Lower Yellowstone Irrigation District Board of Control under contract with Reclamation. The project includes the intake diversion dam, a screened headworks structure, 71 miles of main canal, 225 miles of laterals and 118 miles of drains, three pumping plants on the main canal, four supplemental pumps on the Yellowstone River and one supplemental pump on the Missouri River.

The Bureau of Reclamation is a federal agency under the U.S. Department of the Interior and is the nation's largest wholesale water supplier and second largest producer of hydroelectric power. Its facilities also provide substantial flood control, recreation opportunities, and environmental benefits. Visit our website at www.usbr.gov and follow us on Twitter @USBR.

For further information on the USACE, Omaha District's civil works projects visit: www.nwo.usace.army.mil/Missions/Civil-Works.

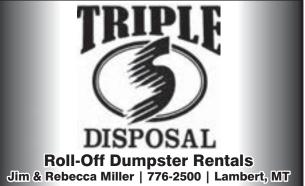
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# Racing Season Kicks Off At Williston Basin Speedway In May

#### By Anna Dragseth

The Williston Basin Speedway is ready to start off the 2022 racing season. There will be several events going on throughout May and all the way through September.

For the 2022 season, the Speedway is hosting 14 events. They are planning for several big nights this summer.

Starting in May there will be a car show May 6, Band Day/Season Opener May 7, and races on May 14 and 28.

The Speedway will have its Tougher Than Dirt Tour on June 10, followed by the Upper Missouri Valley Fair Races June 24 and 25.

One of the Speedway's biggest events of the year is July 2, the T-N-T Fireworks and Bras for a Cause event. The Speedway is known for putting on one of the best fireworks shows in the area.

The Annual Dakota Classic Modified Tour with stock cars is July 11 and next is a race July 23.

Championship Night is Aug. 27. The Fall Roundup event is set for Sept. 17 and 18.

The Speedway is looking for additional volunteers to help contribute to a successful racing season. It relies heavily on volunteers to help operate the track. They have a nine-member board, four officers, and five general board members. They have a solid group of volunteers that help from checking drivers into helping with track prep.

The Williston Basin Speedway is always looking for new faces to get involved.

For more information on the Williston Basin Speedway, check out their Facebook page and for information on how to volunteer contact Deb Breivik at 701-713-5248.



Riese Dignan, Kenmare, takes the checkered flag in the Hobby Stock division Aug. 28, 2021. Dignan was also track champion for the season. Other track champions were Landon Gaudreau, Slingshots; Brady Bjella, Northern Sportmods; Travis Hagen, Modified and Dalton Flory,

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