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The Roundup

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Draft Supplemental Environmental Assessment For Cultural Interpretive Center Available For Public Review

A draft supplemental environmental assessment for proposed construction changes at the cultural interpretive center located on the Fort Berthold Indian Reservation in McKenzie County, North Dakota is currently available for public review. The draft supplemental EA evaluates the environmental impacts of increasing the project footprint by approximately four acres.

The purpose of the proposed project is to increase the size of the cultural interpretive center by approximately 15,000 square feet, construct a 500-seat amphitheater adjacent to the interpretive center, alter the location of the proposed parking areas, and install an on-site septic treatment system that would discharge treated sanitary effluent to Lake Sakakawea. The revised plans would result in approximately four additional acres of disturbance that were not evaluated as part of the original 10 acres described in the 2005 EA.

This document supplements the "2005 Environmental Assessment and Finding of No Significant Impact (FONSI), Cultural Interpretive Center Project, Garrison Dam / Lake Sakakawea" which disclosed the potential environmental impacts of constructing a cultural interpretive center and associated parking area, earth lodges, a tepee village, a scenic overlook, access road and utility corridor, a pedestrian bridge, and walking trails. Since approval of the 2005 EA and FONSI, the earth lodges, access road and utility corridor have all been constructed.

The public is encouraged to provide comments on the draft supplemental environmental assessment, which is available for viewing at: http://www.nwo.usace.army.mil/Missions/CivilWorks/Planning/ProjectReports.aspx. Comments can be mailed to: U.S. Army Corps of Engineers, Omaha District; CENWO-PMA-C; ATTN: Matthew Vandenberg; 1616 Capitol Avenue; Omaha, NE 68102-4901. Comments can also be emailed to: cenwo-planning@usace.army.mil. Comments must be postmarked or received no later than March 31, 2018.

This draft supplemental EA is consistent with the National Environmental Policy Act of 1969, as amended, the Council on Environmental Quality's regulations for implementing NEPA (40 CFR 1500-1508), the Corps' regulations for implementing NEPA (33 CFR 325 and Engineering Regulation 200-2-2) and other applicable environmental laws and regulations.

Men's Health Screening To Take Place In March

March is designated as National Colorectal Cancer Awareness Month. During this month, hospitals and medical facilities across the nation focus their attention on preventing, treating and curing colorectal cancer. According to the CDC, colorectal cancer, which occurs in the colon or rectum, is the leading cause for cancer death in Montana and the United States.

This March, Sidney Health Center Cancer Care and the Richland County Health Department are teaming up to host a free Men's Health Screening on Friday, March 16 from 2:00 – 4:00 PM at the Cancer Care Suite, located at 214 14th Avenue Southwest in Sidney. This free colorectal and prostate cancer screening for men between the ages of 55-75 years will include a PSA (prostate specific antigen) lab draw test, a DRE (digital rectal exam) by Dr. Ralf Kiehl, Radiation Oncologist and a complimentary FIT (fecal immunochemical test) take-home kit.

No appointment is necessary to take advantage of the screening. In fact, getting tested for colorectal and prostate cancer could save a life. On average, the lifetime risk of developing colon cancer is about one in 23 for men and women combined. And according the American Cancer Society, about one in nine men will be diagnosed with prostate cancer during his lifetime.

men will be diagnosed with prostate cancer during his lifetime. Prostate cancer can be a serious disease, but most men diagnosed with prostate cancer do not die from it. In fact, more than 2.9 million men in the United States who have been diagnosed with prostate cancer at some point are still alive today.

"The key to improving healthcare outcomes is through routine screening and early diagnosis of cancer," states Dr. Kiehl. "Typically in rural areas, patients do not seek medical attention until they are late in the course of their disease. I believe we must provide opportunities for people living in the Mondak region to get evaluated on a regular basis."

The American Cancer Society encourages people who have no identified risk (other than age) to begin regular colorectal cancer screening at age 50. Regular screening can, in many cases, prevent colorectal cancer altogether. This is because some polyps, or growths, can be found and removed before they have a chance to turn into cancer.

There are several different tests that can be used to screen for colorectal cancer. However, a colonoscopy is considered to be the "gold standard" for testing since all other tests have to be followed up with a colonoscopy if anything is discovered. This type of screening is recommended every ten years.

The take-home FIT kit looks for tiny amounts of blood in the stool, because cancers in the colon and rectum sometimes bleed. To take this test, individuals will take the kit home and return a sample to the lab for testing.

With recommended screening, colorectal and prostate cancer can be prevented or detected at its earliest stage. If you are 55 years or older, take time to attend the Men's Health Screening on March 16. All participants will receive a complimentary drink card to The Rush or Meadowlark Brewing. No appointment is necessary. Questions may be directed to Sidney Health Center Cancer Care by calling 406-488-2504.



The Fairview FFA Chapter assisted with the MonDak Ag Days Banquet on Thursday, March 1st. Jerry Caroll was the speaker at the banquet and spoke on agriculture's comedy, Farm Safety and the importance of youth in Agriculture. A donation was then given in honor of Mr. Caroll to the Fairview FFA Chapter. In the photo (from left to right) banquet speaker Jerry Caroll, and FFA members Alexis Griggs, Anna Dragseth, Jesse Selting, Alex Young and Blake Patten.

District II Receives Grant for Suicide Prevention Programs

By Dianne Swanson

On February 28, Montana Governor Steve Bullock announced the recipients of Suicide Prevention grants totaling \$372,000. District II Alcohol and Drug received \$63,000 to implement STEP UP (Strategies and Tools Embrace Prevention with Upstream Programs) in 13 schools in their 11 county service area, including all four schools in Richland County with middle school. District II has also applied for additional grants to cover the \$95,000 cost of the program, and is welcoming donations from the public.

STEP UP is an evidence-based social and emotional learning based curriculum aimed at promoting positive mental health, building emotional competence, and creating a safe school climate. STEP UP includes eight key concepts and skill sets: social connections; identifying and expressing feelings safely; respecting boundaries; building empa-

thy; mood control; stopping manipulation; self-regulation; and self-motivation. These concepts are taught over 16, 25-minute lessons delivered once or twice per week. Nine lessons also provide parents or caregivers with resources, follow-up strategies, and suggestions to reinforce program skills at home.

District II will work to train school counselors, teachers and principals or arrange to have their professionals come in to the school to present the program. They plan to have the program implemented by the start of the 2018-19 school year, starting immediately to get agreements in place, followed by training sessions this summer.

Montana consistently has one of the highest rates of suicide in the nation. In its mission of suicide prevention, District II is assisting extension specialist Josie Evanson in conducting



QPR (Question, Persuade, Refer) which is CPR for individuals contemplating suicide. With another certified facilitator, more kids can be helped to focus on what's right and wrong, and helped to converse with their parents or other responsible adults.

A speaking event for the public is being planned as well as providing apps for kids, which are geared toward prevention of suicide and bullying in general.

Despite budget cuts, District II is stable and able to continue services without interruption due to their strong financial and client background. They provide strong treatment and prevention programs although the length of an individual's treatment may be reduced due to federal and state cuts in Medicare and Medicaid.

Please contact District II Alcohol and Drug at 406-433-4097 or stop by 106 2nd St. S.W., Sidney if you have any questions, or to donate to their programs.

Lauren Sheehan to Perform March 22 at MDHC

Portland singer and guitarist Lauren Sheehan, who's new record is a companion to a book about the women who kept Gibson's guitar shop strumming during World War II. will play songs from her recording "The Light Still Burns" as well as salute the women in folk who shaped her music.

Enjoy this fascinating concert as part of the North-eastern Arts Network Big Sky Series on Thursday, March 22nd at 7:00 pm at the Mon-Dak Heritage Center.

Roots Americana musician, Lauren Sheehan, launched her recording and performing career in 2002 and



Lauren Sheehan

has been sailing on to critical acclaim, national/international radio charts and 'encores' at festivals, concerts and venues across the country and in Canada ever since. Lauren clearly loves and inhabits the music she performs, shape shifting through the moods of the familiar and the obscure, howling with the werewolf and weeping with the willow. Her gifted guitar work, stylistic breadth and vocals are inspired by her study with elders, oral tradition and scholarship. With all of that tradition behind her, she re-creates the intimacy of a back porch, where singing and playing were regular events.

Lauren began playing guitar at 10, discovered traditional, social and dance music in her early 20s, then jumped into living acoustic blues up at Centrum's Port Townsend Acoustic Blues

Festival in her 30s, picking up mandolin and banjo along the way. While the men were off to the war, women filled in and kept the lights burnin' at Gibson's. The guitars of this period have a

banner across the headstock, hence "Banner Guitars" and are oft considered among the treasures of Gibson guitars. Who were the women, what was their story, why did Gibson cover up the fact that they made these guitars, why are the guitars so wonderful sounding and how were they made? These questions and more about the story are the subject of the book "Kalamazoo Gals".

But then John Thomas, author, thought about how cool it would be if folks could also hear the guitars the women made. He raised some funds, got guitars donated from all over the country for a recording project and then found a women to play them – such as Lauren Sheehan.

"It was an extraordinary experience to be in the studio surrounded by vintage banner guitars and to be able to take my pick of them." – Lauren Sheehan

The Light Still Burns zoomed to #3 on the Folk DJ Radio charts

Recent appearances on NPR, four CDs that charted in the top 20 on folk radio, a 2012 Portland Music Award for outstanding achievement in Folk, inclusion in the Library of Congress as part of the MusicBox project and her most recent accomplishment as guitarist for the CD, The Light Still Burns, companion to the history book Kalamazoo Gals; A Story of Extraordinary Women & Gibson's "Banner" Guitars of WWII, attest to her growing significance as an artist, performer and teacher.

This performance will be held at the MonDak Heritage Center at 7:00 p.m. Tickets can be purchased at the door: adults \$15, senior \$13, and students \$10. For additional concert information contact Candy Markwald 406-488-4155, Jill Hill 406-489-4304, or Leann Pelvit at 406-433-3500.

The Big Sky Series is made possible in part by the Montana Performing Arts Consortium Presenter Development Program which is supported by grants from the National Endowment for the Arts, Montana Arts Council, a legislative grant from Montana's Cultural Trust and the Western States Arts Federation (WESTAF).



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To our neighbors who spotted the fire, called it in and came over to help. To the Lambert and Sidney Fire Departments, for their crews that came. To the LYREC crew that also came to get power back on for the rest of the farm buildings. To everyone that has called, texted, prayed for us and our families, we are truly blessed to live in the best community.

– Jim & Theresa Carda



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AREA RECOVERY GROUPS

12 p.m. — AA Monday Noon Group, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

1 p.m. - 3 p.m. - Grief Reovery Support group at First Lutheran Church in the music room, Watford City.

6 p.m. - Al-Anon Family Group Meeting, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

7 p.m. - Fairview Alive and Kicking at Fairview Alliance Church, 704 S. Western Ave.

8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride. Hotline/Info 701-609-8663.

TUESDAYS:

7 p.m. — AA Welcome Home Group, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

7 p.m. – 24-hour Women's AA group meeting, Northern Pump & Compression, Watford City. Hotline/Info 701-

7 p.m. — Living With Hope Group, Sidney Lutheran Brethern Church, 1100 Madison Lane, Sidney. Call 406-489-3451 to see if group is meeting.

7:30 p.m. - Al-Anon Meeting, Presbyterian Church, 316 4th Ave. NE, Watford City, ND.

8 p.m. - AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride. Hotline/Info 701-609-8663.

12 p.m. - Monday Noon Group-Friday Noon Edition, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney. 6:30 - 7:30 p.m.- 5 Stones - Faith Based Recovery meeting, Sidney First Church of the Nazarene, 606 9th St. SW, Back door is open.

8 p.m. – AA Welcome Home Group, Trinity Lutheran Church Ed. Bldg, 214 S. Lincoln, Ave., Sidney. SATURDAYS:

9 a.m. & 7 p.m. — AA Welcome Home Group, Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave,

7 p.m. - AA 24 group meeting, Northern Pump & Compression, Watford City. Hotline/Info 701-609-8663.

7 p.m. — AA Welcome Home Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney

OBITUARIES

Sherri Lynn Paulsen, 50 Sidney, MT

Family and friends of Sherri Lynn Paulsen, 50, Sidney, are invited to share a meal and any stories they have about Sherri at her Celebration of Life on Saturday, March 10, 1 p.m., at the Elks Lodge in Sidney.

Sherri passed peacefully on January 24, 2018 in Louisville, Ky., with her family by her side.

Foundation For Community **Care Accepting Scholarship Applications**

Applications are now available for two scholarship programs offered by the Foundation for Community Care for new and continuing college students in the 2018-2019 academic year.

The first program offered by the Foundation Board of Directors is the annual Healthcare Scholarship program. Richland County and surrounding area residents pursuing an education in a healthcare field who intend to live and work in the area are encouraged to apply for funding. Applicants must have completed one year at a post-secondary university or college. The Healthcare Scholarship program is designed to help create a healthcare workforce for Sidney Health Center and the Richland

The second program is a local education focused scholarship opportunity. The Jessica Vannatta Memorial Scholarship was created by her father, Greg Vannatta. The scholarship is awarded to a resident in Richland County and the surrounding area who is pursuing a degree in education at a college or university. Both high school and college students are eligible to apply.

"Healthy, strong communities start with a great educational framework, and access to quality care," Foundation Senior Executive, Gina Heckey said. "Rural communities across the country have been hit hard by the loss of both teachers and healthcare providers. Through the Healthcare Scholarship and Jessica Vannatta Memorial Scholarship, we can do our part to invest in a stronger community."

Qualified applicants can apply by contacting the Foundation for Community Care at 406-488-2273. Applications, requirements and guidelines are available at the Foundation office or on their website at www.foundationforcommunitycare.org. Application deadline is April 28, 2018.

Don't Be Unlucky This St. Patrick's Day

By McKen-Z Ramus-Prevention Specialist **District II Drug & Alcohol**

In Ireland, Saint Patrick's Day is held to honor their patron saint, Saint Patrick. He was brought to Ireland as a slave and after he escaped slavery he converted to Christianity and went back to Ireland as a missionary. He later became the leading bishop in the country and was named the country's patron saint after he passed away on March 17, 461. Every year in Ireland a feast was held in his honor. When the Irish people began to immigrate to the United States they brought this tradition with them and it slowly grew to the big celebrations that are now held across the country.

Cities that have strong Irish roots in the US tend to have the biggest celebrations, like Butte, MT for example. That doesn't ean that those celebrations haven't spilled over to smaller towns and other areas creating an opportunity for people to have a good time and possibly drink a bit too much. Often times, having a holiday like this, which falls on the weekend, it brings with it a larger celebration where more alcohol is consumed. Sadly this often leads to people making dangerous decisions, like getting behind the wheel of a vehicle that they are not fit to drive. According to the National Highway Traffic Safety Administration (NHTSA), 60 people died in drunk-driving crashes during the St. Patrick's Day holiday in 2016(NHTSA). This year St. Patrick's Day falls on a Saturday and that same Saturday will also coincide with the start of prom season in Richland County. Don't let your children become one of these fatalities.

By talking with your children about the dangers of underage drinking you can help them understand that driving or riding with a driver that is under the influence of alcohol is not a risk to take lightly. Many people will be "out on the town" for a night of fun and adding to traffic as Sidney has prom on the 17th. You can't always count on someone else to do the safe thing and not drive when under the influence of alcohol. Remind your kids not to drink and drive and to be wary of other drivers this St. Patrick's Day weekend. For those of you thinking of having a St. Patrick's Day celebration, don't forget your designated driver, the availability of the Sidney Shuttle and the Lyft driver in town as well. If you have any questions please feel free to contact the editor connect with District II Alcohol & Drug by phone and be sure to follow us on Facebook for future health and wellness ideas.

Krautter Announces Steinbeisser to Manage Campaign

Paula Trudell Steinbeisser has been named as the campaign manager for Joel Krautter's campaign for Representative of House District 35, a district that covers all of Richland County. "I'm excited to have Paula join my team as she will bring a wealth of information and insight, along with positive energy to the campaign," said Krautter.

On why Steinbeisser decided to get involved in Krautter's campaign, "I truly believe Joel is the person we need to represent District 35. I know he will be effective at educating his fellow representatives at the state level, which will benefit Richland County and Montana as a whole. He is a great listener, works well with others and is a problem-solver—which is what we need in Helena. I'm excited to be part of Joel's campaign!"

Steinbeisser, a Richland County native, is active in her church and the Montana Farm Bureau at the state and local level. She has traveled to Helena on a number of prior occasions in regards to legislation that would have an impact on area agriculture. Krautter has been campaigning on a message that stresses

the importance of problem-solving leadership that will prioritize the needs of the people of Richland County. Election Day in the contested Republican primary is June

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RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone. Wed., March 7 5:30 p.m. - DEQ Public Meeting Re-Scheduled - MonDak

Heritage Center, 120 3rd Ave. SE, Sidney, MT Thurs., March 8 6-9 p.m. - Loom Beaded Headband Class - \$20 MonDak Heritage Center, 120 3rd St. SE, Sidney. For more

information, 406-433-3500 or e-mail, mdhc@richland.org. Fri., March 9 5-7 p.m. - Knights Of Columbus Fish Fry - \$9/per person.

Ned Shinnick Hall-St. Matthews Parish Center, 310 7th St. SE, Sidney. This event also occurs March 16 and 23.

11 a.m. - Friends of Christian Radio Annual Business Meeting and Banquet - FCR Business Meeting, 11 a.m.; FCR Banquet, 12 p.m.; Program and Introduction of FCR Board, 1 p.m.. Entertainment, The Transtroms. Lots of prizes, everyone welcome. RSVP call 406-377-3331 or 1-800-568-6935 or online at www.kgle.org. Faith Alliance Church, 301 East Main Street, Sidney, MT. 5 p.m. - Pheasants Forever Annual Banquet - Social, 5

p.m.; dinner, 6 p.m. Richland County Event Center, Sidney. For more information call Kyle Carter, 701-310-5966 or Wayne Quinnell, 406-489-0731.

Sun., March 11

1 p.m. - Paul Rindahl Benefit And Silent Auction -Paint a horse with Artist Trish Stevenson from 1-3 p.m. Preregister by check of \$40 to Julie Rehbein, 12278 CR 345, Sidney, MT. Silent auction, 1-5:30 p.m.; dance to music by Meadowlark, 4 p.m.; free will offering chili & cinnamon rolls all day. Moose Lodge, Sidney, MT.

6-7:30 p.m. - **D.A.R.E. Annual Skate Party** - Richland County students of all ages and parents welcome. Open skate rules apply, no charge, snacks provided, D.A.R.E. will pay skate rental. Ranger Arena, Sidney, MT. Mon., March 12

7-9 p.m. - Wilbur Rehmann: American Art & Democracy
Come Together In Jazz - Musician Wilbur Rehmann begins by describing the roots of jazz and follows the art form through to modern jazz of the '40s, '50s, '60s and beyond. Free to the public. MonDak Heritage Center, 120 3rd St. SE, Sidney, 406-433-3500.

Tues., March 13 5:30 p.m. - Father Shinnick Memorial Banquet - Social, 5:30 p.m.; plated dinner, 6:30 p.m.; program, 7:30 p.m. Guest speaker Mike Mayott, door prize, 1/4 beef cut & wrapped. Richland County Event Center, Sidney. \$30 tickets available at St. Matthew's Parish Office 310 7th St. SE, Tami Maltese, MS, CPA, CFP, 113 West Main St. or Miller's Corner, 2201 W. Holly St.; Sidney.

Wed., March 14 6-8 p.m. - Sip N' Paint Night - Taught by Penny Filler. Ranger Lounge, Sidney, MT. Proceeds go towards Boys and Girls Club backpack food program. Get tickets early visit galleryonthego.com. For more information call Kat Egly, 406-433-6763 or k.egly@richlandbgc.org.

Thurs., March 15 11: 30 a.m. - Richland Red Hatters Lunch Meeting - The Fringe Restaurant, Sidney Country Club. RSVP by March 13. Call Sylvia, 798-3882 or Margaret, 488-4613. Sun., March 25

9 a.m.-3 p.m. - Indoor Fun Fly And Static Air Show - Free to the public, come and watch the fun. The Static Show will include aircraft of all sizes and makes. No entry fee for models to be in the show, no limit on the class. Open flying for AMA member pilots and contests to test the skill of pilots. \$15/AMA members pilot fee; \$5/lunch; \$1 each/drinks. Sidney Richland Airport.

ROOSEVELT COUNTY

Events in Culbertson unless otherwise listed. CT Zone Fri., March 9

5-7 p.m. - Knights Of Columbus Friday Fish Fry - St Anthony's Catholic Church of Culbertson, Church Hall. \$12/plate; \$35/family rate. Raffle and take out available. This event also occurs March 16 and 23.

McKenzie County

Events in Watford City unless otherwise listed. CT Zone Fri.. March 9

6:30-8:30 p.m. - Watford City Mobile Pack - 500 volunteers will make a difference by packing 101,088 meals. This event continues 9 a.m.-4:30 p.m., March 10. Rough Rider Center, 2209 Wolves Den Parkway, Watford City, ND. Community members can support this my making a donation to cover meal costs, or volunteering to package food. Volunteer registration is available at give.fmsc.org/watford. Fri., March 23

6 p.m. - Leanne Melberg-Abelmann Benefit - Free will offering Slushburger feed, bake sale, live and silent auction, full bar. Funds raised will go toward medical expenses.

Firehall, Alexander, ND. For more information contact LaShell Tjelde, 701-770-6317, Tjelde71@gmail.com. Donations can be made at Western Cooperative Credit Union payable to Leanne Abelmann benefit account. WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone. Sat., March 10 3:30 p.m. - Spring Tree And Garden Workshop - Free to attend but registration is required. Lunch will be provided. Ernie French Conference Center at the WREC, Williston,

ND. For more information or to register visit http://bit.ly/ WRECTreeWorkshop. 10 a.m.-7 p.m. - Williston Camera Club & Woodworkers Show On Display - This event continues through March 18 with extended hours. Enjoy the items on display and meet the members of these clubs. James Memorial Art Center, Williston, ND. Hours: 10 a.m.-7 p.m., March 10 and 17; 12-5

Tues., March 13 7 p.m. - Autism Support Group - Support group for parents, foster parents and caretakers of children with autism. The Williston ARC, 822 18th St. East, Williston, ND. For more information contact Valerie Goldade, 701-570-4646, valerie@dakotafamilysolutions.org.

p.m., March 11 and 18; 10 a.m.-7 p.m., March 12-16.

Thurs., March 15 7 p.m. - Fort Buford History Book Club - Join history buffs in a discussion of this month's selected book, "Bold Women in Montana History," by Beth Judy. Free refreshments. Please call in advance, 701-572-9034. Missouri-Yellowstone

Confluence Interpretive Center. Fri., March 16 9 a.m.-4 p.m. - Confluence Quilters Monthly Meeting - All

experience levels invited and instruction provided. Bring your own lunch and unfinished projects. This event continues on March 17. Missouri-Yellowstone Confluence Interpretive Center, 701-572-9034. Sun., March 18

3 p.m. - The Lisenbee Family Concert - Free admission. Missouri-Yellowstone Confluence Interpretive Center. 701-

1 p.m. - Easter Egg Hunt - For kids up to age ten, early arrivals encouraged, door prizes require pre-hunt registration. Missouri-Yellowstone Confluence Interpretive Center. 701-572-9034.

Dawson County

Events in Glendive unless otherwise listed. MT Zone Sat., March 10 7:30 p.m. - Frank & My Honky Tonk Heroes Concert

- DCHS, 900 N. Merrill, Ave., Glendive, MT. For more information call Bruce Peterson, 406-377-5846 or emca. pres@gmail.com. Sun., March 11

9 a.m.-2 p.m. - Jaycee Omelet Bar Fundraiser - Omelet with hash browns, fruit, coffee or juice. \$10/adults; \$6/kids under 12; \$3/side of hash browns and fruit only. Knights of Columbus Hall, Glendive, MT. All proceeds benefit the Tues., March 13

6:30 a.m.-10 a.m. - Dawson County Health Fair Blood **Drives** - This event continues through March 16 and March 19-22. Basement of Dawson County Courthouse. To schedule your blood draws call 406-377-5213 or visit www.

dawsoncountymontana.org. 3:30-6 p.m. - **Baby Bistro** - Free to all parents of babies, newborns to one year old. Certified lactation consultants answer questions, help with breastfeeding, weigh your baby and provide support. Glendive Medical Center Acute Care waiting room, 202 Prospect Dr, Glendive, MT. For more information call Carol Condon, 406-345-8996.

HD 35 Candidate Joel Krautter Holds **Listening Sessions**



By Dianne Swanson

Republican candidate Joel Krautter held listening sessions at Elmdale, Girard and the MSU Extension building in Sidney last Saturday.

In a wide range discussion at Girard Hall, Krautter was asked about his stance on many issues affecting Richland County and Montana. He stated his firm desire to take his problem solving abilities to Helena and to always put the needs of Richland County first.

He is generally opposed to the proposed Yellowstone Disposal facility, citing concerns about the implications if it is not done right. He also questioned whether Montana is more lenient and maybe lagging in regulations concerning nuclear waste.

Krautter voiced very cautious support for a sales tax and being able to tap into the huge tourism industry in Montana as well as on line shopping, but only with the requirement that property taxes be reduced accordingly. His concerns included possible increases in the future when the state needs more funding. "I would be very cautious because I know how government works," he said.

When asked about some common sense gun control provisions, Krautter stated that he is opposed to anything restricting second amendment rights and he is a member of the NRA. However, he said he would be looking for input from residents of HD35. He said there are loopholes in every law and that someone wanting to harm others would always find a way to do that. He is also concerned about mental health restrictions stating that

people may not seek treatment if they believe that their gun rights will be restricted.

Krautter acknowledged problems with the public defenders system in Montana but did not have specific ideas on how best to fix them, citing budget concerns. He suggested better management as a possibility rather than just throwing money at the problem. "I will work to improve better representation for everyone," he stated.

Krautter supports the current system regarding the death penalty and wants it left up to local county attorneys whether to pursue that option in individual cases. He is pro life and donates money and time to life affirming entities such as the Sunrise Women's Clinic in Sidney. He would generally support legislation on pro life causes but would look at each bill and determine what it is before committing.

Krautter said he would listen to local leaders on infrastructure needs and support responsible investments based on needs, not wants. Since there are fewer representatives from the eastern part of the state, he discussed the need to build relationships with fellow lawmakers and educate them on the needs of this part of the state. He stated the need to give and take but said he would dig in his heels on some issues and try to be

flexible on others, and to decide on a piece by piece basis, always considering what was best for HD 35.

Regarding public and private school funding, Krautter said he would work to protect funding for public schools in Richland County and cited the need for good, quality schools in rural areas. He also voiced his support for local school boards and local decisions on

Krautter agreed with the need to keep in touch with residents in his district including articles in the papers and possibly reviving legislative

Currently an attorney in the Netzer Law Firm in Sidney, Krautter was raised in a conservative Republican home but he always wanted to figure things out for himself. When he entered college, he was idealistic with a desire to help others and briefly became a conservative Democrat, remaining pro life and pro second amendment. He later realized that handouts were not the solution and by his senior year was a member of the college Republicans.

Krautter vowed, if elected, to put the needs of the community first and to keep focused on what's best for the district. He faces fellow Republican Tanya Rost in the primary election on June 5.

Signup For The Roundup

The Roundup offers free weekly mail delivery in Sidney MT. If you have a Sidney mailing address and currently do not receive The Roundup newspaper at home (and would like to) sign up today! Stop by 111 West Main, call 406-433-3306 or send your name and address to us at either classads@esidney.com or PO Box 1207, Sidney, MT 59270.

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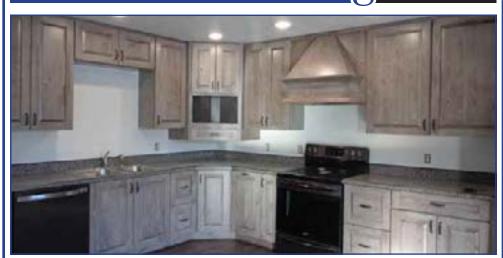
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Cornerstone Bank Promotes Gronos, Arndt and Frazier

promoted to Senior Vice President at Cornerstone Bank in Watford City. Jeff joined Lakeside State Bank/Lakeside Insurance Agency in New Town, March of 1986. He transferred full time to Lakeside State Bank as an Assistant Vice President in 2000. Jeff joined the McKenzie County Bank in July 2009 as a Credit Analyst and in May 2013 transitioned to Vice President/Business Banker.

Stacey Arndt has been promoted to Retail Manager at Cornerstone Bank in Watford City. She joined Cornerstone

Bank as a Customer Service Representative in April 2007, and was promoted to Head Customer Service representative in November 2014.

Chelby Frazier has been promoted to Head Customer Service Representative in Watford City. Originally from Western Montana, Frazier joined Cornerstone Bank as a Customer Service Representative in February 2015. She was promoted to Operations Specialist in February 2017.

Cornerstone Holding Company, based in North Dakota, is the parent company of Cornerstone Bank.

largest financial institutions, Cornerstone Holding Company is an \$820 million financial institution. Cornerstone Bank has 14 locations in North and South Dakota. Cornerstone Bank provides an expansive product offering while staying true to their mission of providing access to financial experts who give straight answers and the best possible financial options. Cornerstone's offerings include business and personal loans, deposits and cash management services, online and mobile banking.



Jeff Gronos



Stacey Arndt



Chelby Frazier

Lisenbee Family At The Confluence

The Lisenbee Blue Grass band will liven up the Missouri-Yellowstone Confluence Interpretive Center Sunday, March 18, 3 p.m. with its mix of country, pop and R&B classics as well as its own songs, all done in a traditional bluegrass sound. This event is free and open to the public. Free refreshments served but donations are welcome

The band is made up of members of the Lisenbee family: parents Travis and Angie as well as their children, Katie, Beth and Konrad.

This talented family plays multiple instruments. Travis plays bass and sings, Angie plays keyboard, guitar, sings and writes some of their own music, Konrad plays banjo, Beth plays mandolin, fiddle and sings and Katie plays mandolin, fiddle and sings.

The Confluence Center is located on the Fort Buford State Historic Site, 23 miles southwest of Williston on Highway 1804. Telephone 701- 572-9034. The winter hours are Wednesday; Saturday, 9 a.m.-4 p.m. CT and Sunday, 1-5 p.m. CT. The Confluence Center is closed Mondays and Tuesdays.





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Rugby Homes & RV Center Holds Ribbon Cutting

Rugby Homes & RV Center, Williston, held its grand opening and ribbon cutting ceremony last Wednesday, celebrating its expansion into the current location at 321 Gate Avenue.

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Pictured are: owner Kevin Kirchofner cutting the ribbon, and to his right, his wife Jodie, salesperson Valerie Deick, and Adam Erdman, technician. To Kevin's left, owner Gary Kirchofner, Elton Christopherson, sales and Gary's wife Kathy. Williston Chamber of Commerce and 1st International Bank representatives were on hand to celebrate the occasion.



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Scavenger Hunt for Local Tobacco Marketing Towards Youth Raises Marketing Concerns

By Ellysse Boughey and Cara Moulton

On a blustery Friday in late February, members of Richland County Communities in Action Corps set out to try a point of sale Scavenger Hunt offered to youth groups by Richland County Health Department's Montana Tobacco Use Prevention Program. The Hunt is designed to view tobacco at store counters from the perspective of children in the community, and showcase ways tobacco is being specifically targeted to youth. Many of these displays are shipped to stores with instructions for assembly and location, and breed familiarity and curiosity of customers at a young age.

The members met at a local gas station in Sidney and began their search. Each had a clipboard with a list to search for of tobacco marketing techniques often aimed towards youth. Members were surprised how quickly they found relevant marketing. The group learned many long-term tobacco users begin using as youth. Often tobacco products, including flavored wraps, lighters, and cigars, are displayed below three feet off the ground, in front of the counter, a height inconvenient for adult customers but perfect to spark the imagination of children. That was the case in this store. Among the tobacco products displayed at three feet or lower were a host of flavored cigarillos, with candy flavors such as watermelon, grape, strawberry, and peach. Nicotine gum was also readily available on the counter not far from candy chewing gum.

Spring Fever Garden Forums Start March 19

By Marcia Hellandsaas

NDSU Extension Agent, McKenzie County

If you are interested in learning the latest information on timely topics in horticulture, you won't want to miss the 2018 Spring Fever Garden Forums offered on four consecutive Monday nights from March 19 to April 9. Each session will begin at 6:30 pm and conclude by 8:30 pm CT. Live presentations will be delivered the NDSU Extension Service/McKenzie County, where educators will provide participants with samples of vegetable and flower seeds, flower bulbs and miscellaneous gardening supplies. You can also join presenters online at home. You would go to www.ag.ndsu.edu/springfever and register online and a link would be sent to you to participate in the forums.

Following is a listing of Forum dates and topics: March 19: Fruits and Vegetables: Black Currents, Starting Seeds Indoors and Controlling Weeds—Chemical-Free

March 26: Gardens: Display Gardens, Horticulture as Therapy and Growing Ornamental Grasses

April 2: Trees: Ornamental Trees, Elms and Tough Trees for Tough Sites

April 9: Special Topics: Invasive Insects, Preventing Diseases in Your Yard and Research on High-Value Crops

For more information or to register, go to www.ag.ndsu.edu/ springfever or contact the NDSU Extension

Service in McKenzie County at 701-444-3451 or email marcia.hellandsaas@ndsu.edu

In total, the Scavenger Hunt in the local Sidney store yielded 12 of 14 marketing techniques that have been shown effective in sparking children's interest in tobacco. Jacklyn Damm, coordinator of the Montana Tobacco Use Prevention Program in Richland County, said such results are not unusual. "Groups involved in the Scavenger Hunt usually find almost all of the marketing to youth present locally," she lamented.

Is this type of tobacco marketing really affecting Montana kids? Data shows it is. Tobacco companies spend as much as \$24 million each day to prompt people to use their products. According to Center for Disease Control data, 38.5% of Montana high school youth reported currently using any tobacco product, including e-cigarettes. That number is up from 27.3% in 2011. Damm reports that she is hearing more and more about the spread of e-cigarettes and vaping devices in Richland County and getting calls for help quitting these new devices. E-cigarettes are the most frequently used form of tobacco among Montana's youth.

Indeed, during the recent Scavenger Hunt, the Communities in Action Corps group was amazed by how much of the "power wall" display behind the counter was now devoted to e-cigarettes. One Sidney resident told the group about young friends who started out vaping with only flavors, but had shifted quickly to tobacco-based liquid. According to Jacklyn Damm, this trend is especially dangerous, as the effects of this new kind of tobacco smoking are only beginning to be understood.



First Pediatric Influenza Death in Montana

RiverStone Health, in conjunction with the Montana Department of Public Health and Human Services, has confirmed the first pediatric death of the 2017-2018 influenza season in Montana. The school-age child was a Yellowstone County resident.

Nationwide, the Centers for Disease Control and Prevention (CDC) report that there have been total of 97 flu-related pediatric deaths so far this season. In Montana, the last flu-related pediatric deaths occurred during the 2015-2016 influenza season when two children under the age of 18 died.

Influenza activity remains widespread in Montana; however, there has been a decline in recent weeks in overall case counts, hospitalizations, and influenza-like illnesses. To date, there have been 6,500 cases, 674 hospitalizations, and 33 deaths reported in Montana. In Yellowstone County, there have been 649 reported cases; 131 hospitalizations, and four deaths, including the pediatric death.

There still are many weeks of flu activity left and the CDC continues to recommend getting a flu vaccine to help protect against influenza.

The disease spreads through coughing and sneezing with symptoms that can include high fever, chills, headaches, exhaustion, sore throat, cough and body aches. It may take about 1 to 4 days after being exposed to the virus for symptoms to develop. Additionally, you may be able to pass on the flu to someone else 1 day before symptoms develop and up to 5 to 7 days after becoming sick.

Everyday precautions can help stop the spread of influenza. Those measures include:

- Covering your nose and mouth with a tissue when you cough or sneeze.
- Washing your hands often with soap and water, or an alcohol-based hand sanitizer, if soap and water are not available.
 - Avoiding touching your eyes, nose and mouth.
 - Avoiding close contact with sick people.
- Staying home for at least 24 hours after your fever is gone except to get medical care or necessities.

Father Shinnick Memorial Banquet

Tuesday, March 13 ~ Richland County Event Center

\$30 Tickets Available At:

• St. Matthew's Parish Office

(310 7th St. SE; Sidney, MT)
• Tami Maltese,

MS, CPA, CFP (113 West Main St.; Sidney, MT)

Miller's Corner
 (2201 W. Holly St.; Sidney, MT)

Social......5:30pm
Plated Dinner6:30pm
Program7:30pm
Guest Speaker Mike Mayott
"Pilgrimage to Africa"

Door Prize: 1/4 Beef Cut & Wrapped Donated by Leland Red Angus Ranch (need not be present to win)

Proceeds go toward boiler fund for St. Matthew's Parish

ACH Seeds Awards Sugar Bounty Winners



Shane Smith, Powell, WY; Eric Frank, Platteville, CO; Alan Frank, Platteville, CO; Dave Apers; Del Nollmeyer, Savage, MT; Clinton Bowen, Burley, ID; Marlo Macik, Hector, MN; (not pictured) Larry Attenbernd, Sabin, MN.

ACH Seeds announced the winners of the 2017 National Sugar Bounty Program at the 2018 American Sugarbeet Growers Association Annual Meeting in Washington, D.C. The national winner, Dave Apers of Doverland Farms in Dover Centre, Ontario was awarded a customized Polaris Ranger as well as trip expenses and registration to the ASGA meeting. Seven regional winners were also invited to the ASGA meeting, and received a plaque and Sugar Bounty Program jacket. The regional winners were chosen from 36 district winners throughout North America.

Sugarbeet growers across North America combine their cultural practices and beet seed genetics in order to achieve the highest sugar per ton and per acre. The ACH Seeds National Sugar Bounty Program recognizes growers who meet these criteria when planting ACH Seeds Crystal brand beet seed varieties.

For more information on the Sugar Bounty program, please go to ACH Seeds.com or talk with your local ACH Seeds Sales Agent.

ACH Seeds, Inc., marketers of Crystal brand sugarbeet seed, headquartered in Eden Prairie, Minnesota, offers knowledge, collaboration, and leadership to US sugarbeet growers in meeting sugarbeet operating goals through superb plant breeding and exceptional customer service and support.

The MDHC Announces A Reading with Lowell Jaeger, Montana's Poet Laureate

The MonDak Heritage Center announces A Reading with Lowell Jaeger, Montana's Poet Laureate Tuesday, March 20 at 7:00 p.m. at the MonDak Heritage Center, 120 3rd Ave SE, Sidney. Join us for the first program in the Hometown Humanities Poetry & Literature series! Montana's Poet Laureate, Lowell Jaeger, appointed by Governor Bullock in 2017, will read his own work and recite from memory poetry from other poets, like Robert Frost, Donald Hall, Richard Wilbur, and more. At Jaeger's readings, expect humor, expect serious reflection, and expect to examine the "human condition" in all its marvelous complexity. He enjoys interacting with audiences and will light up the evening with the splendid magic of the spoken word! This program is FREE and open to the public. Light refreshments provided. Sponsored by Humanities Montana, an independent, nonprofit affiliate of the National Endowment for the Humanities. For more information and the full schedule of programs for the Poetry & Literature series contact MDHC at (406) 433-3500 or visit mondakheritagecenter.org.





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FOR COMPANY Conference room & eight individual offices. Very modern & clean. Private. Come take a look at Yellowstone Marketplace, 102 N Central Ave, Sidney. Also 2 other small business offices available. Utilities pd. 406-489-7431.

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Public Discussion of Proposed Roundabout and Intersection Improvements on U.S. Highway 2 in Poplar

The Montana Department of Transportation (MDT) is conducting an open house meeting to discuss proposed roundabout and intersection improvements on U.S. Highway 2 at 5th Avenue East and Kirn Road.

The open house will be held in Poplar on Tuesday, March 20, 4:00 - 7:00 p.m., at the Poplar Cultural Center. Project team members will be available during the meeting to discuss the proposed improvements.

The purpose of the open house is to inform interested parties about the roundabout and intersection improvements and to answer individual questions from the public.

The Department of Transportation will make reasonable accommodations for persons with disabilities who wish to participate in this public meeting. If you require an accommodation, contact Jan Nesset at (406) 556-4707 to advise us of the nature of the needed accommodation.

If you need an alternative accessible format of this notice, please contact Alice Flesch, Human Resources and Occupational Safety Division, P.O. Box 201001, Helena, MT 59620; (406) 444-9229; TTY (800) 335-7592; fax (406) 444-7243; or e-mail to aflesch@mt.gov.

Comments and questions may be submitted at the meeting or to Shane Mintz, Glendive District Administrator, MDT Glendive District office, P.O. Box 890, Glendive MT 59330-0890, or online at:

www.mdt.mt.gov/mdt/comment form.shtml

Please indicate comments are for project UPN 8167-US-2-POPLAR and submit by April 20.

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Then consider taking in our next BrownBagger presentation at the USDA-ARS Northern Plains Agricultural Research Laboratory (NPARL) in Sidney on Friday, March 9, when ARS Research Ecologist Natalie West will discuss "Effective Use of Biocontrol for Rangeland Weeds: An Overview and Update."

"Weed biocontrol is an important asset in the management toolbox, and particularly effective when integrated with other tools," West says. "In my talk I will discuss limits to biocontrol success in the field, and how integrated strategies can improve weed control. Additionally, I will discuss the research questions and ecological knowledge gaps that are driving new biological control research in Sidney."

Her presentation will be held from noon to 1 pm in the Tech Transfer Room at the Sidney ARS lab, located at 1500 N. Central Avenue.

Dr. West holds a doctorate in Biological Sciences (Ecology) from the University of Nebraska-Lincoln, a master's degree in Plant Biology from Southern Illinois University-Carbondale and a bachelor's degree in Biology from Wartburg College in Waverly, IA. Prior to joining the Sidney ARS lab, she was a postdoctoral ecologist with USDA-ARS in Urbana, IL, researching invasion risks and management of perennial crops introduced for biomass production. Her graduate work examined plant-insect interactions in native thistles and the ecology of exotic species in forest-opening communities.

West's current research focuses on: quantifying the long term outcomes of leafy spurge biological control in the northern Great Plains; improving revegetation and weed management after energy development, and evaluating demographic impacts of herbivores and habitat interactions to optimize effective biocontrol of whitetop/hoary cress and Russian olive.

NPARL invites all interested persons to join us for this very informative presentation at noon this Friday, March 9. Bring your lunch. We'll provide the dessert!

West's talk will be followed up on March 23rd with a related BrownBagger presentation by Amanda Stahlke, a PhD Candidate and Research Assistant in the Bioinformatics and Computational Biology Program at the University of Idaho, who interned with West at NPARL last summer. Stahlke will discuss their ongoing research on whether the most effective target for biocontrol of a weed might change in different environments.

For questions or more information on Sidney ARS' 2018 BrownBagger Series, contact Beth Redlin at 406-433-9427 or beth.redlin@ars. usda.gov.

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County Agent Update

By Danielle Steinhoff

Planning for Spring Grazing

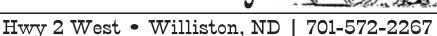
As we start the third month of 2018, ranchers have a lot on their minds. For many, March and April are their calving seasons, starting some of their busiest weeks. As exciting and tiring calving season can be, we have to think about spring. As we all know, 2017 was one of the driest years on record for most of North Dakota, so many are wondering what 2018 will be like. Some people might not like the little snow we have received, but for those that work in agriculture, we want so much more. With little snowfall during the past few months, we are all hoping for more moisture in March, April and May. Every year and this year especially, it is never too early to start thinking about your grazing options. With the low moisture going into the winter months, our cool season grasses which are the first to come up in the spring, might be in a bit of trouble. Postponing your release of cattle could save a pasture from significant damages.

Utilizing all possible pasture to create a rotational grazing system is the best option, as season long grazing allows cattle to overgraze the plants they desire. Cattle will always eat the grasses they desire first, leaving the undesirable plants to reproduce at higher rates. Research from Dr. Kevin Sedivec, NDSU Rangeland Specialist, shows that you can get cattle to eat buck brush and even wormwood. Some operations have fenced in land but no water resource, The State Water Commission has money available to help drill wells or lay pipe to add water to resources to land that could be used. We may think that we have quite some time to figure out our pasture situation, but spring will be here before we know it.

Calving Supplies from Williston Saddlery

- Colostrx Colostrum
- Colostrum Bolus
- **Nursing Bottles**
- Fluid Feeders
- Orphan No More Powder
- Kick Start Electrolytes
- Purina Milk Replaces: All Milk • No Fillers
- Calf Puller
- Ivermetin Pour On
- DectoMax Pour On
- Calf Sleds
- Z Tags
- Y Tex Tags
- OB Gloves & Straps





Energy Roundup

Sidney Schools Wed., March 7: Chicken taco salad, mandarin oranges.

Thurs., March 8: Hot dog, french fries, banana, gelatin. Fri., March 9: Pizza round, tossed salad, pears.

won., warch 12: Super na-

Tues.. March 13: Biscuits and gravy, hash browns, orange

iuice. Wed., March 14: Chicken alfredo over pasta, steamed broccoli, apple.

Savage School Thurs., March 8: Chicken

wings, fries. Fri., March 9: Pizza, salad, carrots, apricots, Mon., March 12: Sloppy joes,

Tues., March 13: Chicken alfredo and broccoli/peas. Wed., March 14: Nachos,

refried beans, vegetables. Rau School Thurs., March 8: Sausage links, french toast, eggs, ap-

plesauce

Fri., March 9: Grilled cheese, tomato soup, melon. Mon., March 12: Chicken drumsticks, mashed potatoes and gravy, corn, pineapple. Tues., March 13: Quesadilla. rice, salad, mixed berries. Wed., March 14: Hot dog, macaroni and cheese, carrots

and celery, pears. Froid School Thurs., March 8: No school. Fri., March 9: No school. Mon., March 12: Breakfast burritos, hash brown patties,

fruit. milk. Tues., March 13: Chicken pot pie, cheese sticks, fruit, milk. Wed., March 14: Roast turkey, mashed potatoes and gravy, veggies, buns, dessert, fruit, milk.

Bainville School Thurs., March 8: Meatloaf, baby bakers, green beans,

melons. Fri., March 9: Fish sandwich, tater tots, apples. Mon., March 12: Taco in a

bag, smiles, french fries, corn, chocolate and strawberry ice strawberries. cream. Tues., March 13: Slush burg-

ers, tater tots, green beans,

Wed., March 14: Chicken and dumplings, carrots, pears. Richey School

Thurs., March 8: Goulash, garlic toast, fruit cocktail, peas. milk. Fri., March 9: Biscuits and

gravy, scrambled eggs, hash

browns, peaches, milk.

Mon., March 12: Super potato oles, fresh veggies, pineapple, milk.

Tues., March 13: Pork rib sandwich, baked beans, pears, milk.

Wed., March 14: Chicken chos, tater tots, mandarin beans, mandarin oranges,

> **Culbertson School** Thurs., March 8: Egg rolls,

chinese rice, fruit, milk. Fri., March 9: Hot dog, chips, fruit, milk. Mon., March 12: Raviolis.

dinner roll, fruit, milk. Tues., March 13: Hamburger, fries, fruit, milk.

Wed., March 14: Grilled cheese, tomato soup, fruit,

Lambert School

Thurs., March 8: Lasagna, garlic bread, peas, fruit, milk. Fri., March 9: Chicken patties, mashed potatoes and gravy, corn fruit, milk. Mon., March 12: Tater tot hot-

dish, salad, buns, fruit, milk. Tues., March 13: Taco, fresh veggies, fruit, milk. Wed., March 14: Hamburg-

ers, tots, fruit, milk.

Fairview School Thurs., March 8: Pepperoni calzones, salad with ranch, fruit, dessert, milk. Fri., March 9: No school.

Mon., March 12: Chicken quesadillas, spanish rice, broccoli, fruit, milk.

Tues., March 13: Chef salad, carrots, fruit, breadstick, milk. Wed., March 14: Tater tot hotdish, green beans fruit, roll, milk.

Watford City School
Thurs., March 8: Pork chop with gravy, buttered noodles, green beans, pears.

Fri., March 9: Grilled cheese sandwich, tomato soup, crackers, peaches.

Mon., March 12: Corn dog, smiley potatoes, corn, pears. Tues., March 13: Hamburger in gravy over rice, peas, roll, fresh fruit.

Wed., March 14: Hot ham and cheese croissant, baked lays,

<u>Alexander School</u> Thurs., March 8: Wing and rings, baked beans.

Fri.. March 9: Tuna melt or grilled cheese, tomato soup. Mon., March 12: Pizza burger, crisscuts. Tues., March 13: Salisbury

steak, mashed potato, corn, bread. Wed., March 14: Pork fritter or fish wedge, macaroni and cheese

ONEOK To Invest \$2.3 Billion For Additional NGL And Natural Gas Infrastructure

TULSA, Okla., Feb. 21, 2018 /PRNewswire/ -- ONEOK, Inc. (NYSE: OKE) today announced plans to invest approximately \$2.3 billion between now and 2020 to

· A new 400,000-barrel per day (bpd) natural gas liquids (NGL) pipeline - the Arbuckle II Pipeline - that will create additional NGL transportation capacity between ONEOK's extensive Mid-Continent infrastructure in Oklahoma and the company's existing NGL facilities in Mont Belvieu, Texas;

· A new 125,000 bpd NGL fractionator - MB-4 - in Mont Belvieu, Texas, and related infrastructure; and

· A new 200-million cubic feet per day (MMcf/d) natural gas processing facility - the Demicks Lake plant and related infrastructure - in the Williston Basin.

"With more than \$4 billion of announced capital-growth projects

SERVICE

since June 2017, we continue to build off of our significant asset footprint," said Terry K. Spencer, ONEOK president and chief executive officer.

"The Arbuckle II Pipeline and MB-4 fractionator will help meet the needs of NGL producers in all of the basins where we operate, including the STACK and SCOOP areas and the Denver-Julesburg, Powder River, Williston and Permian basins," said Spencer. "These strategic projects complement our recently announced Elk Creek pipeline, increasing ONEOK's ability to deliver NGLs from the Rocky Mountain region to growing

markets in the Gulf Coast. "The Demicks Lake plant will provide critical natural gas processing capacity to accommodate increasing Williston Basin production, helping producers meet natural gas capture targets

in North Dakota," added Spencer. These projects are expected to generate adjusted earnings before interest, taxes, depreciation and amortization (adjusted EBIT-DA) multiples of four to six times. Following ONEOK's recently completed equity issuances totaling approximately \$1.6 billion, project funding is expected to come from cash generated from operations and short- and long-term borrowings. ONEOK does not expect to issue additional equity in 2018 and well into 2019.

Arbuckle II Pipeline and

The approximately 530-mile, 24- and 30-inch diameter Arbuckle Il Pipeline is expected to cost approximately \$1.36 billion and will have an initial capacity to transport up to 400,000 bpd of unfractionated NGLs originating across ONEOK's supply basins and extensive NGL gathering system to the company's storage and fractionation facilities at Mont Belvieu. The Arbuckle II Pipeline is expected to be completed in the first quarter 2020. The pipeline will have the capability to be expanded up to 1 million bpd with additional pump facilities, which could more than double ONEOK's current capacity between the Mid-Continent and Gulf Coast.

The new MB-4 fractionator and related infrastructure, which includes additional NGL storage capacity in Mont Belvieu, are expected to cost approximately \$575 million and be completed in the first quarter 2020. ONEOK's total NGL fractionation capacity will

increase to 965,000 bpd following the completion of MB-4. The initial capacity of the

Arbuckle II Pipeline is more than 50 percent contracted, and MB-4 is fully contracted. Both are anchored by long-term contracts with terms ranging between 10 to 20 years. Adjusted EBITDA multiples for these projects are based only from these commitments but additional supply agreements continue to be negotiated.

Demicks Lake plant and related infrastructure:

The Demicks Lake natural gas processing plant and related field infrastructure are expected to cost a total of approximately \$400 million and be completed during the fourth quarter 2019. The Demicks Lake plant will be built in McKenzie County, North Dakota, which is in the core area of the Williston Basin. The plant is supported by acreage dedications with primarily fee-based contracts.

The Demicks Lake plant is expected to contribute additional NGL volumes to ONEOK's NGL gathering system and natural gas volumes to ONEOK's 50 percent-owned Northern Border Pipeline.

ONEOK's Williston Basin natural gas processing capacity will increase to more than 1.2 billion cubic feet per day following the completion of the Demicks Lake plant.

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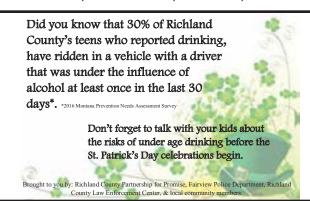
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2018 McKenzie County Spelling Bee Results



First grade McKenzie County spelling bee winners (L-R) Londyn Devlin, Watford City, first place; Shaun Sax, JCCA, second place; Arianna Hodges, East Fairview and Trytin Helfrich, Watford City, tied for third place.



Third grade McKenzie County spelling bee winners (L-R) Kayde Stull, Watford City, first place; Drew Walters, Watford City, second place and Kayla Rome, Alexander, third place.

McKenzie County conducted it's annual spelling bee under the direction of Carol Kieson, McKenzie County

Supt. of Schools. The competition was held Wednesday, February 21 at Alexander Public School, hosted by Superintendent Leslie Bieber and her staff. The 2018 State Spelling Bee will be held in Bismarck March 26 at the Ramkota Inn. The North Dakota Masonic Foundation, The North Dakota Association of County Superintendents, and the North Dakota Newspaper Association co-sponsor the State Spelling Bee. The State Bee is affiliated with the National Spelling Bee which will be held in Washington, DC, May 27- June 1 and to which the co-sponsors will send the state winner.

Each county is allowed two entries in the state competition. All contestants compete in a written round of 50 words and a multiple choice vocabulary section from which the finalists are chosen. The finalists compete on an equal basis in an oral spelldown with first, second and third place winners being chosen.

Counties adopt plans for their own competitions. McKenzie County's Grades 1-5 take a written test of 25 words. Grades 6, 7 & 8 follow the national rules and are given a test of 50 written words. The top 3 spellers from the 6th, 7th and 8th grades compete in the oral spelldown.

The top three spellers in grades 6, 7 & 8 advance to the oral finals. Those nine participants draw for position in the oral spell down. Each speller then spells five words in each round. The top two spellers will advance to the state competition, with 3rd place being the alternate. Sumaiyah and Ashley both have experience at the ND State Spelling Bee, so McKenzie County is in a position to see these 2 students have a very successful Bee.

2308 W Front St.



Second grade McKenzie County spelling bee winners (L-R) Haven Thompson, Watford City, third place; Skye Cutshall, JCCA, second place; Annabelle Bohn, Watford City and Jones Book, Alexander tied for first place.



Fourth grade McKenzie County spelling bee winners (L-R) Harley Wright, Watford City, first place; Kahlan Alyadumi, Watford City, second place and Macy Tjelde, East Fairview, third place.



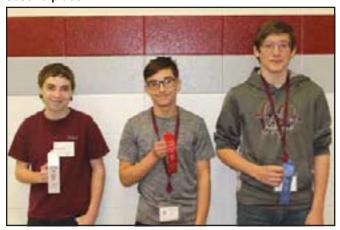
Fifth grade McKenzie County spelling bee winners (L-R) Sawyer Rafferty, Watford City, first place; Elijah Katt, Watford City, second place and Emma Carlson, Watford City, third place.



Sixth grade McKenzie County spelling bee winners (L-R) Kree Hartel, Watford City, second place; Akira Hogue, Watford City, third place and Kayla Sullivan, Watford City, first place.



Seventh grade McKenzie County spelling bee winners (L-R) Hayden LaDue, Alexander, third place; Ofeisha McCall, Watford City, first place and Serenity Voisin, Watford City, second place.



Eighth grade McKenzie County spelling bee winners (L-R) Rory Cozzens, East Fairview, third place; Alex Reeves, Watford City, second place and Evander Long, Watford City, first place.



After four rounds of oral finals, the overall winners were (L to R) Evander Long, first place, Kayla Sullivan, second place and Kree Hartel, third place.







Sat: 9am - 4pm

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