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The Roundup

ECRWSS Postal Customer

Volume 43 • Number 44 Wednesday, December 13, 2017

Richland County Food Bank Ready to Serve Commutity During Holiday Season

By Jordan Hall

This holiday season, the Richland County Food Bank is as busy as ever. The Roundup spoke to volunteer Candy Markwald about the organization that exists to feed the hungry of Richland County.

"We average ten families on Monday and 14 to 17 on Thursdays," Markwald said, "and it's an ebb and flow. The quantity of food we give away is based on family size. We look at how many people are in the family group, and people with children receive more than people without children. If someone is frugal, it will last a while."

When asked the purpose of the county food bank, Markwald said, "We are a service assisting those in need, helping one another, and we assist them up to four times a year, emergency use only. We are not to be considered a place people can come to once a week. It is for emergency situations that we are geared towards.'

Markwald has been at the food bank 12 years and explained that the food bank, which is operated by a non-profit board, relies on volunteers, saying, "We have a very dedicated small group of people, and are always looking for more dedicated people."

"Everybody who steps in the door is volunteer," she continued. "We are a 501c3 and rely upon the community to give donations, whether it's a can of tuna or a dollar. We count on volunteers to get everything done."

A number of community businesses, churches and organizations support the food bank. According to Markwald, the Shepherd of the Valley Lutheran Church, the Ministerial Association, Faith Alliance Church, and the Sidney Middle School are just some of the organizations who have donated items to the food bank. Money that is donated is used at local grocery stores, IGA and Reynold's supermarkets, whenever they have good sales.

In terms of the food recipients can expect, Markwald said, "They get basically one can of everything, two of some other items. There are items that are protein based, and they get fruits and vegetables, instant potatoes, boxed milk, dried beans and other dried protein products, like rice. Macaroni and cheese is always popular and it is all based on what we have on hand. They get four pounds of hamburger, hotdogs, eggs and bread. If they are a family, they get a gallon milk coupon for IGA."

Those who may take advantage of the community's generosity don't deter the Richland County Food Bank's volunteers.

> When asked if those who take advantage of them, who may not have the needs they claim, bother her, Markwald explained, "If you went through life worrying about the bad apple, you wouldn't open your door. I think that people who come to this door are in this situation where they need assistance and it's our job to assist people, and not to judge."

To receive assistance from the food bank, the recipient needs to be a resident of Richland County. The board made that decision when, in times past, it was feeding people from McKenzie County and other areas. They have chosen a community-first approach to helping, and therefore require residency.

Markwald explained her reason for involvement with the food bank, saying, "I volunteer because I think there is an absolute need in our community for people to be able to come to a door and know that somebody is going to help them. We hear a lot of life stories, and I go home and think, 'I have a house, I have food, I have a husband, and thank you Lord.' Except for the grace of God, there we all go."

Various agencies refer needy families and individuals to the Richland County Food Bank, but it has been established for so long, most people find them without needing a referral.

The food bank is also busy preparing for an upcoming Christmas for Seniors day, at which they'll do a food giveaway to needy

Markwald said, "We have our Christmas for Seniors coming up and the date we've picked is the 19th. of December, starting at 9 and ending and noon at Pella Lutheran Church. That's for those seniors who need just a little bit more help this Christmas."

The number for the Richland County Food Bank is 406-433-8142. They are available by appointment on Mondays and Thursdays.



Richland County Food Bank volunteers are busy preparing for the holiday season. Pictured (L to R), Duane Pust, Gloria Yockim and Dawn Beibl. (Photo by Jordan Hall.)

Final Reply Brief

By Dianne Swanson

On Monday, December 4, attorneys for Lower Yellowstone Irrigation Project filed the final reply brief to the 9th Circuit Court of Appeals to end the injunction on construction of the concrete weir and fish bypass at Intake. Oral arguments in the case should be heard in March, probably in Portland, OR. The Plaintiffs (Defenders of Wildlife, et al) are asking for further delay until after Judge Morris makes his final decision. To further complicate matters, Montana Trout Unlimited and the American Fisheries Society have asked to file an amicus brief alleging that the concrete capped weir will block off fish passage for all species in the Yellowstone River.

In the legal brief, LYIP attorneys argue that" the district court abused its discretion when it granted a preliminary injunction against a project that will substantially improve the likelihood of survival and recovery of an endangered species. The Army Corps of Engineers and the Bureau of Reclamation recognized that the Intake Diversion Dam (a submerged rock-filled weir) is a barrier to upstream passage for the endangered pallid sturgeon. The agencies sought to improve fish passage and restore the ecosystem while continuing to irrigate nearby farmland."

The brief goes on to say that, despite the plaintiffs allegations, there is no "irreparable harm" caused by the project. The existing weir constitutes the reason that pallid sturgeon cannot swim upriver. The preliminary injunction preserves the status quo and does nothing to improve fish passage."

The brief also addresses the concerns at the time of the initial 2015 injunction and the steps taken by the federal agencies to address those concerns, including an 800 page environmental impact statement and consultation with and approval by the Fish & Wildlife Service of the new plan.

The plaintiffs wish for an open river, without any regard to the devastating impacts on the farmers and communities served by LYIP. Their suggestion that pumps could be used to provide irrigation water is soundly refuted. "The corps analyzed each alternative and determined that the bypass channel alternative was the most cost-effective and avoided unacceptable adverse impacts to the aquatic ecosystem."

The conclusion to the brief is "This Court should vacate the

district court's preliminary injunction order."

"This is the LYIP Attorney's opinion of plaintiffs claims in the lawsuit. We can only hope that the Appeals Court agrees with us," stated LYIP project manager James Brower. Amen to that.

LYIP Attorneys File Toys, Toys, Toys!



Edward Jones financial advisors, from left, Lauren Sukut, Nick Lonski, Jerry Hughes and Enid Huotari show just some of the toys collected for the Gifts from the Heart event last Saturday. The Richland County Christmas Coalition puts on the gift distribution event located at the Masonic Temple in Sidney. The Gifts from the Heart program also provides food bags along with gift distribution.



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We Will Be Closed Monday, December 25th And January 1st

The Deadline For Our Dec. 27th Edition Is Thursday, Dec. 21st at 10am. Classifieds Will Be Welcome Until Noon Friday, Dec. 22th Deadline for our January 3rd issue is Thursday, Dec. 28th at 10am. Classifieds are welcome until noon Friday, Dec. 29th.



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AREA RECOVERY GROUPS

12 p.m. — AA Monday Noon Group, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

1 p.m. - 3 p.m. - Grief Reovery Support group at First Lutheran Church in the music room, Watford City.

6 p.m. - Al-Anon Family Group Meeting, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

p.m. – Fairview Alive and Kicking at Fairview Alliance

Church, 704 S. Western Ave.

8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride. Hotline/Info 701-609-8663.

TUESDAYS:

7 p.m. — AA Welcome Home Group, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

7 p.m. – 24-hour Women's AA group meeting, Northern Pump & Compression, Watford City. Hotline/Info 701-

THURSDAYS:

7:30 p.m. – Al-Anon Meeting, Presbyterian Church, 316

4th Ave. NE, Watford City, ND. 8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride. Hotline/Info 701-609-8663.

12 p.m. – AA Friday Noon Edition of Monday Noon Group, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln

6:30 - 7:30 p.m.- 5 Stones - Faith Based Recovery meeting, Sidney First Church of the Nazarene, 606 9th St. SW, Back door is open.

7 p.m. - Fairview Alive and Kicking Group, Fairview Alliance Church, 704 S. Western Ave.

8 p.m. – AA Welcome Home Group, Trinity Lutheran Church Ed. Bldg, 214 S. Lincoln, Ave., Sidney. SATURDAYS:

9 a.m. & 7 p.m. — AA Welcome Home Group, Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave,

7 p.m. - AA 24 group meeting, Northern Pump & Compression, Watford City. Hotline/Info 701-609-8663. SUNDAYS:

7 p.m. — AA Welcome Home Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

LAKE WATER LEVEL REPORT

	Sakakawea		
Current Elevation	1841.2		
Last Week's Elev.	1841.3		
One Year Ago	1838.8		
Release For Day (C.F.S.)	16,000		

SIDNEY WEATHER DATA

Source: MSU Eastern Agricultural Research Center

Date	High		Low	Precip.		
December	4	32	13	0.00		
December	5	36	11	0.52		
December	6	32	0	0.00		
December	7	36	9	0.00		
December	8	40	23	0.00		
December	9	47	17	0.00		
December	10	53	36	0.00		
Total YTD F	Precipitat	ion	8.22			

OBITUARIES

Arnold Dige, 91 Sidney, MT

Funeral services for Arnold Dige, 91, of Sidney were held at 2 p.m., Friday, December 8 at Pella Lutheran Church, Sidney with Pastor Joel Westby officiating.

Interment was in Sidney Cemetery, Sidney, MT under the direction of Fulkerson-Stevenson Funeral Home of Sidney.

Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Arnold died on Sunday evening, December 3 at the Sidney Health Center Extended Care, Sidney, MT.

Breakfast With Santa Sidney Youth Bowling Fundraiser

Join Mucho Si for breakfast with Santa, 9 a.m.-noon, Sunday, December 17. Pictures with Santa are included for free. Enjoy french toast, scrambled eggs, sausage, coffee, juice and milk. Adults, \$10; kids ten and under, \$5, kids three and under, free. (Inside the Yellowstone Marketplace Commons Area).

This event is sponsored by: US Foods, Reynolds Market, the Dore Family and the Cozzens Family.

Richland Federal Credit Union Ugly Sweater Day

Join us at Richland Federal Credit Union on Friday, December 15, 2017, for Ugly Sweater Day. Demonstrate your festive spirit by wearing your ugly sweater and supporting Credit Unions for Kids by donating to Children's Miracle Network Hospitals. Cookies and coffee will be served 10 a.m. - 3 p.m. Donations will be accepted through December 24th. All proceeds go to Shodair Children's Hospital in Helena, MT.

Landfill Winter Hours

We're moving to the winter hours at the landfill. Effective the week of December 3 our hours will be Monday through Friday from 7:30 a.m. until 4:15 p.m. We tentatively plan to return to our "Summer" hours the week of April 1. If spring hits us a little earlier, we'll open back up on Saturdays earlier in the year to accommodate spring cleaning. During the winter, the canister site at the landfill will be open at nights and weekends, while the other canister sites will be open 24 hours a day, 7 days a week.

Guest Opinion

"Deficit Hawks Fly the Coop"

By U.S. Senator Jon Tester

Where have the deficit-hawks flown to? Are their heads in the clouds?

If you look at the tax plan that just passed the Senate, it's clear they have flown away from Washington.

Unfortunately, some folks in Congress turned their back on future generations and passed a so-called "tax reform bill" that sells off the futures of our kids and grandkids in exchange for tax giveaways to wealthy out-of-staters.

These tax giveaways to the ultra-rich will saddle future generations of hardworking Montanans with crushing debt by adding nearly \$1.5 trillion to the national deficit.

The national debt is already a hefty \$20 trillion and climbing, and every man, woman, and child in the United States of America owes a \$63,000 share of that.

Small business owners in Richland County know that sometimes you have to borrow money to survive the bad years, but in the good years, you pay off that debt.

Our economy is in pretty good shape right now. We shouldn't be taking on more crushing debt that will have to be paid off down the road. That is not how you pass down the country to the next generation.

I have long supported cutting taxes for working families and small businesses, simplifying the tax code, and cutting our national debt.

But this disastrous plan fails Montanans, and it fails our future leaders.

This tax giveaway to the wealthy not only saddles future generations with more debt, it also raises taxes on Montana families, forces cuts to Medicare, and eliminates important deductions that allow folks in Sidney to keep more of their hard earned money in their wallets.

This all takes place while corporate tax cuts remain permanent, inflating the bank accounts of big business and leaving the folks who do the hard work with smaller paychecks.

Furthermore, folks in the Senate voted on this bill without knowing everything that is in it.

The 479-page bill wasn't released to the public, or to me, until a couple of hours before votes were scheduled to take place.

This secret bill had hand-written notes scribbled in the margins, as well as pet projects and sweetheart deals that were snuck into the legislation at the last minute in order to hide them from taxpayers. It didn't have to be this way, and Montanans didn't have to

end up on the losing side of this scheme.

There is a desperate need for real tax reform in this country. and the Senate's leaders should have listened.

Montanans need tax reform that gives a break to working class families and small businesses, without adding to our debt. But politicians in Washington decided to ram this through

with no public input, no transparency, and no analysis of how it

will impact folks outside of the swamp. This is Washington, D.C. at its worst.

That is why we are stuck with a partisan gimmick that makes the rich even richer while the rest of us pay their bill.

Montanans deserve better. Hard-working families deserve better. Our kids and our grandkids deserve better.

Like all Montanans, I care deeply about the future of our Montana and I will relentlessly keep fighting bad proposals coming out of Washington, D.C. that hurt Montanans, threaten our future, and load our kids with debt at the expense of wealthy

out-of-state interests. Jon Tester is a Montana farmer and Montana's senior Senator.



RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone. Wed., Dec. 13

Cape Air Food Drive - Donate any non-perishable food item and be entered into a drawing to win a pair of round trip tickets on Cape Air. Donations can be made at the Sidney Richland Airport and will be accepted through Dec. 21. 10 a.m. - 4 p.m. - Miniature Art Show - Viewing is free and open to the public. This event will continue through Jan. 20. MonDak Heritage Center, 120 3rd St. SE, Sidney, 406-433-3500. Tuesday-Friday, 10 a.m.-4 p.m.; Saturdays, 1-4 p.m.

9 a.m.-12 p.m. - Breakfast With Santa Sidney Youth Bowling Fundraiser - Adults/\$10; Kids 10 & Under/\$5; Kids 3 & Under/Free. Take free pictures with Santa. Mucho Si Restuarant (Inside the Yellowstone Marketplace Commons Area.) 9 a.m. - Ugly Sweater Day - Demonstrate your festive spirit

by wearing your ugly sweater and supporting Credit Unions for Kids by donating to Children's Miracle Network Hospitals. Coffee and cookies served 10 a.m.-3 p.m. Donations will be accepted through December 24. All proceeds go to Shodair Children's Hospital in Helena, MT. Richland Federal Credit Union, Sidney, MT.

Damon McLaughlin Tournament at Ranger Squirts - This event continues through Dec. 17. Ranger Arena, 601 7th Ave., SW, Sidney, MT.

Sat., Dec. 16

10 a.m.-12 p.m. - Christmas Open House & Celebration -Cookies and hot beverages will be served in the Fellowship Hall. Pick up Christmas gifts from the store while you are there. Lonsdale Free Store, Sidney, MT.

11 a.m. - Free Will Donation Christmas Dinner - Serving starts at 11 a.m. and Santa arrives with treats for the kids and photo opportunities starting at 1 p.m. Sidney Elks Lodge.

Tues., Dec. 19 9 a.m.-noon - Richland County Food Bank Christmas For Seniors - Food giveaway for seniors who need just a little bit more help this Christmas. Pella Lutheran Church, Sidney, MT. For more information call 406-433-8142.

Wed., Dec. 20 5-10 p.m. - Community Pint Night- Meadowlark Public House. \$1 for every pint sold will go to support a community

6 p.m. - Richland County Food Bank Dinner Fundraiser - A free will donation ham and turkey dinner with all the trimmings put on by Thrivent and Pella Lutheran Church. Pella Lutheran Church, 418 W. Main St., Sidney, MT.

9 a.m. - 12 p.m. - Senior Commodities Distribution - Back door of the Nutter building, 123 W. Main, Sidney. Message phone 406-433-4353. Sun., Dec. 24 7 p.m. - Candlelight Service - Candlelight, communion

and carols. Everyone welcome. Lonsdale United Methodist Church, 205 3rd Ave. NE, Sidney, MT. (No morning service.) McKenzie County

Events in Watford City unless otherwise listed. CT Zone Wed., Dec. 20 10:30 a.m. - Gingerbread Man Party For Tots And Parents Treats, story time and crafts. Pioneer Museum, 100 2nd Ave.

SW, Watford City, ND. 7:30 p.m. - A Magical Medora Christmas - Features vocal performances by Emily Walter, Jared Mason and Job Christenson. Watford City High School Performing Arts Center. Tickets available for \$25 at First International Bank & Trust or online at https://tickets.medora.com/shows/a%20

magical%20medora%20christmas/events. Sat., Dec. 23

11 a.m.-4 p.m. - Gingerbread Christmas Fun & Open House - Children's story time and crafts, Pride of Dakota food tasting, cider and coffee. Visit from Santa, 12:30-2:30 p.m. Long X Visitor Center and Pioneer Museum, 100 2nd Ave. SW, Watford City, ND, 701-444-2990. Sun., Dec. 31

5 p.m. - New Year's Eve Fireman's Ball - Social, silent auction, dinner and dance. Everyone welcome, public invited, 21 and over. Formal/non-formal attire. Outlaws Bar and Grill Ballroom, Watford City, ND. Tickets on sale at First International Bank & Trust, BNC National Bank, Dakota West Credit Union and Cornerstone Bank.

WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone. Wed., Dec. 13

5:30-9:30 p.m. Spring Lake Park Holiday Lights Drive - Featuring lighted displays, activity nights and more. This event continues through Dec. 31. Dec. 14, 15, 17, 18, 19, and 20, 5:30-8:30 p.m., Photos with Santa and craft night; Dec. 28-29: 6 p.m. and 7:30 p.m., Science guy at the keel boat. For more information contact the Williston Convention and Visitors Bureau, 701-774-9041. Fri., Dec. 15

9 a.m.-4 p.m. - Confluence Quilters Monthly Meeting - All experience levels invited and instruction provided. Bring your own lunch and unfinished projects. This event continues on Dec. 16. Missouri-Yellowstone Confluence Interpretive Center. 701-572-9034.

Sat., Dec. 16 6-9 p.m. - The Williston Market's Winter Market - Music, socializing, treats and shopping. The Williston ARC, 822 18th St. E., Williston, ND.

8-10 p.m. - Out Loud At The James - Acoustic musicians, storytellers, comedians and poets bring your poems, songs, and jokes to share with your friends and neighbors. No entry fee, donations welcome. James Memorial Art Center, Williston, ND. For more information contact The James, 701-774-3601.

Sun., Dec. 17

3-5 p.m. - Bethel's Christmas Open House & Luminary Sunday - Food, fellowship and entertainment. Luminaries will be displayed outside the main entrance at 5 p.m. Bethel Lutheran Home Activity Room, 1515 2nd Ave. West, Williston, ND. Luminaries should be ordered by Dec. 15 and may be obtained at the Bethel Foundation office, front desk at Bethel Home or mailed to Bethel Foundation, 1705 3rd Ave. W. Suite 101, Williston, ND, 58801 or by calling, 701-572-0223. Thurs., Dec. 21

7 p.m. - Fort Buford History Book Club - Join history buffs in a discussion of this month's selected book, "Lies My Teacher Told Me," by James Loewen. Free refreshments. Please call in advance, 701-572-9034. Missouri-Yellowstone Confluence Interpretive Center.

Fri., Dec. 29

1-3 p.m. - Snowman Competition - Cocoa and cookies provided, you bring the creativity. Show up with all your props and clothes to make the best snowman. A winner will be announced and a prize will be awarded. James Memorial Art Center, Williston, ND. For more information or to register call 701-774-3601.

Dawson County

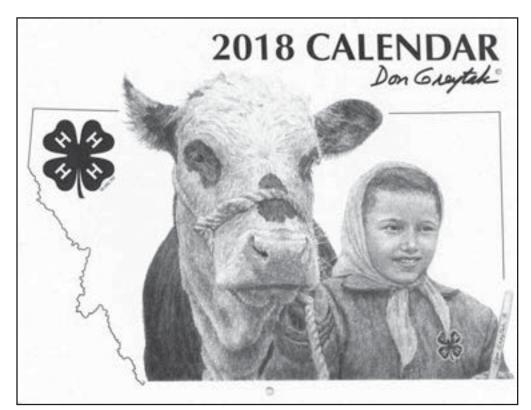
Events in Glendive unless otherwise listed. MT Zone

Sun., Dec. 17 8:45 a.m. - Glendive Assembly of God presents "Come follow the star with me!" - Breakfast served 8:45-9:45 a.m., program begins at 10 a.m. Friends and family welcome! 921 S. Taylor Ave., Glendive, MT.

Mon., Dec. 25

11 a.m.-3 p.m. - Community Christmas Dinner - A full Christmas meal, Christmas music from local musicians and Santa Claus spreading Christmas cheer. EPEC, Glendive, MT. If you are interested in donating or volunteering call Katy 406-687-7387 or email. katv.peterson@midrivers.coop.

Personal Injuries & Pain Conditions



North Dakota Fish House Regulations



By North Dakota Game and Fish Dept.

Winter anglers are reminded that any fish house left unoccupied on North Dakota waters must be made out of materials that will allow it to float

A popular question this time of year is if campers qualify as legal fish houses. The answer is the same for any structure taken on the ice – if it's left unattended, it must be able to float; if it's not able to float, it must be removed when

the angler leaves the ice.

Other fish house regula-

tions include:

- Fish houses do not require a license.

- Occupied structures do not require identification. However, any unoccupied fish house must have an equipment registration number issued by the North Dakota Game and Fish Department, or the owner's name, and either address or telephone number, displayed on its outside in readily distinguishable

characters at least three inches high.

- Fish houses may not be placed closer than 50 feet in any direction to another house without consent of the occupant of the other fish

- All unoccupied fish houses must be removed from all waters after midnight, March 15.

Anglers should refer to the 2016-18 North Dakota Fishing Guide for other winter fishing regulations.







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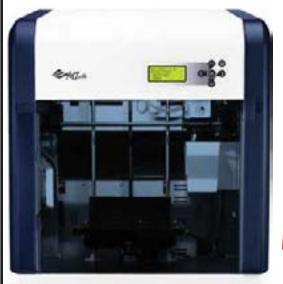
Greytak Calendars are again available at Sidney financial institutions and at the Richland County extension office. At just \$10 each, these make great gifts, or purchase some for yourself. All proceeds go towards 4-H projects.







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Rick Haraldson, CEO
A FOND
FAREWELL

Please join us in wishing



Richard (Rick) Haraldson accepted the Chief Executive Officer position at Sidney Health Center in May 2003. During his time at Sidney Health Center, Rick has worked hard at building physician relations, strategic planning, customer service excellence, and worked with the Sidney Health Center Board of Directors on a 20-million dollar facility improvement project that was completed in 2010.

Please join us for cake, coffee, punch and conversation on Tuesday, December 19 to wish Rick well in his new venture. Rick has accepted a CEO position in Beatrice, Nebraska and will be relocating at the first of the year.

DATE: Tuesday, December 19

TIME: 2:00 - 3:30 PM

PLACE: Sidney Health Center Cafeteria

Short Presentation at 2:15 PM

CAKE - PUNCH...

& CONVERSATION

216 14th Ave SW • Sidney, MT



U.S. Fish and Wildlife Services Finds Endangered Species Act Protection Not Warranted for White-Tailed Prairie Dogs

After a thorough review of the best-available scientific and commercial information, the U.S. Fish and Wildlife Service (Service) announced that the white-tailed prairie dog is not currently in danger of extinction and is not likely to become in danger of extinction within the foreseeable future. Consequently, the Service has released a 12-month finding stating that the species is not warranted for listing under the Endangered Species Act

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(ESA) at this time

Prior to making this not warranted determination, the Service and its partners conducted a Species Status Assessment (SSA), which is an in-depth review of the species' biology, stressors and status, and a source of the best scientific information needed for all ESA decisions. This approach allows for state, tribal, and partner engagement and identifies opportunities to work with others to implement conservation efforts in advance of potential ESA decisions.

This SSA evaluated all relevant stressors to the species, including the effects of agricultural land conversion, shooting, poisoning, overgrazing, invasive weeds, wildfire, urbanization, energy development, drought, and sylvatic plague.

After analyzing the current and potential future effects of these stressors on the species, the Service found that white-tailed prairie dog populations are in moderate to high overall condition, have multiple resilient populations, and exhibit adaptability to stressors. Therefore, the Service finds that these stressors do not, alone or in combination, rise to a level that causes this species to meet the definition of a threatened species or an endangered species and that listing the white-tailed prairie dog as threatened or endangered is not warranted.

Should the public have any new information concerning the taxonomy, biology, ecology, status of, or stressors to the white-tailed prairie dog, the Service requests that information be sent to: Tyler Abbott, Field Supervisor, Wyoming Ecological Services Field Office, 307–772–2374, ext. 231.

New information will help the Service monitor the species and continue to encourage its conservation. The Service also encourages local conservation agencies and stakeholders to continue cooperative monitoring and conservation efforts for the species. If an emergency situation develops for the white-tailed prairie dog, the Service will act to provide immediate protection.

Today's announcement is a result of a September 9, 2014 court order (Rocky Mountain Wild v. U.S. Fish and Wildlife Service 2014, case 9:13-cv-00042-DWM), which required the Service to reevaluate a previous 12-month finding on the species. The new 12-month finding released today addresses all of the issues raised in the court's order.

One of five prairie dog species in North America, the

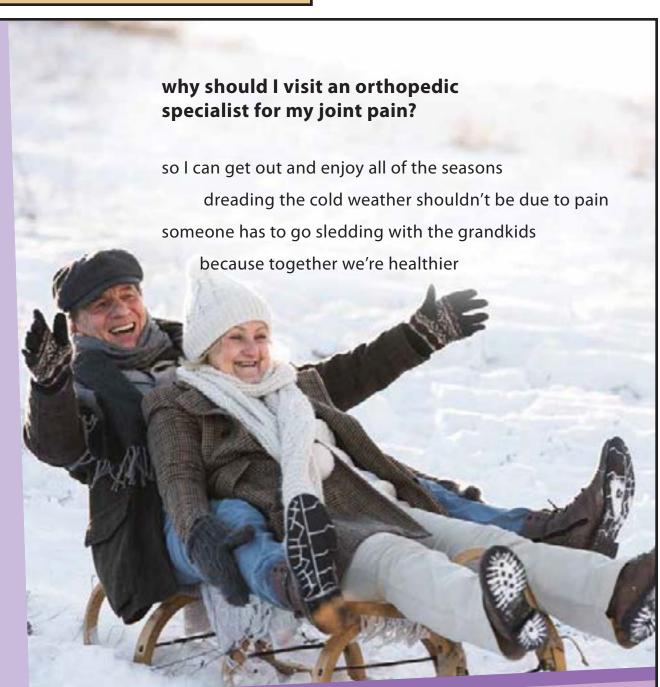


A white-tailed prairie dog standing up on hind legs. Credit: Rhonda Foley/USFWS.

white-tailed prairie dog lives in a variety of habitats, including sagebrush steppe, grasslands, and semiarid Canyonlands. Its range extends from southern Montana, through central and southern Wyoming, and into northeastern Utah and northwestern Colorado. The white-tailed prairie dog is 13 to 15 inches long and can be identified by its white tail tip and dark brown or black cheek patches.

Like other prairie dog species, the white-tailed prairie dog lives in family groups within colonies that are made up of burrow complexes. However, it is the least social of the prairie dog species and has lower within-colony densities. Prairie dogs spend a large amount of their time foraging for vegetation near the colony. During the winter, white-tailed prairie dogs will hibernate for several months, so they must eat enough vegetation during the active season to build up sufficient fat stores. Prairie dogs are so named because of the "barks" they use to signal to other members of the colony when an intruder approaches.

More information on white-tailed prairie dogs can be found at: https://www.fws.gov/mountain-prairie/es/whiteTailedPrairie-Dog.php.



Life is too short to live with hip or knee pain, especially when there is something you can do about it. The sooner you make the decision to get relief, the sooner you can get back to the things you enjoy.

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For more information about orthopedic services visit our website: **CHIStAlexiusHealth.org.**







Dr. Roxanne Keene | Kylinn Brenden, PA-C | Leah Wiedrich, PA-C



Williston Medical Center

Orthopedic Clinic: 701.774.7080

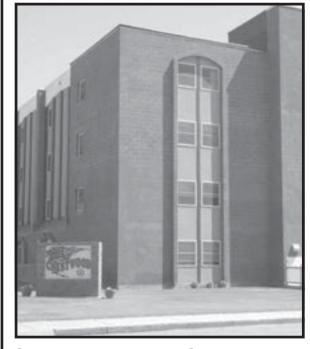




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Prairie Fare: Make Good Use of Leftovers This Holiday Season

Take steps to avoid food waste.



By Julie Garden-Robinson, Food and Nutrition Specialist **NDSU Extension Service**

As I peered in our refrigerator the other day, I noticed some small containers with dabs of leftovers that had just reached their "time to toss" phase. I always feel guilty when we throw away food in our home.

To help use any extra servings, I eat leftovers almost every day at work. Unfortunately, sometimes a few odds and ends of food hide behind the milk carton and eventually need to be discarded.

Illness-causing microorganisms such as bacteria and mold can grow and/or produce toxins in leftover food. Unfortunately, you cannot see, smell or taste most microorganisms. We have to be guided by storage time and temperature to help avoid foodborne illness.

I am sure we do not toss one-third of our food in my house. That's the national average, according to the U.S. Department

Unfortunately, we are entering the prime food-wasting season: the time from Thanksgiving to Christmas. During this time, the amount of food wasted increases by 25 percent. We all can take steps to avoid food waste.

As we enter the holiday season, we might want to embark on some early resolutions that can prevent excess food waste and save us some money in the process. We also might preserve our waistlines with some of the strategies. If you plan to have guests during the holidays, simplify your

menu and the number of different cookies, dips and side dishes that you make. Focus on your family's favorite recipes instead of making a large number. Perhaps a full batch of casserole is too much. You might

need to need to trim the size of your recipes. Many recipes are

Think about potential food waste as you shop at the grocery store. You might be tempted to buy the bargain-sized container of mayonnaise because it has a lower price per ounce. However, if you only need a cup of mayonnaise to make your famous artichoke dip, the remaining mayonnaise eventually outlives its shelf life. It's not a bargain after all.

As you plan meals, spread the effort. Make holiday meals an opportunity for sharing food. Try a "theme potluck," such as all healthy appetizers, build your own meal in a bowl or make a personalized pizza buffet. Everyone could bring a part of the menu. At the end of the meal, your guests can share the leftover food and have easy meal preparation the next day.

You can help your guests maintain their weight with a few savvy serving ideas. Use smaller plates and provide smaller serving spoons in the containers. People take less food on a smaller plate, and they serve themselves less food with a smaller serving spoon, according to researchers.

You might even want to try a little trick someone mentioned to me recently: Put a stack of "tasting spoons" on the buffet (along with a container to discard the used ones). Allow people to try the food before serving themselves a full portion.

Keep food temperature-controlled during service, or replenish containers regularly. If the party will go on more than two hours, set out smaller amounts of food and keep the rest in the refrigerator. Replace the serving containers as needed. Keep salads, cut fruit and vegetables, and meat and cheese trays cold by nesting the bowls or platters in containers of ice.

Keep warm foods, such as hot wings and warm dips, in slow cookers. If you do not have small slow cookers, set out a smaller amount of food and keep the remaining food warm in the oven or on the stove.

If you know you are not going to be able to use the refrigerated leftovers within three to four days, freeze immediately in meal-sized amounts. Be sure to use appropriate freezer containers and label with the contents and date. Keep an inventory of food that's in your freezer so you do not forget that it's there.

If the idea of "leftovers" is not appetizing, create something completely new. Think of the remaining food as "planned-overs." How about using leftover turkey in soup, stir-fry, casseroles or sandwiches? Extra mashed potatoes can become potato soup.

Learn to create your own casserole or soup with the "Pinchin' Pennies in the Kitchen" handouts at https://www. ag.ndsu.edu/food. Click on "Food Preparation." Also click on "The Family Table" for dozens of ways to savor family mealtimes during the holidays and any day.

Here's a tasty way to use leftover roasted turkey courtesy of the Midwest Dairy Association.

Cranberry Turkey Wrap

- 4 (7-inch) whole-wheat flour tortillas
- 8 slices turkey breast (about 1 1/2 ounces per serving) 4 slices cheddar cheese (4 ounces), cut into thirds
- 1/3 c. dried cranberries
- 8 leaves parsley or fresh basil (optional)

Alternate a slice of turkey, one-third of a slice of cheddar cheese and another slice of turkey breast down the center. Sprinkle one-fourth of the dried cranberries on top of turkey and top with cheese. Fold tortilla into thirds. Place seam side down on microwave-safe serving plate. Repeat with remaining tortillas. Place a piece of cheese on top of each sandwich and microwave each tortilla on high for 30 seconds to one minute (until cheese melts). Cool slightly and slice in half. Place two or three dried cranberries and a sprig of parsley or basil on both halves.

Makes four servings. Each serving has 330 calories, 13 grams (g) fat, 18 g protein, 33 g carbohydrate, 3 g fiber and 750 milligrams sodium.

This cranberry turkey wrap is a good way to use leftover turkey. (Photo courtesy of Midwest Dairy Council)





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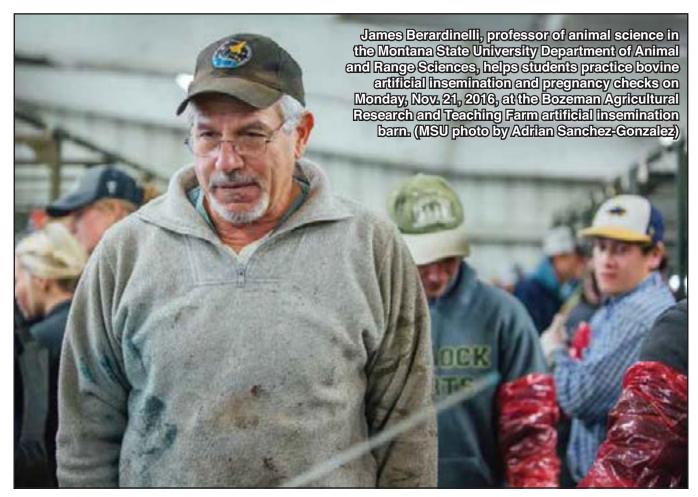
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MSU Professor Marks 37 Years Teaching Animal Science, Impacting MT Ranches



By MSU News Service

Some things are synonymous with Montana State University: the bobcat, blue and gold and Montana Hall. In the MSU College of Agriculture and for many Montana ranchers, James Berardinelli may be on that list, too.

For the last 37 years, Berardinelli, professor of animal science in MSU's Department of Animal and Range Sciences, has taught students how to be familiar with the rear end of a cow. In more than three decades of teaching and researching animal reproductive science at MSU, about 2,500 students have passed through his classrooms and labs, some of them spanning generations from the same family.

Many of Berardinelli's students have taken skills they've learned from his classes and labs back to family ranches or to their professions. Over the years, Berardinelli's emphasis and instruction on new technologies in cattle breeding has helped transform many next-generation cattle producers, while impacting the genetics of Montana cattle herds through the use of artificial insemination.

"My teaching motto has always been that science excites me, and teaching science motivates me," Berardinelli said. "I learned early that incorporating research into my classes, along with my personal experiences while doing the research, is perhaps one of the most powerful tools to ensure success in

Berardinelli said that throughout his many years of teaching, he has learned to adapt his teaching to various learning styles of a diverse student population.

"I have come to understand that concern, care and attention to the learning styles of students is my model for ensuring positive student outcomes and engendering lifelong learning skills," he said. "I hope that I have had a small impact on the growth and development of each student that I have come into contact with over the years; they certainly have had an impact on my career."

At MSU, Berardinelli teaches undergraduate and graduate

classes in animal endocrinology, reproduction and assisted reproduction, and advanced reproductive physiology. His research focuses on the reproductive efficiency of large animals, the use of new protocols and cutting-edge technologies to facilitate breeding by artificial insemination and methods to help heifers and postpartum cows come into heat sooner.

In one particular class, Animal Science 421: Assisted Reproduction Technologies, students learn firsthand how to artificially inseminate cows and heifers and how to pregnancy-test cows and heifers using cattle owned by the Montana Agricultural Experiment Station. After four weeks studying the anatomy of the bovine reproductive tract and practicing proper handling and thawing of frozen semen straws in class, students spend the remainder of the semester practicing these hands-on skills on cows and heifers in the artificial insemination, or AI, facility west of campus on the MSU's Bozeman Agricultural Teaching and Research Farm. In this facility, students become adept at determining bovine pregnancy status by rectal palpation, and artificially inseminate cattle with the use of a steel pipette, also known as an Al gun.

According to Berardinelli, by the end of the semester, most students are able to artificially inseminate cattle in 10 minutes,

"By the end of the semester, the goal is always that students are able to determine pregnancy and estimate the age of the fetus within a month, in less than 30 seconds," he said. "The class is unique in that it offers a comprehensive training of bovine reproduction, both in and out of class, and its impact on ranches across Montana is tremendous."

For the more than 28,000 farms and ranches in Montana, on-farm artificial insemination can reduce the length of the breeding season and increase the genetic quality of the herd. It also provides a more direct way to track reproductive lineage. Graduates of Berardinelli's class often return to family farms and ranches with skills that save money and time when it comes to breeding practices, according to Brady Richardson, an MSU undergraduate from Dillon, majoring in animal science.

This class has been one of the best classes I've ever taken at MSU, without a doubt," said Richardson. "On average, artificial insemination costs anywhere from \$10 to \$30 per head, so that can add up quickly. The cost of calling in a large-animal veterinarian, combined with insemination costs, takes a toll on time and budgets. Having the skillset to preg-check and AI on my own is instrumental when it comes to overall management practices."

Berardinelli said that over the years, technological advancements in embryo transfer have had a big economic impact on ranches across the U.S., and that's a skill today's students are eager to learn because they know the value of on-ranch application.

"Embryo transfer has been very good to the economy of Montana, with multiple livestock fertility companies popping up in the last 10 years," he said. "The great thing about embryo transfer is that the benefits are immediately seen. In a matter of a couple years, a herd's genetics can be drastically changed."

In the past, the genetics of breeding cattle used to be limited by space and time: a bull could only breed a certain number of cows in his life, and he could only breed the cows he could get to, Berardinelli said.

"This changed with the advent of frozen semen and the ability to ship semen across the country and inseminate cows with that particular semen," he said. "Nowadays, one can essentially create a mail-order herd given the correct knowledge and tools."

Patrick Hatfield, MSU department head of animal and range sciences, said the economic impact of Berardinelli's classes on Montana livestock operations is significant.

"There's no doubt Dr. Berardinelli's research and instruction has made an on-the-ground difference for Montana's livestock industry, particularly within on-ranch artificial insemination knowledge and practice," Hatfield said. "As a land-grant university, MSU has a responsibility to teach next-generation agriculturalists a foundational curriculum with current technology and practices that will help them be successful in the field. This is exactly what Dr. Berardinelli has dedicated his entire career to, and MSU

students and Montana's livestock industry are better off for it." Reflecting on the differences in students spanning generations, Berardinelli said today's students have a much greater desire to learn these hands-on skills and techniques, and are able to adapt to changing information easier than previous generations.

"Back when I started teaching this class, the students were just beginning to have an interest in artificial insemination," he said. "Back then, it was considered by many ranchers to be an unproven science, hard to implement, and had unpredictable results. Students today see the practice as a route to rapidly improving the genetics and reproductive efficiency of their herds. This is especially important as livestock management is going to have new challenges in overall animal health, new diseases, and food security, and socially acceptable management practices."

Despite the changes in generations and technology, Berardinelli said the mainstay behind successful and resilient animal operations is science.

"There is a science behind animal husbandry, and the farmer or rancher is not simply guessing about what to do in regard to his animal's health," he said. "The best science will lead to the healthiest, most productive animals, which will usually lead to better productivity and profitability for producers."



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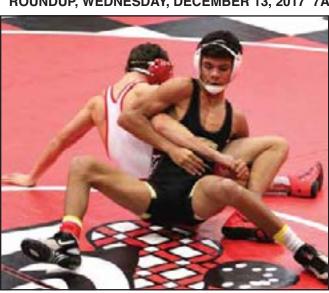
Sidney Wrestlers Compete in Glasgow Tournament





The Eagles went to Glasgow for a dual tournament on Friday and an individual invite on Saturday. Sidney had 7 wrestlers in the finals with 4 finishing 1st. Above: is the team with the 1st place trophy. (Photos by Kari Jones)

Left: Individual champions (L-R) Kade Graves, Kaiden Cline, **Christian Dean and Jett** Jones.



Christian Dean competes in the dual tourney, Dean took 1st in the 132# weight class.





Kade Graves pins his opponent in a cradle. Graves took 1st in the 126# weight class.



Kaiden Cline turns his Glendive opponent during the dual on Friday. Cline took 1st in the 103# weight division.



in the 170# weight division.





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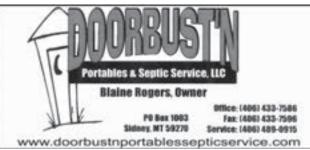
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Dignity Health and Catholic Health Initiatives to Combine to Form New Catholic Health System Focused on Creating Healthier Communities

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New Organization to Preserve and Expand Access to Quality Care Geographically Complementary Facilities Across 28 States

Catholic Health Initiatives (CHI) and Dignity Health have signed a definitive agreement to combine ministries and create a new, nonprofit Catholic health system. The combination brings together two leading health systems, allowing the organizations to expand their mission of service and create a healthier future for people and communities across 28 states.

The new health system will build a stronger operational and financial foundation to expand access to quality care, build upon complementary resources and capabilities, and reinvest in critical areas to accelerate improvements in care delivery.

"We are joining together to create a new Catholic health system, one that is positioned to accelerate the change from sick-care to well-care across the United States," said Kevin E. Lofton, chief executive officer of CHI. "Our new organization will have the talent, depth, breadth, and passion to improve the health of every person and community we serve."

"By combining our ministries and building upon our shared mission, we will expand our commitment to meeting the needs of all people with compassion, regardless of income, ethnicity, or language," said Lloyd Dean, president and chief executive officer of Dignity Health. "We foresee an incredible opportunity to expand each organization's best practices to respond to the evolving health care environment and deliver high-quality, cost-effective care."

Key strategic and reinvestment priorities for the new system will include:

· The expansion of community-based care, offering access to services in a variety of outpatient and virtual care settings closer to home;

 Clinical programs focused on special populations and those suffering from chronic illnesses to keep people and communities healthier for longer; and

 Further advancement of digital technologies and innovations like stroke robots and Google Glass, which create a more personalized and efficient care experience.

The new health system will include more than 700 care sites and 139 hospitals, offering people and communities access to quality care delivered by approximately 159,000 employees and more than 25,000 physicians and other advanced practice clinicians. The organizations are geographically complementary with no overlap across hospital service areas.

The new organization will be led by an office of the CEO. Dean and Lofton will both serve as CEOs, each with specific and independent responsibilities and decision-making authority. Together, the CEOs will jointly oversee strategy and integration planning. Lofton will have authority for mission, advocacy, sponsorship and governance, system partnerships, and information technology. Dean will have authority for all of operations, including clinical, financial, and human resources. They will work side-by-side with the executive team to plan a successful integration.

The governing board for the new organization - the Board of Stewardship Trustees - will include six members from each legacy board and the two CEOs. The new organization plans to establish its corporate headquarters in Chicago and operate under a new name that will be chosen in the second half of 2018. Local facilities will continue operating under their current

The organization will continue its commitment to supporting communities through charity care, grants, and loans to ensure a positive impact on creating healthier communities. In fiscal year 2017, the systems collectively provided approximately \$4.7 billion in charity care, community benefit, and unpaid cost of government programs. Continuing the traditions of both organizations, the new system will support high-priority strategic programs as well as expand existing efforts to improve the health and wellbeing of the nation's most vulnerable populations. The new system will be guided by our shared mission that emphasizes social justice

for all people and will work to ensure that those values are part of the local and national health care environment.

This combination brings together two organizations with complementary missions, capabilities, and talent to advance clinical achievements. Dignity Health has a proven operating model that successfully scaled enterprise-wide initiatives to ensure consistent practices across the system, and is well known for its work with innovative, diversified care-delivery partnerships. CHI brings a diverse geographic footprint with proven clinical service lines and home-health capabilities as well as successful partnerships in research and edu-

cation. The new organization seeks to become a national platform for innovation and research. This platform would capitalize on existing intellectual property and research capabilities, positioning the new organization as an attractive partner for other entrepreneurial organizations. Dignity Health and CHI have an established track record of successful partnerships and affiliations on initiatives spanning telehealth, micro-hospitals, and precision medicine.

In September 2016, the two systems formed Precision Medicine Alliance LLC (PMA), which will create the largest community-based precision medicine program in the country. A precision oncology program is being implemented in three service areas, and four-to-six more service area launches are planned across the country in the next 12 months. The program's objective is to be available at nearly 150 CHI and Dignity Health and care centers across the U.S., serving approximately 12 million patients annually.

Dignity Health's Board of Directors and Sponsorship Council and CHI's Board of Stewardship Trustees have approved the combination. The deal is anticipated to close in the second half of 2018 and is subject to federal, state, and church approvals.

Further information is available at: AdvancingHealth-CareTogether.org.



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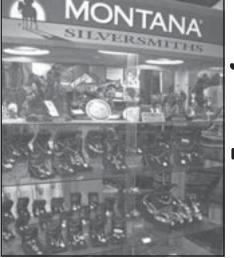
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Watford City Oilers celebrate after a goal made by Darien Dunn in last weeks game against Williston. The Oilers defeated Williston 4-1. (Photo by Kathy Taylor)

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Sidney Speech, Drama & Debate Competes in Billings



Front row: Autumn Davidson, Kyle Topp, Yarenci Gonzalez, Atlas Hill, Tyler Berka. 2nd Row: Naomi Mata, Lauryn Barnhart, Christine Turek, Hannah Evans, Shoua Vang, Shea Roberts, Josie Yockim, Jazmine Hernandez, Samuel Stephenson, Brandon Smith, Josh Delaney, Noah Kyhl, Isaac Quiroz, Luke Turek, Kyla Carlson.

Left: Luke Turek

Right: Kyle Topp and Lauryn

Barnhart

We are halfway through the Speech, Drama & Debate season and SHS Team is finding its groove. 22 competitors travelled to Billings competing against 11 schools. The Speech Team placed 5th overall. In Debate the senior Public Forum team of Lauryn Barnhart and Naomi Mata placed 4th, In Speech Senior Luke Turek continues to dominate placing 1st in Original Oratory, Christine Turek placed 3rd in Memorized Public Address, Hannah Evans placed 7th in Informative and Shea Roberts placed 8th in Humorous Oral Interp. The Drama Team placed 4th overall with Seniors Atlas Hill placing 3rd and Kyle Topp placing 5th in Dramatic Solo, the Classic Duo Team of Shoua Vang and Daniel Schnieder took 3rd, **Lorraine Coronato and Autumn Davidson placed 5th** and Noah Kyhl and Isaac Quiroz placed 6th. Next week the whole team will be traveling to Colstrip for one last meet before the New Year. (Photos submitted by Christy Pierce)



Energy Roundup

NDSU Bakken Water Research Could Have International Impact

The Research Sheds Light On The Effect Oil And Gas **Development Can** Have On Water Use

By NDSU Agriculture Communication

Research that North Dakota State University scientists conducted on water use in the Bakken oilfield could benefit oil-producing areas elsewhere in the U.S. and internationally.

"The findings on impacts to water resources in the Bakken help shed light on future regional water impact analyses for other unconventional plays in the U.S. and around the world," says Zhulu Lin, an assistant professor in NDSU's Agricultural and Biosystems Engineering Department and the lead investigator on this research project.

"The analysis of the current water management strategies and policies adopted in western North Dakota will assist and inform other policymakers and water practitioners to develop adaptive management strategies and policies to address increased industrial and community water demands associated with unconventional oil and gas development in their regions," he adds.

research were Siew Lim, an associate professor in NDSU's Agribusiness and Applied

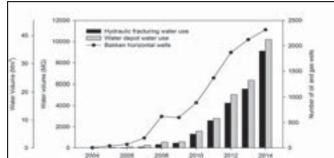
Economics Department; Tong Lin, a research assistant in NDSU's Environmental and Conservation Sciences Program: and Michael Hove and William Schuh of the North Dakota State Water Commission. They've written an article about their research that will appear in the Journal of American Water Resources Association in February 2018. The National Science Foundation funded the study.

In addition to examining North Dakota's water management policies during the oil boom in western North Dakota, the team analyzed Bakken horizontal well completion data for 2008 to 2014. North Dakota's permitted water consumption data for 2000 to 2014, and groundwater level and streamflow in western

North Dakota for 2000 to 2014. The researchers found that expansion of the oil industry in the region has led to tremendous increases in the demand for water. For example, from 2008 to 2014, water use for Bakken shale oil development increased nearly 20 times, from 550 million to 10,200 million gallons per

Here are some of their





NDSU researchers find that oil industry expansion in western North Dakota has created tremendous increases in the demand for water.

other findings:

- The total annual into 2014 for Bakken shale oil development ranged from 0.5 to 10 percent of the state's total consumptive water use.

 The increases in industrial water use in the Bakken oil production region (Dunn, McKenzie, Mountrail and Williams counties) were 3 to 40 percent.

- The freshwater sources for Bakken development were split equally between groundwater and surface water, on average; however, from 2012 to 2014, more surface water than groundwater was used.

The researchers also found that of the nine streams and 15 shallow aquifers under study, only three shallow aquifers (Charbonneau, Tobacco Garden Creek and Killdeer) in McKenzie and Dunn counties might have been affected by Bakken shale oil development (the average groundwater levels decreased).

The remaining 12 shallow aquifers and all nine small- to medium-sized streams had higher groundwater levels or increased average an-

nual seven-day low flows, largely because the region dustrial water use from 2008 received more than 20 percent more precipitation than normal during 2008-2014 and the water in the Bakken was managed adaptively.

Two main examples of adaptive water management strategies were the In Lieu Of Irrigation program, which allowed irrigation (mainly groundwater) permit holders to transfer the water temporarily from irrigation to industrial water uses such as hydraulic fracturing for the oil industry, and the issuance of temporary water permits (mainly surface water). These temporary permits allowed the permit holder to use a certain amount of water for a period of not more than one year.

"Due to restrictive regulations, not much water from the deep regional aquifers such as the Fox Hills-Hell Creek aquifer was used for hydraulic fracturing in the Bakken," Lin says. "This has prevented the deep regional aquifers from being affected by the Bakken shale oil development."

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Sidney Schools

Thurs., Dec. 14: Cheeseburger, oven wedges, strawberry cup. Fri., Dec. 15: Ham and cheese sandwich, chicken noodle soup, apricots.

Mon., Dec. 18: Corn dogs, french fries, mandarin oranges. Tues., Dec. 19: Biscuits and gravy, hash brown, orange juice. Wed., Dec. 20: Sloppy joes,

baked beans, pineapple tidbits. Thurs., Dec. 21: Homemade pizza, tossed salad, fruit. Dec. 22 - Jan. 2: No school.

Wed., Jan. 3: Corn dogs, oven wedges, applesauce.

Savage School Thurs., Dec. 14: Lo mein, sweet

and sour chicken. Fri., Dec. 15: Chicken sandwich. Mon., Dec. 18: Chicken fajita. Tues., Dec. 19: Meathalls. Wed., Dec. 20-Jan. 2: No school.

Rau School

Thurs.. Dec. 14: Chicken noodle soup, peanut butter and jelly sandwich, strawberries Fri., Dec. 15: French toast, sau-

sage, eggs, banana. Mon., Dec. 18: Corn dog or hot dog, macaroni and cheese, green beans, berries

Tues., Dec. 19: Egg rolls, white rice, stir fry veggies, pineapple. Wed., Dec. 20: BBQ riblet on a bun, baked beans, peas and carrots, apple jello.

Thurs., Dec. 21: Turkey, mashed potatoes and gravy, corn, applesauce, Christmas pudding. Dec. 22 - Jan. 2: No school.

Froid School

Thur., Dec. 14: Chicken tacos, refried beans, taco bar, fruit. Fri., Dec. 15: Fish patty on a bun, chips, veggies, fruit, milk. Mon., Dec. 18: Broccoli cheese soup, soft pretzels, fruit, milk, Tues.. Dec. 19: Chicken alfredo. garlic bread, veggies, fruit, milk. Wed., Dec. 20: Christmas dinner: ham, au gratin potatoes, veggies, buns, dessert, fruit, milk. Thurs., Dec. 21: Salisbury steak,

mashed potatoes, veggies, buns, fruit, milk Fri., Dec. 22: Leftovers.

Dec. 23 - Jan. 2: No school. **Bainville School**

Thur., Dec. 14: Ham, cheesy potatoes, rainbow carrots, cranberry sauce, green beans, roll, holiday

Fri., Dec. 15: Soft tacos, taco bar, rice and beans, tropical fruit. Mon., Dec. 18: Chicken and broccoli, cheddar bake, apple wedges.

Tues., Dec. 19: Jaden Strickland Day! Tater tots, nachos, broccoli, brownies

Wed., Dec. 20: Jambalaya, rice, pears

Thurs., Dec. 21: Corn dogs, tater tots, carrots and peas, peaches. Fri., Dec. 22: Ham and cheese sandwich, chips, fruit. Dec. 23 - Jan. 2: No school.

Richey School

Thur., Dec. 14: Meatballs, mashed potatoes, gravy, corn, applesauce, milk.

Fri., Dec. 15: Chicken parmesan, dinner roll, peas, fruit cocktail,

Mon., Dec. 18: Super nachos, fresh veggies, pineapple, milk. Tues., Dec. 19: Christmas dinner. Wed., Dec. 20: Spaghetti, breadstick, green beans, pears, milk. Thurs., Dec. 21: Pizza, lettuce salad, mandarin oranges, milk. Fri., Dec. 22: Ham and tur-

key sandwiches, applesauce, scotcharoos, milk. Dec. 23 - Jan. 2: No school.

Culbertson School Thur., Dec. 14: Corn dogs, french fries, fruit, milk.

Fri., Dec. 15: Chicken strips, mashed potatoes, fruit, milk, Mon., Dec. 18: Sub sandwich, chips, fruit, milk

Tues., Dec. 19: Super nachos, refried beans, fruit, milk. Wed., Dec. 20: Pizza, fruit salad, veggies, milk.

Thurs., Dec. 21: Chicken nuggets, tater tots, fruit, milk. Fri., Dec. 22: Hot dogs, chips, fruit, milk. 12 p.m. out.

Dec. 23 - Jan. 2: No school. **Lambert School**

Thur., Dec. 14: Ham and turkey subs, fresh veggies, fruit, milk. Fri., Dec. 15: Egg rolls, rice, stir fry veggies, pineapple, milk. Mon., Dec. 18: Hamburgers fries, fresh veggies, fruit, milk. Tues., Dec. 19: Sweet and sour chicken, stir fry veggies, rice,

fruit, milk. Wed., Dec. 20: Ham, baked potato, creamed corn, apple crisp, milk.

Thurs., Dec. 21: Chicken fried steak, mashed potatoes, gravy, corn, fruit, milk

Fri., Dec. 22: Cooks choice. Dec. 23 - Jan. 3: No school.

Fairview School

Thur., Dec. 14: Christmas dinner: ham, scalloped potatoes, stuffing, green beans, dessert, dinner rolls, milk.

Fri., Dec. 15: No school. Mon., Dec. 18: Mini corn dogs. chips, peaches, milk. Tues., Dec. 19: Chicken legs,

mashed potatoes with gravy, corn tropical fruit, milk. Wed., Dec. 20: Hamburgers, fries, pears, milk.

Thurs., Dec. 21: Pizza, salad with ranch, mandarin oranges, dessert, milk.

Dec. 22 - Jan. 1: No school.

Watford City School Thurs., Dec. 14: Knoephla soup, crackers, cheesy breadstick, orange wedges

Fri., Dec. 15: Hamburger gravy over mashed potatoes, biscuit, green beans, applesauce. Mon., Dec. 18: Corn dogs, macaroni and cheese, peaches. Tues., Dec. 19: Crispy chicken on a bun, fries, corn, grapes. Wed., Dec. 20: Stuffed crust pepperoni pizza, veggies with

dip, mixed fruit. Thurs., Dec. 21: Italian pasta bake with melted cheese, garlic breadstick, mandarin oranges. Fri., Dec. 22: Cheesy baked potato soup, roll, steamed broccoli,

holiday dessert. Dec. 23 - Jan. 2: No school. Wed., Jan. 3: Hamburger with cheese on a bun, baked lays, baked beans, sliced pickles, fruit.

Alexander School Thurs., Dec. 14: Baked chicken breast or cod, rice pilaf, garlic

toast. Fri., Dec. 15: Super nachos. Mon., Dec. 18: Popcorn chicken.

mashed potatoes, corn, bread. Tues., Dec. 19: Crispito, gravy, Wed., Dec. 20: Hot dog or brats, macaroni and cheese.

Thurs., Dec. 21: Chicken burgers, crisscuts. Fri., Dec. 22: BBQ riblets, baby potatoes, corn, biscuit. Dec. 23 - Jan. 2: No school.

Others involved in the



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The Sidney Eagle boys basketball team hosted Havre on Friday night and won and hosted Lewistown on Saturday night and lost. Above: Alec Lovegren dribbles the ball down the court in the Havre game Friday night.



Bridger Larson looks to make a basket Friday night against Havre.





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Conner Larson goes up for a basket at the Lewistown game on Saturday night. Photos by Pam McGlothlin.

