

The Medical Emergency Fund Gets People Where They Need to Go and **Then It Brings Them Home**

By Meagan Dotson

By March of 2013 we were well aware that our lives were going to change forever; I was pregnant with our third child and busy thinking about the tiny life that would have such a big impact on our family. My thoughts were of baby names and little clothes the day I walked into Sidney Health Center and found out we would be having a boy. That was also the day I learned that my son had spina bifida and would later learn he had, and still has, OEIS Complex.

"Don't go online and research it (OEIS Complex)," one doctor told me. "It's only going to scare you."

Good advice especially since I lacked nothing in the terror department. But life doesn't wait for you to find your courage and we only had a couple of months to get everything in order before I had to be in Denver in case of premature labor. My cousin told me about the Medical Emergency Fund at the Foundation for Community Care, a non-profit organization dedicated to ensuring residents of Richland County and the surrounding area have access to quality healthcare. The Medical Emergency Fund is just one of many ways they help to meet the medical needs of the community and I quickly applied. Money isn't something you want to have to think about in the midst of a medical crisis, but expenses are a reality. The Medical Emergency Fund helped with the cost of being in Denver from June until mid-August.

Fortunately my sister lives about 15 minutes away from University Hospital, where Owen Joshua Dotson was

USS North Dakota Crew Members

born on July 3, 2013 via emergency cesarean before they took him across the street to Children's Hospital, where he would spend the first few weeks of his life. I didn't have a warm baby placed in my arms, but rather just a few moments to caress his



skin before they wheeled him off. He was very real and this was really happening. At two days old he had his first life-saving surgery and at approximately two weeks he had his second surgery and all we could do was wait.

Today, Owen is a happy, sweet little boy who loves Thomas the Tank Engine, chocolate milk, and the iron statues outside of the Foundation for Community Care. He's had three surgeries and he has many more ahead of him. We have received an overwhelming amount of support from our family, friends, and the community and have been fortunate to work with some amazing doctors, nurses, and specialists. But, I will always recall the last appointment I had in Billings before moving to Denver for the summer. My regular doctor was gone and his partner was filling in for him. Without even introducing herself, she walked into the exam room and told me that I needed to move to Denver, relocate our family, and plan on being there for the next two to three years because of the severity of Owen's condition and the difficulty that would come with living in such a rural area. She could've been right; Owen requires a lot of medical travel but I am willing to do that because it's what he needs and this is our home. I can do that because there are people in this community that choose to give selflessly to help those they may never know. Giving to the Medical Emergency Fund is a gift that gets people where they need to go and then it brings them home. Thank you.

For more information about the Foundation for Community Care, the Medical Emergency Fund, or to make a tax-deductible donation, visit them online at www.foundationforcommunitycare.org or contact them at 406-488-2273. The Foundation for Community Care is located at 221 2nd St NW in Sidney.



Make Namesake Visit

Submitted by Bob Wefald

Two members of the crew of USS North Dakota (SSN-784) are making a namesake visit to western North Dakota. USS North Dakota Committee Chairman Bob Wefald of Bismarck said, "As part of our long term commitment to continue to build a strong and supportive relationship between the people of North Dakota and our boat we are supporting the namesake visit of two members of the crew." Our boat's Executive Officer Lieutenant Commander Cameron Aljilani and the 2015 Sailor of the Year Petty Officer First Class David Evers will visit Williston and Watford City as well as Bismarck. According to Wefald, "it is very important that we in North Dakota continue to reach our boat and its crew, and this namesake visit by the Executive Officer and the 2015 Sailor of the Year will continue to strengthen the mutual ties that bind us together."

Currently USS North Dakota is in the General Dynamics Electric Boat shipyard undergoing post-commissioning availability to install updates and ready her for prolonged service in the fleet.

Both Lieutenant Commander Aljilani and Petty Officer First Class Evers will give an update on our boat to Watford City Chamber of Commerce and the American Legion at 11:30 a.m. on Wed., Dec. 2nd at Teddy's 1 mile south of Watford City.

Wefald noted, "These namesake visits are important in building a strong and close relationship between the boat and its crew with the people of North Dakota. They will see the pride North Dakotans feel in the honor of having this ship named after our state." USS North Dakota was commissioned on October 25. 2014.

Children's Shopping **Event Dec. 5**

Children's Shopping Event sponsored by Business Professionals of America.

Children will be allowed to shop for all members of their immediate family for a minimal charge of \$5 per child. Gift choices will be available for all ages. BPA members will assist the children with their shopping and wrap and package the gifts. This event will be held Dec. 5 at the Sidney High School Cafeteria from 9 a.m. to 12 p.m. Please use the south entrance.

Owen Dotson spent five weeks in the NICU and had two surgeries at Children's Hospital in Aurora, CO before being brought home to Sidney.

Christmas Coalition **"Gifts from** the Heart" **Dec. 12**

Submitted by Jakkie Waller

The Richland County Community Christmas Coalition is pleased to announce that the annual "Gifts from the Heart" gift distribution for the needy is scheduled for December 12, 2015. The event will once again be held at the Masonic Temple (on Main, across from the Courthouse) in Sidney. The hours for the distribution will be from 7 a.m. until 2 p.m. and recipients will be allowed to choose gifts for a child that resides full time in their home and is under the age of 18. Recipients must be residents of Richland County.

The Christmas Coalition also assists the Richland County Food Bank and the Fairview Food Bank in distributing food boxes. The goal is to provide every family with all the ingredients to make Christmas Dinner!

Now is the time to begin keeping an eye out for gifts for donation. Many good buys can be found and Christmas will be here before we know it. Toy donations can be dropped off at any Richland County Edward Jones offices. Hats & mittens can be donated at any Richland County financial institution. And monetary donations can be taken to Stockman Bank or by contacting Jakkie Waller for pick up.

If you or your group would like to assist in setting up, food sorting or be shopper assistants, please call Jakkie at 480-9117.

Please remember, we ask that children DO NOT accompany the parent or guardian during the shopping experience.

Owen with his sister Abbey and brother Ethan.

MonDak Christmas in **Sidney Dec. 6**

Submitted by Kim Simmonds

"Photographs and Memories" will be the theme for the 28th Annual MonDak Christmas, which will be celebrated Sun., Dec. 6, 2015. Admission is free and there will be activities for all ages.

This fun afternoon will include live performances by the Liberty Christian Bell Choir, the Sunrise Brass and Signe Verhasselt, a fundraiser bake sale, and photos with Santa. Additionally, the Christmas trees and wreaths from the Parade of Trees will be on display. Everyone is invited. A portion of all free will donations that day will benefit the Richland County Food Bank.

This event is also a perfect time to shop for unique gifts by local artists in the MonDak's gift shop where new books, art, and new artists have been added in recent weeks. It will also be time to stock up on baked goodies at the MonDak's annual bake sale.

If you are interested in donating baked goods to the bake sale, please contact Leann at 406-433-3500.

This event is FREE and open to the public, although donations for photos with Santa are appreciated. Sunday, doors open 1:30 p.m. Refreshments will be served. We hope to see you there.

Special thanks to our sponsors, H&R Block and Amanda Seigfreid.

2A ROUNDUP, WEDNESDAY, DECEMBER 2, 2015







The service of remembrance will be on Sun, Dec 6 at 1 pm in the Chapel of Fulkerson-**Stevenson Funeral Home in** Sidney, MT.

Anyone who has lost a loved one is invited to attend the service. A tree will be set up and decorated with ornaments brought by family members. The ornaments may simply be a small picture, name or favorite ornament. These may be dropped off ahead of time should you not be able to attend or bring the ornament when you attend the service.

Refreshments served following the service.

· It's All About Saying Goodbye -Fulkerson – Stevenson FUNERAL HOME Sidney: 406-488-2805 | Watford City: 701-842-2490 | Williston: 701-572-6329 Tioga: 701-664-2122 Remembrances & condolences may be shared with family at: www.fulkersons.com

AREA RECOVERY GROUPS

MONDAYS:

12 p.m. – AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.
1 p.m. - 3 p.m. – Grief Reovery Support group at Glory of the Lord Family Ministries, Watford City.
6 p.m. – Al-Anon, Trinity Lutheran Church Ed. bldg., 214

OBITUARIES

Harold Sorensen, 92, Sidney, MT

Funeral services for Harold Sorensen, 92, of Sidney will be at 10 a.m., Wed. Dec. 2, 2015, at the Shepherd of the Valley Lutheran Church with Pastor David Huskamp officiating. Interment will be in the Sidney Cemetery, under the direction of the Fulkerson-Stevenson Funeral Home of Sidney. Remembrances, condolences and pictures may be shared with the family at www. fulkersons.com.

Harold died on Sat. morning, Nov. 28, 2015, at the Lewistown Nursing Home, Lewistown, MT.

Keith "Nick" Johnson, 58, Sidney, MT

Memorial services for Keith "Nick" Johnson, 58, of Sidney will be at 2 p.m., Wed., Dec. 2, 2015, at the Fulkerson-Stevenson Memorial Chapel in Sidney with Father Jim O'Neil officiating. Cremation has taken place under the direction of the Fulkerson-Stevenson Funeral Home. Remembrances, condolences and pictures may be shared with the family at www.fulkersons. com

Nick died on Sat. afternoon, Nov. 28, 2015, in the Sidney Health Center Emergency Room, Sidney, MT.

Ryan Chatterton, 18, Sidney, MT

Funeral services for Ryan Chatterton, 18, of Sidney were at 2 p.m., Mon. Nov. 30, 2015, at the Sidney High School gymnasium, with Pastor Richard Evans officiating. Cremation followed services under the direction of the Fulkerson-Stevenson Funeral Home. Remembrances, condolences and pictures may be shared with the family at www.fulkersons.com.

Ryan died on Wed., Nov. 25, 2015, at his home.

Traditional Polish Dinner will Raise **Funds for** World Youth Day

By Meagan Dotson

St. Joseph's Church, 106 6th St. West in Williston, will be holding a traditional twelve course Polish Christmas dinner on December 6th at 5:30pm central time.

St. Joseph's Youth Group will use the proceeds to attend World Youth Day in Krakow, Poland in July of 2016. In addition to the fifteen high school students that are going, there will also be twelve adults including two youth leaders and Father Kovash.

St. John Paul II established World Youth Day in 1984 as an opportunity for Catholic Youth from all over the world to come together. While World Youth Day has been held in countries all over the world, Krakow, Poland is especially exciting to those who will be attending because it is where St. John Paul II is from. Events for the trip include a pre-trip sightseeing tour In the Footsteps of St. John Paul II; some of the sights are a visit to St. John Paul II's birthplace, gondola rides, a guided tour of Czestochowa, a 15th century monastery, as well as a guided tour of Auschwitz-Birkenau. During the scheduled events for World Youth Day, students will get an opportunity to meet the Pope. St. Joseph's Youth Group has never attended the international gathering before and will be the only group from the Bismarck Diocese to attend in 2016. The group will be leaving July 20, 2016 and returning August 1, 2016. There are only 120 tickets being sold for the authentic Polish dinner, and they are going fast! Tickets are \$100 each; get your tickets today by calling St. Joseph's Church at 701-572-6731.



RICHLAND COUNTY

Events in Sidney unless otherwise listed. MT Zone. Wed., Dec. 2

7 p.m. - Pottery painting class at the MonDak Heritage Center. Cost to attend is \$30.

Thurs., Dec. 3

7 p.m. - Deck the Walls: Montana string art class at the MonDak Heritage Center. Cost to attend is \$15. Fri., Dec. 4

9 a.m. - 10 a.m. - MonDak Heritage Center is having a Mommy & Me Santa's cookie plate where you and your little one can creat a cookie plate for Santa. All children must be accompanied by an adult. Cost to attend is \$20.

10:30 a.m. - Storytime. Ages 0-5 years. Sidney Public Library. 4 p.m. - 8 p.m. - St. Matthew's Craft Bazaar. 310 7th St. SE, Sidney, MT. Lunch will be available. Contact Kelly at 482-5878 evenings.

Sat., Dec. 5

9 a.m. - 12 p.m. - Children's Shopping Event. Children will be able to shop for all members of their immediate family for a minimal charge of \$5 per child. This event is sponsored by Business Professionals of America and will be held at Sidney High School. BPA members will assist the children with their shopping and wrap and package gifts.

10 a.m. - 4 p.m. - St. Matthew's Craft Bazaar. 2 p.m. - 3:30 p.m. - Kid's ornament painting class at the MonDak Heritage Center. Cost to attend is \$15. Sun., Dec. 6

1:30 - 3:30 p.m. - MonDak Christmas. The MonDak Heritage Center & the Boys & Girls Club will be partnering to host this event which is free. Everyone is invited to attend a relaxing afternoon of music and refreshments. There will be a bake sale with an array of Christmas goodies, breads, cookies and jellies A photographer will be on hand to take photos with a "Jolly Olc Soul".

Mon., Dec. 7

7 p.m. - Communication Arts 12 and Advanced English students wil be performing scenes from Macbeth, Taming of the Shrew and Hamlet at Sidney Middle School Auditorium. Free admission to the public.

7 p.m. - Wine glass painting class at the MonDak Heritage Center where you can make your own, personalized present for a friend or loved one who loves wine. Cost to attend is \$15. Tue., Dec. 8

12 p.m. - 4 p.m. - Walk-in Handprint ornament. Stop by the MonDak Heritage Center with your children and we will make a handprint ornament with them out of clay. We will fire the ornament and paint it to look like Santa. \$15 per ornament. No appointment necessary.

Wed., Dec. 9

7 p.m. - Deck the Walls: Monogrammed initial string art class & the MonDak Heritage Center. Cost to attend is \$15. Fri., Dec. 11

11:30 a.m. - Richland Red Hatters Christmas lunch at the Meadowlark. RSVP by Dec. 9. Contact Sylvia at 406-798-3882 or Margaret at 406-488-4613.

Sat., Dec. 12

7 a.m. - 2 p.m. - The Annual Gifts From the Heart will be held at the Masonic Temple located across from the Richland County Courthouse. Recipients will be able to choose gifts for a child that resides full time in their home and is under the age of 18. Must be a resident of Richland County. We ask that children do not accompany the parent or guardian during the shopping experience.

9: 30 a.m. - Peoples Congregational Church will be having a bake sale with an auction at 10 a.m. Free refreshments will be served. Everyone is welcome. 405 10th Ave SW. For more information call 406-433-3707. 2 p.m. - 3:30 p.m. - Kid's jewelery present-making class at the Mondak Heritage Center. Cost to attend is \$15. Tue., Dec. 15 12 p.m. - 4 p.m. - Walk-in Handprint ornament. Stop by the MonDak Heritage Center with your children and we will make a handprint ornament with them out of clay. We will fire the ornament and paint it to look like Santa. \$15 per ornament. No appointment necessary.

- S. Lincoln Ave, Sidney.
- 7 p.m. Fairview Alive and Kicking at Faith Alliance Ċhurch, 704 S. Western Ave.
- 8 p.m.— AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

TUESDAYS:

7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

WEDNESDAYS:

8 p.m. – Al-Anon, Sanford Room, McKenzie Co. Public Library, Watford City.

THURSDAYS:

7 p.m. – NA meeting, MonDak Trucking office Bldg., 725 W. Holly, Sidney.

8 p.m. – AA Group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

FRIDAYS:

12 p.m. – AA, Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.

12 p.m. - 1 p.m. - AA meeting, basement of Wilmington Lutheran Church, Arnegard.

6:30 - 7:30 p.m.- 5 Stones faith based recovery meeting, Sidney Nazarene, 606 9th St. SW, Back door is open.

7 p.m. – Path to recovery at Faith Alliance Church, 704 S. Western Ave.

8 p.m. – AA meetings, Trinity Lutheran Church Ed. Bldg, Šidney.

SATURDAYS:

7 p.m. – AA 24 hour group, Northern Pump & Compression, Watford City. Call 770-3603 or 770-2675 for directions or ride.

9 a.m. & 7 p.m. — AA Group Trinity Lutheran Church Education bldg., 214 S. Lincoln Ave, Sidney.

SUNDAYS:

7 p.m. — AA Group Trinity Lutheran Church Ed. bldg., 214 S. Lincoln Ave, Sidney.



LAKE WATER LEVEL REPORT

| | Sakakawea |
|--------------------------|-----------|
| Current Elevation | 1840.7 |
| Last Week's Elev. | 1841.0 |
| One Year Ago | 1841.2 |
| Release For Day (C.F.S.) | 13000 |

SIDNEY WEATHER DATA

| Source: MSU Eastern Agricultural Research Center | | | | |
|--|------------|-----|---------|--|
| Date | High | Low | Precip. | |
| Nov. 23 | | | 0.00 | |
| Nov. 24 | | | 0.00 | |
| Nov. 25 | | | 0.01 | |
| Nov. 26 | | 0 | 0.00 | |
| Nov. 27 | | 1 | 0.00 | |
| Nov. 28 | | | 0.00 | |
| Nov. 29 | | | 0.00 | |
| Total YTD Pre | cipitation | | 12.95 | |

Late Season Hunting **Opportunities End Soon**

Submitted by North Dakota Game & Fish

North Dakota waterfowl hunters are reminded the statewide duck and white-fronted goose seasons close Dec. 6. However, duck hunting in the high plains unit reopens Dec. 12 and continues through Jan. 3, 2016.

In addition, the season for Canada geese closes Dec. 24, except for the Missouri River Zone, which closes Jan. 1, 2016. Light goose hunting closes statewide Jan. 3, 2016.

Archery deer, fall turkey, sharp-tailed and ruffed grouse, partridge, pheasant and tree squirrel hunting seasons continue through Jan. 3, 2016.

MonDak Christmas Bake Sale, We need your help!

Do you love creating home baked goodies? Are your potholders always at the ready to pull cookies, cakes and pies from your oven? If so, please consider donating some of the items you make this holiday season to the MonDak Heritage Center's bake sale!

Each year, dozens of gracious bakers donate items to our bake sale that takes place at A MonDak Christmas. This year, it takes place on Sun., Dec. 6 from 1:30 p.m. to 3:30 p.m. A portion of the proceeds from the bake sale will benefit the Richland County Food Bank. If you would like to donate, please bring items to the MonDak Heritage Center on Fri., Dec. 4, between 10 and 4 p.m., or on Sat., Dec. 5 between 1 and 4 p.m. If you have any questions, please call the MonDak Heritage Center at 406-433-3500. Thank you!

WILLIAMS COUNTY

Fri., Dec. 4

1 p.m. - 8 p.m. - Annual Holiday Stroll. Hosted by the Williston Downtowners Association. Kick start your holiday shopping with family and friends while enjoying lots of great festivities in the downtown district. Activities include a visit with Santa, carolers, treats, sales, music, an ice sculptor and much more. 4 - 8 p.m. - Books on Broadway will be having a book signing featuring 6 authors. Cecile Long, Jim Marmon, Doris Vader, Charles Rathert, Dick Bingeman, and Jennifer Kendall. 5:30 p.m. - Reindeer Games. Family fun night. Free. Cookie decorating, ornament making, pictures with Santa and much more. Children must be accompanied by an adult. Williston State College. 1410 University Ave, Williston.

Dark - Spring Lake Holiday Lights Drive. \$5 per vehicle. Over 60 display pieces. On most weeknights, the Holiday Lights Drive offers activities such as photos with Santa, Friday night movies, Magic of Winter, craft nights and more.Proceeds are divided between Williston Parks and the non-profit group working in the ticket booth each night. For more details call 701-774-9041.

Sat., Dec. 5

9 a.m. - 4p.m. - Confluence Scrapbooking. Missouri-Yellowstone Confluence Interpretive Center. For more information call 701-572-9034.

6 p.m. - Festival of Trees. Join us for a formal evening of dinner, tree & silent auction, drinks & dancing. Williston State College. 1410 University Ave. \$50. Must be 21 and over. All proceeds go to Williston Friendly Faces who are involved in "planting positive seeds" year round in Williston, most notably the Santa's Elves Project which helps families in need of a little extra cheer during the Christmas season. Tickets can be purchased at the CVB located on airport rd.

Sun., Dec. 6

5:30 p.m. - Traditional Twelve Course Polish Christmas Dinner St. Joseph's Church, 106 6th St. W, Williston. Only 120 tickets to be sold. \$100 each. Proceeds will be used to send the St. Joseph's Youth Group to attend World Youth Day in Krakow, Poland. For more information call St. Joseph's Church at 701-572-6731.

Sun., Dec. 13

1:30 p.m. - 5 p.m. - Christmas at the Confluence at the Missouri-Yellowstone Confluence Interpretive Center. Music will be provided throughout by the Lisenbee Blue Grass Band, Christmas Tubas, Libtery School Bell Choir and Jm and Chery Lingefelter. Admission is free. This event includes refreshment as well as a make-and-take craft project. For more information contact Kerry Finsaas at 701-572-9034.

MNAXLP

ROUNDUP, WEDNESDAY, DECEMBER 2, 2015 3A

The New High Plains Veterinary Clinic



By Sheridan Martin

On Thursday, July 9, High Plains Veterinary Clinic in Sidney, MT began moving into their brand new facility and were ready to go by July 11. The brand new development, owned by Dr. J.J. Hovde and Dr. Gary Shieber, has all new supplies, technology, and services available geared towards household pets and specializing in horses and large cattle.

The old development, though very spacious, had only one surgery room and one exam room. The new facility has a brand new surgery room with two tables, which enable veterinarians to conduct two small animal

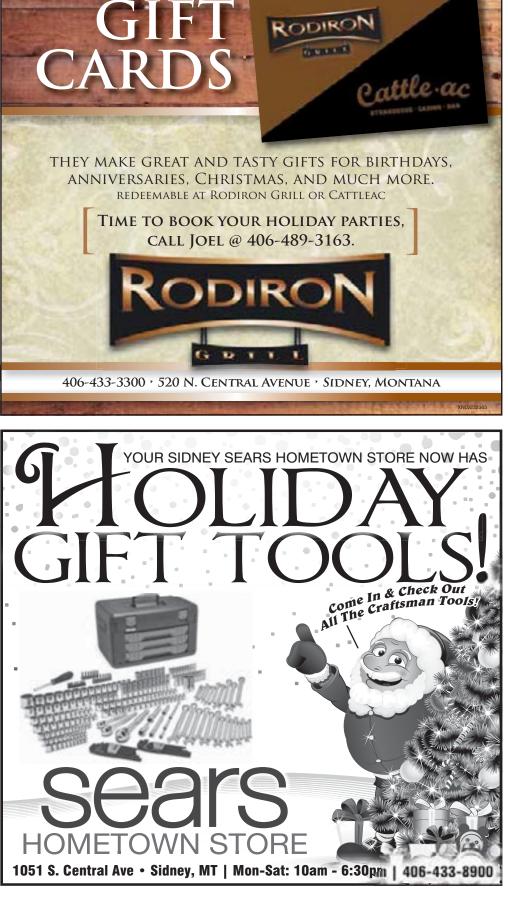
surgeries at a time. It also has an x-ray room to help doctors examine household pets and small animals, and a lab to run blood chemstries and blood tests. Along with the care of pets, the clinic also has kennels and carriers for over-night recoveries. High Plains can see up to 25-35 household pets per day. "High Plains Veterinary Clinic's practice has grown 3 times in the past 10 years.", said Jody Bieri, who has been a technician with the private company for 39 years. He also said, "Our goal here at High Plains, is to make sure that we are bringing people the highest quality veterinary services available. We expanded our clinic to provide that care

and to better serve the public."

When it comes to horses and cattle, the facility has made sure to provide the best care possible. They have a large animal pharmacy with necessary medications, vaccines and supplements. High Plains also has recovery stalls in which horses and cattle can recover after surgery, as well as a cleaning, care and feeding area.

For the keep and care for cattle, animals are still being held at the old High Plains facility, but brand new corrals at the new building are expected to be up and running by the end of December.

Horse care stalls.



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* No documentation fee or minimum interest fee

New, extended repayment terms: 10 months to repay, January-October 2016
 Applications accepted through Dec. 24, 2015



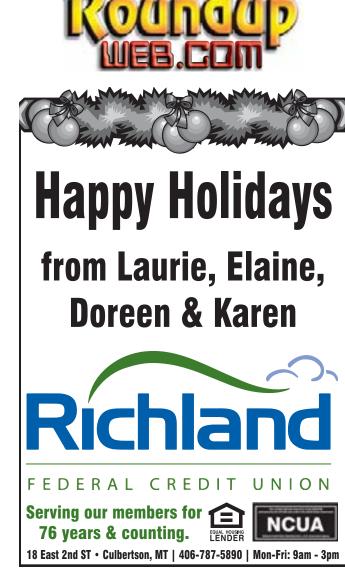
- Relation Quick processing of your application
- * Choose direct deposit or a check to receive your loan amount
- 💥 No vouchers to endorse
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- Cash is accepted everywhere!
- * No deadlines in which to spend your Hometown Holiday Cash!

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rney or tax accountant to discuss the effects of deferred payment contracts







Photos submitted by Marissa Eberling



Sidney Chamber Thanks Community for Christmas Story Stroll & Parade of Lights

Chamber

Christmas

Stroll

The Sidney Area

Chamber of Commerce

& Agriculture held their

annual Christmas Stroll

on Nov. 28. Above are

some of the offerings at

the Chili Cook Off. Left is a banner for Small

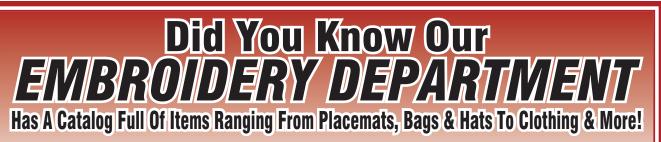
Business Saturday to

support local businesses the day after Black Friday.

By Marissa Eberling Events Coordinator Sidney Area Chamber of Commerce & Agriculture

Thank you to the Richland County community to coming out and supporting the Chambers' Christmas Story Stroll & Parade of Lights. This year was a year for change for the stroll; we recently changed from Friday after Thanksgiving to Saturday, which is Shop Small Saturday. We want to support all local businesses in our area and by moving the day, we want to showcase local shopping. Thank you to all the volunteers and businesses that participated in our event!

The event was a success! We had great weather, several non-profit vendors lining East Main Street. Talking with area businesses, they were kept busy with customers coming in and out on both Black Friday and Saturday! We also had a great turn out for the Chili Cook Off which was held in the Restorx Building. We had 4 entries for the cook off and each chili was different. We had our mystery judging panel go around and taste test each chili, the numbers were extremely close! First place winner was Kountry Catering, Second place was Big Sky Surveying, Third place was B & S Storage and Fourth place was Candy's.





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Succession Planning Workshop for Farm and Ranch Families

Area farmers and ranchers are invited to Design Your Succession Plan workshop, which will be held in Watford City on Dec. 1, 3, and 10 at the McKenzie County Courthouse. Classes will start at 5:30 p.m. CT and will conclude by 8:30 p.m. An optional lite supper will be served at 5 p.m. Cost to attend is \$150.00. Additional family members can attend at a cost of \$100.

Registrations can be taken at www.bit.ly/DYSPreg. They can also be mailed to the North Dakota State University Extension Service in Fargo. This program is sponsored by the NDSU Extension Service in McKenzie County.

Design Your Succession Plan will help you explore what you want for your business, how to discuss it in the family and how to get started creating a succession plan. It also will help you choose and prepare to work with professionals who will make the plan legal and viable.

This program will explore the four components of succession planning: planning for your business, retirement, transition and estate.

You will be prepared to communicate, write, plan, vision and shape the legacy of your family farm/ranch business as well as save hundreds of dollars by completing these crucial planning steps before visiting with professionals.

You will receive a resource binder and a workbook to use during and after the sessions.

For more information and to receive a registration brochure, please contact the McKenzie County Extension Office at 701-444-3451 or go to www.bit.ly/DYSPreg. MNAXLP

Open A Montana Medical Savings Account Before Dec. 31 For 2015 Tax Savings

Submitted by MSU News Service

BOZEMAN — Opening a Montana medical care savings account by Dec. 31 to help with medical expenses not covered by a health insurance policy or flexible spending account can help individuals save on taxes, according to Marsha Goetting, a family economics specialist with Montana State University Extension.

Up to \$3,000 of a deposit into the account, per taxpayer, is deductible from an individual's 2015 Montana adjusted gross income, thus reducing taxes, Goetting said. "This tax advantage does not apply to your federal income taxes, however, and should not be confused with the Federal Health Savings Accounts (HSAs) or Federal Flexible Spending Plans (FSAs)," she said.

To establish a medical savings account, individuals should contact their financial institution, such as a bank, savings bank or credit union, Goetting said. She added that a Montanan with taxable income over \$17,100 could save about \$207 in state income taxes by depositing the maximum \$3,000 in a Montana medical savings account. "It doesn't matter if you have already paid your 2015 medical bills either by check, credit or debit card," said Goetting. "You can add up those eligible expenses, make a deposit by Dec. 31 of this year and reimburse yourself from your Montana MSA as late as Jan. 15, 2016."

The key word is "paid," Goetting said. "You can reimburse yourself for paid eligible medical expenses as late as Jan. 15, 2016. But if you haven't yet paid those bills because your health insurance company hasn't sorted out what it will pay and what you still owe, you still can reimburse yourself for those 2015 expenses after Jan. 15, 2016."

The amount available to reduce your Montana income is the total deposited, not the amount used for medical expenses during the tax year, Goetting said. "For example, if you deposited \$3,000 in an MSA but only used \$100 for eligible medical expenses during 2015, you still get to reduce your income for Montana income tax purposes by \$3,000. The remaining \$2,900 is available for paying medical expenses in future years."

A married couple who individually establish medical savings accounts can receive a \$6,000 deduction if they file a joint Montana income tax return, Goetting said, and the couple will then save about \$414 on their state income taxes. However, joint medical savings accounts are not allowed.

Medical savings account amounts held in the name of a husband or wife can be used to pay the medical bills of either

spouse or their dependent children, Goetting said. "For example, if a husband had \$6,000 in medical expenses during 2015, \$3,000 from his own MSA and \$3,000 from his wife's MSA could be used for his bills," Goetting said.

Eligible expenses include medical and dental insurance premiums, long-term care insurance, dental care (including orthodontists), eyeglasses or contacts or prescription drugs that are paid during the year. Not covered are medical-related bills that have been already covered by a supplemental, primary or self-insured plan.

Goetting said that Montana generally accepts as eligible expenses any that are listed in the IRS 502 Publication, "Medical and Dental Expenses," which is on the Web at www.irs.gov/pub/ irs-pdf/p502.pdf.

An MSU Extension MontGuide can help individuals decide if they would benefit from a Montana medical care savings account. The publication (MontGuide 199817 HR) is free if picked up from a local MSU County Extension office. Or, it can

SHS BPA Holiday Goodie Trays Available

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be downloaded for free from the Web at http://msuextension.org/ publications/FamilyFinancialManagement/MT199817HR.pdf.





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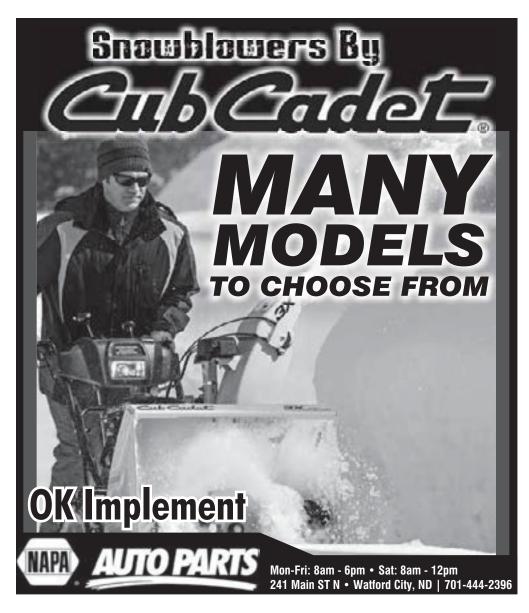
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Ice Awareness for Winter Anglers

Submitted by North Dakota Game & Fish

North Dakota continues to produce a record number of anglers, and many are anxious to get on the ice and enjoy a favorite pastime. With that in mind, winter anglers are reminded to consider ice conditions before traveling onto and across North Dakota waters.

State Game and Fish Department enforcement Chief Robert Timian said this winter should provide plenty of opportunities for anglers, as long as Mother Nature cooperates. "Access to area lakes shouldn't be an issue with the lack of snow, but that can change in a hurry," Timian said. "As of right now, it is just a matter of waiting for the ice to become thick enough." Timian said ice conditions shouldn't be judged by appearance alone, especially this time of year as ice thickness can vary significantly rather quickly. "The edges become solid

before the center, so anglers should drill test holes as they make their way out on the lake," Timian said. "And then, an ice chisel should be used to check thickness while moving around."

In addition, snow insulates ice which in turn inhibits solid ice formation and hides cracks, weak and open water areas. Anglers should avoid cracks, pressure ridges, slushy or dark areas, and areas around partially submerged trees. "All of this signals thinner ice," Timian said.

The following minimums are recommended for travel on clear-blue lake ice formed under ideal conditions. However, Timian said early in winter it's a good idea to double these figures to be safe: 4 inches for a group walking single file; 6 inches for a snowmobile or all-terrain vehicle; 8-12 inches for an automobile; and 12-15 inches for a pickup/truck.

"While we can and do provide information to assist

in assessing if the ice is reasonably safe, it is still up to the individual to decide when to go out on the ice," Timian said.

Winter anglers should wear a personal flotation device, and carry ice picks or a set of screwdrivers to pull yourself back on the ice if you fall through. If someone breaks through the ice, Timian said 911 should be called immediately, with rescue attempts used by employing a long item such as a pole, board or rope. If that's not possible, throw the victim a life jacket, empty water jug or other buoyant object.

"Going to the victim should be used as a last resort, but only by forming a human chain where rescuers lie on the ice with each person holding the feet of the person in front," Timian said.

To treat hypothermia. replace wet clothing with dry clothing and immediately transport the victim to a hospital.

NRCS Montana Sets Jan. 15 Deadline For Easement Program

Submitted by Lori Valadez

The USDA Natural Resources Conservation Service in Montana will accept applications for the Agricultural Conservation Easement Program (ACEP) until Jan. 15, 2016.

"Easements are sometimes a perfect fit for a landowner who is looking to protect his or her land from future development or to protect and improve wetlands or provide critical habitat for wildlife," said Erik Suffridge, NRCS assistant state conservationist for programs in Montana.

In Montana, \$7.5 million will be available to help landowners protect and restore key farmlands, grasslands and wetlands. Through the voluntary sale of an easement, landowners limit future development to protect key resources or protect and enhance wetland acres.

Wetland reserve easements allow landowners to successfully restore, enhance and protect habitat for wildlife on their lands, reduce damage from flooding, recharge groundwater and provide outdoor recreational and educational opportunities. Eligible landowners can choose to enroll in a permanent or 30-year

easement. Tribal landowners also have the option of enrolling in 30-year contracts.

American Indian tribes, state and local governments and nongovernmental organizations that have farmland or grassland protection programs are eligible to partner with NRCS to purchase conservation easements.

To learn about ACEP and other technical and financial assistance available through NRCS conservation programs, visit www.nrcs.usda.gov/Get-Started or your local USDA Service Center.

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Be 'Food Safe' During The Holidays

Submitted by Department of Public Health and Human Services

Clean, separate, cook, and chill your food properly this holiday season.

Food is always an important part of holiday festivities, but meals can take a turn for the worse if food safety isn't a regular ingredient in preparing and cooking holiday meals.

Foodborne disease infections continue to be a serious health issue in the United States and Montana. In the United States, an estimated 1 out of 6 people become sick from a foodborne illness each year.

In Montana, an average of six foodborne outbreaks resulting in 80 illnesses are reported annually. In addition, more than 150 Montanans contract E.coli or Salmonella infections, common causes of foodborne illness, but who may not linked to a specific outbreak.

Enjoy a safe, happy, and healthy holiday season and remember to be "food safe" by following these four basic steps of food safety: Clean, Separate, Cook and Chill.

Clean - Remember to wash your hands with soap and warm water for 20 seconds before and after handling food. Handwashing is one of the best ways to prevent the spread of foodborne

illness. Wash all kitchen utensils, dishes, and countertops with hot water and soap.

Separate - Try to use one cutting board for raw meat, poultry, and seafood and a separate one for fresh produce. Keep fish and seafood, raw turkey, roasts, hams, and other meats and their juices separate from other side dishes when preparing meals.

Cook - Cook meat and poultry to a safe minimum internal temperature: turkey, stuffing, casseroles, and leftovers to 165°F; beef, veal and lamb roasts to 145°F; "fully cooked" ham to 140°F and fresh ham, pork, and egg dishes to160°F. Use a food thermometer. If chitterlings are on your menu, boil the chitterlings for 5 minutes BEFORE cleaning and preparing them. Egg products can be substituted in recipes typically made with raw eggs, such as eggnog, custard, or key lime pie, decreasing the risk of a foodborne infection. When using fresh eggs, be sure that eggs and products containing eggs are thoroughly cooked when serving those at higher risk for foodborne illness.

Chill and Store - Chill food promptly. Keep the fridge at 40°F or below to prevent bacteria from growing. Custard pies and other egg dishes should always be kept cool. Put leftovers in the refrigerator within two hours. Remember to never defrost food at room temperature.



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MT Department Of Revenue Notifies Tax Exempt Property Owners To Reapply For Exemption

Submitted by Mary Ann Dunwell

The Montana Department of Revenue is alerting nonprofit organizations and other tax-exempt property owners that they need to reapply for property tax exemption. A new state law requires owners of tax-exempt real property in exempt status before 2014 to submit an application by March 1, 2016.

About 10,000 tax-exempt properties in Montana are affected. The reapplication requirement includes property owned by most nonprofit organizations, private schools and colleges, churches, parsonages, low income housing, veterans' clubhouses, community service and fraternal organizations, cemeteries, and land leased from a railroad by a nonprofit organization.

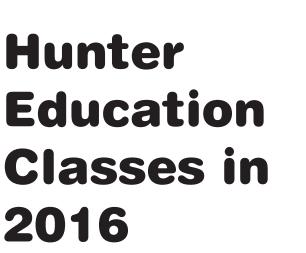
The department is mailing letters and applications this week to organizations with tax-exempt properties in the state system. You can also download and print the application, form AB-30R, from our website at http://revenue. mt.gov. "The department is notifying owners of tax exempt properties about this new application requirement so they can keep their tax exempt status," said Cynthia Monteau Moore, Property Assessment Division Administrator, Department of Revenue. "It's also important to get the word out to property owners who may qualify for tax exemption and may not be in our database." By March 1, 2016, tax exempt property owners need to submit the exemption application, all required documentation, and a small application fee. The fee is \$15 for a vacant land parcel, \$25 for a land parcel with structures. There is no application fee for nonprofits with total gross receipts less

than \$5,000.

You will need an application and fee for each parcel your organization owns, but only one set of supporting documentation. All organizations need to submit their IRS Form 990 so we can confirm total gross receipts. The application will list the other documentation you have to submit for your specific exemption. You'll also need a legal description of

your property. For help finding your legal description, visit my property under property assessment at revenue.mt.gov.

Applicants should mail the application materials by March 1, 2016, to Montana Department of Revenue, PO Box 8018, Helena, MT 59624-8018. For more information, visit revenue.mt.gov or call toll free (866) 859-2254 (in Helena 444-6900).







Submitted by North Dakota Game & Fish

Students interested in taking a hunter education class in 2016 should visit the North Dakota Game and Fish Department website at gf.nd.gov for a statewide list of courses. Many classes will be added over the next several weeks, and the rest will be added throughout the year as they are finalized.

To register, click on the online services tab, and "online course enrollment" under the hunter education heading. Classes are listed by city, and can also be sorted by start date. To register for a class, click on "enroll" next to the specific class, and follow the simple instructions. Personal information is required.

Those who do not have access to the Internet and want to sign up for a class can call the hunter education program in Bismarck at 701-328-6615.

Individuals interested in receiving a notice by email when each hunter education class is added can click on the "subscribe to news alerts" link found below the news section on the department's home page. Check the box labeled "hunter education class notification" under the education program updates.

State law requires anyone born after December 31, 1961 to pass a certified hunter education course to hunt in the state. Hunter education is mandatory for youth who are turning 12 years old, and children can take the class at age 11.



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| '12 Dodge | Grand Caravan, 56k miles | \$18,000 |
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| | Focus LX | |
| '02 Ford | HD 3/4 Ton, 7.3 Diesel | ^{\$} 15,500 |
| | Explorer 4x4 | |
| | Ranger 2WD | |
| '06 Ford | 3/4 Ton 4x4 Diesel | \$12,000 |
| | Explorer 4x4 | |
| | Grand Cherokee 4x4 | |
| | Grand Cherokee 4x4 | |
| | Sable, 4-Door | |
| | Sentra, 4-Door | |
| | Sunfire | |
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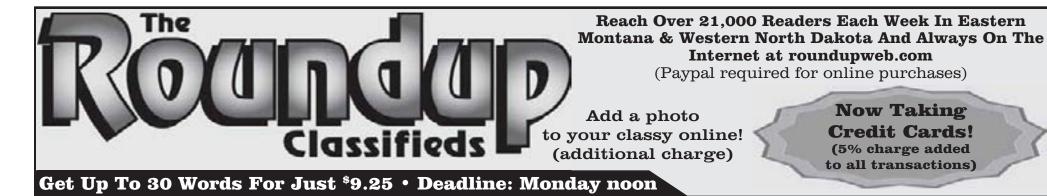
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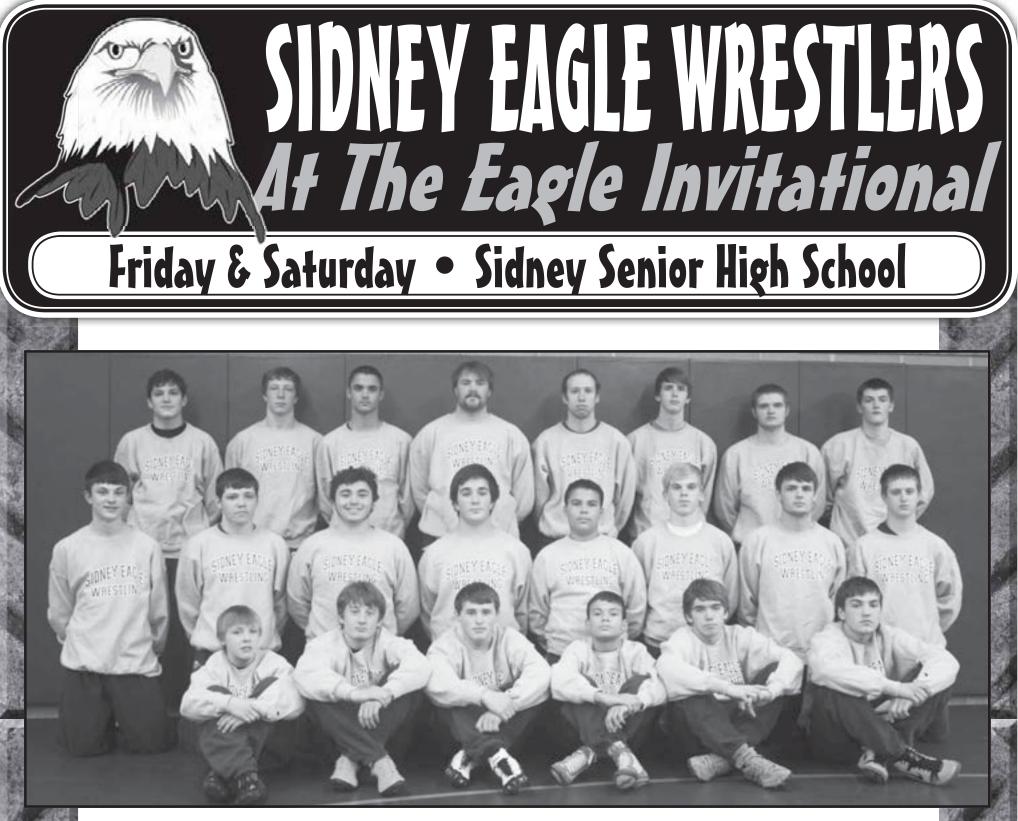
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responsible for the removal of the rough stock chutes from the Richland County Fairgrounds and removal shall be completed within two (2) weeks of the notice of award being provided.

Dated at Sidney, Montana, this 17th day of November, 2015. STEPHANIE VERHASSELT, Clerk & Recorder.

Publication date: December 2, 2015.





SIDNEY EAGLES 2015-2016

Back Row (L-R): Gunnar Gillespie, Lucas Partridge, Parker Dean, Hunter Severson, Larren Foust, Ryan Wyman, Christian Eggar, Hunter Nice

Middle Row (L-R): A.J.Ullmer, Brady Gorder, Trustan Holcomb, Sawyor Thogerson, Trevor Dean, Jace Johnson, Bridger Coffman, Carson Allen.

Front Row (L-R): Josh Aisenbrey, Avery Gurney, Jace Winter, Christian Dean, Wyatt VanBuren, Casey Christian

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Director of Williston Public Works Competes in World's Toughest Mudder Competition

Submitted by Barb Peterson

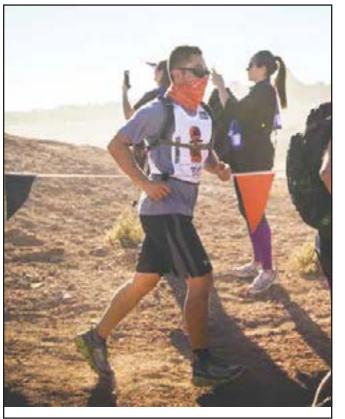
As the director of Williston Public Works, Dave Tuan runs an organization that deals with a fair amount of mud and muck, but it's when he's off the clock that he really gets his hands dirty.

Tuan recently completed the World's Toughest Mudder, a 24-hour timed obstacle course race that features a five-mile dirt track and some seemingly impossible climbs, jumps, swims and crawls. The event is held every November at Lake Las Vegas, Nevada.

Tuan spent many months training for the difficult race. "My training regimen included months of upper-body exercises, trail running and swimming," said Tuan. "While I spent a lot of time using the great facilities at the ARC Williston Area Recreation Center), my best preparation for the environment of Las Vegas came from running and swimming in areas around Williston, including Spring Lake Park and the Little Muddy River."

More than 1,000 people from all over the world participated in the World's Toughest Mudder on Nov. 15-16, 2015. During the 24-hour timed race the five-mile track remained the same but the obstacles changed. There was one challenge in particular that required a high level mental toughness; a 30-foot cliff jump, at night, into the frigid water of Lake Las Vegas. "I'm not a very strong swimmer so I was concerned going into the race; especially knowing there would be extended periods spent in the water," said Tuan. "The cliff jump was especially nerve racking and many people chose the 1/2 mile penalty loop with an electrocution and mud obstacle, rather than face the mental challenge of jumping."

It was a different challenge, however, that banged up the 31-year-old engineer in the early going. He broke his nose just a couple of miles into the race, although the injury didn't have a significant impact on Tuan's overall performance. "Injuries and hypothermia seem to be the biggest threat to competitors," said Tuan. "Going into the race, I was so focused on completing the obstacles that I didn't pay close enough attention to my surroundings and jumped face first right into a metal bar, breaking my nose. As bad as that sounds, it didn't really slow me down much, thanks to the field medical staff." Later in the race Tuan slipped off a platform and hit his mouth on a handrail. While the injury hampered his ability to eat and drink, Mother Nature made things even more difficult during the nighttime when the temperature dipped to 30 degrees in the Las Vegas



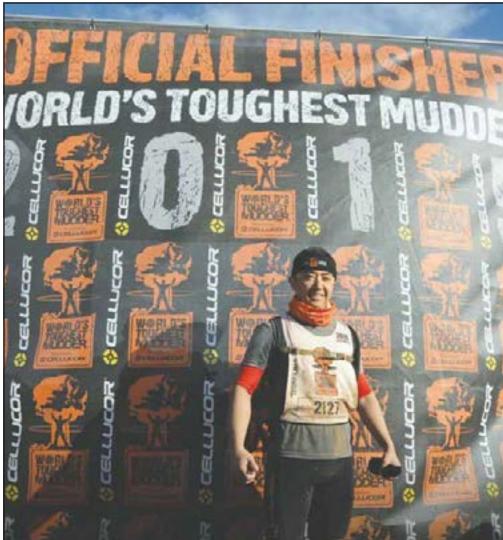


desert. "Rather than risk hypothermia, my teammate and I were forced to make a tough decision to break for a couple of hours in the middle of the night to warm back up and continue running," explained Tuan. "Living in a northern climate definitely paid off because we were able to recognize when to take a break – we saw a lot of people succumb to hypothermia quite quickly." Despite the harsh conditions, Tuan said the World's Toughest Mudder is known for its camaraderie, stressing teamwork and overcoming fears. Competitors are often part of a group or they bring along a friend to help assess injuries, stay nourished and keep motivated. In all, Tuan ran 40 miles during the 24-time period. "It was very humbling to be able to help some of the toughest athletes in the world overcome difficult obstacles and it was a good reminder that we all need a little help from time to time. Being a

part of this community and knowing that support was there for everyone, despite the fierce competition, was a very satisfying feeling," said Tuan.

As a prelude to the Tough Mudder, Tuan led a Williston Public Works team in the city's first-ever obstacle race, the Bakken X Trek at Spring Lake Park in September.

So is there another Tough Mudder on the horizon for





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Tuan? "The Tough Mudder was meant to be a one-time challenge for me, however, my goal was to surpass the 50-mile mark and I fell short of that. While I'm happy with my performance, a part of me would really like to do better," he admitted.

In the meantime, Tuan said the Public Works group is very excited to run the Bakken X Trek in Williston again next year and they hope to bring an even larger team representing more City departments to the obstacle course.



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unch

Menus

Sidney School

Thurs., Dec. 3: French toast,

sausage links, hash browns,

Fri., Dec. 4: Toasted cheese,

Mon., Dec. 7: BBQ pork riblet,

oven wedges, pineapple tidbits.

Tues., Dec. 8: French bread,

cheese pizza, tossed salad,

Wed., Dec. 9: Chicken alfredo

over pasta, steamed broccoli,

applesauce.

tomato soup, pears.

mandarin oranges.

strawberry cup.

County Agent Update

2016 Cropping Decisions

Around this time of year, farmers are finishing up with their current years crop and already thinking about the next year. 2016 is right around the corner, so now is the time to start making some decisions for your farming operation. On Thursday Dec. 10, North Dakota State University (NDSU) Extension



By Danielle Steinhoff

Service will be putting on a program at the Williston Research Extension Center. This program is called Cropping Decisions for 2016: Putting the Profit Back In Your Crop. The topics for this meeting are as follows; Crop Outlook: Don't Shoot The Messenger, this will be presented by Frayne Olson, NDSU Extension Crop Marketing Economist, Consideration for 2016, presented by myself, Danielle Steinhoff, Williams County Agriculture and Natural Resources Extension Agent, Prioritizing Limited Operating Dol-

lars, presented by Dwight Aakre, NDSU Farm Management Specialist, Outfoxing Foxtail, this will be presented by Shana Forster, NDSU Area Extension Specialist, Crop Systems, Managing the Fertilizer Budget, this will be presented by Chris Augustin, NDSU Area Extension Specialist, Soil Health.

The time for this program will be at 1 p.m. and should not go past 4 p.m.

Putting on this program is a chance to learn about some of the predictions and best

practices for the next growing season. The Williston Research Extension Center is located at 14120 Highway 2, Williston. We will be meeting at the Ernie French Center. This program will be done in the following counties as well, Ward, Bottineau, Burke, Divide, Mountrail, McKenzie, and Pierce. If you have questions about this program please call the NDSU Extension Office at 701-577-4595.

NDSU Beef College

When having a cattle operation, you never have a day off. There is always something to consider or look into when new information comes out. On Thur., Dec. 3, at the Ramada Bismarck Hotel & Conference Center, there will be NDSU Beef College. This event is from 9 a.m.-4:30 p.m. A great lineup of presenters from NDSU, CattleFax, Bismarck State College and North Dakota Beef Commission. Registration is due Dec. 1. For more information visit the following website https://www.ag.ndsu.edu/cattledocs.

Froid School Thurs., Dec. 3: Hot ham & cheese sandwiches, tomato soup, pickle wedges, lettuce mix, salad bar, fruit, milk. Fri., Dec. 4: Pulled pork on fresh

rolls, potato chips, three bean salad, salad bar, fruit, milk. **Mon., Dec. 7:** Tatertot casserole, fresh rolls, apricots, salad bar, milk.

Tues., Dec. 8: Pigs in a blanket, potato wedges, green beans, apple slices, salad bar, milk. Wed., Dec. 9: Country style beef patties, mashed potato w/ gravy, steamed broccoli, cake, bananas, salad bar, milk.

Bainville School Thurs., Dec. 3: Flatbread pizza, pineapple.

Fri., Dec. 4: Chicken noodle soup, sandwich, fruit. Mon., Dec. 7: Chicken nuggets, french fries, mandarin oranges. Tues., Dec. 8: Spaghetti, garlic bread, green beans, peaches. Wed., Dec. 9: Super nachos, taco bar, fruit.

<u>Culbertson School</u> Thurs., Dec. 3: Spaghetti, salad, garlic medallions, fruit, milk.

Fri., Dec. 4: Chicken strips, potato wedges, green beans, fruit, milk.

Mon., Dec. 7: Grilled cheese, tomato soup, carrot sticks, fruit, milk.

Tues., Dec. 8: Chicken legs, stuffing, peas, fruit, milk.



Wed., Dec. 9: Hot dogs, baked beans, chips, fruit, milk.

Richey School

Thurs., Dec. 3: Chicken strips, mandarin oranges, green beans, milk.

Fri., Dec. 4: Tatertot casserole, dinner roll, pineapple, peas, milk.

Mon., Dec. 7: Enchilada casserole, peaches, green beans, milk.

Tues., Dec. 8: Spaghetti, breadstick, carrots, pears, milk. Wed., Dec. 9: Pork rib sandwich, applesauce, mixed veggies, milk.

Lambert School Thurs., Dec. 3: Chalupa, fresh veggies, fruit, milk. Fri., Dec. 4: Lasagna, green beans, garlic bread, pears, milk.

Mon., Dec. 7: Italian dunkers, corn, peaches, milk.

Tues., Dec. 8: Meatloaf, mashed potatoes, gravy, peas, apple-sauce, milk.

Wed., Dec. 9: Ham & turkey subs, fresh veggies, fruit, milk.

Fairview School Thurs., Dec. 3: Potato bar, salad, pineapple, bread stick, milk.

Fri., Dec. 4: No school. Mon., Dec. 7: Cheeseburger casserole, cream corn, pears, milk.

Tues., Dec. 8: Turkey over mashed potatoes, corn, bread, mixed fruit, milk. Wed., Dec. 2: Taco salad, bread stick, fresh fruit, milk.

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Governor Bullock & Ag Development Council Announce Over \$400,000 in Grants and Loans for Ag Businesses and Organizations

Funds Awarded From Growth Through Agriculture Program

Submitted by Jayson O'Neill

Governor Steve Bullock and the Agriculture Development Council announced the recipients of \$290,500 in grants and \$121,500 in loans to agricultural businesses and organizations. A total of 12 businesses and organizations were awarded funds through the Growth Through Agriculture program (GTA) which was established by the legislature to strengthen and diversify Montana's agricultural industry by developing new agricultural products and processes. "These grants and loans will help grow and expand agricultural businesses and organizations across our state in conjunction with the Main Street Montana Project's directive to expand access to local foods and foster growth in the state's agricultural sector. It's exciting to see the innovation and business development that is adding value to agriculture," said Governor Steve Bullock.

The Growth Through Agriculture program grants and loans are awarded by the Agriculture Development Council, a seven member committee appointed by the Governor. One project will use locally grown Montana potatoes that may be deemed too 'ugly' for retail sale and would otherwise be composted to distill vodka and gin. Dry Hills Distillery, located in Bozeman, was granted \$48,000 to purchase a potato peeler and dicer equipment to help automate the preparation process before distillation. The company expects to open a tasting room and distillery soon. "We had over \$1 million dollars in financial requests again this cvcle - a testament to the interest in the program and the growth in Montana's food and agriculture sector. The Council was able to fund some very exciting projects that ranged from small poultry processing in the Bitterroot Valley to a new brewery in Glendive," said Agriculture Development Council Chair Amy Kellogg.

Schuldt Services will be using their \$20,000 grant for a mobile sheep shearing trailer based out of Miles City. The grant will help purchase a gooseneck trailer and the materials to construct a modern shearing trailer and a hydraulic wool press for the sheep shearing operation.

The next application deadline for Growth Through Agriculture funding is Friday, Jan. 29, 2016 at 2 p.m. The Council strongly encourages applicants to contact their local Food and Agriculture Development Centers and economic development organizations for assistance prior to submitting their application. More information is available on the program's website.

Fall 2016 GTA Recipients:

Alternative Energy Resources Organization (AERO) was awarded a \$15,000 grant to hold workshops at Montana's four food and agriculture centers on the new federal food modernization law.

The Little Company, LLC received \$30,000 to purchase equipment, walk-in cooler and reach-in freezer, to expand commercial kitchen availability in Missoula.

Gambill Inc./C&K Meats – Montana Western Flavors in Forsyth will be expanding and purchasing new meat processing equipment with a \$50,000 grant.

Flathead Lake Cherry Growers', Inc. was awarded a \$60,000 loan to develop a processing facility for cherry and fruit juice products near Big Fork. Homestead Organics Farm, Inc. will be purchasing equipment with a \$34,500 grant to build an integrated state inspected poultry and commercial food processing facility in the Bitterroot Valley. Living River Farms, LLC will work in conjunction with Homestead Organics Farm and use \$23,000 in grant funds to purchase equipment for brooding poultry and raising poultry on pasture in Stevensville.

Great Harvest Franchising, Inc. received a loan for \$50,000 for a marketing and promotion campaign to grow sales of their products across the country that will increase demand for Montana wheat.

Montana Gluten Free Prairie, LLC in Manhattan plans on expanding their cookie processing equipment to increase efficiencies and expand manufacturing and co-packing opportunities with a \$11,500 loan.

Cross Country Brewing, LLC will be purchasing equipment with a \$45,000 grant to open a brewery in Glendive, which would be the only brewery between Billings and Wibaux.

The National Center for Appropriate Technology, Inc. (NCAT) was awarded a \$25,000 grant to cover part of the cost of hosting a statewide summit on food and agriculture in 2016.

The Montana Department of Agriculture's mission is to protect producers and consumers, and to enhance and develop agriculture and allied industries. For more information on the Montana Department of Agriculture, visit agr.mt.gov

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FARM/RANCH LAND SALE

Lands owned by Heidi Hutchinson, of Wibaux, Montana, and Beverly Hutchinson of Miles City, MT, are offering for sale two separate Tracts by private bid. Both tracts have access to a public County Road, "Road 303", lands are in Dawson County, State of Montana, and all minerals are reserved by owners or previous owners.

Township 17 North, Range 57 EMPM

| Tract I: | Section 11: | ALL (640.0 acres) 253.3 farm acreage and 386.7 grazing acres |
|-----------|-------------|---|
| Tract II: | Section 12: | W½NE¼, S½NW¼, SW¼ BLM Lease will go with sale |

Lands are fully fenced and have water access, and access across Section 11 to Section 12 for public road access

METHOD OF SALE: Each tract, and then both tracts of land will be offered for sale by bids. Scaled bids for each tract and both tracts, shall be mailed to and/or delivered to the Law Office of R. W. Heineman, PO Box 313, Wibaux MT 59353, by Friday, December 11, 2015. Bids shall be opened at 12:00 p.m., (noon) on said date. Bidders are welcome to attend bid opening.

The three (3) highest bidders for each tract and both tracts, will be notified and invited to a final bidding at the Law Office of R. W. Heineman, at Wibaux, MT, on Friday, December 18, 2015, at the hour of 1:00 p.m., to increase their bid, if they so desire, at which time all bids will be deemed submitted, and if the highest bid is accepted, a sale will be completed to the successful Buyer. All sale bid envelopes shall be marked "Hutchinson Land Sale". The Seller reserves the right to reject any and all bids. For further information contact R. W. Heineman at 406-796-2427 or Heidi Hutchinson at 406-660-0802. Existing water rights if any, will be transferred to Buyer. All property taxes, including 2015, are paid by Seller.

TERMS OF SALE: If the highest bid is accepted on Monday December 18, 2015, that ten percent (10%), of the purchase price is to be paid at that time. The remaining ninety percent (90%) of the purchase price, shall be paid to Seller within twenty (20) days of the date, when proof of good title by Title Insurance, in the amount of the sale, is tendered with Deed to Buyer.

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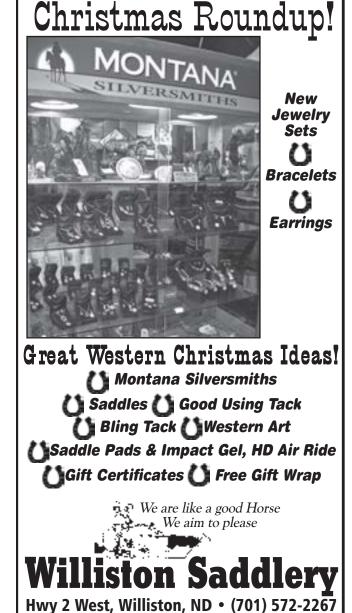
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REAL Montana Working With The Media Seminar Took Place Nov. 18-20

Submitted by Karli Johnson

Sidney resident Karli Johnson just returned from three days in Billings as part of REAL Montana (Resource Education and Agriculture Leadership). For Karli and other members of REAL Montana Class II, this was the second seminar in their two-year educational program.

The focus of the seminar was "Working with the Media". Participants heard from some of state's top media experts on how to frame a message, prepare a persuasive speech, and effectively utilize social media. The class attended editorial meetings at the Billings Gazette, KULR 8, and KTVQ and toured each facility. Speaker panels consisting of media and communications experts briefed the class on techniques to earn positive media attention and offered case studies in handling emotional and controversial industry topics in the public arena. Class members participated in over a dozen live television and radio interviews, took part in mock interview training, and fine-tuned their own personal messages about Montana's many natural resource-based industries. Karli along with three other class members were guests on Voices of Montana. She answered questions about the Sidney area and how REAL Montana can benefit the region by providing leadership training. The seminar included a banquet at the Petroleum Club, where the class interacted with local program sponsors and industry leaders. "It was so beneficial to see the media from a different perspective and realize that they are just people tasked with having hard conversations."

Twenty of Montana's sharpest leaders were competitively

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est leaders were competitively selected from a large pool of qualified candidates representing a wide variety of agriculture and natural resource industries across the state to take part in Class II of REAL Montana. The two year program features eight in-state seminars, a five-day national study tour in Washington D.C. and a two-week international trip. Seminars include training in agriculture institutions and agencies, natural resource development, public speaking/media, economics, state and federal policy, international trade, urban/rural relationships, water issues, and other current industry topics.

REAL Montana is funded through a partnership with Montana State University Extension and private industry. Oversight is provided by an advisory board of industry leaders. The program will start accepting applications for Class III in the spring of 2017.

Voices of Montana with Karli Johnson & Brian Marler can be heard here: http://www.northernbroadcasting.com/Talk/ VoicesofMontanaPodcast/tabid/541/articleType/ArticleView/ articleId/14064/111915-Voices-of-Montana-wJon-Arneson-feat-REAL-Montana-Part-1.aspx

Complete program information is available at www.realmontana.org or by contacting Janelle Booth, program director, at (406) 994-6480, janelle.booth@montana.edu.



Karli Johnson and Brian Marler, REAL Montana Class 2 participants, advocating for the Natural Resource industries with Jon Arneson on Voices of Montana.

Grants Available to Benefit Social Justice in Montana

Submitted by Riley Meredith

The Montana Community Foundation (MCF) announces the opening of a grant cycle to benefit projects promoting social justice in the State of Montana. Grants will be made from the Social Justice Montana Fund, established at MCF in 1997 with a challenge grant from the Otto Bremer Foundation that was matched Grants will range in size from \$500 to \$5,000 and only one application is allowed per organization. Grants must be used for projects promoting social justice in the State of Montana.

Eligible projects must provide a direct benefit to Montana residents, be sustainable and address important, unmet needs. Ineligible projects include partisan or sectarian grant process is competitive and incomplete applications will not be considered. The application deadline is Thur., Dec. 31.

For more details and to apply for a grant from the Montana Community Foundation, access our online application at www.mtcf.org/grants. Only online applications will be accepted. For questions, please contact MCF Grants & Schol-

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activities.

Grant requests are reviewed by the Montana Community Foundation Grants & Scholarships Committee. The arships Program Officer Jenny Lou Stark at (406) 443-8313 or jstark@mtcf.org.

