

# The Roundup

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Wednesday, April 8, 2015

Volume 41 • Number 8

## Sidney Health Center Successfully Recruits Additional General Surgeon

Sidney, Montana — Sidney Health Center is pleased to announce the successful recruit of Kelly O'Neal, M.D. Dr. O'Neal will join the medical staff in April 2015 as a general surgeon.

Dr. O'Neal, who is American Board Certified in General Surgery, will be providing general surgery services to the residents living in the MonDak region. Through her career, she has done a wide range of cases with special interests in breast cases, advanced laparoscopy and spine work.

Dr. O'Neal received her medical degree from University of California in Irvine, CA and completed her general surgery residency there as well. Dr. O'Neal has over 20 years of experience in general surgery, practicing at Kaiser Oakland Medical Center in California.

Rick Haraldson, Sidney Health Center CEO stated, "We are thrilled to successfully recruit another general surgeon to complement our breadth of surgical services. Dr. O'Neal will be a great addition to the medical staff and nice addition to our community."

Dr. O'Neal will be practicing in the Sidney Health Center General Surgery Clinic, Suite 105. She joins Dr. Edward Bergin.



Kelly O'Neal, M.D.

## 4th Annual Bakken Brewfest To Benefit Richland Community Complex

By Dianne Swanson

One of Sidney's premier social events, the Bakken Brewfest, will take place from 7-10pm on Saturday, April 18 at the Richland County Fair Event Center, sponsored by the Sidney Chamber of Commerce and Agriculture.

Each year, the Sidney Chamber designates a portion of the profits from Brewfest to a local entity. This year the Richland Community Complex will benefit.

Enjoy 60 plus brews in your free sampling glass, complimentary food catered by the Ranger Lounge, a free Sidney shuttle pass, and music by Holler n' Pine from Bozeman, all for only \$50 per ticket.

Want more? VIP tickets include all of the above plus early admission at 5:30 pm, high end appetizers, a pig roast prepared by Greg Mohr, 10 to 15 brews in the special tasting room, and a custom gift. VIP ticket holders will also enjoy the special premier of Lost Highway, the collaboration between Beaver Creek

Brewery of Wibaux and Meadowlark Brewery of Sidney. VIP tickets are \$100.

Brewfest merchandise including keg style growlers and hydro flask growlers are on sale now at the Sidney Chamber office for a limited time only.

Anyone assisting during Brewfest must be safe-serve certified. Dates to be certified are Tuesday, April 7 from 7:30 to 9:30 pm and Friday, April 17 from 5:30 to 8:30 pm at the Richland County Event Center, room 202. Volunteers are also needed for setup Friday morning and cleanup Sunday morning.

For more information or to volunteer please call Marissa Eberling at 406-433-1916 or Alli Nelson at 406-580-6031.

## 10th Anniversary Best Kept Secret Bra Auction- Register To Submit Your Unique Bra Creation

Submitted by Kelly Reisig  
Foundation For Community Care

SIDNEY — Each year dozens of talented and imaginative individuals and groups construct, craft and engineer unique creations for the annual Best Kept Secret bra auction. This is the 10th anniversary for this exceptional event. Since its humble beginnings in 2005, the event has grown increasingly popular. What started out as a couple dozen people at the Triangle Nightclub is now a large enough event that only a venue like the Richland County Event Center can accommodate it. "In the beginning the funds from the event were used to help women throughout Richland County to receive critical screening tests for cervical cancer," explains Heather Nevins, Cancer Coalition Steering Committee Member. "The event garnered enough funds that we quickly realized that we could leverage the funds to do even more."

Funds from the event are also set aside for the newly created Cancer Coalition Aid Fund (CCAF). The fund has assisted friends and neighbors throughout Richland County who have been diagnosed with cancer. The committee awards grants up to \$1,000 to offset the myriad of expenses that cancer patients struggle with while undergoing treatment.

This year's event will take place on Friday, May 1st at the Richland County Event Center. Registration for the event begins at 6 p.m. The auction begins at 7 pm and the DJ will top off the evening at 9 pm.

It's not too late to create your own unique bra for this event. Registration forms are available at the Richland County Health Department. There is a limit of three entries per person, business or group. The entire bra package will be auctioned off (excluding mannequins). If you have multiple items please include a detailed description of all pieces. All bras must be submitted by April 29 to the Richland County Health Department.

You can also support the event through a direct donation, sponsorship or donations of an item for the silent auction. For more information contact the Richland County Health Department at (406) 433-2207 or stop by their office at 1201 West Holly, Suite #1. All registration forms and information are also being made available on the Foundation for Community Care website at [www.foundationforcommunitycare.org](http://www.foundationforcommunitycare.org) MNAXLP



### Eckhoff Retires

A retirement party was held last Friday for Joyce Eckhoff, superintendent at the Eastern Ag Research Center, Sidney, thanking her for 29 years of dedication. Eckhoff is pictured with a tub of wines presented to her by the Richland County Extension staff.

## Watford City Community Blood Drive Wed., April 8

United Blood Services will be at the Watford City Civic Center on April 8<sup>th</sup> from 12 p.m. – 6 p.m. For an appointment contact: Kathy Skarda, 701-842-2381(daytime) or 701-675-2333(evening). You can also schedule online at [www.bloodhero.com](http://www.bloodhero.com), sponsor code: Watford City. This blood drive is sponsored by First International Bank & Trust of Watford City.

## 1st Annual Bakken Boom Run/Walk May 16

The 1st Annual Bakken Boom Run in Sidney will be 10:00 am Sat., May 16th! Come join the new Wild Wild West 1st annual BBR at the Richland County Health Dept, 1201 W Holly on May 16th! This event is for the whole family with a 4 mile loop for runners/walkers and a 1/2 mile race for the kiddos. Chip timing for the race done by Competitive Timing. Prizes for the top 3 finishers for each event in addition to door prizes! Part of the proceeds from this event will go towards the Richland County Community Complex. For any questions/comments email: [runtheworld.sidneymt@gmail.com](mailto:runtheworld.sidneymt@gmail.com)



Despite the nasty weather, over 80 children enjoyed the Easter egg hunt in Sharbono Park last Thursday, hosted by the Fairview Chamber of Commerce.





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# Thank You

Perhaps you sent a lovely card, or sat quietly on a chair.  
Perhaps you sent a funeral spray. If so we saw it there.  
Perhaps you spoke the kindest word that anyone could say.  
Perhaps you were not there at all, just thought of us that day.  
Whatever you did to console our hearts,  
We thank you so much  
whatever that part.


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Lynette & John Hoon & Family, Patrick Hamburg & Family

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## AREA RECOVERY GROUPS

**MONDAYS:**  
**12 p.m.** — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.  
**1 p.m. - 3 p.m.** — Grief Recovery Support group at Glory of the Lord Family Ministries, Watford City.  
**6 p.m.** — Al-Anon, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.  
**7 p.m.** — Fairview Alive and Kicking at Faith Alliance Church, 704 S. Western Ave.  
**8 p.m.** — AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

**TUESDAYS:**  
**7 p.m.** — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

**WEDNESDAYS:**  
**5:00 p.m.** — Sober Life Young People's NAAA 12- step recovery group, 25 yr. old & younger, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.  
**8 p.m.** — Al-Anon, Sanford Room, McKenzie Co. Public Library, Watford City.

**THURSDAYS:**  
**7 p.m.** — NA meeting, MonDak Trucking office Bldg., 725 W. Holly, Sidney.  
**8 p.m.** — AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

**FRIDAYS:**  
**12 p.m.** — AA, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.  
**12 p.m. - 1 p.m.** — AA meeting, basement of Wilmington Lutheran Church, Arnegard.  
**6:30 - 7:30 p.m.** - 5 Stones faith based recovery meeting, Sidney Nazarene, 606 9th St. SW, Back door is open.  
**7 p.m.** — Fairview Alive and Kicking at Faith Alliance Church, 704 S. Western Ave.  
**8 p.m.** — AA meetings, Trinity Lutheran Church Ed. Bldg, Sidney.

**SATURDAYS:**  
**7 p.m.** — AA 24 hour group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.  
**9 a.m. & 7 p.m.** — AA Group Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave, Sidney.

**SUNDAYS:**  
**7 p.m.** — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

# STATISTICS

**LAKE WATER LEVEL REPORT**

**Sakakawea**

Current Elevation.....	1839.3
Last Week's Elev. ....	1839.5
One Year Ago .....	1836.2
Release For Day (C.F.S.) .....	21,000

**SIDNEY WEATHER DATA**

Source: MSU Eastern Agricultural Research Center

Date	High	Low	Precip.
March 30.....	69	40	0.00
March 31.....	79	32	0.00
April 1 .....	59	40	0.00
April 2 .....	44	24	0.00
April 3 .....	50	210	0.00
April 4 .....	57	23	0.00
April 5 .....	41	28	0.00
Total YTD Precipitation .....			0.99

# Montana Fashion Week

**Second Annual Event is taking applications for Designers, Buyers, Sponsors and Vendors**

Hollywood’s Notorious Fashion Coordinator Parris Harris in association with veteran Fashion Event Producer Jean Rojas, team up to present Montana Fashion Week 2015, August 28-29, 2015 in Billings, MT. Montana Fashion week is an international fashion industry event, where designers will showcase their latest collections in runway shows and fashion insiders will be exposed to a firsthand look at the latest trends. The 2-day event will take place at, the Crowne Plaza Hotel in Billings.

Montana Fashion Week is taking applications now for media, designers, buyers, models, sponsors, vendors and volunteers. An open casting call for models is being held Friday, April 28th in Billings, MT and Thursday April 27th in Bozeman, MT.

Guests of this year fashion event will get the opportunity to meet celebrities, shop for fabulous finds, view modern designs from all over the world, and participate in lots of surprises! Event Executive Producer Rojas said, “We want to start a fashion movement and creative positive change. Montana is an awesome place to live - why not look awesome? You can rock fashion no matter where you live and work.”

This year host is none other than comedian Lukas Seely who started comedy back in his hometown of Billings, MT before relocating to Seattle, WA in 2004. Lukas soon became a crowd favorite in Seattle Comedy scene and has since moved to Los Angeles, California where he regularly performs at The Hollywood Improv, The Comedy Store and many other venues. Montana Fashion Week is also going to be supporting Tough Enough To Wear Pink of Montana, a local charity that is dedicated to provide funding for breast cancer awareness, education, screening, support and further diagnosis for Montana women and men.

Montana Fashion Week is currently selling tickets at: <http://montanafashionweektickets.brownpapertickets.com/>  
To learn more about Montana Fashion Week, visit <http://www.montanafashionweek.com> and <https://www.facebook.com/MFWeek> or contact Event Producers at [montanafashionweek@yahoo.com](mailto:montanafashionweek@yahoo.com).

# Youth Grant Application Deadline

**Submitted by ND Game & Fish Department**

Wildlife, shooting, fraternal and nonprofit civil organizations are urged to submit an application for the Encouraging Tomorrow's Hunters program, a State Game and Fish Department grant program developed to assist recruitment of the next generation of hunters and shooters. The maximum grant allowed is \$3,000. The program currently helps fund approximately 40 club and organizational events and projects, with an average grant of \$1,550. Grant funds help cover event expenses, including promotional printing; event memorabilia such as shirts, caps or vests; ammunition and targets, and eye and ear protection. Past funding has enabled several groups to conduct youth pheasant and waterfowl hunts, while others have sponsored trap and other shooting events, including archery and rifle shooting. Any club or organization interested in conducting a youth hunting or shooting event can get more information, including a grant application, from the Game and Fish Department website, [gf.nd.gov](http://gf.nd.gov), or by contacting outreach biologist Pat Lothspeich at 701-328-6332. The deadline to apply for a 2015 grant is April 19.

# Montana Credit Unions Support Hardworking Families

**Submitted by Karen Smith, CUDE Executive Director**

The recent economic recession had an enormous impact on Montanans, and even though there is a noticeable upswing for businesses, the economic recovery is slow. Credit unions across our state provide affordable financial services to thousands of individuals and families working hard each day to make ends meet.

Montana has over 27,000 families who maintain employment, but are below the poverty line. In addition to the struggles of working families trying to make ends meet, this is one of only five states to impose income taxes on the working poor. For example, Montana begins taxing a two-parent family with four children at a lower annual income than any other state, \$12,500 in annual income, which is well below poverty.

Of all the ideas presented this legislative session to alleviate poverty, we believe one of the most promising opportunities to support working Montanans and boost our economy at the same time is a state Earned Income Tax Credit (EITC).

EITC was created by Congress in 1975 to provide a tax credit to those earning low incomes, but requiring employment. President Ronald Reagan called the EITC “the best anti-poverty, the best pro-family, the best job creation measure to come out of Congress.” Since that statement, studies have shown that most access the credit for just a couple years.

EITC is not only good for families, it is great for our economy. In 2013, more than 80,000 Montanans received the federal EITC and pumped \$151 million into Montana’s economy. We hope the Treasure state joins twenty-two other states in this successful program by creating a similar credit on a state-level to provide an additional boost for low-income families to help make ends meet.

Montana had the opportunity right now to pass a state EITC that would work similar to how the federal EITC works. The proposal was modest; the maximum benefit to families would be about \$300. However, for those 80,000 Montanans, it could mean their ability to pay rent, fix their car, buy groceries, or pay a doctor bill.

The bottom line is these families and fellow residents will spend these dollars in our local communities, contributing an additional \$17 million into Montana communities in the next two years. The federal EITC program has been the most effective anti-poverty program in history, and a state-level credit could provide the same benefits to Montana families. Please contact your legislator at 444.4800 and encourage him or her to join us in supporting a state EITC.

Jeremy Presta, President/CEO, Park Side CU  
Diana Cannon, President, Mile High FCU  
Jack Lawson, President/CEO, Missoula FCU  
Emily Guldborg, Manager, McCone County FC

MNAXLP

## Community Garden Plots Available!

- Garden plots are 4' x 8' raised beds
- Must be planted by June 1st
- Bed & soil supplied by community garden project
- Amendments, plants & care provided by “renter”
- Applicants will receive 1 bed at time of application
- If additional beds are open after May 1st, applicant may reserve additional beds
- Applications available at the Richland County Extension Office
- Questions & inquiries should be directed to Tim Fine at 433-1206 or [timothy.fine@montana.edu](mailto:timothy.fine@montana.edu)



## WOMEN OF FIRST LUTHERAN CHURCH SPRING LUNCHEON

**Wed, April 30 • 11:30am**  
**At The Watford City Civic Center**  
**Potato Pizza Casserole, Salads & Dessert**  
**All Are Invited & Welcome!**  
**\$8<sup>00</sup> PER PLATE**

# EVENTS

**SEND US YOUR EVENTS!**  
THE ROUNDUP: PO Box 1207  
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**RICHLAND COUNTY**  
Events in Sidney unless otherwise listed. MT Zone.

**Tues., April 14th**  
**7:00 pm** - Donkey Basketball at Sidney High School Gym. Sponsored by the Sidney FFA. 5 teams from Richey FFA, Lambert FFA, Culbertson FFA, and Sidney FFA & BPA. Lots of family fun and entertainment!  
**7:00 pm** - Sons of Norway monthly meeting. Please join us at the lodge at 714 East Main.

**Sat. & Sun., April 18th - 19th**  
**Sat: 7:00 pm & Sun: 1:00 pm**  
**Fairview Boxing Club - MT State Golden Gloves**  
Fairview Boxing Club presents the MT State Golden Gloves at the Fairview High School old gym. Will be teams from MT, ND, SD and Canada. This is a sanctioned USA Tournament. General admission Saturday: \$15/adult, \$8/student. Sun: \$5/person. This is a drug/alcohol free event. For more info call 406-855-9182.

**Sun., April 19th**  
**11:00 am - 2:00 pm** - Burger and brats with the Business Professionals of America. Proceeds go towards sending 33 students and 5 chaperones to the National Leadership Conference May 4-10 in Anaheim, CA. Freewill donation. There will also be a silent auction with over 30 themed gifts.

**Fri., April 24th**  
**11:30 am** - The Richland Red Hatters will meet April 24th at 11:30 am at Panini's Pizzeria. RSVP to Sylvia, 798-3882, by April 22nd.

**Fri., May 1st**  
The 10th Annual Best Kept Secret Bra Auction. Richland County Fair Event Center. For more info please contact the Richland County Health Department 406-433-2207.

**Sat., May 2nd**  
2nd Annual Above The Influence Dodgeball Tournament. Presented by Stand4Youth and the Richland County Sheriff's Office. Now looking for student teams and celebrity teams from all Richland county schools! Contact Vicky Parker at 433-4097.

**DAWSON COUNTY**  
Events in Glendive unless otherwise listed. MT Zone.

**Wed., April 15th**  
**12:00 pm** - Glendive's Friends of the Library April Lunch'n'Learn. Please join us, along with Fayette Miller, who will talk about the new exhibits and look of the Frontier Museum. Trena Kuehn will explain the research that is available for the public. Tea and coffee provided, bring your own lunch.

**McKENZIE COUNTY**  
Events in Watford City unless otherwise listed. CT Zone.  
*Tuesdays from 5 pm - 7pm: McKenzie County food pantry in the lower level of First Lutheran Church.*  
*Thursdays from 12 pm - 2pm: McKenzie County food pantry at First Presbyterian Church.*

**Fri., April 10th**  
**5:30 pm** - Badlands TOMS Chapter Hunting Heritage Banquet at Outlaw's Bar & Grill. For tickets or info call Steve at 701-570-4102.

**Thurs., April 16th**  
**11:30 am** - Women of First Lutheran Church Spring Luncheon. Will be serving potato pizza casserole, salads, and dessert for \$8 a plate. Everyone invited and welcomed!

**WILLIAMS COUNTY**  
Events in Williston unless otherwise listed. CT Zone.

**Thurs., April 16th**  
**7:00 pm** - Fort Buford History Book Club. Join other history buffs in an interesting discussion of this month's selected book. Free refreshments. Missouri-Yellowstone Confluence Interpretive Center, 701-572-9034.

**Fri. & Sat., April 17th - 18th**  
**9:00 am - 4:00 pm** - Confluence Quilters. Join the Confluence Quilters for their monthly meeting at the Confluence. All experience levels invited and instruction provided. Missouri-Yellowstone Confluence Interpretive Center, 701-572-9034.

**Sun., April 19th**  
**3:00 pm** - Concert at the Confluence. Enjoy a wonderful concert performed by *Sisters Four* at the Confluence while overlooking one of North Dakota's most beautiful natural sites. Free refreshments. Missouri-Yellowstone Confluence Interpretive Center, 701-572-9034. MNAXLP

**View all monthly events on our calendar at:**  
**[www.roundupweb.com](http://www.roundupweb.com)**



# Roosevelt Memorial Healthcare Foundation Announces Scholarship Recipient

**By Jaimee Green**  
Walking down the hallway of Culbertson High School, the sound of a 9-1-1 dispatch voice chirps from a radio attached to Hannah Bawden's hip. As a high school senior, she has taken on more responsibility than most. Aside from carrying a cumulative 4.0 grade-point-average, 18-year-old Bawden has served as a volunteer Emergency Medical Technician since last year for Roosevelt Medical Center's ambulance service.

Her passion for the medical field, her exceptional grades, curriculum path and volunteerism are some of the many reasons she was selected by the Roosevelt Memorial Healthcare Foundation as this year's \$1,000 scholarship recipient.



Hannah Bawden

"The Foundation Committee has always viewed this scholarship as a great opportunity to enhance healthcare in our area. It is always our hope that students will return to the area to practice in their chosen fields, but we support their endeavors wherever their career takes them," said Jennifer Kessner, Chief Financial Officer for RMHF.

Bawden is currently enrolled at Montana State University at Bozeman and will begin in the fall. Her course of study is through the University's Pre-Med In-Take Program. During her sophomore year, she will declare an area of focus.

She said that, although her focus could change, she plans to become an emergency room physician. "I've never imagined myself doing anything else. I like the fast pace of the ER and the fact that every situation is so unique and challenging. I feel I will be able to set myself to the task at hand and work through the

pressure of those chaotic and critical situations," she said.

This summer she plans to join the ambulance services in Bozeman and work at a healthcare facility while beginning her studies.

During Bawden's high school career she has been a member of the National Honor Society, speech and drama, band and choir. She has also served as a math tutor and volunteered as a judge for the science fair her junior and senior years.

Every year she has competed at the Science Olympiad held in Bozeman, and received second-place her senior year in Disease Detectives and sixth-place in Anatomy and Physiology. She also competed annually at the Academic Olympics.

She worked as a nurse's aide during the summer of 2013 at RMC, learning some of the basics of direct patient care.

Bawden cites her parents as her inspiration for wanting to pursue a career in the medical field. Her mother, Elaine has been a nurse for 34 years

and her dad, Bob, worked as a medical corpsman for the United States Navy aboard the Dwight David Eisenhower carrier ship and as a surgical technician in Billings.

"Hannah has wanted to be a doctor of some kind for as long as I can remember. In her elementary school years she wrote an essay about wanting to be a doctor and how she wanted to cure diseases like cancer. It has truly always been her passion," said Elaine Bawden.

The scholarship funds will be given directly to the university in two \$500 installments during the first and second semesters of her freshman year. With this scholarship included, RMHF has given \$4,000 in scholarship funds for students pursuing a career in healthcare.

"I am so grateful to be given this opportunity. I have enjoyed every moment and experience I have had in healthcare and I look forward to advancing my education with the ultimate aspiration of becoming a physician," Hannah Bawden said.

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# CIRCUS

**64<sup>TH</sup> ANNIVERSARY**  
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**Tag: 4605**  
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## Yellowstone Marketplace

### Klipper Kuts Owner Marci Steedley Welcomes Walk-ins

By Meagan Dotson

Marci Steedley, the owner of the new barber shop Klipper Kuts, is happy to be in eastern Montana as it has been a long-time dream of hers to live in the state. Steedley opened the shop in the Yellowstone Marketplace in Sidney July 16, 2014, this being the third barbershop she has owned and operated in her fifteen year career.

"I love the people," said Steedley who started barbering at the age of nineteen. "I like talking with the people that come in; everyone is friendly."

Steedley graduated from the Moler Barber College



Barbershop owner Marci Steedley stays busy with walk-in clientele.

in Fargo, ND and started in her profession May 1, 2000. She has previously lived and worked in Wyoming, South Dakota, and North Dakota and moved to the MonDak after her sister in Alexander, ND mentioned a need for barbers in the area.

Steedley is also the manager of the Yellowstone Mar-

ketplace and commented, "it's a learning experience and I really enjoy it. It gives me something different to do."

Klipper Kuts is open Wednesday through Friday 9:00am to 7:00pm and Saturday and Sunday 11:00am to 7:00pm and takes walk-ins only, men, women, and children.

### Heart & Dagger Tattoo Parlor Celebrates One Year at Their New Location



Pictured from left to right, Carmelo Ballaro, Sam Ueljones, and Dereck Adams.

By Meagan Dotson

The Heart & Dagger Tattoo Parlor is celebrating their one-year milestone at their new location in the Yellowstone Marketplace, 102 N Central Ave in Sidney. After relocating from Glendive in March of 2014, the shop settled into the community, having wanted to be closer to the oilfield.

Owner and tattoo artist Sam Ueljones commented, "We've

been doing great here. The community has been very welcoming and friendly and they've taken good care of us."

Ueljones, who owns another shop in Twin Falls, Idaho has nineteen years' experience as a tattoo artist and is proud to own a world-renowned, award winning business which is well respected in its field. Getting to Sidney as often as he can, Ueljones trusts Carmelo Ballaro, an artist with seventeen years under his belt, as manager and Dereck Adams who's been a tattoo artist since 1996, with holding down the fort.

Heart & Dagger Tattoo focuses on quality, putting 100% into everything they do. Predominantly a custom shop, they create artwork for specific customers as well as being proficient in cover-ups and reworks. They are keeping their clientele satisfied as 80% of the people they work with are returning customers. In addition to being licensed in the state of Montana, they consistently exceed the Health Department's regulations and are certified in blood-borne pathogens and first aid.

Their days and hours are Wednesdays through Mondays from noon until 7:00pm. While they do take walk-ins, scheduling an appointment is best and they can be reached at 406-377-8288 or like them on Facebook, Hdt Sidney.

## National Public Health Week

**April 6-12, 2015**

Healthiest Nation 2030. Let's Make America The Healthiest Nation In One Generation!



**Richland County Health Department Staff.**  
**Back Row (L-R):** Kelly Feldman, Carolyn Iversen, Cristin Henson, Kathy Helmuth, Lesley Thiessen, Jacklyn Dam.  
**Front Row (L-R):** Julie Brodhead, Rita Jacobson, Heather Nevins, Mary Sundheim, Heidi Moran. **Not pictured:** Judy LaPan, MaryAnn Danielson, Kay Nice, Greta Mannen, Heather Luinstra, Kim Kittelson & Stephanie Ler.

**DID YOU KNOW?** Public health promotes & protects the health of people & the communities where they live, learn, work & play!

**The Richland County Health Dept Offers These Programs:**

- WIC (Women, Infants & Children)
  - Family Planning
  - County Sanitarian
  - Retired & Senior Volunteer Program
  - Immunizations
  - Communicable Diseases
- Montana Cancer Control Program
  - Montana Tobacco Use Prevention
  - Injury Prevention
  - Richland County DUI Task Force
  - Parents as Teachers—Home Visiting
  - Emergency Preparedness
- NAPA—Nutrition & Physical Activity Program
  - Communities In Action (CIA)
  - Northeastern RSVP Program
  - Montana Asthma Control Program—Home Visiting

**Friend of Public Health Award during the Open House on Thurs, April 16<sup>th</sup> from 2-4pm in the conference room located in the Community Services Building.**



*In honor of Public Health Week, please wear these colors:*  
**Mon, Apr 13 – Blue for Immunizations**  
**Wed, Apr 15 – Purple for Cancer**  
**Fri, Apr 17 – Brown for Tobacco**

**Tues, Apr 14 – Green for Mental Health**  
**Thurs, Apr 16 – Red for Heart Health**



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### Gracie's Boutique Opens At Its New Location



**Hannah Lorsch, store manager at Gracie's Boutique, helps a customer find the just the right size. Gracie's Boutique offers all sizes from toddler to plus.**

By Meagan Dotson

Tracy and Edgar Keller, owners of Pink by Tracy, opened Gracie's Boutique Wednesday, April 1. Gracie's Boutique is an expansion of Pink by Tracy offering a wider variety of merchandise including women's clothing, plus size clothing and accessories, kids clothing and accessories, purses, wallets, and character items in a variety of brands. Tracy Keller is also excited about being able to provide discounted wedding dresses to entice all those brides-to-be and can do special orders.

The shop, which was being run out of the Keller's home, has out-grown the available space and so its new location will be in the Yellowstone Marketplace, 102 N Central Ave, Sidney. With its ideal display windows and downtown location it is a great place for the retail business and Tracy Keller is looking forward to having the shop in town.

Tracy Keller enjoys being a business owner and credits her husband as an incredible support, "He makes this all possible; I couldn't do it without him."

The days and hours of Gracie's Boutique are Monday through Saturday from 10 am until 7 pm and the Kellers invite the public to stop in and see the boutique at its new location. You can contact Tracy Keller for more information at 406-480-0823 or like Gracie's Boutique on Facebook.

MNAXLP



Yellowstone Marketplace

Recently Opened Stadium Sports Has Wide Variety Of Sporting Gifts

By Meagan Dotson  
Stadium Sports owners Shawn and Lindsay Hansen are off to a great start with the opening of their sporting gifts store. The new business, located in the Yellowstone Marketplace at 102 N Central Ave, Sidney, MT, opened November 14, 2014, just in time for the holiday season.

“November and December gave us an amazing start,” said Shawn Hansen. “We are seeing returning customers and have been received really well.”

Stadium Sports supplies merchandise from professional and college teams and will soon be adding local high school teams. 47 Brand, Zephyr, Top of the World, and Majestic are just some of the brands that are kept on hand. An extensive inventory of hats, decals, cups, lanyards, clothing, and much more give customers a variety of products to choose from. The Hansens will be expanding their lines of hockey and basketball hats as well as Montana Bobcat and Grizzly inventory. Baseball jerseys are being added in



Stadium Sports owner Shawn Hansen with his ever expanding selection of hats.

early May also.

The Hansens’ felt that Sidney was the best place to start their business and with the space being move-in ready, it took about a month to move in and display mer-

chandise.

Shawn Hansen, who previously co-owned a store with his brother in Michigan, said of Sidney, “It is a nice mix of people: local, west-coast, and southern. It’s unique; a very

laid-back town.”

Stadium Sports is open Monday through Saturday from 10:00am to 7:00pm and Sundays from noon to 5:00pm; like them on Facebook or contact them at 406-939-3203.

Mucho Si Stays Busy With The Recent Opening Of Their Second Restaurant, Offers A Cultural Dining Experience

By Meagan Dotson  
Mucho Si opened their second restaurant January 13, 2015 in the Yellowstone Marketplace, 102 N Central Ave in Sidney. The family owned eatery began their business venture with the opening of their first restaurant in Fairview, MT July 15, 2014 and

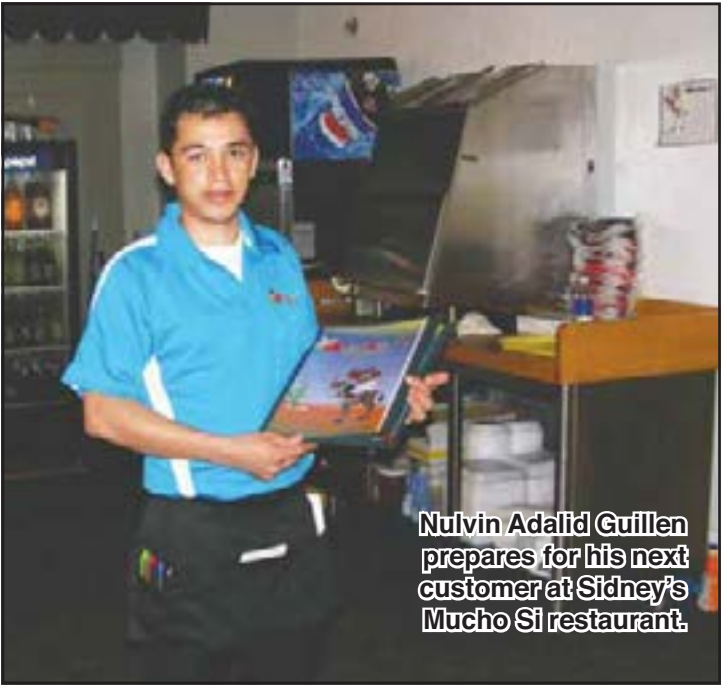
couldn’t pass up the opportunity to expand given their success.

Mucho Si offers not only an authentic Mexican menu prepared by cooks who are extensively familiar with the recipes, but also an authentic dining experience. All orders are written in Spanish and there aren’t any computers used, their goal being to create a comfortable family feeling.

The consensus among owners and employees alike is that the restaurant is doing great, made possible by the customers who’ve been the determining factor in their success. It took six to eight weeks to order new equipment and then the space was ready and open for business.

With an extensive menu, there is something delicious waiting for customers and the public is invited to come in for an authentic Mexican dining experience.

Mucho Si is open Monday through Thursday 11:00am to 8:00pm, Friday and Saturday 11:00am to 9:00pm, and Sundays 11:00am to 6:00pm. They can be reached at 406-433-2212.



Nulvin Adalid Guillen prepares for his next customer at Sidney's Mucho Si restaurant.



# 4-H Jr. Leaders Dinner & Dance

Friday, April 17<sup>th</sup>  
Dinner 6:30 - 8:30pm • Dance 8:30 - 10:00pm  
At the Elks Lodge, 123 3rd St. SW • Sidney, MT

**Dinner Choices: Roast Beef or Chicken & Rice (choose one) Cost: \$25 per ticket**

For tickets, contact 4-H Jr. Leaders or call the Richland County Extension Office at 406-433-1206

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# 75<sup>th</sup> Annual Meeting

Sat, April 18<sup>th</sup> at the Office/Shop in Lambert

**Dinner will begin at 5:30 pm**  
**Meeting to commence at 6:30**

The board positions of Russell Thiessen and Russell Larson are up. Anyone is eligible to run regardless of what district you reside in. Both Russell Thiessen and Russell Larson have decided to run for re-election. Jeff Johnson and Brent Goosen are on the nominating committee so please contact them if you are interested in these positions.

Nortana understands the importance of offering the newest technology and information to help make your farm and ranch as successful and profitable as possible. Nortana Grain once again has invested \$862,000 in rolling stock and facility upgrades to insure the best service possible to you, our customers. Your co-op looks forward to serving you for many more years to come.

Approximately \$175,000 in patronage dividends will be handed out at the meeting along with many door prizes and plenty of delicious food. We look forward to seeing you on Saturday night, April 18th at the office/shop complex in Lambert, Montana.

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# Community HEALTH FAIR

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# 1:00 - 7:00 PM

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## Demonstration HEALTH TOPICS

**1:30 PM.....Sit and Be Fit**  
by Kathy Jensen, The Lodge Director

**2:00 & 6:00 PM.....Richland County Community Complex Building Plans**  
by Lisa Gorder

**2:30 PM.....Mental Health First Aid**  
by Richard Evans

**3:00 PM.....What is Naturopathy?**  
by Dr. Melody Keller

**3:30 PM..... Gardening Q and A**  
by Tim Fine, MSU Extension Service

**4:00 PM.. Shrine Hospitals for Children**  
by Laris Roberts

**4:30 PM... The Hype About Gluten-Free**  
by Richland County Nutrition Coalition

**5:00 PM.....Risks and Benefits of Essential Oils**  
by Dr. Melody Keller

**5:30 PM.....Yoga for Every Body**  
by Gina Dennis

**6:30 PM.....Zumba**  
by Jenae Jordan

Please Note: Non-affiliated commercial booths are not endorsed by Sidney Health Center or Richland County Health Department.



# Sportsmen Call On Montana Legislature To Restore Vital Funding

MISSOULA, Mont. — The Rocky Mountain Elk Foundation, Montana Wild Sheep Foundation, Ducks Unlimited and other Montana hunters and anglers call on the Montana Legislature to restore the spending authority of Montana Fish, Wildlife and Parks (FWP).

“This does not make sense,” said David Allen, RMEF president and CEO. “In essence, the Legislature is both jeopardizing crucial access and habitat funding while also turning its collective back on Montana’s sportsmen who have long fought for better access to public lands and improved wildlife conservation and management. It is sportsmen and women who funded these programs for the betterment of wildlife in the state.”

At issue are the cuts to some of Montana’s most productive and heavily-supported wildlife programs. On March 25, 2015, the House Appropriations Committee removed FWP’s spending authority for the following programs from HB 403, and the

Montana House subsequently passed the measure: Eliminated the Habitat Montana program appropriation of \$10,668,000 • Eliminated the Upland Game Bird program appropriation of \$849,000 • Eliminated the Big Horn Sheep Habitat program appropriation of \$460,000 • Eliminated the Fishing Access Site program appropriation of \$345,000 • Reduced the state special revenue appropriation for the Migratory Bird Program by \$210,000 and restricted the use of the balance to prevent land acquisition

deer and sheep winter range and migration corridors. It also expands and improves wildlife management areas,” said Allen.

“These are sportsmen’s dollars, not tax dollars, and cannot be used for any purpose other than habitat improvement and recreational access,” said Bob Sanders of Ducks Unlimited. “The Legislature should be looking for ways to improve these programs, not eliminate them. It’s very baffling.”

The amendments resulted in a reduction of more than \$12.5 million to FWP habitat and access programs. The money will still accrue in accounts, but since lawmakers stripped FWP of its spending authority, it would remain in a stagnant situation.

“The Bighorn Sheep Habitat Program is funded through the sale of the Governor’s Bighorn Sheep License. This funding is vital in terms of enhancing failing bighorn sheep populations across Montana,” said Brian Solan, president of the Montana Wild Sheep Foundation. “With Montana bighorns facing unprecedented pressures from disease, loss of habitat and poaching,



the last thing they need is political interference.”

The funding in question is generated by the sale of hunting and fishing licenses and equipment. By law, it is earmarked solely for conservation efforts. No general fund dollars or tax dollars are at issue. Sportsmen remain concerned that politics take precedent over the stated wishes of the people who provide the funding for these critical programs.

“Access and quality habitat for wildlife are the top issues for sportsmen across Montana. We’re counting on the Senate to restore this funding in order to maintain our hunting heritage,” added Allen.


About the Rocky Mountain Elk Foundation: Founded over 30 years ago, fueled by hunters and a membership of more than 205,000 strong, RMEF has conserved more than 6.6 million acres for elk and other wildlife. RMEF also works to open and improve public access, fund and advocate for science-based resource management, and ensure the future of America’s hunting heritage. Discover why “Hunting Is Conservation™” at [www.rmef.org](http://www.rmef.org) or 800-CALL ELK.

## Horse Buying Station

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## FWP Releases Minimum Wolf Count For 2014

**Submitted by MT Fish & Wildlife**

Montana’s verified wolf population declined by 73, 12 percent, last year while livestock depredations by wolves continued to decline, dropping about 46 percent from 2013.

The minimum number of wolves counted by FWP at the end of 2014 was 554 compared to a minimum of 627 wolves counted at the end of 2013 according to Montana Fish Wildlife & Park’s annual wolf conservation and management report released Monday. Montana’s minimum wolf packs were counted at 134, compared to 152 last year, while breeding pairs increased to 33 from 28 counted last year. The minimum wolf count is the number of wolves actually verified by FWP wolf specialists. The actual number of wolves is estimated to be 27 percent to 37 percent higher than the minimum count. FWP’s complete report is available online at [fwp.mt.gov](http://fwp.mt.gov).

Overall, FWP Director Jeff Hagener said Montana’s wolf population continues to be very healthy and far above federal recovery goals.

“Among the best news is that confirmed wolf depredations on livestock again took a significant drop in 2014,” said Hagener.

Confirmed livestock depredations due to wolves included 35 cattle, 6 sheep and one horse in 2014, down 46 percent from 2013 losses of 50 cattle, 24 sheep, three horses and one goat. Cattle losses in 2014 were the lowest recorded in the past eight years.

The decline in wolf depredations continues a general downward trend that began in 2009. “For FWP, and we hope for others, it reinforces the fact that we not only have

more tools for managing wolf populations, but that we’re applying them effectively,” Hagener said. “One of our top priorities is to minimize livestock losses, and we think we’re continuing to make a positive impact there.”

The continuing decrease in livestock depredations over the past four years may be a result of several factors including targeted wolf depredation responses in cooperation with USDA Wildlife Services—and the effects of wolf harvest by hunters and trappers.

Two hundred and thirteen wolves were taken by hunters and trappers in the 2014 calendar portion of the 2014-15 hunting/trapping season compared to 231 taken in the 2013 calendar portion of the 2013-14 season.

The total number of known wolf mortalities during 2014 was 308, down from 335 in 2013, with 301 of these mortalities being human-related, including 213 legal harvests, 57 control actions to further reduce livestock depredations (down from 75 in 2013), 11 vehicle strikes, 10 illegal killings, 6 killed under the newly-enacted Montana State Senate Bill 200, 2 capture related mortalities, 1 euthanized due to poor health and 1 legal tribal harvest. In addition, 1 wolf died of natural causes and 6 of unknown causes.

“Montana’s wolf management program seeks to manage wolves just like we do other wildlife—in balance with their habitat, with other wildlife species and with the people who live here,” Hagener said.

For the purpose of reporting minimum counts to the U.S. Fish and Wildlife Service, Montana is divided into three areas that reflect the former gray wolf federal recovery

zones. The three zones cover the entire state and include more than one FWP region. Following is a summary of the 2014 minimum counts verified for those areas:

In the “Northwest Montana” area counts showed a minimum of 338 wolves in 91 verified packs and 17 breeding pairs, compared to 412, 104, and 16, respectively, in 2013.

In the Montana portion of the “Central Idaho” area counts verified a minimum of 94 wolves in 20 packs, with six breeding pairs, compared to the 2013 counts of 123, 26, and seven respectively.

The Montana portion of the “Greater Yellowstone” counts include a minimum of 122 wolves in 23 packs, and 11 breeding pairs, compared to 92, 22, and five, respectively in 2013.

The recovery of the wolf in the northern Rockies remains one of the fastest endangered species comebacks on record. In the mid 1990s, to hasten the overall pace of wolf recovery in the Northern Rockies, the U.S. Fish and Wildlife Service released 66 wolves into Yellowstone National Park and central Idaho. FWP began monitoring the wolf population, and managing livestock conflicts in 2004. After several court challenges wolves were successfully delisted in 2011.

The delisting of wolves in 2011 allows Montana to manage wolves in a manner similar to how bears, mountain lions and other wildlife species are managed, which is guided by state management plans, administrative rules, and laws.


To learn more about Montana’s wolf population, visit FWP online at [fwp.mt.gov](http://fwp.mt.gov). Click Montana Wolves.

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## Sports Booster WEEKLY SCHEDULE

### Track

**Thurs. Apr 9**  
Sidney at Dickinson  
Culbertson JH/Elem at Lambert

**Fri. Apr 10**  
Froid/Lake, Savage, Culbertson, Fairview, R&L & Bainville at Lambert  
Froid/Lake JH, R&L JH & Culbertson JH/Elem at Wolf Point  
Watford City at Beach, 3 pm

**Sat. Apr 11**  
Froid/Lake, Sidney, Culbertson & Bainville at Baker  
Watford City JH at Bismarck, 10:30 am  
Watford City at Bowman, 11 am

**Mon. Apr 13**  
Savage at Glasgow  
Watford City JH at Bowman, 3 pm

**Tues. Apr 14**  
Watford City at Hazen, 2 pm

**Thurs. Apr 16**  
Froid/Lake JH/Elem at Fairview  
Watford City at Hazen, 3:30 pm

### Baseball

**Mon. Apr 13**  
Watford City at Home, 4:30 pm

**Tues. Apr 14**  
Glasgow at Sidney, 3/5 pm  
Watford City at Westhope High, 4:30 pm

**Thurs. Apr 16**  
Hardin at Sidney, 3/5 pm

**Fri & Sat. Apr 10 & 11**  
Watford City at Shiloh Christian School

**Tues. Apr 14**  
Watford City at Home, 4:30 pm

**Thurs. Apr 16**  
Watford City at Des Lacs-Burlington High, 4:30 pm

### Softball


**Thurs. Apr 9**  
Dickinson at Sidney, 3/5 pm

**Fri. Apr 10**  
Watford City at Berthold High, 4:30 pm

**Sat. Apr 11**  
Sidney at Glendive, 11 am

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## BIDS WANTED ROAD CONSTRUCTION BIDS WANTED

Tri Township in McKenzie County will be accepting bids for the rebuilding of township road 139th Ave NW, Alexander. Further project details will be provided on site. All interested parties should meet at the corner of County Rd 4 and 139th Ave NW on April 14th at 2:00 pm. Contact Larry Novak (701-770-7370) or Jeremy Heen (701-770-2275) with questions or for further information. Bids must be received by April 28th, 2015. Mail bids to: Alicia Kline 13794 46th St NW Alexander, ND 58831 Bids will be opened at the regular township meeting April 28th, 7:00 pm at the Alexander School.

## HELP WANTED PIANIST/ORGANIST NEEDED

Zion Lutheran Church of Fairview is seeking a pianist/organist for 9 am Sunday services. Please contact Church office at 742-5523 for details/salary info.

## SEASONAL AG LABOR

Duties include general animal husbandry (beef cattle), the operation of ag. equipment and all physical labor requirements for operation of an ag.cattle operation. Candidates must be able to lift over 70 pounds and be capable of working long days. Experience with horses beneficial. Must have a good driving record, pre-employment background check and drug screen will be conducted. Housing is available. Pay Range \$12.50 - \$17.50 per hour DOE. Please apply to [jshae50@gmail.com](mailto:jshae50@gmail.com). Location: Killdeer / Grassy Butte / Watford City, ND area.

## EMPLOYMENT OPPORTUNITY

Saddle Up western apparel is coming to Sidney, MT! Will be located at 703 East Main in the M3 Meats building. Please submit resumes electronically to [SaddleUpTack@hotmail.com](mailto:SaddleUpTack@hotmail.com) or drop them off at any of our Watford City locations with: Attn- Dori.

## LIFE GUARDS WANTED

Must be 15 or older and have current LGI and CPR. Applications available at City Hall, Mon-Fri. 8 a.m. - 5:00 p.m. Send resume: c/o of Pool Mgr 115 2nd St. SE Sidney, MT 59270. Applications close on April 30th.

## CARRIERS NEEDED

Need extra cash or want to get some exercise while getting paid? We have carrier routes available in most parts of Sidney. Call 406-433-3306, or fill out application at The Roundup, 111 W. Main, Sidney.

## WANTED SERVERS & KITCHEN STAFF

Wage DOE. Apply in person at Cattle-Ac, 119 N. Central Ave., Sidney, MT.

## BARTENDERS WANTED

Enjoy a private club atmosphere. Bartenders needed at the Elks Lodge, Sidney, MT. Call 406-480-9052.

## REAL ESTATE DOUBLE WIDE FOR SALE OR RENT

Double wide with new large addition, 2 car garage, large deck. No pets. Located at 425 32nd Ave NW, Sidney. \$150,000 or \$2,000/mo with \$1,000 deposit, plus utilities. Call 406-478-2075 or 406-478-9992.

## MOBILE HOME FOR SALE

1998 Bonnaville 16x80. Needs some work, a lot has been done already. Comes with 2 lots included. Asking \$75,000. Located at 3207 5th St NW. Call 406-478-9992 or 406-478-2075.

## 5 ACRE COMMERCIAL LOTS FOR SALE

Conveniently located between Williston & Watford City, right off Hwy 85. Graded recently. Perfect for a new shop, or business! Lots have rural water, power, RTC, & electric right at the road.Hwy 85, S. on 140th Ave NW, 1/4 mile on right. 406-471-4049.

## FOR RENT HOME FOR RENT

4 bedroom, 2 bathroom manufactured home. Available May 1st. Fully furnished. Located in Sidney, MT. No smoking, no pets. \$1,500/mo. Security deposit required. For more info call 406-480-4987.

## HOUSE IN SAVAGE

2 bedroom, 1 bath in home in Savage for rent. All appliances, on a large lot. \$1,500/mo plus MDU. Call 406-776-2209 or 406-480-1626.

## GARAGE + LOT FOR RENT IN SAVAGE

Finished 24 x 36 garage sitting on a 40 x 120 lot in Savage. Perfect for a mobile home or a camper. \$1,000/ mo + MDU. Call 406-776-2209 or 406-480-1626.

## PARTIES, WEDDINGS, GET TOGETHERS

Ultimate Showdown Assoc. located at Hefty Seed Co. south of Sidney has tables & chairs for rent. Will deliver. Call 406-488-4338.

## FOR SALE POWER CHAIR & MISC. FOR SALE

Green bowling ball, 13.5 lbs. Left handed. \$30. Jazzy VSL-600 powered chair lift, \$125. 18-speed bicycle, hardly used, like new. \$45. 300 gallon pickup spray tank, with pacer pump motor. \$200. Call 406-773-5830 if interested.

## BOAT FOR SALE

Lund boat for sale. 18ft, 1984 Tyee wih 115hp with 10 horse kicker. After 6pm, call 406-776-2408 if interested.

## BUMPER PULL CAMPER & SNOWMOBILE FOR SALE

Older 24', 2 axle camper bumper pull. 80 model Wilderness. Located on road to Richland Park, \$400. Older snowmobiles- price ranges \$100 to \$500. Call 406-478-2075 or 406-488-9643.

## MOTOR HOME & HONDA FURY MOTORCYCLE

1998 Allegro motor home. Low miles, good condition, road ready! \$14,000. 2011 (1300) Honda Fury, less than 1,000

miles. Loaded. \$13,000. Take both for \$21,500. Call 406-488-8736.

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8' J.D. VanBrunt drill on steel. 8' slide in stock rack. Call 701-744-5329.

## VEHICLES

2002 SATURN VUE, 1989 TOYOTA & 1979 GOLD TRANS AM FOR SALE  
2002 Saturn VUE for sale. All wheel drive, new battery, needs fuel pump. \$350, Located on the road to Richland Park. 1989 Toyota extended cab, 5 speed, 22RE engine. Runs. Motor ticks, new battery. \$1,100 OBO. 1979 Gold Trans Am, glass T tops, 400 engine. Make great restore project \$2,500 OBO. Both Toyota & Trans Am located at 2201 Red River Dr., Sidney. Call 406-478-2075 or 406-488-9643.

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Fodder & Sons, Inc. custom hay grinding. Call Steven Vinnedge or Parker Hesper, 406-781-1197.

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# Roosevelt Medical Center Identifies Community's Top Health Concerns

**By Jaimee Green**  
Residents living within the service area of Roosevelt Medical Center, in Culbertson, identified alcohol/substance abuse (49.2%), cancer (48.1%) and obesity (34.4%) as the top-three area health concerns in the community, following the recent compilation of the healthcare organization's community needs assessment survey.

Collectively, 49% of responders indicated they felt their community was healthy.

On March 19, a community-based steering committee meeting was held where attendees were asked to begin prioritizing the areas where the most benefits could be realistically gained for the collective community in the area of healthcare. Department managers at RMC have also begun a series of implementation meetings that will address the findings, prioritize and identify staff members to begin a plan-of-action for areas where changes can be made immediately.

"The survey results enable us to begin moving forward with positive changes that align with our strategic plan and mission of continuing to offer quality healthcare to the community. The goal throughout this entire process is ultimately to create a community where people are living happy, healthy lives with access to as many services, outreach and educational opportunities we can feasibly and financially offer," said Audrey Stromberg, Administrator for RMC.

Within the community, there are a number of organizations that have resources dedicated to community health and wellness that RMC can partner with so that the community can collectively reach their common goal of wellness. "No organization, including RMC, has the human or financial resources to identify and independently implement the changes necessary to impact every area of concern. This has to be a community-wide effort," said Stromberg.

Today, healthcare organizations are being tasked with focusing on population-health in community settings rather than illness-based care, which will require partnering with other individuals and agencies with expertise in some of the areas identified as needs or concerns. "We are hopeful that the steering committee will continue with its' commitment to the work that was started and will be successful with engaging others in the work

that needs to be to done to assure a broad-base of health services in our frontier community," said Sharon Schmitz, Better Health Improvement Specialist for the Frontier Medicine Better Health Partnership.

The survey found that the top-three programs community members would like to see more of in their community were geared toward weight loss, women's health and fitness; while the top three key components for a healthy community were access to healthcare and other services, affordable housing and healthy behaviors and lifestyles.

The top-rated services offered at RMC were ambulance and laboratory services and physical therapy, with an overall Quality-of-Care rating of "excellent" to "good," with 3.3 out of 4.0. The services most received by the community were influenza injections through the clinic, routine check-ups and cholesterol checks.

The survey revealed the community's desire to have local access to a dental clinic, (31%) fitness center, (16.6%) and message therapy, (14.1%). Those surveyed identified the top-three ways for improving access to quality local healthcare as adding more specialists, (38.3%), more primary care providers, (37.7%) and additional out-patient services, (30.1%).

The survey, mailed out in December to 880 random members within the community, was part of RMC's dedication to getting input from the community while meeting their obligations to maintain their non-profit status. Of the surveys returned, 58% of respondents were from Culbertson, 20% were from Froid and 9% were from Bainville. Of those, 59% were female and 38% were male, with a number of "no-responses" for the remaining percentages. The majority of the respondents were age 56-65, (26%). The remaining participants were between the ages of 46-55, (20%) and 46-55, (16%).

"It's important for the community to realize that, at the end of the day, RMC still has to make decisions that are fiscally responsible to ensure the implementation of those new things identified by the community as essential don't become a detriment to the organization's bottom line. We are a non-profit organization, so it's important for RMC and the community to find that compromise that best meets the needs of everybody," said

Schmitz.

RMC is part of the Frontier Medicine Better Health Partnerships project, which was formed to address the unique healthcare challenges faced by frontier healthcare. Throughout the state, there is participation from 24 other healthcare organizations.

The surveys were compiled by the Montana Office of Rural Health and Area Health Education Center in Bozeman and contracted through the National Rural Health Resource Center, of Duluth, MN. The project was fully funded through the Frontier Medicine Better Health Partnership Grant.

Historically, the community needs assessment survey has served as a vital tool that has helped RMC determine parts of the population most at risk for varying healthcare issues, as well as identify the top concerns of the community. RMC then uses this data to provide care and services through community outreach programs, preventative care measures and education.

In 2010 congress enacted the Patient Protection Affordable Care Act (PPACA), which put in place comprehensive health insurance reforms with the goal of enhancing the quality of healthcare for all Americans. This Act also required non-profit hospitals to complete a community needs assessment every three years in order to maintain their non-profit status.

To review the entire survey log onto [www.roosevelt-medical.org](http://www.roosevelt-medical.org)

Copies are available at RMC for review.

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## Deadline Approaching For Leadership Montana Class Of 2016 Applicants

**Submitted by Chantel Schieffer**  
BILLINGS - Leadership Montana, the state's premier leadership development organization, has opened the application process for the Class of 2016. The class will meet in communities across the state during the months of September, 2015 to May, 2016. Applications are accepted until April 15.

"We look forward to receiving applications from all corners of Montana," said executive director Chantel Schieffer. "Our program is designed to meet the needs of professionals in all stages of their careers, from all industries and communities."

The Class of 2016 will visit Big Sky, Whitefish, Bozeman, Helena, North Central Montana, Glasgow and Billings. During visits, participants will learn about challenges and opportunities facing Montana through conversations with community leaders and tours of emerging and traditional businesses.

Leadership Montana is a collaboration of leaders from business, labor, healthcare, higher education, non-profit organizations and government coming together to form a strong partnership for the betterment of our state. Leadership Montana offers participants a program that strengthens leadership skills while fostering personal growth and reflection.

Established in 2004, the program has more than 450 alumni including members of the state legislature, the Governor's staff, the Board of Regents, city and county government and CEOs and leaders of private businesses and non-profits across Montana. More information about the program, including the application form, can be found at [www.leadershipmontana.org](http://www.leadershipmontana.org).

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Lunch Menus

**Sidney School**  
**Thurs., April 9th:** Chicken nuggets, potatoes & gravy, mandarin oranges.  
**Fri., April 10th:** Pizza, tossed salad, fresh fruit, cookie.  
**Mon., April 13th:** Meatballs in gravy over mashed potatoes, green beans, pears, dinner roll.  
**Tues., April 14th:** Soft shell taco, fresh fruit.  
**Wed., April 15th:** Chicken paty on bun, cheesy potatoes, peaches.

**Rau School**  
**Thurs., April 9th:** Egg roll, rice, steamed veggies, fruit.  
**Fri., April 10th:** BBQ chicken sandwich, coleslaw, fruit.  
**Mon., April 13th:** Cheeseburger, fries, pickles, fruit.  
**Tues., April 14th:** Turkey, mashed potatoes & gravy, corn, peaches.  
**Wed., April 15th:** Cook's choice.

**Savage School**  
**Thurs., April 9th:** Spaghetti.  
**Fri., April 10th:** Burritos.  
**Mon., April 13th:** Chicken strips.  
**Tues., April 14th:** Tator tot casserole.  
**Wed., April 15th:** Hot ham & cheese.

**Lambert School**  
**Thurs., April 9th:** Pizza, banana, chips, milk.  
**Fri., April 10th:** Chicken nuggets, tots, scooby snack, milk.  
**Mon., April 13th:** Taco salad, fresh veggies, fresh fruit, milk.  
**Tues., April 14th:** Chicken fajitas, fresh veggies, cake, milk.  
**Wed., April 15th:** Meatballs, baked potatoes, green beans, pears, milk.

**Culbertson School**  
**Thurs., April 9th:** Chicken sandwiches, french fries, peaches, milk.  
**Fri., April 10th:** Italian dunkers, salad, pears, milk.  
**Mon., April 13th:** Chicken noodle soup, turkey sandwich, carrot sticks, peaches, milk.  
**Tues., April 14th:** Spaghetti & meatballs, garlic bread, fruit cocktail, milk.  
**Wed., April 15th:** Taco salad bowls, pinto beans, pears, milk.

**Richey School**  
**Thurs., April 9th:** Chicken noodle soup, dinner roll, fruit cocktail, brownie.  
**Fri., April 10th:** Hamburger, fries, corn, pears.  
**Mon., April 13th:** Chicken strips, baked hashbrowns, mixed veggies, pineapple.  
**Tues., April 14th:** Chili, cinnamon roll, applesauce, crackers/pickles.  
**Wed., April 15th:** Lasagna, lettuce salad, mandarin oranges, garlic bread.

**Fairview School**  
**Thurs., April 9th:** Shepherd's pie, tossed salad, pears, roll.  
**Fri., April 10th:** Chicken noodle casserole, pears, mandarin oranges, bun.  
**Mon., April 13th:** Hamburgers, smiley fries, apples.  
**Tues., April 14th:** Soup & sandwiches, tossed salad, mandarin oranges.  
**Wed., April 15th:** Chicken quesadilla, rice, corn, pears.

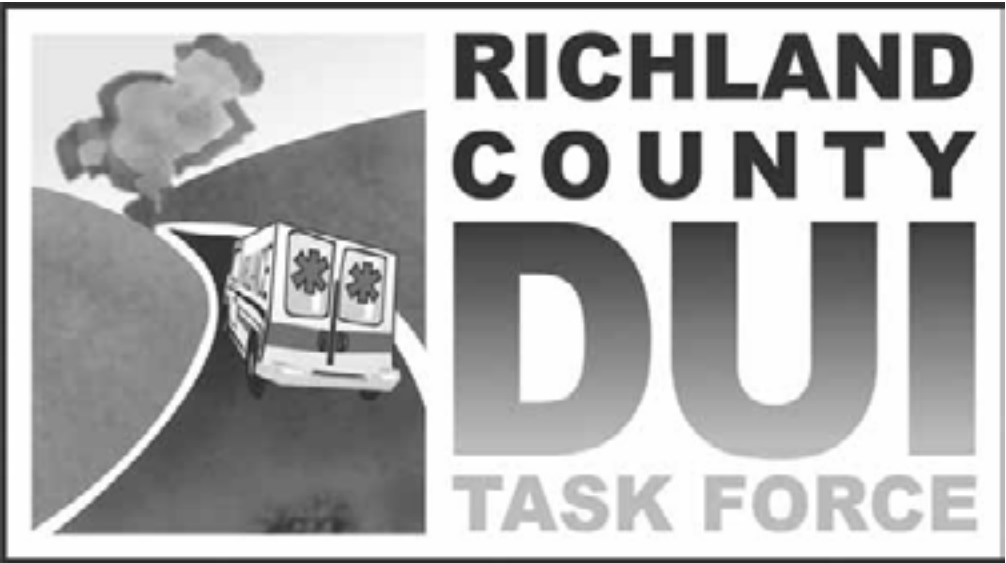
**Froid School**  
**Thurs., April 9th:** Tomato soup, grilled cheese sandwiches, salad bar, fruit, milk.  
**Fri., April 10th:** Club sandwiches, cucumber salad, salad bar, fruit, milk.  
**Mon., April 13th:** Spaghetti, cheese bread, vegetables, salad bar, fruit, milk.  
**Tues., April 14th:** Potato bar with all the toppings, milk.  
**Wed., April 15th:** Beef stroganoff over noodles, garlic bread, corn, salad bar, buns, kiwi, dessert, milk.

**Bainville School**  
**Thurs., April 9th:** Pot pie over biscuits, fruit.  
**Fri., April 10th:** Mac-n-cheese with ham, corn, peaches.  
**Mon., April 13th:** Shrimp poppers, smiles, green beans, pears.  
**Tues., April 14th:** Tacos, taco bar, oranges.  
**Wed., April 15th:** Pizza bagels, pineapple, tossed salad.

April Is Alcohol Awareness Month

**By the Richland County DUI Task Force**  
During the Alcohol Awareness Month the DUI Task Force is challenging the community to raise their awareness regarding issues pertaining to alcohol. We are asking you to educate yourself and others on:  
**Safe/Healthy Limits:** Zero drinks for those under 21~ One standard sized drink per day for women ~ two standard sized drinks per day for men  
**Size of a 'standard drink':** 12 ounces of beer or wine cooler ~ 8/9 ounces of craft or micro-brews ~ 5 ounces of table wine • 1.5 ounces of 80-proof liquor  
Keep yourself and the community safe. There is NO

EXCUSE to drive under the influence of alcohol or drugs  
Richland County has 24/7 public transportation. The task force encourages you to put Sidney Shuttle's number in your cell phone • 433-3636 and remember all alcohol establishments also have their number. Encourage others to ride not drive if they have been drinking.  
If you see impaired drivers on our roadways, law enforcement, the task force and your community encourage you to be RADD (Report a Drunk Driver) and call 911.  
These are just small changes you can personally make and help others make. These small changes will have an enormous effect on



creating a safe and healthy community. For more information contact Mary Sundheim, DUI Task Force Coordinator at the Richland County Health Department 406-433-2207 MNAXLP

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**2012 INFINITI**  
**QX56**  
  
4WD 5.6V8, ATOD, A/C, PW, PL, P SEATS, HTD SEATS, AUTO RIDE SUSP, P SUNROOF, AM/FM/XM/CD NAV, HEADREST DVD 22" AL WHEELS DARK CHERRY MET C004A LTHR K6531A 28,511 MILES  
**\$49,995**

**2011 TOYOTA**  
**4 RUNNER LIMITED 4.0**  
  
V6, 4WD PW, PL, TILT, SC, A/C P SEATS, HTD SEATS, AL WHEELS DVD BLUE MET/ EBONY LTHR G63491 57,520 MILES  
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**2012 JEEP**  
**AWD, COMPASS LATITUDE**  
  
2.4-4CYL, ATOD, A/C, PW, PL, TILT, SC AM/FM/CD SILVER/EBONY CLOTH U6995A 5,103 MILES  
**\$20,995**

**2014 TOYOTA**  
**CAMRY SE**  
  
2.5L 4 CYL, ATOD, PW, PL, TILT, SC, AM/FM/CD AL WHEELS SPOILER BRIGHT RED/ EBONY CLOTH. U6991A 32,885 MILES.  
**\$19,749**

**2015 MAZDA**  
**CX5**  
  
4WD PW, PL, TILT, SC, A/C, AM/FM/CD, TOURING WAGON, GREY 23,044 MILES, \$23,995, BLACK 17,000 MILES, \$24,995, U6900A, U6901A, MEDIUM BLUE 18,780 MILES, U6944A OR BLACK 17,785, U6494A.  
**\$24,995**

**2013 GMC**  
**1500 SIERRA DENALI**  
  
6.2V8, ATOD, A/C, PW, PL, P SEATS HTD/COOLED SEATS AM/FM/XM, CD P SUNROOF, DVD, T COVER, ASST STEPS WHITE/EBONY LTHR G6979A 39,656 MILES  
**\$41,995**

**2012 JEEP**  
**GRAND CHEROKEE LIMITED**  
  
3.6L V6 ATOD, 4WD, A/C, PW, PL, P SEATS, HTD SEATS, P SUNROOF, AL WHEELS, SILVER METALLIC/EBONY LEATHER 45,318 MILES. U7051A  
**\$30,995**

**2015 MAZDA**  
**CX5 TOURING AWD**  
  
2.5L 4 CYL ATOD, PW, PL, TILT, SC, A/C AL WHEELS RED METALLIC/EBONY U7000A 26,028 MILES  
**\$23,995**

**2002 CHEVROLET**  
**EXPRESS PASS VAN**  
  
11-PASSENGER WINDOWS, EXT LENGTH, WHITE/EBONY, CUSTOM WHEELS, 125,578 MILES. U6793C.  
**\$5,495**

**2013 FORD**  
**F350 SRW XLT**  
  
WALDOCH CONVERSION 6.7 DSL ATOD, PW, PL, TILT, SC P SEATS, A/C ASSIST STEPS, T COVER, LIFTED GRAY MET/EBONY RED LTHR. C6878A 30,782 MILES  
**\$45,995**

**2013 HYUNDAI**  
**SONATA LIMITED**  
  
2.4L, ATOD, PW, PL, TITL, SC, A/C AM/FM/XM/CD BACKUP CAMERA, P SUNROOF ICE BLUE MET/EBONY AL WHEELS 14,663 MILES. C5907A  
**\$21,995**

**2014 DODGE**  
**JOURNEY SXT AWD**  
  
3.6 V6, ATOD, PW, PL, TILT, SC, A/C P SEATS, 3RD ROW SEAT AL WHEELS AM/FM/XM/CD BLACK/ EBONY CLOTH 20,049 MILES. U7020A  
**\$22,395**

**2014 CHEVY**  
**1500 CREW LTZ, Z71**  
  
61/2 BOX, 5.3V8 ATOD, PW, PL, TILT, SC, A/C PSEATS, HTD/COOLED SEATS, P SUNROOF ACCESS STEPS BLUE TOPAZ MET/EBONY C6879A 11,204 MILES  
**\$43,995**

**2015 CHEVY**  
**SUBURBAN LT**  
  
4WD, 5.3V8, ATOD, PW, PL, TILT, SE, A/C, AM/FM/XM/CD NAV AL WHEELS, BLIND SIDE ALERT SABLE METALLIC/EBONY LEATHER U7017A 21,093 MILES.  
**\$52,995**

**2013 FORD**  
**ESCAPE AWD SEL,**  
  
2.0L, ATOD, PW, PL, TILT, SC, A/C, HEATED SEATS, LEATHER, P SUNROOF, AL WHEELS AM/FM/XM/CD GRAY MET/EBONY LEATHER 32,451 MILES. U7038A  
**\$23,995**

**2011 GMC**  
**2500 CREW SLT**  
  
6.6 DSL, ALLISON 6SPD ATOD, PW, PL, PSEATS, TILT, SC, A/C AM/FM/XM/CD ASSIST STEPS, AL WHEELS STEALTH GREY/EBONY C6706A 47,614 MILES  
**\$41,995**

**2008 FORD**  
**SUPERCREW F-450**  
  
DUALY 4WD, 6.8L V10, ATOD, A/C, ENCLOSED UTILITY BOX, WHITE/GREY INT. 110,783 MILES. U6810A  
**\$20,995**

**2012 FORD**  
**EXPEDITION XLT**  
  
4WD, 5.4V8, ATOD, PW, PL, TILT, SC A/C, AM/FM/XM/CD 3RD ROW SEAT BLACK/TITANIUM CLOTH U7004A 28,531 MILES  
**\$29,995**

**2015 CHEVY**  
**TRAVERSE AWD**  
  
LTZ, 3.6V6, ATOD, A/C, PW, PL, TILT, SC, 7 PASS, AM/FM/XM/CD 3RD ROW SEAT, AL WHEELS, WHITE EBONY 14,303 MILES. U7039A  
**\$33,995**

**2015 BUICK**  
**ENCLAVE AWD**  
  
LEATHER, 3.6 V6, ATOD, A/C, PW, PL, TILT, SC, P SEATS, 7 PASS, AL WHEELS, DEEP BLUE MET/EBONY LEATHER 12,271 MILES. U7038A  
**\$41,800**



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# Clean Williston Day Planned April 25

By Barbara Peterson,  
Williston Economic  
Development

Williston will celebrate springtime with a City-wide cleanup and barbeque on Saturday, April 25.

Clean Williston Day is held every spring and fall to bring people together for a common cause that helps boost the community's spirit.

"The spring cleanup makes us proud of our City, it reminds us not to litter, and it's a great way to kick off the summer," says Williston Mayor Howard Klug.

The Clean Williston Committee will run the operation from the parking lot of Davidson Park and Aafedt Stadium. The site will be manned from 8:30 a.m. until 1 p.m. Volunteers may pick up supplies such as trash bags, gloves and safety vests as well as their free t-shirts (while supplies last) at the site. A complimentary lunch will be provided at the same location beginning at 11:30 a.m.

Generous donations from civic and private groups have contributed to the cleanup's success.

"We're very proud to partner with so many organizations and private companies to help with Clean Williston Day," says Scott Meske, Williston Area Chamber of Commerce President. "What a great way to show your community pride by taking some time to clean it up once or twice per year. It's amazing what we can accomplish by working together."

Volunteers are always needed during the cleanup campaign. The committee urges residents to organize family, friends, co-workers, schools or religious groups to help beautify the City during Clean Williston Week April 25 through May 2 or Clean



Williston Day on Saturday, April 25. Volunteers may pre-register for a specific zone or ask the committee for help.

"We encourage everyone to take part in the cleanup; from large groups to individuals. Every piece of trash that's picked up helps make a big difference," says Ann Kvande, Clean Williston Coordinator. "Even if you aren't able to assist in the larger cleanup we encourage you to pick up around your workplace, school or residence."

Community members are also urged to get rid of used tires, electronics and scrap metal. ABCO Recycling and Pacific Steel & Recycling will have drop boxes available for the noncommercial disposal of select items.

In the event of inclement weather on April 25, Clean Williston Day will be held on Saturday, May 2. For additional details visit the Clean Williston website or contact Ann Kvande at 701-577-8110 or annk@ci.williston.nd.us.

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SAT., MAY 9, 2015

**On May 9, Put Your Non-Perishable Donation In A Bag By Your Mailbox. We'll Deliver It To A Local Food Bank! Or You Can Drop Off Non-Perishable Donations May 4-9 At The Sidney Post Office, Miller's Corner, IGA Or Reynolds.**

*Please Check The Expiration Dates! We Cannot Accept Any Donations That Are Expired.*

## Sidney Gymnasts Compete at State Meet in Bozeman



Above: Images from MT State Gymnastics Meet March 28 & 29. Allison Axtman placed 1<sup>st</sup> with her floor routine.

Right: Kambre Kloker performing on the balance beam.

Lacie Selting performing her floor routine. (Photos by Keri McPherson)



## WOMEN'S RETREAT Mend-A-Heart

**DATE:** Saturday, April 18, 2015  
**TIME:** 9:00 am - 3:00 pm  
**PLACE:** Church of the Nazarene  
606 9th St SW • Sidney

*The Women's Mend-A-Heart Bereavement Retreat is offered at no cost to all women who have suffered a loss. In our community, types of losses may include death of a loved one, divorce, separations, military deployments, etc. Morning snack and lunch will be served. Please call the Hospice office at (406) 488-2138 by Wednesday, April 15 to pre-register.*

**SIDNEY HEALTH CENTER**  
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216 14th Ave SW • Sidney, MT • Phone: (406) 488-2138 to register  
Visit us online: [www.sidneyhealth.org](http://www.sidneyhealth.org)

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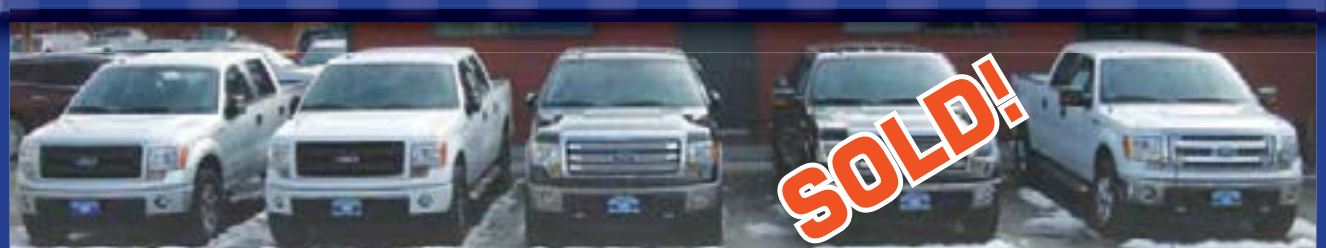
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# April – National Safe Digging Month

Submitted by Tie Shank

Survey finds that nearly half of homeowners who plan to dig this year will put themselves and others at risk by

not calling 811 before starting

Making a free call to Montana811 or North Dakota One Call at 811 before digging for landscaping and other projects

can prevent damage to underground utility lines and keep communities safe

In a recent National Safe Digging Month omnibus survey, conducted Feb.

25 – March 1, 2015, by the national association Common Ground Alliance, 646 homeowners were asked to answer a series of questions about “do-it-yourself” (DIY) home and property improvement projects.

Results from the survey found that nearly half (45 percent) of American homeowners who plan to dig this year for projects like landscaping, installing a fence or mailbox, or building a deck, pond or patio, will put themselves and their communities at risk by not calling 811 a few days beforehand to learn the approximate location of underground utilities. Extrapolated to the full population of U.S. homeowners, approximately 38.6 million people will dig this year without first having underground utility lines marked.

The national public opinion survey of homeowners, conducted Feb. 25-March 1, 2015, also found that 79

percent of those who plan to dig believe that something negative – such as a service interruption, bodily harm or financial ramifications – could occur if they were to dig without knowing the location of underground utilities.

An underground utility line is damaged once every six minutes nationwide because someone decided to dig without first calling 811, according to data collected by Common Ground Alliance (CGA), the national organization dedicated to protecting underground utility lines and the safety of people who dig near them. Digging without knowing the approximate location of underground utilities can result in damage to gas, electric, communications, water and sewer lines, which can lead to service disruptions, serious injuries and costly repairs.

There are more than 20 million miles of underground utilities in the United States, according to data compiled by CGA from various industry groups. That figure equates to more than one football field’s length (105 yards) of buried utilities for every man, woman and child in the U.S.

Everyone who calls Montana811 or ND One-Call at 811 a few days before digging is connected to a local one call notification center that will take the caller’s information and communicate it to local utility companies. Professional locators will then visit the dig site to mark the approximate location of underground utility lines with spray paint, flags or both. Once a site has been accurately marked, it is safe to begin digging around the marked areas.

According to the survey results, the majority of American homeowners believe something negative could happen if they don’t call 811 to have underground utility lines marked, and yet nearly half do not plan to make the crucial call to 811 prior to starting their projects. Making a free call to 811 reduces the likelihood of causing an incident – such as service outages or bodily harm in worst-case scenarios – to just 1 percent.

CGA’s 1,700 members, the U.S. Department of Transportation, and most governors have proclaimed April as National Safe Digging Month as a way to bring extra attention to the issue of underground utility line safety and reduce the risk of unnecessary infrastructure damage.

As part of National Safe Digging Month, homeowners are encouraged to take the following steps when planning a digging project this spring:

Always call 811 a few days before digging, regardless of the depth or familiarity with the property.

Plan ahead. Call on Monday or Tuesday for work planned for an upcoming weekend, providing ample time for the approximate location of lines to be marked.

Confirm with 811 that all lines have been marked.

Learn what the various colors of paint and flags represent at [www.call811.com/faqs](http://www.call811.com/faqs).

Consider moving the location of your project if it is near utility line markings.

If a contractor has been hired, confirm that a call to 811 has been made. Don’t allow work to begin if the lines aren’t marked.

MNAXLP



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