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Wednesday, June 10, 2020

Volume 46 • Number 18

Savage Hall Board Appreciates Community Support

Submitted by Leslie Messer
Executive Director,
Richland Economic
Development Corp

A lot has changed in one year, and the Savage Hall Board cannot thank the community enough for the support to turn things around.

A great deal of time has been spent on making much needed changes. All of the existing tables and chairs have been replaced with uniform, durable updated ones. This was accomplished by a very generous donation from the Savage "Breezy Flats" Museum.

With a generous donation from Stockman Bank, both exterior doors and mechanics were replaced.

The walls were patched by Pat Hamburg, and then all interior walls were painted by Rosie Lafrenier and Russell Sharbono. That really spruced things up. An updated range was donated by Pat and Dee Hamburg to improve the functionality of the kitchen. Prairie Electric replaced all existing lighting with LED, which brightened things up immensely.

In an effort to keep our users safe, the board decided to move all of the 35 tables and 256 chairs out of the facility so that there is ample room in the event of an emergency. To do this, the board is in the process of purchasing an enclosed trailer to store them in. We have almost reached our goal to complete the sale,

however; sadly we have been denied funding from grant sources, so we must push on. Many thanks to MDU Resources Foundation and the community contributions on this project!

As the 2020 Savage Board gave Garth Kallevig, President of Stockman Bank, a tour of the facility, he was impressed by the efforts and accomplishments. "I want to thank each and every one of you for what you're doing here. It's groups like this that keep these small communities alive."

So once again, thank you for all of the support and assistance to make the improvements to our Savage Community Hall. We absolutely could not have done it without you!



Savage Hall Board members L – R: Shannon Miller, Dee Hamburg, Pat Hamburg, Kola Miller, Luella Schow, Leslie Messer, Garth Kallevig of Stockman Bank, and Jim Messer. Not pictured, Ron Etzel. (Submitted photo)

Doggie Dash June 14th, Sidney



On June 14 the Doggie Dash will take place starting and finishing at the South Paw Dog Park in South Meadow, Sidney. The Aloha themed race will start at 2 pm, check in begins at 1 pm.

Registration costs are \$10 per dog, \$25 per child and \$35 per adult. Participants will each receive a t-shirt and the dogs will receive bandannas. All dogs must be properly licensed, healthy and vaccinated. Proof must be presented for each dog at check in.

Proceeds will go towards improvements to the South Paw Dog Park. There is also a memorial brick fundraiser available. Bricks can be purchased for \$50 to be placed in a permanent dog memorial.

For more information visit the South Paw Dog Park Facebook page.

Richland County Fair & Rodeo 100 Years Strong

Submitted by Jamie Larson, Manager
Richland County Fair & Rodeo

The Richland County Fair & Rodeo is doing everything it can to be able to hold the fair and rodeo in 2020 despite COVID-19. As of June 3, the fair, rodeo, and all events are scheduled to go ahead, but continual monitoring of events and reevaluation of conditions could result in changes in the future.

The fair is keeping up to date with the Governor's restrictions and guidance from the Richland County Health Department.

Even with our best efforts, we cannot guarantee absolute safety. Each person or guardian of persons must make an individual decision about the risk they assume by attending the fair and rodeo. Persons identified by health officials as having a high risk of contracting corona virus disease or suffering serious effects of the disease (such as persons with respiratory diseases or conditions, the elderly, and many others) should not attend.

Some of the precautions the fair is taking include:

- Working with Richland County Health Department
- Working with entertainers, the carnival, exhibitors, vendors, 4-H leaders, and others to comply with safety directives and guidance
- Identifying high-touch surfaces
- Sanitizing surfaces and areas
- Establishing social distancing plans
- Limitation of general admission tickets for seated events to enable distancing in seating

• Providing hand sanitizers at the entrances and at many locations on the fairgrounds including entrances to buildings and barns, in the carnival area, and in the food court area

• Posting numerous conspicuous reminders of safety practices recommended by the Richland County Health Department such as washing or sanitizing hands after touching a surface, eating, or using a restroom; and not touching faces

This is the Centennial year of the Richland County Fair & Rodeo. For 100 years it has had tremendous importance to many people because of its many different components. We are doing all we can to maintain this valuable tradition while making it as safe as reasonably possible.

Richland County Commissioners: Duane Mitchell, Shane Gorder, Loren Young

Richland County Fair Board: Verlin Steppler, Chris Hillesland, Tami Christensen, Bob Albin, Jeff Madsen
Fair Manager: Jamie Larson

McKenzie County 4-H Continues Virtually Due To COVID-19, Virtual Sale June 19

By Anna Dragseth

In the midst of the Coronavirus pandemic, staying active as an organization is difficult, but the McKenzie County Extension Office has implemented ways to keep the 4-H fair time experience alive. By implementing a virtual 4-H market animal sale and hoping for a 4-H Achievement Day at a later date, the McKenzie County Extension staff believe this will help provide a fun 4-H experience for 4-H members while still following CDC guidelines.

Due to the 2020 McKenzie County Fair being canceled, there will be a virtual sale of the 4-H market animals on Friday, June 19. Devan Leo, McKenzie County Agriculture, and Natural Resources Extension Agent

said, "There has been a lot of bustle around the livestock sale and decisions to make it all come together. On Wednesday, May 13, we had a short meeting with the 4-H Livestock Committee to discuss the finite details, and we concluded that the livestock sale would be conducted virtually; this format will be run through an online auctioneer platform provided by Rex Korslein. There will be no livestock weigh-ins due to the amount of work and coordination it will take for all parties involved, due to the COVID-19 restrictions."

Leo explained that if the McKenzie County 4-H group were to have a weigh-in, they would have to have it scheduled through many days and have only one family through at a time. "After each family, we would've then had to disinfect every touched surface and rotate individuals out to limit their exposure to so many people throughout the scheduled days. Our committee decided against doing a weigh-in and will sell livestock by the head rather than by the pound," said Leo.

In addition to a virtual 4-H livestock sale, showmanship

Brylee and Myah Jenks, members of Banks Willing Workers 4-H Club, with their goats. (Submitted photo)



and project completion will also be conducted virtually. There will be a McKenzie County 4-H Project Expo/Communication Arts Event via video submission.

This year the McKenzie County 4-H is hoping to schedule a 4-H Achievement Day, but the possibility of having this event will be dependent on how things progress with CDC regulations and COVID-19. Marcia Hellandsaas, McKenzie County Family and Community Wellness Extension Agent, said, "For Static Exhibits, we will hope to have a 4-H Achievement Day in August. If our directives stay as they are, this will not be possible. So, we are really in a wait and see mode right now. We are quite restricted as to our contact with the public at this point."

While 4-H meetings and group activities are canceled, 4-H members can still receive hands-on, educational activities, including the latest 4-H at Home Activity Guide and 4-H curriculum to help inspire members to do, learn, and grow, by visiting the www.4-h.org/about/4-h-at-home.

2020 Froid Farm Tour To Be Moved Online, Sidney Tour Cancelled

By Beth Redlin

As is true for so many similar events, the annual Froid Research Farm Field Day typically scheduled for late June has been converted from an on-the-ground event to a new virtual tour due to the ongoing COVID-19 pandemic. Scientists and staff with the USDA-ARS Northern Plains Agricultural Research Laboratory in Sidney made the announcement Monday. In addition, the joint Sidney Dryland Field Day with Sidney ARS and Montana State University's Eastern Ag Research Center (EARC), also held in June, has been cancelled for this year and will return as an every other year event in 2021, according to officials from both research facilities.

This year's virtual tour of the Froid Farm will incorporate short presentations, brochures and/or fact sheets on ongoing ARS research at farm, owned by the Sheridan and Roosevelt Conservation Districts, as well as additional research at other ARS sites. Those include research at the Sidney ARS dryland farm, north of Sidney and irrigated research conducted on land provided thanks to EARC in Sidney and at Nesson Valley in North Dakota in conjunction with North Dakota State University's Williston Research and Extension Center. Also included will be research information from Sidney ARS' Pest Management Research Unit whose weed and insect pest studies are conducted across the MonDak and several western states.

"A virtual tour allows us to feature more varied research, which is good, but doesn't allow producers to see that re-

search in person, which is not so good," Sidney Agricultural Systems Research Leader Bart Stevens noted, when announcing the change in plans. "It also doesn't allow anyone to take part in the wonderful steak dinner normally sponsored by the districts at the end of the tour. However, we do hope to provide opportunities for producers to qualify for pesticide points via virtual live webinars on pertinent topics."

The virtual research presentations will all be posted to the Internet on Thursday, June 25, the normally scheduled tour day. In addition to the research offerings, the virtual tour will also incorporate at least two, hour long, live webinars over the remainder of the month on weed identification and herbicide resistant weed management that will allow local producers to still collect pesticide points.

The live webinars are planned for successive Thursdays (except the week of July 4) to accommodate the busy summer growing season. Times and dates will be announced shortly as plans are finalized. Recordings of each session will also be posted to the web for those unable to participate in the live sessions. However, no pesticide points can be earned for watching the recordings, only the live sessions, Stevens noted.

Details for accessing the live webinars will be made available soon. Watch this newspaper or our website (<https://www.ars.usda.gov/plains-area/sidney-mt/northern-plains-agricultural-research-laboratory/>) for more information, or contact Beth Redlin by phone at 406 433 2020 or email beth.redlin@usda.gov.

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I look forward to continuing
 our fight for freedom.

Steve Hinebauch for SD 18

Paid for by Steve Hinebauch for SD 18
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STATISTICS

LAKE WATER LEVEL REPORT
 Sakakawea

Current Elevation.....1840.7
 Last Week's Elev.1840.7
 One Year Ago1847.7
 Release For Day (C.F.S.)28,000

SIDNEY WEATHER DATA

Source: MSU Eastern Agricultural Research Center

Date	High	Low	Precip.
June 1	82	57	0.00
June 2	79	52	0.00
June 3	81	46	0.00
June 4	74	41	0.00
June 5	76	40	0.00
June 6	76	63	0.00
June 7	79	58	0.00
Total 2020 YTD Precipitation			2.272

OBITUARIES

William "Bill" Ted Hamburg, 69, Savage, MT

Memorial services for William "Bill" Hamburg, 69, Savage, MT is at 2 p.m., Thursday, June 11, 2020 at First Lutheran Church, Savage, MT with Pastor Tim Tharp officiating. Internment will be in Riverview Cemetery, Savage, MT under the care of Fulkerson-Stevenson Funeral Home, Sidney, MT.

Remembrances condolences and pictures may be shared with the family at www.fulkersons.com.

William "Bill" passed away at home with his family at his side, Wednesday, April 15, 2020 after a short battle with cancer.

Red Cross Blood Drive June 16, Sidney

A Red Cross Blood Drive will be held on Tuesday, June 16, from 12 to 6 p.m. at St. Matthew's Parish Center, 310 7th Street SE, Sidney. Advance appointments are strongly recommended. To make an appointment, call the American Red Cross at 406-868-0911 or 1-800-733-2767 or visit redcrossblood.org. Give blood - Help save lives!

29th Annual Free Will Firemen's Annual Breakfast Postponed, Sidney

Due to the COVID-19 pandemic and with public safety being a priority the Sidney Firemen's Annual Breakfast has been postponed until May 2021.

The Sidney Fire Department is in a financially stable position and is requesting instead of making contributions to Sidney Volunteer Fire Department or Sidney Fire Foundation, you consider contributing to other local non-profit organizations that have been impacted by the COVID-19 pandemic or consider shopping locally to share the incredible support you have show us with others.

Montana FSA: USDA Reminds Montana Producers To Complete Crop Acreage Reports

Submitted by Tammy Lyseng
 Bozeman, MT - May 11 - USDA's Farm Service Agency (FSA) offices in Montana are currently open to phone and virtual appointments only; but can still work with producers on timely filing crop acreage reports. FSA staff can provide assistance over the phone, by email and through virtual meetings via a software program called Microsoft Teams.

The deadline for acreage certification is July 15, 2020, and applies to crops such as spring alfalfa seed, CRP, perennial forage not covered by the Noninsured Crop Disaster Assistance Program, annually spring seeded crops, and any other crop not reported by a previous deadline.

"In order to comply with FSA program eligibility requirements, all producers must file an accurate crop acreage report by the applicable deadline," said State Executive Director Mike Foster. "Our FSA staff is still able to assist producers in completing acreage reports, including providing maps."

Certification plans may vary by office, so customers can assist FSA by:

- Paying close attention to email or mail from their county FSA office that outlines the process put in place for 2020 spring certification in their office and following the requested steps; and
- Keeping good records of what is planted, where and when it is planted, and ensuring that information is accurately reported on the maps and provided to FSA as soon as possible following the completion of planting.

Producers are encouraged to work with their county office to arrange for completing the certification process using available options. Upon receipt of completed maps, FSA will make software updates and contact the producer to obtain signatures on the FSA-578 to complete the certification process by the July 15 deadline. Crops not certified by this date may be subject to late-filed fees.

The following exceptions apply to the July 15 acreage reporting date:

- If the crop has not been planted by the acreage reporting deadline, the acreage must be reported no later than 15 calendar days after planting is completed.
- If a producer acquires additional acreage after the acreage reporting date, the acreage must be reported no later than 30 calendar days after the purchase or acquiring the lease. Appropriate documentation to support the newly acquired land must be provided to the county office.
- Noninsured Crop Disaster Assistance Program (NAP) policy holders should note that the acreage reporting date for NAP covered crops is the earlier of July 15, 2020 or 15 calendar days before grazing or harvesting of the crop.

Reporting Prevent Plant Acres

Producers also must report crop acreage that they intended to plant, but due to natural disaster, were unable to plant. Prevent planted acreage must be reported on form CCC-576, Notice of Loss, no later than 15 calendar days after the final planting date as established by FSA and USDA's Risk Management Agency. If you have acreage that was prevented from being planted, please notify your county office and they can assist you in completing this form.

Reporting Organic Crops

Producers who selected the "organic" option on their NAP application must report the applicable crop as organic and provide a copy of their current organic plan and recent written certification in effect from a certifying agency. Please note that if you have applied for organic certification and do not receive it before the acreage reporting deadline, you may provide the necessary information to FSA immediately upon receipt.

For questions, please contact your local FSA office. To locate your local FSA office visit farmers.gov/service-center-locator.

USDA Service Centers are open for business by phone appointment only and field work will continue with appropriate social distancing. While our program delivery staff will continue to come into the office, they will be working with our producers by phone, and using online tools whenever possible. All Service Center visitors wishing to conduct business with the FSA, Natural Resources Conservation Service, or any other Service Center agency are required to call their Service Center to schedule a phone appointment. More information can be found at farmers.gov/coronavirus.

EVENTS
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RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone.
Kids Eat Free: Mon.-Fri. Last Day July 31
 8-9 a.m. - **Breakfast** - All kids welcome. 11:30 a.m.-12:30 p.m. - **Lunch** - BGC Lonsdale Center Clubhouse, 201 3rd Ave. SE. - 12-12:30 p.m. - **Lunch** - BGC Food Trailer, 415 S. Central behind Sidney Middle School.
Wed., June 10
 10 a.m.-4 p.m. - **The Montana's Women Veterans of World War One** - Through June 20. - **Picturing Paradise: Cuadros From The Peruvian Women of Pamplona Alta** - Through June 27. - **Synthesizing Icons: Composite Photographs by Larry Blackwood** - Through Aug. 29. Viewing is free and open to the public. MonDak Heritage Center, Sidney, 406-433-3500. Tuesday-Friday, 10 a.m.-4 p.m.; Saturdays, 1-4 p.m. For more information call 406-433-3500, e-mail mdhc@richland.org or visit <https://mondakheritagecenter.org/>.
Art Time With Miss Jess - Visit the MonDak Heritage Center YouTube Channel and view a series of Art Projects to do at home!
Sat., June 13
 5:30-7 p.m. - **Rummage Sale** - Sidney Moose Lodge. Open to the public.
Sundays, 3 p.m.; June 14, 21, 28 & Tuesdays, 6 p.m.; June 16, 23, 30
Open Shooting - Sidney Trap Club. Open to the public through Sept. 1. For more information call 406-480-5594.
Sun., June 14, 21, 28
 1 p.m. - **Bingo** - Sidney Moose Lodge.
Sun., June 14, 28
 9 a.m.-12 p.m. - **Breakfast** - Open to the public. Sidney Moose Lodge.
Tues., June 16
 12-1 p.m. - **Job Service Employers Committee Meeting (JSEC)** - Open to everyone. Reynolds Market conference room. Meetings every 3rd Tues. of the month. For more information call Margie 406-433-1204 ext. 204.
 12-6 p.m. - **Red Cross Blood Drive** - Advance appointments strongly recommended, call American Red Cross, 406-868-0911 or 1-800-733-2767 or visit redcrossblood.org. St. Matthew's Parish Center, 310 7th St. SE, Sidney, MT.
Sat., June 20
Open Studio Saturdays - All participants must make an appointment by calling 406-433-3500 or email mdhc@richland.org. Participants limited to 7 maximum at all times. Adults 18+ years old only and must wear a mask. Open Studio Saturdays are held the 1st and 3rd Saturday of each month. MonDak Heritage Center, 120 3rd Ave. SE.
Sun., June 21
 9 a.m.-12 p.m. - **Father's Day Breakfast** - Open to the public. Sidney Moose Lodge. Dad's eat free!
Sat., June 27
 10 a.m. - **Treasure Hunt** - For 0-10 year olds. Moose Park. Sponsored by Sidney Moose Lodge & Chapter.
Virtual 5K Run/Walk For Autism Awareness - Run anytime, anywhere! Register at www.emmaushouse.co. T-shirt with registration. Pick up your shirt at St. Matthew's Parish Center, June 26, 5-7 p.m.
Sat., July 11
 12 p.m. - **2nd Annual Classic Wheels Car Show** - Moose Park. Registration 9:30-11:30 a.m.; show opens 12 p.m.; award presentation, 3 p.m.; show closes 3 p.m. Admission \$5 person; 10 and under free. Concession courtesy of Girl Scouts. For more information call Larry Christensen, 406-489-0589.

McKENZIE COUNTY

Events in Watford City unless otherwise listed. CT Zone
Mon.-Fri. Last Day June 30
 11 a.m.-2 p.m. - **School Lunch** - Free meals for all kids 0-18. Intermediate School, Door 11, 100 3rd St. NE across from the playground, Watford City, ND.
Sat., June 13
 8-9:30 a.m. Session 1; 10-11:30 a.m. Session 2: **16th Annual Children's Fishing Derby** - For children 13 years and under. Kent Pelton Nature Park. Each child will receive a bag with several items and a fishing pole upon check in, and they can sign up for door prizes. Visit watfordcityparks.com to choose which session your family would like to participate in. Walk-ins welcome but there will be a cap of 85 kids per session. For more information contact Recreation Department, 701-842-3665.
Tues., June 16
 11:30 a.m.-1:30 p.m. - **McKenzie County Community Connection Open House** - Learn more about the community that they are a part of and connect with others. Pioneer Museum of McKenzie County, 100 2nd Ave. SW. RSVP via the Facebook event or to Calli, 701-770-1351.
Fri., June 19
 2 p.m. - **Virtual 4-H Livestock Sale** - Selling 53 steers, 18 hogs, 11 sheep, 6 goats, 6 market rabbits and 7 market poultry. All animals sold by the lot. Log into rkauctionco.com and click on "4-H Auction" tab to get registered to bid. Pictures and videos of market animal lots will be uploaded by June 12 for viewing prior to sale. For more information contact Rex Korslien, 701-580-5362, rkauctionco@gmail.com or McKenzie County Extension Office, 701-444-3451.
Sat., June 20
 11 a.m.-3 p.m. - **The Long X Trading Post Welcomes Summer** - Celebrating summer and summer activities. Watford City Lions Club \$5 burgers served at Centennial Park; visit Pioneer Museum of McKenzie County; Long X Bottle Shop, motorcross display and autographing and company vendors; learn about Long X Art Foundation activities available for summer. Corona virus social distancing recommendations honored at this event.
Sat., June 20-Sun., June 21
 7 a.m. - **Badlands 24 Hour Race/Run/Bike** - CCC Camp south of Watford City. Log as many miles as you desire on the Maah Daah Hey, Long X and Sunset Trails. Register at <https://www.bikesignup.com/Race/Registrar/?raceId=83736>.

WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone.
Sat., June 13
 8 a.m. - **Opportunity Foundation's Fifteenth Annual Darrell Schmidt Golf Tournament** - Eagle Ride Golf Course. Registration 8 a.m., clubhouse; tournament begins 9 a.m. To register your team, donate items or become a hole sponsor call 701-774-8593. Proceeds go towards needed expenses for people we support.
Thurs., June 18
 5-9 p.m. - **Summer Kick Off** - Free to attend, event capped at 250. Music from local artists, lawn games, 21+ drinks, kids activities, face painting, cotton candy, hot dogs, sidewalk chalk. Bring a lawn chair and hang out. Hand sanitizer provided and staff dedicated to wiping down lawn games. There will be an entrance to count guests. Outlaws Bar & Grill, 1319 9th Ave. NW, Williston, ND.



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Synthesizing Icons: Composite Photographs by Larry Blackwood

Opens at the MonDak Heritage Center

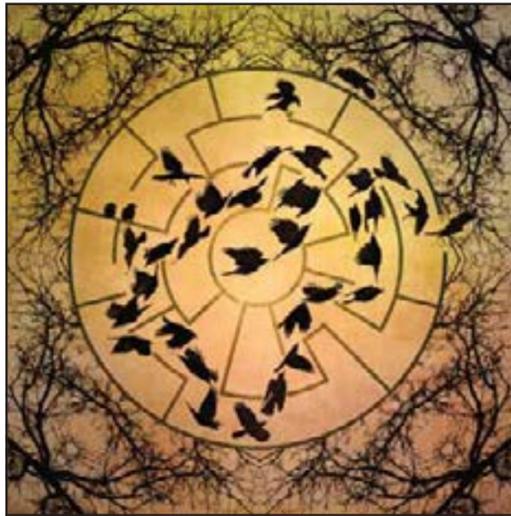
Submitted by Joe Bradley

The MonDak Heritage Center and MAGDA (Montana Art and Gallery Directors Association) are pleased to present Synthesizing Icons: Composite Photographs by Larry Blackwood. Please join us to view the innovative amalgamations by Larry Blackwood on display through August 29.

Blackwood, while practicing photography for 40 years, is mostly a self-taught artist. By transposing photographs, patterns, and imagery popular in the Western art scene, Blackwood is able to push the traditional boundaries of his medium and subject matter. Blackwood's new approach to animals of the Yellowstone/Glacier geography, such as crows, ravens, buffalo, and magpies, are fused with literary, cultural, and mythical icons to create a universe that, while calm and placid, can be simultaneously dystopian.

Synthesizing Icons will include 18 composite photographs by Blackwood. In this case, composite photographs are works of art where the artist takes original photographs and passes them through a computer program such as Photoshop. Within the program, by blending photographs, repeating images and other techniques, the artist fuses technical photographic prowess with computerized experimentation. In this case, Blackwood creates Surrealist tableaux that are ethereal, combined with a mysterious and leering narrative. Many of the works seem to capture a scene in the middle of the tale, portending an aberrant and unexpected conclusion.

In his interview with micro-magazine Under the Gum Tree, Blackwood details the random nature of his process, in that a single work can distill in little time, or other images will take weeks of tweeking: "I spend hours sometimes wandering around with a camera without getting any workable photographs. Other times interesting results occur on the spur of the moment. On the processing end of the effort, some images require very little work in the digital darkroom. Other images however take hours



The Secret Of The Rooky Wood

to perfect to my satisfaction. Recently I worked on a particular image off and on for several weeks and consulted a printing expert in regard to colors etc. before I was able to get a reasonable starting print. Even then I printed and tweaked the image 20 more times before finally getting it just the way I wanted."

Born and raised in Kansas, Blackwood has lived in Montana for over three decades. He worked as a Statistician for 30 years, all the while pursuing photography on the side, until 2007, when he decided to focus art alone. Blackwood has had major solo exhibitions in the West, including Wichita Art Museum; Museum of Idaho in Idaho Falls, ID; Viewpoint Photographic Center in Sacramento, CA; and at Montana State University and the Emerson Cultural Center for the Arts in Bozeman, MT. His work has been published in major fine art photography publications including Lenswork, B&W, Shots, Color, and the Best of Photography Annual. Awards in international photography competitions include the World Photography Awards and the B&W Spider Awards. Blackwood currently resides in Bozeman and has become a fixture in the local art scene while organizing several Bozeman Art Salons each year.

Synthesizing Icons is a MAGDA exhibit. The Montana Art Gallery Directors Association (MAGDA) was organized in 1972 through the cooperative efforts of

Montana's gallery directors. The purposes for which this corporation was formed are to encourage, develop, and accomplish the public exhibition of a diverse range of the visual arts by originating and/or touring exhibitions; to disseminate technical information regarding gallery and museum operations; to develop and support public interest in, and knowledge of, the cultural resources and heritage of the State of Montana; and to procure and provide financial support for the accomplishment and continuation of these purposes.

The MonDak Heritage Center is open Tuesday-Friday from 10 a.m.-4 p.m. and on Saturday from 1-4 p.m. Admission is free. For more information call 406-433-3500 or e-mail mdhc@richland.org. Visit us at www.themondak.org or on Facebook at [MonDakHeritageCenter](https://www.facebook.com/MonDakHeritageCenter).

Sidney Chamber Leadership Program

By Bill Vander Weele, Chamber executive director

Hanna Jepsen of Stockman Bank in Sidney is one of the many area residents who has reported a positive experience going through the Sidney Area Chamber of Commerce and Agriculture's leadership program.

Jepsen, who was part of the 2018-2019 class, said, "I was able to meet people from other businesses. I gained many good relationships and it was great networking for me."

She explained that a leadership class member from a different year asked Jepsen to consider becoming a leadership program member. "Then, Stockman Bank sponsored me for the program."

The leadership program features the Issue Days of agriculture, government, education, health and human services, energy, tourism and recreation and small business.

"I was able to learn things about different businesses that I didn't know about," Jepsen said. "We were able to be part of several tours."

Four stops included Sidney Sugars, LYREC, the city's sewer project and the Fairview Bridge.

She especially enjoyed the agriculture and government issue days. She is a graduate of Savage High School and Valley City State University. She has been employed at Stockman Bank in Sidney for three years.

The leadership skills that she learned through the program led her to the role as chair of the Chamber's agriculture committee. She is the representative for her class on the leadership task force.

The Chamber's leadership program is currently taking applications for the 2020-2021 year. Cost is \$200 for Chamber members. If interested or for more information, call 433-1916 or email director@sidneymt.com.



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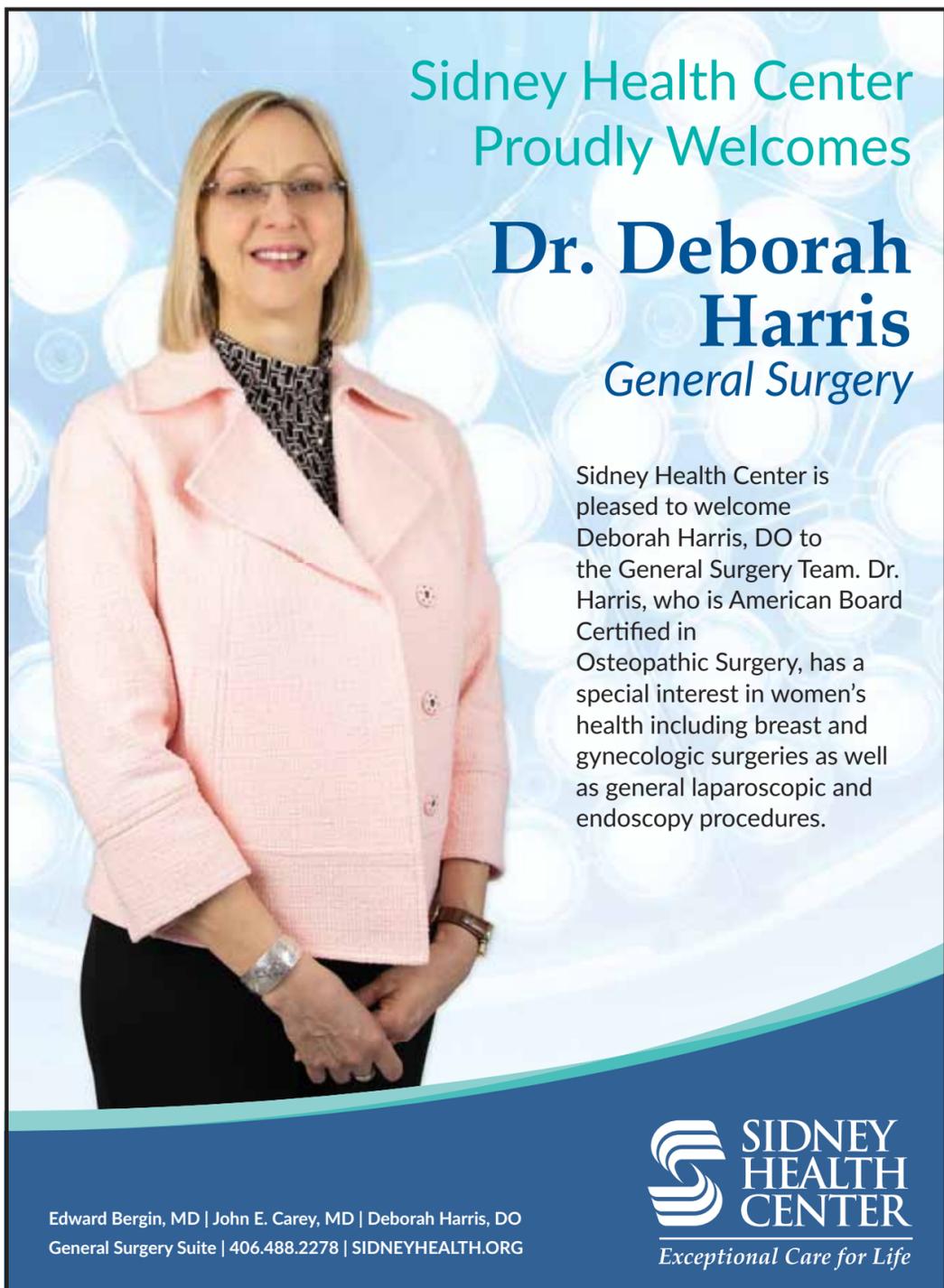
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116 3rd Ave. SW
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Sidney, MT 59270
Telephone: (406) 433-9770
Fax: (406) 433-9771
Email: rjlaw@midrivers.com
Attorneys for Personal Representative
MONTANA SEVENTH JUDICIAL DISTRICT COURT, RICHLAND COUNTY
PROBATE NO. DP-20-41
IN THE MATTER OF THE ESTATE OF SHIRLEY JOYCE BENIK, Deceased.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the above-named estate. All persons having claims against the said deceased are required to present their claims within four (4) months after the date of the first publication

of this notice or said claims will be forever barred.

Claims must either be mailed to Sandra Ann Diel, the Personal Representative, return receipt requested at The Savage Law Firm, PO Box 1105, Sidney, Montana 59270 or filed with the Clerk of the above-entitled Court. DATED this 19th day of May, 2020.

SANDRA ANN DIEL,
Personal Representative.

(Publish June 3, 10, 17, 2020.)

NOTICE

Robert J. Savage
THE SAVAGE LAW FIRM
116 3rd Ave. SW
PO Box 1105
Sidney, MT 59270
Telephone: (406) 433-9770
Fax: (406) 433-9771
Email: rjlaw@midrivers.com
Attorneys for Personal Representative
MONTANA SEVENTH JUDICIAL DISTRICT COURT, RICHLAND COUNTY
PROBATE NO. DP-20-42
IN THE MATTER OF THE ESTATE OF CHERI ELLEN FRIEDMAN, Deceased.

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the above-named estate. All persons having claims against the said deceased are required to present their claims within four (4) months after the date of the first publication of this notice or said claims will be forever barred.

Claims must either be mailed to Dr. Robert Friedman, the

Personal Representative, return receipt requested at The Savage Law Firm, PO Box 1105, Sidney, Montana 59270 or filed with the Clerk of the above-entitled Court. DATED this 19th day of May, 2020.

DR. ROBERT FRIEDMAN,
Personal Representative.

(Publish June 3, 10, 17, 2020.)

NOTICE

H. Malcolm Pippin (MT Bar ID #4554)
Pippin Law Firm
Professional Services Building
111 East Broadway
P. O. Box 1487
Williston, ND 58802-1487
(701)572-5544
malcolm@pippinlawfirm.com
MONTANA SEVENTH JUDICIAL DISTRICT COURT
COUNTY OF RICHLAND
IN THE MATTER OF THE ESTATE OF GEORGE S. DERRY, A/K/A GEORGE STEVEN DERRY, A/K/A GEORGE DERRY, DECEASED.
Probate No. DP-20-44

NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative of the above-named estate. All persons having claims against the said deceased are required to present their claims within four months after the date of the first publication of this notice or said claims will be forever barred.

Claims must be mailed to Kristin Violet Thompson, Personal Representative, at 5623 Border Ave., Williston, ND 58801 or filed with the Richland County Clerk of Court.

DATED this 1st day of June, 2020.

Kristin Violet Thompson,
Personal Representative.

(Publish June 3, 10, 17, 2020.)

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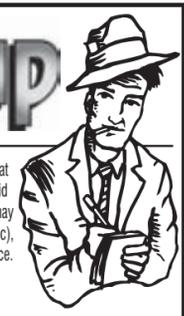


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McGlothlin Signs to DSU

Cooper McGlothlin has signed with Dickinson State University and will be playing football and basketball. Pictured is (L-R) Sidney High School football coach Roger Merritt, Cooper McGlothlin and Sidney High School basketball coach Chad Quilling. Photo submitted.

RMC Proudly Welcomes New Family Nurse Practitioner

By Jaimee Green

Last week, Roosevelt Medical Center proudly welcomed its' newest member to the medical team. Keri Foster, a family nurse practitioner, joined the staff as a mid-level provider who will work in collaboration with Dr. Helland and Zoe Fugere, FNP.

At the same time, staff at RMC said good-bye to Elizabeth Kleppen, a long-time physician's assistant, who recently resigned to be more involved in managing her family's farm.

"My fondest desire is to be integrated into the community and become a valuable part of it," Foster said. "I want to use my skills in a rural area because I prefer small-town life and recognize there is a great need for providers in rural and frontier areas," she added.

Foster will be providing well-child checkups and performing physicals and exams. She will also diagnose and treat common health problems such as infections and minor injuries, treat and monitor chronic diseases such as diabetes, heart disease, order labs and x-rays, and provide medication prescriptions. She is also a licensed DOT examiner, and Wound Care Certified.

Originally from Nebraska, she grew up on a ranch in a small community and prefers small-town life to living in urban areas.

Earlier in her career, Foster served in the U.S. Army as an officer and worked as a flight nurse during Operation Desert Storm. She has worked in a number of healthcare

systems in her years as a nurse. Most recently, she was employed at Harlan County Health System, a 12-bed critical access hospital in Alma, NE.

"I tend to get attached to my patients and I enjoy caring for people of every age throughout all stages of their lives," she said.

Foster has been a nurse since 1986 and received her Bachelor's Degree in Nursing from National American University and her Master's Degree from Chamberlain College of Nursing.

Foster has two grown children and three grandchildren. She moved to the

area with her fiancé, Jeff. He is a retired police officer and hunts with greyhounds which he raises.

"I am excited to be here

and look forward to meeting new people and caring for my community," she said.



Keri Foster (Submitted photo)

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Free Concert Held in Fairview

Alyson Schriver sings with the band Valley Cash during the free concert at Sharbono Park in Fairview on Sunday night. (Submitted photo)

High, Swift Water Conditions Create Risks For Recreationists

The tragic drowning of a Great Falls man who was swimming in Belt Creek near the Sluice Boxes area on Wednesday is a good reminder for swimmers, boaters, floaters and anglers to use caution in and near the water.

Water levels are higher and swifter in rivers throughout Montana due to spring runoff, and recreationists should be aware of extra risks that come with high flows. These conditions can change rapidly, creating new and hidden hazards for boaters. Water temperatures are also especially cold this time of year, which increases the risk of hypothermia.

Even if you're on shore, keep water safety and rescue equipment with you, including life jackets, flotation devices and throw ropes.

The Centers for Disease Control and Prevention states that "every day, about 10 people die from unintentional drowning. Of these, two are children aged 14 or younger. Drowning ranks fifth among the leading causes of unintentional injury death in the United States."

Here are some tips to keep you safe when you're on the water:

- Using the proper size and type of life jacket is crucial for all swimmers to be safe while recreating. To properly fit a life jacket,

- hold your arms straight up over your head and ask a friend to grasp the tops of the arm openings and gently pull up. Make sure there is no excess room above the openings and that the jacket does not ride up over your chin or face.

- Make sure an adult is constantly watching children swimming or playing in or around the water. Have children playing near water wear life jackets, as there may be steep drop-offs you are unaware of.

- Don't consider your children to be "drown-proof" because you enrolled them in swimming class. A child who falls into water unexpectedly may panic and forget learned swimming skills.

- Always swim with a buddy. Never swim alone or unsupervised.

- Know the local weather conditions and forecast

before swimming or boating. Strong winds and thunderstorms with lightning strikes are dangerous to swimmers and boaters.

- Don't use air-filled or foam toys, such as water-wings, noodles, or inner-tubes, in place of life jackets. These are toys and are not designed to keep a swimmer safe.

- When boating, children under 12 years of age must wear a U.S. Coast Guard-approved life jacket, but it is recommended that everyone on the boat wears a life jacket.

- Jumping from cliffs or bridges is dangerous because of shallow water, submerged rocks, trees, or other hazards. Never dive head-first into water.

- Never drink alcohol before or while swimming or boating. Never drink alcohol while supervising children.

Letter to the Editor

Thank you

I'd like to thank the folks of Richland County for their support in my campaign for House District 35. We had many people reach out with offers to help campaign, and to host yard signs, and many others with prayers and well wishes. I've spoken with the incumbent and he wished me well, and I wish him well in his other endeavors. I'm grateful for the opportunity to bring real Conservatism back to Helena and to represent the needs of Richland County. Thank you for your support.

Sincerely,
Brandon Ler



Tobacco Gardens Kite Festival

Kurt Giebler supplied kites to participants at the annual Kite Festival at Tobacco Gardens June 5-7. This year's event also included a candy drop, a candy cannon and kites for sale. Pictured is Giebler shooting the candy cannon.

Nutrition Tips to Support An Active Lifestyle

By Kelly Berndt, Healthworks Program Coordinator

When it comes to reaching weight loss or muscle gain goals, the first step in most people's plan is to address what they are doing from an exercise standpoint – sorting out what they can do to burn extra calories to lose a few pounds or what resistance training program they can follow to build muscle. Many people overlook the nutrition component of these goals, but the truth is that you can't out-train a bad diet. I often tell my clients that diet is at least 70% of the picture when it comes to reaching your fitness goals. Here are a few helpful nutrition tips to support your active lifestyle.

Fuel Your Goals

It is often helpful to change your perspective on not only what you eat, but more importantly why you eat in regards to your goals. Think of your diet as a means to fuel your activity. Try to limit eating out of boredom or just because something tastes good. Your body is a Ferrari, not a Pinto – fuel it accordingly.

Hydrate

Hydrating properly is an important piece of the puzzle for both weight loss and muscle gain. Performance experts recommend a daily intake of 1/2 to 1 ounce of water per pound of bodyweight. Being properly hydrated can help curb the urge to overeat and also helps support muscle recovery.

Protein and Carbs

Protein and carbs are easily the most discussed macronutrients in the fitness community. Getting your intake of these macros in check is an important step to getting the most out of your exercise regimen. Many recent diets call for low carb/high protein intake, but carbs remain an important nutrient for fueling your active lifestyle. Carbs are the primary fuel for your brain and can help you focus and provide energy during high intensity activities. Exactly how many carbs you require is determined by the type, duration, and intensity of your activity. Your carbohydrate intake should center on whole grain, minimally processed sources and you should aim for a minimum of

3 grams of fiber per serving. Protein builds muscle tissue and helps maintain and support your immune system. Aim to decrease saturated fat intake by choosing leaner cuts of meat that are grilled, not fried. You should try to consume 1/2 to 1 gram of protein per pound of bodyweight daily. Reaching this amount of daily protein is made easier through addition of a protein supplement, specifically a post-workout shake. Consuming a post-workout protein shake within 30 minutes of completing a workout not only helps you reach your daily protein limit, but also kick starts the muscle recovery process.

While an exercise regimen is an important part of your weight loss or muscle building goals – you can't out train a bad diet. Make sure you are getting the most out of your workout by hydrating and fueling properly.

For more information, check out the Richland County Nutrition Coalition Facebook page at www.facebook.com/1rcnc1, and the Pinterest page at www.pinterest.com/1rcnc1.

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Delta Air Lines Suspends Service To Williston Airport

Submitted by Barb Peterson

On June 3, the United States Department of Transportation (USDOT) finalized its decision to grant an exemption to Delta Air Lines' (Delta) service obligation under the CARES Act. Under the CARES Act, Delta was obligated to provide one flight per day, three days per week between XWA and MSP. The City of Williston (City) anticipates Delta's suspension of service will take place the first week of July.

Delta currently operates once daily service from the Williston Basin International Airport (XWA) to Minneapolis, MN (MSP). The USDOT's waiver will allow Delta to suspend service on this route until September 30, 2020. At that time, CARES Act funding will cease to air carriers and they will no longer be obligated to provide air service to any airport in the United States.

The City received notification of Delta's request on May 22, 2020. The City submitted a formal objection to this notification on May 28, 2020. Letters of support for the City's position were also provided by Senator Hoeven, Senator Cramer, Congressman Armstrong, Governor Burgum, and North Dakota Petroleum Council President Ron Ness.

The USDOT provided the following response to the City's objection:

The Department recognizes the importance of air service to North Dakota and to the energy sector. However, we do not find a basis in the comments to modify our tentative findings with regards to XWA. The CARES Act requires the Department to balance the needs of communities to maintain at least minimal connections to the national air transportation system with the needs of carriers to conserve resources prior to the expiration of the Service Obligations. XWA will continue to be served by United, which is currently providing service in excess of its minimum service obligations at XWA. This decision does not prevent Delta, or any other carrier, from providing

service to XWA as conditions improve and demand returns.

The City will continue to work with Delta and United Airlines to ensure important regional economic factors are communicated with their planning and scheduling staff in order to make timely decisions on changes in air service for our community

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Golden Roundup

Lumberjacking With The Neighbors

By Lois Stephens

My husband loves to spend time in the woods. He'll travel several miles to reach our BLM 'big timber' country, where he enjoys the scenery, the hushed solitude of the forest, and the search for firewood. Logging puts him in a good mood as well, whether he fells standing dead trees or cuts up dead-fall. He enjoys chopping trees into manageable pieces, loading the chunks on the pickup, and hauling them home for future winter use. When he takes a cruise in the side-by-side, he always carries a chainsaw, gas, oil, and assorted tools with him on the off chance that he will discover a suitable tree for turning into firewood. He regularly returns from these little excursions with the side-by-side loaded to the maximum with blocks of firewood ready for splitting and stacking.

The neighbors also have a wood stove, but they don't use theirs for primary heat as we do. Before this winter they spent very little time here during the cold winter months, so they thought our large supply of firewood was overkill. However, this winter they were here for several weeks in southwestern Montana during the frigid late winter months and they rapidly realized how quickly wood can disappear on a cold February day.

So, this spring they wanted to go on a wood cutting adventure with us. We chose a day in early April for our little trip, and since we wanted the neigh-

bors to enjoy the outing my husband went on a scouting expedition the day before. He found several excellent trees, felled one of them right beside a tree that already lay on the ground just waiting to be chosen for firewood, and limbed the tree he had fallen in preparation for the lumberjacking event. He came home well satisfied with himself.

The scheduled day dawned gray and chilly. The forecast predicted showers, so we consulted with the neighbors to see if they wanted to postpone the trip. We all agreed a few clouds ought not to deter us, so we packed assorted snacks, water, and the logging equipment into two vehicles, so we would have more cargo room to bring home the fruits of our labor, and set out for forest country.

We had a pleasurable drive in spite of the overcast skies. We reached the spot where my husband had felled the tree, we climbed out of the vehicles, collected our saws, and allowed our neighbor to spray us with bug repellent even though I didn't see any sign of bugs as yet. As she pointed out, mosquitoes can come from out of the blue and it is best to be prepared. I didn't see much blue while glancing at the dreary cloud cover, but she had a point. Bugs can attack with no notice. We enjoyed the solitude for a few minutes and exclaimed how much snow still lay on the ground at that elevation.

About that time, it began to drizzle. Oh well, what is a little moisture in the

scheme of things, especially since I had brought along my raincoat and could keep most of the dampness away. The others had assorted jackets, so we happily began to work.

Before we had made ten cuts into one of the logs, the drizzle turned into light rain, then moments later the rain changed into sleet, and a few minutes later the sleet turned to heavy wet snow. The men worked quickly to cut the log into chunks, and we ladies loaded the chunks into the backs of the two vehicles.

The snow fell heavier and began to accumulate on the rutted, gravel road. Because we were in a thick stand of trees up in the mountains, we experienced true Alpine snow, with no wind and the huge heavy flakes falling straight down to the ground an onto us. Of

course, this meant a lot of snow landed, melted, then slid down the necks and backs of the two men, who did not have hoods on their jackets. Those of us who had dressed properly had to listen to the complaints of those who had not as the icy water penetrated their shirts and drawers.

Wimps that we are, we finally decided to sit in our respective vehicles for a few minutes to see if the snow would abate. A rest in the vehicles also allowed us to warm up our fingers and hopefully partially thaw out other parts of our bodies. A few minutes of waiting in the trucks turned into twenty minutes, and the snow kept falling. The gravel road turned white with a thick coating of heavy, slushy spring snow. We held a quick conference and all agreed that no way would we leave

behind the large log still waiting to be cut up. We piled out of the vehicles, and set to work, rapidly completing our woodcutting project.

By the time we loaded the last slab of wood into the truck, packed all the gear and were ready to head home, we were all soaked. I could still smell the bug spray my neighbor had used earlier. I told her the spray worked wonderfully, as I had not seen one bug the entire time we were gathering wood.

In spite of the snow, we made it back home with a sizeable amount of wood ready for splitting and stacking. By the time we headed down the mountain, the snow had turned back to rain, and when we reached home, the rain had slowed to a drizzle. We returned to our respective abodes, built large, hot fires in our

wood stoves to warm up and defrost. We hadn't even touched our snacks, so we met up again with the neighbors after we had all changed into dry clothing, and enjoyed tasty treats and hot drinks.

It maybe was not as comfortable an outing as we had first anticipated, but we had fun anyway, we collected some wood for winter that my neighbor and I split the next day, and we agreed that a little dampness never hurt anyone.

We do plan another logging trip. However, we will wait until all danger of mountain snow has passed. With our luck, whatever day we select for our next outing will most certainly be the most miserable day of the week.

I think for sure the next trip; we will need the neighbor's good bug spray.

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Kiwanis Awards Scholarships

The Sidney Kiwanis Club awarded \$750 scholarships to Sidney High School seniors, (L-R), Will Steinbeisser, Maysen Mindt, Jenna Baxter and Everett Jensen. Congratulations to all the recipients. (Photo submitted)



Key Club Holds Installation Of Officers



On Thursday, June 4, the Sidney Key Club inducted its officers for the 2020-21 year. Left to right, are District governor Quinn Rogers, reporter and treasurer Liliana Johnson, vice-president Olivia Schoepp, president Serenity Kuntz, secretary Claire Frank and district lieutenant governor Kiala Hirsch. Key Club outlined its projects and hopes for a fun and successful year. (Photo submitted)

THE LONG X TRADING POST

SUMMER OPEN HOUSE

SAT, JUNE 20 • 11AM - 3PM

<p>Pioneer Museum</p> <ul style="list-style-type: none"> - See the updated McKenzie County Economic Development Exhibit! - New Oil History Room and digital display - National Ice Cream & Soda Day - Free Root Beer Floats! 	<p>Long X Bottle Shop</p> <ul style="list-style-type: none"> - Motor Cross Display and Autographing! - Company Vendors & Samples 	<p>Long X Art Foundation</p> <ul style="list-style-type: none"> - Learn about what activities they will have available for the summer - Children activities at the play park
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McKenzie County Tourism Information
View online at VisitWatfordCity.com.
Download brochures and maps

Watford City Lions Club Famous \$5 BURGERS!
Served at the Centennial Park (near Children's Play Park)

We encourage you to park uptown, on Main Street and parking lots. Explore the reopened Main Street businesses (they need you!) and stroll on down to the visitor center/museum and enjoy a Lions Burger. As always, COVID-19 social distancing recommendations will be honored during this time.

Long X Trading Post: 2nd Ave SW • Watford City, ND

MT 200 Fairview Construction Project Update

The MT 200 - Fairview road reconstruction project is going well and remains ahead of schedule. Motorists should be driving on all new concrete pavement within two weeks. Crews began paving the east side of MT 200 (Ellery Ave) from 5th St. to 2nd St. on Thursday, May 4 and from 7th St. to 5th St on Friday, June 5. The paving is focused on the mainline of MT 200, curb and gutter, and sidewalks.

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Access to MT 200 from Loaf 'N Jug remains closed. Patrons still have access from 6th St. and through the parking lot of the casino on 5th St.

Motorists should be aware that during concrete paving work, crews will be closer to vehicles than usual as they are working within smaller-than-normal lanes. A flagger will be on-site to direct the flow of traffic along MT 200 (Ellery Ave) during paving work.

There are no additional traffic impacts planned for motorists traveling through the area and traffic will remain flowing. Traffic will remain reduced to two-lane, two-way traffic but the highway will remain open to traffic during construction. The traveling public is asked to prepare for occasional delays of up to 15 minutes and is reminded to slow down and watch for work crews and equipment in the construction zone.

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