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Wednesday, February 10, 2016

Volume 41 • Number 52

Fairview Award Winners



The Fairview Chamber of Commerce hosted its annual Recognition Banquet Monday evening. After wonderful entertainment and a delicious dinner catered by Vitt's Vittles, the awards were presented. Each award is presented by an individual entity but the plaques bear the names of all, because they truly are a thank you from the entire community.

Pictured, left to right, are Louis Kimbrell, Fairview Schools; Tim Neu of Neu's Super Valu, Fairview Chamber; Linda Simonsen, Fairview Ministerial Association; Sharon Carlson, City of Fairview.

Agri Industries Honored With Performance Plus Dealer Achievement From Valley Irrigation

Submitted by Agri Industries

Valley® Irrigation has announced Agri Industries of Williston, ND as a Valley Performance Plus Dealer at the company's 2016 National Sales Meeting. Agri Industries has earned this honor for excelling in the areas of Service, Aftermarket Support and Sales.

The Valley Performance Program accredits dealerships that meet the highest standards across a variety of criteria. Evaluations are based on customer service ratings, goal achievements and core requirements in relation to dealership growth plans. Additional measure is considered in respect to the complete customer experience and support after the sale. "The honor of being known as a Valley Performance Plus Dealer exemplifies the dedication of

the dealership to Valley products and the commitment to providing superior service to our customers before and after the sale," stated Rich Panowicz, Vice President of North American Sales, Valley Irrigation.

Valley, the leader in mechanized irrigation, encourages their dealers to set the bar in their industry, delivering the highest standard of service and product support to their irrigation customers.

Panowicz continued, "We are proud to recognize our dealers for their excellence in these areas. We believe as our dealers challenge themselves from year to year that we will be recognizing them for greater levels of achievement. The Valley

3D Printing Talk, Demonstration At ARS Friday BrownBagger

Submitted by Beth Redlin

Welders and other heavy duty tools have been the instruments of choice for farmers and ranchers needing to repair or adapt their equipment for specific jobs. But as GPS, drones and other new technologies continue to expand in agriculture, producers may find themselves reaching for a new tool in their toolbox: a 3D printer.

Brian McGinnis of Exdivio Solutions, Inc. in Sidney, MT will provide producers and others an insight into this new technology as the third speaker in the USDA-ARS Northern Plains Agricultural Research Laboratory's 2016 BrownBagger Series. His talk will be held at noon on Friday, Feb. 12 at the Sidney ARS lab and is open to the public.

In his presentation, McGinnis will discuss the different types of printers and printing materials used in 3D printing as well as how to design projects for printing. He will also explain what happens when the file "hits the printer" and demonstrate an actual print project. In addition, he will have a collection of items he's "printed" earlier on display.

We hope you can join us for this very interesting BrownBagger on Friday, Feb. 12! Bring your lunch and we'll provide dessert! The lab is located at 1500 N. Central Avenue in Sidney, MT.

And consider taking in these upcoming BrownBaggers, featuring: A discussion of weeds in sugarbeet by NDSU Asst. Professor and Extension Agronomist Tom Peters of Fargo on Feb. 26, a discussion of "Invasive annual grasses: Identifying their invasion mechanisms and finding practical, process-based management solutions" by Sidney ARS Postdoctoral Researcher Merilynn Schantz on Mar. 11.

For questions or more information on NPARL's 2016 Brownbagger Series, contact Beth Redlin at 406-433-9427 or beth. redlin@ars.usda.gov.



Members of the Agri Industries team accept the Performance Plus Dealer Achievement from Valley Irrigation.

Performance Program allows us the opportunity to reinforce the valuations that lead to success."

Boys and Girls Club Event Tickets On Sale March 1

Ho'olu komo la kaua! Please join us!

Pull out your favorite Hawaiian shirt or muumuu and get ready for great food and fun at the annual event & auction for the Boys and Girls Club of Richland County. The Luau themed event takes place the evening of Saturday, April 2 at the Richland County Fair Event Center and the proceeds will be used toward BGCRC operating expenses for the year. There will be a single auction item dedicated to the building fund campaign.

Get ready for taste explosion!

Honorable Judge Mohr is catering this event with smoked pork and delicious sides which will be followed by delectable desserts prepared by Anita Karst. Entertainment includes the Cutting Edge Dancers, the Sidney High School drum line and the presentation of a smoked pig.

Be prepared to get your Hula on with fifty silent auction items as well as thirty live auction items. Something for everyone, even a chance to win a trip for (two) 2 to Oahu! \$50 per ticket.

General admission is \$50 with admission time at 6:15pm. V.I.P. tickets are \$100 with early admission at 5:30pm. Sponsorship tables are also available for \$1200. Sponsorship includes 8 tickets, early access, drinks & hors devours, special entertainment by Sidney Gymnastics and first look option to buy at silent auction items.

Key speakers this year will be Jason Brothern, board member, donor and parent; Elaine Stedman, CEO of the Boys and Girls Club; and two of the high school aides that support the Club. The annual event fundraising goal for this year is \$75,000.

Boys & Girls Club of Richland County provides a safe and positive place for kids K-12 to learn and grow. Currently, over 100 children per day utilize the program with 188 members overall. Each child at the Club receives the chance to be inspired, to realize their full potential and be responsible citizens of Richland County. Thank you for celebrating with us: Mahalo nui loa na ho'olaule'a me la kaua!

All dinner and raffle tickets go on sale March 1. To purchase yours, call the club office at 406-433-6763, email Michele Seadeek at m.seadeek@richlandbgc.org, contact a board member or committee members Kim Martin, Colleen Williams, Jodi Seitz, Johanna Bunn, Janelle Buxbaum, Suzann Radke, Jodi Berry or Jeanie Lang.

For information on sponsorships, please contact Seadeek

at the club

The Sidney Community Is Asked To 'Take Part In Our Park' In Preparation For The Billings Symphony, July 8th

By Meagan Dotson

Sidney City Parks Superintendent Stephanie Ridl is inviting local businesses and residents to become involved in "Take Part in Our Park", a donation-based project that will allow for much needed improvements in Veteran's Memorial Park. In addition to Ridl's goal of upgrading all of Sidney's parks, the push for improvements in Veteran's Memorial Park is in preparation for hosting The Billings Symphony as part of The Festival of the Arts, with the symphony performing July 8, 2016. Sidney has one of the only amphitheaters in Eastern Montana and the City of Sidney and The Billings Symphony are both excited for the event.

All donations are tax deductible, and will fund four park projects. The first project is to replace the existing seating facing the Anderson Pavilion with thirty-four vinyl plastisol coated benches on top of low-maintenance concrete. The second project involves replacing ten garbage can surrounds with 100% recycled plastic, UV protected receptacles; the cost for the new garbages and seating is \$1,000 per garbage can receptacle and \$1,000 per bench. The third project consists of meeting ADA compliancy with the installation of a wheelchair ramp and railing along the east side of Anderson Pavilion with a total cost of \$10,000 and, finally, there is a planned archway to be constructed off the east sidewalk over the pathway that leads to Governor Nutter's Statue and the Holly Sugar train. Aluminum plaques can be purchased by donors for \$150 with five lines of text and up to twenty-six characters.

"I'm really trying to rally our community around our park system and making improvements to Veteran's Memorial Park, especially becoming ADA compliant, will not only show pride in our community, but will also allow us to better serve community members as well as host future special events," said Ridl. "I want people to know that any amount will make a difference, and I am truly grateful for any and all contributions."

To ensure that the projects are completed before July 8th, donations should be made prior to March 16. Brochures were mailed to local businesses last week with detailed information about each project. Anyone who is interested in contributing or who would like more information about "Take Part in Our Park", can contact Sidney City Hall at 406-433- 2809, or contact Ridl directly at 406-480-9263 or via email at sidneycityparks@midrivers.com and request a brochure.

Donations should be made to Sidney City Hall ATTN: "Take Part in Our Park", 115 2nd Street SE, Sidney, MT, 59270.

Navratil Channel Migration Easement Decision Notice

Submitted by Erin O'Commor

A Decision Notice has been prepared by Montana Fish, Wildlife & Parks (FWP) in response to the previously proposed Navratil Channel Migration Easement (CME) Draft Environmental Assessment (EA). A public comment period and public hearing have commenced. Final action on the Navratil CME is contingent upon FWP Commission approval (scheduled for

Thur., Feb. 11, 2016).

FWP proposed to fund the purchase of a perpetual channel migration easement on 89.5 acres in Richland County along the Yellowstone River near Sidney, MT. A channel migration easement (CME) is a conservation easement that includes land bordering a stream or river where the Landowner agrees not to riprap or otherwise stabilize the river bank, thereby allowing the river's natural erosive processes to continue. Montana Aquatic Resources Services (MARS), after entering into an agreement with MDFWP, located willing landowners, Gerald and Maryellen Navratil. The purpose of the Navratil CME is to preserve and protect the conservation and agricultural values of the Land, particularly the habitats provided for fish and wildlife species, and to prevent armoring of the river bank within the easement

The proposed CME is not without controversy and concern; it is our recommendation that the FWP Commission approve the CME contingent upon MARS and MLR addressing the downstream landowner and leasee's concerns that the CME will compromise the long-term ability to protect the lateral and future farming operations. If a compromise can be found, we would recommend to the FWP Commission that the proposed action to release WAPA funding for the purchase of a Channel Migration Easement from the Navratil family be approved. If MARS and MLR are unable to reach agreement with the downstream landowner/leasee we would recommend executing the no-action alternative thereby removing FWP from the project.

The Decision Notice is also available for viewing at: http://fwp.mt.gov/news/publicNotices/decisionNotices/pn_0782.html or upon request from the FWP Region 7 office at (406) 234-0900.

MNAXLF

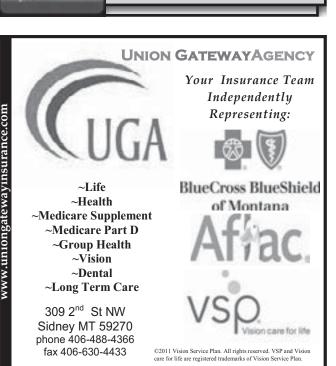




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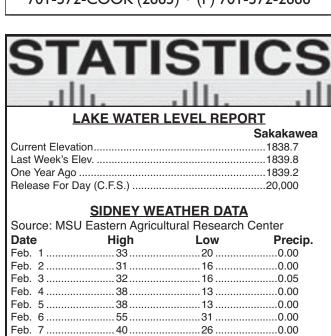








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Alton Olson, 87, Circle, MT, formerly of Richey, MT

Funeral services for Alton Olson of Circle, MT, formerly of Richey, MT, were held at 11 a.m., Mon., Feb. 8, 2016 at the American Lutheran Church in Richey with Pastor Wade Brinkopf officiating. Interment took place at the Richey Cemetery under the direction of Fulkerson-Stevenson Funeral Home. Remembrances, pictures and condolences can be shared with the family at www.fulkersons.com.

Alton died Feb. 2, 2016 at McCone County Health Center in Circle, MT.

Emma Strand, 80, Sidney, MT

Funeral services for Emma Strand, 80 of Sidney, MT were at 10 a.m., Tues, Feb. 9, 2016, at the Pella Lutheran Church in Sidney with Pastor Judy Wozniak officiating. Interment was held at the Sidney Cemetery under the direction of the Fulkerson-Stevenson Funeral Home. Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Emma died early Friday morning, Feb. 5, 2016, at the Sidney Health Center Extended Care Facility.

Charley Loomer, 27, Sidney, MT

Funeral services for Charley Loomer, 27 of Sidney, MT is 10 a.m., Wed., Feb. 10, 2016 at the Shepherd of the Valley Lutheran Church with Pastor David Huskamp officiating. Interment will follow in the Sidney Cemetery under the direction of Fulkerson Stevenson Funeral Home. Remembrances, pictures and condolences may be shared with the family at www.fulkersons.com. Charley died on Wed., Feb. 3, 2016 near Terry, MT.

DPHHS Officials Urge Awareness Of Zika Virus, **Travel Recommendations**

Health Officials To Monitor Returning Travelers From Affected Areas

Submitted by MT Dept. of Public Health and Human Services

State health officials said Montanans need to be aware of the risk of Zika virus infection before traveling to Central and South America and the Caribbean.

Pregnant women especially need to take note of the recent travel recommendations issued by the Centers for Disease Control (CDC) that urge them to postpone travel to affected areas if possible. Specific travel recommendations for pregnant women can be found here http://www.cdc.gov/zika/pregnancy/index.html

Pregnant women are most at risk for complications from the Zika virus because serious birth defects have been reported in children born to women who are infected with the virus. "At this time, DPHHS recommends that pregnant women consider postponing travel to a Zika-affected area and women trying to become pregnant talk to their doctor about the risk of Zika virus infection before traveling to affected areas," said Jim Murphy of the Department of Public Health and Human Services (DPHHS) Communicable Disease Bureau.

DPHHS is also working with local health departments to monitor Montanans returning from Zika-affected areas and have in place efforts to report, test and conduct follow-up with individuals suspected of infection.

Zika virus is spread to people primarily through mosquito bites, not casual person-to-person contact. While rare, transmission of the virus from blood transfusions and sexual contact have been reported. "The mosquito species associated with the spread of Zika virus does not exist in our state or region," Murphy said. To date, no cases of Zika virus infection have been reported in Montana.

According to CDC, the most common symptoms are fever, rash, joint pain and red, itchy eyes. Symptoms are usually mild and last several days to a week. About 1 in 5 people infected with Zika virus will get sick. For people who get sick, the illness is usually mild. For this reason, many people might not realize they have been infected.

In those who become ill, symptoms present 2-7 days after infection and an infected person will carry the virus in their blood for up to 7 days before the body clears the infection. Once a person has been infected, he or she is likely to be protected from future infections. There is currently no vaccine or treatment for the virus.

Travelers who think they may be ill with Zika virus should consult their health care provider. Public health officials will coordinate testing of symptomatic individuals who have returned from a Zika-affected area.

DPHHS has created a website page with Zika virus information. The page includes a direct link to CDC for information about how to prevent Zika virus, symptoms, and detailed information for health care providers, facts sheets and more. Go to www.dphhs.mt.gov **MNAXLP**

Valentine's Day Feb. 13&14 **QUEEN CUT** with Shrimp Scampi in a creamy Garlic butter sauce choice of potato hassleback available and also includes 1 trip soup and salad bar and dessert (Feb. 13 only) - Strawberry Cheesecake Filled 14" Heart Shaped French Toast On Feb 14 ONLY -Pizza & Dessert Pizza Mon - Sat: 6am - 10pm Sun: 8am - 3pm 701-842-2771 · 1/2 mile S of Hwy. 85

Delivery driver for The Roundup, \$14 per hour. Must have valid driver's license, be able to lift at least 80lbs. One day/week.

Pick up application at 111 W. Main, Sidney,



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RICHLAND COUNTY

406-433-3306 • Fax: 406-433-4114 • Email: classads@esidney.com

Events in Sidney unless otherwise listed. MT Zone. Wed., Feb. 10

2:30 - 4:30 - After School Enrichment. Ages 6 and up. \$50 for six weeks. MonDak Heritage Center.

5:30 - 7 p.m. - Richey Senior Citizens Center will be having a pancake supper.

7 p.m. - Glass Fusion Class. \$30, working with glass to make a beautiful plate. MonDak Heritage Center. Thurs., Feb. 11

7 p.m. - Glass Pendant and Earring Class. Assemble tiny pieces of glass to create a beautiful, one of a kind glass pendant with matching earring set. Cost to attend is \$25. MonDak Heritage Center.

Sat., Feb. 13

9:30 a.m. - The 2016 Richland County Spelling bee. There will be two sessions; the classroom bee with registration starting a 9 a.m. will determine who goes on to the county bee, and the County Bee with registration beginning at 10:30 a.m. Parents and guests are not allowed to watch the classroom bees, but are invited to watch the County Bee held at Sidney Central Elementary School.

10 a.m. - 7 p.m. - 1st Annual Sports & Recreation Show, Richland County Fair Event Center. Free Admission, free food and exciting line-up of displays.

2 p.m. - Tiny Tots: These Hands Will Hold My Heart Forever. Come with your little one and we will help you paint this adorable Valentines Day Platter using your little one's handprints. Cost is \$30 and space is limited. MonDak Heritage

7 p.m. - Plate Night, Date Night. Come and paint a ceramic plate with us with a creative, Valentines Day date. \$20 per person. MonDak Heritage Center.

7 p.m. - Duende Entendre and Sam West Concert. They will perform a cocktail of country, jazz and bluegrass while weaving stories of love, vice and adventure. This concert is free and open to the public. MonDak Heritage Center.

12 p.m. - 4 p.m. - Day 2 of the 1st Annual Sports & Recreation Show at the Richland County Fair Event Center.

Tues., Feb. 16 3:30 p.m. - Lego Club. Richland County Library.

4:30 p.m. - Lego League. Richland County Library. 7 p.m. - Ceramic Travel Mug Painting Class. Come enjoy a night of ceramic painting with us. Each person will get their own lidded travel mug and a lesson on glazing. \$30 per person. All mugs, once fired are microwave, food and dishwasher safe. MonDak Heritage Center.

Wed., Feb. 17

2:30 p.m. - After School Enrichment at the MonDak. \$50 for 6 classes. Ages 8 & up.

5 - 10 p.m. - Community Pint Night- Meadowlark Public House. \$1 for every pint sold will go to support a community organization.

6 p.m. - Orientation/walk-in registration for spring 2016 Hunter Education Class at Eastern Ag Research Center. No late registrations. Class is limited to 50. Under 18 must have a parent or guardian present on the first night. Must be 12 years old by Jan. 16, 2016.

Fri., Feb. 19

10 a.m. - 12 p.m. - Farm Bill meeting at Richland County Extension Office for important changes to the Noninsured Crop Disaster Assistance Program.

11:30 a.m. - Richland Red Hatters will meet at the Senior Center, 813 3rd St. NE, for lunch. Please RSVP Sylvia or Margeret by Feb. 17 at 406-798-3882 or 406-488-4613.

WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone. Thur., Feb. 11

5:30 - 7:30 p.m. - Business After Hours. Hosted by Mercy Medical Center. Free for Williston Chamber of Commerce members and \$5 for non-members.

Fri., Feb. 12

9 a.m. - 6 p.m. - Confluence Quilters. Missouri-Yellowstone Confluence Center.

McKenzie County

Events in Watford City unless otherwise listed. CT Zone. Thurs., Feb. 11

11:30 a.m. - Public Hearing for proposed crude oil pipeline at Teddy's Residential Suites.

Tue., Feb. 16

6 p.m. - 8 p.m. - Parents of preteens/teens are invited to a parenting class at CrossPoint Church, 403 2nd Ave. NE. This week's topic will be Understanding Parents and Teens, School Success, Mutual Respect, Choices, Sexuality, and Violence and Taking Time for Fun. Other classes with different topics will be held Feb. 16, 22, and 29. Parents and teens are encouraged to take the class together, but if unable, they may attend alone. Cost is free and participants will receive a workbook. Trained facilitators will lead a parent group and a teen group meeting seperately. To register your attendance at Active Parenting of Teens, call McKenzie County Extension Office at 701-444-3451 or CrossPoint Church at 701-444-2355 You can also email kimberly.neprash@ndsu.edu.

Dawson County

Events in Glendive unless otherswise listed. MT Zone Fri., Feb. 12

8 a.m. - 6 p.m. - GATE- 38th Annual Glendive Agri-Trade Exposition. Lunch served by the Cowbelles. GATE Raffle tickets are \$5/ea. or \$25/for 6. For more information call 406-987-3777 or visit website at www.GATExpo.com. Sat., Feb. 13

8 a.m. - 4 p.m. - GATE- 38th Annual Glendive Agri-Trade

Exposition. Wed., Feb. 17

12 p.m. - 1 p.m. - Lunch 'n' Learn at Glendive Public Library Community Room. Wende Lewis and Ruby Stulc of "Press Coffee House" show you how its done with their "How Do You Like Your Coffee?" lesson. Tea and coffee provided, bring your own lunch.

Cornerstone Bank To Build New Location In Watford City

Submitted by Kristin Jaeger

Cornerstone Bank will break ground on a new location in Watford City this spring with plans to open to customers in the summer of 2017. Watford City Market President Dale Patten says the move is necessary because of the bank's growth. Patten adds, "We have enjoyed participating in McKenzie County and Watford City's tremendous growth. We are very excited to bring new banking facilities to town that will allow us to not only continue serving customers and meeting the needs of the community, but also to continue to be a part of the area's growth."

Currently the bank is located at 500 2nd Ave SW, but the new location will be on Hwy 85 directly north of the Holiday gas station and to the east across from Heggen Equipment. Conveniences like a drive up ATM and better parking will be in addition to the same great services offered at the current location. Cornerstone is working on this project with the Architecture Firm Wild CRG.

The banks' name was changed from McKenzie County Bank to Cornerstone Bank in March 2015 through a merger between



Lakeside Bank Holding Company and Cornerstone Bank Holding Company. McKenzie County Bank was started in 1982 and their rich history of community banking and community commitment continues through Cornerstone Bank. Cornerstone Bank has full service bank locations in Bismarck, Fargo, Makoti, New Town, Parshall, Plaza, and Watford City with a full service bank opening in Dickinson in March 2016 and additional mortgage offices in Grand Forks and Minot, Cornerstone Bank Holding Company currently has \$800 million in assets.

Gilts For Your Valentine Elegant Gift Boxes • Gifts & Chocolates in a Balloon • Decorations & Tableware • Large Selection of Stuffed Animals • www.partycentralandpopcorn.com Special Hours: Tues-Fri: 10am - 5:30pm Sat: 9am - 4pm • Sun 14th: 9am - 2pm 105 E Main St • Sidney, MT 406-433-4FUN (4386)

Simonsen Selected as Aspiring Principal **Scholarship Award Winner**

Submitted by Kimberly Scofield

Nicole Simonsen from Westside Elementary School in Sidney was selected as the recipient of the 2016 Aspiring Principal Scholarship Award at the 65th annual Montana Association of Elementary and Middle School Principals' (MAEMSP) Winter Conference held Jan. 27 -29. in Helena.

MAEMSP provides an annual Scholarship/ Incentive Grant Award of \$800 to a student



successfully applying to or currently enrolled in an approved course of study for the Master of Education degree in Elementary School Administration. The applicant must have completed three years of successful teaching in elementary or middle school education (K-8) and hold a current Montana Class II teaching certificate.

Nicole, who has been teaching first grade at Westside Elementary for nine years, has been described by her colleagues as an ac-

complished educator who strives for personal excellence. She displays exemplary leadership abilities while serving on several faculty committees. Her knowledge, competence, and capacity to work with students, parents, and faculty continue to result in positive learning situations. Nicole is a great mentor for all teachers, an exceptional team member, a valued employee, and an irreplaceable member of her community.

MAEMSP and the School Administrators of Montana (SAM) members congratulate Nicole for being selected to receive this award

MNAXLP













Phone and Internet Discounts Available to CenturyLink Customers

The Montana Public Service Commission designated CenturyLink as an Eligible Telecommunications Carrier within its service area for universal service purposes. CenturyLink's basic local service rates for residential voice lines are \$18.00 per month and business services are \$32.00 per month. Specific rates will be provided upon request.

CenturyLink participates in a government benefit program (Lifeline) to make residential telephone service more affordable to eligible low-income individuals and families. Eligible customers are those that meet eligibility standards as defined by the FCC and state commissions. Residents who live on federally recognized Tribal Lands may qualify for additional Tribal benefits if they participate in certain additional federal eligibility programs. The Lifeline discount is available for only one telephone per household, which can be either a wireline or wireless telephone. A household is defined for the purposes of the Lifeline program as any individual or group of individuals who live together at the same address and share income and expenses. Lifeline service is not transferable, and only eligible consumers may enroll in the program. Consumers who willfully make false statements in order to obtain Lifeline telephone service can be punished by fine or imprisonment and can be barred from the program.

Lifeline eligible subscribers may also qualify for reliable home high-speed Internet service up to 1.5Mbps for \$9.95* per month for the first 12 months of service. Please call 1-866-541-3330 or visit centurylink.com/internetbasics for more information.

If you live in a CenturyLink service area, please call 1-888-833-9522 or visit centurylink.com/lifeline with questions or to request an application for the Lifeline program.

*CenturyLink Internet Basics Program - Residential customers only who qualify based on meeting income level or program participation eligibility requirements, and requires remaining eligible for the entire offer period. First bill will include charges for the \frac{1}{1} irst full month of service billed in advance, prorated charges for service from the date of installation to bill date, and one-time charges and fees described above. Qualifying customers may keep this program for a maximum of 60 months after service activation provided customer still qualifies during that time. Listed High-Speed Internet rate of \$9.95/mo. applies for first 12 months of service (after which the rate reverts to \$14.95/mo. for the next 48 months of service), and requires a 12-month term agreement. Customer must either lease a modem/router from CenturyLink for an additional monthly charge or independently purchase a modem/router, and a one-time High-Speed Internet activation fee applies. A one-time professional installation charge (if selected by customer) and a one-time shipping and handling fee applies to customer's modem/router. **General** – Services not available everywhere. Have not have subscribed to CenturyLink Internet service within the last 90 days and are not a current CenturyLink customer. CenturyLink may change or cancel services or substitute similar services at its sole discretion without notice. Offer, plans, and stated rates are subject to change and may vary by service area. Deposit may be required. Additional restrictions apply. **Terms and Conditions** — All products and services listed are governed by tariffs, terms of service, or terms and conditions posted at centurylink com. **Taxes, Fees, and Surcharges** – Applicable taxes, fees, and surcharges include a carrier Universal Service charge, carrier cost recovery surcharges, state and local fees that vary by area and certain in-state surcharges. Cost recovery fees are not taxes or government-required charges for use. Taxes, fees, and surcharges apply based on standard monthly, not promotional, rates.



Sidney Gymnastics Minot Meet Results

Submitted by Pat **McWilliams**

Little Sidney Gymnastics Club ventured out against the gymnastic giants of North Dakota, Sat., Feb. 6 and returned victorious over the "big boys" in a number of events at the Kim Lupo Gymnastics Qualifier, held at Gymmagic Gymnastics in Minot, ND.

Session 1: Mini Meet Jeff Tjelde of SGC went to this warm-up event in preparation for his USA Gymnastics debut at the Bozeman Blizzard Fri., Feb. 12, 2016; where he and Taton Bright will represent Sidney Gymnastics Club. This will be the first time in at least 15 years that SGC has had boys attend a USA Gymnastics Men's sanctioned event.

Session 2: Level 3

SGC was short one of their "Big Three" second year competitors- Makyya Beyer of (Jordan/Selting/Beyer)-yet still did well in the team competition. Second year gymnast Macy Tjelde and first year Kylie Schoepp stepped up and contributed a couple of 9.0 plus scores to propel SGC to second place overall.

Team Competition: 1st Bismarck Gymnastics Academy 109.90; 2nd Sidney 109.00; 3rd Gymagic (Minot) 106.35; 4th Dickinson 206.20; 5th Dakota Star (Mandan) 104.70; Western Stars (Williston) 204.15

Individual Competition: Competing Second Year Gymnasts: Lacie Selting; Ella Jordan; Kenzie Gaffield; Macie Tjelde. First Year Gymnasts: Kylie Schoepp; in addition to Schoepp; Halley Getchell, Hannah Ossowski, Emily Johnson, and Abigail Berry had their first competition, competing on uneven bars and vault.

Right: Dawson McGlothlin goes up for two to help the Eagles beat the Glendive Red Devils 45-40. Sidney is on the road this weekend to play Laurel and Billings Central. (Photos by Kathy Johnson)

SGC Top Ten Finishes: Vault: 2nd M. Tjelde; 4th L. Selting; 10th K. Schoepp

Uneven Bars: 1st E. Jordan; 2nd L. Selting; 8th K.

Balance Beam: 3rd E. Jordan; 5th L. Selting

Floor Exercise: 5th L. Selting; 6th E. Jordan

All Around: 2nd L. Selting; 3rd E. Jordan; 10th K. Schoepp

Session 3: Level 4

This competition represented the first time this season that all six of the SGC Level 4 team members were at a meet together, and it resulted in a new team scoring record as well as meeting a goal of defeating the team from Bismarck Gymnastics Academy.

Team Competition: 1st Gymagic (Minot) 107.250; Sidney 2nd 106.250; 3rd Bismarck 105.700; 4th Dickinson

Individual Competition: Competing for SGC were Riley Jimison, Allison Axtman, Kambre Kloker, Taylor McPherson, Allison Thiel, and Marleah Campbell; every athlete contributing at least one

score to the team total and placing top ten in at least one event. McPherson and Kloker were standouts at Minot, each winning an individual title.

SGC dominated the Floor

Kenzie Gaffield

doing her floor

routine.

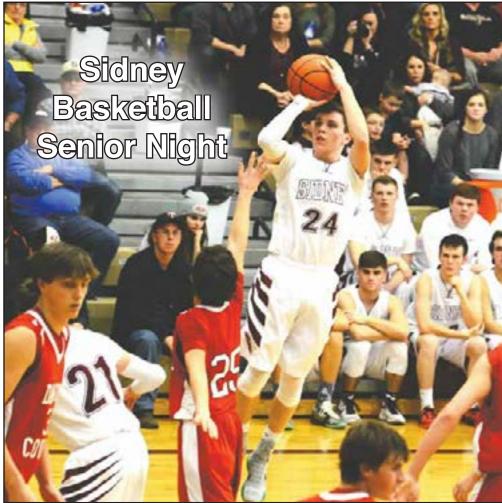
1st-2nd-3rd-5th-8th-12th out of 38 competitors. SGC Top Ten Finishes:

Exercise competition, going

Vault: 1st T. McPherson; 4th M. Campbell

Uneven Bars: 8th T. McPherson; 10th M. Campbell Balance Beam: 5th K.

Kloker: 6th A. Thiel Floor Exercise: 1st K. Kloker; 2nd A. Axtman; 3rd M. Campbell; 7th T. McPherson; 8th Riley Jimison.





Austin Watterson with parents Wes Watterson and **Tracy Sundheim**





Cade Strasheim with his parents Danny and LeeAnn Strasheim.



Quinn McGlothlin with his parents Vince and Pam McGlothlin.



Duende Entendre and Sam West at the MonDak Heritage Center, Saturday, February 13

Submitted by MonDak **Heritage Center**

The MonDak Heritage Center will host Duende Entendre and Sam West on Saturday, February 13, 2016 at 7pm. The concert is free and open to the public.

duende entendre is the sound art duo formed in 2008 by poet/singer/bassist, Sam West and composer/percussionist/sound artist, Ron Coulter. The duo uses free improvisation and composi-

tion to create encapsulating soundscapes, provocative vignettes and spontaneous statements of sound. Acoustic instruments and digital electronics are combined with both analog and digital electronics, and the expanded possibilities of the human voice. The duo has previously released two albums, with a third due out

Sam West, current resident of Nashville, will perform a cocktail of country, jazz

1st Annual Sports And Recreation Show February 13 & 14 In Sidney

By Dianne Swanson

Get a taste of summer at the 1st Annual Sports and Recreation Show in Sidnev.

The show will have everything you need to make this summer great. Anchored by MonDak Sports, displayers include Coates RV, Amunruds RV Inc.,

Rugby Homes and RV Center, High Caliber Sports, Action Auto, Lundemo Firearms and Sports LLC, B& B Sales and Service, JP Grills and Overhead Door.

The show will take place Sat., Feb. 13 from 10 a.m. to 7 p.m. and Sun., Feb. 14 from noon to 4 p.m. at the Richland County Fair Event Center. Admission is free, with free food also available.

MonDak Sports owner Josh Kringen is excited about bringing the show to Sidney. "Even though we moved out of Sidney, we continue to keep a presence there, for the benefit of our customers," he said. "Sidney needs a show like this. The event center is a great facility and we decided to take advantage of that and host the show in Sidney."

A wide variety of recreational items will be offered including an excellent selection of RVs, motorcycles, ATVs, golf cars, grills, several brands of fishing poles, Grizzly coolers, G Loomis clothing, fire pits and much more.

all at the Sports and Recre-

and bluegrass while weaving stories of love, vice and adventure. The bluesy drag of his voice, which is suggestive of a darker Ray LaMontagne, amplifies the smartness of his self-aware and emotive lyricism. West performs his own solo material, plays the upright bass as part of the Sam West Trio and the Nashville Gun Show, and has other collaborative efforts, like duende entendre.

Admission to see duende entendre and Sam West is completely free and no reservations are necessary. The MonDak Heritage Center is located at 120 3rd Avenue SE in Sidney. If you have any guestions, please call the museum at 406-433-3500 or email us at mdhc@richland.org.

For more information please contact Kim at the MonDak Heritage Center, mdhc@richland.org.

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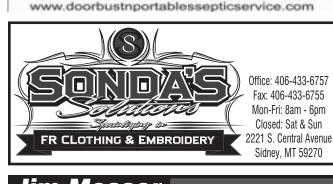
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Busy Summer For All Ages At Sidney-Richland County Library

The Library will host two summer programs

Submitted by Kelly Reisig

Travel back in time to 79 AD and learn about the "Leisure and Luxury in the Age of Nero: The Villas of Oplontis near Pompeii". Thanks to a partnership with the Museum of the Rockies at Montana State University and Project Archeology, kids will have the chance to do their own mini archeological coin dig and experiment with volcanic eruptions! This three-day program will be held on May 31, June 1 and June 2. Each day the program will begin at 1:30 p.m. and end at 3 p.m.

The following week the library will host a concert in the park to kick off its annual summer reading program. The concert will be held at 2:30 p.m. Jack and Kitty are an Emmy Award winning folk duo. They describe their unique sound as "organic vaudeville folk". Jack and Kitty are based in Minneapolis, Minnesota and perform over 300 shows a year at major theaters, performing art centers, fairs, and festivals nationwide. Jack and Kitty have performed in 19 countries, toured for the US Pentagon, and sang at the Kennedy Center for Performing Arts. They also created and co-starred in a hit preschool kids television series, which currently airs on over 150 PBS member stations nationwide and in 175 countries worldwide via the AFN Family Network.

This year's summer reading program focuses on wellness, fitness and sports. There will be four groups based upon age. Infants, toddlers and preschool age: "On Your Mark, Get Set, Read" program, school age: "On Your Mark, Get Set, Read" program, teens: "Get in the Game: Read" program and adults: "Exercise Your Mind - Read" program.

The program will be held for six weeks. Everyone will have a chance to participate in a wide array of fun activities and events. Prizes will be awarded as well. Check back with the library for the full schedule and details. For further information about the summer reading program, please contact any of the following individuals at 433-1917:

Kelly Reisig, Director

Jennifer Wharton, Children's Librarian

Jennifer Ewing, Teen and Adult Services Librarian

You can also stay up to date on the library's Facebook page at www.facebook.com/sidneyrichlandlibrary

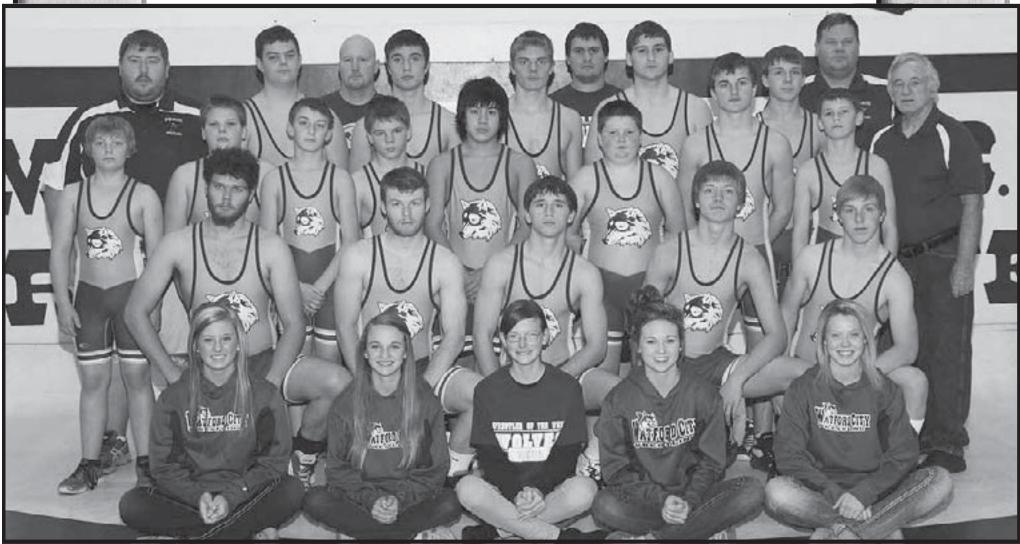
Free Child Development Screening Offered

Submitted by Michelle Monson

Child Find/Developmental Screening at Central School (200 3rd Ave. SE) on Feb. 29(Mon.)and Mar.1(Tue.) from 2:30-7:30 p.m. Mar. 7 (Mon.) and Mar. 8 (Tue.) from 2:30-7:30 p.m.

To have your child included in the screening, appointments are necessary and will be taken by calling the Administration Office at 433-4080 during school hours. You are encouraged to bring your child even if they attended last year. The screening is provided at no cost as a public service of the Sidney Public Schools.







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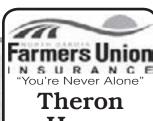


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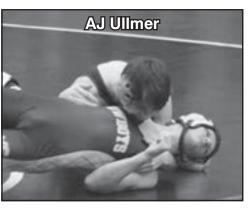
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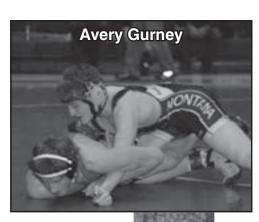
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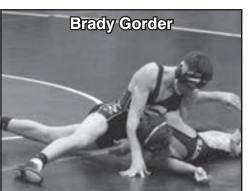
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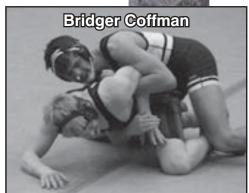
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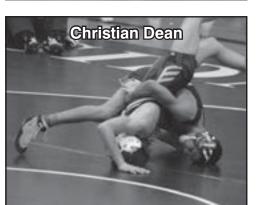




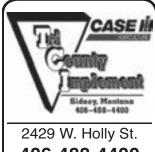
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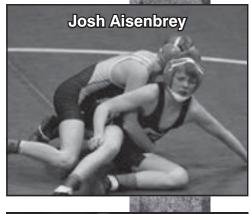
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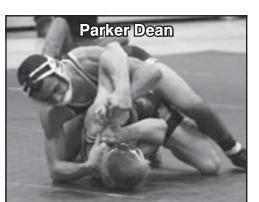


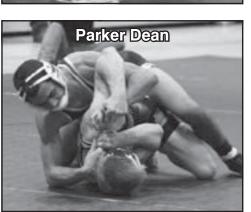


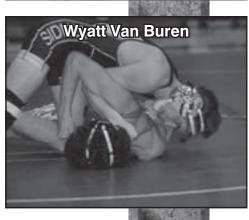




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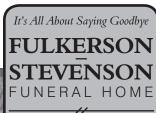
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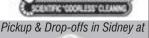
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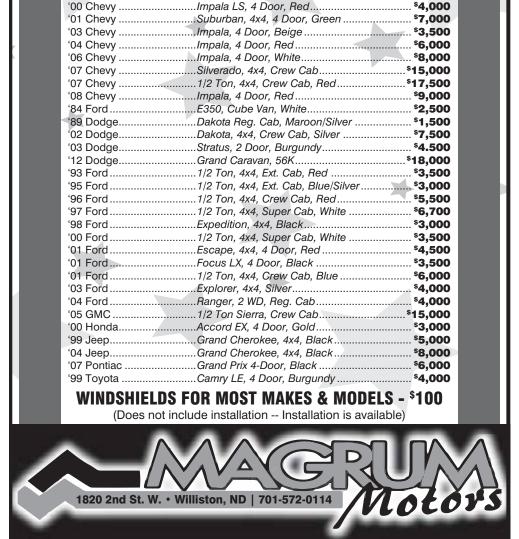




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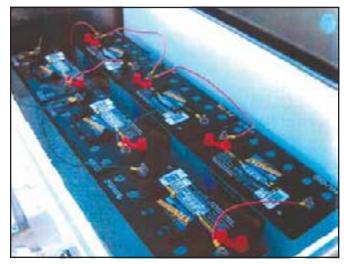
Crimestoppers Crime Of The Week

Submitted by Jamie Malsam

This week Richland County Crimestoppers is asking for information on thefts from oil production sites that have been reported to the Richland County Sheriff's Office. Since Jan. 3, 2016 the Richland County Sheriff's Office has received numerous theft reports from oil companies in our area of solar panels, brackets, copper wire and batteries being taken from oil production sites in Richland County. It has been determined that many of these thefts occurred in the hours between 1 a.m. to 5 a.m.

The Richland County Sheriff's Office is working closely with reporting oil companies to develop information on those that are committing these thefts. Information has been developed from evidence from the oil sites and from search warrants that have been executed. The Richland County Sheriff's Office with the assistance of Richland Crimestoppers is asking anyone with information on these thefts to contact the Sheriff's Office or Crimestoppers. Your information could be a vehicle you have seen near oil sites late at night or early morning hours, seeing solar panels on trailers, fish houses or any place that vou haven't seen them before or someone trying to sell solar panel and batteries to you.

As with any investigation it is possible that a member of the public saw or heard something that may assist investigators with the investigation of this matter. Crimestoppers believes that someone may have information on the person or persons that may have taken these items or saw the items at a later time. If you have knowledge or information on this case or any crime, contact CRIMESTOPPERS by calling 433-6666 Mon. through Fri. between 8 a.m. and 5 p.m. You can also contact Crimestoppers in Richland County anytime (24/7) by going to our New Crimestoppers website at www. richlandcs.com. Submit a Web Tip or by texting the code "CSRC plus your message to: 274637



(CRIMES). You can also contact the Richland County Sheriff's Office at 406-433-2919.

The new Richland County Crimestoppers was restarted in 2013 and has already paid individuals providing information to law enforcement that led to the arrest of those committing crimes in Richland County.

Richland County Crimestoppers is asking anyone in the Savage and Lambert Communities that would be interested in serving on the Crimestoppers board in Richland County to please notify Undersheriff Robert Burnison with the Richland County Sheriff's Office at 406-433-2919

Check the Wanted Person section of the Richland County Crimestoppers website www. richlandcs.com each week for those wanted in Richland County. At least one new entry will be posted each week with photo if available. Crimestoppers is asking for information that would help lead to the arrest of those with an active warrant in Richland County.



Remember, as with all Crimestoppers tips, calls are not recorded and the call will remain confidential. You may be eligible for a cash reward of up to \$1000.00 for information concerning this case or any other serious crime.







Challenge The Boys and Girls Club of Richland County is pleased to announce a \$10,000 pledge from MDU Resources for the building fund. Half the dollars will be paid in May 2016 with the second half coming in 2017. The Club is issuing a challenge to any other entity or individual to match the MDU pledge and continue to grow the fund. According to Michelle Seadeek, development director for

Club Issues Match

Boys and Girls

the club, over \$1.5 million of the \$6 million needed has been given or pledged. Over 85% of donors have been individuals, with 2015 donations surpassing 2014. Businesses which have made multi-year pledges have been critical in helping to fund the anticipated annual budget. "The extent of donations really shows that the community is invested long term in the club," Seadeek said.

The new home of the Boys and Girls Club will be built at the corner of 4th St. and 14th Ave. SW, near Westside Elementary. Building plans are 85-90% complete with ground breaking on track for 2017. For more information, or to see building plans, visit richlandbgc.org.

IT'S HERE...

38th Annual **Richland County 4-H Citrus Sale**

Taking Orders For

- Rio Star Red Grapefruit
- California Navel Oranges
- Braeburn & Pink Lady Apples
- H D'Anjou Pears

PRICES:

\$20- 16lb box of pears

- \$20- 17lb box of apples*, oranges, pears
- \$20- 18lb box of grapefruit, oranges, apples*
- \$20- 18lb box of apples*, oranges, grapefruit, pears
- \$20- 20lb box of grapefruit/oranges mix
- \$30-34lb box of grapefruit, oranges, apples* \$30-34lb box of apples*, oranges, grapefruit, pears
- \$30- 30lb box of apples*, oranges, pears
- \$15- 20lb box of grapefruit
- \$20- 20lb box of oranges
- \$22- 40lb box of grapefruit
- \$30-40lb box of oranges
- \$15- 9lb box of 10 oranges, 6 pink lady apples, 4 pears
- \$15- 9lb box of Braeburn Apples
- \$12- Box of Cheese Sticks (24) \$12- Smokey Snack Sticks (10-12 ct.)
- \$20- Boxed Beef Sticks (40-50 ct.) New Manufacturer, Same 21/2 Pkgs!

*Equal mix of Braeburn & Pink Lady apples. Support your local 4-H program by placing an order with a local 4-H member or call 433-1206.



Order Deadline March 1st Delivery March 22nd All Fruits Guaranteed!

Positive Cases of Chlamydia, Gonorrhea, Syphilis & HIV, 2000-2015 80 70 60 Cases **Positive** 30 20 10 2000 2002 2004 2008 2010 Year

Richland County has had 470 reasons to wear a condom, abstain from sexual activity or get tested.

Why don't you?

For more information or to schedule an appointment for testing, call the Richland County Health Department Family Planning at 406-433-2207



Lunch Menus

Sidney School

Thurs., Feb. 11: Hamburger gravy over potatoes, green beans, peach cup, dinner roll. Fri., Feb 12: Hot dog, tater tots, banana bread, fresh fruit. Mon., Feb. 15: BBQ riblet, oven wedges, pineapple tidbits. Tues,. Feb 16: Super nachos, seasoned tots, applesauce. Wed., Feb 17: Chicken fried steak, potatoes & gravy, corn,

Savage School Thurs., Feb. 11: Sweet and sour

chicken. Fri., Feb. 12: Barber poles.

mandarin oranges, dinner roll.

Mon., Feb. 15: Spaghetti wiener casserole.

Tues., Feb. 16: Tater tot casserole.

Wed., Feb. 17: Tacos.

Rau School

Thurs., Feb. 11: Meat & cheese wraps, salad, pickle, fresh fruit, milk.

Fri., Feb. 12: Spaghetti, salad, garlic bread, fruit, cupcake, milk. Mon., Feb. 15: Chicken fajitas, rice, steamed vegetables, pineapple, milk.

Tues., Feb. 16: Beef stroganoff, green beans, peaches, bread, milk.

Wed., Feb. 17: Cook's Choice. **Froid School**

Thurs., Feb. 11: Chili w/crackers, corn, cinnamon rolls, applesauce, salad bar, milk.

Fri., Feb. 12: Spanish rice, lettuce mix, pineapple, salad bar, milk.

Mon., Feb. 15: Chicken strips, rice pilaf, peas, salad bar, fruit,

Tues., Feb. 16: Pulled pork on fresh rolls, crinkled fries, 3 bean salad, salad bar, fruit, milk.

Wed., Feb. 17: Hamburger stroganoff/noodles, cooked carrots, rolls, dessert, salad bar, fruit, milk.

Bainville School

Thurs., Feb. 11: Stew, celery sticks, breadsticks, oranges. Fri., Feb. 12: Hamburger stroganoff, broccoli, tropical fruit. Mon., Feb. 15: BBQ pork on a bun, french fries, applesauce. Tues.. Feb. 16: Chicken guesadilla, mixed veggies, fruit. Wed., Feb. 17: Popcorn chicken bowl, corn, chocolate cheesecake.

Culbertson School

Thurs., Feb. 11: Pizza, french fries, carrots, fruit, milk. Fri., Feb. 12: Hamburgers, tomato soup, applesauce, milk. Mon., Feb. 15: Chili cheese fries, mashed potatoes, raw carrots, fruit, milk.

Tues., Feb. 16: Corn dogs, fries, green beans, fruit, milk. Wed., Feb. 17: Super nachos, sun chips, fruit, milk.

Richev School

Thurs., Feb. 11: Super nachos, fresh veggies, peaches, milk. Fri., Feb. 12: Spaghetti, breadsticks, carrots, pears, milk. Mon., Feb. 15: Deli sandwich, pickle spear, mandarin oranges, chips, milk.

Tues.. Feb. 16: Beef strips. scalloped potatoes, peas, pine-

Wed., Feb. 17: Pizza casserole, broccoli, dinner roll, fruit cocktail, milk.

Lambert School

Thurs., Feb. 11: Goulash, green beans, buns, apricots, milk. Fri., Feb. 12: Soup & sandwiches, krispy bars, milk. Mon., Feb. 15: Nacho supreme, fresh veggies, muffins, milk. Tues., Feb. 16: Roast beef & swiss, chips, jello, milk. Wed., Feb. 17: Tatertot hot dish, salad, buns, fruit cocktail, milk.

Fairview School

Thurs., Feb. 11: Hamburger gravy over mashed potatoes, bun, oranges, jello, milk. Fri., Feb. 12: No school. Mon., Feb. 15: Hamburger, fries, corn, peaches, milk. Tues., Feb. 16: BBQ beef on a bun, potatoes, fresh fruit, milk. Wed., Feb. 17: Chicken broccoli rice casserole, green beans, bun, mixed fruit, milk.

Watford City School Thurs., Feb. 11: Chicken nug-

gets, cheesy potatoes, peas. Fri., Feb. 12: No school. Mon., Feb. 15: No school. Tues., Feb. 16: French bread pizza, marinara sauce, veggie

blend. Wed., Feb. 17: Ham or turkey and cheese sandwich, chips w/ cheese sauce, fresh veggies.

Brewfest's Early Bird Special Will Run Until March 1; Brewfest To Be Held April 16

By Meagan Dotson

The 5th annual Brewfest will be April 16, 2016 from 7 p.m. until 10 p.m. for General Admittance (GA) and from 5:30 p.m. until 10 p.m. for VIP ticket holders. The anticipated event is one of three fundraisers for the Sidney Area Chamber of Commerce and Agriculture, and as usual, committee members are hard at work to make it a fun and unique event. Brewers from around the region are invited to Sidney where guests can look forward to an evening of brew sampling, complimentary food, and live music.

Be sure to take advantage of Brewfest's Early Bird Special, February 5 through March

1. VIP tickets are on sale for \$80 and include a 5:30 p.m. early admittance, access to the heated VIP tent which will offer specialty beers and food, a 2016 Brewfest tasting glass, growler, and growler cozy.

On March 1, VIP tickets will be available for \$100 apiece and general admittance for \$50, with eight-top tables for \$1200.

The Meadowlark will be catering the event and Kyle Welnel will once again be designing the Brewfest T-shirts.

The Lil' Smokies from Missoula, MT will be performing traditional bluegrass and newgrass. The band has been playing together for six years and has shared the stage with acts like Steve Martin and the Steep Canyon Rangers, the Nitty Gritty Dirt Band, Keller Williams, and many more. The Lil' Smokies were the winners of the 2015 Telluride Bluegrass Band Competition and consist of dobro player Andy Dunnigan, mandolin player Cameron Wilson, Scott Parker on the upright bass, Matt Cornette playing banjo, and Matt Rieger playing guitar.

A few new elements are being added to this year's Brewfest including the VIP tent which will more comfortably accommodate VIP guests. The Brewfest committee is also renting a bus from the Sidney Wrestling Booster Club in addition to the Sidney Shuttle Service which will enable faster service and allow shuttle service to and from Fairview. VIP's can be picked up outside the Hotel Albert in Fairview at 5 p.m. and GA can be picked up at the same location at 6:15; shuttle service back to Fairview will be offered at 9:30 and 10 p.m. As another exciting addition, the back of all tickets will have 25% off voucher for Sidney Hotels.

Brewfest has been successful in the past due to the individuals who volunteer their time as beer pourers. Volunteers will receive a 2016 Brewfest T-shirt, a sampling glass, and are invited to enjoy food and entertainment, but do need to be serve-safe certified.

The classes will be provided at no cost through District II Drug and Alcohol and the certification is good for three years. Only those who have been certified in the last three years and those that work as professional bartenders will be exempt from the class.

Anyone who would like to purchase tickets, volunteer, or would like more information about the event can contact the Sidney Area Chamber of Commerce and Agriculture at 406-433-1916 or can go online to purchase tickets at www. sidneymt.com.

2015 Tovota

Highlander

AWD, XLE, 3,5V6, ATOD, A/C

PW/PL, P Sunroof, P seat, Tilt SC AM/FM/XM/CD - Nav

2012 Honda

CRV EXL

AWD, 4 Cyl, ATOD, PW, PL, P Seat

2015 Mazda

CX5

AWD - Touring 2.5L, ATOD

PW PI Tilt SC A/C

AM/FM/CD, Al Wheels

Gray/Ebony Cloth

2011 GMC

Acadia FWD

\$20,995

39,828

27,281

Miles

heels, New Tires, AM/FM/XM/CD Gray/ Lt Gray, Leather

\$21,995

\$38,995

MNAXLP

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2014 GMC

Sierra 1500 Crew

SLE, 4,3V6, ATOD, PW, PL, Pseat

Tilt, SC, A/C, AM/FM/XM/CD Auto Start, Z71, Al Wheels, T cover

2013 Chevy

Tahoe LT

5.3 V8, ATOD, PW, PL, P Seat

Tilt, SC, A/C, AM/FM/XM/CD

2013 Ford

F150 FX4 Crew

\$34,995

B6410A

5,373

2006 Chrysler Sebring



2015 GMC

Yukon Denali

V8, ATOD, A/C, PW, PL, Tilt, SC, AM/FM/XM/CD Nav, PSRF, DVD, HTD/Cooled seats Run Boards,

2011 Chrysler

Town & Country Van

V6. ATOD. A/C. PW. PL. Tilt

SC, P seats Stew NGO, Al Wheels AM/FM/CD Black/Ebony Cloth

2011 Cadillac

DTS Platinum

4 6 V8 ATOD PW PL P Seats A/C

HTD Seats, AM/FM/XM,CD Nav,

P. Sunroof CrystAl Red/Ebony

2014 Chrysler

Town Country

VAN, Touring 3.6V6, ATOD,

A/C PW, PL, Tilt, SC

AM/FM/XM/CD Stew NGO

White/Ebony Cloth

^{\$}14.995

110,526

Miles

25,738

Miles

101,696

Miles

71,187

Miles

43.449

Miles

SLE, 5.3V8, ATOD, A/C, PW, PL, Pseat Nerf Bars, Al wheels

2012 GMC

Sierra 1500 EXT Cab

36,230

2012 Chevy



3.6V6, ATOD, LT, A/C, PW, PL,

29,373

Miles

Miles

14,601

Miles

U7531A

995



\$23,500

2013 Toyota Seguoia Platinum



5.7V8, ATOD, PW, PL, P Seats, HTD Seats P Sunroof AM/FM/XM/Nav DVD Run Boards, Al Wheels loaded.

Gray met, Gray Lthi 32,321

2015 Nissan

Altima

'S" Sedan 2.5 4 Cvl ATOD

PW, PL, A/C, Tilt, SC

AM/FM/CD Al Wheels

2015 Ford

F350 King Ranch

AM/FM/XM/CD, P Seats, HTD/Cooled Seats.

NAV. P Sunroof, Nerf Bars, Dk. Blue.

Ebony Leather



U7486A

G7138A

995

55,053 ^{\$}34.995 **Miles**

2012 Dodge Durango Citadel

3.5L, Eco Boost, ATOD, PW, PL, P seat

P Sunroof Grill Guard

Bright Blue Met/Ebony LTHR



PW. PL. P Seats. HTD Seats. NAV AM/FM/XM/CD, DVD, P Sunroof Chrome Whe

White/Ebony Leathe 52,152 **Miles**





P. Seat. Black/Ebony Cloth

104.315 **Miles**

2013 GMC Sierra 1500 Ext Cab



SLT 5.3V8, ATOD, PW, PL, P seat, HTD Seats, A/C, Tilt, SC AM/FM/XM CD, Al Wheels, 6" Assist Steps

36,473

2013 Ford F150 XLT Crew



3.5 Eco Boost, ATOD, PW, PL, Tilt SC. A/C. AM/FM/CD. Al Wheels Assist steps, T Cover, Silver, Gray Cloth

44,663

2015 Buick Enclave

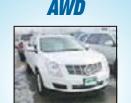


AWD, Leather, 3.6 V6, ATOD, PW, PL, HTD Seats, A/C, Tilt, SC, AM/FM/CD, B.up.Cam, Al

20,449

2015 Cadillac

Miles



SRX, Luxury, Skyscape, Sunroof, Am/Fm/Xm/CD, A/C, PW, PL, Seats, HTD Seats, Chrome els. White/Shale Leather, 4,46K Miles





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Miles

2014 Toyota

Avalon XLE

SLT, 3.6V6, ATOD, PW, PL,

P Seats, HTD Seats, 7 Pass

Red Jewel Tintcoat/Ebony LTHR



PW, PL, P. Seats, Tilt, SC AM/FM/XM/CD White Diamond/Titanium Leather

45.002 **Miles**



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February 8th - 14th -

Volunteers Are Needed For Arrest For The 2C District Boys & Girls Possession With **Basketball Tournament**

By Meagan Dotson

Sidney will be hosting the Eastern Montana 2C District Boys and Girls Basketball Tournament Monday, Feb. 15 through Sat., Feb. 20 at the Sidney High School. The Eastern Montana District II C Basketball Tournament helps support local commerce as twenty-two teams will be guests in town, and the Sidney Chamber of Commerce and Agriculture is looking for volunteers to help with the event. There will be eleven schools making the trip and at least thirty volunteers are needed to help sell and take tickets. Monday through Thursday the tournaments will take place from 3 p.m. until 8 p.m. and Friday and Saturday from 9 a.m. until 8 p.m. Anyone interested can contact the Sidney Chamber of Commerce and Agriculture at 406-433-1916.

Sidney High School **Honor Roll**

Noah Aho-Cormylo, Dameli Aimbetova, Joshua Aisenbrey, Carson Allen, Amanda Anderson, Dominic Anderson, Scottlynn Anglesey, Lunden Bachmeier, Lauryn Barnhart, Jordan Baxter, Lauren Beenken, Luke Beenken, Jory Bell, Dustin Benson, Katelyn Berglund, Camden Berka, Tyler Berka, Alexia Berube, John Beyer, Peyton Beyerle, MaKenzie Bjork, Holly Bouchard, Shaelyn Bowlds, Janelle Brien, Benjamin Brodhead, Mindy Brower, Shane Buxbaum, Kylee Byer, Justin Candee, Dannielle Carpender, Clay Carpenter, George Carpenter, Johren Carpenter, Hailey Carranza, Kanitha Charoenpanich, Heather Chreiman, Bryana Christensen, Casey Christensen, Rian Cobb, Bridger Coffman, Mateya Coffman, Tenna Cooley, Kasey Crabtree, Sierra Crowe, Jocee Cundiff, Torey Dahl, Jacob Dean, Joshua Delaney, Christaphor DeMary, Megan Deming, Tetyana Denysenko, Matthew Dey, Nakieta Dietrich, Maddison DiFonzo, Keenan Earle, Tianna Earle, Nicholas Edwards, Laura Elmore, Aaron Entz, Desirae Fasching, Jarod Fasching, Connor Fink, Bree Fischer, Tayler Fischer, Shaylyne Fisher, Matthew Folstad, Morgan Folstad, Clay Fox, Breanna Frank, Brooke Franklin, Michael Gangstad, Christopher Gartner, Kasey Godfrey, Jonathan Gonzalez Martinez, Madison Gorde, Alexis Haggerty, Kelsie Hall, Jacey Hammer, Madison Hammer, Harmonie Hampton, Andrew Hansen, Emily Hanson, James Haraldson, Allyson Harris, Cammy Heck, Wyatt Heringer, Coy Hermanson, Tel Hermanson, Elizabeth Hill, Katharine Hill, Tessa Hill, Cyrus Hintz, Tyler Hoadley, Jazmine Hodge, Katherine Hoolsema, Garrison Hughes, Ainhoa Idoate, Ariana Isakson, Jerren Jensen, Kaleb Jimison, Daniel Johnson, Dylan Johnson, Jace Johnson, Landan Jones, Seth Jones, Trace Jones, Kaitlyn Keithley, Aubrey Kessel, Kimberly Korn, Wei-Ni Ku, Randy Lander, Ryan Lander, Tayler Lange, Catalina Langwald, Josephine Langwald, Autumn Larson, Braxten Larson, Bridger Larson, Hailie Larson, Nicholas Larson, Blane Lawrence, Hayley Leamer, Garret Leland, Tess Ler, Sean Lofthus, Alec Lovegren, Marcus Lovegren, Brianna Lunderby, Dillon Lunderby, Naomi Mata, Michael McGinnis, Dawson McGlothlin, Quinn McGlothlin, Coleton McIntyre, Maria McKenzie, Ally McLaughlin, Katrina Meldahl, Tierney Messmer, Chelsey Metcalf, Paige Metz, Lindsey Minow, Sabryna Moe, Troy Monsen, Sean Montgomery, Chase Morehouse, Micala Morehouse, Kyle Mueller, Blaine Nelson, Quinten Nelson, Kolton Nevins, Brett Norby, Cayla Norby, Lane Obergfell, Kaden Olsen, Christopher Olson, Trista Papka, Max Peters, Logan Peterson, Ethan Petrik, Skylar Petrik, Shyan Phend, Dariana Pizarro, Dyllon Popescu, Taryn Potts, CeCelia Propp, Brianna Reid, Shanyn Reidle, Shelby Reidl, Abigail Reitz, Emily Rindahl, Cole Roberts, James Rohner, Alfonso Rosales, Isak Rosales, Jose Sandoval, Laurel Sartin, Christine Schabert, Taylor Schepens, Cristian Seitz, Lilli Seitz, Hunter Severson, Sydnie Severson, Grace Shope, Emily Skogen, Caleb Slade, Michelle Stagl, Brenley Steinbeisser, Jared Steinbeisser, Myka Steinbeisser, Danielle Steinley, Mattie Steinley, Garrett Still, Katie Stoddard, Cade Strasheim, Carlee Strasheim, Kirsten Strickland, Tyler Sturgis, Emily Swenson, Kade Swisse, Madison Thiel, Mason Thiel, Madison Thiessen, Sawyor Thogersen, Kaitlyn Tibbits, Erkinai Tilekbek-Kyzy, Kyle Topp, Tierrany Trudell, Mackenzey Tucker, Luke Turek, Sarah Turek, Quinlyn Tuttle, Kiana Uran, Amanda Valnes, Waylon Van Buren, Gabriel Vender-Dahl, Kaelyn Volk, Cody Voss, Devon Watkins, Jarod Watson, Austin Watterson, Tia Welzenbach, Christopher Wick, Nang Widiyasa, LaTasha Wieferich, Tesa Wieferich, Megan Wiggins, Chantel Wilcoxon, Preston Wilhelm, Sheridan Williams, Ashley Wilson, Jace Winter, Katlyn Winter, Lane Wold, DeAunna Wraith, Ryan Wyman, Marlee Zentner. **MNAXLP**

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Intent To Deliver

Submited by McKenzie County Sheriff's Office

On January 28, 2016 at 10:05 PM a McKenzie County Deputy Sheriff made contact with a suspicious vehicle at Sundheim Park near Fairview, MT. As the deputy was making contact with the vehicle he noticed the odor of marijuana coming from the vehicle. The deputy initiated an investigation and found a large amount of drug paraphernalia, two loaded handguns, one loaded shotgun, and marijuana. A male in the vehicle was identified as Kalin Shaun Benedict of Sidney, MT. Kalin Benedict was arrested for an Afelony level possession of Marijuana with intent to deliver, an A misdemeanor charge of carrying a concealed weapon, an A misdemeanor charge of fraudulent practices in urine testing, and an A misdemeanor charge of possession of drug paraphernalia.

Kalin Benendict was transported to the McKenzie County Law Enforcement Center located in Watford City, ND. The McKenzie County Sheriff's Office was assisted by the Fairview, MT Police Department in this investigation.

Victoria Getchell Named To The University Of Jamestown's 2015 Fall Semester Dean's List

Submitted by Dallas Rosin

University of Jamestown has released the Dean's List for the 2015 Fall semester. Victoria Getchell of Sidney, along with 266 other UJ students, has been awarded this honor. To be eligible for the award, full time students must earn at least 12 credit hours and have a 3.50 GPA

The University of Jamestown was established in 1883 and is ranked as a top tier regional school in US News and World Report and a top Midwestern school in The Princeton Review. The school features development of the whole person through its distinctive Journey to Success experience.

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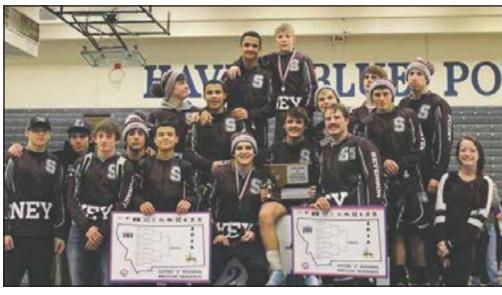
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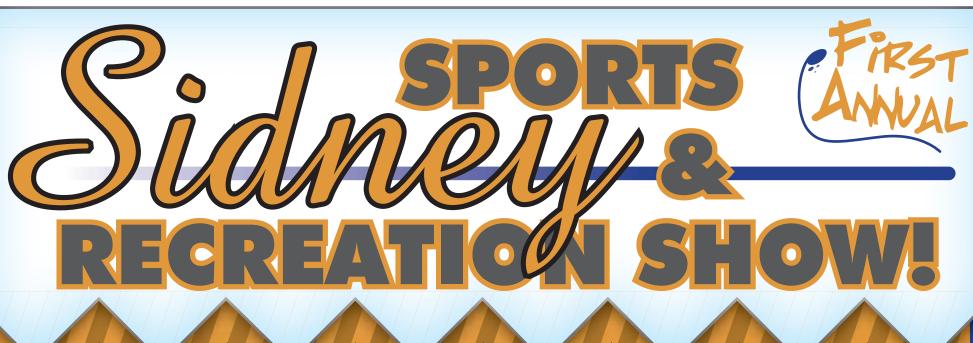
based on a rate of 2.5% apr. Customer must be eligible for all rebates used in order to reach selling price.





Sidney Wrestlers Place 2nd at Divisionals

The Sidney Eagle wrestlers traveled to Havre last Saturday for divisionals. Havre placed first with 273.5 points and Sidney placed 2nd with 216 points. The Eagles are headed to state in Billings at the Metra this Friday and Saturday. See page 7 for individual results. The wrestlers that were at divisionals are back (L-R) Parker Dean and Josh Aisenbrey. 2nd row (L-R) AJ Ullmer, Trevor Dean, Jace Johnson, Ryan Wyman, Jace Winters, Larren Foust. Front row, Brady Gorder, Wyatt VanBuren, Avery Gurney, Sawyor Thogersen. Christian Dean, Gunner Gillespie, Bridger Coffman, Hunter Severson, Emily Swenson. Not pictured Christian Eggar. Photo by Lisa Gorder.



February 13-14 Saturday: 10am - 7pm • Sunday: 12 - 4pm

Richland County Fair Event Center





Mirror Mirror on the Wall

By Lois Stephens

I can't tell you when I last took a good long look at myself in a mirror. I do know it's been years; the only times I make use of a mirror is to give myself a superficial glance in passing. I know very well what will stare back at me if I look too long or too hard, and I figure life is too short to confirm everything I didn't want to know anyway about my facial features and the condition of the rest of my body.

I've always had an uneasy relationship with mirrors. From the time I was old enough to understand that some people looked gorgeous and others of us looked mundane or worse, I have not particularly appreciated mirrors or cameras. As a teenager I spent long hours peering, primping, adjusting, fuming, stewing, and worrying about the state of the reflection staring back at me from the mirror, but even as a teen I was never very happy with the overall result of all my careful attentions. I can assure you, that unhappiness has only increased as I age, and I've reached the point that I really don't bother much with reflective devices any longer. They are useful to ensure that I don't have a bit of breakfast hanging from the corner of my mouth, or to check on the state of my hair, or to tweeze those annoying chin hairs that also have started sprouting on a regular basis, but other than that, I figure the less I see, the happier I am.

After all, why would I want to take a close look at the increasing number of wrinkles that line my face? I have no idea who stole my neck and replaced it with turkey wattles, but

until I find the culprit and restore my neck to its rightful spot, I really don't need a mirror to remind me of my loss. As for my hair, I used to love it as it lay thick and shiny around my head, but it has decided it wants to change to an undesirable gray color, grow limp, and lose the shine and bounce it once possessed.

As far as the distasteful thought of looking at myself in a full length mirror, I can't think of a better way to throw myself into a bleak depression. I weigh the same as I did when I graduated from high school, but unfortunately, the shape has changed dramatically. My science teachers had it right: there is such a thing as gravity, and it DOES tend to pull everything down towards the center of the earth. I know that my belly wants to sag, my hips have become my thighs, my thighs hang somewhere around my knees, and my knees have transformed themselves into my ankles. Why do I want to look in a mirror to validate the mishmash my body has become? What I know but don't see the need to confirm on a regular basis keeps me in a much more pleasant frame of mind.

I know that I have tied an apron around my waist to work at the Virginia City café on weekends all summer long, and not once did I look in a full length mirror to see how the apron made me look around my midriff and below. This in itself sounds great on the one hand, but it also makes me realize how old I am. Five decades ago I would have peered, turned, smoothed that piece of cloth, and retied that darn apron a hundred times in fruitless efforts to make my waistline resemble Scarlett O'Hara's. Today, after many years of worrying about trivia such as what I look like, I really don't care if this apron makes my rear look big or not.

I already know I have lost the pleasant firmness of youth. Heck, I lost that part of my general physique decades ago. In my case, my string bikini days were over before they ever began which depressed me immensely as a young woman, but doesn't bother me a bit today. I mean, look what mirrors can do. Ask Snow White how a talking mirror nearly got her killed just because she was the most beautiful of all. At least I don't have that concern: no magic mirror on earth would EVER tell me I was the fairest damsel in all the land. Would I even want to be the fairest of them all? What a drag. I'd be surrounded by sycophants who wanted something from me, and what a nightmare I'd have trying to keep those good looks from

mind would even consider me a damsel?

I treat mirrors respectfully and keep them at arm's length whenever possible. Mirrors, like cameras, have the unfortunate habit of magnifying every single imperfection, wart, chin hair, and general disrepair of a person, and they never fail to remind me with indifferent cruelty that whether I like it or not, I have some age on me.

succumbing to the demands of time. Heck, do you know

how many years have passed since anyone in their right

No wonder the Shopko clerks need no identification to prove that I qualify for their senior citizen discounts. They take one look at me, and tell me that today is Senior day and they have applied the appropriate discount on my purchase. I also unfortunately cannot remember the last time anyone even jokingly asked to see some identification when I bought a bottle of wine.



Oh well, as I tell my husband, I earned these wrinkles and gray hair. They represent a lifetime of experiences, so mirrors can go the way of the brontosaurus as far as I am concerned. They really aren't needed any longer at my house.









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5 Surprising Superfoods for Baby Boomers

An estimated 77 million baby boomers represent the largest generation of Americans born in U.S. history. Many are embracing their golden years and taking a proactive approach to their well-being. If you are a boomer, you understand nutrition is fundamental to maintaining your health. But do you know some foods are particularly powerful in helping you age well?

"Certain foods provide nutrients that are extremely beneficial for baby boomers," says Kristen Johnson, registered dietician, nutrition expert at On Target Living, and author of the newly released cookbook "Target To Table: Healthy and Delicious Meals One Superfood at a Time." "Eating these superfoods regularly is one of the easiest yet most impactful things boomers can do for their health."

Johnson's top five superfoods for baby boomers include:

1. Fresh cold water fish

"On top of being a delicious lean protein, fish is loaded with omegas-3s that keep our brains healthy as we age," says Johnson. "EPA and DHA are the type of omega-3 fat found in fish and are especially important for a healthy heart, hormonal balance, energy and mood."

Since most of us don't have access to fresh, wildcaught or cold-water fish on a daily basis, she suggests taking a high-quality cod liver oil daily, like Nordic Naturals

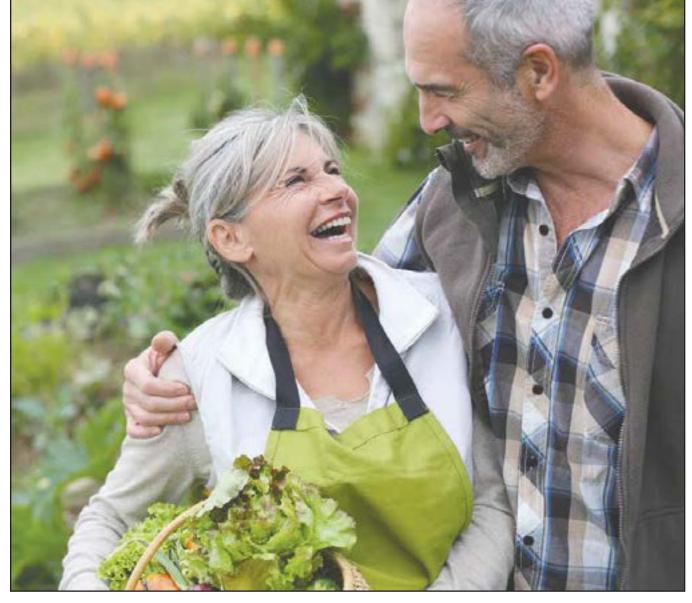


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Orange-Flavored Cod Liver Oil. "There's no fishy smell and a quality you can taste," says Johnson. "Also, cod liver oil naturally contains vitamin D, which is needed to absorb calcium."

2. Super seeds

Certain seeds, like flax, chia and hemp seeds, have extensive health benefits and more boomers are incorporating them into their daily meals and snacks.

"Flaxseeds and chia seeds are high in omega-3s and fiber and contain antiviral, antifungal and antibacterial properties," says Johnson. "Hemp seeds are high in healthy omega-6s, along with being high in protein. These super seeds help balance hormones and can also help

Easy ways to start incorporating seeds into your daily routine is to add them to smoothies or sprinkle on yogurt or oatmeal.

3. Super vegetables

"Vegetables provide many nutrients, including potassium, fiber, folate, vitamins A, E, C and are alkalizing, meaning they neutralize acids in the body and help your body thrive and stay mineralized," says Johnson.

Try to get a variety of super vegetables into your daily diet including leafy greens, bok choy, broccoli, mushrooms, beets, celery, carrots, onions and garlic. Leafy greens and broccoli are especially high in calcium and vitamin C needed to keep your immune system healthy and prevent sickness. Beets and celery are extremely detoxifying. Garlic is part of the onion family and contributes to a healthy immune system while helping to lower inflammation.

4. Super fruits

"Fruits are packed with flavor and are high in vitamins, minerals, fiber, cancer-fighting antioxidants, and are extremely alkalizing," says Johnson.

Strive to get a variety of super fruits in your daily diet including strawberries, blueberries, raspberries, lemons, limes, apples and bananas. Dried fruits like figs, dates, goji berries and raisins are high in the calming mineral magnesium, which helps to relax the mind and body and aid in digestion.

5. Organic virgin coconut oil

Lately there has been a lot of buzz about coconut oil and for good reason, explains Johnson. "Coconut oil is a healthy saturated fat high in lauric, capric and caprylic acids which have antiviral and antifungal properties contributing to a healthy digestion," she says. "Coconut oil also contains medium-chain fatty acids that can aid in a healthy metabolism."

Try using coconut oil in baked goods or to replace other oils when sautéing or stir-frying. It's also a fantastic butter substitute on toast and other foods.

Start the day on the right foot with this easy-to-make smoothie that features several of Johnson's recommended superfoods. This recipe can be found on Johnson's blog at www.targettotable.com.

Rise and Shine Smoothie

Serves 3

Ingredients:

2 cups carrot juice 1 cup kale or spinach

1 banana

2 cups frozen or fresh berries

2 tablespoons chia or flaxseeds

2 tablespoons hemp seeds

1 tablespoon Nordic Naturals Orange Flavored Cod Liver Oil

Directions:

Mix all ingredients in a blender until smooth.

THE FAIRVIEW NEWS

THURSDAY MARCH 1, 1984

AN INDEPENDENT NEWSPAPER

City Council **Discusses** Library, Trees, Sewer

Thurs, Mar 1, 1984 The Fairview City Council met on Tuesday evening,

February 14.

Bryan Cummins reported that he checked out the corner between Sixth Street and Grand Avenue. It was Larry Bieber's recommendation that a four-way stop be installed. This is a very busy intersection so the council unanimously agreed to

install the signs. It was reported that Semi Sanvig was attending the Police Academy training.

The cost of the program was not known.

The police training will last eight weeks. The wages are to be paid while gone and the state may pick up the expenses there.

It was noted that Police Chief Orville Sharbono will not have to attend the session.

Mayor Clarence Homstad that Montie reported Meiers says the preliminary cost of the sewer lagoon improvement will \$331,000. That is if the clay is available locally and it would be \$40,000 more

for bentonite.

The council heard a letter written by Marise Nath concerning beautification.

Nath recommended that the city install trees in the sidewalk when the new highway goes in.

Council tabled making a decision until further information could obtained.

Nath also requested that the city put some money into a city library.

The council tabled this until more input could be obtained.

The color of the city's

considerable discussion.

Flushing hydrants was put up high on the list for spring jobs. It will be done as soon as it possibly can.

The street sweeper is to be filled at someplace other than a hydrant.

Warrior Logo **Finalists**

Thurs, Feb 16, 1984 Final vote to be held tomorrow.

Last Friday the High School held the primary election on the official school mascot. The election limited the choices to three. The final election

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Smarter Ways To Manage Menopause



Did you ever wonder whether cavewomen went through menopause? The answer is no. Why not? Because their life expectancies were too short. But for those of us who live long enough (typically beyond the age of 50), menopause is a fact of life.

The good news is we know more about menopause and its symptoms and have more and better options for managing it than ever before. Part of the reason we know more is that, finally, menopause has come out of the closet. Thanks to such organizations as The North American Menopause Society (NAMS), not only is there

more information available, but women are actually encouraged to talk about their symptoms and share their menopause experiences with their clinicians as well as with their colleagues and friends.

Simply Google "menopause" and you'll find volumes of information on the subject. One of the more frequently visited sites is www.menopause. org, which contains scientifically based information designed to help women make smarter health care decisions, not only about menopause, but also about other common midlife women's health issues.

"Women have more choices today than ever when it comes to managing their menopause symptoms," says Dr. Wulf Utian, executive director for NAMS. "However, more options can sometimes lead to more confusion. And that's why we encourage

women to have open dialogues with their clinicians from whom they can obtain facts, not myths. That's also why NAMS recently updated "The Menopause Guidebook." Now in its eighth edition, the Guidebook provides a comprehensive look at menopause by providing answers to commonly asked questions, as well as tips for best management practices."

Because medical practitioners who specialize in the study and management of menopause created the Guidebook, it provides practical and proven recommendations that reflect the latest medical advances and scientific studies. In it, women will learn about:

- * The benefits and risks associated with hormone therapy
- * Information on non-hormone and hormone options used to manage symptoms such as hot flashes
- * Treatment options for the genitourinary syndrome of menopause (GSM), the thinning of the vaginal walls that can, among other problems, lead to painful sexual intercourse and decreased desire
- * The latest FDA-approved options for managing menopause symptoms
- * Risks associated with the use of bio-identical and compounded hormones, which are not regulated or approved by the FDA
- * Prevention techniques and strategies for managing a wide array of common health problems during a woman's midlife, including osteoporosis, cardiovascular disease, and diabetes
- * The latest non-pharmacologic solutions and products for hot flashes, as well as lifestyle changes that have proven effective in lessening hot flashes and night sweats

"Women have traditionally viewed menopause as a dreaded phase of their lives and believed they had little control over it," says Dr. Utian. "However, through resources such as the menopause.org website and the Guidebook, we are looking to educate and empower women so

that they can better control their symptoms and actually thrive during this life stage. The more women know about what is happening to their bodies and understand their options, the better choices they can make about treatment and lifestyle."

Although menopause symptoms occur year-round, there is an increased focus on menopause and its management during the month of September, which has been designated as Menopause Awareness Month. To order a copy of "The Menopause Guidebook" visit www. menopause.org/gb8.



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Erdal Diri, MD
Rheumatology
February 23rd

February 23rd For an appointment call (701) 857-7495



Laura Greer, AuD Audiologist

February 18th For an appointment call (701) 857-5986



Aaron Albers, DPM
Foot & Ankle Specialist
February 22nd
For an appointment

call (701) 857-3584

Pacemaker Clinic – Feb. 25th
For an appointment call (701) 857-7388



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DISTRICT 2C GIRLS' BASKETBALL TOURNEY FEB 15-20 AT SIDNEY HIGH SCHOOL • FEB 22 AT CULBERTSON

BROCKTON



Roster: Kayleigh Ownspipe, Marquel Roberts, Marcella Black Dog, Kayleigh Fast Horse, Cheryl Ownspipe, Kyla Roberts, Jacie Mikkelsen, Kiah Grey Bear, Martina Black Dog, Faith Longtree & Alexis Steele.

CULBERTSON



Back Row (L-R): Fallon Sun Rhodes, Macy Kirkaldie, Lindsay Reid, Abby Ator, Tessa Larsen, Brooke Bowland, Holly Colgan.Front Row (L-R): Sierra Machart, Kelsie Williams, Quinn Wettlin, Renee Granada, Ashton Handy, Ashton Ator.

FAIRVIEW



Back (L-R): Jae Kloker, Bailey Seader, Kelly Danielson, Emily Axtman, Amber Berry, Caitlin Yadon, Kaci Brodhead, Jacie Rau, Jenna Bieber, Macy Seadeek, Torrie Danielson. Middle (L-R): Hanna Skov, Ashley Karst & Allyson Young. Front (L-R): Managers Sierra Rowlett, Teigan Taylor, Megan Asbeck & Jadyn Gackle. Not Pictured: Coaches Jim Hardy, Jacq Free & Katie

CIRCLE



Back Row (L-R): Sydni Haynie, Katelyn Fritz, Leotie Whitehead. 2nd Row (L-R): Hannah Gackle, Jessica Durbin, Jianna Clinton, Cassi Wagner. 3rd Row (L-R): Kayla Green, Jillian Hendrix, Cierra Loudon. Front Row (L-R): Coach Gary Fisher, Shae Fisher, Ramsey Bailey, Assist Coach Tracy Krause.

Back Row (L-R): Paige McCrory, Shelby Ator, Ally Bummer, Brenna Osksa, Paige Harris, Hallie Wangerin, Jasmine Russell. Middle Row (L-R): Hannah Stockdill, Mychele Woodman, Mollie Simonson, Lizzie Gomez, Mashayla Chandler Front Row (L-R): Victoria Obergfell, Alyx Bakke.





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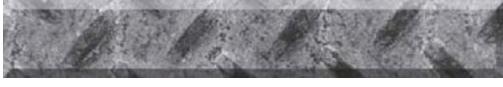


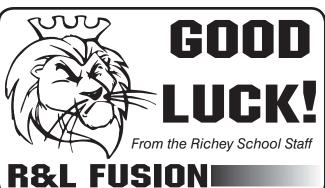
Back (L-R): Coach Dominique Davis, Rain Rehbein, Sarah Helmuth, Courtney Herman, Ellie Volbrecht, Ellie Smith, Haley Olson, Coach Shasta Senner. Front (L-R): Manager Lauren Krenning, Emily Carda, Delaney Krenning, Rachel Prevost, Halle Fatzinger, Togzhan Fazyl, Shaye Johnston. Sitting: Anna Johnson, Fatuma Mhina.

SAVAGE



Front (L-R): Nichole Kelly, Kayla Nelson, Haylie Conradsen, Lexi Joslin, Ashlee Green, Emily Braden. Back (L-R): Breanna Adolph, Tyler Lien, Soda Rice, Brynn Salsbury, Ashlind Conradsen, Kiana Miller, Reghan Prevost.









FROID/LAKE



Back (L-R): Manager Sydney Dethman, Coach Lance Brekke, Anistyn Young, Ryah Young, Mackenzie Dethman, Haley Labatte, Abbie Deubner, Asst. Coach Paul Deubner. Front Row (L-R): Tawnee Robertson, Momori Nakamura, Paige Robertson, Morgan Mason, Sydney Labatte, Natalya Opsahl, Olivia Opsahl.

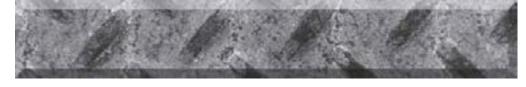
BAINVILLE



Back Row (L-R): Coach Toby Romo, Lexi Anaya, Rona Butikofer, Joely Picard, Coach Todd Krogedal. Middle Row (L-R): Morgan Holte, Allie Romo, Lextyn Portra, Elise Romo, Manager Tori Albus. Front Row (L-R): Bonny Krogedal, Paytyn Wilson.



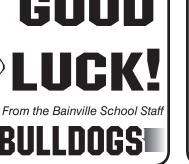
Back (L-R): Coach Lexi Leininger, Deidre Sorenson, Fallon Garman, Salina Carter, Chelsea Berg, Farrah Garman, Coach AJ Allard. Middle Row (L-R): Joey Pittenger, Bailey Peterson, Kiara Salsbury, Bailey Solberg, Tami Cazier, Kinley Peterson, Savannah Dean. Front (L-R): Madison Pulvermacher, Sara Melgaard.



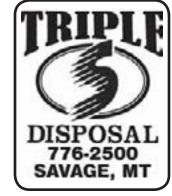














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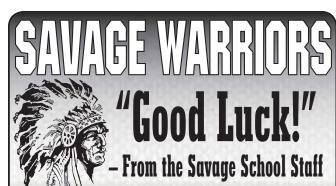
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BROCKTON



Roster: Cameron Follette, Randen Bear, Phoenix Rattling Thunder, Leroy Boyd, Jamis Rattling Thunder, Jacob Belgarde, Melvin Rattling Thunder, Jalen Johnson, Alfred Longee, Adam Track, Demarco Shoots-Lilley, Joe Mikkelsen & Coby Walker.

CULBERTSON



Back Row (L-R): Ethan Hendrickson, Adam Buxbaum, Chris Azure, Austin Pederson, Noah Nickoloff. Middle Row (L-R): Eric Hendrickson, Brayden Olson, Joey Bawden, Logan Nickoloff. Front Row (L-R): Shay Bridges & Lance Bengochea.

FAIRVIEW



Back (L-R): Mead Blake, Mitchell Shaide, Ben Hardy, Tanner Reynods, Josh Hurley. Middle (L-R): Austin Calvert, Alex Schriver, Taryn Candee, Pat Hardy, Cody Asbeck, Jon Lebsock, & Rex Reynolds. Front (L-R): Carson Cayko, Gerit Johnson. Not Pictured: Dalton Watson.

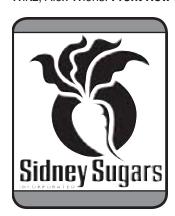
CIRCLE



Back Row (L-R): Coach John Deming, Casey Huseby, Braden Schillinger, Blayne Hubing, Chantz Hubing, Brett Delp, Thomas Fritz, Dakota Bellanger. Front Row (L-R): Jacob Clinton, Wylee Hurst, Grady Taylor, Evan Eggebrecht, Calder Fleming.

PLENTYWOO

Back Row (L-R): Michael Dawley, Bridger Wang, Nate Harris, Taylor Hilyard, Jaxson Pedersen, Brindon Parker, Andrew Eberling, Bryce Osksa, Johnny Burton, Dustin Mosbrucker, Austin Wirtz, Alex Wiens. Front Row (L-R): Risa Hedges, Kim Tompt, Desi Mosbrucker.





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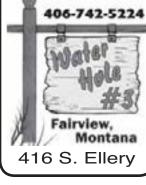
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R&L FUSION



Back (L-R): Coach Triplett, Sean Williams, Ian Fatzinger, Kelvin Hill, John Helmuth, Casey Watson, Coach Barnhart. Middle (L-R): Manager Quinn Ligon, Brock Frisbie, Timothy Wright, Brock Miller, Kyler Brown, Manager Hunter Watson. Front (L-R): Blake Lien, Tyler Thiessen, Seth Prevost, Gabe Bonsioroski.

SAVAGE



Front (L-R): Owen Nelson, Tucker Lien, Jeff Scholla, Jared Stonehocker, Sawyer Thiel. Back (L-R): Gage Salsbury, Bryar Lange, Tanner Lien, Riley Hagler, Paxton Miller, Jared Hofer.

FROID/LAKE



Back (L-R): Coach Michael O'Toole, Coltin Danielson, Bailey Christoffersen, Nick Eylander, Chantz Hove, Sean Robinson, Thor Lancaster, Asst. Coach A.J. Johnson. Front Row (L-R): Jacob Abar, J.D. Stratton, Jordan Anderson, Jade Waters, Brandon Meade, Chance Parsons, Brock Damon.

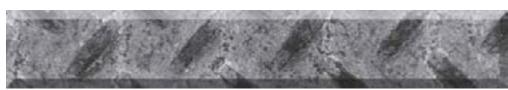
BAINVILLE

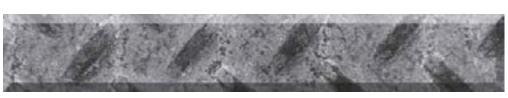


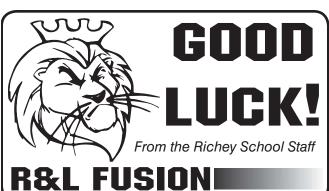
Back Row (L-R): Coach Jess Romo, Dylan Rabbe, Brennen Brunelle, Michael Sheehan, Beau Hyatt, Jaden Strickland, Coach Luke Romo. Middle Row (L-R): Manager Braeden Romo, Jameson Egemo, Tristen Albus, Talon Freed, Elijah Romo, Manager Ethan Romo. Front Row (L-R): Cameron Downs, Will South, Austin Strickland, Davey Winn, Garrett Ryder.

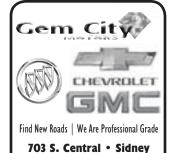


Back (L-R): Coach Chad Solberg, Allan Ekness, Jeffrey Whitlow, Kade Guenther, Kevin Rust, Daulton Holecek, Cleve Garman, Aaron Lagerquist, Coach Dylan MacLean. Front (L-R): Jager Westgard, Liam Nelson, Bruce Carter, Manager Chad Solberg, Brian Field, #42, Micheal Proud.









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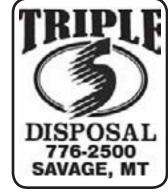














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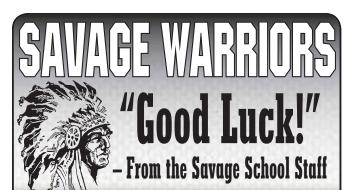
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Energy Roundup

PSC Approves More Than \$2 Billion In Projects For 2015

Submitted by Julie Fedorchak

The North Dakota Public Service Commission (PSC) reported today that almost \$2.1 billion worth of siting permits for energy-related projects were approved in 2015. That number is slightly down from over \$2.7 billion in 2014, but still significantly higher than 2013 where just over \$1 billion was approved. "Despite low oil prices, companies continue to invest in major new projects that provide critical infrastructure such as pipelines, gas plants and electric generation facilities to serve energy development and growth,' said Commission Chairman Julie Fedorchak. "We listen to public input and review these projects carefully to make sure they have high standards for construction, safe operation, thorough emergency response and effective reclamation."

Projects approved in 2015 included16 transmission pipelines totaling more than 495 miles (includes new and

conversions), approximately 245 megawatts of gas-fired generation, two natural gas processing plant expansion projects, two new electric transmission lines and two wind farms with approximately 250 megawatts of generating capacity.

"These are the projects that will make our energy systems safer, more efficient, and less of a burden for the general public," said Commissioner Randy Christmann. When an application is received by

the Commission, the process includes reviewing the application and holding public hearings in communities near the project. The hearings provide an opportunity for members of the public to express support or concerns about the project to the Commission. Any comments from members of the public must be received at the public hearing to be part of the record. People with concerns, questions or support/opposition to the project are encouraged to attend these hearings.

"The Commission continues to follow the siting process while we make sound and timely decisions," said Commissioner Brian Kalk. "We must always remain focused on protecting this infrastructure once it's developed. I can't stress enough the importance of the Call Before You Dig Program."

The North Dakota Public Service Commission is a constitutionally created state agency with authority to permit, site and regulate certain business activities in the state

including electric and gas utilities, telecommunications companies, power plants, electric transmission lines, pipelines, railroads, grain elevators, auctioneers, commercial weighing devices, pipeline safety and coal mine reclamation. For more information, contact the Public Service Commission at (701) 328-2400 or www.psc. nd.gov. Find us on Twitter: twitter.com/ndpscor@NDPSC.

North Dakota Public Service Commission Approved The Permit For The Dakota Access Pipeline

By Tie Lemerond

On Wednesday, the North Dakota Public Service Commission approved the permit for the biggest-capacity pipeline to date, the Dakota Access Pipeline.

The longest leg of the 1,130 mile pipeline will run through approximately 360 miles of North Dakota, beginning near Stanley and would end near Patoka, Illinois. The 12-inch to 30-inch diameter pipeline will pass through 50 counties in 4 states: North Dakota, South Dakota, Iowa and Illinois.

The North Dakota Public Service Commission had been reviewing Dallas-based Energy Transfer Partners' permit for 13 months and voted 2-0 to approve the permit; Commissioner Randy Christmann abstained because his mother-in-law has been negotiating an easement for the project.

The pipeline will vary in diameter from 12 inches to 30 inches and will be buried at least 4 feet below ground and up to 64 feet at Missouri River crossings. The company will have many safeguards in place including leak detection equipment. Remote workers will monitor the pipeline and could close block valves within three minutes if a leak were detected.

Pipe has been staged along the route and is expected to create 300 to 500 construction jobs in North Dakota. Energy Transfer Partners hopes to complete the pipeline by late 2016.



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Public Hearing Scheduled in Watford City For Proposed Crude Oil Pipeline

Submitted by ND Public Service Commission

BISMARCK, ND - The North Dakota Public Service Commission (PSC) will hold a public hearing in Watford City on Thursday, Feb. 11, regarding a proposal for a crude oil pipeline in McKenzie County.

Tesoro High Plains Pipeline Company, LLC, has submitted an application for a permit for the Targa Antelope Lateral Pipeline Project. The new 1.4-mile long, 12-inch diameter crude oil pipeline would be built in McKenzie County. The project would enable Tesoro to more fully utilize its existing pipeline system, increase the storage and transportation capabilities of the system, and provide increased flexibility in transporting Bakken production the Tesoro's Mandan Refinery and other customer outlets. The maximum capacity of the pipeline would be 75,000 barrels per day, with a normal throughput of approximately 30,000 barrels per day. Estimated cost of the project is \$8.9 million.

The pipeline would connect the Targa Resources surface site and associated facilities with Tesoro's existing main trunk line approximately one mile south of Tesoro's Charlson Station. The public hearing will be on Thurs., Feb. 11, 2016 starting at 11:30 p.m. at Teddy's Residential Suites, 113 9th Ave. SE Watford City, ND.

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A substantive Administrative Law Judge (ALJ) will conduct

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this hearing. The ALJ will conduct the hearing and related proceedings and issue recommended findings of fact and conclusions of law and a recommended order. The PSC Commissioners will review all the information in the record and make the final decision on the case at a later date.

The hearing provides an opportunity for members of the public to contribute to the PSC's official record. Any comments from members of the public must be received at the hearing to be part of the record. People with concerns, questions or support/opposition for the project are encouraged to attend the hearing and present the information. Information received after the hearing will not be part of the official record and cannot be used as a basis for the Commission's decision unless certain additional procedures are followed. The North Dakota Public Service Commission is a constitutionally created state agency with authority to permit, site and regulate certain business activities in the state including electric and gas utilities, telecommunications companies, power plants, electric transmission lines, pipelines, railroads, grain elevators, auctioneers, commercial weighing devices, pipeline safety and coal mine reclamation. For more information, contact the Public Service Commission at (701) 328-2400 or www.psc.nd.gov.

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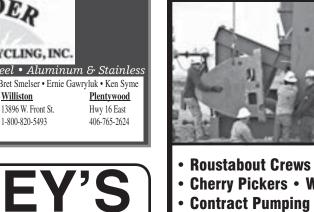




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