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Wednesday, February 17, 2016

Volume 42 • Number 1

Wardens Seek Information on Poached Deer Dumped Near Glendive



Submitted by Erin O'Connor

Montana Fish, Wildlife and Parks Game Wardens are asking for the public's help in leading them to those responsible for multiple deer recently poached and found dumped near Glendive. Three white-tailed deer and two mule deer were discovered south of Glendive just off of Marsh Road in the OHV area. Both of the mule deer were bucks while two of the whitetail deer were bucks and one was a fawn. The mule deer bucks had their heads cut off while one of the whitetail bucks had its skull cap and antlers removed. A small amount of the meat had been removed from most of the carcasses but the majority of the animals were left to rot.

FWP Warden Josh Leonard is investigating the incident and says he believes the poaching and dumping of the deer took place in a period from mid-December to mid-January. Warden Leonard also noted that the investigation thus far has yielded some evidence left at the scene. He is asking the public for assistance in solving this wildlife crime.

Anyone who has information on these deer can contact Warden Leonard directly at 406-853-7500 or can call FWP's 24-hour TIPMONT line at 1-800-847-6668. Those calling the TIPMONT line may remain anonymous if they so choose. Individuals who contribute information leading to a conviction may be eligible for up to a \$1,000 reward.

Revolving Loan Fund Award



Left to Right: Stasia Creek, Stockman Bank of MT, Michelle Frank, Esprit Health Clinic and Leslie Messer, REDC.

Submitted by Leslie Messer

Richland Economic Development Corp. is pleased to announce that the Revolving Loan Fund (RLF) committee has awarded its thirteenth loan for the expansion of an existing business in Sidney. Michelle Frank, of Esprit Health & Wellness, was approved for a loan to expand Esprit Health Clinic.

Michelle completed an application in partnership with her lead lender, Stasia Creek, of Stockman Bank of Montana, and presented this project to the RLF committee for review. The funding request was to refinance and to attain a second Family Nurse Practitioner to further support her clientele.

Esprit Health Clinic provides healthcare services to Richland County residents and the surrounding communities. Esprit provides holistic patient care across the lifespan of its clients, while helping to ease the primary provider shortage in our area.

Michelle is happy to announce that she is hiring a second Nurse Practitioner to further serve our growing patient population. Additionally, she has opened Central MediSpa, which allows her to specialize in exciting services such as SottoPelle Hormone Replacement, Cosmetic and Therapeutic Botox, and more skin care to come! "As Esprit's sole proprietor, I'd like to extend a sincere thank you to our dedicated and supportive community, Stasia Creek (Stockman Bank of Montana), my parents, family, patients and staff. This expansion was made possible with the assistance of the REDC-RLF."

The RLF committee is pleased to assist Michelle in this business venture. The intent of the RLF is to offer an additional tool to support new business and business expansion projects. Stasia Creek states "We are so pleased to work with Michelle & Esprit, to offer additional healthcare options in our community. The use of the RLF funds enabled Stockman Bank of Montana to partner with REDC to leverage our traditional lending programs."

Richland Economic Development Corp. encourages existing businesses and new business startup projects to consider the RLF as a resource. The RLF loan pool of \$1,000,000 is not free money, but an investment made by the Richland County Commissioners, to assist in the development of business in our economy. The application and review process is achievable, and done in conjunction with the area financial institutions in Richland County.

If you or someone you know is thinking of expanding or launching a new business in Richland County, contact any of the local financial institutions or Richland Economic Development Corp today for an application!



Superintendent Steve Holen and Governor Jack Dalrymple have the honors of cutting the ribbon for the new "state of the art" Watford City High School. The dedication/open house was held Monday, Feb. 15. Tours of the new school were given by the student council members. Refreshments were served along with music by the WCHS Jazz Band. Participating in the dedication ceremony were School board members, Governor Jack Dalrymple, Senator John Hoeven, State Superintendent of Schools Kirsten Baesler, Watford City Mayor Brent Sanford, JLG Architects, Kraus-Anderson Construction, Construction Engineers, student council members, high school administrators along with many community members too numerous to name. The gymnasium opened its doors Monday evening for the District Championship Girls Basketball game and Tuesday, Feb. 16 was the first day of classes for Watford City students grades 7-12. (Photo by Kathy Taylor)

Pallid Sturgeon, Endangered?



Pictured is the smaller sturgeon that Terry Murphy caught in September of 2015.

By Sheridan Martin

Terry Murphy, a Richland County Compliance Officer since 2012, has some interesting theories when it comes to the Pallid sturgeon.

Murphy spends two weeks on in Sidney, MT as the Richland County Compliance Officer and two weeks off at home in St. Ignatius, MT, and enjoys the many recreational opportunities that Eastern Montana has to offer. One of these activities is fishing in the Yellowstone River and the Missouri River. This past year, Murphy has been able to catch two pallid sturgeons. The first sturgeon was caught by Snowden Bridge (Missouri River) in July, and right away he knew the fish was different. He knew from the size and the front barbels by the nose that it was indeed a pallid sturgeon. The second fish was caught in September south of Sidney at Seven Sisters. This fish was much smaller than the first, and is the one you see pictured, but he knew it was a pallid sturgeon from the barbels. After two frequent catches, Murphy found himself thinking, "Wait, aren't these on the endangered species list? Why am I seeing these fish around so often, if they are supposed to be endangered?" Having an animal science degree, being a former president of the Montana Stock Growers Association, and being behind the scenes during the wolf and grizzly bear endangered species acts, he had a few theories to add to the LYIP (Lower Yellowstone Irrigation Project) in relation to pallid sturgeon.

One of the biggest relations is money. Murphy asked the question, "Is it really about the pallid sturgeon, or is about money?" With his experience with Defenders of Wildlife, Murphy has seen that Endangered Species has more to do with money than the actual animal. He also begs the question, "Have the environmentalists received any local support, or is it just out of pocket donations from other areas of the country? Just how much money will the environmentalists receive if they get what they want by taking out the weir?"

In his recent catchings of the sturgeon, Murphy wonders how many other people have had encounters with the fish. "Do people check their catch, or do they see a sturgeon and just let it go? I think with the happenings with the LYIP, people should start documenting what they catch, and taking pictures to let the public think, 'just how endangered is this species?'" No one wants to see the pallid sturgeon get hurt, but should we really destroy the whole economy over a fish?

A theory that was brought up by Murphy was, "If the environmentalists are all about saving the species, why are they not spending a few million on hatcheries instead? There are already about 15,000 pallid sturgeon in hatcheries, but I guess that's not enough. Which shows me that taking out the Intake

Dam is not all about saving the species. But instead, its about just how much money the environmentalists can get." Another theory was, "Yellowstone River is considered to be one of the only rivers without a dam, but because of the small weir, technically it isn't. I feel environmentalists want to see it go only so the river can keep its title of being a damless river."

Murphy goes on to say, "We do need to protect the LYIP. Have the environmentalists even looked at the amazing habitats it has created? The agriculture industry that uses the dam has created beautiful habitats for deer and pheasants, and they want to take those away, too? You can't destroy a whole other economy for a fish."

"Animals can't read biology books," says Murphy. "They don't know what they are supposed to do. It is up to mother nature to decide what happens to the fish, not environmentalists."

Many other people who live next to the Yellowstone River have been seeing the pallid sturgeon as well. There have been reports in Culbertson, MT of the sturgeon swimming right up to the shore and even being caught one after the other.

When it comes to the possible aftermath of taking out the Intake Dam and irrigation rights, it can be compared to what happened in Klamath Falls, Oregon in 2001. In 2001, a panel of scientists and environmentalists concluded that further diversion for agriculture would be destructive for the lost sucker and shortnose sucker in the Klamath River. Over 18,000 farmers, ranchers, citizens, and politicians protested against the loss of irrigation but lost. Later in 2002, because of the public uproar, farmers were given back their irrigation but the results of the loss were still disastrous. Low river flows in the Klamath and even the Trinity Rivers, with the added high temperatures, led to a mass die-off of over 33,000 salmon in 2002. This in-turn had practically shut down the fishing industry in the region and caused over \$60 million in disaster aid given to fishermen for their losses. In the end, it was later said in 2003 by National Academy of Sciences that limiting irrigation water did little if anything to help endangered fish and may have hurt the populations.

"No one wants to hurt the fish, but no one wants to hurt the economy," said Murphy. "The Intake Dam has only added good things to the community, why take that away and destroy a society to fill another person's pocket?"

The question to ask next is, "What is the motivation behind Defenders of Wildlife and Natural Resources Defense Council for wanting to take out the Intake Dam?"

Note: This article is based on Terry Murphy's opinions and experiences with Endangered Species Acts. These words were made public to share the positive affects of the LYIP and the fact the sturgeon are still in good numbers.

MNAXLP



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AREA RECOVERY GROUPS

MONDAYS:
12 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
1 p.m. - 3 p.m. — Grief Reovery Support group at First Lutheran Church, Watford City.
6 p.m. — Al-Anon, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
7 p.m. — Fairview Alive and Kicking at Faith Alliance Church, 704 S. Western Ave.
8 p.m.— AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

TUESDAYS:
7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

WEDNESDAYS:
8 p.m.— Al-Anon, Sanford Room, McKenzie Co. Public Library, Watford City.

THURSDAYS:
7 p.m. — NA meeting, MonDak Trucking office Bldg., 725 W. Holly, Sidney.
8 p.m.— AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

FRIDAYS:
12 p.m. — AA, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
12 p.m. - 1 p.m.- AA meeting, basement of Wilmington Lutheran Church, Arnegard.
6:30 - 7:30 p.m.- 5 Stones faith based recovery meeting, Sidney Nazarene, 606 9th St. SW, Back door is open.
7 p.m. — Path to recovery at Faith Alliance Church, 704 S. Western Ave.
8 p.m. — AA meetings, Trinity Lutheran Church Ed. Bldg, Sidney.

SATURDAYS:
7 p.m. — AA 24 hour group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.
9 a.m. & 7 p.m. — AA Group Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave, Sidney.

SUNDAYS:
7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

STATISTICS

LAKE WATER LEVEL REPORT
Sakakawea

Current Elevation.....1838.7
Last Week's Elev.1839.8
One Year Ago1839.2
Release For Day (C.F.S.)20,000

SIDNEY WEATHER DATA

Source: MSU Eastern Agricultural Research Center

Date	High	Low	Precip.
Feb. 1	33	20	0.00
Feb. 2	31	16	0.00
Feb. 3	32	16	0.05
Feb. 4	38	13	0.00
Feb. 5	38	13	0.00
Feb. 6	55	31	0.00
Feb. 7	40	26	0.00
Total YTD Precipitation			0.15

OBITUARIES

Darlene G. Pust, 63, Sidney, MT

Funeral services for Darlene G. Pust, 63, of Sidney were at 10 a.m., Sat., Feb. 13, 2016, at the Assembly of God Church with Pastor Les Anderson officiating. Interment was in the Sidney Cemetery under the direction of the Fulkerson-Stevenson Funeral Home. Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.
Darlene died on Fri., Feb. 5, 2016, at the Houston Methodist Hospital, Houston, TX.

Boys and Girls Club Teen Program Receives Financial Boost

The teen program at the Boys and Girls Club of Richland County received a tremendous boost recently thanks to the generosity of the Dennis and Phyllis Washington Foundation and some local donors.

The my.future program, formerly club tech, recently received a \$10,000 grant from the foundation, with a promise of an additional \$10,000 if matching funds could be found.

The day after the article appeared in the papers, the club received three phone calls from individuals wishing to match this grant. The first two donors gave \$2,500 and \$7,500, meeting the match requirement, and securing the second \$10,000 from the foundation.

When the second caller was informed that the matching funds had already been raised, she donated \$5,000 towards the building fund, with hope for a pledge for an additional \$5,000 this fall. The third caller will match another grant coming up later this spring. All the donors wish to remain anonymous.

Boys and Girls Club my.future personnel teach middle and high school students how to code, build robots and use technology. Part of the initial Washington Foundation grant was used to purchase five ipad minis for use by the students. To see photos of activities at the club, including my.future, please visit their facebook page, [boysandgirlsclubofrichlandcountymt](https://www.facebook.com/boysandgirlsclubofrichlandcountymt).

The Boys and Girls Club will host their Annual Event and Auction on Saturday, April 2. For tickets, please call the club at 406-433-6763.

Sidney middle school student, Ashton Swenson, shows off his my.future project.

Art Class Scholarship At Mondak Heritage Center

Submitted by Kim Simmonds

The MonDak Heritage Center invites families to apply for Youth Art Class Scholarships in 2016.

The MonDak Heritage Center has set aside funds, with the assistance of the Lillian Anderson Jensen Scholarship Fund and administrators Mary Seigfreid and Loren Young, to provide scholarships to area youth to attend art classes at the museum. Children and students between the ages of 2 and 18 are encouraged to apply with the assistance of their guardians, and proof of financial need must be provided.

To view the eligibility requirements and apply for the scholarship, please visit the MonDak Heritage Center's website under Education: www.mondakheritagecenter.org/education/. Paper applications can be picked up at the MonDak Heritage Center at 120 3rd Avenue SE in Sidney. Any questions regarding the scholarship or eligibility requirements can be directed to Kim Simmonds, Executive Director at 406-433-3500.

Irrigated Land Owners To Receive Energy Cost Forms From The MT Dept. Of Revenue

Submitted by Molly Petersen

This week, the Montana Department of Revenue began mailing over 12,000 forms to owners of irrigated land. Montana law allows owners to deduct electrical and fuel costs in the calculation of value for irrigated land for the purpose of determining property taxes.

Providing the information is optional for land owners, but it will help the department correctly value the irrigated land for the 2017 property reappraisal.

The forms are due by July 1. Owners should complete the forms with the 2015 energy costs they incurred in their irrigation operations and attach copies of 2015 energy bills associated with the irrigation system. These include electrical or fuel bills for running the irrigation pumps and the annual electrical startup fee. Owners can return the completed forms and supporting documentation to their local Department of Revenue office.

Free Child Development Screening Offered

Submitted by Michelle Monson

Child Find/Developmental Screening at Central School (200 3rd Ave. SE) on Feb. 29(Mon.)and Mar.1(Tue.) from 2:30-7:30 p.m. Mar. 7 (Mon.) and Mar. 8 (Tue.) from 2:30-7:30 p.m.

To have your child included in the screening, appointments are necessary and will be taken by calling the Administration Office at 433-4080 during school hours. You are encouraged to bring your child even if they attended last year. The screening is provided at no cost as a public service of the Sidney Public Schools.

MNAXLP

EVENTS

SEND US YOUR EVENTS!

THE ROUNDUP: PO Box 1207
111 West Main • Sidney, MT 59270
406-433-3306 • Fax: 406-433-4114 • Email: classads@esidney.com

RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone.

Wed., Feb. 17

2:30 p.m. - After School Enrichment at the MonDak. \$50 for 6 classes. Ages 8 & up.

5 - 10 p.m. - Community Pint Night- Meadowlark Public House. \$1 for every pint sold will go to support a community organization.

6 p.m. - Orientation/walk-in registration for spring 2016 Hunter Education Class at Eastern Ag Research Center. No late registrations. Class is limited to 50. Under 18 must have a parent or guardian present on the first night. Must be 12 years old by Jan. 16, 2016.

Fri., Feb. 19

10 a.m. - 12 p.m. - Farm Bill meeting at Richland County Extension Office for important changes to the Noninsured Crop Disaster Assistance Program.

10:30 a.m. - Storytime at the Richland Public Library. Ages 0-5.
11:30 a.m. - Richland Red Hatters will meet at the Senior Center, 813 3rd St. NE, for lunch. Please RSVP Sylvia or Margeret by Feb. 17 at 406-798-3882 or 406-488-4613.

Sat., Feb. 20

8 a.m. - 12 p.m. - Master Gardener Program at the MSU Extension office in Sidney. \$100 per person however a \$50 reimbursement will be given when an attendant completes 20 hrs of volunteer time. For more info call 406-433-1206. This is the second class in four for this series.

2 p.m. - 3 p.m. - Glass Suncatcher Class for kids at the MonDak Heritage Center. Ages 8+ recommended, cost to attend is \$20.

Tues., Feb. 23

3:30 p.m. - Lego Club. Richland County Library.

4:30 p.m. - Lego League. Richland County Library.

6 p.m. - MonDak Writer's Group. All skill levels accepted. Free. MonDak Heritage Center.

7 p.m. - Canvas Painting Class at the MonDak Heritage Center, "Do What You Love". Cost to attend is \$20.

Wed., Feb. 24

7 p.m. - Ceramic Sauce Bowl: Tree Pattern at the MonDak Heritage Center. Cost to attend is \$20.

Fri., Feb. 26

10:30 a.m. - Storytime at the Richland Public Library. Ages 0-5.
12 p.m. - Senior Commodities will be distributed at the back door of the Nutter building located at 123 W. Main. Message phone is 433-4353.

Mon., Feb. 29

2:30 - 7:30 p.m. - Child Find & Developmental Screening. Central School 200 3rd Ave. SE. To have your child included in the screening, appointments are necessary. To set this up contact 433-4080 during school hours. The screening is free.

Tue., Mar. 1

2:30 - 7:30 p.m. - 2:30 - 7:30 p.m. - Child Find & Developmental Screening. Central School 200 3rd Ave. SE. To have your child included in the screening, appointments are necessary. To set this up contact 433-4080 during school hours. The screening is free.

3:30 p.m. - Lego Club. Richland County Library.

4:30 p.m. - Lego League. Richland County Library.

Wed., Mar. 2

5:30 p.m. - The Grief Recovery Method at the Lonsdale Methodist Church. It's an 8-week recovery session. Call Deb Prevost at 433-2389 to register.

Sun., Mar. 6

11 a.m. - 2 p.m. - St. Matthew's Annual Chili Feed Cook-Off at St. Matthew's Parish Center in the multi-purpose room. Cost to attend is \$5, and there will also be a silent auction. An auction # will cost \$5. To donate auction items or enter the chili cook-off, contact St. Matthew's at 433-2510 or Roy Fisher at 480-1341.

WILLIAMS COUNTY

Events in Williston unless otherwise listed. CT Zone.

Thurs., Feb. 18

7 p.m. - Fort Buford History Book Club. Join history buffs in a discussion of this month's selected book, "Astoria" by Peter Stark. Free refreshments, and please call in advance at 701-572-9034.

Fri., Feb. 19

9 a.m. - 4 p.m. - Missouri Yellowstone Confluence Interpretive Center, Confluence Quilters. Quilters will be there working on quilting projects or 2 days.

Sun., Feb. 21

3 p.m. - Concert at the Confluence. The public is invited to a concert featuring the Lisenbee Blue Grass Band.

Sat., Feb. 27

11 a.m. - 5 p.m. - 83rd Annual Lutefisk and Meatball Dinner. Fellowship Hall at the First Lutheran Church. Delivery service until 3 p.m. and take out service from 11 a.m. -4:30 p.m. Please call the church on the day of the dinner to arrange these services at 701-572-6363. Adults \$18, Students through Junior High \$8 and Preschoolers are free.

McKENZIE COUNTY

Events in Watford City unless otherwise listed. CT Zone.

Mon., Feb. 22

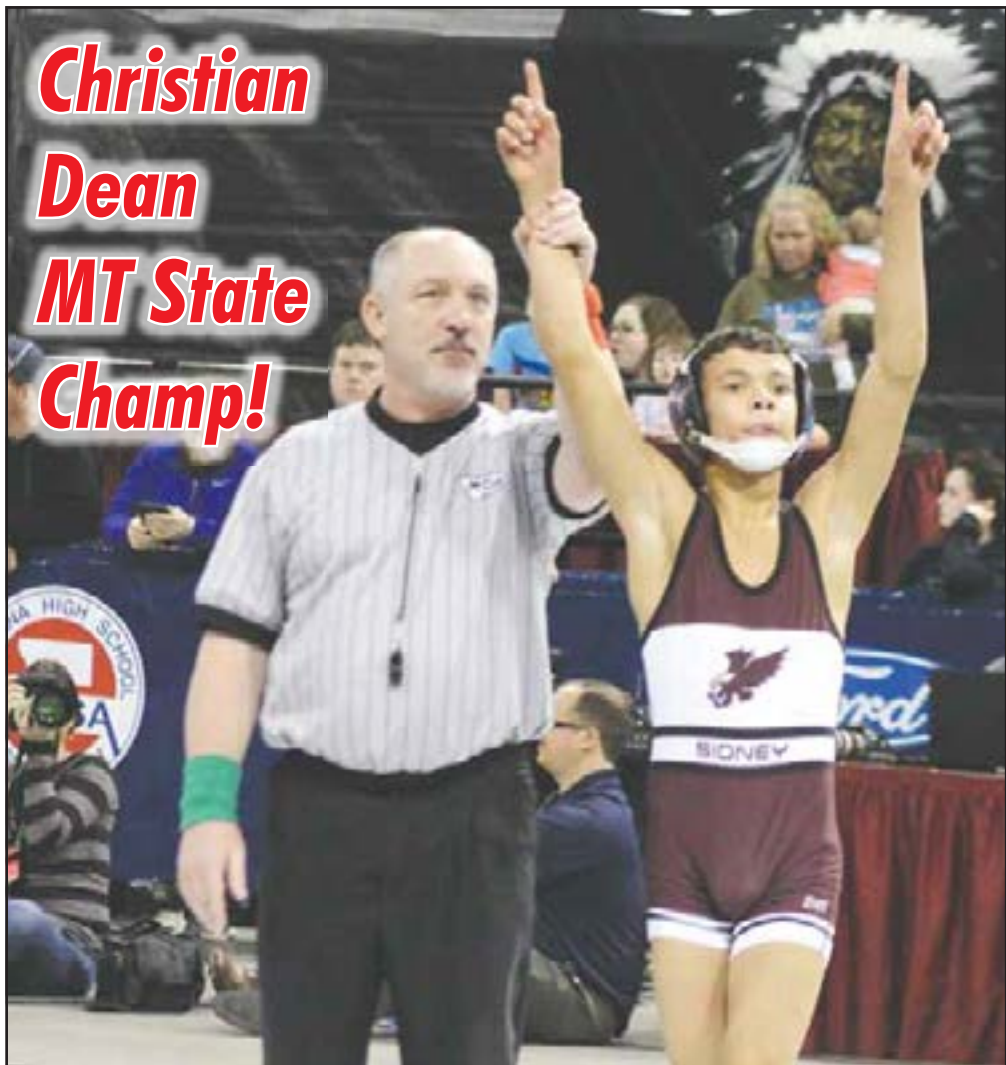
6 p.m. - 8 p.m. - Parents of preteens/teens are invited to a parenting class at CrossPoint Church, 403 2nd Ave. NE. This week's topic will be Understanding Parents and Teens, School Success, Mutual Respect, Choices, Sexuality, and Violence and Taking Time for Fun. Other classes with different topics will be held Feb. 22, and 29. Parents and teens are encouraged to take the class together, but if unable, they may attend alone. Cost is free and participants will receive a workbook. Trained facilitators will lead a parent group and a teen group meeting separately. To register your attendance at Active Parenting of Teens, call McKenzie County Extension Office at 701-444-3451 or CrossPoint Church at 701-444-2355. You can also email kimberly.neprash@ndsu.edu.

DAWSON COUNTY

Events in Glendive unless otherwise listed. MT Zone

Wed., Feb. 17

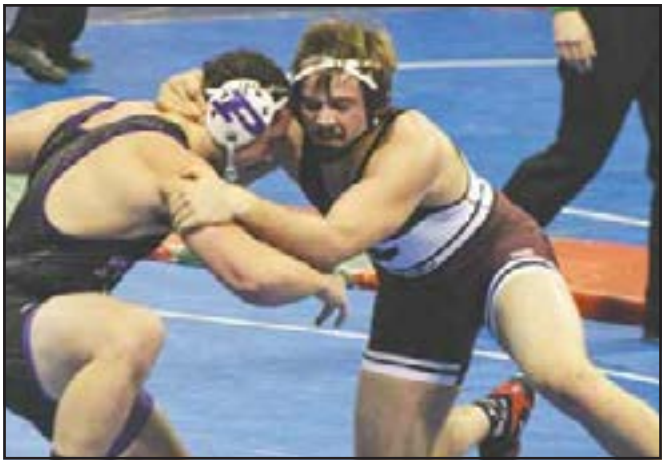
12 p.m. - 1 p.m. - Lunch 'n' Learn at Glendive Public Library Community Room. Wende Lewis and Ruby Stulc of "Press Coffee House" show you how its done with their "How Do You Like Your Coffee?" lesson. Tea and coffee provided, bring your own lunch.



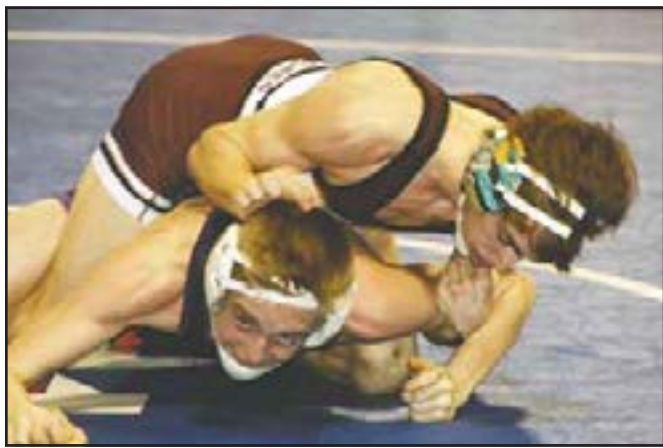
Christian Dean MT State Champ!

Above: Christian Dean points to the Sidney crowd after being crowned the Class A 103 pound champion at the Montana All-Class State Wrestling Tournament this weekend in Billings. (Photo by Erin Graves)

Right: Senior Hunter Severson looks for the takedown in his semi-finals match at the Montana All-Class State Tournament in Billings. Severson won the match and placed 2nd at 205 pounds. (Photo by Erin Graves)

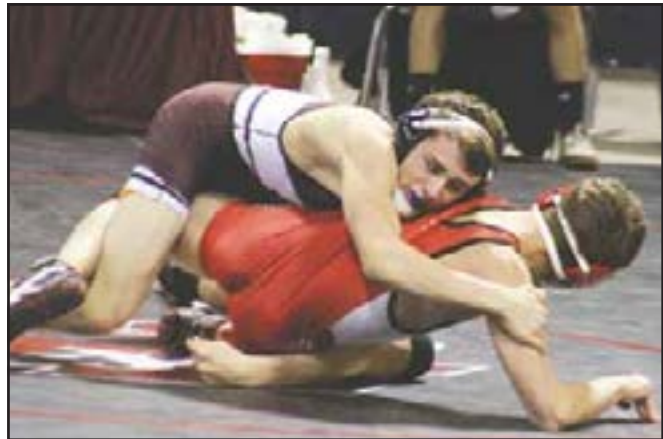


The Sidney Eagle Wrestling team competed at the State Tournament this weekend in Billings with 5 individuals placing at the tournament. Christian Dean, a freshman, earned his 1st State Championship with a 15-1 win over Polson's Adam Bankert. Hunter Severson placed 2nd at 205 pounds, Wyatt Van Buren placed 4th at 120, Jace Winters placed 6th at 126, and Bridger Coffman place 5th at 152.



Above: Wyatt Van Buren tries to score back points during his match at the State All-Class Wrestling Tournament this weekend in Billings. Van Buren placed 4th at 120 pounds. (Photo by Lisa Gorder)

Left: Jace Winters looks to turn his Glendive opponent in the 5th and 6th place match at the Montana All-Class State Wrestling Tournament. Winters lost the match 0-4 to place 6th. (Photo by Erin Graves)

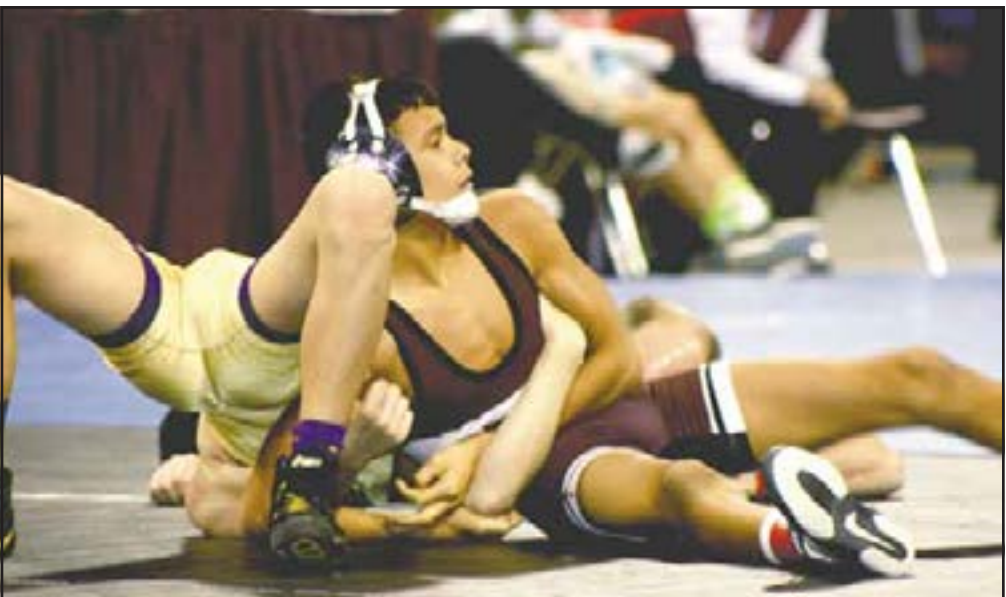


Right: At 152 pounds, Bridger Coffman works for the takedown against his Darby opponent on Saturday at the Montana All-Class State Wrestling Tournament in Billings. Coffman won the match placing 5th. (Photo by Erin Graves)



Sidney Basketball Action

The Eagles were in Billings and Laurel last weekend. Bridger Larson shoots for two against Laurel. Over the weekend the Eagles lost to the Locomotives 42-40 and also lost to Billings Central. The Eagles will play their last season game on Saturday in Glendive at 7 p.m. The girls will be in Glendive on Friday and play at 7 p.m. Photo by Kathy Johnson



Christian Dean scores back points in his championship match vs Adam Bankert of Polson. Dean won the championship match with a major decision 15-1. (Photo by Lisa Gorder)



Dr. Kessler

I recently had a left total hip replacement ("arthroplasty") at Sidney Health Center and would like to thank the following people for their skill, compassion, and supportive care: My doctors (Scott, Pierce, & Karanjai). Janie Darby, the OR crew, the PT & OT dept, the nurses on A-wing, and all the ancillary staff who make surgical and medical care like this possible. My hip pain is entirely gone, but rehab (of course) is needed. The attached picture shows me with some of the crew on A-wing. Thanks to all of you, pictured or not, for your caring and competent service. I plan to be back to work part-time on 2/22/16 and be "full speed" by mid-March. I will, of course, have to follow doctor's orders. But you know how that goes . . .

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Ho'olu Komo La Kaua!

(Please Join Us)

For Our ANNUAL EVENT & AUCTION!

Sat, April 2

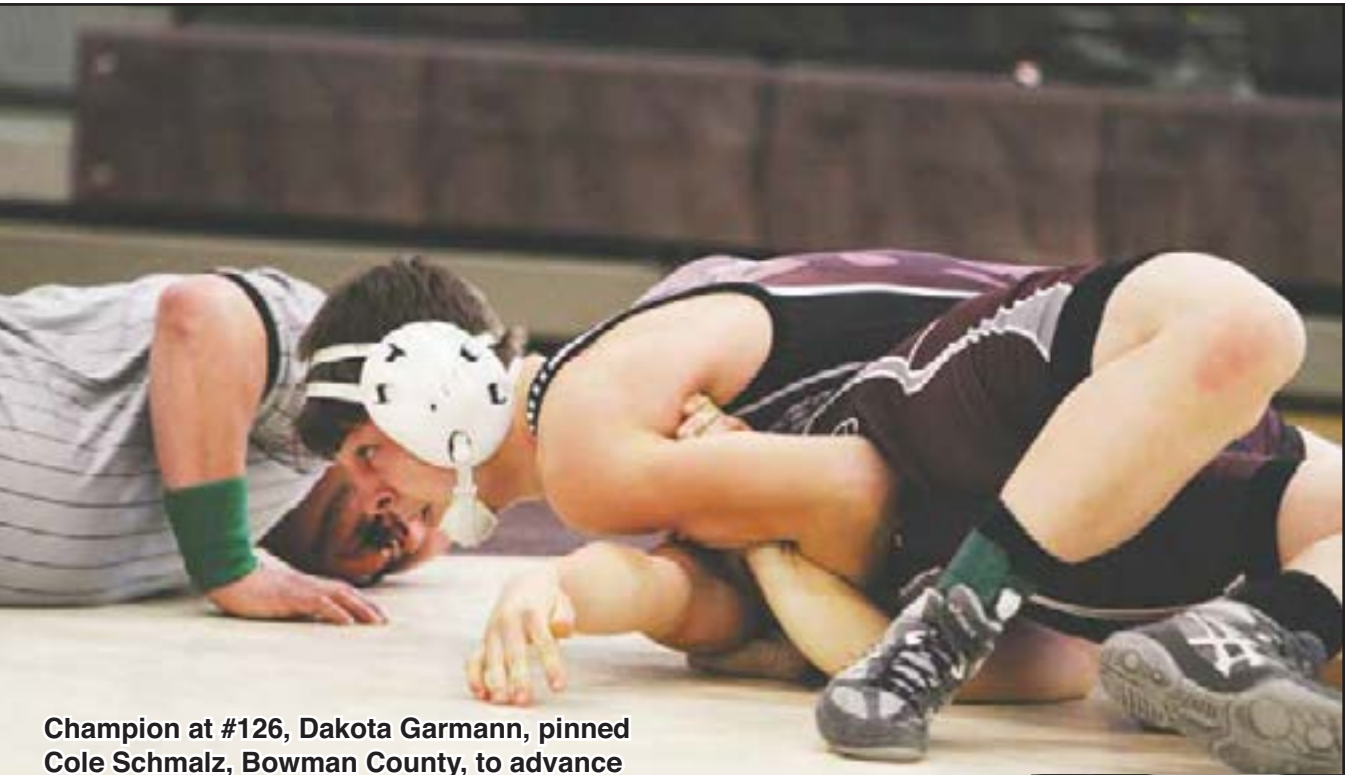
Richland County Fair Event Center

Tickets On Sale March 1st

General Admission: \$50
VIP Tickets: \$100

**BOYS' AND GIRLS' CLUB
OF RICHLAND COUNTY**

Call the club office at **406-433-6763**, email Michele Seadeek at **m.seadeek@richlandbgc.org** or contact a board member.



Champion at #126, Dakota Garmann, pinned Cole Schmalz, Bowman County, to advance to finals. (Photos by Kathy Taylor)

Region 4 Wrestling Tournament At Watford City High School Feb.13

Submitted by Mitch Greenwood

Team scores 1. Hettinger/Scranton 218.5. 2. Beulah-Hazen 181.5. 3. Watford City 162.0. 4. Bowman County/Beach 151.5. 5. New Salem-Almont 106.5. 6. Killdeer 94.5. 7. Standing Rock Community High School 78.0. 8. New Town/Parshall 53.0.

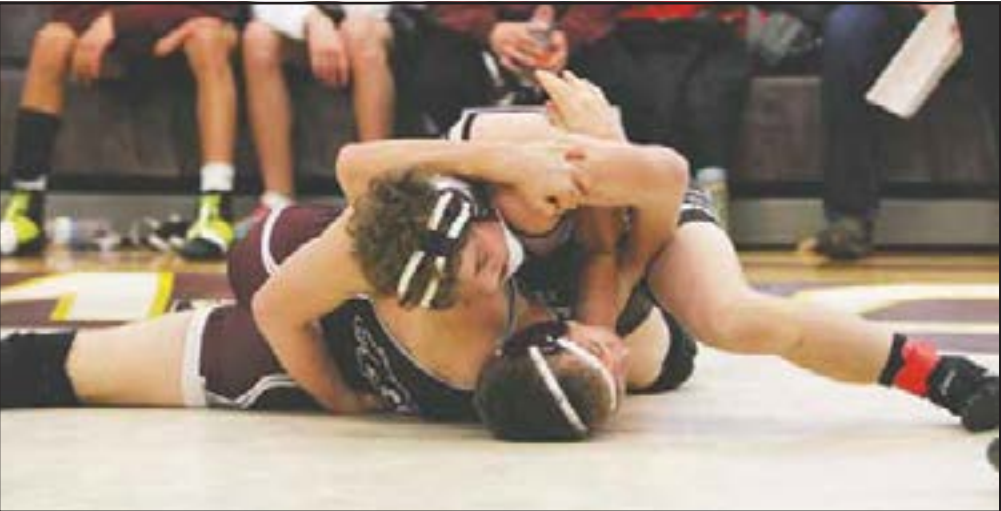
Individual Results

- 106# 2nd place Liam Shannon of Watford City.
- 113# 4th place Braedon Gumke of Watford City.
- 120# 4th place CJ Thacker of Watford City.
- 126# 1st place Dakota Garmann of Watford City.
- 132# 6th place Antonio Garcia of Watford City.
- 138# 4th place Hunter Schwanzenberger of Watford City.
- 145# 2nd place Jade Hepper of Watford City.
- 152# 2nd place Kyle Cook of Watford City.
- 170# 6th place Carlton Turnquist of Watford City.
- 182# 4th place Connor Dennis of Watford City.
- 220# 2nd place Jake Belland of Watford City
- 285# 3rd place Jackson Faller of Watford City.



Left: Runner up at #145, Jade Hepper, defeated Joshua Snyder, Beulah Hazen, in the 2nd round.

Below: Kyle Cook #152 pinned Lane Jeffers, Bowman County, in 2nd round to advance to finals. Cook placed 2nd.



Did You Know That Eating Lean Beef Can Help Lower Cholesterol As Part Of A Heart-Healthy Diet?

By: Katelyn Dynneson, Local Rancher, MonDak Area Stockgrowers Board Member

Submitted by the Richland County Nutrition Coalition

February is American Heart Month, and Richland County Nutrition Coalition reached out to the MonDak Stockgrowers Board to help highlight the Heart Healthy benefits of a balanced diet, including moderate amounts of lean beef.

In a study done by researchers at Penn State University, participants who consumed lean beef daily, as part of a heart-healthy diet, had a 10% decline in bad cholesterol. This diet, termed BOLD; Beef in an Optimal Lean Diet, features lean beef as the primary protein source and is rich in vegetable, fruits, whole grain, nuts and beans. Diets with high quality, lean protein can also reduce the risk of chronic disease and reduce high blood pressure. Adding beef to your daily diet can be

a great way to show your heart some love.

Not only is beef healthy for your heart, beef fuels your entire body. A 3 ounce serving of lean beef provides almost half the daily serving of protein and gives your body the nutrients it craves such as vitamins B6 & B12, as well as selenium, zinc, niacin, phosphorus, iron and riboflavin; all while being low in calories. Just a 3 ounce serving of lean beef contains more than 10% of your daily needs of all these nutrients in about 150 calories! A serving of lean beef contains less than 10 grams of fat, 4.5 grams or less of saturated fat and less than 95 mg of cholesterol. Beef can pack quite a nutritional punch. Getting the correct amount of protein can also play an essential role in weight loss. Studies show that protein rich foods, like lean beef, can help you feel full and reduce

cravings. The nutrients in beef help you build strong, lean, calorie burning muscle.

There are 38 cuts of lean beef including chuck pot roast, top loin steak, sirloin steak, T-bone steak and ground beef. The possibilities in the kitchen are endless. You are sure to find a healthy and nutritious beef recipe to satisfy even the pickiest eater.

For more facts on the heart healthy benefits of a lean beef diet, or for recipes, visit www.beefitswhatsfordinner.com, www.factsaboutbeef.com or www.montanabeefcouncil.org. The Richland County Nutrition Coalition is proud to partner with the MonDak Area Stockgrowers in support of local farmers and ranchers. Like our Facebook page at www.facebook.com/1rcnc1 or follow us on Pinterest at www.pinterest.com/1rcnc1.

Letter to the Editor: Why I Am A Republican

Dear Editor,
Since launching my campaign a few weeks ago, I have been asked by a few friends and family members who knew of my political leanings in high school and college, why I am such a committed Republican now, when I used to support Democrat candidates then. I thought it would be good to set the record straight and explain how my political and especially my economic world views have matured since then.

During parts of high school and college I felt the government should be in the position to help the poor and disadvantaged. This was a normal, compassionate response to suffering that many of us feel when faced with the facts of human misery. But as I grew older and with more time and reflection I realized that giving people a handout does not empower them to live lives of dignity and self-governance. In fact, just the opposite happens. A welfare society depletes the national treasury, undermines the incentive to be self-supporting and productive and ultimately makes poor people wards of the government. Eventually, the country will even run into a financial crisis as was seen in Greece.

There's a saying often attributed to Winston Churchill that goes, "If you're not a liberal at twenty you have no heart, if you're not a conservative at forty you have no brain." This saying exactly parallels my own experience and maturing political values and beliefs. I am proud of the compassionate ideals I had as a young high school and college student, but now I firmly believe that the best way to help the disadvantaged is to promote policies that help businesses and working people to create a strong economy for everyone. In line with these beliefs, I have volunteered for nearly a half dozen Republican candidates on their campaigns since 2012.

As a Representative for House District 35, I will be committed to working to build a stronger Montana economy, both here in Richland County and throughout the State. I will support responsible infrastructure investments, strengthen our agriculture community, be a leader who listens and be a strong advocate for the issues facing Richland County.

Joel Krautter
Republican Candidate for MT House District 35

INVENTORY

REDUCTION

SALE

Make	Description	Sale Price
'91 Buick	Regal, 4-Door, White	\$1,500
'99 Buick	Century, 4-Door, Gold	\$3,000
'95 Cadillac	Déville, 4-Door, Gold	\$3,000
'97 Cadillac	Catera, 4-Door, Brown	\$2,500
'99 Cadillac	Sedan Deville, 4-Door, 77k	\$5,000
'04 Cadillac	Déville, 4-Door, Maroon	\$5,500
'89 Chevy	K2500, 4x4 Ext Cab, Blk/Silv	\$4,000
'94 Chevy	Suburban, 4x4, Diesel, Blk/Tan	\$7,000
'95 Chevy	1/2 Ton, 4x4, Ext. Cab, Green	\$4,000
'95 Chevy	1/2 Ton, Reg. Cab w/Snowplow	\$6,500
'96 Chevy	1/2 Ton, 2 WD, Ext. Cab, White	\$2,500
'98 Chevy	1/2 Ton, 4x4, Ext. Cab, White	\$4,500
'00 Chevy	Impala LS, 4 Door, Red	\$4,000
'01 Chevy	Suburban, 4x4, 4 Door, Green	\$7,000
'03 Chevy	Impala, 4 Door, Beige	\$3,500
'04 Chevy	Impala, 4 Door, Red	\$6,000
'06 Chevy	Impala, 4 Door, White	\$8,000
'07 Chevy	Silverado, 4x4, Crew Cab	\$15,000
'08 Chevy	Impala, 4 Door, Red	\$9,000
'84 Ford	E350, Cube Van, White	\$2,500
'89 Dodge	Dakota Reg. Cab, Maroon/Silver	\$1,500
'02 Dodge	Dakota, 4x4, Crew Cab, Silver	\$7,500
'03 Dodge	Stratus, 2 Door, Burgundy	\$4,500
'12 Dodge	Grand Caravan, 56K	\$18,000
'93 Ford	1/2 Ton, 4x4, Ext. Cab, Red	\$3,500
'95 Ford	1/2 Ton, 4x4, Ext. Cab, Blue/Silver	\$3,000
'96 Ford	1/2 Ton, 4x4, Crew Cab, Red	\$5,500
'97 Ford	1/2 Ton, 4x4, Super Cab, White	\$6,700
'98 Ford	Expedition, 4x4, Black	\$3,000
'00 Ford	1/2 Ton, 4x4, Super Cab, White	\$3,500
'01 Ford	Escape, 4x4, 4 Door, Red	\$4,500
'01 Ford	Focus LX, 4 Door, Black	\$3,500
'01 Ford	1/2 Ton, 4x4, Crew Cab, Blue	\$6,000
'03 Ford	Explorer, 4x4, Silver	\$4,000
'04 Ford	Ranger, 2 WD, Reg. Cab	\$4,000
'05 GMC	1/2 Ton Sierra, Crew Cab	\$15,000
'00 Honda	Accord EX, 4 Door, Gold	\$3,000
'99 Jeep	Grand Cherokee, 4x4, Black	\$5,000
'04 Jeep	Grand Cherokee, 4x4, Black	\$8,000
'07 Pontiac	Grand Prix 4-Door, Black	\$6,000
'99 Toyota	Camry LE, 4 Door, Burgundy	\$4,000
'00 Dodge	New, 4 Door, Silver	\$4,000
'02 Buick	Le Sabre, 4-Door, White	\$3,000

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Star Fund Supports 15 Community Enhancement / Marketing Projects

Submitted by Barbara Peterson

The Williston City Commission has approved grant requests totaling \$50,000 for 15 nonprofit projects in the Williston region. The commission approved the funding requests at its meeting on Tue., Feb. 9, 2016.

Each year, the Williston STAR Fund board of directors conducts a thorough review of projects seeking Community Enhancement funding. In order to qualify for the CE grants, the group applying for the funding must be able to show how their project improves the quality of life in Williston by stimulating economic growth, promoting tourism and / or creating jobs.

"We spent a full day reviewing 18 prospective projects," said Rob Osborn, President of the Williston STAR Fund board. "This year we funded a total of 15 projects located in the communities of Crosby, Fairview and Williston."

The funds will benefit a variety of ventures including a new pavilion at Davidson Park, new lighted holiday decorations for Downtown Williston and Fairview, renovations of the club house at the Crosby Country Club and many more.

The 2016 Community Enhancement grants totaling \$50,000 will be matched by \$207,623.50 of additional money that the applicants have raised to bring their projects to fruition.

The Williston STAR Fund was created in 1991 after voters approved a one-cent city sales tax. Twenty-five percent of the sales tax proceeds are designated for economic and community development projects.

Community Enhancement applications for 2017 are online at www.willistondevelopment.com.

2016 Star Fund

Community Enhancement Projects

Williston Convention and Visitors Bureau - Band Day \$5,000 has been allocated to help secure a guest band for Band Day 2016. The total cost is \$40,320. Contact Sabrina Ramey at 701-774-9041.

Crosby Country Club \$3,000 has been dedicated to defray the costs of updating the club house and golf course maintenance equipment. The total cost is \$10,500. Contact Grant Haugland at 701-641-0059.

Divide County Fair Association \$2,500 has been set aside to help purchase heavy duty picnic tables. The total cost is \$8,862.50. Contact Melissa Adams at 701-570-3219.

James Memorial Preservation Society \$3,500 has been approved to help purchase new LED track lighting for the main gallery of the James Memorial Art Center. The total cost is \$5,200. Contact Deana Novak at 701-774-3601.

Marketplace for Kids \$4,000 will help defray the cost of Marketplace for Kids at Williston State College. The total cost is \$37,709. Contact Marilyn Kipp at 701-663-0150.

Fairview Chamber of Commerce \$1,500 has been allocated to help purchase new Christmas lighting. The total cost is \$5,000. Contact Ray Trumpower at 406-489-2624.

Miss North Dakota Scholarship Organization \$5,000 has been approved to benefit the pageant's 30th Anniversary celebration in Williston. The total cost \$21,000. Contact Marilyn McGinley at 701-571-3434.

Williston Convention and Visitors Bureau - Chokecherry Festival \$4,000 has been allocated to help attract entertainment acts. The total cost \$50,232. Contact Sabrina Ramey at 701-774-9041.

Old Armory Governing Board \$5,500 has been approved to help repair the building ahead of its 100th Commemoration. The total cost \$40,000. Contact Earl Westerling at 701-577-0278.

Prairie Tumbleweed Association \$500 has been dedicated to help train gymnastic coaches. The total cost \$2,500. Contact Sam Pulvermacher at 701-965-6354.

Trinity Christian School \$2,500 has been approved to help fund fire system upgrades. The total cost \$5,000. Contact Cory Fleck at 701-774-9056.

United Way of Williston \$2,500 has been allocated for development and marketing. The total cost \$7,000. Contact Sabrina Ramey at 701-774-9041.

Upper Missouri Ministries \$3,500 has been approved for camp development and marketing. The total cost \$35,000. Contact Nick Johnson at 701-859-4181.

Williston Downtowner's Association \$2,000 has been dedicated for lighted holiday decorations for Main Street. The total cost \$6,000. Contact Karissa Kjos at 701-580-9343.

MNAXLP



Sidney High School Career Fair Kindle Winners

Above left to right: Caila Norby, won her Kindle Fire for winning the scavenger hunt at the Career Fair. Leann Pelvit, representing Job Service Employers Committee (JSEC), who donated the Kindle Fires. Xander McKenzie won his Kindle Fire for guessing the exact number of starbursts in a jar at the Sidney Career Fair.

Left: Taylor Reynolds from Fairview High School, with his Kindle Fire donated by JSEC at the Career Fair held at Sidney High School on February 4th. (Photos by Sheridan Martin)



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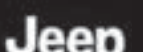
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Montana Fish & Wildlife Commission Approves Funding for Yellowstone River Conservation Easement

Submitted by Kendall Van Dyk

Yesterday, the Montana Fish, Wildlife and Parks (FWP) Commission unanimously approved funding for a Channel Migration Easement on the lower Yellowstone River in Richland County. The easement, which was developed by the Montana Land Reliance in cooperation with FWP and Montana Aquatic Resources Services (MARS), will use funds from Western Area Power Administration and passed through FWP to the Navratil family of Sidney. The project will benefit fisheries of the lower Yellowstone including the endangered pallid sturgeon by prohibiting armoring the river bank within the easement area and allowing the river to migrate naturally.

In addition to leading completion of the easement with FWP and MARS, Montana Land Reliance (MLR) will hold the easement in perpetuity and will provide long-term stewardship of the site. MLR works to conserve agricultural lands and holds over 850 easements protecting over 950,000 acres of private land in Montana.

Kendall Van Dyk, Eastern Manager for MLR, noted that "What ultimately won the day was the incredible conservation value, indisputable evidence that the easement poses no additional threat to downstream landowners, and most of all, affirms private property rights. We're thrilled to assist in helping the Navratils realize their goals for the property, just like every landowner we've worked with across the state."

Montana Aquatic Resources Services, a non-profit Montana-based conservation group, has identified a number of key properties as part of the Yellowstone River Channel Migration Easement (CME) program. CMEs are a new option to conserve

fish and wildlife habitat and healthy functioning of the Yellowstone River and its floodplain. Tom Hinz, Director of Program Development at MARS, says the Navratil project is the first of its kind in Montana, which is attracting interest from landowners in other Montana valleys and in other western states. Hinz said, "This is a permanent and lasting legacy for the Navratil family. The family has over 135 years of history in the Sidney area and is committed to conservation of the sturgeon and other wildlife of their area. They are truly pioneers in this new approach to conservation."

Also assisting in the project was XTO Energy, a subsidiary of Exxon Mobil, who maintains the oil and gas lease on the property. "XTO partnered with us and voluntarily waived their surface rights on the easement. Their participation literally made this possible," Van Dyk added.

2015 Fall RMC Dean's & High Honors Lists

RMC students amassed a long 2015 Fall semester Dean's List for academic achievement.

The Dean's List for Rocky Mountain College includes 152 students who received High Honors with an asterisk (*) after their names, as they earned a 4.00 GPA in Fall 2015.

The Dean's Honor List was also filled with 150 other students who have maintained a 3.60 to 3.99 grade point average.

Circle; Bryce Loudon, Glendive; Teia Knutson*, Sidney; Colin Moran, Wibaux; Chase Bertelsen and Conner Leach.

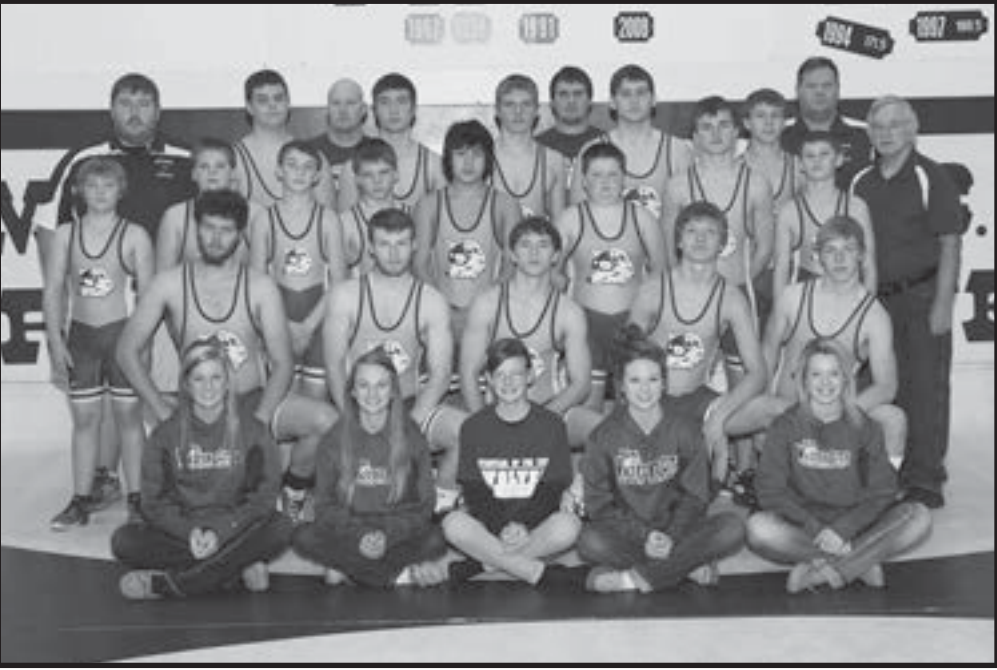


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2015-2016 GIRLS' BASKETBALL

Front row (L-R) Ricki Lindley, ReiAnn Lindley, Lea Arndt, Lindsay Peterson. **Middle row (L-R)** Assistant Coach Mandy Garman, Iida Lehto, Alli Mogen, Avery Sundeen. **Back row (L-R)** Assistant Coach Berton Bates, Katie Mogen, Mackenzie Sparby, Krystal Wold, Kaytlyn Grimes, Head Coach John Zenz.

State Qualifiers from Watford City
106- Liam Shannon
113- Braedon Gumke
120- CJ Thacker

126- Dakota Garmann
138- Hunter Schwartzenberger
145- Jade Hepper
152- Kyle Cook

182- Connor Dennis
220- Jake Belland
285- Jackson Faller



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Lunch
Menus

Sidney School

Thurs., Feb. 18: Chicken patty on bun, cheesy potatoes, fresh fruit.

Fri., Feb 19: Pizza, tossed salad, pears.

Mon., Feb. 22: Chicken taco, salad, peaches.

Tues., Feb 23: Sausage gravy over biscuits, applesauce, hash browns.

Wed., Feb 24: PB&J sandwiches, chicken noodle soup, carrot sticks, pears.

Savage School

Thurs., Feb. 18: Hot ham & cheese.

Fri., Feb. 19: No school.

Mon., Feb. 22: French dip.

Tues., Feb. 23: Chicken alfredo.

Wed., Feb. 24: Scalloped potatoes & ham.

Rau School

Thurs., Feb. 18: Shrimp or chicken strips, fries, salad, fruited jello, milk.

Fri., Feb. 19: Sandwich, chips, veggies, fruit, milk.

Mon., Feb. 22: Chicken sandwich, beans, cucumbers & broccoli, mandarin oranges, milk.

Tues., Feb. 23: 5th grade pick. Tacos, rice, corn, apple, cheese-cake, milk.

Wed., Feb. 24: Cook's Choice.

Froid School

Thurs., Feb. 18: Potato soup, egg salad sandwiches, salad bar, fruit, milk.

Fri., Feb. 19: No school.

Mon., Feb. 22: Hamburgers, french fries, lettuce mix, salad bar, fruit, milk.

Tues., Feb. 23: Nachos, refried beans, taco bar, lettuce mix, grapes, salad bar, milk.

Wed., Feb. 24: Ham, scalloped potatoes, corn, rolls, dessert, fruit, salad bar, milk.

Bainville School

Thurs., Feb. 18: Chili, cheese sticks, corn bread, fruit cup.

Fri., Feb. 19: Mac'n'cheese, broccoli normandy, peaches.

Mon., Feb. 22: Slushburgers, potatoes, fruit.

Tues., Feb. 23: Chalupas, taco bar, pears.

Wed., Feb. 24: Hot hamburger, mashed potatoes w/gravy, corn, strawberries.

Culbertson School

Thurs., Feb. 18: Enchiladas, rice, fruit, milk.

Fri., Feb. 19: Chicken strips, fries, corn, fruit, milk.

Mon., Feb. 22: Grilled cheese sandwiches, mashed potatoels, milk.

Tues., Feb. 23: Lasagna, bread sticks, corn, fruit, milk.

Wed., Feb. 24: Tacos, fruit, milk.

Richey School

Thurs., Feb. 18: Chili, cinnamon roll, corn, pears, milk.

Fri., Feb. 19: Taco salad, peaches, chocolate chip cookie, milk.

Mon., Feb. 22: Chicken alfredo, peas, pears, breadstick, milk.

Tues., Feb. 23: Chicken nuggets, corn, fruit cocktail, milk.

Wed., Feb. 24: Pizza, lettuce salad, pineapple, chocolate pudding, milk.

Lambert School

Thurs., Feb. 18: Ham & turkey subs, broccoli salad, fruit, milk.

Fri., Feb. 19: No school.

Mon., Feb. 22: Chicken nuggets, potato wedges, fruit, milk.

Tues., Feb. 23: Pizza, chips, bananas, milk.

Wed., Feb. 24: Sweet & sour chicken, stir fry veggies, pineapple chunks, milk.

Fairview School

Thurs., Feb. 18: Beef stew w/ carrots & potatoes, bun, strawberries, pudding, milk.

Fri., Feb. 19: No school.

Mon., Feb. 22: Ravioli, garlic toast, salad, peaches, milk.

Tues., Feb. 23: Cheeseburger casserole, bread, broccoli, milk.

Wed., Feb. 24: Tacos, rice, breadstick, mandarin oranges, carrots, milk.

Watford City School

Thurs., Feb. 18: Chicken fajita w/peppers, onions & corn.

Fri., Feb. 19: Popcorn chicken, mashed potatoes w/gravy, green beans.

Mon., Feb. 22: French toast w/syrup, sausage links, hash-browns, fruit.

Tues., Feb. 23: Spaghetti w/ meat sauce, garlic bread, green beans.

Wed., Feb. 24: Orange chicken, rice, steamed broccoli, fortune cookies.

Local Schools Participate In County MATHCOUNTS Competition

Submitted by Carol Keison

Junior High students from East Fairview, Alexander, Johnson Corners Christian Academy and Watford City competed in MATHCOUNTS, the annual nationwide math program for junior high school students on Feb. 10, according to Carol Kieson, McKenzie County Superintendent of Schools and local program coordinator.

The MATHCOUNTS program aims to help improve student interest and ability in mathematics. They have targeted junior high students, who are at a crucial stage in sustaining and developing math skills and interest.

Students compete individually and as team in written matches. Subjects include probability, statistics, linear algebra and polynomials. MATHCOUNTS is designed to improve

math skills among U.S. students and prepare students for future career opportunities and success.

At the close of the competition the students were treated to a pizza lunch provided by Hot Stuff/Cenex of Watford City.

County scores are forwarded to Region 4. The top two teams and the top eight individuals of the region advance to the state competition held April 4 in Bismarck.

Winners of the county competition were:

First Place Team - Alexander: Thayne Oian, Bradyn Modine, Brieanna Yancey and Corynna Turnquist.

Second Place Team – Watford City: Jonah Lehto, Morgan Franz, Ashleigh Voll and Lane Christenson.

Top Three Individuals: 1st Jonah Lehto, Watford City; 2nd Bradyn Modine, Alexander; 3rd Quinn Voll, Watford City.



Watford City: Jonah Lehto, Morgan Franz, Ashleigh Voll and Lane Christenson.



Alexander: Thayne Oian, Bradyn Modine, Brieanna Yancey and Corynna Turnquist.

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County Agent Update

Weak Calves

John Dhuyvetter, North Dakota State University Extension Livestock Area Specialist out of North Central Research Extension Center in Minot recently wrote an article about how to prevent weak calves. For some ranchers, calving could start in as little as a few weeks. Dhuyvetter talks about how there are a number of factors that can add to the chances of having weak calves at birth. Calves that can easily become cold at birth, slow to stand and fail to nurse soon after birth can contribute to greater calf losses and considerable work. Weak calves may be associated with infectious diseases, such as BVD. BVD stands for Bovine Viral Diarrhea. The United States Department of Agriculture Animal and Plant Health Inspection Service (APHIS) states some symptoms in new born calves are; ataxia, trem-

By Danielle Steinhoff

ors, wide stance, stumbling and failure to nurse. Infectious diseases are for the most part related to cow nutrition during gestation. Thin cows that do not receive adequate energy in late gestation and are thin at calving may produce calves with less fat reserves which are important for helping to keep them warm after birth. Even adequate body conditioned cows may produce weak calves if their diet was lacking protein, vitamin A and E or minerals such as selenium. Having a vitamin-mineral program in your ranch operation may be exactly what the herd needs to receive proper nutrients, using daily rations or free choice products such as loose, blocks or tubs. Forage that is being fed should always be tested for protein levels to determine if it will supply the needed protein levels during late gestation. Young cows will need about 2.5 pounds or a 9% crude protein ration. If you do notice weak

calves this spring, be prepared to warm them in a warm box to prevent hypothermia or death. Helping them nurse from mom is crucial, if needed, tube feeding warm colostrum or colostrum replacers is needed within several hours of birth.

63rd Annual

Last week, at the Grand Williston Hotel, the National Hard Spring Wheat Show held its 63rd annual show. I personally want to say Thank You for those that attended and helped plan this show, it went great! V.J. Smith, the keynote speaker, talked about how important it is to appreciate and say Thank You to others. This message really stuck with me, it is a word that is seldom used in today's society. This show went quite well, we had some great speakers and wonderful farmers in attendance. Next year's, 2017, show will be February 7,8, and 9. Hope to see you all then.

Token Project A Success In Reducing DUI's Over The Holiday Season!

By Don Smies
Injury Prevention Specialist,
DUI Task Force Coordinator

As a continuing effort of the Richland County DUI Task Force to confront and reduce deadly drinking and driving, Free Ride Tokens with Sidney Shuttle were given to all Law Enforcement in Richland County as well as a few establishments that provide alcoholic beverages. These tokens were made available to ensure that anyone who was impaired would have an available option to get home

safe this holiday season. The project ran from Dec. 23, 2015, to Jan. 3, 2016 and decreased DUI's by 42.85%.

Don Smies, Coordinator of the Richland County DUI Task Force worked with Sidney Shuttle to provide a safe option. 880 ride tokens were provided with 501 of those being given to those that may have needed a safe ride home. 82 tokens were used during this time with 134 folks receiving a safe, free ride home. As part of the result, there were only 4 DUIs this holiday season,

where last year there were 7, a positive response. We would like to sincerely thank all of those involved in this project. With this success we hope to add more establishments this year, as funds allow.

Please contact Mr. Smies if you are interested in contributing financially to this program, or if your establishment would like to participate in the token projects this coming year. The total cost of this program was \$1425.86, which was raised over the last year by a gun raffle, donations and other fundraising activities by the DUI Task Force. No County funds were used.

If you are interested in being involved with the DUI Task Force into the future, please contact Don Smies at 433-2207 or email at dsmies@richland.org. Anyone in the community that is interested is encouraged to come to the quarterly meetings and to participate as you would like. Together we can make a difference.

MNAXLP

Landowners New Access Program Offers Tax Credits

Submitted by Montana FWP

Landowners have until March 15 to submit applications to Fish, Wildlife, & Parks for enrollment in a new program called Unlocking Public Lands that may qualify a landowner for up to \$3,000 in annual tax credits. Through this program, a landowner who enters into a contractual agreement with FWP to allow public recreational access across private land to reach a parcel of otherwise inaccessible state or federal Bureau of Land Management (BLM) or United States Forest Service (USFS) land is entitled to receive a \$750 annual tax credit per contract, with a maximum of four contracts per year.

The Unlocking Public Lands program is a product of the 2015 Legislature, which expanded a program called Unlocking State Land passed by the previous legislature. While Montana contains nearly 31 million acres of BLM, USFS, and state land, much of this land requires landowner permission to cross private land to reach the state or federal land.

"The concept of offering a tax credit in exchange for allowing public access across private land to reach public land is a unique and innovative way to provide incentives to landowners willing to accommodate public access," said Alan Charles, FWP Coordinator of Landowner/Sportsman Relations. "The Department hopes these new opportunities and incentives may appeal to landowners throughout the state."

More information about the program, including enrollment criteria and the application form, can be found at <http://fwp.mt.gov/hunting/hunterAccess/unlockingPublicLands/>.

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\$30- 30lb box of apples*, oranges, pears
\$15- 20lb box of grapefruit
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\$22- 40lb box of grapefruit
\$30- 40lb box of oranges
\$15- 9lb box of 10 oranges, 6 pink lady apples, 4 pears
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February is National Dental Health Month

By Tieheena Lemerond

Despite the fact that it's almost entirely preventable, tooth decay is the most common chronic disease in children. The good news is there are safe and effective preventive measures that can protect teeth. Good oral hygiene practices such as thorough brushing with a fluoride toothpaste can help keep children from getting cavities. In addition, dental sealants and community water fluoridation are two other strategies that can help prevent tooth decay.

Developing good habits at an early age and scheduling regular dental visits helps children to get a good start on a lifetime of healthy teeth and gums. To access free online resources that can help you with teaching children about good oral health, visit ADA.org, click on Public Programs and then National Children's Dental Health Month.

Children's oral care (per the Colgate website)

Take good care of your child's baby teeth. They do eventually fall out but until they do, baby teeth play an important role in helping your



child bite and chew food, and speak clearly. Many of the same treatment and evaluation options that adults have are also available to kids. These include X-rays, dental sealants, orthodontic treatment and more.

What to Expect During Childhood

Wiggly teeth

When a child is about 6 years old, his/her teeth will begin to come loose. Let your child wiggle the tooth until it falls out on its own. This will minimize the pain and bleeding associated with a lost tooth.

Cavities

Cavities can develop when sugar-containing foods are allowed to stay in the

mouth for a long time. Bacteria that live on the teeth feast on these bits of food and can eat away at tooth enamel. Saliva washes away the acid between meals, but if your child is always eating, there may not be time for this acid to get washed away.

When should a child go to the dentist for the first time?

The American Academy of Pediatric Dentistry (AAPD) recommends that a child go to the dentist by age 1 or within six months after the first tooth erupts. Primary teeth typically begin growing in around 6 months of age. A check-up every six months is recommended in order prevent cavities and other dental problems.

Don't Forget Your Four-Legged Friend

By Tieheena Lemerond

Don't turn your nose to your pets' bad breath! That odor might signify a serious health risk, with the potential to damage not only your pet's

teeth and gums but its internal organs as well.

To address the significance of oral health care for pets, the American Veterinary Medical Association (AVMA) sponsors National Pet Dental Health Month every February. This means it's time to pay extra attention to your pet's teeth. It's important to take proper care of canine and feline teeth, because if left untreated, plaque and tartar buildup can progress to painful periodontal disease. Approximately 80 percent of dogs and 70 percent of cats show signs of oral disease by the age of three. The bacteria from periodontal disease can spread to other organs and cause illnesses — you don't want your four-legged companion to become part of that alarming statistic.

Three Simple Steps to Dental Care: Pet owners can brush up on their four-legged friends' oral care by following three simple guidelines outlined by the American Veterinary Dental Society.

Take your pet to get a dental exam. Your pet should have a routine veterinarian examination, including a careful

examination of his teeth and gums, at least once a year.

Start an at-home regimen. Ask your veterinarian to suggest nutritional supplements and a regular teeth brushing schedule or a specially formulated food proven to help remove plaque and tartar from your pet's teeth.

Schedule dental cleanings. Take your pet for regular dental checkups.

Signs of Dental Disease:

What are some indicators that your cat or dog may have dental disease? The American Veterinary Dental College, the clinical specialist organization for veterinary dentists, lists the following on their Web site: Bad breath, loose or discolored teeth or teeth covered in tartar, your pet is not comfortable with you touching within the mouth area, drooling or dropping food from the mouth, bleeding from the mouth and loss of appetite or loss of weight.

Your pet's dental health is just as important as your own; if your pet shows any of these signs, you should schedule an appointment with your veterinarian as soon as possible.

EVERYONE WELCOME!

2016

March 3-4

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Richland County Fairgrounds, Sidney, MT

THURSDAY, MARCH 3

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8:00 am Trade Show Opens

9:00 am "UAV / Drone Use in Crop Production" - Brandon Ewen, UAV Expert / Montana producer

10:00 am "Cover Crops" - Kate Vogel, North 40 Ag

11:00 am "Glyphosate Resistant Maize" - Tim Fine, Richland Co. Extension, Fabian Menalled, MSU Extension weed specialist

Noon Lunch Break

1:00 pm "GMO's" - Rhonda Steiger, Biotech Spokeswoman

2:00 pm "Sugarbeet Disease" - Jessica Rupp, MSU Extension Plant Pathologist

3:00 pm "Optimum Sugarbeet Health Strategies" Mohamed Khan, NDSU Extension sugarbeet specialist

4:00 pm "Sugarbeet Weed Control" Tom Peters, NDSU Extension Agronomist

5:00 pm **Social** (Sponsors: Prewitt Cattle Co./Sidney Livestock Market and Yellowstone Bank)

6:00 pm **Banquet at Event Center:** Entertainment - Damian Mason

FRIDAY, MARCH 4

7:00 am **Sidney Chamber Breakfast** (Sponsor: Advanced Communications)

9:00 am "Adapting Cropping and Livestock Systems to a Changing Climate" Justin Dernen, USDA No. Plains Regional Climate Hub

10:00 am "Livestock Water Quality Research" - Mark Peterson, Ft. Keogh-ARS

11:00 am "Reynold's Meat Department Beef Cutting Demonstration"

Noon Lunch Break

1:00 pm "Richland County Aquifer Studies" - Kevin Chandler, MT Bureau of Mines and Geology

Trade Show Hours:

Thurs: 8:00 am - 6:00 PM

Fri: 8:00 am - 2:30 PM

BANQUET

Thursday, Mar. 3

6:00 pm at the Event Center

Tickets - \$40.00 ea.*

Available at:

Stockman Bank
Richland Co. Extension
Sidney Chamber Office
Tri-County Implement
Farm Equipment Sales

featuring

DAMIAN MASON

Agriculture: REVERSE Starvation Success!

Damian provides a hilarious look at farm-life, reflecting his knowledge and advocacy for the industry. Raised on a dairy farm, Damian has a degree in Ag Economics, and manages his own farm in Indiana. Few people are funny AND knowledgeable about farming; Damian is both!

* includes free drink ticket for Social

For more info: Tim Fine at 406-433-1206 or: www.mondakagdays.org

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GOLD

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New Resource For Montana's Beginning Farmers And Ranchers

Submitted by Annie Heuscher

The vast majority of farmland in America will change hands in the next twenty years as farmers age and retire. While many states are worried about how this will affect their communities, one new resource is helping Montana buck that trend by making new farmers better prepared to take over.

Farm Link Montana is a comprehensive online clearinghouse for beginning farmers and ranchers. The project seeks to provide new producers with the resources and tools to start successful, sustainable businesses. "We see a lot of new farmers getting started without much business knowledge," says program director Annie Heuscher. "That may have worked 40 years ago, but the playing field in Ag is a lot tougher now than it used to be and if we want these farmers and ranchers to be successful, we have to help them with every tool we can."

The new website includes resources on production, marketing, financial management, financing, risk management, land access and evaluation, and many other tools specifically geared towards Montana's producers. In addition, the site includes three new programs to link new farmers with internships, mentorship, and land.

Farm Link is being launched in conjunction with farm business planning courses being offered across the state through a partnership with MSU Extension. Workshops will utilize a new curriculum developed for Montana farmers; the full curriculum is available online on the Farm Link site.

For more information, visit FarmLinkMontana.org.